

## NOTE

**Physiological condition and barnacle larval behavior:  
a preliminary look at the relationship between TAG/DNA  
ratio and larval substratum exploration in *Balanus amphitrite***

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**ABSTRACT:** Behavior of laboratory-reared larvae of the barnacle *Balanus amphitrite* was examined in Beaufort, North Carolina (USA), in relation to their physiological condition. Cyprid substratum exploration was monitored by means of video endoscopy using various experimental surface types (clean, biofilm, 1 and 2 wk fouled) and 2 water flow regimes (still water and ca 5 cm s<sup>-1</sup>) at room temperature (21°C). We used the triacylglycerol/DNA (TAG/DNA) ratio of small batches of larvae as a measure of physiological condition in 0 to 12 d old cyprids. The physiological condition of cyprids decreased significantly with age ( $p < 0.001$ ), ratios severely dropping between 5 and 8 d. Although exploration behavior did not show much variation with age, the overall number of active exploring cyprids appeared to be age dependent. Additionally, the relationship between surface exploration behavior and age also appeared to vary with substratum type as well as flow rate. For example, fewer young cyprids (0 to 5 d old) explored unfavorable substrata (clean and biofilm treatments) than older ones in still water. Exploration responses, however, appeared to differ in relation to flow regimes (still vs moving water trials). Time spent by cyprids on surfaces before returning to the water column (non-exploratory behavior) appeared to vary in relation to age and substratum type in still water trials. Duration of exploration and distance explored by cyprids in flow generally peaked with cyprids from the 3 d cohort. Overall, our results showed that habitat selection in barnacle cyprids results from a complex relationship involving substratum type, hydrodynamics and larval age (i.e. physiological condition and competency).

**KEY WORDS:** *Balanus amphitrite* · Barnacle · Cyprid · Larval behavior · Larval ecology · Lipid condition · TAG/DNA ratio

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Settlement and recruitment processes have been extensively studied in marine benthic invertebrates (e.g. Crisp 1976, 1984, Hadfield 1998). The effects of a wide variety of biotic (e.g. competition, predation) and abiotic (e.g. environmental conditions, substratum types, water flow) factors have been documented in many experimental field studies, and later used in conceptual models, to explain the variability in the population dynamics of marine organisms (e.g. Connell 1975, Paine 1977, Menge & Sutherland 1976, Underwood & Denley 1984). More recently, this variability has been related to a large set of factors that may enhance or impede the ability of individuals to perform (e.g. settlement, selection of habitat, attachment) during their larval phase (reviews: Pawlik 1992, Eckman 1996). For instance, studies have shown that population size and distribution patterns of several sessile invertebrate species are determined by passive dispersal processes (e.g. Grosberg 1982, Caffey 1985, Gaines & Roughgarden 1985, Gaines et al. 1985, Minchinton & Scheibling 1991, Miron et al. 1995) and by active exploration of the substrata which may lead to permanent attachment (e.g. Keough & Downes 1982, Yule & Walker 1987, Mullineaux & Butman 1991, Walters 1992, Miron et al. 1996, Walters et al. 1999).

Although conceptual models in population dynamics of marine benthic species are becoming more realistic (Menge & Sutherland 1987, Miron et al. 1999), the picture is yet to be completed. For instance, endogenous factors such as the physiological condition of a larva may also play a major role in habitat selection (Miron et al. 1999) and ultimately in population dynamics (Holland & Walker 1975, Waldock & Holland 1978, Lucas et al. 1979, Gallagher et al. 1986, West & Costlow 1987, Woollacott et al. 1989, Ouellet et al. 1992, Pechenik et al. 1993, 1996, Jaekle 1994). Recently,

Jarrett & Pechenik (1997) showed that the organic content in cypris larvae of the barnacle *Semibalanus balanoides* explains temporal variations in metamorphic success and early juvenile mortality and growth. Poor physiological quality resulted in poor juvenile growth (Jarrett & Pechenik 1997); this may in turn lead to poor competition capabilities (Connell 1961, Bertness 1989). Miron et al. (1999) also suggested that larval substratum exploration and decision processes regarding final attachment location in barnacles might depend on the physiological quality of cyprids. In their study, the physiological quality of newly settled *S. balanoides* (triacylglycerol[TAG]/cholesterol ratio) was greatest at low intertidal level, the preferred attachment location. However, the quality of planktonic cyprids was not correlated to their position in the water column (Miron et al. 1995, 1999). Planktonic cyprids displaying better physiological condition attach more readily to optimal spots compared to those in poorer condition. Cyprids' attachment specificity and ability are known to diminish over time (Rittschof et al. 1984, Satuito et al. 1996).

The present study describes the physiological condition of daily cohorts of cypris larvae of the barnacle *Balanus amphitrite*, and explores the potential relationship between the physiological quality of cyprids and substratum exploration behavior on different surfaces in still and moving water. This preliminary study will provide a framework for investigating the importance of temporal variation in barnacle cyprid quality in relation to optimal habitat selection.

**Material and methods. Experimental organisms:** Cypris larvae of the barnacle *Balanus amphitrite* were obtained from a stock of adult individuals maintained at the Duke University Marine Laboratory (DUML) and reared in batch culture on *Skeletonema costatum* at 28°C, as described by Rittschof et al. (1984). The cyprid stage was reached 4 d after hatching. Cyprids were then stored in the dark at 4°C. Cyprids of *B. amphitrite* are inactive and do not attach or metamorphose at this temperature (Rittschof et al. 1984). In our experiments, we monitored daily the exploration behavior of 0 to 12 d old cypris larvae in relation to their physiological condition, substratum composition and flow conditions at room temperature (21°C). Before each trial, cyprids were given a period of time to accustom to the ambient temperature.

**Physiological condition of larvae:** Experiments were carried out during September and October of 1995 at DUML. The physiological condition of cyprids was assessed using an index based on lipid composition. In many invertebrate larvae, neutral lipids, such as TAG, are the primary endogenous energy reserves used for basal metabolism (e.g. growth, behavior, metamorphosis) (Holland 1978, Gallager & Mann 1986, Ouellet et al. 1992). The quantity of TAG, however,

cannot be solely used to estimate the physiological condition of larvae because of its dependency on larval size (Gallager & Mann 1986). Alternatively, TAG content can be expressed relative to DNA content to yield a ratio that compensates for the size-dependency of TAG. Thus, we used the ratio of TAG to DNA (TAG/DNA) to evaluate the physiological condition of cyprids.

A total of 15 to 20 cyprids were used per vial (sample) for TAG and DNA analyses. Samples (N = 3) were placed into liquid nitrogen immediately upon collection and stored at -80°C until processed. Each sample was homogenized manually with 500 µl of distilled water in a glass tissue homogenizer (20 strokes). Separate samples (250 µl) of the initial homogenate were used to analyze TAG and DNA concentrations. Lipids were extracted using methods described by Bligh & Dyers (1959). The solvent system for lipid separation was chloroform-methanol-water (2/2/1.8, v/v/v). The homogenate was rinsed with 250 µl of a KCl solution (0.88%) to facilitate the breakdown of lipid-protein bonds (Ouellet et al. 1992). Homogenates were centrifuged at 2500 rpm (4000 × g) at 4°C for two 10 min intervals. The lipid fraction was removed after each wash and transferred to a clean tube. The solvent was evaporated under a nitrogen stream and lipids were resuspended in a sodium phosphate buffer (0.5 M, pH 7.5) with 0.5% Brij 35 and 3 mM cholate. The concentration of TAG was determined enzymatically using an automated Technicon RA-1000 analyzer (Cantin et al. 1992). Nucleic acid concentrations were determined by fluorimetry as described by Mayrand et al. (1988). This technique is sensitive to nucleic acid concentrations as low as 0.05 µg ml<sup>-1</sup> (Robinson & Ware 1988) and relies on the enhanced fluorescence of nucleic acids after introduction of thiazole orange (TO). The percentages of recovery for DNA were 98.3 ± 4.7 (N = 3). We used Tris-Ca buffer, pH 7.5 (NaCl: 0.1 M, Tris: 0.1 M, CaCl<sub>2</sub> · 2H<sub>2</sub>O: 0.9 mM) for solutions of TO 21 mM, heparin (16.5 units ml<sup>-1</sup>) and RNase (4.8 units ml<sup>-1</sup>). Stock solutions of Calf Thymus DNA type I were made up with 1 mg of nucleic acid per ml of Tris-Ca buffer and kept at -80°C. Ice-cold Tris-Ca buffer (NaCl: 0.2 M, Tris: 0.2 M, CaCl<sub>2</sub> · 2H<sub>2</sub>O: 1.8 mM) was added to sub-samples of homogenate (250 µl) and centrifuged at 3000 × g for 10 min. As described by Mayrand et al. (1988), different tubes were prepared for the determination of total nucleic acids for the quantification of DNA (homogenate, heparin, RNase and TO), and to determine the homogenate fluorescence. Tris-Ca was added to obtain a final volume of 1 ml in each tube. Two background tubes were done for each day, with Tris-Ca, heparin and TO. The 'DNA' tubes of each sample were incubated at 37°C for 20 min, while the 'total', 'blank' and 'background'

tubes were kept at  $<4^{\circ}\text{C}$ . After incubation, TO was added to all the tubes, except to the 'blanks'. DNA amounts were measured with a Perkin Elmer LS50 spectrofluorimeter at  $25^{\circ}\text{C}$ . Readings were done at EX 511 nm with a band width of 3 nm and EM 533 nm with a band width of 5 nm.

**Larval behavior trials:** The methodology used to examine exploratory behavior of cyprids has been previously described (Walters et al. 1999). Experimental settlement plates ( $8.5 \times 8.5 \times 0.1$  cm), on which were drawn reference grids at 0.5 cm intervals with an indelible marker, were cut from dark-green plastic. Four plate treatments were used: (1) clean, (2) biofilm, (3) 1 wk fouled and (4) 2 wk fouled. Clean surfaces had previously been aged in flowing seawater in the laboratory for 1 wk, and were cleaned with paper towels to remove the microbial film immediately before use in our trials. Biofilm surfaces were soaked in the laboratory in running seawater for 1 wk prior to the start of the trials, but had no macro-organisms present on their surfaces. Fouled surfaces were attached face-down to a 1 cm diameter Vexar<sup>®</sup> mesh and PVC pipe frame placed ca 20 cm under a floating dock to be colonized by the natural fouling community for 1 or 2 wk. During our experiments, fouling organisms recruiting onto experimental surfaces included barnacles, bryozoans, hydroids, serpulid and spirorbid polychaetes, amphipods and ascidians (see Walters et al. 1999 for species list). Mean cover was ca 15 and 85% on 1 and 2 wk fouled treatments, respectively. Current speeds under the dock ranged from 0 to  $15 \text{ cm s}^{-1}$  (Culliney 1969).

In the still water trials, each experimental surface was placed, one at a time, in a plastic chamber ( $13.5 \text{ cm length} \times 13.5 \text{ cm width} \times 4.0 \text{ cm height}$ ) attached to the bottom with electrical tape (Walters et al. 1999). The chamber was then placed on bricks in an opaque plastic enclosure to minimize light exposure. Observations on clean and biofilm surfaces were carried out using 0 to 12 d old cyprids (Table 1). Due to a limited number of available larvae, both fouled treatments were run with 0, 3, 6 and 10 d old cyprids (Table 1). Approximately 500 cyprids were used in each trial at room temperature.

In the flow trials, the experimental chamber was similar in dimensions to the one used in still water and had running seawater supplied through a tube fixed at one end of the chamber attached to a 2 cm diameter plastic T-joint with 20 uniformly spaced 1.5 mm diameter holes along its length. The opposite end of the chamber was removed and replaced with  $0.45 \mu\text{m}$  Nitex<sup>®</sup> mesh letting water flow through. Flow rates used averaged  $5.2 \pm 2.1 \text{ cm s}^{-1}$  (mean  $\pm$  SE;  $N = 36$ ). This mean flow rate represented the overall flow rate in the experimental chamber. Flow speeds near the surface were further reduced and highly variable

when fouling organisms were present. Flow trials were run with 0, 3 and 6 d old cyprids (Table 1). Approximately 500 cyprids were used in each trial at  $21^{\circ}\text{C}$ .

An endoscope and videotape recording set-up allowed us to observe cyprids while actively exploring the substratum. This set-up has been previously described in Walters et al. (1999). It consisted of an Olympus K17-18-00 endoscope (1.7 mm diameter, 186 mm length) attached to a Cohu Inc. video camera via a Schöly Fiberoptics GmbH C-mount zoom adapter (model W-7819). The camera was attached to a micro-manipulator, allowing 3-dimensional movement inside the chamber. Video output from the camera was sent to a VCR and then to a monitor. An Olympus 250 W high-intensity xenon light source (model ILV-2) provided cold light to the tip of the endoscope via an external fiber optic light guide. A cardboard panel, placed over the external enclosure, eliminated external light sources inside the experimental chamber. The endoscope was set 2 to 4 cm from the experimental surface and provided a top view of the cyprids while exploring the substrata. Observational bouts in each trial lasted 20 min.

Larval behaviors were recorded in both still water and flow trials. Only individuals actively moving over the surface were considered to be actively exploring. This movement was a result of crawling, swimming, and hopping (Walters et al. 1999). Hopping is defined here as short individual jumps that are suddenly initiated by stationary cyprids. Hopping was the most frequently observed movement in trials. Duration of movement and distance of travel while individuals were actively exploring a surface were only measured in flow trials. In still water, individuals were often

Table 1. Summary of observations (x) carried out during the present study. S: trial runs in still water; F: trial runs in  $5.2 \pm 2.1 \text{ cm s}^{-1}$  flow

Age of cyprids (d)	Plate type							
	Clean		Biofilmed		1 wk fouled		2 wk fouled	
	S	F	S	F	S	F	S	F
0	x	x	x	x	x	x	x	x
1	x		x					
2	x		x					
3	x	x	x	x	x	x	x	x
4	x		x					
5	x		x					
6	x	x	x	x	x	x	x	x
7	x		x					
8	x		x					
9	x		x					
10	x		x		x		x	
11	x		x					
12	x		x					

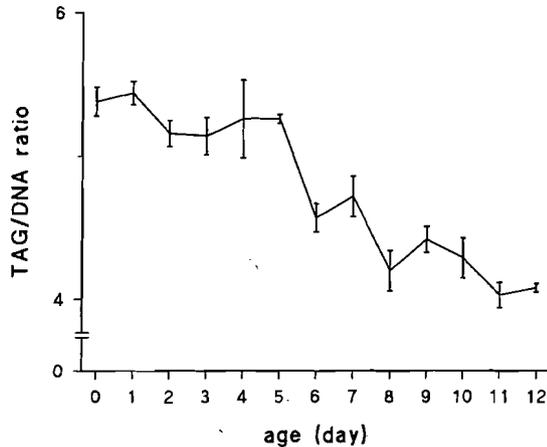


Fig. 1. *Balanus amphitrite*. Temporal variation in TAG/DNA ratio (mean ± SE, N = 3) of 0 to 12 d old laboratory-reared cyprids

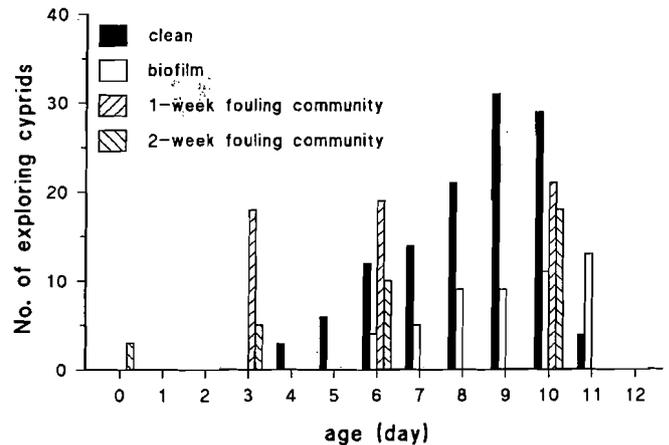


Fig. 2. *Balanus amphitrite* in still water. Temporal variation in the number of exploring cyprids, 0 to 12 d old individuals, on 4 surface treatments. Approximately 500 cyprids were used in each trial

immobile or side-crawling. Side-crawling is defined as individuals crawling on their sides by moving their thoracic appendages (Walters et al. 1999). These behaviors were not considered active exploration behaviors. In addition to the number of individuals actively exploring a surface, the duration that larvae remained immobile or side-crawling on the substratum after initial encounter before returning to the water column was also measured in still water trials (N = 10). These data were used as an indirect measure of 'plate attractiveness', assuming that a larvae will leave an unattractive plate rapidly.

**Data analyses:** A 1-way ANOVA was used to determine if TAG/DNA ratio was influenced by the age of the barnacle cyprids. Tukey's multiple comparison test was used to determine which means were significantly different. Due to the highly variable responses of larvae and unbalanced experimental design, all other comparisons are qualitative.

**Results. TAG/DNA ratios:** The physiological condition of cyprids decreased significantly over time

( $p < 0.001$ ) (Fig. 1, Table 2). At an early age (0 to 5 d), the TAG/DNA ratio of cyprids appeared fairly stable (see multiple comparisons in Table 2), varying between maximum and minimum values of 5.44 and 5.14, respectively (Fig. 1). A large decrease then occurred for individuals between 5 and 8 d; the TAG/DNA ratios dropped from 5.26 to 4.20 during this period. The physiological condition of cyprids remained relatively constant in the older cohort of individuals (8 to 12 d; see Fig. 1 and multiple comparisons in Table 2).

**Larval behaviors in still water:** The number of exploring cyprids (crawling, swimming, hopping) generally increased with age (Fig. 2). This response, however, appeared to vary with plate type. For example, 2 wk fouled plates were explored by individuals as young as 0 d (Fig. 2). No other plate types were explored by this cohort. Two wk fouled plates continued to be explored by 3, 6 and 10 d old individuals and the number of exploring cyprids appeared to increase with age. One wk fouled plates started to be explored by 3 d old cyprids (Fig. 2). The number of exploring

Table 2. Summary of 1-way ANOVA performed on TAG/DNA ratios (N = 3) in relation to age of cyprids. Multiple comparisons were carried out with a Tukey test. Ages (d) are presented by increasing order of TAG/DNA ratio. Non-significant differences among ratios are underlined

Source of variation	SS	df	MS	F	p
Age	9.98	12	0.83	11.65	< 0.001
Error	1.86	26	0.07		
Total	11.84	28			
Multiple comparisons					
<u>11 d</u>	<u>12 d</u>	<u>8 d</u>	<u>10 d</u>	<u>9 d</u>	<u>6 d</u>
<u>7 d</u>	<u>3 d</u>	<u>2 d</u>	<u>4 d</u>	<u>5 d</u>	<u>0 d</u>
<u>1 d</u>					

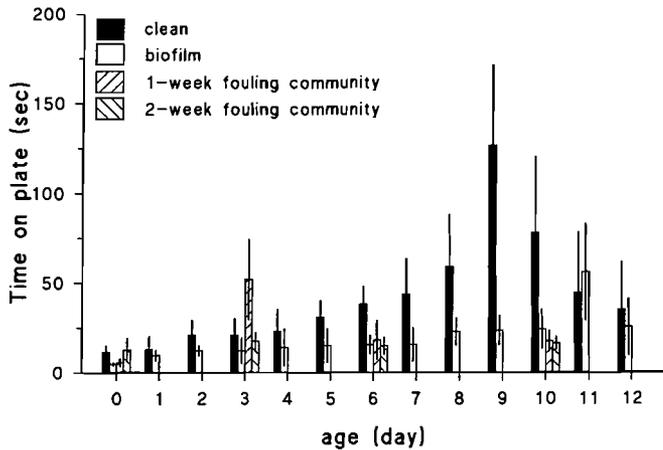


Fig. 3. *Balanus amphitrite* in still water. Amount of time (mean  $\pm$  SE, N = 10) spent by 0 to 12 d old cyprids from initial surface contact to their return in the water column on 4 surface treatments

individuals in 1 wk fouled surfaces stayed fairly constant with increasing age (ca 20 ind. per observational bout of 20 min). Clean and biofilm treatments started to be actively explored by 4 and 6 d old larvae, respectively (Fig. 2). Again, the number of exploring individuals appeared to increase with age. This number, however, dropped dramatically from Day 9 through Day 12 (Fig. 2). In fact, by Day 12, no exploring cyprids were observed.

Duration of time spent by cyprids on plates (non-exploring individuals) in still water is shown in Fig. 3. On clean surfaces, time spent on plates appeared to increase with increasing age up to Day 9 (Fig. 3). However, between Days 9 and 12, time greatly decreased. On the biofilmed surfaces, there was also a small increase from Day 0 to Day 11, after which a decrease was observed (Fig. 3). The shape of both these curves (Fig. 3) mirrored the larval exploration curves (Fig. 2) on these plate types. On both types of fouled surfaces, time spent on surfaces peaked on Day 3.

The overall behavior of cyprids (time budget) did not vary much with age (Walters et al. pers. obs.). For example, side-crawling individuals appeared to be more mobile with age while on their side in still water trials. Individuals also appeared to be more tolerant to encounters with conspecifics with age. Only 1 cyprid settled (3 d old individual) under still water.

**Larval behaviors in flow:** At the tested flow rate, on Day 0, there were larvae exploring all plate types (Fig. 4). Exploration was greatest on biofilmed surfaces for Day 0 individuals, and greatest for clean and fouled surfaces for 3 d old individuals (Fig. 4A). Duration of exploration (Fig. 4B) was also greatest in 3 d old cyprids (max.: 778 s) as well as distance

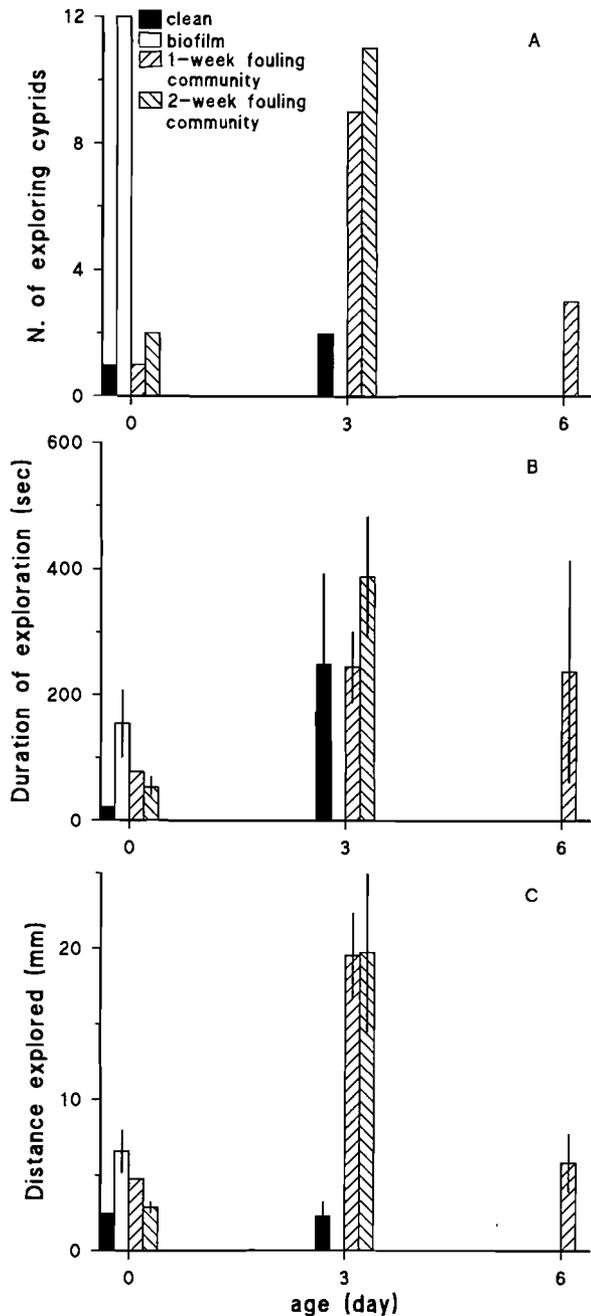


Fig. 4. *Balanus amphitrite* in flow. (A) Temporal variation in the number of exploring individuals, (B) duration of active exploration (mean  $\pm$  SE, N = 5), and (C) distance covered while exploring surface (mean  $\pm$  SE, N = 5) by 0, 3 and 6 d old cyprids on 4 surface treatments. Approximately 500 cyprids were used in each trial

explored (Fig. 4C) (max.: 39.6 mm). Nine larvae were found attached to the substratum surfaces during our observations. Of these, 6 were from the 3 d old cohort, 1 from the 0 d old cohort and 2 from the 6 d old cohort.

**Discussion.** In many marine benthic species, the competent larval phase is solely responsible for exploration and subsequent attachment in suitable habitats (e.g. Bourget 1988, Walters 1992, Satuito et al. 1996). In these highly specialized non-feeding larvae the stored energy will decrease over time (e.g. Satuito et al. 1996, Jarrett & Pechenik 1997). Time, thus, becomes a determinant factor for successful attachment and metamorphosis, and in turn, for distribution and abundance of adult individuals. Many studies have documented decreased energy reserves in barnacle larvae as the larvae age (Holland & Walker 1975, Lucas et al. 1979, Satuito et al. 1996, Jarrett & Pechenik 1997). Decreasing energy reserves will reduce larval quality and impede attachment (Rittschof et al. 1984, Satuito et al. 1996). Although the number of studies looking at the importance of endogenous factors in explaining settlement processes are increasing, to date none has examined the impact of depleting reserves on pre-attachment exploration behavior in cyprids.

Our study confirms that the physiological condition of cyprids of *Balanus amphitrite* decreases with time (Fig. 1). This response curve is similar to those on cyprid storage protein consumption presented on the same species by Satuito et al. (1996) and organic content depletion by Jarrett & Pechenik (1997) on *Semibalanus balanoides*. Satuito et al. (1996), however, observed a first significant drop in storage protein with 3 d old cyprids. In the present study, the first significant decrease was observed with cyprids aged between 5 and 6 d. This difference could be related to the water temperature we used to store cyprids (4°C). Prolonged cyprid aging at low temperature is known to modify settlement competence (Satuito et al. 1996) as well as to impede larval development (Crisp 1988). Cyprid metabolism (e.g. lipid consumption) could also be reduced at low temperature (Pechenik et al. 1993). The absence of a significant drop at an early age could alternatively be attributed to simple individual variations in the condition index of cyprids. The number of actively exploring cyprids varied with age, with values increasing up to a threshold value, then decreasing. Threshold values were observed in both flow regimes (Figs. 2 & 4A). Similar relationships have been observed on numbers of attached or metamorphosed barnacles in laboratory assays (Lucas et al. 1979, Rittschof et al. 1984, Pechenik et al. 1993, Satuito et al. 1996). Settlement in these studies still occurred with cyprids older than 12 d regardless of temperature. The absence of any substratum exploration displayed by 12 d old cyprids in the present study remains, in that context, unclear. Furthermore, we were not able to correlate the large drop in the TAG/DNA ratio observed between 5 and 6 d old cyprids to any particular variations in the exploration behavior. Satuito et al. (1996), for

instance, observed that settlement peaked with 3 d old cyprids, an age characterized by a very large drop in storage protein. In this study, exploration started with 4 and 6 d old cyprids on clean and biofilmed plates, respectively (Fig. 2). Fouled surfaces even displayed exploration with 0 and 3 d old cyprids. These latter results confirmed that larval exploration varies with surface type (see Walters et al. 1999).

Depletion of energy is known to reduce success in metamorphosis (Lucas et al. 1979) and post-metamorphic growth (Pechenik et al. 1993). In this study, cyprids older than 9 d showed a decreasing exploration behavior on clean and biofilm treatments in still water (Fig. 2). In these trials, the time spent on surfaces by non-exploring individuals before returning to the water column (Fig. 3) probably also reflects the fact that surface discrimination decreases as the cyprids age. However, we cannot rule out that cyprids held at 4°C for a long period could also need more time to recover. Except in fouled treatments, individuals spent more time on plates as age increased (up to a threshold value) and became more tolerant to overcrowding (increased contacts with other cyprids).

Water flow also affected the response of cyprids (Fig. 4). Both clean and biofilm plates became attractive to cyprids as young as 0 and 3 d in flow (Fig. 4A). No individuals from the same cohorts were observed exploring these surface types in still water (Fig. 2). Water movement has been shown to increase settlement and attachment in *Balanus crenatus* (Miron et al. 1996) as well as for *B. amphitrite* (Walters et al. 1999). Miron et al. (1996) suggested that cypris larvae should seek habitats with high flow rate in order to allow metamorphosed individuals to get more food. Water movement may then induce cyprids to explore any type of substratum. Alternatively, water flow may also induce individuals to stick to any surface encountered in order to avoid being passively dislodged. However, this behavior on clean and biofilm plates was only observed with young individuals (0 and 3 d). No 6 d old cyprids explored these surfaces under water flowing conditions (Fig. 4A). Fouled treatments appeared more attractive for 3 and 6 d old cyprids in flow. The attractiveness of these treatments, however, peaked with 3 d old individuals. Duration of exploration (Fig. 4B) and distance explored on plates (Fig. 4C) in flow also peaked with 3 d old cyprids. These results, as well as the peak of exploring (Fig. 4A) and attached cyprids observed with the 3 d old individuals, are probably related to the overall competency of this cohort to exploration and attachment.

Our results support the findings of Rittschof et al. (1984) and Satuito et al. (1996) on larval competency in the barnacle *Balanus amphitrite*. Cyprid competency appeared age related and peaked for individuals from

the 3 d old cohort. Our results also confirmed Walters et al.'s (1999) results on the larval behavior of *B. amphitrite* in relation to the type of substratum and water flow. Overall, the present study showed that habitat selection, an important process in barnacle population dynamics (Miron et al. 1999), results from a complex relationship involving substratum type, hydrodynamics and larval age (i.e. physiological condition and competency).

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