INTRODUCTION

Oceanographers have found that the ocean environment varies over every time scale that can be resolved, as instrumental records have been extended, more accurate proxy records have been retrieved and calibrated, and these records have been analyzed with new statistical tools. The ocean environment in the eastern tropical Pacific Ocean (ETP) varies seasonally, interanually and on longer time scales (decadal and climate change). Sorting out variability at these scales is necessary when attempting to detect environmental change and to interpret or predict its effects.

Seasonal variability exceeds interannual variability at the ocean surface, except within 5 to 10° of the equator in the Pacific (Fig. 1; also Delcroix 1993). Interannual variability is relatively strong in the eastern equatorial Pacific and decadal scale variability of 10 to 30 yr periods is dominant in the northeastern Pacific. In the eastern Pacific warm pool at the center of the ETP, temporal variability at any scale is relatively low. ENSO warm (El Niño) and cold (La Niña) events have had a variety of effects on marine populations and ecosystems, but these effects are generally followed by recovery within a few years. El Niño effects such as mortality or reproductive failure are most severe on populations dependent on local feeding or breeding grounds in coastal waters or around islands. Decadal variability has also caused change in populations and ecosystems. Most of these effects have been observed in the California Current, Gulf of Alaska, and other well studied regions of the Pacific. The 1976–1977 phase change or 'regime shift' is the most well known case of decadal variability. It affected the physical environment throughout the Pacific Ocean and had major effects on North Pacific ecosystems. No regime shift has been detected in the ETP since 1977. However, ENSO variability continues, an unusually persistent warming prevailed in the early 1990s and the thermocline has shoaled in the ETP warm pool area since 1980. Potential population effects on dolphin stocks are discussed. Interaction of environmental changes with other factors, such as fishery stress or mortality, may also induce population effects.

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This review will consider seasonal variability only to provide a perspective for patterns of interannual variability.

Instrumental records of environmental variables with sufficient temporal coverage to resolve interannual and longer-term variability either at a point or in a region of the ocean do not begin until about 1950 in the eastern Pacific, except for a few shore stations on the US coast (see www.mlrg.ucsd.edu/shoresta/index.html). Coral records of isotope ratios have the potential to extend records of interannual and annual variability back beyond instrumental records, but interpretation of temperature, salinity, biological and methodological effects is sometimes ambiguous. The longest published records for ETP cores extend to about 1600 (Gagan et al. 2000). Interannual and decadal variability in eastern equatorial Pacific (NINO3 region) SST are illustrated in Fig. 2 (Mann et al. 2000). The NINO3 record has been reconstructed back to 1650 using proxy data from tree rings, corals, sediments and ice cores. Changes that have occurred over the last few decades are grossly similar to changes that have occurred for centuries, although modulations of the details will be discussed below.

![Fig. 1. Variances of sea surface temperature from 1901 to 2001 (expressed as SD, °C) summed in 3 spectral bands (left): seasonal (0.98 to 1.02 yr), ENSO (1.8 to 7.2 yr) and decadal (9.2 to 50.5 yr). Ratios of seasonal/ENSO and ENSO/decadal variances (right). Data from the UK Meteorological Office Global Sea-ice SST (GISST, v. 2.3b) data (Parker et al. 1995), obtained from British Atmospheric Data Centre](image-url)
Climate variability in the ocean, meaning variability on interannual and longer time scales, has been treated in 2 ways (Schwartzlose et al. 1999). For the purpose of this review, these 2 approaches to analyzing climate variability will be labeled as ‘spectral’ and ‘regime’. The spectral approach uses statistical methods of time series and spectral analysis to decompose variability into trends, periodic oscillations and random fluctuations. Moron et al. (1998) list 32 studies of global SST variability published between 1990 and 1996, all utilizing various statistical techniques to extract multiple time scale signals (the spectral approach). Long-term trends in such analyses, with the possible exception of global warming forced by greenhouse gasses, most likely represent low frequency oscillations that are not resolved by short time series (Ware & Thomson 2000).

The regime approach uses different statistical methods to break up time series into ‘regimes’ characterized by relatively stable means and patterns of physical and biological variables, separated by rapid climate or regime shifts of synchronous change in these variables (Ebbesmeyer et al. 1991, Beamish et al. 1999). There are also statistical methods, involving empirical orthogonal function or principal component analysis, that make no assumption about the spectral or regime-like nature of temporal patterns (cf. Zhang et al. 1997). The spectral and regime approaches to analyzing climate variability have both provided useful results. Both of these approaches will be reviewed and applied here.

This paper is intended to be a general review of interannual (ENSO and longer-term) variability in the ETP, and the biological and ecosystem effects of such variability. Environmental variability and effects in the ETP will be compared to what is known about more well known systems in the northeast Pacific. This review, and subsequent new analyses of environmental time series, will be focused somewhat on potential impacts of environmental change on cetaceans. Consideration of this issue is part of the research mandated to the US National Marine Fisheries Service by The International Dolphin Conservation Program Act of 1997 (IDCPA, see www.nmfs.noaa.gov/prot_res/PR2/Tuna_Dolphin/IDCPA.html).

**ENSO VARIABILITY**

The ENSO is an irregular fluctuation involving the entire tropical Pacific Ocean and global atmosphere (Philander 1999). ENSO itself consists of an unstable interaction between sea surface temperature (SST) and atmospheric pressure. It results in variations in winds, rainfall, thermocline depth, circulation and ultimately in biological productivity, and in the feeding and reproduction of fish, birds and marine mammals. The physics of ENSO have been reviewed elsewhere (Philander 1990, 1999, Neelin et al. 1998, Wallace et al. 1998) and will not be detailed here. Briefly, El Niño events occur at intervals of 2 to 7 yr and are characterized by weak trade winds, a deep thermocline and warm SSTs in the eastern equatorial Pacific. El Niño’s opposite phase, La Niña, is characterized by strong trade winds, a shallow thermocline and cool SSTs.

ENSO variability has been documented in the written record over 100s of years (Quinn et al. 1987, Enfield 1992). It is evident in paleoclimatic records, with slight changes in amplitude or frequency, over 1000s of years (Diaz & Markgraf 1992, 2000). For example, Rodbell et al. (1999) showed that the frequency of ENSO variability increased progressively over the period from about 7000 to 5000 yr ago, and archaeological evidence suggests that El Niño events were either absent or very different from today for several millennia prior to that time (Sandweiss et al. 2001).

variability in the tropical Pacific was relatively low during the early 1990s, except for a weak El Niño in 1991 to 1992. Although this period was initially interpreted as evidence of global warming (Trenberth & Hoar 1996), it has since been interpreted as natural decadal to centennial scale variability (Rajagopalan et al. 1997). Latif et al. (1997) described this prolonged period of warm surface temperatures and weak trade winds as ‘anomalous’ because the decadal mode of variability was stronger than the ENSO mode in the tropical Pacific at this time. Goddard & Graham (1997) interpreted this period as a series of 3 El Niño events that were not fully realized, due to a persistent warm patch in the central equatorial Pacific that interfered with the ocean-atmosphere interaction that normally results in oscillations between warm and cold states. Fedorov & Philander (2000) described the early 1990s as simply a period of persistent warm background conditions.

DECADAL VARIABILITY

Many global and regional studies of marine environmental time series (temperature, atmospheric pressure, winds, sea level, etc.) have been published since 1990, both to evaluate the existence of a global warming signal and to assess possible effects of climate variability on fisheries and ecosystems. For this review, ‘decadal’ refers to variability on a scale longer than ENSO, roughly in the range of 10 to 30 yr. Although some authors use the word ‘interdecadal’, either as a synonym for ‘decadal’ or to indicate the periodicity of decadal scale regimes or phases, it will be translated to ‘decadal’ here. In general, decadal variability in the Pacific has a smaller amplitude than ENSO variability, but there are regional exceptions to this rule. A brief review of some of these studies will show how variability in the ETP compares with variability in the North Pacific at ENSO and decadal time scales. Note that variability at ENSO scales of 2 to 7 yr is not necessarily directly related to the ENSO.

In a typical study of global SST variability, Moron et al. (1998) found that ENSO scale variability at periods of about 5, 4 and 2 yr dominated SST variability in the Pacific from 1901 to 1994. While they detected longer scale near-decadal oscillations in the Atlantic and Indian Oceans, none was statistically significant in the Pacific. This result may simply reflect the relative magnitude of variability at the 2 time scales. Latif et al. (1997) found that global SST variability (30° S to 60° N from 1949 to 1991) could be explained by 3 modes: ENSO (25%, strongest in the eastern equatorial Pacific), decadal (10%, strongest in a horseshoe pattern centered in the western equatorial Pacific and extending northeast and southeast) and a linear trend (or unresolved ultra-low-frequency variability). Linear trends were relatively small in the ETP and did not explain much SST variability.

Several studies have found different characteristic time scales of variability for the tropical and North Pacific. Giese & Carton (1999) analyzed 1950 to 1993 Pacific Ocean MBT and XBT observations and concluded that ENSO variability (1 to 5 yr) of SST is greatest in the tropics, while decadal variability (>5 yr) is greatest in the midlatitude North Pacific. Zhang et al. (1998b) analyzed 1950 to 1993 data from the Comprehensive Ocean-Atmosphere Data Set (COADS) and found that ENSO variability at periods of 4 and 2 yr dominated interannual variability of SST in the tropical Pacific, but decadal variability (>5 yr) dominated in the central North Pacific. In the tropical and North Pacific as a whole, decadal variability accounted for only 1/3 as much variance as did ENSO variability. An early

Fig. 3. ENSO indices from 1970 to 2001. NINO3 SST anomaly (5° S to 5° N, 150 to 90° W, °C), Southern Oscillation Index (Tahiti to Darwin sea level pressure, standardized); Trade Wind Index (850 mbar easterly wind velocity, 5° S to 5° N, 135 to 120° W, standardized). Monthly values were obtained from NOAA/NCEP/Climate Prediction Center (www.cpc.ncep.noaa.gov/data/indices) and smoothed using method of running medians known as 4(3RSR)2H (S-Plus 2000, MathSoft)
study by Ghil & Vautard (1991) had generalized this pattern for global temperature time series: interannual oscillations (5 to 6 yr) were related to global aspects of ENSO, and decadal oscillations (16 to 21 yr) were associated with extratropical changes.

In a longer record (1870 to 1999) of SST monthly anomalies in the eastern equatorial Pacific (NINO3), Mestas-Nuñez & Enfield (2001) found that ENSO accounted for 79% of the total variability. The residual variability was dominated by the decadal time scale, but also included higher frequency variability. Thus, ENSO scale variability was much greater than longer scale variability in this part of the ETP. For the North Pacific (>20°N), Ware (1995) found that SST variability was dominated by 20 to 25 yr periodicity, resulting in 7 warm periods and 6 cool periods (each ~11 yr long or decadal scale) since 1850. This alternation between warm and cold phases of about 10 yr is now indexed by the Pacific Decadal Oscillation (PDO), defined as the leading principal component of North Pacific monthly SST variability (Mantua et al. 1997).

Studies of global SST variability have further elaborated regional and basin scale differences. Enfield & Mestas-Nuñez (2000) performed a complex empirical orthogonal function analysis of global SST monthly anomalies from 1856 to 1991. About 45% of the global low passed (>1.5 yr) SST variability was contained in 4 modes: ENSO (17%, strongest in the eastern equatorial Pacific), global warming (15%, strongest in the subtropical Pacific off California), ‘Pacific interdecadal’ (8%, strongest in the central North Pacific) and ‘Atlantic multidecadal’ (5%, strongest in the North Atlantic). None of the 4 modes was manifested to a high degree in the region of the eastern Pacific warm pool of the ETP. Similar results were found by Tomita et al. (2001), who identified 7 global ‘centers of action’ of decadal scale variability: variability was low in the eastern Pacific warm pool, although centers of high variability were located in the central equatorial Pacific, and off Peru and Baja California.

Analyses of longer time series resolve variability at scales longer than decadal, as expected. Chao et al. (2000) tentatively identified a 70 yr mode in Pacific SST variability. Minobe (1997, 1999) has shown that PDO variance has 2 broad-band peaks at periods of 15 to 25 and 50 to 70 yr. Ware & Thomson (2000) analyzed 400 yr time series of tree ring records that were assumed to represent air temperatures from the west coast of America and found 3 characteristic time scales: ENSO (2 to 8 yr), ‘interdecadal’ (20 to 40 yr) and ‘multidecadal’ (60 to 80 yr). In this study, the ENSO cycle was the most prominent time scale, and was related to equatorial ENSO variability through both atmospheric teleconnections and coastal-trapped internal Kelvin waves. The ‘multidecadal’ signal modulates the amplitudes and frequencies of both the ENSO and ‘interdecadal’ signals.

Modulation of ENSO variability on the decadal time scale has been found in studies of tropical Pacific records. Mestas-Nuñez & Enfield (2001) found that the late 1970s climate shift that warmed the eastern equatorial Pacific (NINO3 region) by about 0.5°C was also characterized by increased interannual variance through the 1980s and 1990s (see Fig. 6c further below). Analysis of an 1893 to 1994 coral record from Clipperton Atoll (within the eastern Pacific warm pool area) shows both ENSO and decadal scale variability closely related to instrumental Southern Oscillation Index (SOI) and PDO records from recent years (Linsley et al. 2000). Reduced ENSO variability is evident between 1925 and the mid-1940s. An & Wang (2000) found that the dominant period of SST variability in the central and eastern equatorial Pacific (NINO34 region) shifted from 3.3 yr during 1967–1973 to 4.2 yr during 1980–1993. Setoh et al. (1999) found a similar increase in the period of ENSO in the equatorial Pacific during the late 1970s, but also found slight changes in the spatial pattern of the ENSO signal. However, Fedorov & Philander (2000) argued that apparent changes in ENSO may simply reflect decadal scale changes in the background state (climatology) against which El Niño and La Niña are measured. Spectral analysis of a composite record of ENSO events since 622 AD showed that the period of ENSO variability has varied, within a range of 1.5 to 10 yr, in cycles of 90, 50 and 23 yr (Anderson 1992). None of the studies cited above found a change in ENSO variability after the late 1970s.

The regime approach to climate variability focuses on abrupt steps rather than oscillations in climate records, although there is evidence of both types of variability (Miller et al. 1994). This approach was prompted by a remarkable 1976–77 winter in the North Pacific: a deeper and eastward-shifted winter Aleutian low pressure system increased winds, advected warmer and moister air along the west coast of North America and colder air over the North Pacific, warmed surface waters along the west coast of North America and Alaska, and cooled surface waters in the central North Pacific. Associated changes in storm tracks, rainfall, sea ice, heat fluxes and ocean currents were observed (Trenberth & Hurrell 1994). Ebbesmeyer et al. (1991) assembled a composite time series of 40 physical and biological variables to illustrate a distinct step-like ‘regime shift’ in the winter of 1976-77. Clarke & Lebedev (1996) showed decadal scale variability in equatorial Pacific trade winds, with a major weakening beginning in 1970 (before the 1976-77 North Pacific regime shift).

‘Regime shift’ has been a prevalent term in the literature describing and analyzing variability in North
Pacific fisheries and ecosystems published during the 1990s (cf. Francis et al. 1998, Anderson & Piatt 1999, Karl et al. 2001). However, the 1976-77 ‘regime shift’ is now interpreted by some as a phase change in a decadal scale oscillation lasting from about 1976 to 1988 (Trenberth & Hurrell 1994, Miller et al. 1994). Hare & Mantua (2000) analyzed 100 physical and biological time series from the northeast Pacific, covering the period from 1965 to 1997, and found regime shifts in 1977 and 1989. The 1989 changes were not a simple reversal of the 1977 changes, and were more pronounced in the biological than in the physical time series. Ware & Thomson (2000) interpreted their 400 yr time series from the ‘regime’ point of view and showed major climate ‘regime shifts’ (warm-to-cold as in the 1940s or cold-to-warm as in the 1970s) at intervals of about 30 yr throughout the record. Minobe (1997) identified climate regimes of 25 to 35 yr in North Pacific time series, with regime shifts in about 1890, 1923, 1948 and 1977. Chao et al. (2000) found a 15 to 20 yr decadal oscillation in Pacific SSTs with phase transitions in 1924-25, 1941-42, 1957-58 and 1976-77. Biondi et al. (2001) and Gedalof & Smith (2001) extended the PDO record back to about 1600 with tree ring chronologies and found pronounced decadal scale oscillations, comparable to the 1976-77 ‘regime shift’, throughout the records.

The ‘regime’ and ‘spectral’ views of climate variability may be entirely compatible: repeated shifts between 2 regimes or phases at more or less regular intervals are an oscillation. Miller & Schneider (2000) concluded that ‘the presently limited observations cannot be used to discriminate confidently oscillations from step-like models’ of decadal variability in the North Pacific. Watanabe & Nitta (1999) showed that ‘the sharpness of decadal changes in 1989 (and winter 1977) arises from synchronous phase shifts of decadal variations over the Pacific Ocean and quasi-decadal variations over the North Atlantic’. Indeed, Lluch-Belda et al. (2001), in a re-analysis of long-term physical and biological variability in the California Current, used the term ‘trend reversal’ in place of ‘regime shift’, to emphasize that regimes are stable trends (warming or cooling) rather than stable states (warm or cool periods). These and other authors have related biological ‘regimes’ to the decadal climate variability summarized above (see ‘Biological effects of decadal variability in the Pacific’).

Explanation of climate variability in the ETP is beyond the scope of this paper. However, a few summary comments are relevant. As discussed above, ENSO is an internal cycle of the ocean-atmosphere system that has been active at periodicities of 2 to 7 yr for at least the past 5000 yr. Decadal scale variability resembles ENSO scale variability in spatial pattern and, like ENSO, it may involve coupled feedback between the atmosphere and ocean. Tropical and North Pacific decadal variability are negatively correlated and forcing may occur in either direction (Pierce et al. 2000). Zhang et al. (1998a) argued that decadal variability in the tropics must be forced by extratropical decadal variability because no internal mechanism or process has been identified that could maintain a tropical decadal oscillation. Trenberth & Hurrell (1994) concluded that atmosphere-ocean feedbacks emphasize decadal relative to interannual (ENSO) variability in the extratropics. Likewise, Giese & Carton (1999) concluded that, since ‘both the decadal and interannual anomaly patterns appear to result from the same basic climate phenomenon, ...ENSO is the equatorial manifestation of interannual changes in the atmospheric circulation over the entire Pacific Ocean, and decadal variability is the midlatitude manifestation’.

**BIOLGICAL EFFECTS OF ENSO VARIABILITY IN THE PACIFIC**

Biological effects of recent El Niño events in the Pacific have been documented and explained primarily for phytoplankton and commercial fish stocks. Barber & Chavez (1983, 1986) and Barber et al. (1985) summarized the effects of the 1982-83 El Niño in the eastern equatorial and Peru upwelling systems: deepening of the thermocline, and thus the nutricline, resulted in decreased primary production that ultimately affected survival, reproduction and distribution of higher trophic level organisms. Coastal upwelling continued along coastal Peru, but the thermocline was depressed below the source depth of upwelled water so that only warm, nutrient-poor waters were upwelled (Huyer et al. 1987). Nutrient depletion and reduction of phytoplankton production along the equator was even more pronounced in the 1997-98 event, but the phytoplankton community recovered in about a month after trade winds and upwelling resumed in May 1998 (Strutton & Chavez 2000). This recovery may have been in response to both resumption of local wind-driven upwelling and a shoaling of the thermocline that began in December 1997 (Chavez et al. 1999).

The 1982-83 El Niño had a variety of effects on commercial fish stocks in Peru: hake moved down the continental slope to stay in cooler deep water, shrimp and sardines moved southward so that catches in some areas decreased and in other areas increased, jack mackerel moved inshore in search of euphausiid prey and were subject to high predation mortality there, scallop abundance increased due to enhanced reproductive success in warmer water, and the anchoveta population crashed due to reduced food availability.
for adults and larvae. However, many of these stocks recovered rapidly beginning in late 1983 (Barber & Chavez 1986).

In the eastern equatorial Pacific, sampling by ships of opportunity showed that El Niño 1982-83 caused a deepening of the thermocline, and a reduction in chl a and copepod abundance (Dessier & Donguy 1987). Dandonneau (1986), however, concluded that the winter 1982-83 reduction in the equatorial upwelling region was confined to the central equatorial Pacific and that chl a remained high east of 120°W in these data. Fiedler et al. (1992) found that changes in thermocline depth and nutrient availability in the ETP resulted in a surface chl a decrease during the 1986-87 El Niño and an increase during the 1988 La Niña. These changes were most pronounced in coastal and equatorial upwelling regions, but were also evident along the countercurrent thermocline ridge north of the equator.

A variety of ENSO effects have been reported on animals other than commercially exploited fish. Changes in zooplankton biomass are often secondary to changes in species composition. For example, euphausiid species shifted distribution along southern Baja California during El Niño 1986-87, so that cold water California Current species were less common and warm water tropical species were more common (Gómez-Gutiérrez et al. 1995). Zooplankton biomass off northern Chile did not change during El Niño 1997-98, although the relative abundance of small sized copepods increased (González et al. 2000). Two Panamanian coral species were eliminated by the 1982-83 El Niño warming (Glynn & De Weerdt 1991); these species were unusual in that they were highly sensitive to warming and confined to warm shallow water in a small geographic area. Warming events in the northeast Pacific, whether or not they are linked to equatorial El Niños, have changed migration patterns of bluefin tuna and sockeye salmon, increased Pacific herring recruitment and increased body weight of mature sockeye salmon (Mysak 1986). Skipjack tuna in the western Pacific migrate zonally as the warm pool expands and contracts, and optimal feeding grounds shift in response to ENSO (Lehodey et al. 1997).

ENSO effects on seabirds have been relatively easy to observe at island breeding colonies. The seabird community on Christmas Island, in the central equatorial Pacific, suffered total reproductive failure from flooding rains in late 1982 and subsequent disappearance of adults due to reduced food availability; however, the adults returned to breed in the following year (Schreiber & Schreiber 1984). Throughout the tropical and northeastern Pacific in 1982-83, seabird populations experienced breeding failures, mass mortalities and migrations in search of food (Ainley et al. 1988), although a few species were not affected.

Body weight of Galapagos penguins increased during La Niña 1971 and decreased during El Niño 1972, indicating short-term response to food availability, but the population suffered 77% mortality during the 1982-83 event and had not recovered by 1997 (De Boersma 1998). Blue-footed booby reproductive attempts failed and breeding colonies were abandoned during the 1986-87 El Niño, apparently in response to reduced availability of sardines, but several other species were not affected (Anderson 1989). Guano-producing seabirds in coastal Peru have consistently experienced adult mortality and decreased reproductive success during El Niño events; these are short-term population effects, resulting from reduced availability of anchoveta (Tovar et al. 1987, Crawford & Jahncke 1999). All 15 species of seabirds nesting on the Galapagos Islands stopped breeding or experienced reduced reproductive success during El Niño 1982-83, but resumed breeding the following year (Valle et al. 1987). Several seabird species experienced reduced breeding success in response to food shortage during warm water events in the California Current (Ainley et al. 1995, Sydeman et al. 2001). Pelagic seabird surveys have shown changes in the relative abundance of less common species, but not the dominant species, during El Niño and La Niña events in the eastern equatorial Pacific (Ribic et al. 1992).

Mortality or other population effects of El Niño on marine mammals have been observed in coastal ecosystems. Manzanilla (1989) observed a 1983 ‘El Niño mark’ in the teeth of mature female Peruvian dusky dolphins and suggested that the mark resulted from low foraging success for the preferred prey, anchoveta, which became unavailable during the 1982-83 El Niño. Consistent with this inference, no such marks were observed in other dolphin species that consume other prey. However, a much lower incidence of marks in immature female and in male dusky dolphins could not be explained. Galapagos pinnipeds suffered great mortality in 1982-83, especially in younger year classes, and reduced pup production due to reduced food availability (Trillmich & Limberger 1985). Peruvian pinnipeds were affected by the reduced availability of anchoveta in 1983 (Majluf & Reyes 1989).
Ramírez (1986) observed diet changes and reduced feeding success of Bryde’s whales off Peru during El Niño 1982-83.

Shane (1995) argued that the reduced availability of squid around Santa Catalina Island during the 1982-83 El Niño triggered a competitive displacement of pilot whales by Risso’s dolphins. ENSO variability has had short-term effects on pup production and adult distribution of central California pinnipeds, probably through food availability, but no long-term population effects (Sydeman & Allen 1999). These authors, in fact, concluded that oceanographic effects ‘do not appear to confound interpretations of population recovery’. However, El Niño reductions in prey availability have caused reduced pup production and increased pup mortality at southern California Channel Island pinniped breeding colonies; the severe 1982-83 and 1997-98 events also caused juvenile and adult mortality, resulting in population changes lasting several years and temporary interruption of the long-term recovery of depleted populations (DeLong & Melin 2000).

Large whales are able to move in response to El Niño perturbations. An unusual coccolithophore bloom in the Bering Sea during El Niño 1997-98 was exploited by zooplankton and baleen whales that moved onto the middle shelf to feed on the krill (Tynan 1999). El Niño warming inhibits migration of gray whales to southernmost Baja California calving grounds, but the whales continue to utilize more northern areas (Gardner & Chávez-Rosales 2000).

A generalization about ENSO effects on higher organisms was made by Sharp (1992): ‘close examination of the facts has shown that the effects of individual El Niño events can be devastating, but within a short time, the majority of the effects fade and life goes on. ENSO cycles are perturbations of the most important global climate pattern, the seasonal cycle. Ocean and atmosphere are sufficiently interactive on daily, seasonal and interannual bases that ocean inhabitants have had to adopt responsive survival strategies into their life histories to cope with these frequent environmental processes (and) to persist’. An unusual example of such an adaptive response is the ability of Galápagos marine iguanas to shrink in body size and thus, increase energy efficiency, to compensate for El Niño reductions in food availability (Wikelski & Thom 2000).

BIOLOGICAL EFFECTS OF DEcadAL VARIABILITY IN THE PACIFIC

Biological effects of decadal scale climate variability have been observed and explained, but only when time series from commercial fisheries or exceptionally long research programs are available. Data collected since 1949, in California coastal waters for the CalCOFI program have shown interannual variability of physical and biological variables that is at least as great as seasonal variability. Interannual ENSO scale variability of zooplankton biomass appears to be driven by variations in transport from the north (McGowan et al. 1996). In contrast, a 70% decrease in macrozooplankton biomass and a surface layer warming of up to 1.5°C from 1951 to 1993 off southern California has been explained by internal processes (Roemmich & McGowan 1995). Increased stratification has inhibited upwelling and mixing of deep water and thus, local productivity within the system. McGowan et al. (1998) lamented that ‘the role of climatic variation in regulating marine populations and communities is not well understood… probably because of the mismatch between the scales of important atmospheric and oceanographic processes and the spatial and temporal dimensions of biological research programs’.

Yet, studies reviewed below have demonstrated population effects of climate variability. Most of these studies view climate variability in terms of regimes, because variability of North Pacific stocks and ecosystems was initially described in terms of biological regimes in the 1990s.

North Pacific ocean climate changes in 1977 (intensified Aleutian Low) and 1989 (back to near-average Aleutian Low, Hare & Mantua 2000) affected the abundance and ocean survival of salmon, the distribution and spawning behavior of hake and sardine, and recruitment of several groundfish species in the eastern North Pacific (McFarlane et al. 2000). Beamish et al. (1999) argue that these climate regime shifts and accompanying fluctuations in fish stocks have been occurring since at least 1600. Hollowed et al. (2001) reviewed time series of catch and recruitment for Northeast Pacific fish stocks and found evidence that some stocks were affected by the 1976–77 and 1988–89 phase changes in the PDO, but that others were positively affected by ENSO scale warm conditions on the eastern side of the North Pacific (‘Niño North’).

Decadal scale variability of the Aleutian Low affected recruitment of Japanese sardine and can explain variability of catch back to 1600 (Yasuda et al. 1999). Declines of both the Japanese and California sardine stocks during the 1940s were caused by long-term cooling of surface waters (Lluch-Belda et al. 1989). Recovery of California and Peru stocks during the 1970s was related to warming through effects on spawning (Lluch-Belda et al. 1992). Lluch-Cota et al. (1997) combined catch records of Pacific sardine and anchovy stocks into a composite ‘regime indicator series’ and identified 3 regimes in the period from 1925
to 1995, with regime shifts around 1950 and in the late 1970s. Then, using the spectral approach, they showed that the sardine/anchovy regime series is related to global decadal climate variability of surface air temperature.

Francis et al. (1998) reviewed ecosystem effects of the 1976-77 shift in atmospheric dynamics over the northeast Pacific and concluded that phytoplankton, zooplankton and fish production all responded to this change, resulting in substantial ecosystem ‘reorganization’. However, the magnitude and even the sign of the response differed between regions. For example, zooplankton biomass increased in the central subarctic Pacific (Brodeur & Ware 1992, Brodeur et al. 1996), but decreased off Southern California (Roemmich & McGowan 1995) and did not change substantially off Baja California (Lavaniegos et al. 1998). The strongest and most rapid effects appeared at lower trophic levels, although responses were observed at all levels (marine mammals, fish and birds as well as phytoplankton and zooplankton).

Anderson & Piatt (1999) showed a similar reorganization of the community structure of nektan and their predators in the Gulf of Alaska ecosystem after the late 1970s climate shift: forage species declined and groundfish increased, with negative effects on piscivorous birds and marine mammals. Changes in zooplankton biomass in the subarctic Pacific affected production of nektan, several salmon stocks, and forage availability for birds and mammals (Brodeur et al. 1996, Francis et al. 1998). Effects on salmon occurred in early life history (first year of life in ocean, Francis et al. 1998) and at spawning (Downton & Miller 1998).

Sydeman et al. (2001) found interannual changes in reproductive success and diet of several species of seabirds breeding in the California Current system from 1969 to 1997. However, in contrast to the findings of pervasive ecosystem effects of a late 1970s’ North Pacific climate shift, only 2 of 11 species showed changes related to a regime shift and these changes occurred in the late 1980s.

Polovina et al. (1995) reviewed decadal variability in wind mixing and resulting changes in primary and secondary production in the subtropical and subarctic North Pacific during the late 1970s. They found that the ecosystem response was different for systems with nutrient- and light-limited phytoplankton production. In the central North Pacific, total chl a increased when stronger and more frequent wind mixing led to greater nutrient input (Venrick et al. 1987). Productivity of the ecosystem at all levels increased, but then decreased when the wind patterns relaxed in the late 1980s (Polovina et al. 1994).

Biological changes cannot always be clearly attributed to ENSO or decadal climate variability; changes associated with an ENSO event may persist long after the event has ended. For example, a persistent reduction in zooplankton biomass along the coast of Peru that occurred in the mid-1970s may have been related to the 1972-73 El Niño (Carrasco & Lozano 1989). Muck (1989) argued that changes in zooplankton, fish, and predators in the Peru Current ecosystem at this time were all related to the collapse of the anchoveta stock, which was caused by a combination of overfishing and El Niño 1972-73.

Mechanistic explanations of biological effects of climate change have been proposed. For example, decreased upwelling in the California Current system (Bakun 1990) resulted in decreased availability of the euphausiid Thysanoessa spinifera, a preferred prey species, and reduced abundance of Cassin’s auklet in the 1980s (Ainley et al. 1996). A 90% decline in sooty shearwater abundance off southern California from 1987 to 1994, concurrent with a long-term warming, was explained by decreased zooplankton abundance in the inshore feeding grounds (Veit et al. 1996). Ware & Thomson (1991) showed that sardine and hake biomass off the west coast of North America decreased by a factor of 5 from 1916 to 1942 and found evidence that a strong relaxation in wind-driven upwelling led to lower primary production and thus, lower larval survival and recruitment. Polovina (1996) presented evidence that increased sardine abundance off Japan in 1977 resulted in a lower proportion of juvenile bluefin tuna migrating from the western to eastern Pacific.

**EASTERN TROPICAL PACIFIC DEcadAL VARIABILITY AND TRENDs**

Long time series of physical or biological variables are not available for the ETP, with the exception of the NINO SST monthly series for equatorial surface waters. The Niño3 eastern equatorial Pacific area abuts the eastern Pacific warm pool, but as illustrated elsewhere in this paper, variability in these 2 areas differs in magnitude, timing and spectral distribution. Short but accurate 22 yr regional time series were derived from monthly data fields produced by the NOAA/NWS National Center for Environmental Prediction’s (NCEP) Ocean Data Assimilation System (Behringer et al. 1998). NCEP uses a dynamic ocean model, driven by observed wind stress and surface heat fluxes, to assimilate sparse temperature observations. The observations constrain the model, while at the same time the model interpolates across data gaps using the physics of the model ocean. Surface temperature and thermocline depth (20°C isotherm depth in the tropics) were extracted from the resulting 3-dimensional tempera-
ture fields and averaged over 4 regions (Fig. 4): (1) ETP warm pool area (5 to 20° N, east of 120° W); (2) NINO3 eastern equatorial Pacific (5° S to 5° N, 90 to 150° W); (3) California Current (30 to 39° N, out to ~300 km from the coast); and (4) central North Pacific (30 to 45° N, 165° E to 165° W).

Time series of monthly anomalies of SST and thermocline depth were calculated to remove seasonal variability and emphasize interannual and longer scale variability (Fig. 5). ENSO scale variability is dominant in the ETP, with major El Niño events (warm surface temperatures and deep thermoclines) occurring in 1982-83 and 1997–98 and weaker events in 1986-87 and 1991-92. A major La Niña event (cool surface temperatures and shallow thermoclines) occurred in 1987-88 and weaker events in 1984-85 and 1998-99. In general, ENSO anomalies in the ETP warm pool area are about 1/2 the magnitude and several months later than anomalies along the equator. Most ENSO events, but not all (e.g. 1986-87, Lenarz et al. 1995), appear in the California Current. The central North Pacific shows moderate ENSO scale variability, but anomalies there, are of opposite sign than corresponding anomalies in the ETP and California Current.

Cumulative sums of the SST and thermocline depth anomaly time series are presented to visualize the longer-term characteristics of the series. Cumulative sums are used in industrial quality control to detect small and sustained shifts in processes (Manly & Mackenzie 2000), and have been used to detect climate or regime shifts (Yáñez et al. 1992, Beamish et al. 1999). Climate shifts are marked by changes in slope of the cumulative sum plot. Cumulative sums of the 4 NCEP’s surface temperature (Fig. 5b) and thermocline depth (Fig. 5d) time series show evidence of a climate shift in the North Pacific and in the California Current around 1990 (Hare & Mantua 2000). The ETP warm pool and NINO3 series are dominated by ENSO variability. The only obvious longer-term feature in the 2 ETP series is the relatively constant period from 1990 to 1995. No climate shifts comparable to 1976-77 (or ~1990 in the North Pacific) are apparent in the 1980 to 2001 ETP series.

Linear trends of surface temperature in the 1980 to 2001 time series were not statistically significant, except for post-1997 in the central North Pacific (Table 1). Linear trends of thermocline depth in the ETP were statistically significant, indicating an overall shoaling of the thermocline of 7.8 m in the eastern equatorial Pacific and 6.1 m in the ETP warm pool since 1980. However, these fitted trends are very sensitive to the length of the series: trends for 1980 to 1998, before the moderate La Niña conditions in 1999–2001, are not significant, and trends for 1984 to 1998 indicate significant deepening of the ETP thermocline. Thus, it is not possible to meaningfully describe
Fig. 5. Time series of 1980 to 2001 SST (a) and thermocline depth monthly anomalies (c) and cumulative sums (b,d) in the eastern tropical Pacific (ETP) and North Pacific regions (see Fig. 4). Thermocline depth calculated at 20°C isotherm depth in ETP and depth of maximum temperature gradient in North Pacific. Data from the NCEP (NOAA/NWS/National Center for Environmental Prediction) monthly hindcast fields (Behringer et al. 1998)
Fig. 6. SST monthly anomaly time series (a, only ETP series shown for clarity), cumulative sums (b) and 10 yr running variance (c, ETP series only), for 1901 to 2001 in ETP and North Pacific regions (see Fig. 5). Shaded bars mark climate shifts from published analyses of ocean and air temperature and atmospheric pressure data (light shading = limited evidence): 1906-07, 1924-25, 1946-47, 1967-68, 1976-77, 1988-89, 1998-99. 
linear trends during the 1980 to 2001 period; ENSO variability predominated.

Reconstructed SST time series cover longer periods than series based only upon instrumental observations. SST monthly anomaly time series since 1901 show ENSO scale variability (Fig. 6a); climate shifts are evident when the series are viewed as cumulative sums (Fig. 6b). The 1976-77 climate shift is evident in the ETP and North Pacific, although the changes in slope are much greater in the North Pacific than in the ETP. At this time, long-term warming begins in the ETP and California Current, while cooling begins in the central North Pacific. The 1989 climate shift is apparent only in the North Pacific, although a slight change in slope for the California Current occurs in the early 1990s. Similarly, the prolonged warm period of the early 1990s in the ETP results in a slight change in slope. In general, the cumulative sums show a prevalence of warm and cool periods of 2 to 3 yr associated with ENSO events in the ETP, and longer warming and cooling trends in the North Pacific corresponding to decadal scale variability. The NINO3 series in Fig. 6a also shows an apparent change in the frequency and amplitude of ENSO variability in the mid-1970s (An & Wang 2000). The change in ENSO amplitude is illustrated by the increased 10 yr variance in NINO3 SST monthly anomalies after the late 1960s (Fig. 6c), for which there is no corresponding change in the ETP warm pool.

Time series of other tropical Pacific, North Pacific and global climate indices are plotted in Fig. 7. NINO3, TNI and PDO are temperature indices. SOI NPI, and NOI are atmospheric pressure indices. GAAM is a global index representing the overall ‘rotation’ of the Earth’s atmosphere; interannual changes in GAAM result from variations in trade winds, westerlies, and jet-streams associated with ENSO and other global scale climate changes (Salstein & Rosen 1984). All of these climate indices underwent a shift in the winter of 1976-77. The late 1980s climate shift in the North Pacific (Hare & Mantua 2000) is not evident in any of the series in Fig. 7, but is evident in the Central North Pacific SST series (Fig. 6b). No climate shift is evident in the tropical Pacific since 1976-77, although it is possible that a 1998-99 shift is as yet unresolved with only 3 to 4 yr of observations to the present time (Schwing &

![Figure 7](image-url)
Table 1. Linear trends in monthly anomalies from 1980 to 2001 of sea surface temperature and thermocline depth in ETP and North Pacific regions (Fig. 4). Data from NCEP (NOAA/NWS/National Center for Environmental Prediction) monthly hindcast fields (Behringer et al. 1998). *p < 0.05, **p < 0.001; NS: not significant

<table>
<thead>
<tr>
<th>Region</th>
<th>SST (°C yr⁻¹)</th>
<th>Thermocline depth (m yr⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NINO3</td>
<td>−0.013 NS</td>
<td>−0.36 *</td>
</tr>
<tr>
<td>ETP Warm Pool</td>
<td>+0.003 NS</td>
<td>−0.28 ***</td>
</tr>
<tr>
<td>California Current</td>
<td>+0.009 NS</td>
<td>+0.15 NS</td>
</tr>
<tr>
<td>Central North Pacific</td>
<td>+0.047 ***</td>
<td>+0.13 NS</td>
</tr>
</tbody>
</table>

1 +0.009 NS for 1980 to 1997
2 −0.041 NS for 1980 to 1998, +0.647 * for 1984 to 1998
3 −0.088 NS for 1980 to 1998, +0.486 *** for 1984 to 1998


A recent paper (McPhaden & Zhang 2002) presented evidence that sea surface warming in the equatorial Pacific since the 1970s is associated with a decrease in equatorial upwelling that is part of the meridional overturning circulation forced by easterly trade winds. The authors suggest that the reduction in upwelling should also affect biological production in the region. Time series of zonal trade wind strength since 1948 show weakening during the 1970s (Fig. 8), with a greater change in the central equatorial Pacific than in the eastern equatorial Pacific (winds are more easterly in the central and more southerly in the eastern equatorial Pacific, with mean zonal components of −5.29 and −2.66 m s⁻¹ respectively). Long time series of phytoplankton biomass or productivity in the equatorial Pacific are not available or have not been published. Available satellite and shipboard data indicate that phytoplankton biomass has not changed in the central equatorial Pacific, has decreased slightly in the eastern equatorial Pacific since the end of the 1980s and has actually increased in the warm pool of the ETP (Gregg & Conkright 2002, Fig. 8).

CONCLUSION

The studies reviewed above show that oceanographic variability occurs in the ETP and North Pacific at both ENSO (2 to 7 yr) and decadal (10 to 30 yr) scales. ENSO scale variability predominates in the ETP, and appears in the North Pacific with some delay and attenuation. Decadal scale variability predominates in the North Pacific although some decadal scale changes are evident in the ETP. This review has been limited to a description of such variability and has not considered theory or mechanisms, because it was motivated by a need to examine possible effects of environmental change on dolphin stocks in the ETP. The eastern equatorial Pacific (NINO3, Fig. 4) corresponds to the southern portion of the area in which the US National Marine Fisheries Service and the Inter-American Tropical Tuna Commission monitor dolphin abundance and manage a yellowfin tuna fishery. The ETP warm pool area covers the distribution of 2 depleted dolphin stocks: northeastern offshore spotted dolphins and eastern spinner dolphins.

ENSO variability has been shown to affect fish, birds, pinnipeds and cetaceans. Almost all observations of such environmental effects have been on coastal or island populations. While it is true that ENSO effects are more extreme in highly productive coastal environments, other factors may be important. Perhaps such populations are less adaptable or opportunistic. Certainly, these populations are more readily accessible for long-term study. El Niño events often cause changes in distribution of species as the distribution of preferred water masses and prey changes. Population effects are observed on local breeding grounds, but recovery usually occurs rapidly when the El Niño event is over. Effects of El Niño on distribution of dolphins in the ETP were recognized by Gerrodette et al. (1998) in planning recent dolphin abundance surveys. They compared maps of encounter rates from tuna vessels (1975 to 1996) and research vessels (1982 to 1993) for El Niño and non-El Niño years. Both eastern spinner and offshore spotted dolphins showed slight expansions of range during El Niño years, but there was no indication of movement out of the survey area. Population effects of ENSO on ETP dolphins have not been detected. The long life spans, iteroparity and low reproductive rates of these K-selected species, and their generalized feeding habits, probably reduce dolphin population responses to moderate changes on seasonal and ENSO time scales (Musick 1999).

There is no evidence of environmental change, in the sense of a decadal scale climate shift, in the ETP since the 1970s. Although the 1976-77 climate shift was not a unique change in the North Pacific environment, it was of exceptional magnitude. Stephens et al. (2001) showed that the mid-1970s shift in Pacific upper ocean temperature was a basin-wide warming that continued through 1998 with no signs of returning to a cooler phase. Since the end of the 1997-98 El Niño, however, there has been conjecture about a winter 1998-99 regime shift (Hare & Mantua 2000, Schwing & Moore 2000, Peterson & Mackas 2001, Minobe 2002). As of May 2000, the consensus of scientists working in the California Current was that the system was in a third straight La Niña year and that data did ‘not yet support the idea of a climate regime shift’ (Durazo et al. 2001). The question of whether recent changes in
the North Pacific are a climate regime shift is not yet decided and continues to be discussed at scientific meetings.

The magnitude of a climate signal cannot be assumed to affect a biological response in a linear fashion (Hunt et al. 2002). The SST time series in Fig. 6 and other environmental time series in Fig. 7 indicate that the 1976-77 climate shift in the eastern equatorial Pacific was less than half the magnitude it was in the North Pacific. The change was even smaller in the

![Equatorial Pacific trade wind indices (A) and cumulative sums (B). Monthly areal means calculated from NCEP Reanalysis data from NOAA-CIRES Climate Diagnostics Center web site (www.cdc.noaa.gov). Mean surface chlorophyll concentrations (C) east of 120°W from August to November from gridded values of log-transformed observations for 1960 to 1969 (NODC World Ocean Database 2001, Conkright et al. 2002) and for 1986 to 1990 and 1998 to 2000 (Fiedler & Philbrick 2002). Vertical error bars represent 95% confidence limits estimated from the SD of gridded values, assuming that autocorrelation and smoothing reduces the effective degrees of freedom by a factor of 10.](image-url)
warm pool area of the ETP. It is possible that population and ecosystem changes were induced in the ETP, as they were in the California Current and Gulf of Alaska; however, there is no observational evidence of such changes. The long-term change that occurred in the ETP in the late 1970s was less than typical interannual changes associated with ENSO variability. However, the persistence of such a low amplitude change may be important to organisms and populations adapted to intense ENSO scale variability.

Studies of environmental variability and change in recent years have often been carried out to resolve effects of human-induced factors such as overfishing or global warming. Fisheries scientists have recognized since the early 1990s that environmental variability is at least as important as fishing mortality or other anthropogenic factors in forcing variability of fish stocks (Southward et al. 1988, Sharp & McLain 1993). However, the UN Intergovernmental Panel on Climate Change has consistently emphasized that potential impacts of climate variability or climate change are likely to exacerbate, rather than replace, existing human stresses on fisheries (Everett et al. 1996, Burkett et al. 2001). In the case of dolphins and other marine mammals, life history traits that may have evolved in part as an adaptive response to cyclic perturbations such as ENSO (long life spans, slow growth rates, late maturity and relatively few offspring), also render them vulnerable to excessive human-induced or other population reductions (Musick 1999, Fair & Becker 2000). Interaction between natural variability and human intervention must be considered in management decisions.

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