Effects of sunlight on bacterial growth in lakes of different humic content

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ABSTRACT: We investigated the bacterial response to sunlight in 5 oligotrophic lakes of different humic content [dissolved organic carbon (DOC) 3.9 to 19 mg l⁻¹, water color 0 to 140 mg platinum (Pt) l⁻¹] in southern Sweden. Lake water including free-living, heterotrophic bacteria was exposed in situ in quartz tubes at 5 depths (0 m to Secchi depth) from sunrise to sunset during July. In sunlight exposed surface water, ³H-leucine uptake, measured immediately after retrieval of the tubes at dusk, was inhibited in all lakes by 23 to 85% (most severely in clear water) compared to dark controls. Inhibition was detectable at 2 m in the clearest lake while in the most humic lake there was no effect below 0.2 m. Depth integrated loss of bacterial production in light tubes compared to dark ones decreased with increasing DOC content, ranging from 23% (clear lake) to 1-4% (humic lakes). To study the indirect effects of solar light on bacteria, due to phototransformation of dissolved organic matter (DOM), 0.2 µm filtered lake water was exposed from sunrise to sunset at 4 depths (0, 0.2, 0.65 and 2 m) and then inoculated with bacteria, which were allowed to grow in darkness. At stationary phase the abundance and cell volume increased by 23 to 99% and 20 to 123%, respectively, related to dark exposed controls, resulting in increases in biomass between 83 and 175%. The depth integrated light mediated increase in bacterial carrying capacity (23 to 34%) showed no relation to DOC content. Direct inhibition of growth by sunlight, and indirect stimulation of growth from increased availability of DOM, were detectable to depths greater than detectable UV-B penetration, indicating that wavelengths >320 nm affect bacterial growth. We suggest that during exposure to daylight, bacteria are mainly negatively affected by UV light, especially in clear waters, but a simultaneous stimulation due to phototransformation of recalcitrant DOM into more available forms occurs. Time spent by cells and DOM in light exposed zones during mixing determines the relative importance of these counteracting processes.

KEY WORDS: Light · DOC · UV-B · Photochemical · Bacteria · Pelagic

INTRODUCTION

Aquatic organisms living near the surface are exposed to solar light, often with decreased metabolism as a consequence (Karentz et al. 1994). The harmful effects are thought to be mainly due to UV radiation. The effects of UV radiation on aquatic systems is a function of incoming irradiation, adaptations to light such as shielding by protective pigments, and absorbance of substances in the water such as dissolved organic matter (DOM) (Helbling et al. 1992, Scully & Lean 1994). Waters rich in DOM (humic matter) absorb UV radiation efficiently (Scully & Lean 1994) and may act as a protective filter for aquatic organisms.

Negative effects of sunlight in marine environments have been reported for almost every group of organisms. Suttle & Chen (1992) reported UV radiation as the most important factor for virus decay in the upper 200 m of the ocean. Several studies on bacteria demonstrate a negative metabolic impact down to significant depths (Bailey et al. 1983, Sieracki & Sieburth 1986, Herndl et al. 1993). Light exposure of flagellates retards motility (Ekelund 1993), and primary production may decrease in response to UV radiation (Karentz et al. 1994). Thus, it is reasonable to assume that aquatic ecosystems will react with reduced overall productivity to increased UV exposure.

A few studies have focused on the potential indirect stimulatory effects of phototransformation of recalcitrant DOM to more labile DOM (Kieber et al. 1989,
Lindell et al. 1995). In oligotrophic humic waters, bacterioplankton rely partly on allochthonous organic matter as an energy source (Hessen 1985, Tranvik 1988). DOM may be photochemically transformed by cleavage of large molecules into smaller units (Armstrong et al. 1966, Il'In & Orlov 1973). Recent reports have focused on the ecological consequences of DOM photolysis (Mopper & Stahovec 1986, Mopper et al. 1991). The cleavage products may be consumed by bacteria as rapidly as they are produced (Kieber et al. 1989). Thus, sunlight, and especially UV-B radiation, may increase the lability of DOM and thereby enhance bacterial growth (Lindell et al. 1995).

Reports of UV effects on organisms and DOM in marine waters, especially in Antarctic waters, appear frequently in the literature (cf. review by Karentz et al. 1994) with accompanying data on UV light extinction. The importance of UV effects in lakes has largely been neglected since lakes generally contain more DOM, resulting in great extinction of light. Also few lakes are situated under the Antarctic ozone hole. However, as lakes are generally less than 10 m deep (Wetzel 1990), the exposed layer may constitute a significant part of the water column. Only a few studies have focused on factors that determine UV extinction and UV effects on bacteria in lakes (Scully & Lean 1994).

In this study, we demonstrate that bacterial production in lakes is negatively affected by sunlight. The extent and depth distribution of the inhibition depends on the humic content of the lake. On the other hand, DOM is phototransformed into labile forms, which increases the availability of bacterial substrates for growth.

**MATERIAL AND METHODS**

Experiments were done from July 6 to August 3, 1994, in 5 oligotrophic lakes close to the limnological field station at Aneboda (the Einar Naumann Laboratory, 57° 07' N, 14° 34' E), ca 30 km to the north of Växjö in southern Sweden. The lakes represent a spectrum from clear to polyhumic (Table 1).

Two studies were performed: (1) direct response of bacterial production to sunlight as a function of depth of exposure (measurements of bacterial production after light exposure of the natural bacterioplankton); and (2) indirect positive effects on bacteria due to phototransformation of DOM [exposure of bacteria-free (0.2 µm filtered) lake water, followed by inoculation with a bacterial assemblage].

The epilimnion was sampled over the deepest portion of each lake using a 2 m long, 50 mm inner diameter Plexiglass tube, which was emptied into a 10 l polyethylene container. Within 1 h, water was filtered through 142 mm A/E glass fibre filters (Gelman Science, nominal pore size 1.2 µm) and 47 mm Whatman GF/F filters (nominal pore size 0.8 µm) into a 10 l Pyrex bottle using a peristaltic pump. With this procedure, we removed all eukaryotes but retained most of the bacteria in the water. The filtration was allowed to grow overnight in darkness at room temperature, then siphoned into sterile quartz (light exposure) or borosilicate (dark exposure) test tubes (diameter 40 mm, length 200 mm, volume 190 ml), which were sealed with silicon stoppers. Triplicate light and dark samples were incubated at 5 depths between 0 m and the Secchi depth.

To study the effects of photochemical transformation of DOM, the water was also passed through 142 mm 0.2 µm pore size membrane filters (Gelman) and finally through sterile 0.2 µm pore size VacuCaps™ (Gelman) directly into sterile quartz (light exposure) or borosilicate (dark exposure) test tubes (same dimensions as above), sealed with silicon stoppers. Before use, the tubes and stoppers were washed in diluted (1:10) hydrochloric acid, rinsed in Milli-Q water and autoclaved. Darkened samples were wrapped with aluminium foil. Quadruplicate samples were incubated at 4 different depths down to 2.0 m.

Tubes were fixed with rubber bands horizontally on supports made from coated (white) steel wiring. The supports were suspended from wooden frames, with the tubes hanging in a horizontal position. Tubes were incubated in each lake from sunrise to sunset (ca 04:00 to 22:00 h).

Around noon, Secchi depth and radiation profiles were taken at the deepest part of each lake. A portion of the water from the lakes was used for measurements of pH and color.

**Bacterial production.** Bacterial production was measured according to the leucine method as described by Smith & Azam (1992), employing centrifugation instead of filtration. Triplicate samples (1.7 ml) were incubated in the dark at room temperature.

**Table 1. Characteristics of the investigated lakes.** Depth of epilimnion was determined by Ruttner sampler with thermometer as the depth at which temperature began to decrease rapidly. nd: not determined.

<table>
<thead>
<tr>
<th>Lake</th>
<th>Water color (mg Pt l⁻¹)</th>
<th>DOC (mg l⁻¹)</th>
<th>pH</th>
<th>Secchi depth (m)</th>
<th>Epiilmnion (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kluntsjön</td>
<td>0</td>
<td>3.9</td>
<td>5.4</td>
<td>7.6</td>
<td>7.5</td>
</tr>
<tr>
<td>Fiölen</td>
<td>10</td>
<td>7.0</td>
<td>7.3</td>
<td>5.5</td>
<td>7.0</td>
</tr>
<tr>
<td>Stråken</td>
<td>45</td>
<td>9.7</td>
<td>7.2</td>
<td>2.9</td>
<td>nd</td>
</tr>
<tr>
<td>Skärshultsjön</td>
<td>80</td>
<td>11.2</td>
<td>5.7</td>
<td>1.9</td>
<td>4</td>
</tr>
<tr>
<td>Lindhultsgäl</td>
<td>140</td>
<td>19.4</td>
<td>7.5</td>
<td>1.5</td>
<td>1.5</td>
</tr>
</tbody>
</table>
(25°C) with L-(4,5-^H)-leucine (Amersham™, TRK 510, 140 to 160 Ci mmol^-1, 1.0 mCi ml^-1). Blanks (TCA added before isotope) were run in parallel. We used 10 nM final concentration of ^H-leucine in the 3 oligohumic lakes, while in the 2 most humic lakes (Skårshultsjö and Lindhultsgöl), the rate of isotope uptake was saturated first at 100 nM leucine. Hence, 15 nM of labelled leucine was added to unlabelled substrate to achieve a final concentration of 100 nM. Dark incubations were normally started within 60 min of sample collection.

Incubations (60 min) were terminated by adding 90 µl of 100% (w/v) TCA (5% final concentration). Samples were shaken for a few minutes and then centrifuged at 14000 x g for 15 min. The supernatant was aspirated and the remaining pellet resuspended and subsequently washed with 5% TCA and 80% ethanol. After final centrifugation/aspiration, 1.0 ml of liquid scintillation cocktail (Quicksafe A, Zinsser Analytic™) was added. The radioactivity was determined by LSC. Quenching was corrected by using external standards.

**Bacterial numbers and biomass.** After in situ exposure, 18 ml of the content of the tubes was transferred into sterile 20 ml glass scintillation vials and inoculated with 10% (v/v) Whatman GF/F filtered lake water from the same lake. The inoculum had been precultured for 24 h in darkness and at room temperature. To avoid limitation of bacterial growth by inorganic phosphorus, we enriched the water in each vial with inorganic P (final concentration 1 µM KH₂PO₄). In the sampled lakes, this procedure generally resulted in cultures limited by organic carbon (L. J. Tranvik et al. unpubl.).

After inoculation, bacteria were allowed to grow for 70 to 90 h in order to reach stationary phase, after which replicates were killed at intervals of 8 to 10 h using 0.2 µm filtered and buffered formaldehyde (2% final concentration). Bacterial abundance was determined by epifluorescence microscopy after staining with DAPI (Porter & Feig 1980). At least 250 cells and 10 fields were counted for each sample. Each sample was photographed on Kodak T-Max 400 film. The negatives were projected onto a screen and the contour of approximately 100 cells of 3 to 5 negatives per sample were drawn on a paper (~400 cells per depth and exposure). Drawings were scanned into a computer file and the length (l) and width (w) were calculated using an image analysis program. Cell volumes (V) were calculated from the formula \( V = 4/3 \pi r^3 + \pi r^2(l - 2r) \), which approximates each cell as a cylinder with a hemisphere at either end \( r = \text{radius} = (w/2) \).

Bacterial biomass (µg C l^-1) was obtained from numbers multiplied with the geometric mean of cell volumes and by using a carbon-to-cell conversion factor of 308 fg C µm^-3 (Fry 1988).

**Light.** Light attenuation was measured at noon with an IL 1400A radiometer (International Light™) connected to 3 different broad-band sensors (photosynthetic active radiation, PAR: 400 to 750 nm; UV-A: 320 to 400 nm; UV-B: 280 to 320 nm). The UV-B sensor has peak response signal at 313 nm and weaker response signal for the energy within 315 to 320 nm, which is unfortunate, as most of the energy of UV-B is within this range. Thus, the UV-B attenuation reported here is primarily based on the shorter UV-B wavelengths, i.e. <315 nm.

Because UV-B radiation was attenuated within the upper centimetres in the more humic lakes, water was poured into a wide bucket with the sensor fixed on the bottom, a technique also used by Scully & Lean (1994). Water level was increased in mm intervals. In this way the effects of waves and movements of the boat were avoided. Vertical attenuation coefficients \( K_d \) were calculated for each wavelength band by fitting straight lines to In-transformed values of radiation over depth. Radiation was also measured daily with intervals of 0.5 to 1 h for each wavelength band (PAR, UV-A and UV-B).

**Dissolved organic carbon (DOC).** Samples for DOC were either analysed directly or stored frozen in acid rinsed, precombusted (500°C, overnight) glass vials with Teflon-lined screw caps. Organic C of the rethawed samples was analysed by Pt-catalysed high-temperature combustion using a Shimadzu™ TOC-5000 total carbon analyser with an autosampler. Standard solutions were prepared from Milli-Q water and hydrogen phthalate (pro analysi quality) at representative concentrations (0, 5, 10, 25 mg DOC l^-1). Inorganic C was purged for 5 min from acidified samples (pH ~2, HCl) with CO₂-free air. Before analysis, thawed samples were sonicated in an ultrasonic bath to destroy any flocculates of DOM that might have formed due to freezing and thawing. For each analysis, 3 to 5 replicate injections were made on the carbon analyser, resulting in a coefficient of variation of <2%.

**RESULTS**

The investigated lakes comprise a natural humic gradient with Secchi depths varying between 1.5 and 7.6 m, color between 0 and 140 mg Pt l^-1, pH between 5.4 and 7.5, DOC between 3.9 and 19 mg l^-1 (Table 1). pH was not related to DOC, color or Secchi depth (linear correlation, p > 0.05).

**Direct inhibitory effects**

At the surface, loss of bacterial production in light samples varied from 23% (humic) to 85% (clear) com-
pared to dark controls (Fig. 1) but showed no relation to DOC content (Fig. 2A). In the 2 clearest lakes, inhibition was still significant at 2 m depth (Mann-Whitney U-test, $p = 0.05$) but in the more humic lakes, inhibition was restricted to only 0 to 0.65 m (Fig. 1). Dark controls differed significantly (Kruskal-Wallis test, $p < 0.05$) within profiles, with lower production in deeper layers (at Secchi depth), coincident with the lower temperature during in situ incubation.

Depth integrated loss of bacterial production down to the Secchi depth was negatively related to DOC content (Fig. 2B) ranging from 23% in the clearest lake to 1–4% of dark values in the 2 humic lakes.

**Indirect stimulation effects**

Bacterial biomass in samples exposed in Sträken showed no significant differences between light and dark samples at any depth (Fig. 3C). We have excluded results from Sträken from further conclusions (see ‘Discussion’).

Dark controls generally did not differ between depths in any of the lakes, indicating no thermal influence on bacterial DOM availability.

At the surface, bacterial biomass in stationary phase cultures was higher in light exposed samples from all lakes (184 to 276%) than in dark controls (Mann-Whitney, $p < 0.05$) (Fig. 3). Increases in biomass were due to increases in both cell number and cell volume. The increase in bacterial biomass at the surface was positively related to DOC content (linear regression, $p < 0.05$), most pronounced in the polyhumic lakes (276 and 237% in Skärshultsjö and Lindhultsgöl, respectively, compared to dark controls) (Fig. 4A). However, the bacterial carbon produced per unit of initial DOC (bacterial C:initial DOC ratio) in the water was not related to DOC content (Fig. 4A).

The depth integrated increase in bacterial carrying capacity was most pronounced in the most humic lake, Lindhultsgöl (Fig. 4B). Increases in biomass were detected deeper (i.e. below 0.2 m) in clear lakes than in humic lakes (Fig. 3), and the depth integrated relative increase in bacterial biomass was higher in clear lakes compared to humic lakes (Fig. 4B).

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**Fig. 1** Depth profiles of bacterial production in samples pre-incubated from dawn to dusk in transparent quartz tubes (□) as a percentage of production in dark controls (■). *Significantly* ($p < 0.05$, Mann-Whitney U-test) lower production in light.

**Fig. 2** Loss of bacterial production in relation to DOC content (A) at surface and (B) depth integrated.
Effects of sunlight on bacteria

Light

The slopes for all linear regression lines of ln-transformed light values versus depth were significantly different (p < 0.05) from zero except for the attenuation of UV-A in Lindhultsgöm. In some cases UV-A and UV-B values deviated from exponential curves (especially in the more humic lakes), possibly due to selective absorbance in the upper part of the water column of the shorter wavelengths.

Vertical attenuation coefficients ($K_d$) for PAR ranged from 0.44 to 2.56 m$^{-1}$, UV-A from 1.24 to 3.89 m$^{-1}$ and UV-B from 4.53 to 150 m$^{-1}$ (Table 2). Vertical attenuation coefficients of all 3 wavelength bands were positively correlated to DOC content (linear regression, p < 0.05). The depths at which 1% of surface light remained ranged for PAR from 1.7 to 11 m, for UV-A from 0.8 to 3.5 m and for UV-B from 0.03 to 1.1 m, with high attenuation in the humic lakes.

Table 2. Vertical attenuation coefficients (based on ln-transformed radiation values) and depth at 1% surface light of the investigated lakes

<table>
<thead>
<tr>
<th>Lake</th>
<th>PAR (m)</th>
<th>UV-A (m)</th>
<th>UV-B (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Klinteon</td>
<td>0.44</td>
<td>1.24</td>
<td>4.53</td>
</tr>
<tr>
<td>(11 m)</td>
<td>(3.5 m)</td>
<td>(1.1 m)</td>
<td></td>
</tr>
<tr>
<td>Fiolen</td>
<td>0.55</td>
<td>1.91</td>
<td>22.4</td>
</tr>
<tr>
<td>(8.2 m)</td>
<td>(2.1 m)</td>
<td>(0.22 m)</td>
<td></td>
</tr>
<tr>
<td>Stråken</td>
<td>1.27</td>
<td>1.68</td>
<td>34.3</td>
</tr>
<tr>
<td>(3.6 m)</td>
<td>(1.7 m)</td>
<td>(0.14 m)</td>
<td></td>
</tr>
<tr>
<td>Skårhultsjön</td>
<td>2.10</td>
<td>1.36</td>
<td>69.3</td>
</tr>
<tr>
<td>(2.0 m)</td>
<td>(1.9 m)</td>
<td>(0.07 m)</td>
<td></td>
</tr>
<tr>
<td>Lindhultsgöm</td>
<td>2.56</td>
<td>3.89</td>
<td>150.1</td>
</tr>
<tr>
<td>(1.7 m)</td>
<td>(0.8 m)</td>
<td>(0.03 m)</td>
<td></td>
</tr>
</tbody>
</table>
Dissolved organic carbon

There were no significant differences in DOC between light and dark samples after exposure at any depth or lake.

DISCUSSION

This study demonstrates that bacteria in lakes may be both directly inhibited and indirectly stimulated by solar radiation.

Inhibition of bacterial production occurred deeper than penetration of UV-B as measured with our radiometer. In the clearest lake, Klintsjön, inhibition was detected down to 2 m, but in the most humic lake, Lindhultsgöll, it was only detected down to 0.2 m, although UV-B was only measurable down to 0.7 m and to 2 cm, respectively. This suggests that wavelengths longer than 320 nm also have an impact. Sieracki & Sieburth (1986) showed that growth of marine bacterioplankton was significantly inhibited by UV-A (320 to 400 nm) at a depth at which only 16% of incident UV-A irradiation remained. They reported that this fraction of incident UV-A is detectable in coastal waters at 12 m and off-shore at 55 m. In the lakes examined in our study, we measured differences between bacterial production in light and dark exposed samples down to depths of 1 to 8% of incident UV-A. The differences between our results and those of Sieracki & Sieburth (1986) may be due to different radiometers. In any case, relatively low intensities of UV-A may negatively affect bacterial growth, and even PAR may have negative effects on bacterioplankton.

Inhibition of bacterial production may result from secondary photoeffects on DOM, e.g. due to photochemical production of inhibitory substances like radicals, e.g. superoxide and hydrogen peroxide (Cooper et al. 1989). Photochemical inactivation of ectoenzymes (Müller-Niklas et al. 1995) may also decrease the overall bacterial metabolism during sunny days in lakes. However, we suggest that bacterioplankton may benefit from photolysis of DOM, due to conversion of DOM into forms with increased availability as bacterial substrates. Bacteria in surface exposed samples increased in numbers and size compared to bacteria in dark exposed samples, resulting in approximately a doubling in biomass in samples from all lakes but Stråken. Bacterial biomass in Stråken showed no difference between light and dark at any depth in contrast to the other 4 lakes. We have no explanation for the deviation. Among possible sources of errors is lack of inorganic nutrients (i.e. no nutrients added by mistake) or that sunlight had no effects on the DOM present in Stråken. The latter is less likely, as in a parallel study we have measured significant photooxidation of DOM into inorganic carbon in the same water under the same conditions (Graneli et al. 1996).

In a laboratory study, bacterial cell numbers and cell volumes increased following photochemical transformation of DOM (Lindell et al. 1995). Lindell et al. (1995) noted that after a few hours of exposure to UV, the reactive parts of DOM were probably photooxidized as no further increase in bacterial biomass was measured in samples that received higher light doses. Similarly, Kieber et al. (1989) reported a daily photochemical production of pyruvate molecules in marine waters and a subsequent bacterial utilisation of pyruvate. Thus, it is likely that a few hours at the surface is enough to significantly increase the pool of bacterial substrates. However, as bacterioplankton at the surface may be metabolically inhibited, thus not capable of utilizing the enriched pool of potential substrate, the stimulation must take place either after mixing to greater depths or at night. Possibly, large cell volumes may be caused by photogeneration of substances, remaining in the water even after exposure, that inhibit cell division. However, a more likely explanation is the photoproduction of bacterial substrate that generates large cells.

The potentially stimulating effects on bacteria of photochemical transformation of DOM into labile forms (Kieber et al. 1989, Lindell et al. 1995) counteracts to some extent the physiological inhibition by light. While close to surface, bacteria are inhibited by sunlight, but deeper and during the night, they may use the enriched pool of substrate. In our study, inhibition of growth affected a layer of 0.2 to 2 m depending on humic content. Thus, bacteria are more negatively affected in clear than in humic waters (Figs. 1 & 2B). At the same time, the potential depth integrated stimulation is greater in clear lakes than in humic lakes (due to greater active depth) (Figs. 3 & 4B). Incubation at fixed depths during one day may have exaggerated the photochemical effects.

We conclude that 2 processes, with opposing effects, influence bacterioplankton in lakes. Inhibition of bacterial production by UV light may be due to direct cellular damage and possibly photoproduction of inhibitory substances. Simultaneously, bacterioplankton may be stimulated by the photochemical transformation of high molecular weight DOM into smaller units, being more available to bacteria. Our experiment included only DOM, viruses, free enzymes and the bacterial fraction of the plankton community. More complicated secondary photochemical effects on bacterioplankton and DOM, e.g. photomactivation of viruses and ectoenzymes, were not considered.

In clear lakes (Secchi depth 5 to 10 m), photolysis of DOM (Graneli et al. 1996) causes increase in bacterial
carrying capacity to depths of about 2 to 3 m, while in humic lakes (Secchi depth 0 to 2 m) the same effects are restricted to 0 to 0.5 m. Longer wavelengths than those of UV-B, i.e., UV-A and possibly also PAR, may be more ecologically relevant as these wavelengths penetrate deeper than UV-B. The balance between stimulation and inhibition probably depends on the vertical mixing, the effects of which remain to be studied.

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