Inducible metabolism of fluoranthene by the opportunistic polychaete Capitella sp. I

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ABSTRACT: The polychaete Capitella sp. I has been described as an enrichment opportunist and is one of very few species able to thrive in highly organic sediments heavily contaminated with polycyclic aromatic hydrocarbons (PAH) and other organic pollutants. We examined 3 plausible explanations for the success of Capitella sp. I: (1) worms prevent uptake of PAH across body surfaces, (2) worms take up PAH but metabolize them effectively to excretable forms, and (3) worms utilize PAH as a carbon source. We examined the uptake and depuration of sediment-associated fluoranthene by Capitella sp. I and measured the metabolic loss of ingested 3-[14C] fluoranthene into particulate (POC), dissolved (DOC) and CO2 pools. Our results show that Capitella sp. I accumulates fluoranthene from sediment in a concentration-dependent manner, but that body burdens begin to decrease after 2 d and are undetectable by 7 d despite continued exposure to sediment fluoranthene concentrations of up to 360 µg (g dry wt sediment)-1. Worms pre-exposed to PAH-contaminated sediment for 1 wk excreted substantially more ingested fluoranthene as DOC than control worms (37% vs 6% after 20 h), and retained significantly less fluoranthene in their tissues at the end of the experiment than control worms (33% vs 56%). Our results are consistent with the hypothesis that Capitella sp. I metabolize fluoranthene, but contrary to our Hypotheses 1 and 3, worms did take up fluoranthene and did not appear to use it as a carbon source.

KEY WORDS: Sediment - Polycyclic aromatic hydrocarbon - PAH - Deposit feeder - Infauna

INTRODUCTION

It is widely recognized that sediment-dwelling infauna profoundly affect the physical and geochemical properties of sediments. The activities of deposit feeders have a major influence on the cycling of organic matter and on the fate of pollutants in benthic systems. Models developed to assess the influence of bioturbation on particle-sorbed pollutant diagenesis predict that areas of high bioturbation will behave as geochemical hot spots, tending to scavenge or accumulate pollutants (Aller 1982). Such models have also indicated that, as a result of their reworking activities, sediment-dwelling infauna may actually increase their exposure to sediment-associated pollutants and so create a feedback loop between pollutant fate and effect (Forbes & Forbes 1994).

The deposit-feeding polychaete Capitella capitata, originally believed to be a single species, is now known to consist of a complex of species that differ electrophoretically and in life history characteristics (Grassle & Grassle 1974, 1976, Baoing et al. 1991, Gamenick & Gierke 1994). Capitella sp. I is the most opportunistic of the sibling species so far described that belong to this complex (Grassle & Grassle 1974). It is a dominant inhabitant of sediments polluted heavily with organic matter from algae (e.g. Tsutsumi 1990), paper mills (e.g. Pearson & Rosenberg 1976), fish farms (e.g. Tsutsumi et al. 1991), sewage sludge (e.g. Chang et al. 1992), and oil (e.g. Sanders et al. 1980). The extent to which Capitella sp. I dominates such habitats

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is determined by an unusual tolerance to organic matter, metabolites, or associated pollutants versus its short generation time and high reproductive rates remains unclear (reviewed in Forbes et al. 1994). Tsutsumi and colleagues have suggested that Capitella spp. in fact require organically polluted sediment due to a very high need for protein in order to produce reproductively functional females (Tsutsumi 1987, Tsutsumi et al. 1990).

Polycyclic aromatic hydrocarbons (PAH) constitute a broad class of environmentally persistent organic compounds that are now ubiquitous in both aquatic and terrestrial ecosystems (Shiaris 1989). Most are extremely insoluble, tend to be associated with particulate matter, especially sedimentary organics (National Oceanic and Atmospheric Administration 1989), are resistant to biodegradation and become increasingly refractory under reducing conditions (Hambrick et al. 1980, DeLaune et al. 1981, Shiaris 1989). Biodegradation rates of PAH in sediments are enhanced in the presence of Capitella spp. (Gardner et al. 1979, Bauer et al. 1988). Less is known about the influence of PAH on the physiology and ecology of Capitella sp. I, but dominance of Capitella sp. I in oil-polluted sediments suggests that these polychaetes will frequently be exposed to high concentrations of PAH in nature.

We designed the following experiments to test 3 hypotheses explaining the relative success of Capitella sp. I in PAH contaminated sediments: (1) Capitella sp. I does not accumulate PAH from contaminated sediment, (2) Capitella sp. I accumulates PAH from contaminated sediment, but metabolizes it to an excretable form, and (3) Capitella sp. I uses sediment-associated PAH as a carbon source. We selected Capitella sp. I for study as it is the most opportunistic of the sibling species and we therefore expected it to show the most striking response to PAH exposure. We chose fluoranthene because it is one of the most abundant PAH identified in marine sediment samples (e.g. Shiaris & Jambard-Sweet 1986, National Oceanic and Atmospheric Administration 1989), it tends to have a high bioaccumulation potential relative to smaller or larger PAH (Landrum 1989), it was shown to be highly toxic to benthic invertebrates (LC50 values for Rhepoxynius abronius and Corophium spinicorne between 15 and 50 µg l⁻¹, Swartz et al. 1990), and because a ¹³C-labeled form is commercially available.

**MATERIALS AND METHODS**

**General.** Capitella sp. I (identified by J. P. Grassle) were reared in laboratory culture in 10 l aerated aquaria at 12°C and 30‰ S on a food source of frozen-thawed sediment (<250 µm) augmented periodically with a mixture of 1 part dried spinach:1 part Beauvais™ whole meal baby cereal: 1 part Tetramin™ commercial fish food by weight. Mature worms >1 to 2 mm³, without eggs, were used in the following experiments.

Worm size was estimated as body volume (Forbes & Lopez 1987, Forbes et al. 1994). Worms were assumed to be cylindrical and each worm size estimate used in the analysis was the mean of 3 replicate volume determinations. Body volumes were measured by videotaping worms, with a camera mounted on a dissecting microscope. Worm length (L) and projected area (A) were estimated with JAVA (Jandel Inc., Erkrath, Germany) image analysis system and converted to volume (V = πA²/4L). Sediment for all experiments was collected from a shallow subtidal site in the Isfjord, island of Zealand, Denmark (Station 63; Rasmussen 1973), passed through either a 250 µm or 125 µm sieve, and frozen until use.

**Fluoranthene uptake and depuration.** We designed this experiment to examine uptake and depuration of sediment-associated fluoranthene by Capitella sp. I as a function of sediment fluoranthene concentration.

Fluoranthene-contaminated sediments were made by adding a known volume of fluoranthene stock solution [crystalline fluoranthene (98% GC grade, Aldrich) dissolved in acetone] to a known volume of wet sediment. Sediments were shaken for 62 h at 16°C in the dark, after which time they were allowed to settle, the overlying water was removed, and fresh seawater was added. Nominal concentrations were estimated by accounting for sediment water content (%), density (g cm⁻³) and organic carbon content (% dry wt). Sediment fluoranthene concentrations were chosen on the basis of published LC₅₀ values (15 to 50 µg l⁻¹) pore-water for crustaceans; Swartz et al. 1990) which correspond to a sediment concentration of 30 to 90 µg (g dry wt sed)⁻¹ (for a sediment with 3% organic carbon; Swartz et al. 1990). Unpublished data from our laboratory showed little effect of a nominal sediment concentration of 90 µg (g dry wt sed)⁻¹ on survival and bioturbation by Capitella sp. I, so this was chosen as the minimum treatment concentration in the present experiment. Additional treatments were 180 and 360 µg (g dry wt sed)⁻¹. Purity of the fluoranthene was checked with ¹³C-NMR and GC/MS.

To each of eight 1 l glass dishes we added 450 g sediment (<250 µm), 300 ml 0.2 µm filtered seawater (32‰ S), and 72 worms (average wet wt 2 mg), yielding a worm density of 5000 m⁻². We used 2 dishes for the control and each of the 3 fluoranthene treatments. An additional 2 dishes containing the 90 µg g⁻¹ treatment but no worms were used to check for microbial breakdown of fluoranthene in our sediment systems. Two dishes containing worms and uncontaminated sediment were used to measure background concen-
One day prior to the experiment, 2 ml of sediment was labeled with 100 µCi 3-[14C] fluoranthene (Sigma No. F6147) for 24 h at 21°C in the dark with periodic shaking. Immediately prior to the experiment, labeled sediment was centrifuged at 3000 × g for 5 min and rinsed with 30% S. 0.2 µm filtered seawater twice to remove unincorporated fluoranthene. Five 20 µl replicate samples were taken to estimate sediment specific activity [dpm 14C (mg dry wt sed)^{-1}].

Exactly 10 ml of 30% S. 0.2 µm filtered seawater and 35 µl of 14C-labeled sediment were added to thirty 20 ml plastic vials fitted with snap-on plastic lids. Fourteen worms from each of the 2 food treatments were placed in the prepared vials (1 worm per vial) and allowed to feed on the 14C-labeled sediment for 1 h. Two vials were kept without worms to check for changes in sediment specific activity and loss of 14C to the water phase during the 1 h feeding period. At the end of the hour, the contents of the 2 vials were filtered through 0.4 µm Nuclepore filters, and the water and sediment phases counted separately for radioactivity.

Following the 1 h feeding period, worms were removed to clean seawater and cleaned of adhering sediment and allowed to clear their guts of sediment for 6 h. Each group of 5 worms was added to a 10 ml pyrex extraction tube and crushed with a glass spatula. To each tube were added 1 ml 4 M NaOH and 1 ml methanol containing the internal standard. The samples were incubated at 40°C for a minimum of 12 h (average 16 h). After the samples were allowed to cool to room temperature, 1 ml 4 M HCl was added and the samples were briefly mixed on a Vortex mixer. Samples were then extracted in hexane 3 times as for sediments.

Extracted samples were run on a Hewlett-Packard (HP) 5890II gas chromatograph (GC) coupled to an HP 5971A mass spectrometer and an HP MS data analyzer. We used an HP 1 nonpolar capillary column, selective ion monitoring, splitless injection, an injection volume of 1 µl, and a flow speed of 65 ml s^{-1} with helium as the carrier gas. The GC was temperature programmed, starting at 70°C, increasing at a rate of 10°C min^{-1}, until a temperature of 300°C was reached. The detection limit on this machine was ca 100 ng g^{-1}.

14C-fluoranthene metabolism. Approximately 50 Capitella sp. I were removed from culture and randomly assigned to 1 of 2 food treatments: natural sediment (<125 µm) or sediment (<125 µm) to which a nominal concentration of 100 µg g^{-1} fluoranthene was added. The 2 treatments were set up in 100 ml beakers, filled with ca 3 cm sediment and 17 cm aerated overlying seawater (21°C, 30% S) and placed in the dark for 1 wk. On the day of the experiment, worms were removed from the feeding treatments, cleaned of adhering sediment and videotaped.
Samples were counted on a Wallac Model 1409 liquid scintillation counter, and were corrected for background and quench.

**Statistical analyses.** Changes in sediment fluoranthene concentration during the uptake and depuration experiment were analyzed by 1-way analysis of variance (ANOVA), run separately for each exposure concentration. Pairwise differences in worm fluoranthene concentrations among Days 1, 2, and 4 were analyzed by Tukey's HSD test (tissue concentrations for Days 0 and 7 were below the detection limit for all treatment groups and were not included in the statistical analyses).

Differences in worm body volume between treatment groups in the 14C-fluoranthene metabolism experiment were analyzed by ANOVA. Since a significant difference in body size was detected between groups, additional analyses comparing the amount of 14C ingested, the fraction of ingested 14C lost as TDC, DOC, CO2 and POC, and the fraction of ingested 14C retained by worms were analyzed by analysis of covariance, with treatment (control versus pre-exposed) as the grouping variable and body volume as the covariate. If body size and the body size × treatment interaction terms were not significant, a reduced ANOVA model was run to test for the effect of treatment alone. Statistical analyses were performed with SYSTAT 5.0 (Wilkinson 1990).

**RESULTS**

**Fluoranthene uptake and depuration**

Average measured concentrations for the 3 fluoranthene treatments and control sediment are shown in Table 1. We could not detect a change in sediment fluoranthene concentration during the 7 d exposure period in any of the treatments (ANOVA. 90 µg g⁻¹ treatment, p = 0.501; 180 µg g⁻¹ treatment, p = 0.559; 360 µg g⁻¹ treatment, p = 0.173). Concentrations of fluoranthene in worm tissues at the start of the uptake experiment (Day 0) and in control treatments throughout the course of the experiment were below detection. The pattern of tissue fluoranthene concentration showed an increasing trend during the first 2 d of exposure and then a decrease between Days 2 and 4 (Fig. 1). Body burdens of fluoranthene after 1 d of exposure were linearly related to sediment concentration (Fig. 2). However, for all treatments, tissue concentrations were below detection by Day 7. Given that tissue concentrations had decreased below the detection limit despite continued exposure, data for the 7 d depuration period (Days 8 to 14) were excluded from the analysis. Comparison among Days 1, 2, and 4 indicated that, for the 90 and 180 µg g⁻¹ treatments, tissue concentrations were lower on Day 4 than on Days 1 and 2 (Tukey HSD test, p ≤ 0.02). The difference in tissue concentration between days was not significant in the 360 µg g⁻¹ treatment, primarily as a result of the high variability between replicates for Day 2 (see Fig. 1; Tukey HSD, Day 2 vs Day 4, p = 0.107), but the trend in tissue concentrations was the same as in the other treatments.

**14C-fluoranthene metabolism**

At the end of the 1 wk fluoranthene pre-exposure period, fluoranthene-exposed worms were significantly smaller on average than worms from control sediment (control: 8.95 mm ± 1.678 = SD; pre-exposed: 5.25 mm ± 1.415 = SD). Thus, all further comparisons between treatment and control groups included body volume as a covariate. If body size had no detectable effect on the test variable of interest, a simpler model was used in which body size was deleted from the analysis.

![Fig. 1. Capitella sp. 1. Fluoranthene uptake and depuration. Worms were exposed to fluoranthene-contaminated sediments for 7 d at concentrations of (●) 90 µg g⁻¹, (▲) 180 µg g⁻¹ or (■) 360 µg g⁻¹. Points represent the means of 2 replicates of 5 worms each. Error bars are standard deviations.](image-url)
Forbes et al., Inducible metabolism of fluoranthene by *Capitella* sp.

**Fig. 2.** *Capitella* sp. I. Tissue fluoranthene concentration as a function of sediment fluoranthene concentration after 1 d of exposure. Tissue concentration: $-53.61 \pm 45.997 = SE + 1.88 \pm 0.189 = SE$ sediment concentration; $n = 6, r^2 = 0.96, p = 0.001$.

The specific activity of $^{14}$C-fluoranthene in sediment was estimated to be 228 dpm (μg sed dry wt)$^{-1}$, which corresponds to a concentration of 376 μg fluoranthene (g dry wt sed)$^{-1}$. There was no change in the sediment specific activity during the course of the 1 h feeding period, but an average of 5.5% (±2.83 = SD) of the $^{14}$C was associated with the water and particles <0.4 μm at the end of the feeding period.

The total amount of fluoranthene ingested during the 1 h feeding period was a function of worm size (ANCOVA, $p = 0.024$) but did not differ between pre-exposed and control groups ($p = 0.874$), (Fig. 3). The fraction of ingested $^{14}$C lost in feces and mucus (= POC) during 20 h following the labeled meal was independent of body volume and did not differ between control and pre-exposed groups (Fig. 4). By 20 h, the fraction of ingested $^{14}$C lost as POC was 37.5% (±12.14) in the control group and 29.5% (±10.16) in the pre-exposed group. The fraction of ingested $^{14}$C lost as CO$_2$ was independent of worm size and did not differ between control and pre-exposed groups (Fig. 5). An average of 0.58% of the ingested $^{14}$C was lost as CO$_2$ by 20 h in both control and pre-exposed groups (control SD = 0.286; pre-exposed SD = 0.252).

**Fig. 3.** *Capitella* sp. I. $3-[{14}C]$ fluoranthene metabolism. Amount of fluoranthene ingested during a 1 h feeding period was influenced by worm size but not pre-exposure treatment. (▲) Control worms, (●) worms pre-exposed to fluoranthene for 1 wk. Regression for all points pooled: log(ng fluoranthene ingested) = 0.86 ± 0.148 = SE + 0.91 ± 0.176 = SE log(worm volume); $n = 18, r^2 = 0.626, p < 0.001$.

**Fig. 4.** *Capitella* sp. I. $3-[{14}C]$ fluoranthene metabolism. Fraction of ingested fluoranthene lost as POC during 20 h following the labeled meal. Data are presented as the mean and standard deviation of 9 worms each in the control and exposed groups.

**Fig. 5.** *Capitella* sp. I. $3-[{14}C]$ fluoranthene metabolism. Fraction of ingested fluoranthene lost as CO$_2$ during 20 h following the labeled meal. Data are presented as the mean and standard deviation of 9 worms each in the control and exposed groups.
The fraction of ingested $^{14}$C lost as DOC during 20 h following the labeled meal was significantly higher in pre-exposed relative to control worms (Fig. 6). In addition, the fraction lost as DOC was independent of size in control worms ($p = 0.135$) but was inversely related to size in pre-exposed worms ($p = 0.009$; Fig. 7). By 20 h, the mean fractions lost as DOC were 5.96% ($\pm 1.03 \text{ SD}$) in the control group and 36.82% ($\pm 7.35 \text{ SD}$) in the pre-exposed group. Differences between groups were already detectable after 1 h following the labeled meal, at which time the control group had lost 1.9% ($\pm 0.86$) and the pre-exposed group 13.3% ($\pm 3.21$) of the ingested $^{14}$C as DOC.

The fraction of ingested $^{14}$C still retained by worm tissues after 20 h was independent of body volume but was significantly higher in control relative to pre-exposed worms (Fig. 8; $p < 0.001$). Control worms retained 56.0% ($\pm 11.7 \text{ SD}$) and pre-exposed worms 33.2% ($\pm 9.0 \text{ SD}$) of the ingested $^{14}$C in their tissues.

In order to check for loss of CO$_2$ during separation of TDC into DOC and CO$_2$ fractions, we regressed measured TDC against predicted TDC ($= \text{sum of DOC + CO}_2$). The agreement was very good and the recovery of TDC in the separated samples averaged 88%. The above values for DOC and CO$_2$ were not corrected for percentage recovery, as doing so would have had a negligible effect on the results and would not have altered our major conclusions.

We were concerned that bacteria associated with the sediment might redistribute the $^{14}$C pools between transfer periods. We were particularly concerned that bacteria would convert DO$^{14}$C or PO$^{14}$C to $^{14}$CO$_2$. To test for this effect, we compared the DOC/CO$_2$ and POC/CO$_2$ ratios for vials in which the worms were removed at the 1 h transfer, but were allowed to incubate for 0, 5 or 20 h following worm removal (see ‘Materials and methods’). There was no significant change in either ratio as a function of incubation time, indicating that potential bacterial redistribution of carbon pools did not bias our results (Kruskal-Wallis test: DOC/CO$_2$, $K_s = 0.857$, $p = 0.651$; POC/CO$_2$, $K_s = 2.000$, $p = 0.368$).
DISCUSSION

The opportunistic polychaete Capitella sp. I accumulated fluoranthene from contaminated sediment in a concentration-dependent manner. This result does not support the hypothesis that worms do not take up PAH from contaminated sediment (Hypothesis 1). Highest body burdens were achieved during the first 2 d of exposure, after which time tissue concentrations decreased and were below detection by Day 7 at all sediment concentrations, despite continued exposure to high sediment fluoranthene concentrations. Net bioconcentration factors were 1.7 for the 3 treatments on Day 2. There was little or no mortality of Capitella sp. I in any of our sediment treatments and worms appeared to be actively feeding, despite the fact that the concentrations of fluoranthene used in the uptake experiment (90 to 360 μg g⁻¹) were high relative to reported values for heavily contaminated marine sediments (Shiaris & Jambard-Sweet 1986, National Oceanic and Atmospheric Administration 1989).

Ingestion rates of ¹⁴C-fluoranthene were linearly related to body volume but did not differ as a function of fluoranthene treatment. If we assume that control and pre-exposed worms had similar particle selectivity, then the amount of sediment ingested (which is proportional to the amount of fluoranthene ingested multiplied by an index of selectivity) did not differ as a function of fluoranthene treatment. This indicates that the pre-exposure to high sediment fluoranthene concentrations, although reducing growth rate, did not irreversibly reduce feeding rate relative to the control group.

On the basis of stable isotope ratios, Spies et al. (1989) concluded that Capitella species, living in the vicinity of oil seeps, utilize petroleum as a carbon source. The results of our ¹⁴C-fluoranthene metabolism experiment do not support the hypothesis that Capitella sp. I can use fluoranthene as a carbon source without any great degree. Less than 1% of the ingested ¹⁴C was respired as CO₂. Typical ¹⁴CO₂ release values for other invertebrates fed ¹⁴C-labeled food sources are in the range of 27% (Hydrobia ulvae; Forbes & Depledge 1992) to 30–53% (Hydrobia ventrosa; Kofoed 1975) of the ingested ¹⁴C during the first day.

Pre-exposure for 1 wk to fluoranthene-contaminated sediment increased the fraction of ingested ¹⁴C-fluoranthene lost as DOC and decreased the fraction retained in worm tissues at the end of the experiment. These results provide evidence for an inducible metabolic pathway resulting in increased excretion of fluoranthene-derived metabolites in pre-exposed worms. The concentration of ¹⁴C-labeled fluoranthene used in the metabolism study was high relative to reported values for heavily polluted sediment (Shiaris & Jambard-Sweet 1986, National Oceanic and Atmospheric Administration 1989). Despite such high levels used, we did detect significant excretion of fluoranthene-derived ¹⁴C, even in control worms, indicating either some degree of background enzyme activity or rapid induction following a very brief duration of exposure (i.e. by 1 h). Previous work by Lee & Singer (1980) demonstrated increased mixed function oxygenase (MFO) activity in Capitella (sibling species unidentified) following exposure to benz[a]anthracene for 3, 6 and 10 wk and increased activity following exposure to Kuwaiti crude oil after 10 (but not 3 or 6) wk. Those authors could not detect any MFO activity in unexposed worms. Although their results clearly indicated increased MFO activity in response to PAH or oil exposure, the extent to which the increase reflected induction versus selection for genetic strains with high enzyme activity could not be determined. Our results indicate that the metabolic pathways responsible for transforming PAH into soluble excretory products are inducible over a period of a few days of exposure. Determining whether or not it is the same MFO enzymes identified by Lee & Singer (1980) or different enzymes that are induced in Capitella sp. I after a few days' exposure to PAH will require further investigation.

The dissolved fluoranthene metabolites released by Capitella sp. I were apparently not readily available for microbial attack since DOC pools were not detectably converted to CO₂ during an incubation period of up to 19 h. This is in contrast to results of experiments in which the fate of known food sources, labeled with ¹⁴C and fed to invertebrates, has been traced in closed systems. In such cases, the DOC excreted may be measurably mineralized to CO₂ by microbial activities (e.g. Parsons et al. 1984, p. 217; Forbes & Depledge 1992).

The MFO system is a primary pathway by which foreign lipophilic compounds are converted into more water soluble metabolites for excretion, and study of the role of this system has generally focused on assays of MFO activity and the amount of cytochrome P-450 (reviewed in Lee 1981). The limited sensitivity of currently available assays for MFO activity requires that entire Capitella be homogenized and pooled for analysis. Because the use of whole animals may dilute the signal if only certain tissues show inducible activity and because MFO inhibitors may be released during homogenization, the usefulness of this approach is limited for small invertebrates such as Capitella. Lee & Singer (1980) reported relatively low levels of MFO activity in Capitella spp. exposed to crude oil (compared to measurements of separate organs of larger invertebrates; Lee 1981), despite the fact that Capitella species are generally among the first to recolonize oil contaminated sites in the field (e.g. Sanders et al. 1980). An advantage of our approach to assessing
metabolism of PAH over that of direct measures of MFO activity is that we measure the metabolic response of individual, intact, actively feeding worms in sediments. Our results demonstrate that Capitella sp. I, exposed to highly contaminated sediment, can metabolize PAH such that body burdens are unmeasurable after a few days.

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