

Cytometric evidence reconciling the toxicity and usefulness of CTC as a marker of bacterial activity

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ABSTRACT: To understand the opposing views on the utility of the CTC method, we examined bacterial abundance over incubations with the fluorogenic tetrazolium dye CTC (5-cyano-2,3-ditolyl tetrazolium chloride) and inspected the flow cytometric signatures of bacteria dually labeled with a DNA stain (Syto13) and CTC. Incubation of a marine plankton sample with CTC produced positive cells up to a stable value, reached in <1 h, while the red fluorescence of the granules increased for at least an extra hour. Incubation also produced a decrease in cell abundance of 22% after 30 min in the presence of 5 mM CTC. The decrease was a function of CTC concentration and incubation time, and particularly affected bacteria with high nucleic acid content. Flow cytometric inspection of a double-stained (CTC and Syto13) sample showed that after 15 min of incubation, particles appeared having both red (CTC+) and green (DNA+) staining. Afterwards, other particles appeared that maintained the same light scatter properties and the red fluorescence, but that lost all green fluorescence. While the number of particles with double staining stabilized after about 1 h, particles with red but without DNA staining increased for at least 100 min. Simultaneously, the classic determination of CTC+ cells (observing only the red signal of the particles) increased as reported elsewhere. We interpreted these patterns as evidence of CTF (the formazan derivative of CTC) particles growing in the bacterial cells until they are so large that they break up the cells, after which they remain present as CTF granules with no associated cellular material. Microscopic or flow cytometric enumeration of red particles might still be a good indication of the percentage of bacterial cells having taken up and reduced the activity probe, but flow cytometric cell sorting of red particles based only on scatter and red fluorescence signals will select CTF particles without associated cellular material. Our results help reconcile the ecologically sound results and the CTC toxicity evidence currently reported in the literature, and lead to a warning against interpretations of cell sorting of CTC+ particles for phylogenetic or activity studies based only on red or orange fluorescence.

KEY WORDS: CTC · Syto13 · Flow cytometry · Cell sorting · Bacterial activity

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INTRODUCTION

Microbial ecologists have long searched for a standardized method to unambiguously separate bacteria that are alive from those that are not, and those that participate in ecosystem metabolism and relate to community activity from those that do not. Hence, a large variety of methods have been introduced for probing

the physiological status of individual bacteria, e.g. the direct viable count method (Kogure et al. 1987), micro-autoradiography (Meyer-Reil 1978), rRNA content (Karner & Fuhrman 1997, Bouvier & del Giorgio 2003), membrane-integrity probes (e.g. see list in Gasol & del Giorgio 2000).

The introduction by Rodríguez et al. (1992) of a method that improved the capacity to probe bacteria

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possessing an active electron system revolutionized that quest. The method worked similar to the reduction by the electron transport system of INT (2-[4-iodophenyl]-3-[4-nitrophenyl]-5 phenyl tetrazolium chloride) to a water-insoluble formazan crystal, a method that had been used to enumerate respiring planktonic bacteria (Zimmerman et al. 1978). In the modified method, the crystal was now fluorescent, and respiring cells provided with the fluorogenic tetrazolium dye CTC (5-cyano-2,3-ditolyl tetrazolium chloride) could reduce the crystal to a red-fluorescent formazan molecule that could easily be spotted, because of its red fluorescence, by epifluorescence microscopy or flow cytometry (del Giorgio et al. 1997, B. F. Sherr et al. 1999, Sieracki et al. 1999). Furthermore, the method targeted a process of great global significance: respiration. It was based on the same principle as a well-established protocol for measuring community respiration, the formazan-reduction ETS (electron transport system) measurement (Packard 1985), which had been shown to be correlated to microbial respiration both in fresh (del Giorgio 1992) and marine (Aristegui & Montero 1995) waters. Both the ETS measure of system respiration and the CTC count of respiring bacteria were subsequently found to be positively correlated in at least 1 field study (Berman et al. 2001), and bacterial respiration was also seen to correlate with the amount of CTC-positive (CTC+) cells in another field study (Smith 1998). In another study, total red CTC fluorescence correlated with CO₂ production in mixed bacterial assemblages in aerobic bioreactors (Cook & Garland 1997).

This method has been used in a variety of different ecosystems since its introduction, and apparently ecologically coherent results have been found in most studies: the number of active bacteria and their contribution to total bacterioplankton community composition have been seen to increase with increasing lake trophic status (del Giorgio & Scarborough 1995, Søndergaard & Danielsen 2001), cell size (Gasol et al. 1995, Søndergaard & Danielsen 2001) and predator activity (del Giorgio et al. 1996), with indications also that arctic bacteria can have high respiratory activities (Yager et al. 2001) and mesopelagic prokaryotes can also have relatively large respiration rates (Aristegui et al. 2005). The abundance of these active bacteria is often correlated with total bacterial production (Lovejoy et al. 1996, del Giorgio et al. 1997, B.F. Sherr et al. 1999) or with cell growth (Choi et al. 1996, 1999, E.B. Sherr et al. 1999), and the percentage of active bacteria is greater on particles than in free-living communities (B.F. Sherr et al. 1999, Yager et al. 2001, Sherr et al. 2002). Finally, the CTC technique has also been found appropriate for assessing the physiological status of benthic (Proctor & Souza 2001, Haglund et al. 2002),

groundwater (Hatzinger et al. 2003), biofilm (Yu & McFeters 1994, Haglund et al. 2002) and soil (Winding et al. 1994, Whiteley et al. 2003) bacteria.

All these results seem to suggest that the method is valid and that it measures what it is supposed to measure (i.e. a certain degree of cellular activity). But some authors have opposed this claim, either because cellular toxicity of the CTC product occurred, or because low quantities of CTC+ cells were often encountered in field studies (Ullrich et al. 1999, Servais et al. 2001). It is rather obvious that the introduction of an electron acceptor that competes with oxygen in the ETS activity chain of a bacterium will affect the performance of the enzymes involved and, hence, bacterial growth. In fact, Ullrich et al. (1996) and Servais et al. (2001) showed inhibitory effects of CTC on bacterial respiration and metabolic activity. On the contrary, Epstein & Rossel (1995) reported that CTC-stained and non-stained benthic bacteria grew equally well, and the formazan salt, albeit at a concentration 10% lower than the one commonly used, did not impair the ability of bacteria to grow or the ability of the ciliate *Cyclidium* sp. to predate and survive on a diet of CTC-stained bacteria. Based on flow cytometric sorting of red-fluorescent particles (assumed to be bacteria which had reduced CTC) after incorporation of a radioactive tracer, Servais et al. (2001) concluded that 'the CTC dye is not suitable for the detection and enumeration of active bacteria (i.e. cells contributing to bacterial production)', since they calculated that the contribution of that bacterial fraction (i.e. CTC+) to total leucine uptake was only 27 to 57% of total bacterial leucine incorporation. Similar results were later reported by Longnecker et al. (2005).

The observations of Ullrich et al. (1996) and Servais et al. (2001), then, are at odds with the ecologically sound results enumerated above. To try to shed light on these contradictory observations, we explored here the effects of CTC toxicity, and whether these effects will impair our ability to detect those bacteria capable of reducing the formazan salt. We did so by measuring the evolution of bacterial abundance during CTC incubations and by observing the flow cytometric signatures of bacteria simultaneously labeled with CTC and a DNA stain (Syto13).

MATERIALS AND METHODS

Throughout, we designate as CTC+ particles scored as such after flow cytometric determination, whether they were cells or not (see following subsection). CTC is the red-fluorescing formazan derivative after reduction of CTC that takes the form of granules and stains a cell so that it belongs to the CTC+ population.

Experiments. Water for almost all experiments was obtained from the harbor of Taliarte in the Bay of Melenara, eastern Gran Canaria Island, Spain. This is oligotrophic water, containing relatively high populations of *Prochlorococcus* ($6.2 \times 10^4 \text{ ml}^{-1}$ at the time of sampling) and lower concentrations of *Synechococcus* ($2.2 \times 10^4 \text{ ml}^{-1}$) and picoeukaryotes ($3.5 \times 10^4 \text{ ml}^{-1}$). The Taliarte harbor is very small, has little boat traffic and a sparse human population in the surroundings. Because of the volcanic origin of the islands, there is almost no shelf, and the water in the harbor reflects the oceanic nature of the surrounding water masses.

Overall experimental design consisted in the collection of seawater, the addition of CTC (Polysciences) at varying concentrations (0.5 to 10 mM, which reflects the range most commonly used in the past (Choi et al. 1996, 1999, Créach et al. 2003), incubation times varying between 10 min and 4 h, and determination of total bacterial abundance and CTC+ (particles scored as positive by the method) abundance, along with their cellular characteristics (see 'Flow cytometric counts'). This was done by detecting the transformation of water-soluble CTC into water-insoluble CTC-formazan (CTF). To decrease the time scale of the bacterial response to CTC, on a few occasions we also added to the sample a filtrate of green alga culture at a dilution of 10% and then ran the experiments as above. Another batch of experiments included an initial addition of 10 μM glucose and incubation of the samples for 30 min; afterwards we followed the above-cited experimental design. Sometimes we preconditioned the samples by letting them stand overnight in the laboratory with or without additions. Expt 1 was designed to test the time response of CTC reduction with, or without, nutrient additions; Expt 2 was to describe the loss of bacterial cells after incubation with CTC; Expt 3 was to verify whether the cellular loss affected all types of bacterial cells equally; and Expt 4 was to describe the evolution, and to try to budget the disappearance of bacterial cells and the formation of CTC+ particles at different CTC concentrations.

Cruise experiments. We also report data of bacterial and CTC+ cell abundance obtained during Cruise FAX99. The cruise was carried out in the coastal transition zone between the highly eutrophic waters of the NW Africa upwelling system and the nutrient-impo- verished open ocean waters of the Canary Islands region, where the trophic conditions varied considerably. Samples for the experiments were collected from 2 depths (mixed layer and thermocline, usually 5 m and 40 to 80 m) at 7 stations: 2 on the coastal shelf of NW Africa and the rest along an upwelling filament stretching towards the southern waters of the Canary Islands. Two replicate samples (5 ml each)—1 of them spiked with NH_4Cl to a final concentration of 2 μM —

were left in the dark and at *in situ* temperature for ca. 1 to 2 d before the experiment was started. Two 1 ml aliquots were spiked with 5 mM final concentration of CTC and incubated 30 or 90 min in the dark in a regulated bath maintained at *in situ* temperature ($\pm 0.1^\circ\text{C}$). The samples were fixed with 1% paraformaldehyde (PFA) + 0.05% glutaraldehyde (final concentration), immediately frozen in liquid nitrogen and later stored at -20°C . An additional 0.5 ml aliquot was fixed with PFA at Time 0 and spiked with 5 mM final concentration of CTC for a background control of CTC fluorescence on dead samples. Bacterial and CTC+ abundances were determined by flow cytometry within months (see the following subsection).

Flow cytometric counts. A Becton Dickinson FAC-SCalibur flow cytometer was used for all abundance determinations. This is a standard instrument with a 15 mW, 488 nm argon laser, with a 70 μm nozzle and flow rates ranging approximately from 12 to 60 $\mu\text{l min}^{-1}$. We used Milli-Q water as sheath fluid, and counts were transformed to cell concentrations using an internal standard made of 0.92 μm yellow-green-fluorescing microbeads (Polysciences) added to the samples. Counts were later corrected by the dilution caused by the CTC solution and the added fixative.

CTC+ determinations by flow cytometry. We prepared daily batches of CTC at a 50 mM concentration in Milli-Q water. We filtered them through 0.2 μm polycarbonate filters, and stored them in the dark at 4°C until use. We rejected any CTC batch that had a yellow appearance when diluted in water, as, in our experience, this condition was associated with very long dissolution times and unreliable CTC+ determinations (see also Sherr et al. 2001). Batches with pink-white appearance and that dissolved faster were nonetheless filtered through 0.2 μm before use. Incubations were performed in cryovial tubes or directly in the Falcon flow cytometry tubes, with total volumes ranging from 0.5 to 1.5 ml of sample and an adequate volume of the CTC solution. Incubations were run at room temperature ($\pm 2^\circ\text{C}$ above *in situ* temperature, which was ca. 22°C).

CTF is excited by wavelengths between 460 and 530 nm and fluoresces bright red. CTC+ particles were those that showed red fluorescence (above 630 nm, FL3 in our instrument) above the background fluorescence level (del Giorgio et al. 1997, Sieracki et al. 1999). Thresholding was done in the red channel. A dual plot of 90° light scatter and red fluorescence is enough to separate CTC+ cells from background noise (see Fig. 2B). However, we found that a FL2 (orange fluorescence)–FL3 (red fluorescence) plot was more useful because it allowed us to distinguish the populations of photosynthetic microbes (the prokaryotes

Synechococcus and *Prochlorococcus* and the pico-eukaryotes) from the CTC+ particles (see Fig. 8 in Gasol & del Giorgio 2000). Red fluorescence and 90° light scatter (SSC) were scaled to those values of the Polysciences beads added as an internal standard. Note that in normal flow cytometric detection of CTC+ 'bacteria', only CTF granules are detected.

Total bacterial abundance. Total bacterial counts were determined after staining with DMSO-diluted Syto13 (Molecular Probes) at 2.5 μM (final conc.) for ca. 10 min. Samples were run at low speed (approx. 12 $\mu\text{l min}^{-1}$) until >20 000 events were acquired in log mode. Bacteria were detected by their signature in a plot of side scatter (SSC) versus green fluorescence (FL1), as previously suggested (Gasol & del Giorgio 2000; see Fig. 2D,F). Thresholding was done in the green channel. In a plot of FL1 versus FL3 (red fluorescence), we could differentiate photosynthetic prokaryotes from non-photosynthetic prokaryotes in the cases where both were present. We separated bacteria containing high nucleic acid (HNA) from those containing low nucleic acid (LNA), as previously described (Gasol & del Giorgio 2000) and based on the relative FL1 fluorescence of the different subpopulations. When we determined bacterial abundance with Syto13 after incubation with CTC, thresholding was also done in the green channel, and we applied a higher voltage to the red photomultiplier (ca. twice the one applied to the green channel).

RESULTS

Time response of CTC reduction

In all the experiments, the CTC reduction time dynamics were similar to those described previously in the literature (e.g. Fig. 1, in Expt 1 where we used 5 mM CTC). We report here just 1 example of the several similar experiments done. Following common procedures (del Giorgio et al. 1997, Sieracki et al. 1999, Gasol & del Giorgio 2000), we consider CTC+ particles those that had red fluorescence and a certain degree of 90° light scatter (SSC). Those 2 parameters increased with incubation time until reaching a plateau at about 100 min for SSC (Fig. 1C) and FL3 (Fig. 1B). The number of red particles reached a plateau after about 1 h (Fig. 1A) and did not increase afterwards, indicating that the particles were formed and identified early on, and they increased in size and fluorescence later on. Less than 50 min of incubation was enough to unambiguously detect the percentage of CTC+ bacteria in that particular experiment. The incubation of the sample with an algal filtrate increased the number of CTC+ particles and consequently the percentage of

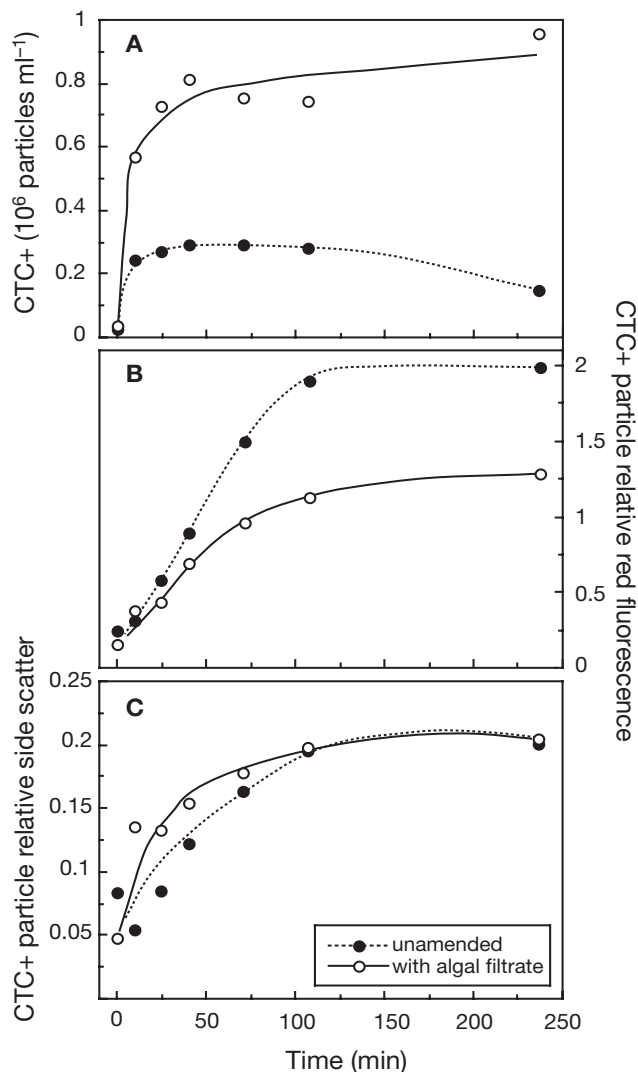


Fig. 1. Time evolution of a standard CTC (5-cyano-2,3-ditolyl tetrazolium chloride)-reduction experiment (Expt 1). Bacteria were either supplemented with an algal filtrate or unamended and preincubated overnight in the dark. The incubation with 5 mM CTC lasted for a variable amount of time from 10 to 240 min. (A) Number of CTC+ particles (assumed to be cells), (B) CTC+ particle relative red fluorescence, and (C) CTC+ particle relative light scatter

CTC cells in the sample. Initially, the average red particles were larger (higher SSC), but had less fluorescence, indicating that the particles formed after incubation with the algal filtrate produced a larger but less fluorescent crystal. Subsequently, the increase in size of the crystals leveled off, while the difference in red fluorescence of the crystals was maintained. In this experiment, we obtained a percentage of CTC+ cells ranging from 20 to 40%, a rather high proportion.

In this experiment, we also recorded the number of Syto13-stained cells after incubation, and noted that this number had decreased by 66% during the incubation without added algal filtrate and by 6% when the

algal filtrate had been added. Microscopic enumeration of CTC+ particles is normally done under green light excitation, in which only the red fluorescence of the CTF granule (plus the algal autofluorescence) is visible. Thus, even with double staining (CTC plus the typical DNA stain DAPI), the fluorescence of the DAPI–DNA complexes is not detectable unless one switches the filters in the microscope. The red fluorescing particles should not be called CTC+ 'cells', as there is no evidence from the cytograms that they are indeed cells. Flow cytometric detection of CTC+ particles is commonly done in a plot of SSC versus FL3 (Fig. 2B), with or without additional inspection of an FL2 (orange) versus FL3 plot (del Giorgio et al. 1997, Sieracki et al. 1999, Gasol & del Giorgio 2000). In our study, however, double staining with a DNA stain (such as Syto13) allowed detection of the bacteria via their green fluorescence (Fig. 2C,E). In this experiment, as well as in all others reported here, we observed that some of the green fluorescent particles acquired red fluorescence during incubation with CTC (Fig. 2D,F). No LNA cells seemed to acquire red fluorescence (Fig. 2D,F), but 2 well-defined clusters of HNA cells did.

Effect of CTC concentration on the number of CTC+ cells and on the loss of bacteria

Bacterial CTC reduction at different concentrations of the product also followed dynamics similar to those described by other authors (Expt 2; Fig. 3A). Maximum amounts of CTC+ particles were detected with 2 to 5 mM of CTC. The use of lower concentrations resulted in lower amounts of CTC+ particles. Preconditioning of the samples in the dark for 0, 3 and 18 h did not affect the dynamics of CTC reduction, but the addition of glucose decreased the total number of CTC+ particles detected and the concentration at which this number was encountered. Preconditioning for 3 h increased total bacterial abundance without (9%) or with (30%) added glucose; a similar increase occurred with 18 h of preconditioning (5-fold increase in the control, 7-fold increase in the glucose treatment). However, the abundance of bacteria in each treatment (i.e. with or without glucose, with different preconditioning times), relative to the initial values, decreased exponentially after 90 min of contact with the CTC product (Fig. 3B). This decrease was a function of both CTC concentration and the time the sample had spent in the dark (Fig. 3B). Glucose had no effect on the relative decrease in bacterial abundance. On average, we observed a 25% decrease in cell abundance when there was no dark preconditioning, 60 to 65% decrease when samples were preconditioned for 3 h and up to 94% decrease when samples were preconditioned for 18 h.

Loss of cells in experiments done during Cruise FAX99

The decrease in bacterial abundance after incubation with CTC was also observed in samples collected during Cruise FAX99. There, we incubated samples from 28 stations with 5 mM CTC and fixed the samples after 30 or 90 min of incubation. After 30 min with CTC, the numbers of bacteria decreased on average 22% (Fig. 4A). Incubation over a longer (180 min) period did not significantly change the abundance of bacteria in the sample, although the percentage of CTC increased slightly (average $11.5 \pm 1\%$ at 30 min, average $15.2 \pm 2\%$ after 90 min). The concentration of CTC particles ranged from 1.9×10^4 to $6.7 \times 10^5 \text{ ml}^{-1}$, with the percentage of CTC+ ranging from 3 to 35% of total counts. Bacterial concentrations after incubation were significantly correlated with abundance before incubation ($p < 0.0005$); the slope of the relationship was significantly < 1 (0.87 ± 0.06 , $p = 0.03$), indicating that there was a slight tendency for bacteria to disappear proportionally more frequently when bacterial abundances were higher than when they were lower. Similarly, the numbers of cells disappearing from the sample were correlated with the number of CTC+ particles (Fig. 4B), with a slope of 0.57. Again, this indicated that more bacteria disappeared when bacteria were, on average, more active than when they were less active. For this set of samples, we detected more bacteria disappearing than CTC+ particles appearing, but this was not always the case (see the following subsection).

Loss of different types of bacterial cells caused by CTC

Expt 3 was designed to observe whether the decrease in bacterial abundance at different CTC concentrations was similar for all types of bacteria (in terms of nucleic acid content). The decrease in cell abundance was mostly attributed to a decrease in HNA cells (Fig. 5). This observation concurs with the cytometric observations of red color development only in the HNA cells (Fig. 2D,F). Thus, CTC seemed to selectively kill cells that had a high nucleic acid content and were, presumably, active.

Do all CTC+ cells disappear from the sample?

From the cytometric inspection of red particle formation we could establish that some of the Syto13 green-stained cells evolved from being only green to become also red, and with time became red fluorescent, but no longer green fluorescent. These particles maintained

large SSC, although they lost their green fluorescence (see Fig. 2D). The 3 such populations found could be distinguished as follows: (1) those that were stained with Syto13, but showed no CTC reduction, appeared

as green only, and were named green-positive, red-negative particles (g+/r-); (2) particles dually labeled with Syto13 and CTC, appeared both green and red, and were called green- and red-positive particles

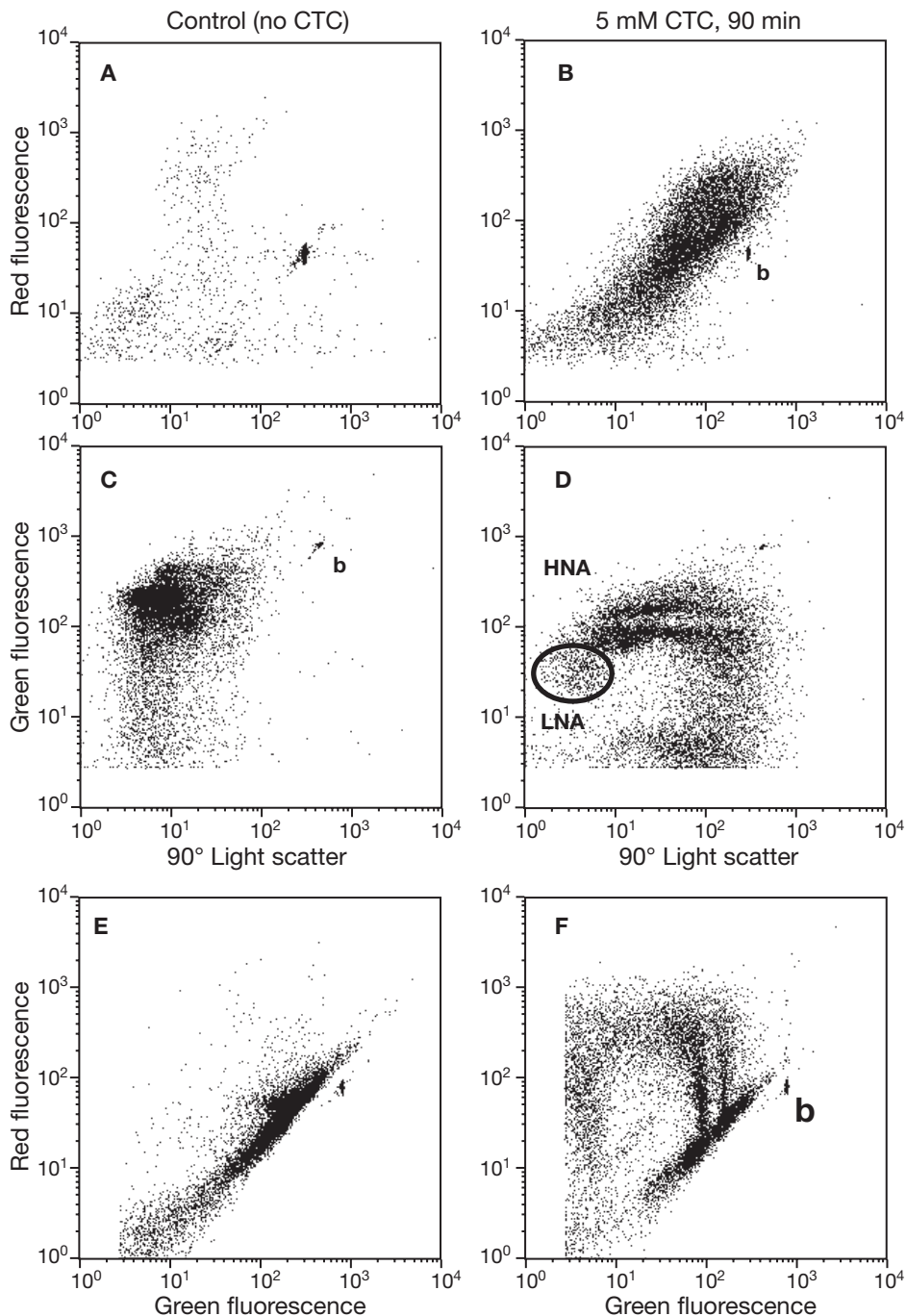


Fig. 2. Flow cytometric signatures of (A,C,E) control (no CTC added) and (B,D,F) sample with 5 mM CTC added and incubated for 90 min during Expt 1. Each point represents a particle. (A) Sample not stained with Syto13, showing the plot of side scatter and red fluorescence without added CTC; (B) sample not stained with Syto13, showing the plot of side scatter and red fluorescence with added CTC; (C) sample stained with Syto13 without incubation with CTC (side scatter vs. green fluorescence); (D) sample stained with Syto13 and incubated with CTC (side scatter vs. green fluorescence); (E) sample stained with Syto13 without added CTC (red vs. green fluorescence); and (F) sample stained with Syto13 with incubation with CTC (red vs. green fluorescence). Population 'b' represents the 0.92 μ m Polysciences yellow-green microbeads. The position of the low nucleic acid (LNA) bacteria is encircled, while the rest of the cells are the high nucleic acid (HNA) bacteria

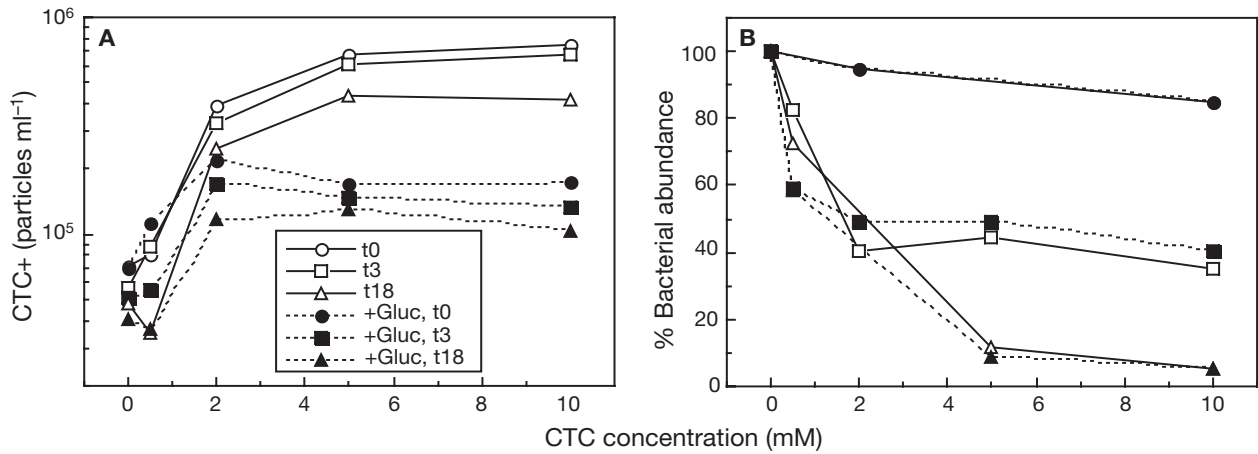


Fig. 3. (A) Evolution of the amount of CTC+ particles and (B) total bacteria after 90 min of incubation with different CTC concentrations (Expt 2). Total bacteria are expressed as a percentage of the bacterial abundance with no CTC added. Filled symbols correspond to samples that had been preconditioned with 1 μ M glucose for a period of time represented by the different types of symbols: 0 h (circles), 3 h (squares), or 18 h (triangles)

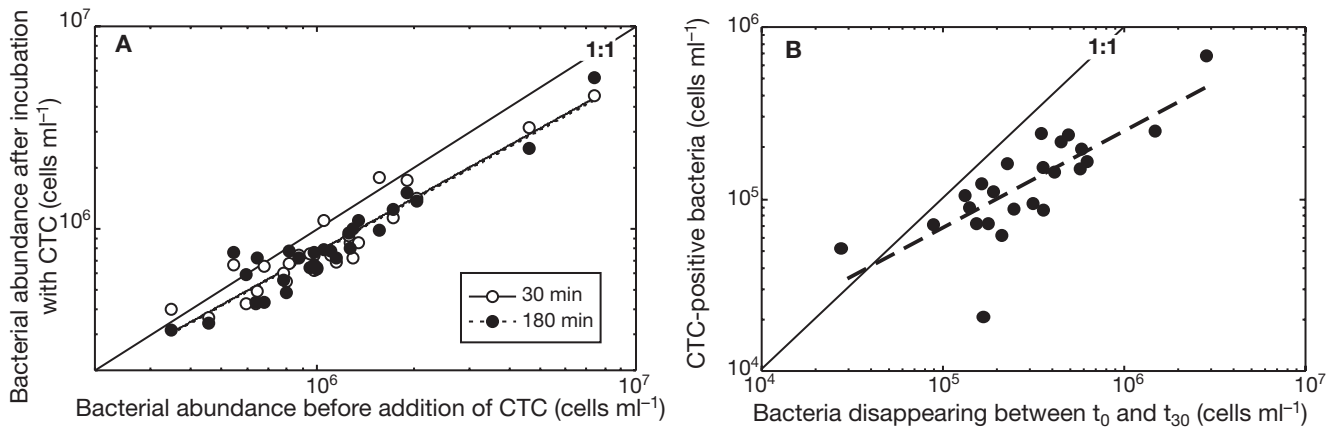


Fig. 4. (A) Relationship between bacterial abundance (BA) before incubation with CTC and after 30 min or 180 min incubation in samples from the central eastern Atlantic (Cruise FAX99). Relationships are best described by the equations $\text{Log BA}_{\text{after}} = 0.63 + 0.87 \times \text{Log BA}_{\text{before}}$, $n = 28$, $r^2 = 0.96$ for 30 min and $\text{Log BA}_{\text{after}} = 0.67 + 0.87 \times \text{Log BA}_{\text{before}}$, $n = 28$, $r^2 = 0.95$ for 180 min. (B) Relationship between the detected CTC+ particles and the bacterial abundance disappearing (DBA) in 30 min incubations with CTC. The relationship can be described by the equation $\text{Log CTC+} = 1.97 + 0.57 \times \text{Log DBA}$, $n = 28$, $r^2 = 0.82$. The 1:1 lines are shown in both panels

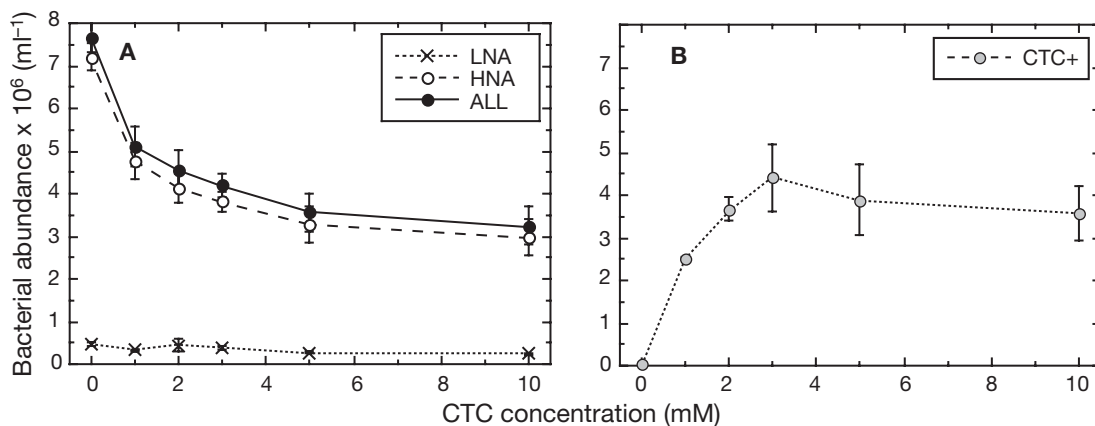
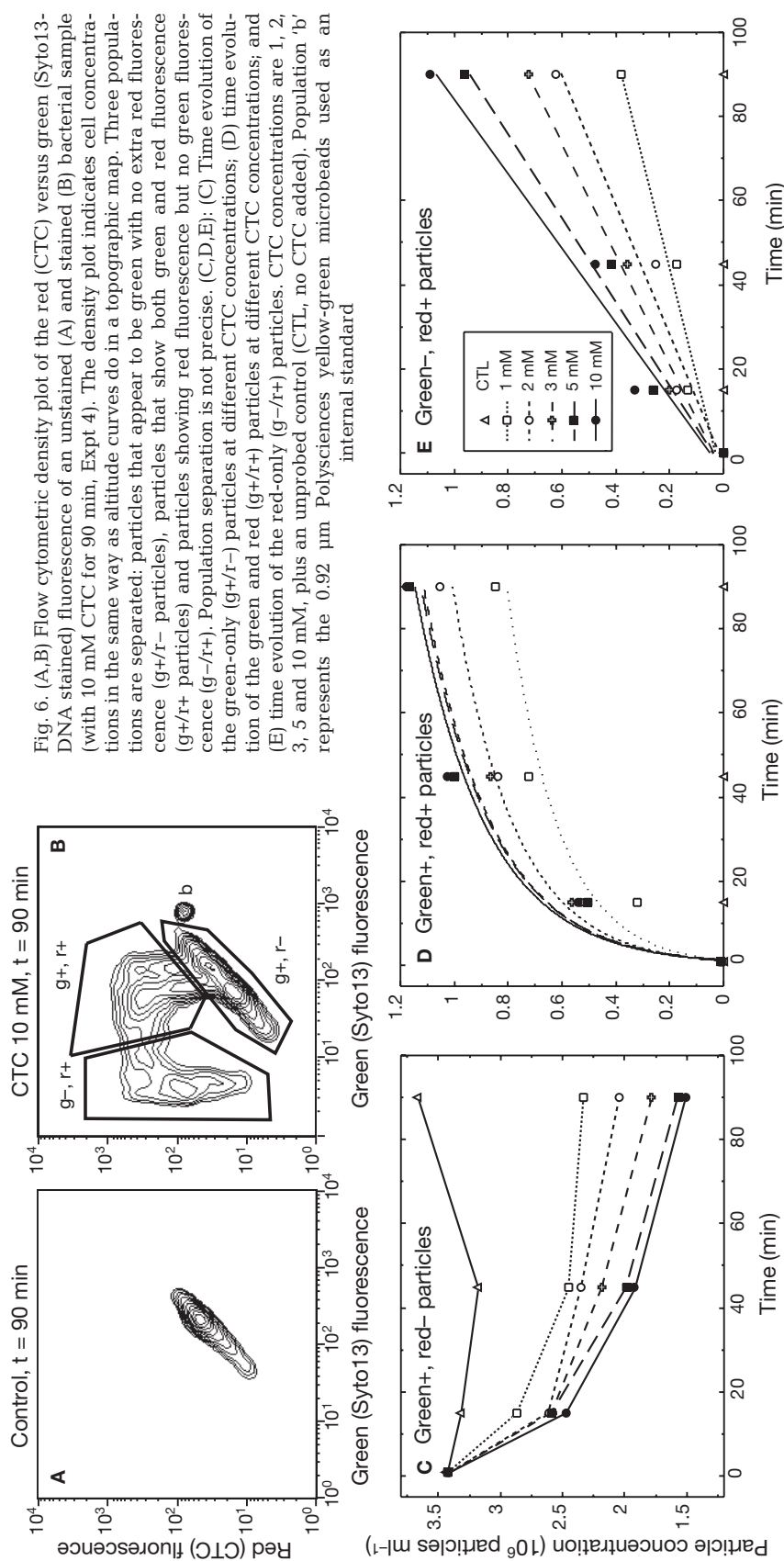


Fig. 5. (A) Disappearance of high nucleic acid containing bacteria (HNA), low nucleic acid containing bacteria (LNA) and total bacterial cells (ALL) in a 90 min incubation with CTC (Expt 3). (B) The corresponding increase in CTC+ particles in the same incubation



($g+/r+$); (3) particles with only CTC and no associated green DNA fluorescence, named red-positive, green-negative particles ($g-/r+$). We then followed their changes over time and with different CTC concentrations (Fig. 6). Green-positive, red-negative cells (Fig. 6C) decreased in all treatments except the one with no CTC, and the decrease was faster with higher CTC concentrations. The disappearance seemed to stop after 60 min of incubation with CTC, as in the experiment reported in Fig. 4. The final number of cells after incubation with CTC varied from 70% of the untreated sample when 1 mM was added, to 41% with the addition of 10 mM CTC. Particles with both green and red fluorescence developed following a logarithmic function that stabilized after approximately 1 h of incubation (Fig. 6D). We assume that this fit was the result of a process of input of particles to the $g+/r+$ population added to a process of output in the form of $g-/r+$ particles. All logarithmic fits were significant, with $r^2 > 0.94$. The formation of red particles, with apparently no associated green fluorescence, was linear with time, with very good correlation (all $r^2 > 0.95$) (Fig. 6E). The slopes (rate of particle formation) ranged from 3882 particles min^{-1} at the lower CTC concentration to 11 277 particles min^{-1} at the higher CTC concentration.

The gating of the sample (Fig. 6A,B) does not allow for a perfect budgeting of particle appearance and disappearance, but roughly 1 million cells disappeared with 10 mM CTC over a 90 min incubation period and 1 million red-only particles appeared (Table 1). In fact, the correspondence between the number of bacteria that disappeared and the number of red-only particles that appeared was highly significant (red particles = $98\,000 + 0.98$ 'missing cells', $n = 12$, $r^2 = 0.98$). Similarly, the number of red particles (with or without green) detected in the dually labeled samples was equivalent to the number of CTC+ detected with no additional nucleic acid staining

Table 1. Abundance of each type of particle identified by flow cytometric inspection of dually labeled (CTC and Syto13) samples at different CTC concentrations during Expt 4. The types of particles are defined as in Fig. 6, except for r+ particles, which represent the addition of g+/r+ and g-/r+ particles and 'missing cells', which indicate the difference between initial and final bacterial abundance. CTC+ particles are as identified in a plot of SSC versus FL3 fluorescence without additional Syto13 labeling (Fig. 2). Data are 10^5 particles ml^{-1}

CTC conc. (mM)	Green- only (g+/r-)	Green & red (g+/r+)	Red- only (g-/r+)	Missing cells	r+	CTC+
After 15 min incubation						
0	36.36	3.20	0.87	0.00	4.06	0.19
1	31.56	6.75	2.36	2.42	9.11	13.89
2	28.79	9.07	2.80	0.73	11.87	14.61
3	28.40	9.38	3.11	1.83	12.49	14.89
5	28.51	8.77	3.73	2.35	12.50	14.18
10	27.18	9.16	4.51	3.59	13.67	14.04
After 90 min incubation						
0	40.21	1.62	0.80	0.00	2.42	0.21
1	25.68	10.96	5.01	4.78	15.97	19.21
2	22.55	13.23	7.64	7.27	20.87	20.77
3	19.68	15.15	8.77	7.94	23.92	20.52
5	17.30	14.49	11.38	9.93	25.87	20.25
10	16.57	14.57	12.78	11.95	27.35	20.75

(Table 1). During this experiment, the time dynamics of CTC+ detection were similar to those in Expt 1 (Fig. 1). Cell numbers stabilized more quickly (at 45 min), while red fluorescence and SSC took longer to reach maximum values (with a plateau at 90 min, although we did not take any further samples). The percentage of CTC in this experiment was rather high, ranging from 34 to 48% of bacterial abundance, and we assume this was due to the dark overnight incubation, although nothing had been added to the samples.

DISCUSSION

Since the introduction of the CTC reduction method by Rodríguez et al. (1992) as a means to detect actively respiring bacteria, the method has been applied to ecological questions in a variety of environments. There is an inherent beauty in the method because of the speed and ease of detection, which contrasts with other methods for probing the abundance of active and respiring microorganisms. Furthermore, the possibility of estimating total bacterial respiration from CTC+ abundance also has lured microbial ecologists. The method has also been adopted for the study of bacterial physiological responses to environmental conditions in a suite of strains and types of samples (see review in B.F. Sherr et al. 1999).

A variety of protocols have been used in the past (B.F. Sherr et al. 1999, Créach et al. 2003), and a consensus has emerged over which CTC concentrations and incubation times should be used, with 2 to 5 mM of CTC being the concentrations of choice (Fig. 3A) and incubation times of <1 h (Fig. 1). In accordance with previous studies (del Giorgio et al. 1997, Sieracki et al. 1999), we have noted that color development starts immediately after addition of CTC, so that detection of CTC+ particles can already be carried out 10 min after CTC addition. However, as also noted previously, full formation of the CTF particle requires more time, usually up to 2–3 h of incubation (Fig. 1). Reports done in the past with protocols that differ from this 'consensus' protocol, such as with CTC concentrations that are too low (e.g. Lovejoy et al. 1996) or by flooding of filter-collected cells in a CTC solution (Karner & Fuhrman 1997), have been regarded with suspicion (i.e. B.F. Sherr et al. 1999).

Detection and enumeration of cells with flow cytometry increases the possibilities of the method, making it even more attractive (del Giorgio et al. 1997, Sieracki et al. 1999): a large number of cells can be enumerated; sample volume can be kept to a minimum (and this is important given the price of the product); analysis time is reduced to a minimum; incubation time can also be reduced as the cells are detected earlier; plus additional statistical information, such as individual particle scatter (a proxy for CTF particle size) and red fluorescence can be easily retrieved. The combination of CTC+ abundance with average particle scatter and red fluorescence has been seen to correlate better with bacterial production than CTC+ abundance alone (B.F. Sherr et al. 1999). Furthermore, and as a general rule, more CTC+ cells are detected with flow cytometry than with epifluorescence microscopy (Sieracki et al. 1999), because of the higher sensitivity of the light detectors as compared to eye sensitivity.

As explained before (see 'Introduction'), many ecologically coherent results have been reported from CTC use. But, in spite of the many studies published, the method and its interpretation have been questioned (Ullrich et al. 1999). There are doubts over whether all bacteria can use CTC. While members of the presumably relevant oceanic lineages seem to use it without trouble (B.F. Sherr et al. 1999) and both aerobic and anaerobic bacteria can take up and reduce CTC (Smith & McFeters 1997, Bhupathiraju et al. 1999), some bacteria seem to use it at very slow rates, or not to use it at all (Smith & McFeters 1997, Hatzinger et al. 2003).

Other authors have criticized the method on the grounds that the number of CTC+ bacteria detected is often lower than active bacteria detected with other physiological probes (Karner & Fuhrman 1997, Ullrich

et al. 1999). These differences have been attributed to the low detectability of the small CTC granules produced by small bacteria (use of flow cytometry could facilitate detection of all CTC+ particles). But relatively high values of the percentage of CTC+ cells can also be measured, even in conditions of low expected bacterial growth. Yager et al. (2001) encountered an unprecedented 86% during a subzero Arctic algal bloom, and we measured values of 12% in open central Atlantic surface waters during Cruise FAX99 (Fig. 3), up to 8% in mesopelagic waters of the same region (Aristegui et al. 2005) and up to 48% in coastal Atlantic waters. The amounts of CTC+ particles, however, are considered to be at the lower limit of the amount of active bacteria measured with other indicators (e.g. Grossart et al. 2001). The CTC method has inherent variability, in the same way as other long-assumed activity probes, such as detectability with a general oligonucleotide probe (Karner & Fuhrman 1997), have also recently been shown to be methodologically variable (Bouvier & del Giorgio 2003). Newer methods might replace CTC as a probe for activity.

Another criticism of the CTC method arises from its toxicity to bacteria. CTC has been shown to deter bacterial growth and activity (Ullrich et al. 1996, Grossart et al. 2001, Servais et al. 2001). The effect was reported to be instantaneous upon addition of the product for assays such as leucine incorporation (Servais et al. 2001) and motility (Grossart et al. 2001). We have also shown that there is an apparent cell disintegration upon contact with CTC (Figs. 2 to 6), with up to 90% of the cells in some cases (Fig. 3B), a phenomenon detected in oceanic (Fig. 3) as well as in coastal bacterial communities. The effect occurs even at concentrations of CTC of 0.5 mM (Fig. 3) and is evident after only 10 min of incubation (Fig. 6). We noted that the bacteria disintegrated more readily if they were in the middle of the growth cycle: samples that had been preincubated in the dark, even without substrate additions, had the higher disintegration rates (Fig. 4). We also found that the bacteria with higher nucleic acid content disintegrated more rapidly (Fig. 5).

This evidence of toxic CTC effects is more a perceived than a real drawback of the method, since a product that interferes with the electron transport system is bound to alter bacterial metabolism. The toxic effects are posterior to the incorporation and reduction of CTC, and thus they would not per se invalidate them. The fact that we, and others (del Giorgio et al. 1997, Sieracki et al. 1999), have observed that the intracellular reduction (the red fluorescence) continues after the number of CTC+ cells stabilizes (Fig. 1) indicates that not all cells are killed instantly, but rather many continue to function hours after exposure to CTC. In a study combining microautoradiography, flu-

orescent *in situ* hybridization and CTC, Nielsen et al. (2003) found that all cells labeled with CTC were also labeled as positive by the other 2 techniques, thus discrediting the idea that CTC toxicity would impair the ability of scoring these cells as positive.

A more serious concern on the validity of the CTC method was noted after cell sorting of radioactivity-labeled cells. Servais et al. (2001) observed that even though the average cell-specific activity of the sorted CTC+ fraction was higher than that of the total bacterial community, the activity represented by the CTC+ fraction was 27 to 57% of total activity, thus suggesting that most bacterial activity was not in that CTC+ fraction, assumed to be cells. Similar results were found by Longnecker et al. (2005) using the same approach in the NW Pacific. Our results, however, suggest that these results may not reflect the real activity of the cells having reduced CTC. As others have done, these authors sorted CTC+ particles from a plot of red versus orange fluorescence (see Fig. 2 in Longnecker et al. 2005, as an example) and had, thus, no evidence that the red particles being sorted were indeed bacteria. If some of the particles had no associated cellular material, then the radioactivity associated with the red particles would be lower than it should be. As the radioactivity of this sample was compared to that of the total community, unstained with CTC, the percent contribution of that fraction would be even smaller than it should be. Furthermore, if the most active bacteria were the ones disintegrating, then this value would be underestimated.

In a previous study in which we identified CTC+ by their red fluorescence and sized the DAPI image of each cell (Gasol et al. 1995), we encountered extracellular red crystals that we assigned to abiotic CTC reduction, known to occur in some situations (e.g. Schaule et al. 1993). However, our current cytometric data suggest that these red granules were the result of previously respiring cells (see Fig. 6), also because the numbers of red particles fit well with the number of cells that had disappeared (Table 1). In another case (Fig. 3B), there were more disappearing cells than red particles produced, but this may have been due to the green triggering in our counting protocol, which would miss lightly fluorescent red particles if they are not associated with green fluorescence. Servais et al. (2001) also found some evidence of CTC released or lost by respiring cells after a certain period of incubation, but they did not explore this observation further. Extracellular CTC crystals have also been noted in some laboratory studies (Caro et al. 1999), while other authors have specifically stated that no granules without cells were detected (Søndergaard & Danielson 2001). In some reported counting protocols it has clearly been stated that each bacteria should be double checked for DAPI and CTC staining if inspected by

epifluorescence (Choi et al. 1996, 1999, B.F. Sherr et al. 1999, E.B. Sherr et al. 1999). But there is an important difference between the common practice for CTC enumeration with epifluorescence microscopy and flow cytometry, which is the fact that microscopy samples are commonly counterstained with DAPI or AO, while flow cytometry samples are not (Sherr et al. 2001). We were able to detect this cellular disintegration effect of CTC because we double stained the samples with a DNA stain, Syto13, simultaneously with the activity probe; this allowed us to follow the evolution of the cells that had taken up CTC and become dually labeled with green and red (Figs. 2 & 6). Then, and following very clear kinetics, the cells became red particles with no associated green fluorescence. The cytograms also show that the scatter signal (assumed to represent particle size) lasts for a short time, but subsequently this signal, as well as the red signal, tends to decrease in intensity (see Fig. 2: the red signal seems to originate at a high SSC value and when it is formed tends to decrease and accumulate at SSC values placed at channels <100). This observation is compatible with our interpretation of cellular disintegration throughout the process.

The effect that we observed also seems to occur when the cells are counterstained with DAPI (J. Iriberry & A. Latatu pers. comm.). But the possibility exists that the detected pattern could be due to increased quenching of green fluorescence by red CTC fluorescence. Swannell & Williamson (1988) observed that INT+ cells could not be counterstained with DAPI, malachite green, or auramine, as the INT crystal quenched the stains' fluorescence. These same authors did not find this problem when using ethidium bromide, due to its higher affinity for DNA. Similarly, Zimmermann et al. (1978) used acridine orange as a counterstain without apparent problems. If anything, we think that the green Syto13 fluorescence will quench the CTC red fluorescence and not the other way around (see also Haglund et al. 2002), as the relative fluorescence of a Syto13-stained cell is much higher than that of a CTC-labeled cell. Bhupathiraju et al. (1999) also suggested that in both pure-culture and environmental samples, the intercalation of DAPI with bacterial nucleoids attenuated the fluorescent signal emitted from CTC-formazan precipitates. Inspection of Figs. 2 & 6 suggests that we are dealing with cell disintegration and not with fluorescence quenching. Cell sorting of the g-/r+ particles followed by microscopic inspection could resolve the question in the future.

We believe that our observations have not previously been reported, because inspecting each CTC+ particle for counterstaining is tedious (but see Choi et al. 1996, 1999, E.B. Sherr et al. 1999). Furthermore, our samples were from an oligotrophic site and had been allowed to

grow for a few hours or had been supplemented with glucose and/or algal extract. We suspect that these procedures caused unbalanced bacterial growth and high respiration rates in small bacteria, resulting in a CTC granule that broke the cell. Large bacteria, such as the benthic bacteria that Epstein & Rossell (1995) used for their experiments, or most coastal and freshwater bacteria may well be large enough to accommodate a large CTC granule (or even >1 crystal cell⁻¹ if they are sufficiently large; Nielsen et al. 2003) without cell breakage. It is important to mention here that the relationship between 'missing cells' and red-only particles reported in Fig. 6 (slope: 0.98, r² = 0.98) suggests that most of the time only 1 crystal cell⁻¹ was produced.

Furthermore, in spite of the ability of many bacterial strains to use CTC (B.F. Sherr et al. 1999), the possibility exists that variability occurs in the rates of uptake related to the phylogenetic composition of the samples. del Giorgio & Bouvier (2002) presented data that implies differences in the use of CTC in the limnic versus the marine part of an estuary, perhaps linked to the presence/absence of *Betaproteobacteria*. Similarly, bacteria in particles seem to be much more active than planktonic bacteria (e.g. 19 to 35% in CTC as compared to 2–7% in plankton; B.F. Sherr et al. 1999), and it has been shown that bacterial phylogenetic composition in particles tends to be dominated by bacteria of the *Bacteroidetes* and *Gammaproteobacteria* groups, while those phylogenetic types are not as common in the plankton. Inspection of the dually labeled sample (Fig. 2) suggests that only a few subgroups (maybe just 2) take up CTC. Whether those are specific bacteria is unknown, but this is a worthwhile avenue of future research.

It is known that cells can reduce any quantity of reductant, from a single CTC molecule up to a level that is well above the red detection threshold. On top of that continuum, there is probably a continuum of cellular sensitivity to CTC toxicity. In any case, the groups that took up the CTC belonged to the HNA bacteria, considered to be the most active fraction of the bacterial community, at least in coastal environments (Lebaron et al. 2001). This is in agreement with other studies in which it has been shown that all CTC+ bacteria also scored as positive in other bacterial activity probes, such as formation of capsules (Storedegger & Herndl 2002) or microautoradiography (Nielsen et al. 2003). The opposite (i.e. that the cells scoring as negative in these methods would also score as CTC+) has never been reported.

Apart from the above specific concerns with the flow cytometric analysis of CTC particles believed to include all CTC+ bacteria, studies that use flow cytometric sorting of CTC+ bacteria for phylogenetic analysis of the presumably active portion of the bacterioplankton community (e.g. Bernard et al. 2001,

Whiteley et al. 2003, Longnecker et al. 2005) might also be in doubt, particularly if cell sorting was done without double staining and without external confirmation of the assignment to bacteria of the sorted red particles. Similarly, the combination of identity probes with CTC might miss some of the phylotypes that take up and reduce the activity probe if extracellular CTF granules are detected, although this did not seem to be the case in the only paper to date that used this approach (Nielsen et al. 2003).

We have presented results that confirm some of the regularities previously described for the measurement of CTC+ bacteria in the marine environment with flow cytometry. Furthermore, we present a hypothesis that would explain some of the reported CTC toxicity, by which some cells would take up CTC, create a CTF granule and then release this granule with associated cell disintegration. The implications of this hypothesis are that cell sorting of CTF particles based only on their red and/or orange fluorescence would not be representative of the activity and phylogeny of the cellular sub-fraction that took up and reduced the probe. Based on the good correlation between bacterial production and CTC reduction, B.F. Sherr et al. (1999) suggested that the bulk of leucine incorporation was due to CTC+ bacteria. Other evidence has also been published consistent with CTC being a good indicator of bacterial viability, e.g. CTC+ and nucleoid-containing bacteria were correlated with ETS activity, but total bacterial count was not (Berman et al. 2001). Data like these would be at odds with the evidence presented by Servais et al. (2001) and Longnecker et al. (2005). Our results offer an alternative interpretation and indicate that the B.F. Sherr et al. (1999) contention may still be valid.

None of the current methods for the absolute detection of active cells in plankton provides an ideal probe for cell viability. Consensus is growing in that natural bacterial communities present a whole range of individual activities that can not be recovered by any single method (Gasol & del Giorgio 2000, Smith & del Giorgio 2003), among these, however, the CTC method may still produce data useful for the testing of ecological questions.

Acknowledgements. The authors were supported by Spanish MCyT projects RODA and MODIVUS (CTM2005-04795/MAR), by the EU Contract BASICS (EVK3-CT-2002-00078). This is also a contribution to the EU NoE MARBEF. We thank T. Bouvier, C. Lovejoy, J. Pinhassi, K. Šimek, X. Morán, D. Vaqué and 2 anonymous reviewers for helpful comments.

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