Treatment with thiamine hydrochloride and astaxanthine for the prevention of yolk-sac mortality in Baltic salmon fry (M74 syndrome)

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ABSTRACT: Two practical methods are reported for treating feral Baltic salmon with thiamine hydrochloride against M74 syndrome (abnormally high yolk-sac fry mortality of the Baltic salmon). Both bathing of the yolk-sac fry in thiamine hydrochloride (1000 mg l⁻¹, 1 h) and a single intraperitoneal injection given to the female brood fish (100 mg kg⁻¹ fish) during the summer 3 mo before stripping were shown to elevate the whole body total thiamine concentration in the fry. Both treatments were also shown to be effective in preventing mortality due to M74 syndrome. The effect of bathing the yolk-sac fry was shown to be dose-dependent. The results support the view that there is a causal relationship between the thiamine status of the yolk-sac fry and M74 mortality. An intraperitoneal injection of astaxanthine suspension administered to the female brood fish (11 mg kg⁻¹ fish) in the summer 3 mo before stripping elevated the astaxanthine concentration in the eggs but did not affect mortality due to M74 syndrome. An interaction between astaxanthine and thiamine may occur in the developing embryo or yolk-sac fry, however. No association could be demonstrated between the various thiamine hydrochloride treatment practices and hepatic cytochrome P450 dependent 7-ethoxyresorufin-O-deethylase (EROD) activity in the yolk-sac fry. An injection of thiamine hydrochloride into the peritoneal cavity of wild Baltic salmon females could be used to raise thiamine concentrations in their offspring in the rivers. The effect on smolt production in Finnish Baltic salmon rivers needs to be investigated further, however.

KEY WORDS: Salmo salar - Baltic salmon · Yolk-sac fry · M74 syndrome · Thiamine hydrochloride · Astaxanthine · EROD activity · Prevention

INTRODUCTION

Abnormally high mortality (ca 90 %) was observed among farmed yolk-sac fry of the Baltic salmon (the Baltic group of Salmo salar L.) originating from feral brood fish in northern Gulf of Bothnia in 1992-1996. Mortality at the same developmental stage has been also observed since 1974 in Sweden, where the disease is called M74 (Norrgren et al. 1993). The same authors observed that the total hepatic cytochrome P450 content was significantly increased in adults that produced M74-affected yolk-sac fry compared with adults that produced normal yolk-sac fry. The hepatic cytochrome P450 dependent 7-ethoxyresorufin-O-deethylase (EROD) activity was found to be 12 times higher in M74-affected yolk-sac fry than that in normal yolk-sac fry from hatchery-reared brood fish and 1.7 times higher than in normally developing yolk-sac fry from feral brood fish. These findings, together with the ultrastructural changes present in the liver of the sick yolk-sac fry and the females producing these, led the authors to propose a toxicological etiology for the syndrome (Norrgren et al. 1993). The letter M in the name of the syndrome comes from the Swedish word for environmentally caused, 'miljöbetingad' (Börjeson et al. 1995). Vuorinen et al. (1997) reported an association between yolk-sac mortality and some polychlorinated...
dibenzofurans and coplanar polychlorinated biphenyls (PCBs) in their material of River Simo salmon in Finland in 1988–92.

A mortality syndrome resembling M74 has also been described in landlocked Atlantic salmon in several of the Finger Lakes in New York, USA (Fisher et al. 1994, 1995), and has been successfully treated with thiamine (Fisher et al. 1994, 1996a,b). Analysis of the thiamine concentration of the M74 and control fry and preliminary trials with thiamine treatment of Baltic salmon in Sweden in 1994 showed that thiamine could also be used in the therapy of M74 (H. Börjeson pers. comm. 1994). Bylund & Lerche (1995) reported successful thiamine treatment of the fry of 1 Baltic salmon female with M74-like clinical signs.

Börjeson et al. (1995) reported that yolk-sac fry originating from paler eggs show a higher prevalence of M74-related mortality than those from eggs with a good pigmentation, while Lignell (1995) found that the concentration of the carotenoid astaxanthine in the yolk-sac fry was in negative correlation with mortality caused by the M74 syndrome. Petterson & Lignell (1996) found that salmon eggs from locations without M74 syndrome had a higher concentration of astaxanthine than those of feral Baltic salmon.

We examine here the effect of thiamine hydrochloride treatment of yolk-sac fry and female brood fish for preventing M74 in feral Baltic salmon. An astaxanthine injection given to the female brood fish was also tested.

**MATERIAL AND METHODS**

**Fish, management and treatments. Thiamine bathing of the yolk-sac fry (Expt 1):** Seven Baltic salmon females caught from near the mouth of the River Simo in June 1994 were stripped in October (2 to 3 strippings per female) and the fertilized ova and yolk-sac fry incubated in the water of the River Kemi at the Lautiosaari State Fish Hatchery, Kemimaa, Finland. On 7 June 1995, 150 to 200 yolk-sac fry from each female were bathed in 500, 250 or 12500 mg l⁻¹ thiamine hydrochloride Ph. Eur. (Oriola, Finland) for 1 h. A fourth series of fry, sham treated with water from the River Kemi, served as controls. Thus the experiment comprised a total of 28 groups of yolk-sac fry. The thiamine hydrochloride was dissolved in hatchery water and the pH of the solution was adjusted to that of the hatchery water (pH = 6.2 to 6.4) with sodium hydroxide p.a. (Merck, Germany). The water temperature during the experiment varied in the range 13 to 18°C (see Fig 2a, 'Results'), the temperature during immersion being 15°C. The flow rate to the incubation troughs averaged around 12 l min⁻¹, and the water was supplementarily oxygenated during the treatment. The fry were 282 to 383 day-degrees old (from fertilization) at the time of the treatment and showed no signs of any disorder. The fish were using their yolk-sac during the experiment, and this became exhausted at an age of 500 to 550 day-degrees. The test fry were not fed in the trays, but their siblings, which were being used for normal production of the farm (and were treated with 1000 mg l⁻¹ thiamine hydrochloride for 1 h) had begun to eat artificial feed at the same time as this experiment ended.

One day before the thiamine treatment the yolk-sac fry were put on 9 x 18 cm² aluminium trays, 3 of which were placed side by side in 2 plastic hatchery troughs. The trays representing the different treatment groups were placed randomly in the troughs. The fish were bathed in thiamine solution while on their trays. They were then observed daily and the dead individuals counted and taken away every 1 to 3 d. A sample of yolk-sac fry from each of the 7 females was taken for thiamine analysis 1 to 2 d before the bathing, and the same was done later for fish found lying on their side on the bottom of the tray, the numbers of which were included in the mortality for the date in question. Normally behaving fry which had been bathed in 12500 mg l⁻¹ thiamine hydrochloride and represented the progeny of 2 of the females were also taken for analysis at the end of the experiment.

**Injection trials with adult females (Expt 2):** A total of 48 Baltic salmon brood fish were caught with seine nets during the last 2 wk of June and the first week of July in 1995 from one point on the River Kemi, just downstream of the dam of the first hydroelectric power station, about 10 km from the river mouth. They were transferred to 2 circular glass-fibre tanks of diameter 6 m with a water depth of 1 m and were kept unfed in these tanks until stripping on October 12–17, 1995. During their first week in the tank they were anaesthetized with buffered tricaine methane sulphonate (MS-222™), measured for total length and weight, marked with a Carlin tag, and given a single intramuscular injection of ampicillin trihydrate (15 mg kg⁻¹, Penbritin vet.™ 150 mg ml⁻¹, Orion-Farmos, Finland) to prevent clinical furunculosis. At the same time 4 treatment groups were established:

1. Thiamine group, 19 females: treated with an intraperitoneal (i.p.) injection of thiamine hydrochloride at a dose of ca 100 (92 to 105) mg kg⁻¹. The solution was made by dissolving crystalline thiamine hydrochloride Ph. Eur. (Oriola, Finland) in distilled water and adjusting the pH of the solution to between 7 and 8 with sodium hydroxide to achieve a thiamine hydrochloride concentration of 125 mg ml⁻¹ in the solution.
2. Astaxanthine group, 10 females: treated with an i.p. injection of astaxanthine at a dose of ca 11 (10 to
Koski et al.: M74 syndrome in Baltic salmon fry

Daily mortalities were counted and dead fry removed. The fry taken for the measurement of total thiamine concentration were of the ages indicated in Fig. 4, 'Results'. Because of the onset of M74 mortality, there was not enough material for thiamine analysis in test series 3 (F in Fig. 4). The relative increase in total thiamine concentration (RIT) in the fry originating from the injected females was determined according to the formula (see Fig. 4 for symbols): 

\[ \text{RIT} = \frac{\text{conc. B} - \text{conc. C}}{\text{conc. A}} \]

The samples for the measurement of liver EROD activity were taken at the points marked B, C, E and F in Fig. 4, 'Results'.

**Thiamine analysis.** Immediately after sampling, the fry were put in polypropylene tubes, frozen in liquid nitrogen and kept at −70°C until the chemical analysis. The samples of eggs were handled in a similar way. Total thiamine concentration was analyzed by the high performance liquid chromatography (HPLC) method (Ollilainen et al. 1993), with the enzymatic hydrolysis modified according to Hägg (1995).

Homogenized sample (5 g) in hydrochloric acid (0.1 N; 65 ml) was autoclaved for 30 min at 120°C. After the samples had cooled to room temperature, the pH was adjusted to between 4.0 and 4.5 with sodium acetate, 5 ml of 5% clara-diastase (Fluka No: 27540) was added and the samples were incubated in a stirring machine at 37°C overnight. Trichloroacetic acid was added to precipitate soluble proteins. The mixture was filtered through Schleicher & Schuell No: 589 black ribbon filter paper and diluted to 100 ml.

Thiamine was oxidized to thiochrome. Five ml of the sample filtrate was mixed with 3 ml freshly prepared alkaline potassium ferricyanide solution (0.25 % [w/v] in 15% NaOH). After 1 min of stirring the mixture was neutralized with 1.5 M ortho-phosphoric acid and passed through a preconditioned solid-phase extraction (SPE) column (C18, Bond Elut). The column was washed twice with 1.5 ml phosphate buffer (pH 7.0) and thiochrome was eluted with 1.3 ml of a mixture of methanol and phosphate buffer (80:20).

The HPLC instrumentation consisted of a Waters 501 HPLC pump and 717 autosampler and a Shimadzu RF-535 fluorescence detector. Thiochrome was measured at an emission wavelength of 435 nm and an excitation wavelength of 366 nm. A Waters Novapak C18 reverse-phase column (5 µm, 150 × 3.9 mm i.d.) was used. The injection volume was 10 µl and the mobile phase was a mixture of methanol and phosphate buffer (30:70) at a flow rate of 1 ml min⁻¹. A thiamine hydrochloride standard (Merck No: 8181) was treated in the same manner as the samples.
Astaxanthine analysis. The muscle, egg and fry samples were put in polypropylene tubes immediately after sampling, frozen in liquid nitrogen and kept at -70°C to await chemical analysis.

Astaxanthine was analyzed by a modification of the HPLC method presented by Christophersen et al. (1989). Five grams of homogenized white muscle tissue or 1 g of eggs or yolk sac fry was mixed with a 3-fold amount of anhydrous sodium sulphate and the mixture was allowed to stand for 1 h. The colour of the sample was extracted with 50 ml (muscle) or 20 ml acetone (eggs and yolk-sac fry) for 3 periods of 30 min on a horizontal shaker, and the extracts were passed through filter paper, combined and rotary evaporated below +50°C. The residue in the case of eggs and yolk-sac fry was dissolved in 2 ml of 99% ethanol. For the muscle samples, the residue was dissolved in 10 ml hexane and uncoloured lipids removed by a pipette, after which the evaporation was repeated and the pigments dissolved in 2 ml 99% ethanol.

The standard stock solution of 1 mg ml⁻¹ astaxanthine (Roche) in chloroform was stored in the dark under nitrogen at -20°C, and working solutions of 1 μg ml⁻¹ were made daily and their concentrations checked spectrophotometrically. The standard concentration was calculated from the peak absorbances at 485 nm in chloroform using extinction coefficient 1900. The serial dilutions for the standard curve were made from the working solution. The standards and samples were passed through a 0.45 μm filter (Millipore) prior to HPLC.

HPLC was performed on a HP Hypersil BDS (250 × 4 mm i.d.) column with a mobile phase mixture of 80% MeOH/H₂O (9:1) and 20% ethyl acetate. The injection volume was 10 μl and the mobile phase flow rate 1 ml min⁻¹. Visible spectrophotometric detection was set to 472 nm. The HPLC instrument consisted of Waters model 510 HPLC pump, 717 Plus autosampler, a 486 Tunable absorbance detector and a system interface module.

EROD analysis. After 432 to 454 day-degrees post fertilization the liver of 20 yolk-sac fry (2 pools with 10 livers in each) from each of the groups of Expt 3 were sampled into small polypropylene tubes in melting ice. The livers were frozen in liquid nitrogen within 10 min at 4°C and the supernatant was discarded.

The virological examination was performed according to Midtlyng et al. (1992). Moribund fry (only in 1994) were fixed in neutral buffered 10% formalin, embedded in paraffin and stained with haematoxylin and eosin. For the bacteriological tests swabs from the kidney area of the fry were streaked on bovine blood agar (tryptic soy agar, CASO, Merck, Germany, containing 5% blood) and modified Shotts-Waltman agar containing 0.03% bromthymol blue instead of the 0.0003% suggested in the original article by Waltman & Shotts (1984). The agar plates were incubated aerobically at 22°C for 7 d. The virological methodology described by Midtlyng et al. (1992) was employed for the incubation of samples inoculated into BF-2, RTG-2, FHM or CHSE cells (2 to 3 cell lines per virological examination) at 15°C. In addition to the fry, the post-stripping brood fish (both males and females) were also tested virologically and for the presence of Renibacterium salmoninarum by the following methodology. A piece of kidney was homogenized 1:10 (w/v) in peptone-saline. The homogenate was centrifuged at 2200 × g at 4°C and the supernatant was discarded. The pellet was resuspended 1:1 in peptone-saline and inoculated with a loop on KDM2 and SKDM (Evelyn 1977, Austin et al. 1983), using a growth supplement according to Evelyn et al. (1990). The plates were covered with plastic foil, incubated at 15°C and examined for typical colonies once a week for 12 wk.

Statistics. Statistical analysis were carried out with SPPS/PC+ analytical software package (Norusis 1986). The likelihood ratio G-test and Spearman rank correlation were calculated according to Sokal & Rohlf (1995), however.

Thiamine bathing of the yolk-sac fry (Expt 1): The effect of the thiaminhydrochloride baths on mortality was analysed by the Friedman test (χ² statistic) 3 times after the baths: 2 d (i.e. 30 day-degrees) after bathing, when cumulative mortality in the control group was found to have exceeded 70% (i.e. 72 to 326 day-degrees after bathing) and on the last day of the experiment (30 June 1995, 360 day-degrees after bathing). The sign test after the Bonferroni method (Sokal &
In a study by Koski et al. (1995), the M74 syndrome in Baltic salmon fry was investigated. The M74 syndrome is characterized by signs such as light in color, loss of flight reaction to a spotlight, and inability to swim normally. The syndrome has been observed in feral Baltic salmon yolk-sac fry in Sweden (Norgren et al. 1993, Börjeson et al. 1995). The fish exhibited these signs after they became light in color and lost their flight reaction to a spotlight, falling to the bottom of the tray and unable to swim normally. Neither exophthalmus, bleedings nor oedema or white precipitates were consistently found in all the fry lying on the bottom of the trays—although each was present in some of them. The yolk-sac of the fry in the control groups had been used less than that of the seemingly healthy fry in the treated groups. The pathological, parasitological, bacteriological and virological examinations of the moribund fry did not reveal any infectious causal agent. The virological and bacteriological examinations of the brood fish were also negative.

RESULTS

The detection limit for thiamine in this system was estimated to be 30 pg. Reproducibility was tested using egg and liver samples. The intratest reproducibility (variation within a day) was calculated as a CV% (coefficient of variation): 4.0 for egg samples and 4.6 for liver samples. Recovery percentages were between 61 and 87% for liver samples and between 72 and 100% for egg and fry samples.

The fish in the control groups showed signs which have been seen in connection with the M74 syndrome in feral Baltic salmon yolk-sac fry in Sweden (Norgren et al. 1993, Börjeson et al. 1995). The fish became light in colour, and lost their flight reaction to a spotlight, after which they fell to the bottom of the tray and became unable to swim normally. At a glance only 0 to 5 of the total of about 4000 to 5000 fry tray⁻¹ were swimming in an atactic manner. Neither exophthalmus, bleedings nor oedema or white precipitates in the yolk-sac were consistently found in all the fry lying on the bottom of the trays—although each was present in some of them. The yolk-sac of the fry in the control groups had been used less than that of the seemingly healthy fry in the treated groups. The pathological, parasitological, bacteriological and virological examinations of the moribund fry did not reveal any infectious causal agent. The virological and bacteriological examinations of the brood fish were also negative.

Thiamine bathing of the yolk-sac fry (Expt 1)

Mortality in the control groups occurred rapidly, the whole group dying within a few days of the onset of signs of M74 (Fig. 1). A cumulative mortality of 70% was reached 85 to 326 day-degrees after the bathing. Mortality also occurred in the treated groups, especially in the 500 mg l⁻¹ series (Fig. 2a), and the eventual mean cumulative mortality values were 99% in the control series, 80% in the 500 mg l⁻¹ series, 28% in the 2500 mg l⁻¹ series and 14% in the 12,500 mg l⁻¹ series. Although the lower treatment concentrations did not give as good a protection as 12,500 mg l⁻¹, it is evident from Fig. 2a that they did delay the onset of the mortality.

It can be concluded from the Friedman χ² test statistic for the cumulative mortality data that the 4 treatments were followed by different levels of mortality (significance p = ca 0.73 and χ² = 1.20, 2 d after bathing, but p < 0.001 and χ² = ca 17.23 at the 2 later
points in time). Treatment with thiamine hydrochloride resulted in a lower mortality among the offspring of all 7 females when comparisons were made after the control groups had reached a cumulative mortality of 70% (2-tailed significance value \( p = ca 0.09 \) in the sign test after Bonferroni adjustment). At the end of the experiment the 500 mg l\(^{-1}\) group no longer differed from the control group (Fig. 2a, \( p = ca 0.45 \) in the sign test), but the 2500 mg l\(^{-1}\) and 12500 mg l\(^{-1}\) groups still had a lower cumulative mortality than the control and 500 mg l\(^{-1}\) groups (Fig. 2a, \( p = ca 0.09 \) in the sign test after Bonferroni adjustment). No difference could be found between the 2500 mg l\(^{-1}\) and 12500 mg l\(^{-1}\) thiamine hydrochloride groups (Fig. 2a, \( p = 1.00 \) in the sign test).

The results of the thiamine analyses of the fry are presented in Table 1. The total thiamine concentration in fry showing M74 signs was \( 0.19 \pm 0.01 \) mg kg\(^{-1}\) (mean \( \pm \) standard error of mean), with a range of 0.16 to 0.22 mg kg\(^{-1}\). That in the untreated fry, measured 1 to 2 d (13 to 28 day-degrees) before the bathing, was \( 0.14 \pm 0.01 \) mg kg\(^{-1}\), with a range of 0.10 to 0.17 mg kg\(^{-1}\).

**Injection trials with adult females (Expt 2)**

The pre-stripping mortality among the i.p.-injected females was 4/39, compared with 1/9 in the uninjected control group. The G-test result of \( G^2 = ca 0.006 \) (\( p > 0.90 \), df = 1) strongly suggests that mortality was not related to the injection. The G-test was also used to compare the frequencies of mortality in the 4 treatment groups, and again the result (\( G^2 = ca 6.242 \), \( p > 0.10 \), df = 3) did not suggest any relation between the treatment and mortality among the female fish.

The total thiamine levels in the newly stripped eggs and yolk-sac fry are presented in Table 2. The mean thiamine concentration in the eggs of the females injected only with thiamine was 4.88 mg kg\(^{-1}\) as compared with 0.28 mg kg\(^{-1}\) in eggs from the untreated females, a significant difference. The corresponding values for the yolk-sac fry were 3.90 and 0.24 mg kg\(^{-1}\), again a significant difference. Injection of the astaxanthine suspension had no significant influence on the thiamine values of the eggs or fry. The mean percentage decrease in thiamine concentration from newly stripped eggs to yolk-sac fry was nevertheless greatest in the group which received the astaxanthine suspension (Table 2), and the percentage decrease in thiamine concentration from newly stripped eggs to yolk-sac fry was greater in the group which received thiamine and astaxanthine than in the control or thiamine group. This difference was not statistically significant, however (Table 2). The p-values after Bonferroni adjustment of the Mann-Whitney U-test were 0.16 and 0.29, respectively.

The astaxanthine concentrations in the groups which received the astaxanthine suspension were 2.70 and 2.33 mg kg\(^{-1}\) on average as compared with 0.67 and 0.86 mg kg\(^{-1}\) in the groups which did not

![Fig. 2 (a) Mean cumulative mortality of yolk-sac fry after the various thiamine hydrochloride baths in Expt 1 and water temperature. (b) Mean cumulative mortality of the yolk-sac fry of the injected female brood fish in Expt 2 and water temperature](image-url)
Table 1. Whole-body total thiamine concentrations (mg kg$^{-1}$) in the fry of Expt 1

<table>
<thead>
<tr>
<th>Female</th>
<th>1–2 d before bathing</th>
<th>ford M74 symptomsa</th>
<th>at end of experimenta</th>
</tr>
</thead>
<tbody>
<tr>
<td>BS1890</td>
<td>0.16</td>
<td>0.21 (500)</td>
<td>ND</td>
</tr>
<tr>
<td>KD7285</td>
<td>0.15</td>
<td>0.17 (0); 0.16 (300)</td>
<td>ND</td>
</tr>
<tr>
<td>KD7288</td>
<td>0.16</td>
<td>0.20 (0)</td>
<td>1.12 (12500)</td>
</tr>
<tr>
<td>MH7884</td>
<td>0.10</td>
<td>0.18 (500)</td>
<td>ND</td>
</tr>
<tr>
<td>MH8035</td>
<td>0.11</td>
<td>0.21 (500)</td>
<td>ND</td>
</tr>
<tr>
<td>MH8042</td>
<td>0.17</td>
<td>0.22 (0)</td>
<td>ND</td>
</tr>
<tr>
<td>MH8382</td>
<td>0.16</td>
<td>0.19 (0)</td>
<td>ND</td>
</tr>
</tbody>
</table>

Concentration of the thiaminehydrochloride bath (mg l$^{-1}$) is in parentheses.

receive an astaxanthine injection (Table 2). According to the Bonferroni-adjusted Mann-Whitney $U$-test, we can be 99% sure that the values for the former groups will be greater than those for the last-mentioned ones (Table 2).

The curves for mean cumulative mortality during Expt 2 can be seen in Fig. 2b. At the end of the experiment the mean cumulative mortality among the offspring of the females injected with thiamine and astaxanthine was only 10 and 8%, respectively, but that in the groups which did not receive thiamine at all was 77 and 67%. It is unlikely that the decrease in mortality would have happened by chance (the $p$-values after the Bonferroni-adjusted Mann-Whitney $U$-test $< 0.05$, Table 2).

Expt 3

The whole body total thiamine concentrations for the yolk-sac fry, presented in Table 3, show that the values of the fry originating from uninjected females had increased ca 2- to 10-fold after the thiamine hydrochloride bath. The post-bath decrease in total thiamine concentration in the offspring of the thiamine-injected females was smaller than that in their control siblings, although the difference was not statistically significant (Table 3).

The mean EROD activity in the liver of the yolk-sac fry in the 8 control groups was 11.6 pmol mg$^{-1}$ protein min$^{-1}$ (range 2.6 to 34.3 pmol mg$^{-1}$ protein min$^{-1}$). The lowest EROD activities in the controls were detected in the groups with either a low (6 to 7%, $n = 2$) or a high (100%, $n = 4$) mortality. The mean of the cumulative mortality in the control groups was 63%, range 6 to 100%, the respective values for the offspring of the thiamine-injected females being 19% and 6 to 24%.

These figures differed significantly according to the Mann-Whitney test statistic ($W = 87$, $n = 8$, $p = 0.0436$).

<table>
<thead>
<tr>
<th>Treatment of female</th>
<th>N</th>
<th>Total thiamine concentration in the eggs (mg kg$^{-1}$)</th>
<th>Newly stripped eggs (mg kg$^{-1}$)</th>
<th>Mean (range)</th>
<th>Median</th>
<th>Decrease (%) in total thiamine concentration in the offspring of the thiamine-injected females</th>
<th>Cumulative mortality (%)</th>
<th>Mean (range)</th>
<th>Median</th>
</tr>
</thead>
<tbody>
<tr>
<td>No treatment</td>
<td>8</td>
<td>0.28 (0.18–0.37)</td>
<td>0.29 a</td>
<td>0.24 (0.17–0.36)</td>
<td>0.22 a</td>
<td>13 a</td>
<td>77 (6–100)</td>
<td>100 a</td>
<td>8 b</td>
</tr>
<tr>
<td>Thiamine</td>
<td>11</td>
<td>4.88 (3.60–5.85)</td>
<td>4.88 b</td>
<td>3.90 (2.66–5.19)</td>
<td>3.95 b</td>
<td>22 ab</td>
<td>10 (2–24)</td>
<td>67 (5–100)</td>
<td>33 b</td>
</tr>
<tr>
<td>Astaxanthine</td>
<td>9</td>
<td>0.34 (0.22–0.60)</td>
<td>0.34 b</td>
<td>0.22 (0.14–0.33)</td>
<td>0.21 a</td>
<td>19 a</td>
<td>33 (15–62)</td>
<td>67 (5–100)</td>
<td>33 b</td>
</tr>
<tr>
<td>Thiamine + astaxanthine</td>
<td>9</td>
<td>0.36 (0.34–0.39)</td>
<td>0.36 c</td>
<td>0.36 (0.34–0.39)</td>
<td>0.35 b</td>
<td>31 ab</td>
<td>22 (12–48)</td>
<td>32 (10–48)</td>
<td>31 ab</td>
</tr>
</tbody>
</table>
Table 3. Whole body total thiamine concentrations in the yolk-sac fry in Expt 3. A–E as shown in Fig. 4. N: number of groups of yolk-sac fry in each treatment. Different letters (a,b) indicate that the concentrations of the respective treatments in each column are not identical. ND = test not done. S = sign test, \( p = 0.070 \); W = Wilcoxon matched-pairs signed-ranks test result, \( Z = -2.0226, p = 0.043 \); M = Mann-Whitney U-test result, \( W = 77, p = 0.345 \)

<table>
<thead>
<tr>
<th>Group and sampling time</th>
<th>N</th>
<th>Mean (mg kg(^{-1}))</th>
<th>Range (mg kg(^{-1}))</th>
<th>Median (mg kg(^{-1}))</th>
<th>Statistical test result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fry of injected females.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>before bathing (A)</td>
<td>8</td>
<td>4.18</td>
<td>3.47–5.19</td>
<td>4.08</td>
<td>a</td>
</tr>
<tr>
<td>after bathing (B)</td>
<td>8</td>
<td>3.30</td>
<td>2.27–5.95</td>
<td>3.01</td>
<td>b</td>
</tr>
<tr>
<td>control group to B (C)</td>
<td>8</td>
<td>2.91</td>
<td>2.20–4.92</td>
<td>2.55</td>
<td>ND</td>
</tr>
<tr>
<td>Fry of noninjected females</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>before bathing (D)</td>
<td>5</td>
<td>0.27</td>
<td>0.21–0.36</td>
<td>0.23</td>
<td>ND</td>
</tr>
<tr>
<td>after bathing (E)</td>
<td>5</td>
<td>1.63</td>
<td>0.43–2.55</td>
<td>2.20</td>
<td>ND</td>
</tr>
</tbody>
</table>

The effects of thiamine treatment on the EROD activity in the liver of the yolk-sac fry in the different treatment protocols are presented in Fig. 3. EROD activity appeared not to differ significantly between the livers of thiamine-immersed and untreated fry. The Wilcoxon matched-pairs signed-ranks test result for the logarithmic transformation of the values for the offspring of the non-injected females was \(-0.4045 (n = 5, p = 0.6858)\) and that for those of the thiamine-injected females \(-1.2603 (n = 8, p = 0.2076)\). Similarly the EROD activity in the liver of the untreated yolk-sac fry of the thiamine-injected females could not be shown to differ from that in the fry of those left uninjected (Mann-Whitney test statistic \( W = 73, n = 8, p = 0.6454 \)). The Spearman rank correlation result regarding the association between RIT and liver EROD activity was \( r_s = -0.4524 \) for the fry of the thiamine injected females \((n = 8, p > 0.10, \text{EROD activities of B [Fig. 4]} \) and \( r_s = 0.700 \) for the fry of the uninjected females \((n = 5, p > 0.10, \text{EROD activities of D [Fig. 4]} \). Thus the null hypothesis of no linear correlation of the ranks of RIT and EROD could not be rejected.

**DISCUSSION**

The clinical signs of the dying fry in our control groups resembled those of the M74 syndrome described by Norrgren et al. (1993), Börjeson et al. (1995) and Lundström et al. (1996). The signs tended to
be mostly lethargy and to a lesser extent atactic swimming, the major sign described by these authors in Sweden. The macroscopic lesions described in fish in Sweden appeared to be less common in our control fry, but were still present. The magnitude, timing and the sudden occurrence of the mortality (Fig. 1), however, and the absence of infectious diseases, strongly suggest that the mortality in our control groups was indeed caused by the M74 syndrome.

**Thiamine bathing of the yolk-sac fry (Expt 1)**

The reduction in the yolk-sac fry mortality brought about by the thiamine bathing confirms the result of the preliminary trial by Bylund & Lerche (1995) on the benefit of thiamine for the treatment of clinical M74 in the Baltic salmon. Our results also show that thiamine hydrochloride baths can be used to prevent the syndrome—as in experiments conducted on yolk-sac fry of the Atlantic salmon suffering from the 'Cayuga Syndrome' in the USA (Fisher et al. 1996b). Our results (preliminarily reported by Koski et al. 1996) show a clear dose-dependent response in the prevention of M74 mortality in the fry by thiamine hydrochloride treatment, suggesting that there could be a causal relationship between the thiamine status of the developing fry and the M74 syndrome. The pathoanatomical changes reported by Lundström et al. (1996) and the thiamine data of Amcoff et al. (1996) also indicate that the deaths of fry suffering from M74 are caused by a thiamine deficiency.

The whole body total thiamine concentration reported for Baltic salmon fry suffering from M74 mortality in Sweden (mean ± standard deviation, SD, 0.031 ± 0.029 mg kg⁻¹) (Amcoff et al. 1996) is clearly lower than ours (mean 0.14 mg kg⁻¹), but that found in the Atlantic salmon fry suffering from the early mortality syndrome (EMS) in the Finger Lakes, USA, is close to ours. Fisher et al. (1996b) reported values just above the 0.1 mg kg⁻¹ detection limit of their total thiamine measurement method. The thiamine concentration in viable yolk-sac fry of the Swedish Baltic salmon (0.428 ± 0.406 mg kg⁻¹, Amcoff et al. 1996) is ca 3 times higher than in our M74 fry.

The lowest concentration of the thiamine hydrochloride used in the baths of this experiment (500 mg l⁻¹) was much lower than the 10 000 mg l⁻¹ used by Fisher et al. (1994, 1996b) and Bylund & Lerche (1995). We obtained a short-term effect even with this low concentration (Fig. 1a). As Fisher et al. (1996a) also conclude, the delay in the onset of the yolk-sac mortality obtained with such a low concentration is not good enough for fish farm practice. At the Lautiosaari State Fish Hatchery 1000 mg l⁻¹ thiamine hydrochloride baths for 1 h have been found effective for the prevention of M74, when given at an age of ca 300 days after fertilization. Some of the fry need to be re-treated in the late yolk-sac period, however. This method has been found cheaper and easier under the fish farm conditions than the use of 10 000 mg l⁻¹. In 1996-97 the bulk of the Baltic salmon fry produced at the Lautiosaari State Fish Hatchery have been treated in this way, resulting in ca 95% survival of the yolk-sac fry as compared with ca 25% in the fry from same females when left untreated. As there were no differences in yolk-sac fry mortality during the first 2 d after the treatments (Fig. 2a), we conclude that the thiamine hydrochloride did not have a negative effect on the fry immediately after the bath.

**Injection trials with adult females (Expt 2)**

The mortality rates and whole body thiamine concentrations of the newly stripped eggs and the yolk-sac fry in the treatment groups that received thiamine or thiamine and astaxanthine injection, differ from the values in the other groups (Table 2). The results show clearly that injection of the females with thiamine hydrochloride is of great practical importance in the farming of feral Baltic salmon fry (Table 2, Fig. 2b).

The egg astaxanthine concentrations in the control and thiamine-injected groups (Table 2) were lower than those reported by Pettersson & Lignell (1996) for the Baltic salmon, where an average astaxanthine concentration of ca 1.8 mg kg⁻¹ was found in the unfertilized eggs of a total of 125 feral females. The concentration in the groups that received the astaxanthine injection was roughly the same as reported by Pettersson & Lignell (1996) for the Swedish land-locked Lake Vänern salmon—ca 3.4 mg kg⁻¹, but clearly lower than that found by us in newly stripped eggs of the Atlantic salmon in the River Teno, Finland (own unpubl. results, mean concentration ca 8.3 mg kg⁻¹, range 5.1 to 12.0 mg kg⁻¹, n = 10). No M74 syndrome has been observed in Lake Vänern or in the Atlantic salmon of the River Teno. The injection of astaxanthine into the female brood fish did not have any effect on the cumulative mortality of the yolk-sac fry, but we did observe a greater proportional decrease in total thiamine concentration from newly stripped eggs to yolk-sac fry in the offspring of those females which had received astaxanthine (Table 2). This may indicate an interaction between astaxanthine and thiamine in the developing embryo or fry. In view of the beneficial effect of the thiamine injection alone on mortality of the yolk-sac fry, we do not consider it necessary to include astaxanthine in the injection given to the female brood fish for the prevention of M74.
Larsson & Haux (1996) reported that the injection of wiggling prespawning Baltic salmon with 100 mg kg$^{-1}$ thiamine hydrochloride led to a reduction in wiggling behaviour and mortality. The fact that no wiggling behaviour was observed in our fish may indicate a better general condition or thiamine status in the brood fish than in those used by Larsson & Haux (1996). The absence of any difference in mortality between the females in the different treatment groups in this investigation may be a reflection of this. Our results do not reveal any harmful effects of thiamine hydrochloride injections for female salmon.

The injection of thiamine into the females at a time when uptake by the eggs is still possible, offers an opportunity for enhancing the reproduction of wild Baltic salmon. According to Jokikokko et al. (1995), there has been a decrease in potential parr densities of feral Baltic salmon to one tenth of early levels in those Finnish rivers where natural reproduction of Baltic salmon still occurs. This collapse took place at the same time as a high increase in yolk-sac mortality among feral Baltic salmon was observed in Finnish fish farming. In our experiment, injection of the females did not affect the mortality of the brood fish at the Lautiosaari fish farm, nor was mortality observed in the wild salmon injected and released into the River Simo in the preliminary trial in 1996 (data not shown). The influence of thiamine injections given to wild females on smolt production in the Finnish Baltic salmon rivers would need further research, however.

**Expt 3**

The marked increase in the whole body total thiamine concentration observed in the fry from the non-injected females after the preventive thiamine hydrochloride bath strengthens our conclusion based on Expt 1 that it was the low thiamine status of the fry which was the direct cause of the M74 deaths.

Our results regarding the effect of the different thiamine treatments on EROD activities in the yolk-sac fry (Fig. 3) do not suggest any direct association between EROD values and thiamine treatment. This is particularly interesting because a parallel reduction in the mortality of the yolk-sac fry of the thiamine-injected females was found to that in Expt 2. This result confirms the results of Expts 1 and 2, showing that thiamine treatments reduced mortality in the fry. Our material is relatively small, however, and the variation in the activities is considerable (Fig 3), so that differences in EROD activity between the treatments might be found with a larger material.

Norrgren et al. (1993) reported EROD activities of several hundred pmol mg$^{-1}$ protein min$^{-1}$ in the yolk-sac fry of feral Baltic salmon in Sweden. The level of liver EROD activity observed in this work corresponds to values measured in the fry (Norrgren et al. 1993) and juveniles (Gresvik et al. 1997) of farmed salmon, and the same level of liver EROD activity has been measured in healthy farmed juvenile brown trout (Nakari 1997). Values must be compared with caution between reports, however, because there are many factors like water temperature, sampling method, sample processing and assay method of the enzyme which may affect the results and cause variation in the measurements of absolute activities between laboratories (Koivusaa et al. 1981, Munkittrick et al. 1991, Stagg & McIntosh 1996). For example, EROD activities measured from liver S-9 fractions were reported to be ca one-third to one-quarter of those measured from microsome fractions (Hodson et al. 1991, O’Hare et al. 1995). There are differences between different species, and even within the same species (Lindstrom-Seppä 1990). Also, wild fish respond to stress differently from hatchery-reared fish (Fitzsimons 1995).

In our material the groups of both healthy fry (mortality 6 to 7%) and M74 fry (mortality 100%) had low EROD activities in their liver samples, a finding which conflicts with that of Norrgren et al. (1993). The induction or inhibition of EROD activity is known to be quite rapid, only a matter of hours, as has been shown with organic xenobiotics by Pesonen & Andersson (1991). The personal communication of Norrgren (1995) on the limited duration of EROD induction in the M74 fry emphasizes this further. With regard to the negative result obtained in the attempt to find an association between RIT and liver EROD activity in the yolk-sac fry, it must be said again that our material is too small and its variation is too large to permit any firm conclusions to be drawn.

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