Quantifying patterns of fish herbivory on Palmyra Atoll (USA), an uninhabited predator-dominated central Pacific coral reef

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ABSTRACT: On many coral reefs, herbivorous fish play an essential role in regulating algal growth and influencing the outcome of coral–algal competition. Working on a remote predator-dominated coral reef on Palmyra Atoll, USA, we used behavioral foraging observations to quantify the roles of common parrotfish and surgeonfish in the roving herbivore guild. We recorded species-specific bite rates on different benthic organisms, quantified the relative abundance of those benthic organisms, and estimated benthos-specific grazing intensities as a function of bite rates, fish abundance, and percent cover. These grazing metrics were compared between the exposed fore reef (~10 m depth) and protected reef terrace (~5 m depth) habitats. We observed large differences in feeding rates and substrate selectivity among fish species. Most species fed predominately on algal turfs; however, some species foraged broadly among fleshy macroalgal taxa, while others specialized on calcified green algae of the genus Halimeda. The highest bite rates were recorded from species targeting algal turfs, while the highest rates of defecation were recorded from species targeting Halimeda. Per capita bite rates of all species were higher in the fore reef habitat (mean 45% more bites min⁻¹); however, overall grazing intensities on turf algae (bites cm⁻² d⁻¹) were 5 times higher on the reef terrace than on the fore reef. Despite habitat-specific differences in the herbivore assemblages, the estimated distribution of total bites showed consistency among habitats, with strong guild-level positive foraging selectivity for algal turf. Comparisons of bite and defecation rate data for these herbivores across the Indo-Pacific highlight phylogenetic constraints on grazing activities. Overall, this study illustrates the importance of herbivore functional redundancy, variability in species-specific grazing, and provides a framework for assessing guild-wide grazing impacts on coral reefs.

KEY WORDS: Behavioral foraging observations · Bite rates · Defecation rates · Grazing impacts · Macroalgae · Parrotfish · Surgeonfish

INTRODUCTION

Top-down consumer effects on prey species are well known to cascade through food webs with effects on community structure and ecosystem function (Strong 1992, Terborgh & Estes 2010, Estes et al. 2011). On coral reefs, herbivorous fish are essential players in controlling algal biomass, thus helping to favor corals by preventing the establishment and growth of algae that compete for space and inhibit coral recruitment (Lewis 1986, Choat 1991, Hughes et al. 2007, Burkepile & Hay 2008). In some locations, herbivorous fish are the primary consumers of algal production (Carpenter 1986, van Rooij et al. 1998). However, the loss of herbivores from coral reefs over the past several decades is considered one of the pri-
mary local factors responsible for the current degradation of these iconic ecosystems and has raised alarms for management action (Bellwood et al. 2004, Mumby & Steneck 2008). In locations where herbivores have recovered in biomass, such as inside no-take marine reserves, their foraging activities have been shown to reduce algal cover and promote coral growth and recruitment (Mumby et al. 2006, Hughes et al. 2007, Mumby & Harborne 2010). Therefore, herbivory is often acknowledged to be a key ecological process structuring benthic communities and influencing resilience of coral reefs.

Determining the functional roles of herbivorous fish and quantifying their impacts on coral reefs is essential for ecosystem-based management. Previous studies have measured the grazing and bioerosion rates for a variety of roving herbivorous parrotfish and surgeonfish in the Indo-Pacific (Bellwood & Choat 1990, Choat & Clements 1993, Bellwood 1995, Polunin et al. 1995, Fox & Bellwood 2007, Alwany et al. 2009, Ong & Holland 2010, Goatley & Bellwood 2010). These studies have revealed that all herbivores are not equal in their foraging patterns and food selectivity due to differences in dentition, digestive anatomy, foraging habitats, and body size, among other factors. Therefore, it is important to consider individually the grazing activities of species in order to build an accurate depiction of the aggregate effects of entire herbivore guilds on the reef benthos. Recent studies have highlighted the critical and synergistic importance of herbivore diversity in controlling the growth of different seaweed species (Bellwood et al. 2006, Burkepile & Hay 2008, 2010). Currently, efforts are being made to better understand the importance of functional redundancy and herbivore diversity for enhancing coral reef resilience in the face of climate change and other stressors (Elmqvist et al. 2003, Nystrom 2006, Cheal et al. 2010). However, few of these studies have been conducted in what may be considered 'pristine' systems, with intact food webs and minimal harvesting of top predators and herbivorous fish.

While grazing rates have been shown to differ between species in many locations, grazing rates may also differ within a species across different reef habitats as a function of algal productivity, resource availability, or benthic community composition (Fox & Bellwood 2007). These factors often differ along depth gradients and between reef zones and are likely to influence patterns of herbivory, herbivore community composition, and the ability of herbivores to control the growth of algal resources. Previous studies have quantified the foraging activities and bioerosion rates of the dominant herbivorous fish (e.g. Bellwood 1995, Fox & Bellwood 2007); however, few have attempted to quantify grazing and excretion activities of all parrotfish and surgeonfish comprising the roving herbivorous assemblage in a single reef or across multiple reef zones, especially for unfished herbivore assemblages (but see Bellwood & Choat 1990 for a full analysis of parrotfish foraging on the Great Barrier Reef).

Our goals were to quantify the abundance, grazing rates, and substrate-specific grazing intensities of all common species of parrotfish and surgeonfish on Palmyra Atoll, USA, and compare differences in functional roles and patterns of herbivory between the exposed fore reef and protected reef terrace habitats. We asked the following questions: (1) How variable are bite rates and bite composition across herbivore species and reef habitats? (2) Is there evidence for functional redundancy or functional flexibility among species? We hypothesized that foraging behaviors and reef-wide grazing pressure would be driven by habitat-specific fish assemblage structure and benthic composition. To address these questions we first recorded the abundance and biomass of herbivorous fishes and the percent cover of benthic organisms at multiple sites in 2 habitats. Next, we assessed the relative grazing activities of parrotfish and surgeonfish on different benthic substrate types through direct foraging observations and calculated how standardized grazing activities differ among and within species between different habitats. Finally, we attempted to place our herbivory data in context with results from other studies conducted on the same species throughout the Indo-Pacific. The current and historical lack of fishing on Palmyra provides a unique baseline to assess spatial variation in herbivore foraging behavior in the absence of confounding influences of human exploitation on herbivores or their predators.

**MATERIALS AND METHODS**

**Study location**

All research was conducted on Palmyra Atoll (5° 53’N, 162° 07’ W), located in the remote Northern Line Islands chain, ~1600 km south-southwest of the Hawaiian Archipelago (Fig. 1). Palmyra represents a unique ecosystem because of its isolation and lack of direct local human impacts; It has been a US National Wildlife Refuge since 2001 and part of the Pacific Remote Islands Marine National Monument since
Fishing and non-scientific extraction are prohibited and were limited for decades prior, and the atoll houses only a small research station. Palmyra is a predator-dominated coral reef system with globally high values of apex predator biomass (Sandin et al. 2008). The coral reefs of Palmyra are considered to be relatively healthy with reef building corals and crustose coralline algae (CCA) making up >50% of the benthic cover on the fore reef slope (10 m) and shallow reef terrace (5 m depth) (54 and 78% cover, respectively; Fig. 1C) (Williams et al. 2013). Calcified green algae in the genus *Halimeda* are by far the most common macroalgae on Palmyra’s reefs and account for on average 22 and 10% of total benthic cover on the fore reef and reef terrace habitats, respectively (Fig. 1). There is an extremely low density of herbivorous echinoids on Palmyra, so fish are the primary large-bodied grazers in this system (Sandin et al. 2008).

**Fish and benthic community surveys**

Surveys of fish and benthic assemblages were conducted using SCUBA-assisted coral reef assessment techniques from August to September 2008, at 9 shallow reef terrace (3−6 m depth) and 9 fore reef (10−12 m depth) sites (Fig. 1). The shallow reef terrace sites were located on the western end of Palmyra and separated from one another by over 500 m, while the fore reef sites were separated by 1 km and split among the northern and southern exposed shores of the atoll.

At each site, a team of paired divers enumerated all fishes within fixed-length (25 m) strip transects whose widths differed depending on fish body size: 8 m wide for fishes ≥20 cm total length (TL), and 4 m wide for fishes <20 cm TL. Each site had 3 transects, ~10 m apart. Thus, at each site, fish densities were estimated within a 600 m² (3 × 25 × 8 m) area for large-bodied fishes, and 300 m² (3 × 25 × 4 m) area for small fishes. Transect bearings were determined haphazardly along isobaths. Each diver was responsible for one-half of the area surveyed. On an initial ‘swim-out’ as the transect line was laid, large-bodied fishes were tallied within 2 adjacent 4 m wide swaths. Small-bodied fishes were tallied within 2 adjacent 2 m wide swaths centered on the transect line on the return swim. Fishes were recorded by species (or lowest recognizable taxon) and size class (binned into 5 cm TL classes). Transects allowed us to estimate species- and size-specific numerical densities. Various published (Kulbicki et al. 2005), unpublished (J. D. Parrish, US Geological Survey, Hawaii...
Cooperative Fishery Research Unit), and web-based (Froese & Pauly 2007) sources provided length–weight regression parameters necessary for converting abundance to biomass. We report here data from fish >5 cm TL, as the effects of juveniles and smaller fish within the herbivore guild are likely limited.

Quantitative assessments of the benthos were made using modifications to the photoquadrat method (Preskitt et al. 2004). At each site, two 25 m transects were placed on the benthos parallel to shore, and 10 points were randomly selected and surveyed per transect. At each point a photograph was taken using a Canon G9 digital camera that was connected to a quadpod (1 m high) and a frame (0.9 × 0.7 m or 0.63 m²). During surveys, notes were made for each quadrat and collections were made for organisms that were unidentifiable in the field. Upon return to shore all photographs were edited using Adobe Photoshop CS3. Image analysis was completed using the program Photogrid 1.0. For each photograph, 100 points were generated in a stratified random fashion, and the organism under each point was identified. All organisms were identified to the finest level of resolution possible (genus level for hard and soft corals, functional group for algal turfs and CCA, and genus or species level for macroalgae and macroinvertebrates when possible). Data were collapsed and are presented here as percent cover of the following functional groups: hard coral, soft coral, CCA, turf algae, fleshy and calcified macroalgae, other invertebrates and non-biological substrata (e.g. sand).

**Bite rate observations**

To quantify the impact of roving herbivorous and nominally herbivorous (i.e. detritivorous) fishes on Palmyra’s coral reefs, we conducted focal behavioral observations on the most common species of parrotfish (subfamily Scarinae) and surgeonfish (family Acanthuridae) present in the shallow reef terrace and fore reef sites visited for benthic and fish community surveys. The species observed represented 94 and 84% of the combined abundance of surgeonfish and parrotfish on the reef terrace and fore reef, respectively. Some species of fish only occurred in one of the reef habitats on Palmyra, while other species inhabited both the reef terrace and fore reef. Divers followed focal fish for 3 to 6 min (4.0 ± 0.03 SE) per observation at a distance of 2 to 3 m behind the fish (similar to methods reported in Bellwood 1995, Fox & Bellwood 2007), to avoid disturbing its behavior, and recorded the number of bites taken on a several different benthic substrate categories, including mixed turf algae (epilithic algal matrix), CCA, Halimeda spp. (primarily H. opuntia), Lobophora variegata, Galaxaura rugosa, Dictyosphaeria spp. (both D. cavernosa and D. verslusii), sand, and hard coral. For the duration of the observation the number of defecations was recorded. We recorded the time of day, size (TL to nearest cm), and sexual class (for sex-changing parrotfish) of each individual at the start of the observation period. Observations were repeated multiple times at different phases of the diel cycle at all sites between 10:00 and 16:00 h each day (due to logistical constraints at a remote field station).

For each species we calculated the mean number of bites min⁻¹ and the proportion of bites on the 7 most common substrate types. In order to estimate the total foraging impact of herbivores on the benthos (i.e. the ‘rain of bites’ across the landscape), bite rates for each species were multiplied by species-specific density and the total time spent foraging per day to calculate the number of bites per unit area per day in each the reef terrace and fore reef habitat. We assumed a 10 h day available for foraging because although Palmyra receives 12 h of daylight near the equator, parrotfish do not initiate foraging immediately at sunrise and often forage less in the hour after sunrise and before sunset (Bellwood 1995). Finally, we calculated a substrate-specific grazing intensity, estimated as the number of bites taken per unit area of each substrate type per day. For each species × substrate combination, substrate-specific grazing intensity was calculated as the density of fish times the species-specific foraging rate on the particular substrate, divided by the percent cover of the substrate. Values were calculated independently for the reef terrace and fore reef habitats and were scaled to units of bites cm⁻² (of substrate) d⁻¹. We used mean bite rates of the closest congener for a few of the rarer species that were not followed in each habitat. By summing values across fish species, we report values of substrate-specific grazing intensity for all herbivorous fish combined, for all herbivores excluding Ctenochaetus spp. (which are primarily detritivores that ingest detritus from benthic surfaces with soft comb-like teeth; but see Marshall & Mumby 2012), and separately for parrotfish and surgeonfish (including Ctenochaetus spp.). We also compare differences in grazing intensity on each substrate between the reef terrace and fore reef and calculate changes in bite rates between habitats for those species that co-occur on the reef terrace and fore reef.
Finally, we asked whether defecation frequency was related to the diet of parrotfish and surgeonfish by examining relationships between defecation frequency and the proportion of bites taken on various substrates.

**Statistical analysis**

Statistical analyses were completed using R (R Development Core Team 2010) unless otherwise stated. Tests were designed with specific reference to the nature and distributions of the response data. Data describing the benthic composition and foraging selectivity of fishes are in units of percentages. Importantly, when considering percentage data, there is clear non-independence of percentage values within one sample. For example, if a sample is composed of 90% of one benthic type, the other benthic types are constrained to be relatively rare and compose only a total of 10%. If there are many different groups composing an individual sample (again, with percentages of groups summing to 100%), the responses of each group can begin to appear fairly independent. In these cases, authors will often employ statistics that depend upon the assumption of independence of response variables (e.g. ANOVA). When there are fewer groups or when the assumption of independence cannot be approximated, alternative statistical approaches must be used. We employed bootstrapping to test whether observed distributions of percentage profiles (i.e. relative amounts of benthic types or relative preferences of herbivores) deviated from a null expectation. Importantly, our tailored resampling approaches answer questions about the estimated location of group-specific mean percentage profiles (i.e. centroids of percentage profiles in multinomial space). This is distinct from multidimensional statistical tools such as ANOSIM that answer questions about patterns of similarity within and between groups of multidimensional data, without directly considering the location of the multidimensional mean.

In order to test whether the proportion of benthic types differed between habitats, we used a resampling approach (Barott et al. 2012). Briefly, site-specific mean benthic configurations (vectors of percent covers across 11 benthic types, each vector summing to 100) were plotted in 11-dimensional space. The centroids of the 9 site estimates for each habitat (i.e. forereef and reef terrace) were calculated and the Euclidean distance between centroids was recorded. A null distribution of inter-centroid distances was created (with 10000 re-sampled replicates, assuming that group membership contains no information about the variability in the data). If the true distance between the centroids was in either of the most extreme 0.025 percentiles, then the true benthic configurations were considered significantly different from one another at the \( \alpha = 0.05 \) significance level. In practice, this resampling approach is comparable to the logic underlying the 1-dimensional statistical analog of the \( t \)-test (Barott et al. 2012).

To assess herbivore preferences for particular substrata (live coral, CCA, macroalgae, \textit{Halimeda} spp., or mixed turf algae <2 cm in height), we used Manly’s \( \alpha \) selectivity indices (Chesson 1983) calculated as:

\[
\hat{\alpha}_i = \frac{r_i/n_i}{\sum_{j=1}^{m} r_j/n_j}, \quad i = 1, \ldots, m
\]

where \( r_i \) is the total bite rate (fish density \( m^{-2} \times \) bites h\(^{-1}\)) on substrate \( i \) of \( m = 5 \) substrate types. The bite rate is divided by the proportion \( n \) of any substratum \( i \) available for consumption. Substrate-specific \( \alpha \)’s were calculated for each species or group of fishes (parrotfishes or surgeonfishes) in each habitat (reef terrace or fore reef). The null index (\( \alpha = 0.2 \) for 5 substrate categories) represents ‘no preference’ because relative grazing intensity (or proportion of bites) is evenly distributed across each substrate, given its relative abundance in each habitat. Values of \( \alpha \) significantly below the null represent ‘avoided’ substrates; values significantly above \( \alpha = 0.2 \) represent substrates grazed more often than expected based on availability and random grazing behavior.

To test for significance in the differences of selectivity profiles from null, we employed a resampling approach analogous to the comparison of multinomial percent cover estimates across habitats, as described above. Note that selectivity profiles as defined here are multinomial representations of the relative bias toward or away from potential food resources. Of interest statistically is to know whether or not our confidence in the location of this multinomial selectivity profile (in \( n \)-dimensional space, where \( n \) is the number of potential food resources) contains the null expectation of no bias for any food resource (\( \alpha = 0.2 \) for each of 5 food resources). We explored this question for the selectivity profiles for all herbivorous fishes by resampling our raw data to generate multinomial confidence intervals around the estimated selectivity profile. Statistical error in these habitat-specific estimates is introduced through both the estimation of species-specific density and of species-specific bite rates. Bootstrapped confidence
intervals for the multinomial selectivity were generated in a 5-step process for each habitat: (1) means ± SE were estimated for both the density and bite rate of each species; (2) values from these distributions were drawn randomly for each species and multiplied (thus describing an estimated species-specific bite rate weighted by species density); (3) the total bite rate was multiplied by the species-specific vector of bite distributions (i.e. the fraction of bites made on each benthic type); (4) these bite rates were summed across species for each benthic type to generate a resampled estimate of the ‘rain of bites’, and (5) the selectivity profile of this resampled estimate of bites was calculated, recorded, and the process was repeated 10 000 times. The distribution of these resampled selectivity profiles was compared against our multinomial null (i.e. $\alpha = 0.2$ for each benthic type) by estimating the distribution of distances of each realization from the null, when the distance is projected onto the axis linking the null and the centroid of the resampled selectivity profiles. If fewer than 2.5% of the bootstrapped confidence interval spanned the null, the estimated selectivity profile was considered significantly different from the null.

Herbivore biomass and density were compared across species for each benthic type to generate a resampled estimate of the ‘rain of bites’, and the selectivity profile of this resampled estimate of bites was calculated, recorded, and the process was repeated 10 000 times. The distribution of these resampled selectivity profiles was compared against our multinomial null (i.e. $\alpha = 0.2$ for each benthic type) by estimating the distribution of distances of each realization from the null, when the distance is projected onto the axis linking the null and the centroid of the resampled selectivity profiles. If fewer than 2.5% of the bootstrapped confidence interval spanned the null, the estimated selectivity profile was considered significantly different from the null.

RESULTS

Fish and benthic surveys in two reef habitats

The reef terrace and fore reef of Palmyra Atoll differed significantly in benthic community composition ($p < 0.001$; Fig. 1). The shallow reef terrace is dominated by hard corals (60.2% cover), with common taxa being species of encrusting and plating *Montipora* (31.9%), branching and plating *Acropora* (20.5%) and *Pocillopora* (2.9%). Other top substrate types on the reef terrace include CCA (14.6%), *Halimeda* spp. (9.9%), turf algae (6.9%), and *Lobophora variegata* (5%). The fore reef is characterized by lower coral cover (29.2%) than the reef terrace, and the dominant coral species here are small *Pocillopora* (8.4%), *Porites* (5.7%), *Montipora* (3.1%) and *Favia* (3.1%). Other top substrate types on the fore reef include CCA (25.6%), *Halimeda* spp. (20.5%), turf algae (14.7%), and other substrata (8.6%), such as soft corals and anemones. The main differences between the habitats are higher coral cover on the reef terrace and higher CCA, *Halimeda*, and turf algae cover on the fore reef. The less common taxa also differ between the habitats.

The density of herbivorous fishes (>5 cm TL) was 3.1 and 2.3 times higher at reef terrace sites than fore reef sites (Fig. 2A). Herbivorous fish densities differed between habitats and between families (surgeonfish were more abundant), but there was no significant interaction term suggesting the pattern was consistent (2-way ANOVA, Habitat: $F_{1,32} = 32.8, p < 0.0001$; Family: $F_{1,32} = 32.2, p < 0.0001$; Habitat × Family: $F_{1,32} = 3.1, p = 0.09$). The biomass (g m$^{-2}$) of herbivorous parrotfish and surgeonfish were both ~1.5 times higher in the reef terrace habitat than the fore reef (Fig. 2B), but there were no differences in biomass between herbivore families and there was
no significant interaction term (Habitat: $F_{1,32} = 5.8$, $p = 0.022$; Family: $F_{1,32} = 0.2$, $p = 0.64$; Habitat × Family: $F_{1,32} = 0.0045$, $p = 0.95$). The differences in herbivorous fish abundance between the 2 habitats were magnified when considering fish density (fish m$^{-2}$) as opposed to fish biomass because more juveniles (>5 cm TL) were observed in the reef terrace while the fore reef was mainly inhabited by larger adults. The most common species of herbivorous fish in terms of density and biomass on the reef terrace were the surgeonfish *Ctenochaetus striatus*, *Acanthurus nigricans*, and *A. triostegus*, and the parrotfish *Chlorurus sordidus*, *C. microrhinos*, *Scarus frenatus*, and *S. oviceps* (Fig. 3 and see Fig. S1 in the Supplement at www.int-res.com/articles/suppl/m501p141.pdf). On the fore reef the most common species of surgeonfish were *Ctenochaetus cyanochelius*, *C. marginatus*, and *A. nigricans*, while the most abundant parrotfish were *Chlorurus sordidus*, *S. frenatus*, and *S. rubroviolaceus* (Figs. 3 & S1).

**Behavioral observations and grazing intensity**

Through our behavioral observations, we recorded bite rate information on 25 species (12 parrotfish and 13 surgeonfish), followed a total of 489 individuals (305 on the reef terrace and 184 on the fore reef), and spent a total of 1884 min (1196 min on the reef terrace and 688 min on the fore reef) observing fish feeding on the reef at Palmyra Atoll. We limited this analysis to only the most common species observed, giving a total of 471 individuals observed from 21 species.

We observed distinct species-specific differences in total bite rates and the distribution of those bites among benthic substrates (Fig. 4; see Table S1 in the Supplement). The highest bite rates were observed for species of surgeonfish and parrotfish that focus their foraging efforts on turf algae. We recorded the highest bite rate for *Scarus spinus* averaging >40 bites min$^{-1}$. Species that were excavators (e.g. *Chlorurus microrhinos*) tended to have lower bite rates than species that were scrapers (e.g. *C. sordidus*, *S. frenatus*), and species that favoured *Halimeda* tended to have the lowest bite rates. Some species of parrotfish and surgeonfish were generalists (e.g. *Acanthurus blochii*, *A. olivaceus*, *Ctenochaetus spp.*, *Chlorurus sordidus*, *S. rubroviolaceus*), while most preferred either turf algae or *Halimeda*. Overall, foraging habits appeared to be more diverse, even for co-occurring species, on the reef terrace than the fore reef, potentially due to the increased availability of different macroalgal taxa in that habitat (Fig. 4, Table S1).
We compared bite rates for herbivorous parrotfish on Palmyra with values reported in the literature for other locations throughout the Indo-Pacific (Table 1). Species-specific feeding rates (primarily on turf algae) were remarkably similar within species but showed similar levels of variation between species, suggesting that foraging behavior is phylogenetically conserved across the Indo-Pacific.

PCA using bite rate and bite composition data for each individual indicated that among-species variability in foraging behavior was greater than within-species variability (Fig. 5). Some species exhibited high within-species diet variability (i.e., large error bars) indicative of occupying a broad dietary niche (e.g., Acanthurus blochii, A. triostegus, Scarus globiceps), while most species appeared to have low diet variability (e.g., Chlorurus sordidus, C. microchinos, S. psittacus, S. frenatus), indicating a relatively narrow dietary niche. Species fell into groups based on similarities in diet composition, such that Halimeda specialists grouped differently from macroalgal browsers, and turf scraper/excavators. Habitat- and species-specific differences in foraging behavior are clearly illustrated using these ordination techniques. Areas of strong overlap in foraging behavior across many parrotfish and surgeonfish species provide evidence for functional redundancy, while areas of non-overlap indicate complimentary grazing by the herbivore assemblage.

Substrate-specific grazing intensity, measured as bites cm⁻² d⁻¹ of available substrate in each reef habitat, was highest on mixed algal turfs in both the reef terrace and fore reef habitats (Table 2). On the reef terrace, we estimated that each cm² of turf algae receives 5.8 bites d⁻¹ from all herbivores combined, while this value is reduced to 3.1 bites cm⁻² d⁻¹, if Ctenochaetus spp. are removed from the calculations. Parrotfish (>5 cm TL) that scrape or excavate substrates took 1.4 bites cm⁻² d⁻¹ on turf algae on the reef terrace. Grazing intensities were also high relative to the areal coverage of available substrate for the other macro-algal categories, but were low for CCA and corals (Table 2). Grazing intensities were distinctly lower on the fore reef than the reef terrace, but each cm² of turf algae received 1.3 bites d⁻¹ from all herbivorous fish; From scraping or excavating parrotfish, a bite was taken on each cm² of available turf algae every 4 to 5 d on the fore reef (Table 2). These results, paired with a selectivity analysis conducted on the grazing intensity data (Fig. 6, Table S1), indicate that herbivorous fishes strongly preferred mixed algal turf in both habitats, consumed Halimeda in proportion to its abundance, avoided foliose macroalgae and significantly avoided CCA and corals. Guild-level selectivity profiles, using a bootstrapping procedure, indicated that the
Table 1. *Chlorurus* spp., *Scarus* spp., *Acanthus* spp., *Ctenochaetus* spp. Bite rates and defecation rates for focal parrotfish and surgeonfish species recorded on Palmyra Atoll and other published studies. GBR: Great Barrier Reef

<table>
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<tr>
<th>Species</th>
<th>Location</th>
<th>Bite rate (min⁻¹)</th>
<th>Defecation rate (min⁻¹)</th>
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<td>16.5</td>
<td>1.57</td>
<td>This study</td>
</tr>
<tr>
<td></td>
<td>Heron and Lizard Island, GBR</td>
<td>21.6–23.5</td>
<td>0.31–0.40</td>
<td>Bellwood &amp; Choat (1990)</td>
</tr>
<tr>
<td><strong>Scarus rubroviolaceus</strong></td>
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<td>8.0–11.4</td>
<td>0.31–0.40</td>
<td>This study</td>
</tr>
<tr>
<td></td>
<td>Lizard Island, GBR</td>
<td>10.1</td>
<td></td>
<td>Bellwood &amp; Choat (1990)</td>
</tr>
<tr>
<td></td>
<td>Oahu, Hawaii</td>
<td>11.1–15.5</td>
<td></td>
<td>Ong &amp; Holland (2010)</td>
</tr>
<tr>
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<td>1.45</td>
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</tr>
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<td>Bellwood &amp; Choat (1990)</td>
</tr>
<tr>
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<td>0.38</td>
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<td>Heron Island, GBR</td>
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<td></td>
<td>Bellwood &amp; Choat (1990)</td>
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<td><strong>Surgeonfish</strong></td>
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<td><em>Acanthus lineatus</em></td>
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<td>0.03</td>
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</tr>
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<td></td>
<td>Aldabra Atoll, Indian Ocean</td>
<td>-24.0</td>
<td></td>
<td>Robertson et al. (1979)</td>
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<td><em>Ctenochaetus striatus</em></td>
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<td>17.9</td>
<td>0.04</td>
<td>This study</td>
</tr>
<tr>
<td></td>
<td>Moorea, French Polynesia</td>
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<td>0.12</td>
<td>Alwany et al. (2009)</td>
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<tr>
<td></td>
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<td>0.07–0.19</td>
<td>Goatley &amp; Bellwood (2010)</td>
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Fig. 5. Principal components (PC) analysis of bite rate and bite composition data for surgeonfish (circles) and parrotfish (triangles) on the reef terrace (red) and fore reef (blue) of Palmyra Atoll. Mean ±1 SE of PC1 and PC2 for each species illustrate within and among species variability in foraging behavior and differences among habitats. CCA: crustose coralline algae. See Fig. 4 for species names.
substrate-specific distribution of total bites (i.e. the ‘rain of bites’) was significantly different than the expected null distribution on the fore reef and reef terrace (p < 0.001 for both habitats), but did not differ among reef habitats. Our calculations suggest that there is strong top-down control on turf algae by roving herbivorous fishes on Palmyra’s reefs. Interestingly, species-specific differences in selectivity indicate that while many parrotfish forage on turf algae more than expected in relation to its abundance on the benthos, many surgeonfish show stronger selection for foliose macroalgae, particularly in the fore reef habitat (Table S1).

For all co-occurring herbivorous fish species on the reef terrace and fore reef, mean total bite rates were consistently greater in the fore reef habitat than the reef terrace habitat (paired t-test, \( t_7 = 6.58, p = 0.0003; \) Fig. 7). The percent change in total bite rates between reef habitats varied among species with increases from 13 to 138% (mean = 45% increase) on the fore reef. Despite the fact that individuals consistently exhibited higher bites rates on the fore reef, compensatory changes in substrate-specific grazing intensities were not observed. Substrate-specific grazing intensities were significantly greater at the reef terrace sites relative to the fore reef sites (Table 2E) because preferred foraging substrate availability was significantly lower (the reef terrace was dominated by live coral), the densities and biomass of herbivores were significantly higher on the reef terrace, and substrate selectivity was similar between the 2 habitats. Grazing intensity ratios among habitats were similar if *Ctenochaetus* spp. were included or excluded from the analysis.
We found a significant positive relationship between the percent of bites taken on *Halimeda* (a calcareous green alga) and defecation rate (Fig. 8). This relationship was consistent for parrotfish (*F*₁,₇ = 24.9, *r*² = 0.78, *p* = 0.0016) and surgeonfish (*F*₁,₇ = 25.0, *r*² = 0.80, *p* = 0.0024), suggesting rapid processing and gut passage times for fish that focus their foraging efforts on highly calcified seaweeds.

**DISCUSSION**

Palmyra Atoll is a predator-dominated system with high total fish biomass (2.6 t ha⁻¹), mainly in the apex predator class (65% of the fish biomass on Palmyra is composed of piscivores; Sandin et al. 2008). Despite high predator biomass, bite rates of parrotfish on Palmyra, measured as total bites min⁻¹ on all substrates, were surprisingly similar to the values for the same species reported in previous studies throughout the Indo-Pacific (Table 1), highlighting constraints of phylogeny and diet on foraging behavior. The highest grazing rates were recorded across multiple studies for *Scarus spinus* and *S. globiceps*, intermediate rates for *Chlorurus sordidus*, *S. frenatus*, and *S. oviceps*, and lowest rates for larger body size species *C. microrhinos* and *S. rubroviolaceus*. For most species, bite rates on Palmyra were somewhat lower than the values reported in other studies, which may be a response to differences in predation risk, resource availability, or algal nutritional quality among locations. Species of parrotfish and surgeonfish differed in their bite rates, but they also differed in the types of substrates that they grazed on. Most species grazed preferably on mixed algal turf assemblages (Figs. 4 & 6), while some species were more generalists (*Acanthurus blochii* on the terrace and *Ctenochaetus cyanochelius* and *S. rubroviolaceus* in both habitats), and others consumed *Halimeda* almost exclusively (*A. blochii*, *Calotomus carolinus*, and *S. psittacus* on the fore reef, and *A. maculiceps* and *S. schlegeli* on the reef terrace). As a group, both the parrot...
found consistently higher foraging rates (bites min$^{-1}$) across 3 islands (including Palmyra). In contrast, we tion (total predator biomass and acute predation risk) excursion area and 2 measures of the threat of preda-
et al. (2010) reported negative relationships between and
fore reef are counter to the predictions of reduced
ability or predation risk (Fig. 6).

The elevated foraging rates we measured on the 
fore reef are counter to the predictions of reduced foraging in response to higher levels of predation risk. For the roving herbivores Acantbus nigricans
C. Chlorurus sordidus that we also studied, Madin
et al. (2010) reported negative relationships between 
excursion area and 2 measures of the threat of predation (total predator biomass and acute predation risk) across 3 islands (including Palmyra). In contrast, we found consistently higher foraging rates (bites min$^{-1}$) for all herbivorous fish on the fore reef of Palmyra where predator density and biomass is 3.3 and 5.6
 times higher, respectively (S. A. Sandin unpubl. data),

than the shallow reef terrace. In fact, herbivore density

and biomass are elevated on the reef terrace while preferred food resources such as mixed algal 
turf abundance is lower. Therefore, resource com-
petition may limit foraging rates on the reef terrace compared to the fore reef, despite reductions in pre-
dation risk in that habitat. Environmental differences
between habitat types on Palmyra could also explain
differences in foraging rates. Relative to the reef termace, the deeper fore reef sites receive lower levels of 
irradiance (i.e. lower productivity rates), and these
exposed sites also experience much higher water 
motion and surge due to wave action, which may inhibit foraging. If anything, these environmental factors would act to suppress grazing rates on the 
fore reef, counter to our observations. However, it is
also possible that the algal communities on the shal-
low reef terrace are more productive and have a
higher turnover rate per unit area, despite low stand-
ing stock, due to higher levels of irradiance and high
grazing pressure.

Diet composition affected the frequency of defeca-
tion, and thus detritus production, on Palmyra’s reefs. 
Defecation rates presumably scale with grazing rates, 
but may be dependent upon palatability/ 
digestibility of algal resources (Goatley & Bellwood
2010), and can be significant sources of organic (Max
et al. 2013) and inorganic nutrients (de Loma & Harmelin-Vivien 2002) and carbonate (Perry et al.
2011) to the benthos. Fig. 8 suggests that defecation
is linked positively to the consumption of the erect, calcareous green algae in the genus Halimeda, with
the positive relationship driven largely by the extremely high rates of defecation in species that for-
age almost exclusively on Halimeda, so-called ‘obi-
gate Halimeda-vores’. Given the highly calcified

sues of Halimeda, much of the ingested material is
indigestible carbonate minerals. Thus, rapid gut pas-
sage times are likely necessary to meet nutritional 
requirements. Therefore, the grazing activities of
species like Scarus psittacus and Acanthurus maculic-
ceps are likely to contribute disproportionately to
sand/carbonate production on a per individual basis.
Polunin et al. (1995) compared algal food processing
of 5 herbivorous fishes and found that gut passage and defecation rates were highest for Chlorurus sor-
didus (a species with high levels of carbonates in
their gut) in contrast to damselfish and surgeonfish that consumed mainly fleshy macroalgae, again highlighting the importance of these taxa for the car-
bonate budgets on reefs.

From the perspective of the benthos, grazing intens-
sities (or the ‘rain of bites’ across the landscape) are
extremely high on Palmyra, despite high predator 
bio-
mass. Every cm$^{2}$ of available turf algae is manipu-
ulated by a fish mouth ~6 times d$^{-1}$ on the shallow reef 
terrace and 1.3 times d$^{-1}$ on the fore reef (Table 2). 
This is due to the high abundance of grazers on the 
shallow terrace and low percent cover of turf algae in this habitat (Figs. 1–3). Our absolute measures of gra-
zing intensity may be a slight overestimate because
bite rates of some herbivores change throughout the
diel cycle, peaking in mid-day, and we were only able to observe foraging behaviors between 10:00 and 16:00 h. Bellwood (1995) showed that bite rates quickly approach the daily maximum within an hour either side of sunrise or sunset, so we calculated
grazing intensity based on a 10 h instead of a 12 h
day. For the species studied on Palmyra, we did not
detect any significant relationship between time of
day and bite rates during our observation window (S.
A. Sandin unpubl. data).

Previous studies have indicated that Ctenochaetus
spp. are detritivores that remove sediment and
organic material from algal surfaces, causing little
damage to algal turfs (Purcell & Bellwood 1993).
However, a recent experimental study showed sig-
nificant removal of turf algae by the foraging activi-
ties of C. striatus (Marshell & Mumby 2012). Thus, to
be conservative, we presented data including and
removing the influence of these species on grazing
intensity calculations (Table 2). Fox & Bellwood
(2007) used information on fish density, bite rates,
and mouth sizes to estimate grazing pressure on
algal turfs, finding that the 2 most common species of
parrotfish grazed up to 150 \% of the substratum per
month on the reef crest, with lower grazing pressure
in other reef habitats. Unfortunately, we do not pos-
cess species-specific data on the relationship between fish size and bite size needed to conduct a similar analysis on Palmyra. Nonetheless, grazing pressures appear to be relatively intense in this system, likely due to the low availability of algal turfs and high abundance of parrotfish and surgeonfish; herbivorous fish biomass on Palmyra is similar to that of many other unfished locations in the central Pacific (Edwards et al. 2013).

An important point to note is that our estimates of substrate-specific bite rates ignore the 3-dimensional complexity of the reef’s surface area. Instead, we are providing estimates that scale with the availability of substrates to direct incident light (i.e. area viewed when looking at the reef from straight above). We recognize that the reefscape is not 2-dimensional, and as such, our estimates should be viewed within the scope of this approximation. Importantly, there are minor differences in topographical complexity across the 2 habitats, making the relative comparison robust. However, in order to estimate the true bite rate per unit surface area of the reef, we will need to make use of new imaging tools or other approaches that allow the direct estimation of the surface area across the complex 3-dimensional surface of benthic reef habitats. Even accounting for these topographical constraints, the impact of the high bite rates to algal turf abundance, growth, and productivity will be tied to mouth morphology and bite size of the individual herbivores, which will vary within and among species.

Our foraging observations and the ordination analysis (Fig. 5) across the entire roving herbivore guild indicate that there is a high level of functional redundancy on Palmyra Atoll, in addition to complementarity of foraging behavior throughout the herbivore guild. There is high resource use overlap on Palmyra in that many species of parrotfish and surgeonfish graze on the same algal food resource (primarily turf algae) and have similar bite rates and purported impacts on the benthos. Even for those herbivorous fish that are specialists on one type of macroalgae, such as *Halimeda*, functional redundancy is present. However, although there are many species that appear to consume the same food resources, there are still large differences in how individual species interact with the benthos, where some are delicately scraping and others are actively scraping and excavating the reef substrate (Bellwood & Choat 1990, Green & Bellwood 2009). Nonetheless, the high diversity of herbivores and dietary overlap may help to explain high levels of resilience of intact reef systems like Palmyra. Burkepile & Hay (2008) showed that grazing by one species of parrotfish and one species of surgeonfish in the Caribbean was complimentary and enhanced reef resilience because each type of herbivore consumed different types of algae, thereby reducing coral−algal competition; similar patterns are likely occurring in the Pacific where herbivore diversity is much higher (Bellwood et al. 2004, Roff & Mumby 2012).

Other herbivores such as sea urchins are extremely rare on Palmyra’s reefs (Sandin et al. 2008, McCauley et al. 2010), so fish are the major grazers whose foraging behavior helps to prevent algal overgrowth of hard corals. When fish grazing activities are excluded from carbonate surfaces or from artificial settlement tiles in Palmyra, turf algae grow rapidly (McCauley et al. 2010, J. E. Smith unpubl. data); Therefore, herbivorous fish play an essential role in maintaining a healthy coral-dominated ecosystem state. In the Caribbean, theoretical work has suggested that herbivorous fish are only capable of supplying enough grazing pressure in the absence of sea urchins to maintain a coral-dominated state if initial coral cover is relatively high (Mumby et al. 2007, Roff & Mumby 2012). Coral cover is consistently higher and macroalgal cover is consistently lower in the Indo-Pacific than the Caribbean (Roff & Mumby 2012), which may allow fish to play a larger role in maintaining reef resilience in the former. Further, because herbivorous fish biomass is more than 2-fold lower on reefs accessible to fishing than in those where fishing is banned (Edwards et al. 2013), it is likely that humans are directly affecting the potential for grazers to maintain reef health. It remains to be seen on Palmyra whether fish grazing is sufficient to maintain reef resilience in the face of future global change; however, studies to date suggest relatively rapid recovery of Palmyra’s reef to disturbances, such as warming induced bleaching events (Williams et al. 2010).

In conclusion, we have quantified the foraging behaviors and calculated grazing intensities for the roving herbivore guild across 2 reef habitats in a remote and healthy coral reef system. We found striking differences in substrate-specific grazing intensities by herbivore species, differences in abundance and bite rates across habitats, and higher individual-specific bite rates in the exposed predator-dominated fore reef habitat. This study highlights the value of functional redundancy in herbivore assemblages for controlling algal growth and the importance of quantifying the varied impacts of different herbivore species on the suite of algal resources available.
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