An epidemiological study of cataracts in seawater farmed Atlantic salmon *Salmo salar*

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ABSTRACT: Cataracts in farmed Atlantic salmon have been known for many years, but the aetiology and importance of the disease have not been clarified. A cross-sectional field study of 51 cages of Atlantic salmon at 49 randomly selected sea sites was performed during the summer of 1998. The target population was spring and autumn entry groups of the 1997 generation salmon. Approximately 15 fish from each cage, altogether 777 fish, were autopsied by the same person. Each eye of the fish was scored for cataracts on a scale from 0 to 4 using an otoscope lamp with magnification. The weight and length of each fish were measured. The prevalence of cataracts was 83% and 79% in spring entry groups and autumn entry groups, respectively. The overall mean cataract index (mean score of both eyes) was 1.23, being significantly higher in the spring entry groups (1.36) than the autumn entry groups (0.85). The final results in the spring entry groups showed that the fish groups with higher weight at sea transfer also had a higher cataract index at inspection. The risk of development of cataracts varied significantly among the offspring from the 5 strains represented in the study. Fish from sites located in 2 counties in the southern part of Norway had a significantly higher cataract index than fish farmed in the northernmost county in the study. For the autumn entry groups none of the explanatory variables was significant. In the spring entry groups a significant negative relationship was observed between the cataract score and the weight of the fish at the time of inspection (Pearson’s r = –0.17), while the corresponding correlation for the autumn released groups was r = –0.10. Among the spring entry groups the average weight of the fish with the highest cataract score was estimated to about a third of the weight of the fish with no visible cataracts.

KEY WORDS: Cataracts · Epidemiology · Atlantic salmon · Risk factors

INTRODUCTION

Cataracts are opacities in the eye lens or the lens capsule that mediate an abnormal dispersion of light through the lens and hence cause reduced visual ability and, ultimately, blindness. The opacities result from a disruption of the normal arrangement of the lens fibres or from alterations in the conformation or water-binding capacity of the proteins of the lens (Benedek 1997). As in other species, the fish lens can be differentiated into nucleus, perinucleus, cortical zone and lens capsule. In farmed Atlantic salmon, cataracts are often localised in the cortex, but extensive cataracts may also affect the nucleus (Bjerkaas et al. 1996, Wall 1998). The majority of cataracts reported in fish are considered irreversible, but osmotic cataracts and cataracts caused by water temperature fluctuations have been reported to be reversible (Hargis 1991).

Cataracts may be induced by a variety of noxious factors of a nutritional, environmental, chemical or infectious nature (Phelps Brown & Bron 1996). In salmonids several causes have been proposed for the development of cataracts, many of them nutritional:

Cataracts in seawater farmed salmon have been noticed for many years, but the incidence apparently increased in the 1990s. On the basis of a series of clinical investigations, Wall (1998) found a prevalence of cataracts ranging from 50 to 90% in Irish salmon farms in 1995 and 1996. Similar clinical findings were seen in Scotland during 1996. He reported a prevalence of cataracts varying from 5 to 90% in Norwegian seawater farms investigated during 1997. The cataracts developed around the time of smoltification in both freshwater and seawater reared fish (Wall 1998). In some sites a high number of fish showed marked lens opacities and those most affected appeared completely blind. In these sea sites, farmers reported a remarkable reduction in food consumption starting 3 to 4 wk before the signs developed. Vision is important for feed intake, and others (Page 1978, Bjerkås et al. 1996) have found an association between irreversible cataracts and reduced growth rate in farmed fish. Therefore, cataracts may have a potentially negative economical impact on salmonid aquaculture, and the ethical and animal welfare aspects of producing salmon with reduced eyesight are obvious.

The aims of the present field study of farmed Atlantic salmon transferred to seawater in 1997 were to (1) estimate the prevalence of cataracts, (2) analyse the association between some potential risk factors and the development of cataracts, and (3) analyse the relation between cataracts and the specific growth rate (SGR).

**MATERIALS AND METHODS**

**Design and farm selection.** A cross-sectional design was applied for the study. The target population was the Atlantic salmon smolts, fish transferred to sea during 1997. Groups transferred to sea between 1 March and 31 July 1997 were designated as spring entry groups, and groups transferred to sea between 1 September and 31 December 1997 were designated as autumn entry groups. Approximately 50 spring and autumn entry groups were selected in a proportion of 3:1, respectively. The study area was confined to the business area of 22 veterinary fish health services, which covers the coastline of Norway from the county of Rogaland in the south to the Troms county in the north (Fig. 1). Sea sites were selected proportionally to the number of sea sites in the various business areas and by a systematic random selection among 2 lists of sea sites in each area, 1 list covering spring entry sites and 1 covering autumn entry sites. A pool of substitutes was also generated in the same way.

**Field work and questionnaire.** The field work was carried out from 15 June to 2 September 1998. At each site, a net pen was chosen randomly among all pens containing either spring or autumn entry groups. Individual fish were captured by netting with a big catch net after crowding, a large landing net that was lowered in the middle of the cage or a hand net during feeding. The first 2 methods were preferred and were used for more than 50% of the net pens investigated. At least 15 fish from each cage were sampled and immediately subjected to eye examination, which was performed by the same investigator in all 49 sea sites visited. Before bleeding the fish were stunned by a blow to the head (41 sites) or anaesthetised with ben-
zocaine (8 sites). The fish were then placed in a tub of seawater, and each fish was examined for the presence of cataracts in a dark room (machine room, feed store) using a focal light source (otoscope lamp with magnification). The fish were held by an assistant during the eye examination to prevent corneal damage. Each eye was scored on a scale from 0 to 4 where score 0 represented no visible opacity and score 4 represented opacity of more than 75% of the cross-sectional area of the lens (complete cataract) (Wall & Bjerkås 1999). The location of the opacities in the lens was recorded and, thereafter, the fish were weighed and the fork length measured.

By interviewing the fish farmer and the local veterinarian, retrospective information on the fish sampled such as strain, egg supplier(s), smolt supplier(s), data on vaccination and sea transfer, diseases, monthly death rates, medical treatments, feed supplier, feed formula and feeding routines employed during the sea water production were collected. Any history of infectious pancreatic necrosis outbreaks indicating chronic damage to exocrine pancreas and thus potentially affecting uptake of nutrients from the feed was specifically recorded.

**Data processing and statistical analyses.** The statistical analyses were performed in SAS-PC System version 6.12 for Windows (SAS Institute Inc., Cary, NC, 1996).

The statistical analyses were performed separately on the spring and autumn entry populations because they were considered heterogeneous. For each fish examined, the cataract index, the mean cataract score of both eyes, was calculated. A general linear mixed model analysis using the individual fish as the statistical unit and the cataract index as the outcome variable was performed in PROC MIXED. This is a procedure based on maximum-likelihood estimation, and the likelihood-ratio statistic was used for comparison of the various models. The assumption of normality of the outcome was assessed by visual evaluation of the stem-and-leaf plots and normal probability plots. The likelihood-ratio statistic was used for comparison of the models. The elimination criterion was the type-III F-test, a p-value of 0.05 being used as the level for exclusion from the model. Some of the independent variables were correlated, but the estimated Pearson’s correlation coefficient was <0.7 between all pairs of tested variables.

The SGR, percentage growth d⁻¹ from the day of seawater transfer to the day of inspection, was calculated for each group using the equation \([\text{mean value of the fish-level weight for all in each group/mean group-level weight at sea transfer}]^{1/\text{days in seawater}} - 1 \times 100\). The Pearson correlation coefficient was used to analyse the relation between the mean group-level cataract index and the SGR for the group.

**RESULTS**

**Descriptive statistics**

Altogether 777 fish from 51 fish groups, situated in 49 sea sites were included in the study sample. The geographical locations of the sites are shown in Fig. 1. Few autumn entry groups were recruited from the northern part of Norway (Table 1), corresponding to the production patterns in this region, where sea transfer in autumn is less common than in the south. In total, 577 fish were sampled from 38 spring entry groups, and 200 fish were sampled from 13 autumn entry groups. All the spring entry groups except 1 consisted of 1 yr old (S1) smolts, whereas there were three 1½ yr old (S1½) and ten 6 mo old smolts (S½) among the autumn entry fish.

The fish originated from 15 egg suppliers and had been raised in 46 different smolt production units. At the time of seawater transfer, the average number of fish in each group of the spring and autumn entry fish was 270 720 (95% CI: 171 350 to 370 090) and 115 690 (95% CI: 53 390 to 169 080), respectively. Month of seawater transfer is listed in Table 1. During the seawater period, the fish in this study had been fed with pellets from 4 different feed manufacturers.

The autumn entry fish were slightly larger at vaccination and at sea transfer than the spring entry fish, but of course smaller at the time of sampling because of a shorter growth period and lower seawater temperature (Table 2).

Mean monthly mortality during the seawater period was 0.71% (95% CI: 0.48 to 0.94%) for the spring entry groups and 1.15% (95% CI: 0.51 to 1.79%) for the
autumn entry groups. In nearly half (45%) of the sea
sites clinical infectious pancreatic necrosis had oc-
curred on the fish during the seawater period. Most
infectious pancreatic necrosis outbreaks occurred in
June and November for the spring entry groups and
autumn entry groups, respectively.

Table 2. Weight of sampled groups of Atlantic salmon at the time of vaccination,
sea transfer and inspection. n: number

<table>
<thead>
<tr>
<th>Variable</th>
<th>Groups (n)</th>
<th>Mean weight (g)</th>
<th>95% CI</th>
<th>Min. value (g)</th>
<th>Max. value (g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight at vaccination</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spring entry</td>
<td>38</td>
<td>57</td>
<td>50–64</td>
<td>25</td>
<td>115</td>
</tr>
<tr>
<td>Autumn entry</td>
<td>13</td>
<td>64</td>
<td>44–84</td>
<td>34.5</td>
<td>140</td>
</tr>
<tr>
<td>Total</td>
<td>51</td>
<td>58</td>
<td>51–65</td>
<td>25</td>
<td>140</td>
</tr>
<tr>
<td>Weight at sea transfer</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spring entry</td>
<td>38</td>
<td>80</td>
<td>72–88</td>
<td>45</td>
<td>143</td>
</tr>
<tr>
<td>Autumn entry</td>
<td>13</td>
<td>108</td>
<td>79–137</td>
<td>50</td>
<td>200</td>
</tr>
<tr>
<td>Total</td>
<td>51</td>
<td>86</td>
<td>76–96</td>
<td>45</td>
<td>200</td>
</tr>
<tr>
<td>Weight at inspection</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spring entry</td>
<td>38</td>
<td>2908</td>
<td>2604–3212</td>
<td>1320</td>
<td>5319</td>
</tr>
<tr>
<td>Autumn entry</td>
<td>13</td>
<td>1206</td>
<td>825–1587</td>
<td>464</td>
<td>2327</td>
</tr>
<tr>
<td>Total</td>
<td>51</td>
<td>2474</td>
<td>2155–2793</td>
<td>464</td>
<td>5319</td>
</tr>
</tbody>
</table>
Ersdal et al.: Cataracts in farmed *Salmo salar*

Consequently in autumn entry fish (31%) than spring entry fish (23%). The majority of the fish with unilateral cataracts had minor changes (score 1) in the affected eye.

The mean group-level cataract index for spring and autumn entry groups was estimated to be 1.36 (95% CI: 1.13 to 1.59) and 0.83 (95% CI: 0.66 to 1.00), respectively. The variation within the autumn entry fish was not as large as the cataract index at pen level, varying from a minimum of 0.47 to a maximum of 1.50 (Table 3), while the corresponding values for the spring entry fish were 0.29 and 3.10.

### Association between explanatory variables and cataracts

For spring entry groups, 3 explanatory variables were included in our final model with the cataract index as the outcome: weight at sea transfer, strain and county (Table 4). Generally, the fish groups with higher weight at sea transfer also had a significantly higher cataract index at the time of sampling. Fish with an average weight of less than 64 g at the time of seawater transfer had a mean cataract index of 1.22, while the fish groups weighing more than 87 g scored on average 1.80.

Significant differences in cataract formation were observed between the offspring of some of the 5 Norwegian salmon strains represented in the sample of spring groups, with an adjusted mean cataract index of the poorest and the best strain being 2.39 (95% CI: 2.13 to 2.70) and 0.51 (95% CI: 0.14 to 0.96), respectively (Table 4).

### Weight at inspection and cataract index

For both populations a negative association was found between the cataract index and the weight of the fish, both determined at the day of examination (Fig. 3). The average weight of the fish with the highest cataract score among the spring entry groups was estimated to be 981.6 g, compared with a mean of 3093.4 g for fish without visible cataracts.

A significant negative correlation was observed between SGR and the cataract index in the spring entry (Pearson’s $r = -0.17$, $p < 0.0001$). In the autumn entry fish the corresponding estimate was negative but non-significant ($r = -0.10$, $p < 0.16$).

### DISCUSSION

In the present study, some degree of cataract formation was found in all the investigated fish groups, and the estimated overall prevalence of lens opacities was about 82%. The prevalence level is coincident with the findings of Bjerkås et al. (1996). According to Wall &
Bjerkås (1999), scores 2 and 3 in the scoring system are given when the opacity covers 10 to 50 and 50 to 75% of the lens area, respectively. Consequently, we believe that for nearly 30% of the fish that were given cataract score 2 or higher on both eyes the vision was impaired and that approximately 5% of the fish were effectively blind in 1 or both eyes. Seventy-five percent of the affected fish had bilateral cataracts, and the majority of those with unilateral cataracts had only minor changes in the affected eye. That the majority had bilateral cataracts indicates that the cause of the disorder is systemic, a hypothesis that is also supported by Bjerkås et al. (1996).

The prevalence and severity of findings varied considerably among sampling sites, but the overall prevalence of cataracts found in the current study is close to the maximum prevalence observed in Irish, Scottish and Norwegian fish farms by Wall (1998). His study covered smolts transferred to sea in 1996, and the agreements in the results in our studies confirm the severity of the cataract problem in salmon aquaculture.

In the present study, the severity of cataracts observed in autumn entry smolts was significantly less than in the spring transferred fish. This is contradictory to clinical observations from Ireland and Scotland in 1995–1996 (Wall 1998), where the autumn entry fish were more affected. The autumn entry fish of the current study were mostly S1⁄2 and thus most certainly of a different genetic pool from the spring entry group. Further, they had not been exposed to the high seawater temperatures during the late summer of 1997 and had therefore undergone a different growth pat-

<table>
<thead>
<tr>
<th>Variable</th>
<th>Category</th>
<th>Groups (n)</th>
<th>Fish (n)</th>
<th>Least square mean (95% CI)</th>
<th>p-value for the variable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight (g)</td>
<td>≤64</td>
<td>12</td>
<td>182</td>
<td>1.22 (1.02–1.41)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td></td>
<td>65–86</td>
<td>13</td>
<td>197</td>
<td>1.33 (1.17–1.49)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>≥87</td>
<td>12</td>
<td>182</td>
<td>1.80 (1.61–1.99)</td>
<td></td>
</tr>
<tr>
<td>County</td>
<td>Rogaland</td>
<td>2</td>
<td>30</td>
<td>1.22 (0.87–1.57)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td></td>
<td>Hordaland</td>
<td>5</td>
<td>76</td>
<td>1.99 (1.74–2.24)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sogn og Fjordane</td>
<td>4</td>
<td>46</td>
<td>2.30 (1.96–2.64)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Møre og Romsdal</td>
<td>7</td>
<td>105</td>
<td>1.20 (0.93–1.46)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sør-Trøndelag</td>
<td>5</td>
<td>76</td>
<td>0.88 (0.61–1.14)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Nord-Trøndelag</td>
<td>5</td>
<td>75</td>
<td>1.75 (1.50–1.99)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Nordland</td>
<td>8</td>
<td>123</td>
<td>1.05 (0.88–1.22)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Troms</td>
<td>2</td>
<td>30</td>
<td>1.21 (0.88–1.55)</td>
<td></td>
</tr>
<tr>
<td>Fish strain</td>
<td>T</td>
<td>2</td>
<td>31</td>
<td>0.51 (0.14–0.96)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td></td>
<td>R</td>
<td>4</td>
<td>60</td>
<td>2.39 (2.13–2.7)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>U</td>
<td>6</td>
<td>91</td>
<td>0.98 (0.7–1.23)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>V</td>
<td>2</td>
<td>33</td>
<td>1.99 (1.61–2.4)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>S</td>
<td>23</td>
<td>346</td>
<td>1.39 (1.3–1.5)</td>
<td></td>
</tr>
</tbody>
</table>

Table 4. The results from the final multivariate model of the cataract index as the outcome in the field study of Norwegian sea farmed Atlantic salmon groups transferred to sea in the spring and early summer of 1997. n: number

![Fig. 3. Box-and-whiskers plots of individual fish weight related to the cataract index at the time of investigation for the spring and autumn entry groups of seawater farmed Atlantic salmon](image-url)
tern. The results from the statistical analyses of data from autumn entry fish generally supported those from the spring entry sample, albeit statistically non-significant, due to a small sample size. The apparent discordance with Wall's (1998) results may be explained by undiscovered differences in the genetic properties and management of various populations studied.

In the present study it was shown that the risk for cataract development was significantly related to the heredity of the fish, an observation that supports the alleged importance of this factor (Wall 1998). The strains included in the present study have been subject to selective breeding based predominantly on growth rate, a trait that may be coupled to metabolic capacities of particular importance for lens development and growth. Whether the increased risk is directly related to genetic constitution or an indirect effect of genetically determined differences in growth patterns cannot be clarified by this study.

The summer of 1997 was hot and sunny with seawater temperatures above normal, especially in south Norway. Data from the Norwegian Meteorological Institute showed that the mean seawater temperature in August measured at Slåtterøy lighthouse in Hordaland county was 5°C above the normal mean temperatures for this month. In the current data, there was a marked gradient in summer water temperatures from south to north. Replacing the variable 'county' by the average water temperature of August 1997 as measured at 1 of the lighthouses located in the county in the statistical analysis gave corresponding results; however, the model fit was poorer than for the final model. We therefore believe that climatic conditions are among the dominant features of the geographic risk factor identified in this study.

The third significant risk factor for cataract development was high average weight when transferred to sea, coinciding with early sea transfer and with a longer time in seawater before investigation. During a normal freshwater production cycle, groups of large smolts fit for early sea transfer are formed through periodic grading. Early transferred groups consequently comprise a selection of those individuals showing the fastest growth in fresh water. Our findings therefore support the conclusions of Bjerkås et al. (1996) and Waagbo et al. (1996) regarding the association between cataract development and fast growth. The development of cataracts may be progressive in nature and early transferred groups were obviously at risk over a prolonged period of time, explaining the observed association between cataract index and time at sea.

In contrast to Wall (1998) we found no significant association between the prevalence or the severity of cataracts and specific feed brands. Differences in cataract index of groups fed various brands were evident when the relation was analysed separately, but when adjusted for the covariation with geographic location and smolt strain through the multivariate analysis, the effect of feed brand became non-significant. Several farmers used several feed brands and all of them had changed brands, formula or pellet size during the sea rearing period of the population under study. Therefore, the feeding information was not deemed sufficiently reliable to warrant further statistical analyses. The increment in the incidence of cataracts in seawater farmed salmon in Ireland, Scotland and Norway has been linked to the withdrawal of blood meal from the feed (Wall 1998). The eye lens is vulnerable as it has no blood supply of its own, and as a consequence is dependent on supply of nutrients from the anterior chamber fluid or aqueous humour. Fish eyes grow rapidly in juvenile life (Johns 1981) and the metabolic activity in the fish lens is high (Wei & Augusteyn 1994). Bjerkås et al. (1996) found that cataracts originate in the anterior lens pole and later in the posterior cortex. The outer cortical layers are the areas with the highest metabolic activity in the lens (Wei & Augusteyn 1994). During rapid growth a relative lack of some essential nutrients may therefore affect the development of the lens. Other possibilities are that the capacity of the enzyme systems in the lens is exhausted during fast growing periods or that the lens epithelium is not capable of using the nutrient supplies for production of correctly conformed lens proteins.

Some of the consequences of cataract development are indicated through our analysis of factors associated with reduced fish weight at the time of investigation. As can be seen in Fig. 3, the threshold to lower weight of individual fish is at a cataract index of 2.5, which affected nearly 14% of the fish in the current study. We believe that the reduced weight observed in the present study is a function of decreased feed intake because of visual impairment. This is also a likely explanation for the marked negative correlation between the SGR and average cataract index of the spring entry groups in this study. The SGR in this case is the average growth over a long period, indicating that irreversible cataracts pose not only a temporal, but also a long-term or even continuous influence on growth of the fish for the rest of the production cycle.

A representative selection of sea sites was attempted in the present study and, compared with the reference population, a fair representation of the main farming regions was reached. The county Hordaland, however, which is Norway’s largest in tonnage produced, was underrepresented, whereas the county Møre & Romsdal was overrepresented in the study sample. According to the regional differences in cataract develop-
mment, our estimate on cataract prevalence and severity in Norway as a whole may be conservative. A potential bias in the opposite direction was associated with the netting of sample fish out of large pens. Blind fish tend to swim near the surface in the cage and their actions are slower, making them easier to catch. The use of feed to attract fish to the surface to catch them by hand net might, however, favour the selection of well-sided individuals. The fish in the present study were investigated on-site as rapidly as possible after death to avoid osmotic lens changes, which can produce false positive results. The clinical findings during the investigations did not suggest that this posed a problem.

In conclusion, the present study has shown an unacceptably high prevalence of cataracts in farmed Atlantic salmon in Norway. The high prevalence raises questions concerning fish health and welfare and is a challenge for the industry. The results suggest that causative factors for cataract development in farmed salmon are of a systemic nature and associated with rapid growth. Studies of different design are, however, required to identify specific nutritional imbalance or metabolic bottlenecks leading to cataract development, to discriminate between secondary (growth rate mediated) and direct genetic risk factors, and to identify direct from indirect (growth rate mediated) effects of water temperature.

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LITERATURE CITED


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