INTRODUCTION

Plankton trophic structure is mainly determined by the hydrodynamics and nutritional characteristics of the water column and directly affects the carbon cycle within pelagic ecosystems. In oligotrophic and stratified systems, primary production is based on small phytoplankton (Li & Platt 1987). These cells present a higher surface:volume (S:V) ratio and thus lower sinking rates, remaining longer in suspension at the euphotic zone (Guenther & Bozelli 2004). For the same reason, they are also able to survive under low nutrient conditions, due to a high nutrient absorption efficiency; however, they have a low storage capacity and, hence, require constant nutrient supply (Malone 1980). In such systems, heterotrophic picoplankton play an important role as continuous nutrient suppliers via phytoplankton-released dissolved organic matter (DOM) oxidation (Lancelot 1979). The transfer of the particulate organic carbon (POC) produced by both
small phytoplankton and bacteria to larger zooplankton and then higher pelagic trophic levels is mediated by heterotrophic nano- and micro-sized protists (Sherr et al. 1986). Therefore, in these microbial food webs, most of the biogenic carbon produced is recycled within the system through heterotrophic respiration (Legendre & Le Fevre 1995).

In contrast, in more eutrophic systems with low vertical stability, larger phytoplankton cells are more representative and usually dominant, where turbulence simultaneously provides nutrient and prevents sinking below the euphotic zone (Kiorboe 1993). In those conditions an herbivorous food web prevails and most of the POC produced is exported via grazing, as the mesozooplankton are the dominant primary consumers (Legendre & Rassoulzadegan 1996). Moreover, carbon export is directly related to the input and uptake of ‘new’ nutrients, mainly nitrate (N-NO₃) to the euphotic zone (Dugdale & Goering 1967), and this nitrogen form is primarily utilized by larger cells, such as diatoms (Price et al. 1985).

Coastal waters influenced by upwelling are among the most productive aquatic systems. The periodical wind-driven transport of surface waters offshore and the consequent upwelling of deeper water masses provide enrichment to previously oligotrophic waters. The high nutrient input to the surface waters, especially N-NO₃, stimulates phytoplankton production, mainly for larger species, resulting in higher mesozooplankton and fisheries productivity. This pattern has been described for several upwelling zones around the world, such as those in the SE Pacific Ocean (Peterson et al. 1988, Iriarte & Gonzalez 2004, Fernandez-Alamo & Farber-Lorda 2006), NE Pacific Ocean (Peterson et al. 1979, Collins et al. 2003), NE Atlantic Ocean (Bode & Farber-Lorda 2006), NE Pacific Ocean (Peterson et al. 1979, Collins et al. 2003), NE Atlantic Ocean (Bode et al. 2003), and Indian Ocean (Brown et al. 2002).

Upwelling zones usually occur along eastern ocean boundaries, between 30°N and 30°S, due to the dominance of the trade winds. In the SW Atlantic, however, the change in the coastal direction at 23°S (Cabo Frio, SE Brazil) from N–S to E–W, along with the proximity of the 100 m isobath to the coast, allow the NE winds to move surface waters offshore and the consequent upwelling of the South Atlantic Central Water (SACW). This results in a high productivity core in the midst of the otherwise oligotrophic Brazilian Current waters (Valentin 1984a). The upwelling of deeper water masses is reversed when shifts in wind direction bring surface water back to the coast, with the consequent downwelling of those previously upwelled waters. In most regions, these upwelling–downwelling cycles occur on a seasonal (e.g. Brown et al. 2002, Collins et al. 2003, Cuevas et al. 2004) or even annual basis (e.g. Iriarte & Gonzalez 2004). In Cabo Frio, however, the regular passage of cold fronts with SW winds produces relatively short cycles—from a few days to a few weeks (Valentin 1984a). Therefore this region experiences high variability in water column stability and nutrient dynamics (Gonzalez-Rodriguez et al. 1992), which may interfere with phytoplankton size distribution, affect the whole plankton trophic structure, and influence the magnitude of carbon export.

The aim of this study was thus to use a short-term temporal survey to quantify POC production and the relative contribution of each plankton component to the food web (i.e. size-fractioned phytoplankton, bacterioplankton, micro- and mesozooplankton), in order to evaluate the effects of upwelling events on the plankton trophic interactions.

MATERIALS AND METHODS

Study area. The Cabo Frio upwelling system is characterized by a combination of 3 different water masses: Brazil Current Tropical Water (TW; temperature [T] > 20°C, salinity [S] > 36), Coastal Water (CW; T > 20°C, S < 35) and South Atlantic Central Water (SACW: T < 20°C, S = 34.5 to 36). The climate oscillation between cold fronts with SW winds and high precipitation, and inter-frontal phases with NE winds and low precipitation, establishes a large temporal and spatial variability in its physical and chemical characteristics (Valentin 1984a). The fixed station where the present study was conducted is located at the southern end of Cabo Frio Island (23° 00’ 57” S, 42° 00’ 09” W), where the Brazilian coast changes its direction from N–S to E–W and the continental shelf is narrower, being thus the core of the SACW upwelling (Fig. 1).

Experimental design. Water samples for dissolved oxygen (DO), nutrients, dissolved organic carbon and nitrogen (DOC and DON), phytoplankton biomass (PB), primary production (PP), bacterial production (BP) and microzooplankton abundance (MiZA) were collected with Niskin bottles (10 l) at the surface and below the thermocline (40 m), at 6 h intervals over 5 consecutive days (February 19 to 24, 2002) aboard the RV ‘Diadorim’ (Instituto de Estudos do Mar Almirante Paulo Moreira). Mesozooplankton samples were obtained through 40 m vertical hauling with a conical, 200 µM mesh net, at 12 h intervals. Temperature, salinity, density and irradiance profiles were simultaneously obtained using a Seabird Seacat 19 CTD system.

Sample analyses. DO concentrations were estimated on board following Winkler titration (Aminot & Chaussepied 1983). Samples for nutrients were immediately GF/F filtered (~0.7 µm) and frozen on board. At the laboratory, nutrient concentrations were determined following the methods proposed by Grasshoff et al. (1983) for nitrite (N-NO₂), N-NO₃, phosphate...
(P-PO₄) and silicate (Si-SiO₄) and those of Parsons et al. (1984) for ammonium (N-NH₄).

Samples for DOC and DON analysis were GF/F filtered through pre-combusted (450°C for 3 h) filters, preserved in phosphoric acid (10% H₃PO₄) and refrigerated in amber bottles on board. DOC analyses were performed on the filtrates after further sample acidification (2N HCl) and sparing with ultra-pure air, by high temperature catalytic oxidation with a TOC-5000 Shimadzu Total Carbon Analyzer. Total dissolved nitrogen (TDN) was determined after digestion of the filtrates with potassium persulphate. DON was calculated by subtraction of the sum of nitrogen inorganic forms (N-NO₃, N-NO₂ and N-NH₄) from TDN.

Size-fractioned PB was obtained through successive filtration through 20 µm net, 2.0 µm polycarbonate membranes and 0.45 µm cellulose membranes, which were stored in cryogenic vials in liquid nitrogen on board. At the laboratory, chlorophyll a (chl a) concentrations were determined after 18 h acetone 90% extraction at 4°C according to Parsons et al. (1984).

PP was estimated using the ¹⁴C uptake method (Steemann-Nielsen 1952). Samples were incubated in situ in 60 ml polycarbonate bottles (2 light and 1 dark) with 10 µCi NaH¹⁴CO₃. At the end of 3 h incubations, samples were filtered through 0.45 µm cellulose membranes, which were placed in scintillation vials and stored frozen on board. In the laboratory, 1.0 ml of 1 M HCl was added to the vials for removal of ¹⁴CO₂ not incorporated within 12 h evaporation. After addition of scintillation liquid, isotopic activity was determined using a Packard Tricarb 1600 TR liquid scintillation counter, with internal calibration and quench correction. Total phytoplankton photosynthetic efficiency (Pᵦ) was calculated as PP/PB.

BP was assessed following Smith & Azam (1992). Triplicate samples (1.7 ml) were incubated for 1 h in sterile, 2 ml screwcap tubes with L-[4,5-³H] leucine (Amersham TRK 510; specific activity: 171 Ci nmol⁻¹) at a 10 nM final concentration. One tube was amended with 90 µl 100% ice-cold trichloroacetic acid (TCA) as a killed control. The incubations were performed in separate thermal boxes, one for each sample depth, in order to preserve in situ temperatures. After 1 h, the incubation was halted by addition of TCA and the tubes were immediately frozen on board. In the laboratory, samples were processed and the isotopic activity was determined using a Packard Tricarb 1600 TR liquid scintillation counter, with internal calibration and quench correction. Bacterial carbon production was calculated using a protein/carbon conversion factor of 0.86 (Simon & Azam 1989).

Data on microzooplankton (20 to 200 µm) abundance were obtained from Purcell (2005). The water samples were preserved in 2% buffered paraformaldehyde at 5°C (Sherr & Sherr 1993) and the individuals were enumerated under an inverted microscope according to Utermöhl (1958).

Mesozooplankton samples were preserved in 4% buffered paraformaldehyde on board (Griffiths et al. 1976) and species identification was based on Boltovskoy (1999).

**Data analyses.** Differences within each variable at each hydrological period (downwelling and upwelling) and layer (surface and 40 m) were tested using an ANOVA followed by a Tukey’s post-hoc multiple-comparison test. The relationships between the plankton compartments and several selected predictor variables were analyzed through both linear and standard (including intercept) forward-stepwise multiple regression. The model was executed with tolerance >0.10 and residual statistics were computed in order to iden-
tyf any extreme outliers. When one or several cases fell outside ±3 times the residual limit’s standard deviation, the respective cases were excluded and the analysis ran over. Data normality was tested using a Kolmogorov-Smirnov test and a log(x) transform was applied in case of violation of this assumption. All tests were performed using Statistica version 7.0 (Statsoft). Mesozooplankton diversity was estimated using the Shannon-Wiener diversity index \( H^\prime \) (Shannon 1948).

**RESULTS**

**Hydrology**

The variation in water column thermohaline structure and wind direction indicates that the study period covered both downwelling and upwelling periods (Table 1, Figs. 2 to 4). During the first 24 h, temperature ranged from 24°C at the surface to 15°C below 30 m, forming a thermocline at that depth. In the next 24 h, surface temperatures decreased, reaching 17°C at 30 m, forming a thermocline at that depth. In the next 24 h, surface temperature decreased, reaching 17°C at time \((t) = 48\) h, then slightly re-warmed by \(t = 72\) h (19 to 20°C). At 40 m, temperature also decreased from 15°C during the first 36 h to 13–14°C afterwards. Salinity was homogeneous throughout the water column (~35 to 35.5), except for the first 3 m during the first 18 h, when salinity reached 33.5 (Fig. 2b). The 24.5 isopycnal, SACW lower density limit (Silva et al. 2005), rose from 15 m to the surface at \(t = 36\) h (Fig. 2c). The dominance of SW winds (~5.0 m s\(^{-1}\)) 5 d before the beginning of the study favored the maintenance of the surface water (TW and CW) near the coast (downwelling). The shift to stronger NE winds (~10.0 m s\(^{-1}\)) at the beginning of the study period (February 19) through the following 48 h carried the surface water out of the coast, allowing the deeper SACW to move up to the surface by the third sampling day (February 21) (Fig. 3). A T-S diagram designed with surface and 40 m data confirms a mixing between the TW and CW during the first 36 h study at the surface (i.e. downwelling) and dominance by the SACW afterwards. The 40 m layer was filled with the SACW throughout the whole period (Fig. 4).

Nutrient, DO and DOM dynamics followed this hydrological variation (Table 1, Fig. 5). At the surface, except for N-NH\(_4\), which was variable but equivalent in both periods (~1.0 µM), the remaining nutrient concentrations increased with the SACW upwelling (N-NO\(_2\) = 0.2 µM, N-NO\(_3\) = 3.4 µM, P-PO\(_4\) = 0.5 µM, Si-SiO\(_4\) = 4.3 µM). At 40 m, no significant differences between periods were observed, except for N-NO\(_2\) concentrations, which decreased with the SACW upwelling, from 0.34 to 0.23 µM. DO concentrations decreased at the surface from 6.4 ml l\(^{-1}\) at the downwelling period, to 5.1 ml l\(^{-1}\) after the SACW upwelling, similar to the DO levels observed at 40 m during the whole study period (~4.7 ml l\(^{-1}\)). DOC concentrations were variable in both layers, ranging between 68 and 269 µM, while DON concentrations, less variable, ranged from 2.3 to 5.1 µM in both layers. The DOM C:N oscillated between 20 and 60 in both layers, following DOC oscillation. No significant differences between phases or layers were observed for those variables.

**Phytoplankton**

PB increased at the surface from 2.3–3.5 to 6.3 µg chl a l\(^{-1}\) after the SACW upwelling (Fig. 6). The highest PB values during the upwelling period were detected

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**Table 1.** Mean values and standard deviations (in parentheses) of the variables at both layers and hydrological periods. Treatments with the same letter are not significantly different from each other (Tukey’s multiple comparison test following an ANOVA, \(p < 0.05\)). Mesozooplankton abundance (MeZA) was determined through 40 m vertical hauling so there was no distinction between layers. Microzooplankton abundance (MiZA) data were obtained from Purcell (2005). See ‘Materials and methods’ for definitions of abbreviations.
PB decreased from 3.8–5.3 to 0.5 µg chl $a$ l$^{-1}$ after the SACW upwelling. Significant differences between periods were found only at 40 m (Table 1). The variation in PB at the surface ($R^2 = 0.98$) was directly dependent on concentrations of N-NH$_4$ ($\beta = 0.71$), P-PO$_4$ ($\beta = 0.49$), DON ($\beta = 0.44$) and salinity ($\beta = 0.30$), while at 40 m, PB variation ($R^2 = 0.99$) was directly dependent on N-NO$_2$ ($\beta = 0.40$), temperature ($\beta = 0.34$) and inversely dependent on N-NO$_3$ ($\beta = -0.25$) and P-PO$_4$ ($\beta = -0.21$) (Table 2).
Nanoplankton was the dominant size fraction during the downwelling at both sampled layers, accounting for 59 to 79% at the surface and 62 to 88% at 40 m. Picoplankton represented 21 to 44% of PB at the surface and 12 to 38% at 40 m. No microplankton was registered during that period, appearing only 12 h after the SACW upwelling in both sampled layers, when it represented 18 to 42% of PB at the surface and 4 to 62% at 40 m. Nanoplankton was still the dominant fraction during the upwelling period, representing 42 to 98% of PB at the surface and 36 to 97% at 40 m, while picoplankton contribution gradually decreased, from 40 to 1% in both layers.

PB at the surface ranged from 1.4 to 3.3 µg C (µg chl a)⁻¹ h⁻¹ at the downwelling and 0.5 to 1.8 µg C (µg chl a)⁻¹ h⁻¹ after the upwelling (Fig. 6). At 40 m, PB was significantly lower during both periods (Table 1), ranging from 0.2 to 1.2 µg C (µg chl a)⁻¹ h⁻¹ at the downwelling and 0.3 to 0.9 µg C (µg chl a)⁻¹ h⁻¹ after the upwelling. The variations in PB (R² = 0.85) were directly dependent on temperature (β = 0.79) and inversely dependent on DON (β = –0.42) and N-NH₄ (β = –0.28). Both layers were analyzed together due to the low sample size (Table 2).

Table 2. Multiple regression models: R², β and partial r values (in parentheses below β values) for the plankton compartments variations with selected variables. None of the selected variables explained MeZA variations. For PB and PP, both layers were analyzed together due to the low sample size. *p < 0.05, **p < 0.01, ***p < 0.001. x: variable was not included in the model
Microzooplankton

MiZA during downwelling ranged between 83 and 317 ind. ml⁻¹ at the surface and between 84 and 130 ind. ml⁻¹ at 40 m (Fig. 7). A steep decrease in MiZA was observed in both layers with the SACW upwelling: from 250 to 23 and 90 to 14 ind. ml⁻¹ at the surface and 40 m, respectively. A peak in MiZA was observed 42 h after the SACW upwelling (143 ind. ml⁻¹), decreasing to 23–77 ind. ml⁻¹ afterwards. At 40 m, MiZA oscillated between 6 and 30 ind. ml⁻¹ during the whole upwelling period. No significant differences were found between layers or periods (Table 1). The variation in MiZA at the surface ($R^2 = 0.84$) was directly dependent on BP ($\beta = 0.67$) and at 40 m ($R^2 = 0.99$) was directly dependent on temperature ($\beta = 0.69$), PB ($\beta = 0.28$) and salinity ($\beta = 0.12$) (Table 2).

Mesozooplankton

MeZA ranged from 2.4 to 4.0 ind. l⁻¹, with Copepoda as the dominant group in both downwelling and upwelling periods (70 and 94%, respectively) and *Paracalanus parvus* as the most representative species (30 and 67%, respectively) (Fig. 8). No significant differences were observed in total MeZA (Table 1), but the abundances of some species and their contribution to the mesozooplankton community varied between the hydrological periods. During the downwelling, the copepods *P. parvus* (0.8 to 1.0 ind. l⁻¹) and *Temora turbinata* (0.4 to 0.6 ind. l⁻¹) and the cladoceran *Pseudovadne tergestina* (0.4 to 0.8 ind. l⁻¹) were the most representative species. After the SACW upwelling, we observed a decrease in the abundances of *T. turbinata* (0.2 to 0.4 ind. l⁻¹) and *P. tergestina* (0.01 to 0.09 ind. l⁻¹), an increase in the abundances of *P. parvus* (1.3 to 2.3 ind. l⁻¹) and *Ctenocalanus vanus* (0.08 to 0.8 ind. l⁻¹), and the appearance, although at low densities (0.04 to 0.2 ind. l⁻¹), of *Calanoides carinatus*. The other mesozooplankton species represented less than 10% of total abundance, with no significant differences between hydrological periods. Mesozooplankton diversity declined from 3.0 to 3.2 bits ind.⁻¹ at the beginning of the downwelling period to 2.0 bits ind.⁻¹ after the SACW upwelling, due mainly to *P. parvus* dominance. None of the selected variables explained MeZA variations (Table 2).

Particulate organic carbon production

PP was equivalent in both layers during the downwelling but higher at the surface after the SACW upwelling (Table 1, Fig. 9). At the surface, PP ranged from 3.9 to 11.4 and 3.0 to 8.2 µg C l⁻¹ h⁻¹ during the downwelling and upwelling periods, respectively. At 40 m, PP ranged from 0.6 to 6.2 µg C l⁻¹ h⁻¹ at downwelling and 0.2 to 0.7 µg C l⁻¹ h⁻¹ after the upwelling. The variations in PP ($R^2 = 0.88$) were directly dependent on temperature ($\beta = 0.73$) and N-NO₂ ($\beta = 0.72$) and inversely dependent on DON ($\beta = -0.65$) and N-NH₄ ($\beta = -0.33$). Both layers were analyzed together due to the low sample size (Table 2).

BP rates increased in both layers during the downwelling period, from 0.02 to 0.13 µg C l⁻¹ h⁻¹ at the surface and from 0.02 to 0.07 µg C l⁻¹ h⁻¹ at 40 m (Fig. 9). A steep decrease in BP was observed in both layers with the SACW upwelling: from 0.13 to 0.02 µg C l⁻¹ h⁻¹ and from 0.07 to 0.002 µg C l⁻¹ h⁻¹ at the surface and 40 m, respectively. An increase in BP was observed 42 h after the SACW upwelling at the surface.

No significant differences were found between layers or periods (Table 1). BP represented 1% of PP at the surface and 2 to 3% at 40 m. Significant differences in BP/PP rates were observed between layers at the downwelling period (Table 1). The variation in BP at the surface ($R^2 = 0.63$) was inversely dependent on DOC ($\beta = -0.67$) and at 40 m ($R^2 = 0.94$) was directly dependent on N-NO$_2$ ($\beta = 0.77$) and salinity ($\beta = 0.27$) (Table 2).

DISCUSSION

Plankton trophic structure at the Cabo Frio upwelling was affected by circulation dynamics and the consequent variations in temperature and nutrients contents. During the downwelling, when temperature was higher, a microbial food web structure prevailed, with dominance by smaller phytoplankton (pico and nano) and higher contribution of bacterioplankton and microzooplankton. When the SACW upwelled, with lower temperatures and higher nitrate contents, the autotrophic microplankton appeared, while autotrophic picoplankton, bacterioplankton and microzooplankton abundances decreased abruptly. During that period, mesozooplankton—especially the opportunistic herbivorous copepods—dominated as primary consumers, characterizing the establishment of an herbivorous food web structure.

The hydrological structure of the water column, along with the concentrations of nutrients observed during the downwelling period, are a result of the combination of the oligotrophic Brazil Current Tropical Water and the continental-influenced Coastal Water (Castro & Miranda 1998, Ito et al. 2005). The increase in the nutrient contents at the surface and 40 m layers during the SACW upwelling indicates fertilization of surface waters from deeper water masses and is comparable to other highly productive coastal upwelling systems (e.g. Escribano et al. 2004). In contrast, the high DOM C:N observed in both layers and periods indicates the predominance of allochthonous DOM, rich in organic carbon, probably composed of dissolved detrital material of terrestrial origin (Findlay et al. 1991).

The dominance of pico- and nanoplankton and the absence of microplankton on PB during the downwelling period, also detected in other upwelling systems (e.g. Iriarte & Gonzalez 2004), corroborate the hypothesis that smaller cells dominate in oligotrophic and stratified conditions. The increase in PB at the surface and its decrease at 40 m, along with the appearance of microplankton in both sampled layers during the SACW upwelling, indicate surface enrichment of phytoplankton cells from the bottom carried by deeper water masses. A simultaneous study performed in the same area showed that the microplankton community from surface upwelled waters was 90 to 100% composed of centric diatoms (Purcell 2005), similar to other coastal upwelling areas (e.g. Lassiter et al. 2006). This group usually predominates in deeper layers due to its higher sinking rates (Kierboe 1993) and is the main component of Cabo Frio phytoplankton community near the bottom (Valentin et al. 1986). However, the SACW upwelling did not affect phytoplankton photosynthetic efficiency. Instead, irradiation seems to be the main $P_B$ limiting factor in the Cabo Frio system. The photic layer, estimated from irradiance profiles, was around 20 m deep during the whole study period (data not shown), which explains the lower $P_B$ at 40 m during both periods.

BP represented only a small fraction of total organic carbon produced—most of which was due to phytoplankton—and was lower than that observed in other upwelling systems (e.g. McManus & Peterson 1988, Cuevas et al. 2004). This is possibly due to the DOM elemental composition at Cabo Frio. Bacterial C:N is usually around 5.0 and so must be the DOM taken up by these organisms (Goldman et al. 1987). Therefore, a DOM C:N higher than 5.0 implies an excess of carbon, which affects bacterial growth efficiency, as bacteria have to compensate the C:N balance through inorganic N uptake (Kirchman 1994). The BP variations observed in the present study were inversely dependent on DOC concentrations at the surface and directly dependent on N-NO$_2$ at 40 m, indicating that although the DOC pool is large, the quality of DOM may be limiting bacterial growth and, as a result, that these organisms should meet their organic N requirements through inorganic uptake. The steep decline in BP after the SACW upwelling, also observed in other upwelling areas (e.g. McManus & Peterson 1988), indicates low bacterial activity in this water mass, which is
probably due to the lower temperatures, limiting bacterial growth efficiencies (Apple et al. 2006). Experimental studies performed with Cabo Frio upwelled water demonstrated an increase in bacterial production rates 72 h after the maximum phytoplankton production rates, suggesting that the organic compounds released by those cells during their decline favors bacterioplankton growth (Carvalho & Gonzalez-Rodriguez 2004). In the present study, no coupling between BP and PP was observed, possibly due to the low phytoplankton contribution to the DOM pool (Baines & Pace 1991). Nevertheless, it is possible that at late upwelling periods, after phytoplankton maximum growth, a higher phytoplankton exudate release would result in higher BP rates.

Bacterivory represents an important organic carbon transfer to higher trophic levels through nano- and micro-sized consumers (Azam et al. 1983). Although small heteronanoflagellates (HNF) are usually the main bacterial grazers (Strom 2000), micro-sized heterotrophs are able to consume a wide size range of both auto- and heterotrophic prey, being also significant bacterivores (Sherr & Sherr 1987). While HNF and bacterial biomass were not measured in the present study, the higher BP rates and MiZAs observed during the downwelling, along with the direct correlation between BP and MiZA at the surface (r = 0.55, p = 0.012), suggests that bacterioplankton may be supporting the microzooplankton community during that period. Moreover, microzooplankton are also important phytoplankton grazers and generally dominate mesozooplankton as primary consumers in more oligotrophic systems (Strom 2002). The direct correlations between MiZA and autotrophic picoplankton biomass in both layers (surface: r = 0.60, p = 0.005; 40 m: r = 0.89, p < 0.001) suggest that the high MiZA observed during this period is also sustained by the phytoplankton. This is well supported by grazing experiments performed at the same area under downwelling conditions, which showed that microzooplankton consumed, on average, 85% of phytoplankton production (McManus et al. 2007). All this indicates that the observed decline in MiZA with the SACW upwelling, also observed in other upwelling areas (e.g. McManus & Peterson 1988), was due to resources limitation, i.e. the decrease in both auto- and heterotrophic picoplankton.

The SACW upwelling also influenced larger zooplankton dynamics. The cladoceran *Pseudovadne tergestina* and the copepods *Paracalanus parvus* and *Temora turbinata*, the most representative mesozooplankton species during the downwelling period, are tropical neritic species, ubiquitous along the Brazil Current warm waters (Valentin 1984b). These are omnivorous species, filter-feeding on both auto- and heterotrophic micro-sized organisms (Turner 1984, Egloff et al. 1997, Suzuki et al. 1999), which suggest that they are possibly profiting from the high MiZA occurring during this period.

The decline in surface temperatures with the SACW upwelling led to a decrease in *Temora turbinata* and *Pseudovadne tergestina* abundances along with an increase in the abundance of cold water tolerant species: *Paracalanus parvus*, *Ctenocalanus vanus* and *Calanoides carinatus*. These opportunistic herbivores can achieve high growth rates induced by pulses of autotrophic microplankton biomass, typical of upwelling areas (Valentin 1984b). The observed simultaneous increase in PB and *P. parvus*, *C. vanus* and *C. carinatus* abundances is characteristic of the Cabo Frio region and owes to the short upwelling cycle duration, equivalent to the copepod lifetime. The high microplankton biomass, resulting from the the SACW upwelling, induces fast copepod spawn and larval development. These larvae, advected through the upwelling drift currents to the open sea, follow an ontogenetic migration, returning to the coastal surface water as adults on the subsequent upwelling event (Peterson et al. 1979, Valentin 1984a). These ontogenic cycles are particularly important as PB control, and are possibly the reason why the highest PB in Cabo Frio is low (~6.0 µg chl a l⁻¹; Gonzalez-Rodriguez et al. 1992), compared to other upwelling systems (e.g. Montecino et al. 2004).

In summary, although the POC produced during the downwelling–upwelling cycle was essentially due to phytoplankton, the fate of this biogenic carbon may vary due to changes in planktonic trophic structure. During the downwelling period, the carbon produced by both small phytoplankton and bacteria is channeled through flagellates and ciliates before reaching the omnivores-dominant mesozooplankton species. With the SACW upwelling, auto- and heterotrophic picoplankton production decrease, and the microplankton POC produced is directly consumed by the opportunistic herbivorous copepod species. The carbon export through the pelagic food web thus seems to be more efficient during upwelling periods.

The present study demonstrates how short-term temporal variations in circulation dynamics can affect the whole trophic structure of a system, interfering directly with carbon export magnitude. These results indicate that the Cabo Frio upwelling system is characterized by a multivorous food web (Legendre & Rassoulzadegan 1995) due to temporal shifting from microbial to herbivorous food web structures.

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