

# Cathemeral activity patterns of the blue-eyed black lemur *Eulemur macaco flavifrons* in intact and degraded forest fragments

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**ABSTRACT:** This study describes the activity pattern of the blue-eyed black lemur *Eulemur macaco flavifrons* for the first time and investigates the parameters, such as season or habitat, that may influence the distribution of activity over the 24 h cycle. Four groups of *E. m. flavifrons* in 2 forest fragments with different degrees of degradation were followed for 24 h mo<sup>-1</sup> over a 7 mo period between July 2004 and July 2005. Blue-eyed black lemurs exhibited a bimodal activity pattern which peaked during the morning and evening twilight. The groups consistently showed activity bouts both during the day and at night, a behaviour that corresponds to Tattersall's (1987) definition of cathemerality. The proportion of illuminated lunar disc and the nocturnal illumination index were positively associated with the amount of nocturnal activity. Total activity, both diurnal and nocturnal, was significantly higher in the secondary than in the primary forest. In view of our results, the cathemeral behaviour of *E. m. flavifrons* may best be explained as flexible responses to a framework of varying environmental factors, each of which may enhance or inhibit activity within the lemurs' range of adaptability. This temporal behavioural plasticity may be an adaptation to an erratic and severe climate with frequent droughts and cyclones and unpredictable resource availability.

**KEY WORDS:** *Eulemur macaco flavifrons* · Cathemerality · Activity pattern · Nocturnal illumination index · Primary forest · Secondary forest

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## INTRODUCTION

Until about 30 years ago, primates were classified as either diurnal or nocturnal (Curtis et al. 2006). Beginning in the late 1970s, however, it was found that some lemur species of the genus *Eulemur* regularly exhibited both nocturnal and diurnal activity; i.e. they were active throughout the 24 h cycle (Curtis & Rasmussen 2006, Tattersall 2006). This pattern was first described in the wild by Tattersall (1979) for *Eulemur fulvus* on the island of Mayotte, between northern Madagascar and northern Mozambique. Later the pattern was also described for the congeneric species *E. albifrons*, *E. albocollaris*, *E. collaris*, *E. coronatus*, *E. macaco*

*macaco*, *E. mongoz*, *E. rubriventer*, *E. rufus* and *E. sanfordi* (Wright 1999, Vasey 2000, Donati & Borgognini-Tarli 2006, Colquhoun 2006). Tattersall (1987) formally introduced the term 'cathemeral': 'the activity pattern of an organism can be regarded as cathemeral when it is about evenly distributed over the 24 h daily cycle, or when significant amounts of activity, particularly feeding and/or travelling, occur within both light and dark portions of the cycle' (p. 201). A cathemeral activity cycle has since also been reported in a number of other lemur genera, such as *Hapalemur alaotrensis* (Mutschler et al. 1998, Mutschler 2002) and *Prolemur simus* (Tan 2000, Grassi 2001), and in neotropical owl monkeys of the genus *Aotus* (Wright 1994, Kinzey

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1997, Fernandez-Duque 2003). Furthermore, cathemerality may occur in 2 howler monkey species, *Alouatta pigra* and *A. palliata* (Dahl & Hemingway 1988, Wright 1994, Curtis & Rasmussen 2002, Mutschler 2002, Fernandez-Duque 2003, Kirk 2006).

In the genus *Eulemur*, cathemerality may occur in 3 different modes (Curtis & Rasmussen 2002): (1) varying seasonally, with nocturnal activity predominantly exhibited during one season and diurnal activity predominating during another (Tattersall 1979, 1987, Curtis & Zaramody 1998, Rasmussen 1998a,b, Curtis et al. 1999, Curtis & Rasmussen 2006, Tarnaud 2006); (2) shifting seasonally, from diurnal activity in the austral summer to 24 h activity in the austral winter (Rasmussen 1999, Donati et al. 1999, Donati & Borgognini-Tarli 2006); (3) 24 h activity throughout the year with no link to photoperiod and seasonal variation of food resources (Colquhoun 1997, 1998). In the third group, the duration of nocturnal activity is positively correlated with lunar phase and nocturnal illumination index (Colquhoun 1997, Donati et al. 2001a,b, Donati & Borgognini-Tarli 2006, Fernandez-Duque & Erkert 2006).

According to Erkert & Cramer (2006), *Eulemur albifrons* is endogenously regulated by a circadian timing system that seems to obey the same rules as for nocturnal mammals, where the daily light:dark cycle is the most efficient zeitgeber and synchronises this endogenous rhythm to the external 24 h day. In a 14 mo study on *E. collaris* in the Malagasy littoral forest, Donati & Borgognini-Tarli (2006) demonstrated that dusk seems to act as the primary zeitgeber, coordinating the onset of the animals' evening activity throughout the entire year.

The blue-eyed black lemur *Eulemur macaco flavifrons* is a critically endangered lemur taxon (CR A1cd, B1+2bc; Ganzhorn et al. 2000) that exclusively inhabits the few remaining forest fragments on and east of the Sahamalaza peninsula (Sofia region, NW Madagascar). The subspecies was only rediscovered in 1983 after more than a century of uncertainty about its existence, and it is still one of the least-studied lemurs (Koenders et al. 1985, Meier et al. 1996). Whereas the other taxa of this genus (including the nominate subspecies *E. m. macaco*) have all been described as showing activity patterns that involve both day and night activity, *E. m. flavifrons* remains the only *Eulemur* whose activity pattern in the wild is still unknown. In captivity, blue-eyed black lemurs show cathemeral activity similar to that of other *Eulemur* species (Schwitzer 2003).

For this study, we collected data on the behaviour and activity budgets of 4 groups of blue-eyed black lemurs living in 2 different forest fragments, one mainly primary forest and the other predominantly

secondary forest. The aims of our study were to provide a description of the blue-eyed black lemurs' activity pattern in their natural environment and to investigate parameters that may influence the distribution of activity over the 24 h cycle. Furthermore, we aimed to compare the behaviour and activity budgets of this taxon in the dry and wet seasons and when living in primary or secondary forest fragments.

## MATERIALS AND METHODS

**Study site.** The study was conducted in the Ankarafa Forest, situated in the SW part of the UNESCO Biosphere Reserve and Protected Area on the Sahamalaza Peninsula. Sahamalaza is part of the Province Autonome de Mahajanga, NW Madagascar, and extends from 13° 52' S to 14° 27' S and from 47° 38' E to 47° 46' E (WCS/DEC 2002). The Ankarafa Forest includes primary and secondary forest fragments which harbour one of the largest populations of blue-eyed black lemurs still remaining in the wild. The present study was conducted in 1 primary forest fragment and 1 secondary forest fragment.

**Climate and nocturnal luminance.** The climate at the study site is strongly seasonal with a cool, dry season lasting from May to September and a hot, rainy season from October to April. Mean annual precipitation is 1600 mm, with the most rain falling in January and February. Average monthly temperatures range from 20.6°C (August) to 32.0°C (November) with a mean annual temperature of 28.0°C.

During the study period, cloud cover and wind strength were recorded qualitatively. Categories used for assessing cloud cover were sunny (no clouds), cloudy ( $\leq 25\%$  of the sky clouded), overcast ( $> 25\%$  but  $\leq 75\%$  clouded), and heavily overcast ( $> 75\%$  clouded). Wind strength was recorded as windy, stormy, rainy, rainswept or thunderstorm.

The nocturnal illumination index  $I_{\text{norm}}$  was calculated using a modified version of the method given in Curtis et al. (1999). For each night  $t$  the duration of moonshine ( $d_M$ ) between sunset and sunrise was multiplied with a value corresponding to the illuminated fraction of the moon ( $f_M$ ), which was modelled by a sine curve matching the given dates for new, full, waxing and waning moon. Data for moon phase and times for sunset and sunrise as well as moonrise and moonset were obtained from the US Naval Observatory Calendar (<http://aa.usno.navy.mil/>), using Ankarafa's geographical coordinates (47° 45' E, 14° 22' S, GMT + 3 h) (Donati & Borgognini-Tarli 2006). The index was normalized to the average over the calendar year  $I_0$ .

Sky condition (clouds) was taken into account by multiplying with a factor  $C$  between 0 (heavily overcast) and 1 (clear sky) using the following equation:

$$I_{\text{norm}}(t) = d_M f_M C / I_0$$

where  $I_0 = \sum d_M f_M C / \#$  days in calendar year. During nocturnal observations the illumination index ranged between 0.2 and 2.8.

**Observations.** Four groups of *Eulemur macaco flavifrons* were followed for 24 h mo<sup>-1</sup> during each of 7 selected mo between July 2004 and July 2005, altogether representing 600 h of observations spanning the dry and the rainy season. Mean group size was 6 individuals and did not differ between forest fragments. Animals were usually followed for 6 h d<sup>-1</sup>. The observations normally started on the first day at 06:00 h, the second day at 00:00 h, the third day at 12:00 h and the 4th day at 18:00 h. Four observation sessions were lumped into one 24 h period.

Activity data of the habituated study groups were recorded by instantaneous scan sampling at 2 min intervals (Altmann 1974, Mann 1999, 2000). The short interval was chosen because the groups' movements were often quick and spontaneous. During daytime observations (240 h in 40 d) the behaviour of each detected lemur and the spatial distribution of the group were recorded for each scan episode. Group behaviour was classified as the activity in which all or most members of the group were engaged. During nighttime observations (240 h in 34 nights) it was only possible to determine whether a majority of group members was resting or active at each sampling interval (see also Tattersall 2006).

For the collection of data on group behaviour, a lemur was considered to be part of a given group if located  $\leq 50$  m from another individual. The use of such criteria ensured that all putative group members were in visual contact with each other. The lack of distinguishing characteristics such as scars or other easily identifiable markings prevented individual identification.

Time and place of meetings between groups of lemurs, agonistic interactions, scent-marking behaviour and vocalisations were recorded ad lib (Altmann 1974, Pereira & Kappeler 1997, Mann 2000, Scholz & Kappeler 2004).

Data collected during observations were allocated to 2 main categories: resting (eyes half closed and/or animal curled up) and active (comprising all activities when the animal was fully alert). When the animals were not visible to the observer, data points were included in the 2 categories (active or resting) according to whether animal activity could be heard or not. Relying on acoustic data collection when the animals were not visible at night should not have created any

significant sampling bias because even quiet feeding was indicated by debris falling to the ground (Curtis et al. 1999). Our nocturnal observations may have slightly underestimated the active time of the lemurs because individuals sitting still with their eyes open (classified as active during the day) are likely to have been recorded as inactive during the night. Judging from diurnal activity budgets, however, this should only have underestimated the lemurs' nocturnal activity by less than 5%. In this study, we considered activity to be nocturnal if it occurred between 6 pm and 6 am even though day length ranges from 11 h 20 min (dry season) to 12 h 55 min (rainy season). Differences in day length are taken into account in the nocturnal illumination index, however.

**Statistics.** No significant difference in activity was found between the 2 study groups living in primary forest ( $G$ -test:  $G = 0.64$ ,  $p > 0.05$ ) or between the 2 groups in the secondary forest ( $G$ -test:  $G = 0.92$ ,  $p > 0.05$ ). Therefore, the data within each forest condition were pooled for analysis.

The units of statistical analysis used to test for seasonal differences in activity rhythms and differences in activity between the primary and secondary forests were 38 observation sessions of 6 h each in the primary and 32 sessions in the secondary forest. The nonparametric  $G$ -test was applied to these analyses. To analyse the effects of nocturnal luminosity we used 12 h nights ( $n = 18$ ) as statistical units and applied the Friedman test and Spearman rank correlation. Data were analysed using SPSS 7.5 software (Statsoft 2001) and SSS 1.1m (Rubissoft 2002).

## RESULTS

### Daily activity rhythms and seasonal effects

Blue-eyed black lemurs displayed cathemeral activity over the entire study period in both types of forest, with peaks of activity occurring at dawn and dusk (Fig. 1). Daily activity showed seasonal variation (Table 1, Fig. 2). During the dry season, the animals tended to decrease their total daily activity, but results were not statistically significant ( $G$ -test:  $G = 12.1$ ,  $p > 0.1$ ). For diurnal activity, no seasonal variation was found ( $G$ -test:  $G = 2.2$ ,  $p > 0.1$ ), whereas nocturnal activity was significantly higher during the rainy season ( $G$ -test:  $G = 9.8$ ,  $p \leq 0.05$ ).

### Effects of habitat structure

The total daily activity differed between both types of forest and was significantly higher in the secondary

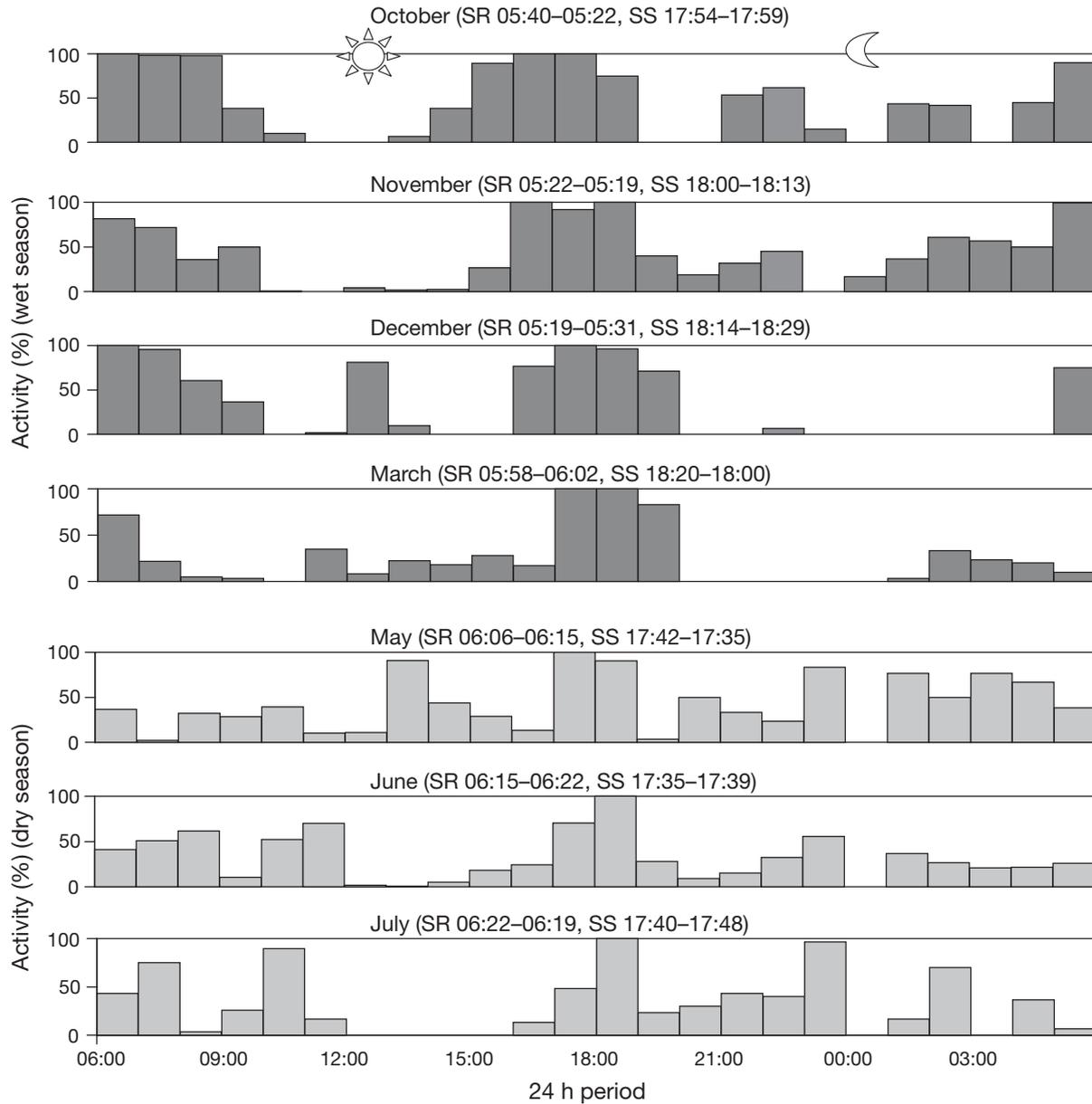


Fig. 1. *Eulemur macaco flavifrons*. Average monthly 24 h activity pattern in a primary forest fragment over the study period. Time ranges of sunrise (SR) and sunset (SS) are shown

Table 1. *Eulemur macaco flavifrons*. Seasonal mean proportions ( $\pm$ SE) of activity (total, diurnal, nocturnal) and seasonal ratios of diurnal: nocturnal activity

	Activity (% $\pm$ SE)			Diurnal: nocturnal ratio
	Total	Nocturnal	Diurnal	
<b>Primary forest</b>				
Rainy season	34.7 $\pm$ 7.9	28.7 $\pm$ 19.5	41.6 $\pm$ 12.8	1.5
Dry season	31.7 $\pm$ 3.5	27.9 $\pm$ 16.2	35.9 $\pm$ 12.8	1.3
<b>Secondary forest</b>				
Rainy season	42.8 $\pm$ 10.9	50.2 $\pm$ 14.4	33.9 $\pm$ 13.9	0.7
Dry season	38.4 $\pm$ 6.2	32.9 $\pm$ 11.5	37.6 $\pm$ 16.5	1.1

forest throughout the year ( $G$ -test:  $G = 28.3$ ,  $p \leq 0.01$ ). Nocturnal activity was significantly higher in the secondary than in the primary forest ( $G$ -test:  $G = 13.2$ ,  $p \leq 0.01$ ), whereas diurnal activity did not differ significantly ( $G$ -test:  $G = 4.3$ ,  $p > 0.1$ ). Differing ratios of diurnal versus nocturnal activity between forest types indicate that differences in total daily activity were due to higher nocturnal activity in the secondary forest.

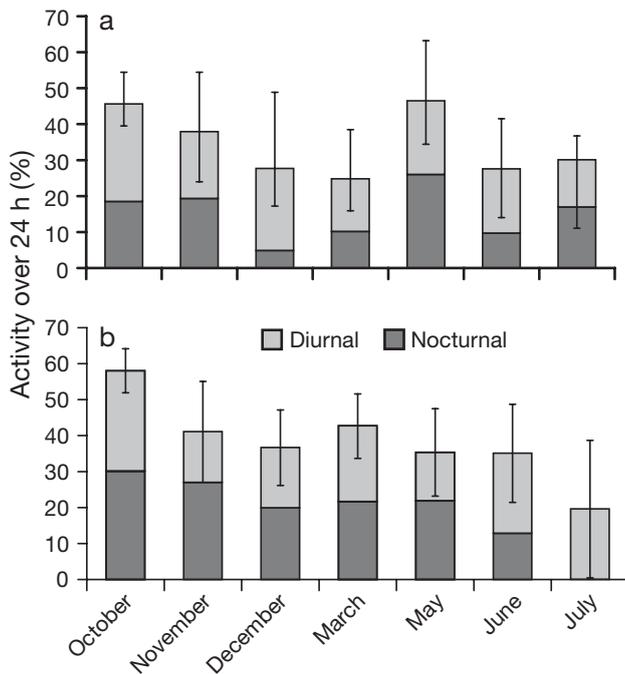


Fig. 2. *Eulemur macaco flavifrons*. Average ( $\pm$ SE) monthly 24 h activity pattern in (a) primary and (b) secondary forest. No data on nocturnal activity for July in secondary forest: strong winds made acoustic data collection impossible

### Effects of nocturnal luminosity

Cathemeral activity in *Eulemur macaco flavifrons* was strongly conditioned by moon luminosity in both types of forest (Fig. 3). The amount of nocturnal activity increased with the percentage of illuminated lunar disc (Friedman's  $Q = 3.8$ ,  $p \leq 0.05$ ; Fig. 3a). Post-hoc tests indicate significant differences in the amount of nocturnal activity between full moon ( $43.37 \pm 19.97\%$ ) and new moon ( $19.97 \pm 8.83\%$ ) nights, while no significant differences were found in the intermediate phases up to full moon. The amount of diurnal activity showed variations that were correlated with the moon phase of the preceding night (Fig. 3b). Comparisons of amount of diurnal activity between days succeeding full moon nights ( $35.69 \pm 10.68\%$ ) and those succeeding last quarter moon nights ( $28.51 \pm 8.74\%$ ) or new moon nights ( $40.63 \pm 15.53\%$ ) gave significant results (Friedman's  $Q = 2.9$ ,  $p \leq 0.05$  and  $Q = 3.31$ ,  $p \leq 0.05$ , respectively). No significant differences in the amount of daily total activity could be established between days succeeding new, waxing, full and waning moon nights (Friedman's  $Q = 2.78$ ,  $p > 0.1$ ).

Nocturnal activity also increased with the nocturnal illumination index (Fig. 4), but did not show a significant correlation (primary forest correlation coefficient =  $0.54$ ,  $p > 0.1$ ; secondary forest correlation coefficient =  $0.291$ ,  $p > 0.1$ ).

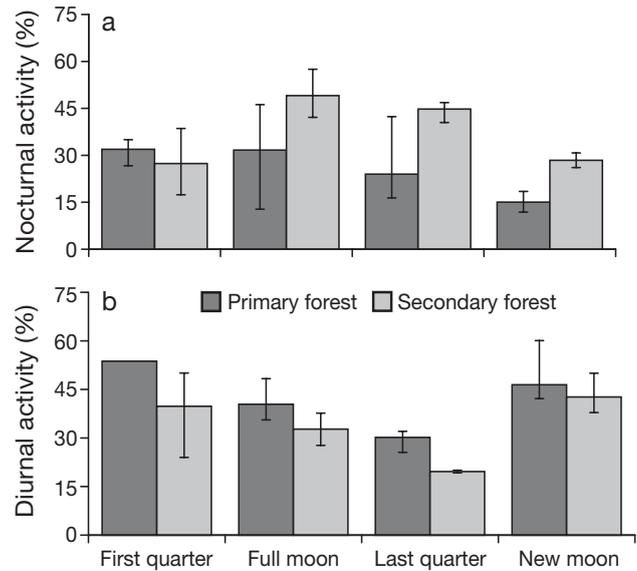


Fig. 3. *Eulemur macaco flavifrons*. Percent ( $\pm$  upper and lower quartiles) of time spent active in the primary and secondary forest (a) at night during different moon phases and (b) during the day correlated with the moon phase of the preceding night

The distribution of nocturnal activity differed across the 4 main lunar phases (Fig. 5). During full moon nights ( $n = 6$ ), the lemurs were highly and almost constantly active, peaking ( $78\%$ ) between 03:00 and 04:00 h; during new moon nights ( $n = 4$ ), activity was considerably lower (maximum hourly level  $42\%$ ); during the first quarter ( $n = 5$ ), activity was concentrated toward the end of the night; during the last quarter ( $n = 3$ ), activity was also concentrated in the last hours of the night, peaking ( $55\%$ ) between 03:00 and 04:00 h.

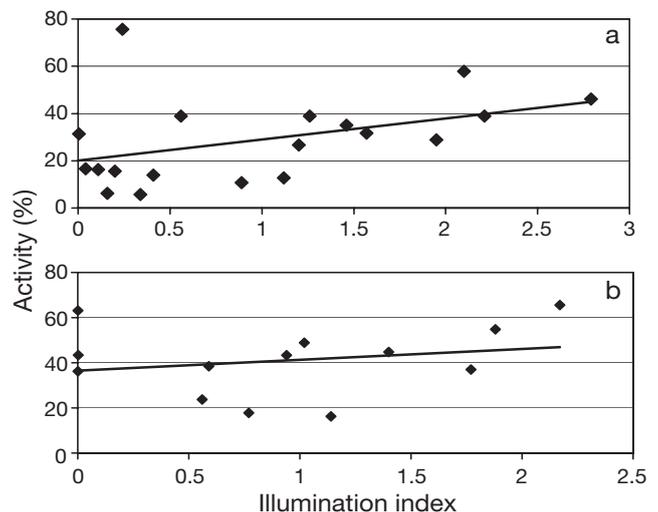


Fig. 4. *Eulemur macaco flavifrons*. Nocturnal activity and illumination index in (a) primary and (b) secondary forests.  $\blacklozenge$  = 6 h nocturnal observation sessions; 19 for primary, 13 for secondary forest

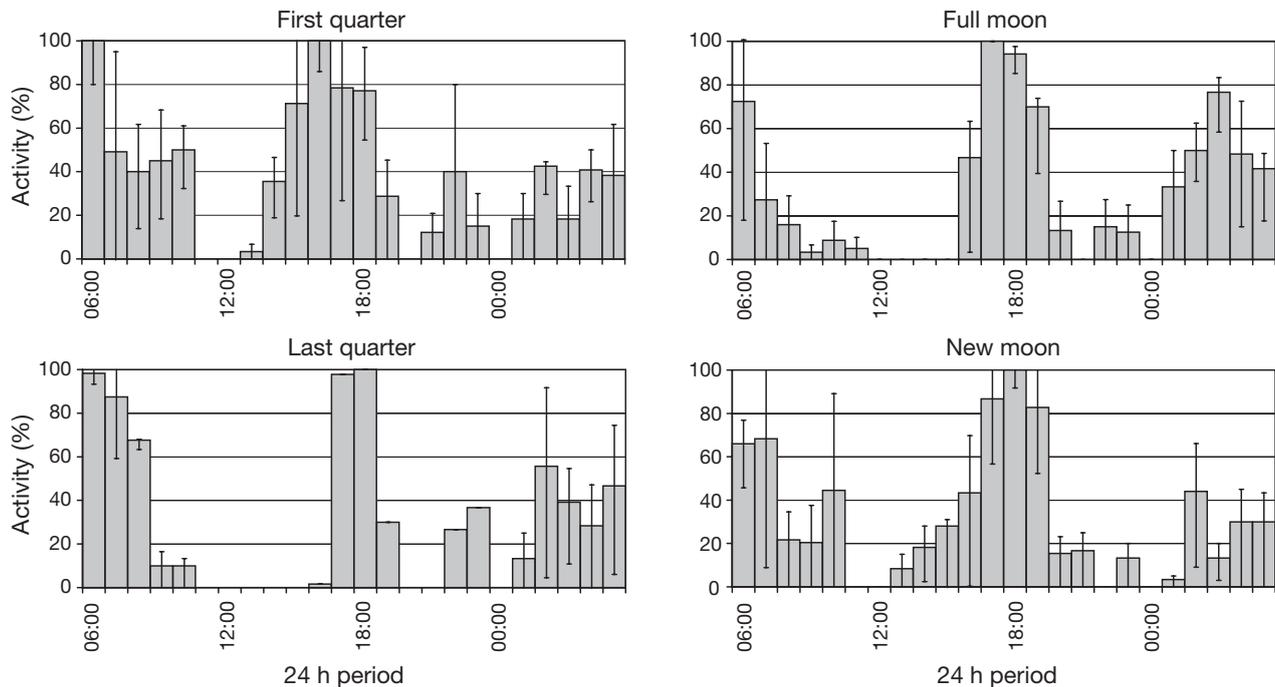


Fig. 5. *Eulemur macaco flavifrons*. Distribution of time spent active over the 24 h cycle during various moon phases. Ordinates show the amount (%  $\pm$  upper and lower quartile) of activity per hour

## DISCUSSION

### Total daily activity

Cathemerality may occur in several distinct modes, and it is evident that the resulting variation in activity patterns may be controlled or at least influenced by a variety of environmental factors including temperature, rainfall, predation, food resource availability and quality, as well as varying nocturnal light levels (Tattersall 2006). Our results show that wild blue-eyed black lemurs are cathemeral all year round. The taxon has a bimodal activity pattern with peaks during morning and evening twilight. In this regard, blue-eyed black lemurs do not differ from other cathemeral lemur species, which indicates that *Eulemur macaco flavifrons* uses the rapid changes of light intensity during dawn and/or dusk as a time cue to entrain its circadian rhythmicity and thus to organize the majority of its activities on a daily basis.

In contrast to *Eulemur mongoz* (Curtis et al. 1999), *E. rufus* (Erkert & Kappeler 2004) and *E. collaris* (Donati & Borgognini-Tarli 2006), no pronounced seasonal shift of activity peaks from more nocturnal activity to more diurnal activity was observed. Like *E. macaco* (Colquhoun 1998), *E. m. flavifrons* exhibits cathemeral activity throughout the year, a pattern also observed in all *Eulemur* species studied in rainforest habitat (Curtis & Rasmussen 2002). The total daily

activity of blue-eyed black lemurs tended to vary with season, in that the animals decreased their activity during the cold, dry season in both types of forest. Kappeler & Erkert (2003) relate the decrease of daily total activity in red-fronted lemurs during the cold, dry season to the shortness of days and lower temperatures. Curtis & Rasmussen (2006) state that western dry forest habitat offers less protection from aerial predators during the dry season, when canopy cover is greatly reduced. Furthermore, in the Sahamalaza study area, a strong wind from the SE to the NW (Varatraza) dominates the weather during June, July and August. During these months, the lemurs spent far more of the 24 h cycle in massive trees than during the rest of the year, huddling on branches near the trunk. This adaptive behaviour may also be responsible for the decrease of overall activity during the dry season.

### Effects of habitat structure

Additionally, the habitat structure seems to affect the temporal distribution of activity. The total daily activity of blue-eyed black lemurs differed between the primary and secondary forest in that it was significantly higher in the secondary forest throughout the year. The ratio between diurnal and nocturnal activity indicates that animals are more active at night in the secondary forest than in primary forest during both

seasons. Halle (2006) found that in fragmented landscapes the root vole *Microtus oeconomus* is particularly active after sunset. He explained the higher amount of nocturnal activity in a highly fragmented habitat in terms of the necessity of travelling through coverless matrices between patches. For *Eulemur mongoz*, low canopy density during the dry season is apparently associated with an increase in nocturnality (Curtis & Rasmussen 2002). Diurnal movements in an open matrix are dangerous for the animals due to aerial predators such as the harrier hawk and the Madagascar serpent eagle (for an overview of predation see Colquhoun 2006). Movements might be safer during darkness when the only visually orientated predators are owls, which are not a threat to *Eulemur* species. In addition, secondary forest with its lower canopy density provides more nocturnal brightness and thus enhanced visibility for the lemurs.

#### Effects of nocturnal luminosity

Cathemeral activity in *Eulemur macaco flavifrons* was affected by moon luminosity in both types of forest. The amount of nocturnal activity increased with the percentage of illuminated lunar disc and nocturnal illumination index. Higher nocturnal activity with increased moonlight has also been reported for *E. m. macaco* (Colquhoun 1998) and for other lemur species in western forests, such as *E. rufus* (Donati et al. 2001a,b, Erkert & Kappeler 2004) and *E. mongoz* (Curtis et al. 1999). Light availability seems to be an important determinant for the distribution of activity for blue-eyed black lemurs. Contrary to *E. m. macaco* (Colquhoun 1997, Donati et al. 2001b), *E. m. flavifrons* possesses a tapetum lucidum (Schwitzer et al. 2005), an adaptation for enhancing retinal sensitivity (Kirk 2006). This adaptation optimizes vision under twilight conditions, thus prolonging the daily activity period (Slatter 2001).

Although our results clearly show the influence of the illuminated fraction of the moon's disc and the duration of the moonlit part of the night, these variables alone cannot explain the lemurs' nocturnal activity pattern. During first quarter phase nights, when the moon sets around midnight, it might be expected that nocturnal activity would be concentrated in the first hours of the night rather than, as our data show, in the early morning hours. Also, if moon luminosity was indispensable for the lemurs' night activity, contrary to our observations there should have been no activity during dark (new moon) nights. It is therefore likely that additional sources of luminance contributing to sky surface brightness (i.e. airglow, zodiacal light, starlight) also influence the distribution of nocturnal

activity, but a detailed analysis of these is beyond the scope of this study.

#### Temporal behavioural plasticity in a variable environment

The functional relevance or survival value of cathemerality is difficult to determine. According to several authors, increased nocturnal activity during the dry, cool season might be regarded as a mechanism for increasing body temperature through movement (Overdorff & Rasmussen 1995, Donati et al. 1999, Kappeler & Erkert 2003). Our study does not support this hypothesis, because in *Eulemur macaco flavifrons* nocturnal activity differed between seasons only in the secondary forest and was higher during the warm, wet months of the year.

Engqvist & Richard (1991) propose that cathemerality is a response to dietary seasonality. By increasing their activity in times of food scarcity, the animals would be better able to cope with a fibrous diet (Mutschler 2004). Neither *Eulemur macaco flavifrons* nor *E. m. macaco* increased activity during periods of lower food availability (cold, dry season). On the contrary, both taxa even decreased their activity during times of food scarcity (see also Colquhoun 1998).

Colquhoun (2006) proposes a co-evolutionary relationship between the activity patterns of the fossa *Cryptoprocta ferox*, the main terrestrial predator of *Eulemur* species, and those of cathemeral lemurs, concluding that predation may have been one of the main driving forces of the evolution of cathemerality in lemurs. Hill (2006) comes to a similar conclusion. During our study of *Eulemur macaco flavifrons*, we were not able to observe a predation event, although the lemurs frequently reacted to the presence of potential avian predators by emitting alarm calls. Future long-term studies may show to what extent the cathemerality of blue-eyed black lemurs may be beneficial for avoiding predation by terrestrial or avian predators.

A number of ecological influences may have played a role in the evolution of a cathemeral activity pattern in the blue-eyed black lemur. The main activity peaks for this species occur in the early morning and late afternoon when temperatures are lower than the rest of the day (see also Andrews & Birkinshaw 1998). Moreover, afternoon activity coincides with increased concentrations of soluble carbohydrates in leaves (Wright 1999), one of the food resources of *Eulemur macaco flavifrons*. An advantage of nocturnal activity would be the absence of diurnal aerial predators. On the other hand, heavy rainfall seems to promote lower activity levels, as does the lack of sufficient light intensity during the night. In view of our results, the cathe-

meral behaviour of *E. m. flavifrons* may best be explained as the result of flexible responses to a framework of varying environmental factors, each of which may enhance or inhibit activity within the lemurs' range of adaptability. Temporal behavioural plasticity may be an adaptation to an erratic and severe climate with frequent droughts and cyclones and unpredictable resource availability (Wright 1999).

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