Pseudoloma neurophilia infections in zebrafish Danio rerio: effects of stress on survival, growth, and reproduction

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ABSTRACT: Pseudoloma neurophilia (Microsporidia) is a common disease of zebrafish Danio rerio, including those used as research models. We conducted a study comprised of 4 separate experiments to determine the effects of husbandry stress on preexisting and experimental P. neurophilia infections and the subsequent effects on survival, infection onset and intensity, fish growth, and reproduction. In fish (AB strain) with preexisting infections, stress or feeding cortisol significantly increased mortality over 7 wk compared to no stress or cortisol treatment. In contrast, no mortality was observed in fish (TL strain) experimentally exposed to P. neurophilia over 10 wk. A third experiment involved experimental exposure of AB fish to P. neurophilia and exposure to crowding and handling stressors. No mortality was associated with P. neurophilia regardless of stress treatment over a period of 20 wk. However, the onset of infection occurred sooner in stress-treated fish. Stress significantly increased the mean intensity of infection (described as xenoma area/spinal cord area in histological sections) at Week 20 post-exposure (PE). In fish with preexisting infections, myositis was significantly greater in stressed and cortisol-treated fish than those not stressed. With experimental exposure of AB fish, stressed and infected groups weighed significantly less than the control group at Week 20 PE. Regarding fecundity, the number of larvae hatched at 5 d post fertilization was negatively associated with mean infection intensity among P. neurophilia-infected and stressed AB fish. These experiments are the first to show empirically that P. neurophilia can be associated with reduced weight and fecundity, and that stress can exacerbate the severity of the infection.

KEY WORDS: Pseudoloma neurophilia · Stress · Growth · Reproduction · Mortality · Microsporidia
Zebrafish are popular biomedical and environmental research models (Dahm & Geisler 2006, Scholz & Mayer 2008). Over the past 30 yr, zebrafish research has increased from a few to thousands of research laboratories worldwide, subsequently increasing the potential for dissemination and exacerbation of diseases such as microsporidiosis (Kent et al. 2009). Control of infectious diseases in zebrafish laboratories typically involves quarantine and chlorine disinfection of eggs (Westerfield 2007). Microsporidian spores are durable and remain infective for long periods (Shaw et al. 2000a), and chlorine treatments used for disinfecting zebrafish eggs have proven to be ineffective for killing Pseudoloma neurophilia spores (Ferguson et al. 2007). Optimizing rearing conditions may aid in controlling diseases of zebrafish such as microsporidiosis (Lawrence 2007). Infected fish often appear clinically healthy (Matthews 2004, Whipp & Kent 2006), suggesting that another factor, such as rearing environment, may play a key role in the severity of P. neurophilia infections.

Husbandry stress is often implicated in infectious diseases of cultured fishes (Schreck 1996). Stress is an adaptive and dynamic physiological state that occurs after an organism perceives a threat and attempts to restore physiological balance (Schreck et al. 2001). Chronic stress and elevation of cortisol is generally maladaptive, resulting in immune suppression and increased susceptibility to infectious diseases (Schreck 1996), and cortisol is typically used as an indicator of both chronic and acute stress in fishes (Barton 2002). In addition, stress reduces growth and reproductive fitness of fishes (Campbell et al. 1994, Schreck 2000, Schreck et al. 2001).

Under conditions of chronic stress and elevation of cortisol, immune suppression is typical and often contributes to increased disease prevalence and morbidity in fish populations (Kent & Hedrick 1987, Maule et al. 1989, Saeij et al. 2003). Matthews (2004) suggested that stress exacerbates microsporidiosis in zebrafish, but this has yet to be examined. We recently described increases in zebrafish whole-body cortisol following chronic crowding or acute handling stress (Ramsay et al. 2006, 2009a). In other animal models exposure to corticosteroids generally increases the intensity of microsporidiosis (Feng et al. 2006, Herich et al. 2006, Lovy et al. 2008).

In addition to increasing susceptibility to disease, stress also affects reproduction. Developmental biology is the cornerstone of zebrafish research, and a consistent supply of good quality eggs is fundamental to a productive zebrafish laboratory (Lawrence 2007, Westerfield 2007), yet there are no studies examining the effects of stress on zebrafish reproductive fitness. Pathogenic infections may also impair reproductive fitness. Heavy infections of Pleistophora mirandellae (Microsporidia) in the gonads of roach Rutilus rutilus were associated with intersex, and infected fish were unable to produce viable offspring (Wiklund et al. 1996). Golden shiners Notemigonus crysoleucas infected with Ovipleistophora ovariae had reduced fecundity and failed to spawn due to destruction of the ovaries (Summerfelt & Warner 1970). Additionally, infections with the cestode Ligula intestinalis, which occur outside of the gonad, reduce maturation and reproductive output of numerous cyprinids including roach R. rutilus and Rastrineobola argentea (Carter et al. 2005, Cowx et al. 2008).

There is currently no effective treatment for Pseudoloma neurophilia infections in zebrafish. Identifying factors affecting the exacerbation of P. neurophilia infections may aid in controlling outbreaks of disease in this intensively cultured biomedical research model (Reno 1998, Lawrence 2007). Furthermore, elucidating how husbandry-associated factors affect reproductive fitness will aid researchers in optimizing the reproductive output of zebrafish. The overall goal of this study was to understand how P. neurophilia affects the reproduction and growth of zebrafish and how these effects are modulated by physical husbandry stressors (i.e. crowding and handling) or feeding cortisol. The specific aims of this study, comprised of 4 separate experiments, were (1) to determine the oral dose of cortisol necessary to chronically elevate whole-body cortisol of zebrafish; (2) to determine if crowding and handling stressors or feeding cortisol affected infection intensity or mortality of adult zebrafish with preexisting P. neurophilia infections; (3) to determine if P. neurophilia affected the growth rate of zebrafish (TL strain) over 10 wk; (4) to determine the sequential development of P. neurophilia in zebrafish experimentally infected with the parasite including effects on growth, infection intensity, mortality, and reproduction.

**MATERIALS AND METHODS**

**Fish husbandry and sampling.** Experiments were conducted at the Zebrafish Disease Laboratory (ZDL; Oregon State University, Corvallis, OR, USA), using a flow-through system of de-chlorinated, de-gassed city water maintained at 28°C (ammonia, nitrite, chlorine: 0 ppm; pH: 6.5 to 7.2). Box aquarium filters with porous lava rock were placed into each tank for biological filtration. Photoperiod was 14:10 h light:dark. An acclimation period of 7 to 14 d was used prior to initiating experiments. Fish were fed during the acclimation and experimental periods. Feed was withheld 12 h prior to sampling.
Non-lethal sampling of fish consisted of anesthesia in 150 ppm buffered tricaine methanesulfonate MS-222 (Argent). Lethal sampling of fish consisted of an overdose of MS-222 (500 ppm). Wet weights (mg) and fork lengths (mm) were measured at various intervals during each experiment (specified in subsection ‘Experiments’). Condition factor (CF) was calculated using the formula: 100 × weight (mg) / length (mm)$^3$.

**Stress treatment.** Various stressors, including crowding, net handling with air exposure, and simulated transport, were administered as stress treatments during the experiments. These stressors all elevate zebrafish whole-body cortisol (Pottinger & Calder 1995, Ramsay et al. 2009a). Low water crowding involved removing the majority of the water from a tank, leaving the fish just enough water to stay upright; fish were typically crowded in this manner for 1 to 4 h. Fish were also temporarily crowded in a net by netting all of the fish from a tank, suspending the net out of the water for 10 to 30 sec, and placing the net containing fish back into the tank; fish were typically crowded in a net for 1 to 2 h. Acute net handling was also performed in which all of the fish were netted out of the tank and held suspended in the air for various periods ranging from 1 to 3 min; this procedure was often repeated after short periods of recovery (e.g. in net for 3 min, recover in tank for 3 min, in net for 3 min, and so on). Transport stress was administered by netting all fish out of the tank into a smaller tank. This tank was then transported to another laboratory to simulate transport experienced during sampling. Fish were occasionally, anesthetized with MS-222 (150 ppm) and allowed to recover prior to returning them to their tanks. These stressors were administered at random intervals and durations at least 5 d per wk over the entire experimental period (specified in subsection ‘Experiments’) to ensure that the fish did not acclimate to the stressors.

**Whole-body cortisol.** Whole-body cortisol was measured by the methods of Ramsay et al. (2006). First, whole zebrafish were homogenized and the lipid portion extracted using diethyl ether. The extraction efficiency was determined by adding tritiated cortisol to homogenized samples, extracting the samples, and measuring the amount of tritiated cortisol recovered. All samples were corrected for extraction efficiency and weight. Cortisol was measured in the extracted samples using a radioimmunoassay. The average extraction efficiency was 68%, similar to previous studies (Ramsay et al. 2006). Consistency between assays was verified by measuring cortisol in whole-body extracts spiked with known concentrations of cortisol. Intra-assay and inter-assay variation was accepted at no more than 10%.

**Histology.** Fish were euthanized, placed in Dietrich’s fixative (Gray 1954), and processed for histology. Preserved fish were de-calcified prior to processing using 5% trichloroacetic acid in Dietrich’s fixative. Mid-sagittal sections were cut and stained using a modified Kinyoun cold acid-fast method to identify *Pseudoloma neurophilia* spores and associated histological changes; acid-fast stains are effective at detecting microsporidian spores (Joseph et al. 2006). The method used was similar to that used by the National Institutes of Health (NIH) Zebrafish International Resource Center (ZIRC) diagnostic service at the University of Oregon (http://zebrafish.org/zirc/health/diseaseManual.php), except de-staining was reduced to less than 1 min to enhance red staining of spores.

Infection intensity was normalized by measuring the area of parasite (xenomas) occupying visible spinal tissue, using SPOT™ Advanced Imaging software (Diagnostic Instruments). Infection intensity was calculated for each fish with *Pseudoloma neurophilia* infections visible by histology. The area of visible spinal tissue was measured, followed by the area of xenomas and spores in the spinal tissue. All visible spinal tissue was examined on each histological slide; this involved examining 3 to 7 fields of view per fish in order to capture all spinal tissue. The percent area occupied by *P. neurophilia* was then calculated to give xenoma area. Myositis in individual fish was evaluated using a scoring system (0 = no myositis, 1 = 1 area of myositis, 2 = 2 areas of myositis, 3 = 3 or more areas of myositis).

**Experiments.**

**Cortisol-dose experiment (AB strain):** A preliminary study was performed to determine what dose of cortisol, administered by feeding, would elevate zebrafish whole-body cortisol levels. Adult zebrafish (13 mo old, 120 fish; AB strain; Westerfield 2007) were obtained from a zebrafish facility. We randomly allocated fish to 4 acrylic tanks (10 l, 30 fish per tank) and acclimated for 1 wk. Fish in each tank were exposed to different doses of cortisol by feeding (0, 5, 33, and 100 µg cortisol g$^{-1}$ feed). Cortisol (hydrocortisone, Sigma 4001) was dissolved in ethanol and sprayed onto a zebrafish diet (Zeigler Bros.) at the appropriate dose. Cortisol-treated feed was allowed to dry overnight in a fume hood and stored at −20°C. The dose of cortisol was verified by the methods of Ramsay et al. (2006). Fish were fed to satiation twice daily and feeding behavior was monitored. Whole-body cortisol was measured from 5 fish per tank before beginning the experiment (Week 0) and at Weeks 1, 2, 4, and 6 post-exposure (PE).

**Preexisting infection (AB strain):** A population of zebrafish (AB strain; 13 mo old; 66% male, 33% female) with a preexisting *Pseudoloma neurophilia* infection was obtained from a zebrafish facility. Six acrylic tanks (16 l) were each stocked with 50 fish. The following treatments were administered to the tanks over a period of 7 wk: (1) Stress: 2 tanks received the stress treatment. (2) Cortisol-fed: 2 tanks were fed...
cortisol-treated zebrafish diet. The dose of cortisol was determined from the cortisol-dose experiment, which determined changes in whole-body cortisol in zebrafish fed different doses of cortisol over a period of 7 wk (see Fig. 1A). Cortisol feed was prepared at a dose of 10 µg cortisol g⁻¹ feed as described in the subsection ‘Cortisol dose experiment’ above. (3) Control: the remaining 2 tanks were held at the acclimation conditions (3 fish l⁻¹). The stressed and control tanks were fed zebrafish diet sprayed with absolute ethanol and air-dried overnight.

We evaluated morbidity and mortality over a period of 7 wk as well as changes in clinical disease associated with Pseudoloma neurophilia infection. On Day 1, 5 fish were lethally sampled from each tank (n = 30) and processed for histology to determine the baseline indices of disease for the population (xenoma area and myositis). At Weeks 1 and 6, whole-body cortisol was measured in 5 fish per tank; in the stressed fish, cortisol was measured 15 min following net handling and air exposure in order to measure peak cortisol response (Ramsay et al. 2009a). Fish were weighed and measured on Day 1 and at Week 7 of the experiment to determine differences in growth between treatments.

**Experimental exposure and growth (TL strain):** A preliminary experiment was conducted to evaluate the effects of Pseudoloma neurophilia infection on body weight. A total of 66 fish (5 mo old, TL strain; Westerfield 2007) were initially divided into 2 tanks (16 l). One tank of fish was exposed to P. neurophilia by placing the carcasses of 20 fish infected with P. neurophilia (minus viscera) into the tank for 4 d. The second tank was exposed in a similar manner to carcasses from infection-free fish. Each tank was divided (2 controls and 2 exposed) and held for 10 wk. Fish were then weighed and the infection determined by screening spinal cords in tissue smears using Fungi-Fluor chitin stain (Polysciences) (Kent & Bishop-Stewart 2003). Length data are not provided, as the tails of TL fish are long and variable in length making accurate comparisons difficult.

**Experimental exposure, stress, and fecundity (AB strain):** Approximately 600 juvenile zebrafish (AB strain; 4 wk old) from Pseudoloma neurophilia-negative adults were obtained from a zebrafish facility. These fish were randomly allocated to 8 tanks and acclimated for 2 wk. During the acclimation period fish were fed brine shrimp Artemia sp. nauplii, and zebrafish larval diet (Westerfield 2007). Diets were changed during the experiment as fish grew. Adult zebrafish diet, in addition to brine shrimp nauplii, was fed to the fish after 3 mo of age. Prior to initiating the experiment, 20 fish were lethally sampled from the population to determine the baseline, weight, and length, and to identify any existing P. neurophilia by histology. The following 4 treatments were randomly assigned to the tanks: P. neurophilia (hereafter ‘Pseudoloma’, Stress, Pseudoloma–Stress, and Control. Stress treatment was administered starting at Week 2 PE to the Stress and Pseudoloma–Stress tanks and continued at random intervals and durations for the experimental period (20 wk). Control fish were maintained at the acclimation density (4 fish l⁻¹) and not crowded, handled, or transported, except during spawning (see next subsection).

We exposed fish to Pseudoloma neurophilia by harvesting spores from zebrafish infected with P. neurophilia and feeding the spores to the infection groups. A total of 40 fish infected with P. neurophilia were euthanized. The brains and spinal cords were removed, minced in sterile deionized water, and passed through sterile needles of decreasing size (18, 23, 26 gauge) to break up the tissue. The tissue was then passed through a cell strainer (40 µm) and centrifuged (2000 × g) for 20 min. The pellet obtained from centrifuging was re-suspended and the centrifugation repeated. The spores in the re-suspended pellet were counted using a hemocytometer. Fish in the tanks assigned to be infected with P. neurophilia were fed spores at a dose of 10,000 spores fish⁻¹. During the exposure, water flow into the tanks was turned off, and fish were fed brine shrimp to promote ingestion of spores. At this time, control and stress tanks were sham-exposed by feeding brine shrimp with the water to the tanks turned off.

**Histology, growth measurement, and spawning.** At Week 4 PE, 10 fish were removed from each tank, euthanized, weighed, measured, and processed for histology. Fish were paired spawned at Weeks 8, 13, and 20 PE prior to being sampled. We evaluated the effects of each treatment on fecundity, including the number of eggs spawned, the number of larvae hatched at 5 d post fertilization (dpf), and the percent larvae hatched at 5 dpf. We chose 5 dpf because first feeding occurs at about this time (Westerfield 2007). Feeding is highly variable among larvae, and we did not want differences in feeding among larvae to be a factor affecting survival.

Spawning was performed according to protocols used by Westerfield (2007). We spawned 5 pairs of fish from each treatment tank (10 pairs per treatment) at Weeks 8, 13, and 20 PE. From each tank, 5 males and 5 females were randomly selected and paired. In the afternoon (15:00 to 16:00 h) of the day before the spawning was to occur, each pair was placed into a crossing tank with screen insert and divider (Thoren Aquatics); the male was placed on one side of the divider and the female was placed on the other side of the divider. When the lights came on the next morning (08:00 h), the divider was removed from the crossing cage, allowing the pairs to spawn. Pairs were left to
spawn for up to 4 h. If fish did not spawn within 2 h, water changes were performed to facilitate spawning, as suggested by Westerfield (2007).

After the fish had spawned, they were removed from the crossing tank, euthanized, weighed and measured, and placed into Dietrich’s fixative for histology. Eggs were carefully rinsed with clean water from our fish system, counted, and placed into polystyrene Petri dishes (95 × 15 mm; Fisher Scientific) containing embryo media at a density of 50 eggs per dish. Dead eggs were removed daily, and the number of hatched larvae was recorded up to 5 dpf. Subsequently, the percent larvae hatched at 5 dpf was calculated.

Group spawning of each tank was performed at Weeks 6, 10, and 15 PE to ensure fish did not become egg-bound, as suggested by Westerfield (2007). Spawning was set up according the methods of Westerfield (2007). In the afternoon on the day before the spawning was to occur, all fish were netted out of their tanks. A tank insert with a false bottom was placed into the treatment tanks, which allowed eggs to fall through the bottom. Each group of fish was returned to its respective tank. Spawning occurred the next day after the lights came on. Fish were then removed from the tank inserts and placed back into the tanks.

Statistics. Statistical analyses were performed using S-PLUS 7 software (Insightful). In each analysis, normal distribution of the data was determined by plotting the residuals and verifying linearity. For the preliminary cortisol-feed dose-response study, we compared mean cortisol values of each dosage group using an analysis of variance (ANOVA) with Fisher’s least significant difference (LSD) test. For whole-body cortisol, weight, length, xenoma area, and myositis score, duplicate treatment tanks within each study were compared using a Welch’s modified t-test and pooled if there was no significant difference between the duplicates. Pooled cortisol, weight, length, xenoma areas, and myositis scores of different treatments within each study were compared using an ANOVA with Fisher’s LSD. We used Fisher’s exact tests to evaluate the association between treatment group and prevalence of infection, mortality, and spawning success. We compared the number of eggs produced and the number of 5 dpf larvae produced by each treatment group using an ANOVA. The relationship between the number of eggs laid or the number of hatched larvae or the percent larvae hatched and infection intensity (xenoma area) was determined using regression analyses. The data were explained by fitting a regression model to the data \((y = mx + b)\), where \(y\) = eggs laid or hatched larvae or percent hatched and \(x\) = xenoma index, \(m\) = slope of the line, and \(b\) = \(y\)-intercept. Significant differences were reported at \(\alpha = 0.05\).

RESULTS

Cortisol-dose experiment (AB strain)

Mean whole-body cortisol was highest among fish fed 5 or 33 \(\mu\)g \(g^{-1}\) cortisol for 6 wk (Fig. 1A). Feeding activity was reduced in the 100 \(\mu\)g \(g^{-1}\) cortisol group, and this group had whole-body cortisol levels similar to those of the control dose (0 \(\mu\)g \(g^{-1}\) cortisol) at Week 6 PE. Therefore, we selected a dose of 10 \(\mu\)g \(g^{-1}\) cortisol (between 5 and 33 \(\mu\)g \(g^{-1}\) cortisol) for the preexisting infection (AB experiment) in order to ensure consumption of cortisol feed and elevation of whole-body cortisol.

Preexisting infection experiment (AB strain)

Whole-body cortisol. Replicate tanks of the same treatment were not significantly different; therefore we pooled the data. Whole-body cortisol was significantly higher in the stressed groups compared to the control and cortisol-fed groups at both Week 1 and Week 6 PE (Fig. 1B). There were no significant differ-

![Graph A](image1)

**Fig. 1.** *Danio rerio*. Cortisol-dose experiment (AB strain). (A) Mean whole-body cortisol (ng g\(^{-1}\); ±SEM) after feeding fish 0, 5, 33 and 100 \(\mu\)g cortisol \(g^{-1}\) feed for 0, 1, 2, 4, and 6 wk. Letters over the SEM bars indicate a significant difference between cortisol dose groups at each time post-exposure (PE) to cortisol feed (there were no significant differences between cortisol dose groups at Weeks 0 or 1 PE). (B) Mean cortisol (ng g\(^{-1}\); ±SEM) in groups exposed to no stress, cortisol-fed, or exposed to stress for 1 or 6 wk. Different letters over the SEM bars indicate significant differences between groups (\(p < 0.05\)).
ences between the control and cortisol-fed groups at either Week 1 or Week 6 PE. Among stressed fish, cortisol was significantly lower at Week 6 compared to Week 1 PE.

**Weight, length, and CF.** The overall mean initial weight of fish was 509 ± 11 mg and the overall mean final weight of fish was 544 ± 16 mg; with no significant difference between treatment tanks at either Week 1 or Week 7 PE. Additionally, the initial and final weights did not differ significantly from one another, although there was a trend toward increasing weight over time (p = 0.06). The mean length of fish did not differ between treatments. Final length (34 ± 0.3 mm) was significantly greater than initial length (33 ± 0.2 mm). CF did not differ significantly between treatment groups or over time (mean = 1.35 ± 0.01).

**Cumulative mortality, prevalence, and indices of infection.** There was some mortality in all tanks (Fig. 2). Mortality occurred earliest among the stressed and cortisol-fed groups during the first week after the treatments were administered. A second wave of mortality occurred in the stress and cortisol-fed groups during Weeks 3 and 4 of treatment. The final phase of mortality occurred from Week 5 to Week 7 in all groups including the control. At Week 7, there was a significant association between treatment and mortality, with greater mortality occurring among the stress-treated fish compared to control fish (p = 0.018).

Histological examination of infected fish from the preexisting infection (AB experiment) exhibited characteristic microsporidiosis, including multiple xenomas in the central nervous system, particularly in the spinal tissue, as well as xenomas in the muscle tissue, along with myositis associated with chronic inflammation of the somatic muscle (Fig. 3). Additional tissue reactions included meningitis associated with rupturing xenomas. An example of the SPOT™ analysis used on histological sections to determine the xenoma area occupying visible spinal tissue is provided (Fig. 3A). All fish were positive for *Pseudoloma neurophilia*, which precluded examination of differences in the prevalence of infection between treatment groups. The xenoma area did not differ between treatment group (overall mean = 0.85 ± 0.1 %). However, the stress group had a significantly higher mean myositis score than all other groups, while the cortisol-fed group had a significantly higher myositis score than the control group. The mean myositis score of the control group was not significantly different from the baseline group (Fig. 4).

**Experimental exposure (TL strain)**

Ten weeks after exposure, *Pseudoloma neurophilia*-exposed fish were visibly smaller than controls, and females in the control tanks were particularly more rotund than those in the exposed tanks. *P. neurophilia* spores were observed in the spinal cords or hind brains of all exposed fish, whereas no spores were detected in the control fish. No significant difference in weight was found between the replicate treatment tanks, so the data were pooled for each treatment. The control group weighed 27 % more than the *P. neurophilia*-exposed group (control = 484 ± 23 mg; *P. neurophilia* = 354 ± 14 mg).

**Experimental exposure, stress, and fecundity (AB strain)**

**Weight, length, and CF.** The mean initial weight of zebrafish at the time of infection was 30 ± 0.5 mg. Weight increased over time from Week 4 to Week 13 PE in all groups (Fig. 5A). At Week 20 PE, the control group weighed significantly more than any other group (Fig. 5A). The initial length of zebrafish was 15.1 ± 1.6 mm, and the final length was 31.5 ± 0.3 mm, with no significant difference between treatment groups at each time PE. CF increased over time from 1.04 to 1.1 and did not differ between treatments at each time PE. Interestingly, at Week 20 PE, none of the Control fish had a CF >1, whereas several individuals from the Stress, *Pseudoloma*, and *Pseudoloma*–Stress groups had a CF <1 (Fig. 5B).

The individual weights, lengths, and CFs of the fish remaining at Weeks 40 and 52 PE are shown in Fig. 6. Generally, fish from the *Pseudoloma neurophilia*-infected tank were smaller than those from the uninfected tanks. Statistics were not performed due to lack of replication among treatment tanks (see further explanation in ‘Fish remaining after Week 20 PE’).

**Cumulative mortality, prevalence, and indices of infection.** Accidental mortality occurred on occasion during stress protocol or tank cleaning but no *Pseudoloma neurophilia*-associated mortality occurred in any
group until almost 1 yr after exposure. No *P. neurophilia* was identified in any of the fish prior to experimental exposure. Histological presentations of the infection were similar to those seen in the preexisting infection experiment (AB strain). One fish in the *Pseudoloma* group was infected at Week 4 PE. At Week 8 PE, there was a significant association between stress treatment and infection prevalence; 55% of the *Pseudoloma*–Stress group and 16% of the *Pseudoloma* group were positive for the microsporidium. By Week 13 PE, almost 100% of these experimentally infected fish were positive for *P. neurophilia* regardless of stress treatment. At Week 20 PE, 95% of the *Pseudoloma* group and 100% of the *Pseudoloma*–Stress group were positive (Fig. 7). None of the control or stress tanks had any infection from Week 4 to Week 20 PE.

At Week 4 and Week 8 PE, only a few fish were infected from the *Pseudoloma* tanks, and mean xenoma area was not affected by stress treatment. Among the *Pseudoloma* tanks, mean xenoma area did not differ between treatment groups at Week 13 PE, but at Week 20 PE the *Pseudoloma*–Stress group had a significantly higher xenoma area than the *Pseudoloma* group (Fig. 8A). There was a trend toward increased mean myositis score with stress (p = 0.09) (Fig. 8B). However, due to the large amount of variation in myositis score, there was no significant difference between stressed and non-stressed groups. Among the fish remaining 1 yr PE in the single remaining *Pseudoloma*–Stress tank, 16 of 18 fish were positive for *P. neurophilia*, with a median xenoma area of 0.5%. Additionally, 3 fish in the control tanks were positive for *P. neurophilia*.

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Fig. 3. *Danio rerio*. Histological sections of zebrafish infected with *Pseudoloma neurophilia*. Acid-fast. (A) Sagittal section of spinal cord, with measurements of xenomas (µm²). Spinal cord area is 3422 µm². Scale bar = 100 µm. (B) Xenoma in somatic muscle. Scale bar = 20 µm, Focal, chronic myositis with numerous spores (arrows). Scale bar = 20 µm.
Fecundity and its relationship to infection indices.

Fecundity data are reported in Table 1. There was no effect of treatment (Control, Stress, Pseudoloma, Pseudoloma–Stress) on the number of pairs that successfully spawned at any Week PE. We did not find any effects of treatment on the mean or median number of pairs that successfully spawned.

Fig. 4. *Danio rerio*. Preexisting infection experiment (AB strain). Mean myositis intensity score (±SEM) in fish with existing *Pseudoloma neurophilia* infections. Myositis was assessed by sagittal histological sections of whole zebrafish. Myositis intensity scoring: 1 = 1 area of myositis; 2 = 2 areas of myositis; 3 = 3 or more areas of myositis. The baseline group was sampled prior to initiating treatments. Treatments included no stress, feeding cortisol, or stress for 7 wk. Different letters over the SEM bars indicate significant differences between groups (p < 0.05).

Fig. 5. *Danio rerio*. Experimental exposure, stress, and fecundity experiment (AB strain). (A) Mean weight (mg; ±SEM) over time (week post exposure, PE) in groups exposed to stress, *Pseudoloma neurophilia* (*Pseudoloma*), *P. neurophilia* and stress (*Pseudoloma–Stress*), and Control (no stress, no *P. neurophilia*). (B) Condition factors (CFs) of individual fish in Control, Stress, *Pseudoloma* and *Pseudoloma–Stress* groups at Week 20 PE. (O) male fish, (Δ) female fish. Dotted line indicates a CF of 1.

Fig. 6. *Danio rerio*. Experimental exposure, stress, and fecundity experiment (AB strain). Individual weights (mg), lengths (mm) and condition factors (100 × weight/length³) of fish at Weeks 40 and 52 post-exposure (PE) to *Pseudoloma neurophilia*. (O) male fish, (Δ) female fish. *Stress and Pseudoloma–Stress* groups received stress treatment until Week 23 PE.

Fecundity data are reported in Table 1. There was no effect of treatment (Control, Stress, *Pseudoloma*, *Pseudoloma–Stress*) on the number of pairs that successfully spawned at any Week PE. We did not find any effects of treatment on the mean or median number of...
We did not see any effects on the number or percent larvae hatched at 5 dpf. Within each treatment group, there was no effect of time (Week 8, 13, 20 PE) on egg production or larvae hatched.

At Week 20 PE, there was a negative natural logarithmic relationship between the number of eggs laid and xenoma area in the Pseudoloma–Stress group, with males and females combined, described by the following equation: number of eggs laid = 80 – 61 ln (xenoma area); R² = 0.25; p = 0.025 (Fig. 9A). There was a similar relationship between the number of larvae hatched at 5 dpf described by the following equation: 61 – 63 ln (xenoma area); R² = 0.3; p = 0.01. At Week 20 PE, fish from the Pseudoloma–Stress group with a xenoma area >0.8% produced fewer than 75 larvae. Although there was no significant relationship between the percent larvae hatched at 5 dpf, there was a trend toward a negative natural logarithmic relationship (p = 0.06). Among the Pseudoloma group (no stress) at Week 20 PE, there was no significant relationship between fecundity and xenoma area (Fig. 9B).

**Fish remaining after Week 20 PE.** Due to a lack of mortality during the experimental period, a number of fish remained in each tank after the Week 20 PE sampling. We continued to monitor these groups for infection. However, at Week 23 PE, all fish in 5 of the 8 tanks died from an unexpected failure of the tank water system. We continued to monitor fish from the surviving tanks (1 control tank, 1 stress tank, 1 Pseudoloma–Stress tank) but no longer administered stress treatment. Fish from these tanks were all weighed and measured at Week 40 PE. Fish from the Pseudoloma tank started to die between Weeks 40 and 52 PE; all fish were euthanized, weighed and measured, and examined by histology at Week 52 PE. Weight, length, and CF data are reported, including median values, but the treatments were not compared using statistical tests due to a lack of tank replication.

**Background infection with Mycobacterium spp.** A small number of fish in both studies tested positive for Mycobacterium spp. by histology. The majority of mycobacteria were found in the swim bladder and ovaries. In the preexisting infection experiment (AB strain), 22 out of 202 fish (11%) were positive for mycobacteria. With experimental exposure, stress, and fecundity experiment (AB strain), a single fish was positive for mycobacteria out of over 400 sampled.

**DISCUSSION**

Pseudoloma neurophilia is the most prevalent disease of laboratory zebrafish. The infection is often associated with morbidity (de Kinkelin 1980, Matthews et al. 2001), but infected fish are often asymptomatic. This is based on examination of hundreds of zebrafish from many laboratories submitted to the ZIRC diagnostic service (http://zebrafish.org/zirc/health/index.php) over the past 10 yr, which included apparently healthy fish for routine health checks (Matthews 2004).
Size and infection

Disease tends to limit the growth potential and condition of fishes. *Pseudoloma neurophilia*-infected zebrafish are often referred to as having ‘skinny disease’ (Matthews et al. 2001), suggesting that microsporidiosis is associated with weight loss or poor growth. Here we present the first empirical data supporting this observation. Our 2 laboratory transmission experiments with TL and AB zebrafish demonstrated that *P. neurophilia* is associated with reduced size. There are many examples of reduced growth associated with chronic parasite infections (Crompton 1986, Beamish et al. 1996, Barber & Svensson 2003). Specifically, Speare et al. (1998) showed that infections by *Loma salmonae* in rainbow trout caused reduced growth, but growth was compensated following recovery. Furthermore, *L. salmonae*-associated reductions in growth were associated with xenoma onset and accompanied by a reduction in feed intake (Ramsay et al. 2004). It is not known whether zebrafish recover from *P. neurophilia* or if autoinfection occurs as is believed to occur for some fish-infecting microsporidia (Rodriguez-Tovar et al. 2003, Matos et al. 2003, Kent & Speare 2005). With *P. neurophilia* infections, zebrafish did not recover over the duration of the study, and they were smaller in size at Week 20 PE than the control group. Perhaps the most analogous infection to *P. neurophilia* is *Encephalitozoon cuniculi*, which infects rabbits and other mammals (Wasson & Peper 2000). Both species of microsporidia are widespread in their respective hosts, including within research laboratories. Both cause encephalitis and meningitis, but many animals are asymptomatic. Infections by *E. cuniculi* are associated with stunted growth, particularly in young dogs, accompanied by other clinical changes (Wasson & Peper 2000). Although data were derived from 2 separate experiments, *P. neurophilia* had a greater impact on reducing the size of the TL strain than the AB strain. This is consistent with observations in our laboratory with other exposure studies and from the ZIRC diagnostic service. Although not investigated in zebrafish, there are numerous examples of differences in susceptibility to parasites amongst strains of the same species of fish (Jones 2001). With fish microsporidia, different strains of Chinook salmon *Oncorhynchus tshawytscha*

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Week 8 PE</th>
<th>Week 13 PE</th>
<th>Week 20 PE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No. of pairs spawned</td>
<td>No. of eggs laid (hatched)</td>
<td>Viable larvae (5 dpf) (%)</td>
</tr>
<tr>
<td>Control A</td>
<td>5/5</td>
<td>89 (47)</td>
<td>52</td>
</tr>
<tr>
<td>Control B</td>
<td>4/5</td>
<td>102 (80)</td>
<td>84</td>
</tr>
<tr>
<td>Stress A</td>
<td>4/5</td>
<td>72 (31)</td>
<td>45</td>
</tr>
<tr>
<td>Stress B</td>
<td>4/5</td>
<td>83 (64)</td>
<td>71</td>
</tr>
<tr>
<td>Pseudoloma A</td>
<td>4/5</td>
<td>98 (23)</td>
<td>33</td>
</tr>
<tr>
<td>Pseudoloma B</td>
<td>5/5</td>
<td>118 (101)</td>
<td>78</td>
</tr>
<tr>
<td>Pseudoloma–Stress A</td>
<td>4/5</td>
<td>151 (90)</td>
<td>56</td>
</tr>
<tr>
<td>Pseudoloma–Stress B</td>
<td>4/5</td>
<td>129 (123)</td>
<td>94</td>
</tr>
</tbody>
</table>

Fig. 9. *Danio rerio*. Experimental exposure, stress, and fecundity (AB strain). Number of eggs laid versus parasite (xenoma) area (%) at Week 20 PE to *Pseudoloma neurophilia*. (A) Among the *P. neurophilia*-infected and stressed fish the relationship was described by the following equation: eggs laid = 80 – 61 ln (xenoma area); \( R^2 = 0.25; \ p = 0.025 \). (B) There was no significant relationship between the number of eggs laid and parasite area among the *P. neurophilia*-infected group in the absence of stress (\( p = 0.62 \)). (○) male fish, (▲) female fish.
have shown differences in susceptibility to *L. salmonae* (Shaw et al. 2000b).

### Stress and growth

We also investigated the effects of stress on growth and *Pseudoloma neurophilia* infection, but first we had to evaluate our stressors. In our preliminary cortisol dose experiment, we determined a dose between 5 and 33 µg g⁻¹ cortisol was best for increasing whole-body dose experiment, we determined a dose between 5 and 33 µg g⁻¹ cortisol for the duration of the experiment (7 wk). Fish fed the highest dose of cortisol (100 µg g⁻¹) had reduced feed intake and failed to elevate whole-body cortisol. Stress and exogenous cortisol have been demonstrated to reduce feed intake (Bernier et al. 2004, Peterson & Small 2005), which may explain why feed intake was reduced at the high cortisol doses used in our study.

Whole-body cortisol was significantly elevated among stressed fish compared to the control and cortisol-fed groups at both Week 1 and Week 6 PE, confirming our earlier studies (Ramsay et al. 2009a) and indicating that *Pseudoloma neurophilia* infections were impacted by persistent crowding coupled with handling inducing chronic stress and elevated cortisol levels. Interestingly, cortisol was significantly lower at Week 6 than Week 1 PE among the stressed group, suggesting that fish were acclimating to the random stressors we were administering. Whole-body cortisol was not significantly elevated among cortisol-fed groups compared to the control groups, despite the fact that the dose we used (10 µg g⁻¹ cortisol) was within the dose range (5 and 33 µg g⁻¹ cortisol), which elevated whole-body cortisol in our preliminary cortisol-dose experiment. A possible explanation for this lack of effect includes an increased clearance rate of cortisol as has been demonstrated for salmonids exposed to chronic stress or exogenous cortisol (Redding et al. 1984). Negative feedback loops suppress cortisol secretion in the presence of exogenous cortisol (Bradford et al. 1992), which may also explain why whole-body cortisol among cortisol-fed fish was not elevated. The lack of increase in whole-body cortisol may also have been a reflection of variation in the feeding and digestive rates between fish of differing social hierarchies, as has been suggested for channel catfish *Ictalurus punctatus* (Davis et al. 2003).

### Size and stress

Both disease and stress alter metabolism and oxygen consumption, often resulting in less energy available for both growth and reproduction, and may explain the smaller size of the *Pseudoloma neurophilia*-infected group (Barton & Schreck 1987, Mommsen et al. 1999, Heins & Baker 2003, Leef et al. 2007). We did not see any effect of stress or feeding cortisol on changes in weight, length, or CF among fish in the preexisting infection experiment (AB strain), perhaps because the fish were near fully grown when the treatments were initiated. Accordingly, it has been suggested that the finite size of zebrafish may limit their use as a model to study growth (Mommsen 2001). Interestingly, we did see a reduction in weight associated with both stress and infection in the experimental exposure, stress, and fecundity experiment (AB strain), but here infection was initiated in juvenile fish (6 wk old). Young zebrafish are particularly susceptible to *P. neurophilia* (Ferguson et al. 2007), and perhaps the impact of the infection on growth is most evident if the infection is initiated when fish are young. Weights at Week 20 PE were significantly lower among the Stress, *Pseudoloma*, and *Pseudoloma–Stress* groups compared to the control group. Stressed and *P. neurophilia*-infected groups had a number of individuals with a CF <1, while all of the control fish had a CF >1. Stress and elevated cortisol are associated with metabolic costs that have been demonstrated to reduce growth and CF in fishes (Barton & Schreck 1987, Gregory & Wood 1999, Bernier et al. 2004), which may explain our results.

### Mortality and stress

Mortality in the preexisting infection experiment (AB strain) was greatest amongst the stressed group, followed by the cortisol-fed and then the control groups. Shipping stress has been demonstrated to increase mortality in parasitized fishes (Goulding et al. 2004, Käll et al. 2004), and handling stress tends to increase mortality of diseased fishes (Saeij et al. 2003, Dror et al. 2006). Additionally, rainbow trout, infected with the myxosporean PKX (proliferative kidney unknown organism) and implanted with cortisol, experienced increased mortality compared to parasitized fish not exposed to cortisol (Kent & Hedrick 1987).

Mortality was not related to *Pseudoloma neurophilia* infection in both experiments with laboratory exposure. Juvenile fish were used for the experimental exposure, stress, and fecundity experiment (AB strain), whereas adult fish were used for the preexisting infection (AB experiment). Life history stage is important in determining stress and immune responsiveness (Schreck 1996) and may have influenced the stress-related mortality in *P. neurophilia*-infected fish. While young fish may be more susceptible, this chronic infection may require many months before clinical disease is evident. We began to see mortality between Weeks...
40 and 52 PE. Although not validated by statistics due to lack of tank replication for these time points, this indicates that *P. neurophilia*-associated mortality tends to occur later after infection. This is consistent with observations from the preexisting infection experiment (AB strain), in that it is probable that fish from this population had *P. neurophilia* for many months before we initiated our experiment.

**Histology and prevalence of infection**

We observed some differences in the infection associated with stress at a histological level. Stress was associated with earlier detection of infection in experimentally exposed fish subjected to stress. At Week 8 PE, 16% of fish from the *Pseudoloma* group and 55% of fish from the *Pseudoloma*–Stress group were positive. Among catfish *Ictalurus punctatus* infected with *Edwardsiella ictaluri*, stress increased the overall percentage of infected fish (Small & Bilodeau 2005). By Week 13 and Week 20 PE almost all fish from both *Pseudoloma* groups were positive in this experiment. This concurs with Kent & Bishop-Stewart (2003), where 30% of fish were positive for *P. neurophilia* at Week 8 PE, and 100% were positive at Week 20 PE.

Husbandry stress or feeding cortisol exacerbated preexisting *Pseudoloma neurophilia* infections in adult zebrafish. Although stress did not affect the size of fish in the preexisting infection experiment (AB strain), it was associated with increased myositis. Indeed, most histological changes occur as the infection progresses from the central nervous system to the muscle, where the most prominent inflammatory changes are observed. This is consistent with observations from diagnostic cases; when microsporidiosis is the diagnosis for the cause of morbidity, it is most often associated with chronic myositis (Matthews 2004). The sequence of infection and progression of lesions with *P. neurophilia* in zebrafish is similar to gill infections by *Loma salmonae* in salmonids (Kent & Speare 2005). In this case, intact xenomas in the gills are associated with little inflammation and clinical disease. This is followed by rupture of the xenomas and severe chronic branchitis, with accumulation of released spores within phagocytes.

**Infection intensity: xenoma area and myositis**

Husbandry stress increased the intensity of infection during the experimental exposure, stress, and fecundity experiment (AB strain). Mean xenoma area was greater among stressed fish experimentally infected with *Pseudoloma neurophilia* compared to non-stressed fish at Week 20 PE. Stress and cortisol-treat-ment has been demonstrated to increase the intensity of infection in diseased fish. In northern pike *Esox lucius*, the number of gill arteries infected with nematodes increased after transport stress (Kåll et al. 2004), and cortisol-treated rainbow trout had an increase in the density of PKX spores in the interstitium of the kidney (Kent & Hedrick 1987). Interestingly, the mean myositis score was not significantly affected by stress treatment, although there was a trend toward increasing myositis among stressed fish at Week 20 PE. The large amount of variation in the data may explain why we did not see any difference. Additionally, differences in myositis between stressed and non-stressed groups may have been more apparent past Week 20 PE as the infection progressed, but with lack of replicates beyond Week 20 PE we could not evaluate this.

There was no effect of stress or feeding cortisol on the mean xenoma area of fish with preexisting *Pseudoloma neurophilia* infections. The fish used in the preexisting infection experiment (AB strain) had a baseline mean parasite area of 0.91%, whereas during the experimental exposure, stress, and fecundity experiment (AB strain), the mean parasite area was 0.61% for the *Pseudoloma* group and 1.2% for the *Pseudoloma*–Stress group. In the former experiment, fish were stressed long after the infection was established. There may be a maximum area of tissue that can be occupied by *P. neurophilia*, after which the host either resists the parasite or succumbs to disease. Alternatively, the short duration of exposure to stressors or cortisol (7 wk) may not have been sufficient to change the mean parasite area in fish with existing *P. neurophilia* infections.

At Week 52 PE, a few fish from the control and previously stressed groups were positive for *Pseudoloma neurophilia*. Inadvertent infection of these *P. neurophilia* control groups may have been due to aerosol transmission of the parasite from adjacent tanks containing *P. neurophilia*-infected fish. Control tanks were intermixed with the infected tanks on the same racks to randomize differences in extraneous stressors such as light and the position of the tank in the room. Aerosol transmission has been reported for fish pathogens including *Aeromonas salmonicida* and *Ichthyophthirius multifiliis* (Wooster & Bowser 1996). Microsporidian spores are capable of surviving relatively long periods outside the host (Shaw et al. 2000a), and this may have facilitated transmission of *P. neurophilia* to the control and stress tanks.

**Fecundity**

In fish infected with *Pseudoloma neurophilia*, increasing infection intensity was associated with de-
increasing reproductive fitness, as evidenced by a negative relationship between the number of eggs laid and parasite area. Although stressed and infected fish may have produced fewer eggs, this was not verified statistically, as the number of eggs spawned and larvae hatched at 5 dpf was extremely variable within groups. This is typical for zebrafish; females produced eggs and spawn many times throughout the year, but their egg production can be highly variable (Paull et al. 2008). There are relatively few studies examining the effects of environmental parameters on zebrafish reproductive output (Eaton & Farely 1974, Laale 1977) and no studies that have examined the effects of stress or P. neurophilia on reproduction in zebrafish. The lack of any direct effects on fecundity may reflect the need to better understand the dynamics of reproduction with respect to husbandry (Lawrence 2007).

Whereas stress and infectious diseases have been documented to reduce fecundity (Barber et al. 2000, Schreck et al. 2001), there are examples where the reverse occurs (Gowaty et al. 2007). Candolin & Voigt (2001) reported an inhibitory effect of cestode tapeworms on reproduction in stickleback males in the natural environment but not in the laboratory, suggesting that the favorable laboratory environment, free of predation risk and fluctuating environment, mitigates the negative effects parasitism has on reproduction. We observed a negative natural logarithmic relationship between the number of eggs laid or the number of larvae and parasite area at Week 20 PE among the Pseudoloma–Stress group. Only stressed fish had heavy infections (>1% xenoma area), and these fish consistently spawned poorly. Infection level, not stress treatment, determined spawning success, which was highly variable in lightly infected or uninfected fish and poor in heavily infected fish. This was even the case for the non-stressed fish; the one fish in this group with a heavy infection (>1% xenoma area) spawned poorly (<50 eggs). Interestingly, fecundity was similarly reduced whether males or females were infected. Our results suggest a possible effect of the parasite on spawning behavior or the neurological control of sperm release as P. neurophilia affects the central nervous system (CNS) and nerve roots (Matthews et al. 2001, Barber & Poulin 2002).

Fish with severe Pseudoloma neurophilia infections are typically emaciated, and the females lack large numbers of eggs typical of zebrafish (Matthews et al. 2001). P. neurophilia is a chronic, persistent disease agent, and perhaps examining reproduction in fish with higher infection intensities later in the infection may have resulted in more significant effects of the parasite on fecundity and offspring survival.

Mycobacteria

A small number of fish were infected with Mycobacterium spp. Mycobacteria are common pathogens of zebrafish (Astrofsky et al. 2000, Kent et al. 2004) and have been found at background levels in previous studies without clinical signs of disease (Beran et al. 2006, Harriff et al. 2007, Zanoni et al. 2008, Whipps et al. 2008). We have shown that stress exacerbates mycobacterial infections in zebrafish (Ramsay et al. 2009b). Fortunately, only a few experimental fish had concurrent mycobacteriosis, and thus it is unlikely that this compromised our experiment.

CONCLUSIONS

Pseudoloma neurophilia is the most common pathogen of laboratory zebrafish, yet little is known about husbandry factors that affect the development and progression of clinical disease. Our study is an initial step in examining the dynamic interactions of stress, reproduction, and P. neurophilia in laboratory zebrafish. We have described the sequential development of P. neurophilia in zebrafish, showing that it persists for well over 6 mo after exposure. Furthermore, we have demonstrated that stress exacerbates clinical disease associated with P. neurophilia infections with direct effects on fish size.

Fecundity, rather than growth, is usually the most important criterion in zebrafish used for research, particularly when used in developmental genetics research. Reproductive output was negatively related to the intensity of Pseudoloma neurophilia infection in stressed fish with heavy infections. Therefore, we recommend that if avoidance or eradication of the parasite is not an option in a given research laboratory, then particular care should be taken to minimize stress if fecundity is an important laboratory endpoint. Moreover, it should be recognized that spores of P. neurophilia are resistant to chlorine at the levels used in research laboratories (Ferguson et al. 2007), and there is a risk of transmission of P. neurophilia to the next generation or even true vertical transmission within eggs (Kent et al. 2009). Further investigation on the interactions of P. neurophilia infection and stress and the subsequent effects on survival, growth, and reproductive fitness will aid in controlling outbreaks and optimizing zebrafish health and reproduction in order to ensure the continued success of this important biomedical research model.

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