

Induction of the Mx protein of rainbow trout *Oncorhynchus mykiss* *in vitro* and *in vivo* with poly I:C dsRNA and infectious hematopoietic necrosis virus

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ABSTRACT: Expression of the Mx protein of rainbow trout was analyzed after induction by poly I:C dsRNA and infectious hematopoietic necrosis virus (IHNV). Poly I:C dsRNA-treated rainbow trout gonad (RTG-2) cells expressed Mx protein that was detectable by immunoblot analysis at 24 h post induction. Increased expression was observed at 48 h and then declined by 72 h post induction. In contrast, IHNV was not an efficient inducer of Mx protein in cells in culture. An immunocytochemical assay was also established to detect Mx proteins after transient transfection of chinook salmon embryo (CHSE-214) cells with trout Mx cDNA expression clones. Using these same techniques, endogenous Mx protein was detected in RTG-2 cells induced with 5 and 50 $\mu\text{g ml}^{-1}$ of poly I:C dsRNA at 48 h post induction. *In vivo*, the appearance of Mx protein in rainbow trout after infection with IHNV (isolated at Rangen Research, Hagerman, ID, USA) was demonstrated in the immunoblots of kidney extracts of 4 out of 4 fish at 2 d post infection. Immunohistochemical staining of the kidney tissue from 3 out of 3 rainbow trout fry infected with the RB-76 strain of IHNV (isolated at Rounded Butte Hatchery, OR, USA) confirmed the production of Mx protein in the kidney tubules at 2 d post infection. These results suggest that Mx is a useful marker for the induction of fish interferon.

KEY WORDS: Mx · Interferon · Poly I:C · Infectious hematopoietic necrosis virus · Rainbow trout

INTRODUCTION

The interferons (IFNs) provide vertebrates with a first line of defense against viral infection. These cytokines are produced by virus-infected cells and stimulate the production of IFN-induced proteins in neighboring, uninfected cells. These induced IFN-regulated proteins (IRPs), in turn, confer antiviral resistance upon the uninfected cells. The IRPs that have been identified include P1 kinase, 2'-5' oligoadenylate synthetase, and the Mx proteins; all inhibit intracellular viral replication (Staeheli et al. 1986, Meurs et al. 1990, Koromilas et al. 1992). The characterization of the Mx proteins in fish and their induction *in vivo* and *in vitro* is the subject of this report.

There have been several reports characterizing IFN-like activity in fish cells *in vitro* and *in vivo*. Gravell &

Malsberger (1965) first demonstrated the *in vitro* production of fish IFN in fathead minnow *Pimephalus promelas* cells when exposed to infectious pancreatic necrosis virus (IPNV). *In vitro* induction of a fish IFN has been reported by several investigators (Beasley & Sigel 1967, Oie & Loh 1971, de Sena & Rio 1975, MacDonald & Kennedy 1979, Sano & Nagakura 1982, Tengelsen et al. 1989) and all of the studies have suggested that IFN is an important component of the innate immune system of fish. The investigators de Kinkelin & Dorson (1973) showed that trout injected with viral hemorrhagic septicemia virus (VHSV) produced an IFN-like substance in the sera that was able to confer resistance to IPNV, VHSV, and IHNV in rainbow trout gonad (RTG-2) cells. Eaton (1990) induced IFN production in chum *Oncorhynchus keta* and sockeye *O. nerka* salmon. The induced IFN stimulated an antiviral response that resulted in decreased IHNV titre, decreased cumulative mortalities, and delayed virus replication in IHNV-challenged salmon.

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In mammals, the IFN-induced Mx proteins are involved in resistance to influenza viruses (Staehele et al. 1986, Frese et al. 1995, Thimme et al. 1995), the rhabdovirus vesicular stomatitis virus (VSV) (Meier et al. 1990), the paramyxovirus measles (Schneider-Schaulies et al. 1994), and members of the Bunyaviridae (Frese et al. 1996). The Mx proteins are characteristically 70 to 80 kDa in size and contain GTPase activity (for review see Staehele & Haller 1987, Arnheiter & Meier 1990). A GTP binding motif, found in all Mx proteins, has been shown to be essential for GTP binding and required for the antiviral activity of human MxA and murine Mx1; this motif is also found in the trout Mx proteins (Pitossi et al. 1993, Melen & Julkunen 1994). These Mx proteins do not interfere with virus adsorption, penetration, or transport of influenza nucleocapsids into the nucleus (Horisberger et al. 1980, Meyer & Horisberger 1984, Broni et al. 1990), but they do reduce the primary transcription of influenza in the nucleus (Krug et al. 1985). Using 3T3 cells that express human MxA constitutively, Pavlovic et al. (1992) found that influenza viral mRNAs accumulated in the nucleus to normal levels, but viral protein synthesis and genome amplification were strongly inhibited. The exact mechanisms involved in the inhibition remain unknown. Other Mx proteins interfere with the replication of different viruses by other less well understood mechanisms (Frese et al. 1995). In order to examine the potential role of fish Mx proteins in the antiviral response of fish, we initiated cloning and characterization of the Mx genes in the trout genome.

We have previously reported the cloning of 3 trout Mx cDNA clones from rainbow trout cells (Trobridge & Leong 1995) and generated antisera to the trout Mx proteins (Trobridge et al. 1997). Here, we further characterize the induction of Mx protein by poly I:C dsRNA and IHNV in trout. Mx protein has been used as a marker for IFN production in human studies (Towbin et al. 1992, Oh et al. 1994). Using the artificial IFN inducer, poly I:C dsRNA, and the rhabdovirus IHNV we demonstrate that trout Mx proteins may be used as markers for the IFN response of trout *in vitro* and *in vivo*.

MATERIALS AND METHODS

Cell lines and viruses. The chinook salmon embryo (CHSE-214, Fryer et al. 1965) and rainbow trout gonad (RTG-2, Wolf & Quimby 1962) cell lines used in this study were obtained from J. L. Fryer, Oregon State University, Corvallis (OR, USA) (Fryer et al. 1965). The cells were grown as monolayers in minimal essential medium (MEM, Gibco-BRL, Gaithersburg, MD, USA) supplemented with 10% fetal bovine serum (FBS) and

2 mM L-glutamine (MEM-10). For virus propagation, CHSE-214 cells were supplemented with 5% FBS, 2 mM L-glutamine, 14 mM HEPES (N-2-Hydroxyethyl-piperazine-N'-2-ethanesulfonic acid, pH 7.8), 100 IU ml⁻¹ penicillin G, 100 µg ml⁻¹ streptomycin and 0.25 µg ml⁻¹ amphotericin B. The RB-4 IHNV used for viral induction of Mx *in vitro* was isolated in 1975 from an adult steelhead trout at the Round Butte Hatchery in Oregon (USA).

CHSE-214 cells were infected with IHNV at a multiplicity of infection (MOI) of 0.001 and incubated at 16°C for 7 d. At that time the tissue culture supernatant fluid was harvested and centrifuged at 2500 × *g* for 10 min at 4°C, then filtered through a 0.22 µm low protein binding filter (Gelman, Ann Arbor, MI, USA). The cell-free supernatant contained 7.5 × 10⁶ tissue culture infective 50% doses per ml (TCID₅₀ ml⁻¹). The Rangen isolate of IHNV used for *in vivo* induction of Mx protein detected by immunoblot was isolated from dead rainbow trout fry at the International Aquaculture Research Center (Rangen Research), Hagerman, Idaho, USA. The RB-76 strain of IHNV used for immunohistochemical localization of IHNV in fish tissue was isolated from moribund steelhead (*O. mykiss*) fry from an epizootic in 1976 at Round Butte Hatchery. To produce stocks used for challenge, virus was grown on CHSE-214 cells which had been infected when the monolayers were 90% confluent.

***In vitro* inductions of Mx protein.** For immunoblot analysis of salmonid Mx protein induced by poly I:C dsRNA, RTG-2 cells were plated in 12-well plates. Confluent monolayers were washed with MEM without FBS (MEM-0) and treated with control MEM-0, 50 µg ml⁻¹ poly I:C (Pharmacia, Piscataway, NJ, USA) in MEM-0, or IHNV at a MOI of 0.1 in MEM-0, for 24, 48, and 72 h. At each time point, the monolayer was washed twice with PBS and 200 µl of 2 × SDS (sodium dodecyl sulphate) loading buffer was added to each well [2 × loading buffer is 125 mM Tris-HCl (pH 6.8), 2% SDS, 10% glycerol, and 5% 2-mercaptoethanol]. The loading buffer with sample was removed, boiled for 3 min, and frozen until analysis by SDS-PAGE (polyacrylamide gel electrophoresis). For immunocytochemistry, RTG-2 cells were plated in 6-well plates at 50% confluency. After overnight attachment, cells were washed in MEM-0 and treated with poly I:C at 0 (control), 5, and 50 µg ml⁻¹ in 2 ml MEM-0 for 48 h.

***In vivo* induction of Mx by IHNV. Induction detected by immunoblot:** Rainbow trout, average weight 2.2 g, were held in 18.927 l (5 gallons US) aquaria at 12°C with a flow rate of 0.646 l min⁻¹ (0.25 gallons min⁻¹). Twenty fish were challenged with IHNV (Rangen) by immersion for 5 h in 10⁵ TCID₅₀. Twenty control fish were mock challenged with uninfected tissue culture supernatant fluid. The IHNV isolate used

at this dose is known to cause high mortality. Approximately 2 to 10 mg of liver and kidney were removed at 0, 2, and 4 d post challenge. The tissues were broken up by maceration with a pipette tip in 200 μ l of 2 \times loading buffer (see '*In vitro* inductions of Mx protein'). Samples were then boiled for 5 min and frozen until assayed.

Induction detected by immunohistochemistry: Rainbow trout fry (average weight 0.5 g) were used for the waterborne challenge. Fish were exposed to 10^5 plaque forming units (PFU) ml^{-1} of the IHNV strain RB-76. The fish were exposed by static immersion for 6 h at 13°C. A majority of the fish that would ultimately die began to show clinical signs of disease at 9 d post exposure. These signs were distended abdomen, petechial hemorrhages, and a whirling form of swimming. Moribund fish were collected and fixed in 10% buffered formalin and embedded in Paraplast paraffin (Oxford Labware, St. Louis, MO, USA). Embedded fish were sliced sagittally and 6 μ m sections were fixed at 40°C overnight onto slides coated with 0.1% gelatin and 0.1% chromic potassium sulfate.

Western blot analysis. All samples were electrophoresed in 10% polyacrylamide gels and transferred to Optitran supported nitrocellulose membranes (Schleicher & Schuell, Keene, NH, USA) using a BioRad Mini-protein transfer apparatus. Blots were blocked overnight in 5% nonfat dry milk in Tris buffered saline (TBS; 50 mM tris, 1 mM EDTA, 8.7% NaCl, pH 8.0) at 4°C. All subsequent steps were performed at room temperature.

***In vitro* western blot analysis:** For *in vitro* analysis of RTG-2 Mx protein, 15 μ l samples were loaded per lane. After electrophoresis and transfer, the membrane was incubated in 25 ml of purified polyclonal rabbit anti-RBTMx IgG (Trobridge et al. 1996a) at 5 μ g ml^{-1} IgG with 1% BSA (bovine serum albumin) and 0.02% Tween 20 for 1 h. The membrane was washed 4 \times with 100 ml of TBS with 1% BSA and 0.02% Tween 20. The membrane was then incubated with 1 μ g ml^{-1} of mouse anti rabbit-alkaline phosphatase (Promega, Madison, WI, USA) for 1 h in TBS-0.02% Tween 20. The membrane was washed 4 \times in 100 ml TBS-0.02% Tween 20 and incubated in alkaline phosphatase (AP) substrate using the Kirkegaard-Perry (Gaithersburg, MD) One Step detection kit.

***In vivo* western blot analysis:** For *in vivo* analysis of both Mx protein and IHNV, 10 μ l of the kidney and the liver tissue extracts in SDS-PAGE loading buffer were loaded onto separate lanes. Because of the increased sensitivity, and consequent increased background of chemiluminescent detection, the procedures were modified as follows. Blots were incubated with 25 ml of 2 μ g ml^{-1} rabbit anti-RBTMx in TBS-1% nonfat dry milk, 0.05% Tween 20 for 1 h. Blots were washed 4 \times in

100 ml of TBS with 0.05% Tween 20. Blots were then incubated in mouse anti rabbit-HRP (Promega) at 0.2 μ g ml^{-1} in TBS-0.05% Tween 20 for 1 h. The membranes were then washed 4 \times 10 min in TBS-0.05% Tween 20. Membranes were then incubated in 20 ml of luminol substrate (Pierce, Rockford, IL, USA) for 10 min and exposed to Hyperfilm (Amersham, Arlington Heights, IL) autoradiography film for 1 to 5 min.

Immunocytochemistry of poly I:C-induced RTG-2 cells. Following induction, monolayers were washed in ice-cold PBS and fixed for 20 min with 0.5 ml of freshly prepared 3% paraformaldehyde in PBS. Cells were then permeabilized with 0.5 ml of 0.1% Triton X-100 for 10 min, followed by 1 wash in PBS. The monolayers were blocked with 5% nonfat dry milk in PBS for 30 min, then incubated with 0.5 ml of 1 μ g ml^{-1} anti-trout Mx for 1 h at room temperature. The monolayer was washed 4 \times in PBS for 5 min at each wash. The Vectastain rabbit ABC-AP kit (Vector Laboratories, Burlingame, CA, USA) was used for subsequent incubations according to the manufacturer's protocols with the exception that all washes were for 4 \times 5 min in PBS. The AP substrate kit III (Vector Laboratories), blue substrate, was used for detection, and incubation was carried out for 5 min for transfected cells or 2 h for poly I:C-induced cells, in the dark.

Immunohistochemistry of IHNV exposed rainbow trout. Assays were carried out as described by Drolet et al. (1994). Briefly, the tissue sections were deparaffinized by serial xylene and alcohol treatments and rehydrated for 10 min in distilled water. Sections were then equilibrated for 20 min in PBS (pH 7.4). The sections were blocked for 1 h with 5% powdered nonfat dry milk in PBS and then incubated with anti-Mx polyclonal antibody for 1 h. The Vectastain-ABC rabbit IgG kit and the Vector-Red phosphate substrate (Vector Laboratories) were used to label and develop the sections. Sections were counterstained in hematoxylin for 1 min and 0.2% ammonium hydroxide in 70% ethanol solution for 30 s. Sections were covered with Crystal Mount (Biomedex, Foster City, CA) and examined by light microscopy.

RESULTS

Time course of Mx protein induction in RTG-2 cells

Experiments with Mx mRNA had previously shown that RTG-2 cells produce 2 transcripts discernible by gel analysis upon poly I:C dsRNA induction. These transcripts are first detectable at 24 h post induction, maximally expressed at 48 h, and decrease in production at 72 h (Trobridge & Leong 1995). The larger RNA band contained mRNA transcripts corresponding in

size to that for RBTMx1, and the smaller RNA band contained 2 mRNA species encoding RBTMx2 and RBTMx3 respectively. To determine the time course of Mx protein expression in RTG-2 cells after virus infection, RTG-2 cells were infected with IHNV (RB-4 isolate, MOI of 0.1) or poly I:C (for comparison) and then examined by immunoblots developed with polyclonal rabbit antisera generated to RBTMx3. Previous studies had shown that this antisera detected all 3 RBTMx proteins (Trobridge et al. 1997). After 24, 48, and 72 h, the cells were lysed and extracts were made for immunoblot analysis. Two clearly discernible bands containing the 3 Mx proteins (the upper band is a doublet) at approximately 70 kDa were present in RTG-2 cells induced with poly I:C dsRNA but not in mock-induced controls or in IHNV-infected monolayers (Fig. 1). These sizes correspond to the *in vitro* translation products of RBTMx1, 2 and 3 (Trobridge et al. 1997).

The Mx proteins were first detected at 24 h post induction. Production appeared to be maximal at 48 h post induction, and there was still significant Mx protein present in the cell at 72 h. A smaller band at approximately 50 kDa was also detected in induced cells. Arnheiter et al. (1990) reported a breakdown product of murine Mx1 in immunoblots of poly I:C-induced A2G mice and transgenic mice. The predominant breakdown product was approximately 50 kDa. We suggest that the 50 kDa band in induced RTG-2 cells is a breakdown product since it accumulates over time and is expressed only in induced cells. Whether or not this putative breakdown product is related to the murine 50 kDa protein reported by Arnheiter et al. (1990) is unknown. The band at 58 kDa in the 48 h samples must be a host protein since it was found in all 3 samples: control, virus-infected, and poly I:C induced.

Immunocytochemistry of Mx protein expression in RTG-2 cells

The *in situ* expression of Mx protein in RTG-2 cells was assessed by immunocytochemical staining of cells treated with either 5 or 50 $\mu\text{g ml}^{-1}$ of poly I:C dsRNA. Mock-induced cells received only culture medium. At 24 and 48 h the cells were fixed and stained with anti-Mx polyclonal sera (Fig. 2). A quantity of 5 $\mu\text{g ml}^{-1}$ poly I:C dsRNA was sufficient to induce detectable differences in Mx protein expression. Fifty $\mu\text{g ml}^{-1}$ poly I:C also resulted in Mx induction, but at this concentration toxicity was evident after 24 h. To detect endogenous Mx protein in poly I:C-induced RTG-2 cells using this method, long substrate incubation times of up to 2 h were required and, as a result, there was some background staining. However, clear differences are seen between controls and poly I:C-induced cells.

Induction of Mx protein *in vivo*

We had previously shown IHNV to be a potent inducer of Mx mRNA *in vivo* (Trobridge & Leong 1995). With a highly virulent strain of IHNV, this induction of Mx mRNA occurs in up to 99% of fish injected with virus (authors' unpubl. data). We chose to evaluate IHNV induction of Mx protein *in vivo* by immersing trout fry in a high concentration of a viral isolate that causes up to 100% mortality. Controls were immersed in MEM-0 alone. At time 0, 2, and 4 d fish were collected and kidneys and livers were analyzed by immunoblot for Mx induction and for IHNV protein production. At 2 d post infection some infected fish were moribund, and at 4 d the remaining infected fish were either moribund (5 fish) or dead (9 fish). Four of the remaining 5 moribund fish were sampled and the

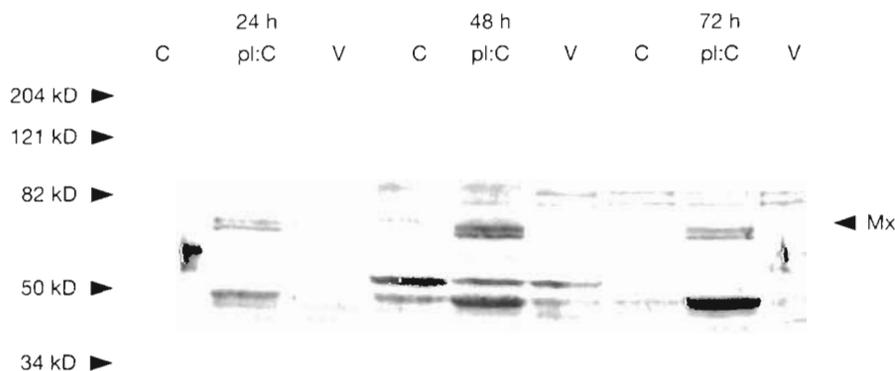


Fig. 1. Induction of RTG-2 Mx protein by poly I:C dsRNA. RTG-2 monolayers were mock induced (C), induced with 50 $\mu\text{g ml}^{-1}$ poly I:C dsRNA (pl:C), or treated with IHNV at an MOI of 0.1 (V) for 24, 48, and 72 h and analyzed by immunoblot for Mx protein. Molecular weights are indicated on the left as determined by prestained MW markers. The arrow on the right side of the blot indicates the triplet band of expressed Mx protein at approximately 70 kDa

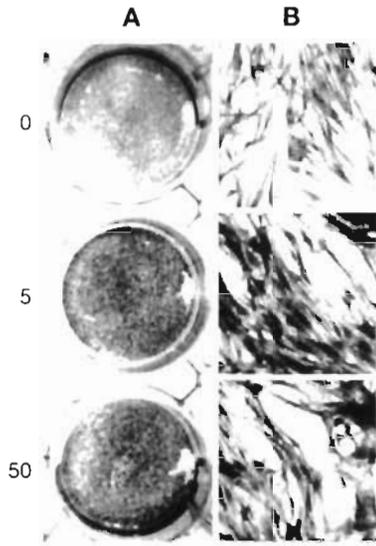


Fig. 2. Induction of RTG-2 endogenous Mx by poly I:C dsRNA. RTG-2 cells were mock induced with MEM-0 (0) or induced with 5 or 50 $\mu\text{g ml}^{-1}$ poly I:C dsRNA (5 and 50, respectively) for 48 h and analyzed for Mx protein in duplicate using immunocytochemistry. (A) Photograph of 1 row of the multiwell plate; (B) magnification of the RTG-2 cells of (A). Darker staining indicates Mx expression

experiment was terminated. All livers and kidneys were analyzed by immunoblot. All kidney and liver tissues from the infected fish showed evidence of IHNV protein production. Mx protein was first detected in the kidney of fish at 2 d post exposure. None of the control, mock-infected fish expressed Mx

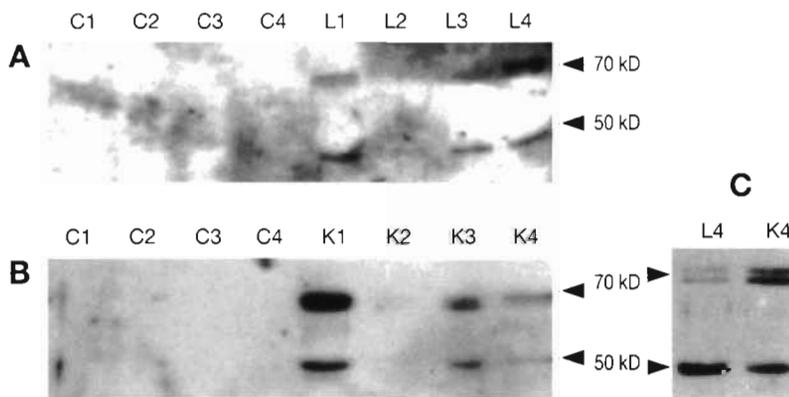


Fig. 3. Induction of Mx protein in rainbow trout liver (L) and kidney (K). Rainbow trout were infected by immersion with IHNV (Rangen) or by mock immersion in tissue culture supernatant (control; C). At time 0, Day 2, and Day 4 post injection, liver and kidney tissue was analyzed by western blot for expression of Mx protein. These blots show the Day 4 results of (A) liver and (B) kidney for controls and Fishes 1–4 and (C) Fish 4 liver and kidney proteins separated by electrophoresis and transferred to nitrocellulose. Molecular weights were estimated with prestained markers. The arrows on the right of each panel show the 70 kDa Mx protein and the putative 50 kDa breakdown product

Table 1. Induction of Mx protein in rainbow trout challenged with IHNV Rainbow trout, average weight 2.2 g, were immersed in tissue culture supernatant (mock challenged) or in culture media containing 10^5 TCID₅₀ units of IHNV (Rangen) (IHNV challenged). The fish were assayed for Mx protein by western blot at the indicated time points. The number of fish expressing Mx over number of fish examined are represented for each time point for both kidney and liver tissues

	Mock challenged		IHNV challenged	
	Kidney	Liver	Kidney	Liver
Time 0	0/4	0/4	0/4	0/4
Day 2	0/4	0/4	2/4	0/4
Day 4	0/4	0/4	4/4	3/4

protein. The data are summarized in Table 1. The immunoblots of tissues examined on Day 4 are shown in Fig. 3. At Day 4, the kidney extracts of the 4 IHNV-treated fish contained Mx protein bands at approximately 70 kDa, as well as the 50 kDa putative Mx breakdown product. The kidney of Fish 2 (K2 in Fig. 3) was also positive for Mx production in blots that contained more extract (data not shown). Mx protein was detected in the livers of 3 of the 4 fish examined (lanes L1–4 in Fig. 3). The control fish also taken on Day 4 showed no detectable bands at 70 kDa or 50 kDa. IHNV-challenged Fish 4 liver and kidney samples were subjected to electrophoresis on the same blot to compare sizes and amounts of Mx protein. Both kidney and liver contained 2 discernable Mx bands of approximately 70 kDa and the putative 50 kDa breakdown product.

Immunohistochemistry of Mx protein in trout

The immunohistochemical staining for the Mx protein in IHNV RB-76-infected fish showed positive red staining in the kidney tubules (Fig. 4). Conversely, kidney tissues of the negative control fish showed no red staining. The kidney tissues taken from the IHNV-infected fish at 2 d post exposure showed signs of necrosis and damage from virus infection, whereas the negative control fish showed only healthy undamaged kidney tubules. At least 3 whole-body serial sections from each fish were stained for Mx protein. The tissues of the liver, stomach, intestine, and pyloric caecae were positively stained for Mx in some, but not all, fish examined (data not shown).

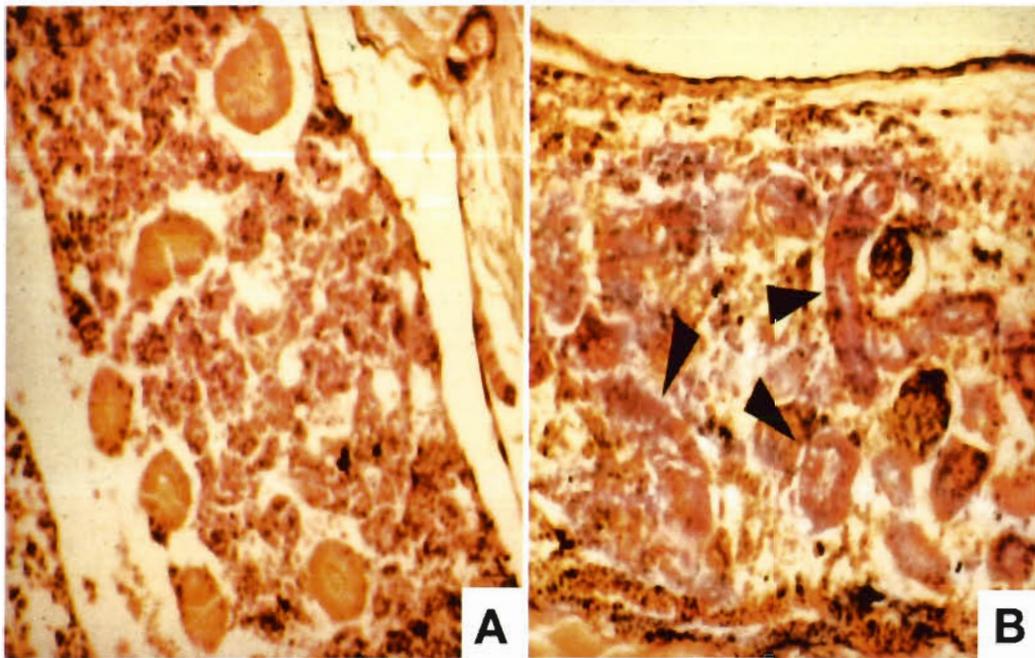


Fig. 4. Immunohistochemical staining of infected fish tissue for Mx. Kidney tissue from (A) an uninfected fish and (B) a fish infected with RB-76 stained with a polyclonal antibody directed against Mx. Kidney tissues were examined with a $20\times$ ($200\times$ total magnification) objective lens. Dark red staining in (B) indicates the presence of Mx protein in the kidney tubules and is indicated by arrows

DISCUSSION

Rainbow trout Mx mRNA is rapidly and transiently induced by the IFN inducer poly I:C dsRNA and by injection of virus *in vivo* (Staheli et al. 1989, Trobridge & Leong 1995). There is currently no available anti-fish IFN antibody and no highly purified source of fish IFN. Until these reagents become available it is impossible to show the direct induction of Mx protein by IFN. We characterize here the induction of trout Mx protein *in vitro* by poly I:C dsRNA and *in vivo* by immersion challenge with IHNV. The data presented here establish the use of trout Mx protein as a marker for an interferon-like response in fish.

Trout Mx protein was detected by western blot in RTG-2 cells induced by poly I:C dsRNA treatment. Three protein bands of approximately 70 kDa were first seen 24 h post induction with $50\ \mu\text{g ml}^{-1}$ poly I:C dsRNA. The Mx protein peaked at 48 h, and declined at 72 h post induction with $50\ \mu\text{g ml}^{-1}$ poly I:C dsRNA. The sizes of the induced Mx proteins correspond to the sizes of the proteins produced by the 3 cloned RTG-2 Mx genes in *in vitro* transcription/translation reactions (RBTMx1-71 kDa, RBTMx2-69 kDa, RBTMx3-72 kDa) (Trobridge et al. 1997). Interestingly, IHNV infection did not produce significant amounts of Mx protein in RTG-2 cells. We had previously been unable to induce Mx mRNA *in vitro* by IHNV infection (authors' unpubl.

obs.) while IHNV injection induces Mx mRNA *in vivo* at up to 99% efficiency (Trobridge unpubl. obs.). We reason that the induction of IFN in RTG-2 cells is not as efficient as in fish tissues, where the presence and interaction of several cell types might lead to more potent induction of IFN.

Endogenous Mx protein of RTG-2 cells was detected by immunocytochemistry in the cytoplasm and nucleus after induction by poly I:C dsRNA. Immunohistochemical staining revealed Mx protein in the cytoplasm and nucleus. Mx protein was induced at both 5 and $50\ \mu\text{g ml}^{-1}$ poly I:C dsRNA after 48 h, although some cytotoxicity was evident in the $50\ \mu\text{g ml}^{-1}$ poly I:C dsRNA induced wells. The amount of Mx produced endogenously was lower than that achieved previously when plasmid DNA encoding the Mx protein was transfected into CHSE-214 cells (Trobridge et al. 1997). Longer incubation times with substrate were required to see a difference between control and poly I:C-treated wells; and, consequently, the background was higher in these studies.

The induction of Mx protein *in vivo* was examined using immunoblotting of tissue extracts from fish challenged with IHNV via immersion. Mx protein was induced in all kidney tissues of fish examined at 4 d post infection with a high concentration of virulent IHNV. No Mx was detected in uninfected controls. This preliminary experiment suggests that Mx protein may be

a consistent marker for infection with IHNV. It is possible that Mx protein may be useful as a marker for other fish viral infections and might be used to classify fish diseases of unknown etiology as viral. Mammalian Mx protein is tightly regulated by an IFN alpha/beta cytokine profile during viral infections (Aebi et al. 1989, von Wussow et al. 1990, Simon et al. 1991).

To establish the sites of Mx protein expression, we infected rainbow trout fry by immersion exposure to the RB-76 isolate of IHNV. In a study by Drolet et al. (1994), the progression of IHNV through the body of infected fish was determined by immunohistochemistry. The study showed 2 routes of infection: one through the oral cavity and another through the gill epithelium into the circulatory system. In the latter route, the gill epithelium was the first tissue to be infected, followed by the lamellar and filament endothelium. IHNV was later found in the dorsal aorta, and finally the kidney tissue was infected via the renal arteries. Strong positive staining for viral antigen in the kidney tubules was seen. In addition, Drolet et al. were able to detect viral antigen in the tissues of the gill, kidney, thymus, spleen, pyloric caecum, liver, and intestine. Mx protein was detected consistently in the kidney tubules. Mx was also detected in the gill, kidney, thymus, spleen, pyloric caecum, liver, and intestine of some fish. The expression of Mx in the kidney suggests that IHNV replication in the tubule epithelium induced IFN, and subsequently Mx protein. Double label experiments with virus antisera and anti-Mx sera may help us to find out where and when the virus is replicating, and where IFN is being produced.

Several characteristics make the Mx proteins ideal markers for IFN. Mx proteins are rapidly and transiently induced specifically by type I IFNs in mammals. More importantly, unlike IFN, Mx is produced in large amounts and has a long half-life. Mx in induced cells can comprise up to 1% of the total cytoplasmic protein (Horisberger 1992) and has a biological half-life of 2.5 d (Ronni et al. 1993). Moreover, cellular induction of Mx protein is not subject to feedback inhibition even at high doses of IFN therapy (von Wussow et al. 1990). Immunoassays have been developed to detect human Mx in blood (Towbin et al. 1992, Oh et al. 1994), and Mx has been used as a marker for IFN therapy (Jakschies et al. 1990). Because of these properties, mammalian Mx protein has been used in several studies as a marker for type I IFN (Kraus et al. 1992, Yamada et al. 1994, Abrams et al. 1995). Roers et al. (1994) used the presence of Mx, and therefore type I IFN, to assess vaccination efficacy of attenuated yellow fever virus in volunteers. In this study unvaccinated volunteers produced 50-fold more Mx protein than previously vaccinated volunteers upon infection with the 17-D strain of yellow fever virus. This suggested

that successfully vaccinated individuals had enough circulating antibody to clear the virus before IFN was induced, and therefore the induction of Mx synthesis by IFN was not seen. The presence or absence of Mx protein was used as an indicator of whether or not vaccination was successful. Such an inventive use of the trout Mx as an IFN marker may provide a powerful method to evaluate fish viral vaccine efficacy.

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