

Influence of seven immunostimulants on the immune response of coho salmon to *Aeromonas salmonicida*

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ABSTRACT: A study was conducted to evaluate the efficacy of 7 substances at potentiating a formalin-killed *Aeromonas salmonicida* bacterin in juvenile coho salmon *Oncorhynchus kisutch*. The substances were injected into the fish along with the bacterin. The fish were challenged 27 d later with viable *A. salmonicida* cells by 2 methods (cohabitation and immersion). The cumulative mortalities in each of the experimental groups was then determined. A significant and consistent increase in protection over the groups receiving only the *A. salmonicida* bacterin was observed with 3 of the substances tested. These were VitaStim-Taito, lentinan and formalin-killed *Renibacterium salmoninarum* cells. One of these materials, VitaStim-Taito (a β -1,3 glucan), showed particular promise for further studies.

INTRODUCTION

The first documented attempt to develop a vaccine for disease prevention in fish dates back to the furunculosis vaccination trials of Duff (1942). To date, however, and despite considerable subsequent research on the topic and the existence of commercially marketed anti-furunculosis vaccines (Ellis 1988), heavy losses of cultured salmonids due to furunculosis continue to occur. Chemotherapy is therefore frequently used to control the disease – an approach that is expensive, provides only short term benefit, and risks generating drug-resistant strains of the causative bacterium, *Aeromonas salmonicida*. These shortcomings, combined with a strong popular sentiment against the use of antibiotics in food fish continue to make the development of an effective furunculosis vaccine highly desirable.

Although the development of humoral immune factors specific for *Aeromonas salmonicida* is a typical response to exposure to the pathogen, the presence of these factors (antibodies) is not necessarily associated with protection (Michel 1979, Cipriano 1982, 1983, Olivier et al. 1985b). Smith et al. (1980) showed that immunity to furunculosis was more closely associated with the cellular components of the immune system than with the humoral ones. It is conceivable that furunculosis vaccination attempts might benefit from

vaccines specifically designed to take advantage of the cell-mediated host defences.

One way to design a vaccine that will exploit the cellular immune response is to modify the antigenic determinants so that they preferentially stimulate cellular immunity. This approach was applied to sheep red blood cells (Parish 1972) and to bovine serum albumin (Coon & Hunter 1973). However, such modifications applied to formalin-killed *Aeromonas salmonicida* cells met with little success in our studies (unpubl. own obs.). Another approach is to include an immunostimulant in the vaccine (Allison & Byers 1986, Panangala et al. 1986). By combining an antigen with an immunostimulant, enhanced protection may be obtained, apparently through a more complete exploitation of the host's immune system.

Olivier et al. (1985a) were the first to demonstrate in salmon that the efficacy of an injected *Aeromonas salmonicida* vaccine could be increased by including a preparation (killed *Mycobacterium butyricum* cells) known to enhance cellular immunity. Similar results were found with other substances. Davis & Hayasaka (1984) reported that an extract (EtE) from the tunicate *Ecteinascidia turbinata* potentiated the immune response of the American eel *Anguilla rostrata* to the pathogen *A. hydrophila*. Kitao & Yoshida (1986) enhanced the non-specific resistance of rainbow trout *Oncorhynchus mykiss* to *A. salmonicida* with a synthe-

tic peptide, administered without the antigen. The efficacy of levamisole as an immunostimulant is also under active investigation (Kajita et al. 1990, Siwicki et al. 1990). Finally, Yano et al. (1989) and Robertsen et al. (1990) reported success at enhancing non-specific immunity against various bacterial fish pathogens (*A. hydrophila*, *Vibrio anguillarum*, *V. salmonicida*, *Yersinia ruckeri*) with glucans derived from *Schizophyllum commune* and *Saccharomyces cerevisiae*, respectively.

In the present study, 7 substances, reported to enhance the cellular portion of the immune response in various animals, were tested to determine whether they could be used to potentiate the efficacy of an *Aeromonas salmonicida* vaccine. This paper reports on our findings with these materials.

MATERIALS AND METHODS

Experimental animals. Juvenile coho salmon *Oncorhynchus kisutch* used in these tests averaged 10.8 g (Experiment 1) and 22.5 g (Expt 2). The fish were raised in pathogen-free well water at the nearby Department of Fisheries and Oceans Rosewall Creek Hatchery. At least 2 wk prior to the start of each experiment, the fish were transferred to the laboratory where they were acclimated to ambient water temperatures over a period of several days (1°C d⁻¹). During handling for the purpose of injecting and fin-clipping, fish were anaesthetized with 2-phenoxyethanol (1:7000).

Immunostimulants. The immunostimulants used in this study were obtained from several sources. Vita-Stim-Taito (VST) was donated by Taito Co., Ltd (Tokyo, Japan). The product used in this study was a highly purified and partially depolymerized product with a molecular weight of 4.75×10^5 . Lentinan was supplied by Ajinomoto Pharmaceutical Co., Ltd. (Tokyo, Japan). Wy-18,251 was supplied by Wyeth Laboratories, USA. Levamisole and diethyl-dithiocarbamate (DTC) were purchased from Sigma (St. Louis, MO). Modified Freund's complete adjuvant (MFCA) was prepared according to the methods of Olivier et al. (1985a). The *Mycobacterium butyricum* used in the preparation was a killed and dried product purchased from Difco (Detroit, MI, USA).

Renibacterium salmoninarum cells used to make the *R. salmoninarum* bacterin (RSB) were grown on KDM-2 agar (Evelyn 1977) at 15°C for 20 d. The cells were harvested, suspended in 0.5% formal-saline overnight at room temperature, and washed 3 times in sterile saline (0.85%). The suspension was kept refrigerated until use (within 1 wk).

Bacterin production. *Aeromonas salmonicida* (strain 76-30; Olivier et al. 1985a) was grown on trypticase soy agar (TSA, Difco) at 15°C for 5 d, after which the cells

were scraped from the agar using a glass rod and resuspended in 0.85% saline containing 0.5% formalin. This suspension was left overnight at room temperature. The bacterium was an autoaggregating isolate and its virulence was maintained by passage through coho salmon.

Vaccine preparation. Formalin-killed *Aeromonas salmonicida* cells (= bacterin) were combined with the immunostimulating agents (Table 1) and emulsified in modified Freund's incomplete adjuvant (MFIA) using a mortar and pestle as per Olivier et al. (1985a). The vaccines were compounded such that each fish received a 0.1 ml injection containing 1 mg of bacterin and the immunostimulant or saline at the dosage stated in Table 1.

Experimental design. For each treatment, there were 2 replicates. Each replicate consisted of 25 fish, each of which received a single intraperitoneal (i.p.) injection of the test vaccine. Control groups were injected with the bacterin emulsified in MFIA only. The fish within a given treatment were identified with fin clips unique for that particular treatment. Replicates of the combined treatment groups were held in separate flow-through 650 l aquaria where they were maintained at 13°C ± 1°C and fed a commercial dry diet ad libitum throughout the study.

The fish (mean weight = 10.8 g) were vaccinated on August 11, 1987. Twenty-seven days post-vaccination, each of the replicates was challenged as described below. Replicate 1 was challenged by a 15 min immersion in 4.6×10^5 cells ml⁻¹ of the pathogen. The challenge suspension was prepared using 4 d old *Aeromonas salmonicida* cells grown on TSA at 15°C. Replicate 2 was challenged using a cohabitation procedure. In this procedure, 3 groups of 5 fish each were used as an 'infection source'. Fish in these groups were

Table 1 Candidate immunostimulant compounds

Compound	Reference	Dose used
VitaStim-Taito	Komatsu (1974)	15 mg kg ⁻¹
Lentinan	Hamuro et al. (1974)	5 mg kg ⁻¹
Modified Freund's Complete Adjuvant	Olivier et al. (1985a)	5 mg* kg ⁻¹
Diethyl-dithiocarbamate	Renoux & Renoux (1984)	12.5 mg kg ⁻¹
<i>R. salmoninarum</i> bacterin	Amend & Johnson (1984)	92.6 mg kg ⁻¹
WY-18,251	Gregory (1984)	10 mg kg ⁻¹
Levamisole	Amery & Horig (1984)	5 mg kg ⁻¹

* Dose refers to the dried cells of *Mycobacterium butyricum* present in the adjuvant emulsion administered

injected i.p. with 50, 500 or 5000 cells of the pathogen per fish. These fish were operculum-clipped for identification and added to the tank of vaccinated fish. By using 3 levels of challenge in the 'infection source' fish, a prolonged exposure to 'natural' levels of the pathogen was achieved.

Mortalities resulting from the challenge were monitored for 20 d in the immersion-challenged replicate and for 36 d in the cohabitation-challenged replicate. The monitoring periods differed because of the pattern of the mortality responses resulting from the 2 challenge methods.

Some 10% of the mortalities were selected at random so that cause of death could be verified. Furunculosis was considered to be the cause of death when short, Gram-negative, rod-shaped bacteria with slightly polar staining characteristics were evident in Gram-stained kidney smears, when pure cultures of the pigment-producing bacterium were recovered on TSA from the kidney samples, and when clinical signs in the dead fish were compatible with those caused by *Aeromonas salmonicida*.

Antibody titres. In Experiment 2, coho salmon were vaccinated with 0.1 ml of an emulsion (MFIA) containing the bacterin and either VitaStim-Taito (VST), Lentinan or killed *Renibacterium salmoninarum* cells. Control groups received 0.1 ml of the bacterin alone in MFIA or MFIA without bacterin.

The variously treated fish (10 fish group⁻¹) were placed in a 135 l flow-through aquarium and held at 13°C ± 0.5°C for 25 d until blood collection. Fin clips were used to denote the various treatments. Caudal blood was collected into 370 µl heparinized capillary tubes (Fisher) and centrifuged at 11 700 rpm for 3 min in an Autocrit II (VWR Scientific) centrifuge. Resulting plasma was stored at -20°C until it was assayed for agglutinin titre. A non-autoaggregating variant of isolate 76-30, obtained by culturing the bacterium several times on TSA at room temperature, was used as the antigen in the agglutinin assays. The agglutinin titre was determined using standard microtitre techniques in a 96 well microtitre plate.

Statistical analysis. Mortality data were analyzed for statistical significance using Fischer's exact test. Analysis of antibody titre data was done with the Student's *t*-test. The various statistical analyses are described in Zar (1984).

RESULTS

Results of the trials dealing with the various immunostimulants are summarized in Table 2; they indicate that 3 of the 7 immunostimulants tested (VST, lentinan, RSB) improved survival, irrespective of the challenge method used. In the treatment groups

Table 2. *Oncorhynchus kisutch*. Survival of variously vaccinated juvenile following challenge with *Aeromonas salmonicida*: the effect of using various immunostimulants in combination with an *A. salmonicida* bacterin

Challenge type	Treatment rec'd ¹	#Dead/#tested	% Mort	p < 0.05 ²
Immersion	MFCA	19/25	76	Y
	VST	18/28	64	Y
	Lentinan	16/25	64	Y
	Levamisole	21/25	84	N
	DTC	17/25	68	Y
	RSB	9/25	36	Y
	WY-18251	23/25	92	N
	Control	24/25	96	-
Cohabitation	MFCA	20/25	80	N
	VST	13/25	52	Y
	Lentinan	13/25	52	Y
	Levamisole	15/25	60	N
	DTC	14/25	56	N
	RSB	11/25	44	Y
	WY-18251	13/25	52	Y
	Control	20/25	80	-

¹ Control groups were injected intraperitoneally with modified Freund's incomplete adjuvant containing an *Aeromonas salmonicida* bacterin 27 d prior to challenge with *A. salmonicida*; all other groups received the indicated immunostimulant and the bacterin

² Y = significant at the 0.05 level; N = not significant at the 0.05 level by Fischer's exact test

challenged by immersion, a statistically significant improvement in survival over that of the group receiving bacterin alone was noted in fish administered bacterin combined with either VST, lentinan, DTC, RSB, or MFCA. In treatment groups challenged by the cohabitation method, a similar result was observed with the fish vaccinated with VST, lentinan, or RSB in combination with bacterin over that for controls receiving bacterin alone. Those fish receiving MFCA or DTC combined with antigen failed to show a significant improvement in survival over that of the respective control group.

Table 3 summarizes the effect of the candidate immunostimulants on the humoral immune response to the bacterin. Agglutinin levels were significantly elevated in all cases when bacterin was present. This occurred whether or not an immunostimulant was present. No significant elevation in agglutinin titre occurred as a result of combining an immunostimulant with the bacterin.

DISCUSSION

The screening trials identified 3 compounds with apparent immunostimulatory activity as measured in terms of survival following challenge: VitaStim-Taito,

Lentinan, and killed, intact *Renibacterium salmoninarum* cells. When these immunostimulants were added to *Aeromonas salmonicida* bacterin, they resulted in a significantly increased level of protection against the furunculosis agent over that observed with bacterin alone. This effect occurred with each of the 2 challenge methods used. Three of the remaining 4 compounds (MFCA, DTC, WY-18,251) provided results that were inconsistent and one (levamisole) failed to show promise with any of the challenge methods used.

Levamisole has been demonstrated to be effective in elevating immunity in several mammalian studies, mainly where immune functions were considered to be impaired (Amery & Horig 1984, Hennessy et al. 1987, Siwicki 1987). The drug clearly shows promise for use as an immunostimulant in fish on the basis of in vitro studies (Siwicki 1987, Anderson et al. 1989, Siwicki et al. 1989, 1990), and in 2 in vivo studies in salmonids, it enhanced resistance against 2 bacterial fish pathogens (Olivier et al. 1985a, Kajita et al. 1990). However, in the in vivo study by Olivier et al. (1985a), it yielded the least striking increase in *Aeromonas salmonicida* resistance among 3 immunostimulants tested. In addition, the immune response to levamisole can be suppressive or stimulatory, depending on the dose and the manner in which it is administered (Anderson et al. 1989). Such apparent complications in the application of levamisole indicate that more work is needed to determine the appropriate conditions for its use in fish. In view of the foregoing and because of the less than favorable in vivo results obtained in the present experiment with levamisole, we conclude that it would be more expedient to focus future studies on VST, lentinan, and RSB.

The inconsistent results obtained with MFCA also suggest that further studies with MFCA could be abandoned in favour of studies with the 3 more promising compounds listed above. The successful results obtained with MFCA by Olivier et al. (1985a) are difficult to reconcile with the inconsistent findings of the

present study and it is only possible to speculate on an explanation for the inconsistency. It may well be that stimulation of the reticuloendothelial system by MFCA (Olivier et al. 1986) tends to be localized and that the challenge route must be the same as the vaccination route if maximum efficacy of the immunostimulant is to be obtained. In the present study the route of administration of the immunostimulant differed from that of the challenge route.

In the present experiment, enhanced protection was consistently obtained in groups receiving RSB in combination with *Aeromonas salmonicida* bacterin. This finding is consistent with observations made by Amend & Johnson (1984). On the other hand, Turaga et al. (1987), using an in vitro assay (based on plaque forming cell counts) found that *Renibacterium salmoninarum* possessed immunosuppressive activity. Their findings, however, were obtained with the 'soluble proteins' produced by intact *R. salmoninarum* cells. The results of the present study with RSB are promising and the properties of the *R. salmoninarum* cells clearly warrant further investigation.

The consistent protection conferred by both VST and lentinan in our trials was not surprising because these agents are chemically closely related to each other (i.e. they are β -1,3 glucans with β -1,6 glycosidic side chains), they were known to possess anti-tumour activity (Aoki 1984, Sugawara et al. 1984), and they had been reported to produce resistance in carp *Cyprinus carpio* against *Edwardsiella tarda*, a bacterial fish pathogen (Yano et al. 1989). In addition, a similar compound derived from baker's yeast *Saccharomyces cerevisiae* has recently been shown to yield protection in Atlantic salmon *Salmo salar* against 3 bacterial fish diseases: vibriosis, coldwater vibriosis, and enteric red-mouth disease (Robertson et al. 1990). Evidence suggests that these compounds act to enhance disease resistance by stimulating the macrophage component of the immune system (Sugawara et al. 1984, Yano et

Table 3. *Oncorhynchus kisutch*. Influence of the immunostimulants VitaStim-Taito, lentinan, and *R. salmoninarum* bacterin (RSB) on the agglutinin response to *A. salmonicida* antigen (Ag)¹

Treatment applied	Mean titre ²	Sample size	Compared to antigen only p < 0.05 ³	Compared to saline p < 0.05 ³
VST + Ag	79.3 (12.8)	11	N	Y
Lentinan + Ag	29.3 (7.4)	9	N	Y
RSB + Ag	136.0 (47.4)	10	N	Y
Ag only	50.7 (15.5)	9	—	Y
Saline control	3.0 (0.5)	9	Y	—

¹ Coho salmon (average weight 22.5 g) were vaccinated intraperitoneally with the indicated preparations and held for 25 d at 13 °C ± 0.5 °C

² Bracketed values = standard error of mean

³ Y = significant at the 0.05 level; N = not significant at the 0.05 level by Student's *t*-test

al. 1989), a conclusion supported by earlier work conducted with another type of immunostimulant (Olivier et al. 1985a, 1986). However, as discussed below, the mechanism of action of the immunostimulants may be more complex when they function in the presence of a bacterin because, although when used alone they can induce protection equivalent to that obtained with bacterin alone (see Fig. 1 for results with VST, for example), the level of protection produced by combining them with bacterin is clearly enhanced (Table 2).

The increased protection against *Aeromonas salmonicida* challenge seen in the groups treated with *A. salmonicida* bacterin plus VST, lentinan, or RSB occurred despite the fact that no increases in the levels of *A. salmonicida* agglutinins had occurred at the time of challenge as a result of combining the bacterin with the immunostimulants (Table 3). Apparently, induced anti-*A. salmonicida* agglutinins were not responsible for the observed increase in protection that occurred in these treatment groups. These data suggest that the immunostimulants did not enhance resistance to the pathogen by stimulating the B-cell (humoral antibody producing) component of the specific immune system. Instead, the enhanced protection may have been due to the stimulation of another component of this system (the T-cell component) which then interacted cooperatively with the reticuloendothelial system (the macrophages) to bring about the elimination of the pathogen. The cooperative involvement of T-cells and macrophages in the process would not be surprising as VST, for example, is reported to be a T-cell activator in mammals (Sugawara et al. 1984). In addition, *A. sal-*

monicida-vaccinated rainbow trout produce soluble factors, reminiscent of the interleukins produced by T-cells, that affect the activity of leucocytes (and presumably of macrophages) (Smith et al. 1980).

Recently, Michel et al. (1990) reported an interesting experiment in which enhanced resistance to furunculosis was obtained in rainbow trout in the absence of *Aeromonas salmonicida*-specific antibodies. The protection was induced by repeated injections of phosphate-buffered saline. The protection was thought to be due to the increased levels of polyspecific antibodies that resulted from the injections, and it was postulated that these antibodies exerted their protective effect by serving as opsonins which permitted increased phagocytosis of the pathogen by macrophages. We do not think that the immunostimulants used in our study functioned by inducing polyspecific antibodies because, based on their failure to enhance *A. salmonicida* agglutinin levels, they did not appear to function by stimulating antibody synthesis.

Future research on the 3 most promising immunostimulants identified in this study must first involve investigations to determine whether they can be administered by convenient and practical methods such as immersion or feeding. Research must also be conducted to establish the range of diseases with which the immunostimulants can be used to good effect. In connection with the foregoing, VST appears to be a particularly promising product. Unlike lentinan which is prepared from the fruiting body of an expensive mushroom (*Lentinus edodes*, a popular delicacy) and cannot be grown in fermentation culture, VST is derived from mycelia of the fungus *Schizophyllum commune* and is readily produced by fermentation culture. Further, unlike *Renibacterium salmoninarum*, grown with difficulty and therefore possibly expensive to mass produce, VST can be mass-produced at favourable cost. In addition, VST has already been chemically well defined, and, should it prove effective by feeding, its heat stability (135°C; Yanaki et al. 1985) would permit it to withstand the high temperatures involved in incorporating it into steam-pelleted fish feeds.

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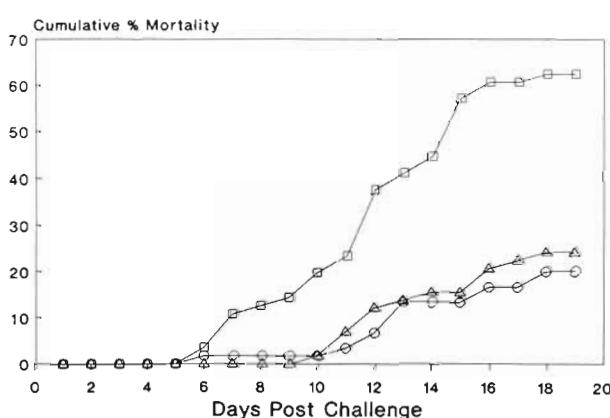


Fig. 1. *Oncorhynchus kisutch*. Mortalities in individuals treated by injection with saline, VST, or *Aeromonas salmonicida* bacterin, and challenged 24 d later with *A. salmonicida*. Coho salmon (60, 5 g fish group⁻¹) were injected intraperitoneally with 0.1 ml of modified Freund's incomplete adjuvant containing saline (□), crude VST (20 mg kg⁻¹ fish) (△), or *A. salmonicida* bacterin (200 mg kg⁻¹ fish) (○). Fish were held in fresh water at 17°C and challenge was by a 15 min immersion in viable *A. salmonicida* cells (5.3×10^5 ml⁻¹)

- antigenic competition among various combinations of *Vibrio anguillarum*, *Yersinia ruckeri*, *Aeromonas salmonicida*, and *Renibacterium salmoninarum* bacterins when administered to salmonid fishes. *J. Fish Dis.* 7: 293-299
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