The Mid-Atlantic Region and its climate: past, present, and future

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ABSTRACT: The physical and human geographies and the historical climate of the Mid-Atlantic Region of the United States are described to provide a baseline for an ongoing assessment of likely climate change impacts in the region. This region consists of 358 counties intersecting part or all of 8 states and 4 physiographic zones. This geographic diversity provides different sets of options for societies to adapt to environmental changes. Since 1967, the region’s human population has grown in both number (19%) and income (116%), and important local ecosystems are experiencing associated stresses. Since 1895, the region’s climate has become slightly warmer (+0.5°C) and significantly wetter (+10%), although the warming has abated recently. Projections indicate that these broad regional socio-economic, ecological and climatic trends should persist through the 21st century. The significance of these changes in society, ecosystems and climate are evaluated in the more detailed, sector-specific analyses in the subsequent articles of this Special.

KEY WORDS: Climate change · Climate variation · Climate scenarios · Socio-economic change · Mid-Atlantic Region

1. INTRODUCTION

In its simplest form, the assessment of the regional impacts from climate change is a 3-step process. First, a baseline scenario is established where the contemporary status of the natural and human environments is assessed and extrapolated into the future, assuming that no climate change will occur. Second, prescribed changes in climate are imposed on the baseline account. Third, climate change impacts on the baseline variables are estimated by calculating the differences between the no climate change scenario and the changed climate scenario, at which point they are evaluated for significance. (A more detailed account of this process can be found in Carter et al. [1994].) This article contributes to the first and second steps of an ongoing assessment of likely climate change impacts for the Mid-Atlantic Region (MAR) of the United States. The subsequent articles in this Special provide the more detailed sector-specific analyses necessary to achieve the third step. The basic physical and human geographies of the MAR and their evolution over the past 3 decades are summarized in Section 2, the historical climate is outlined in Section 3, scenarios of future climate are developed in Section 4, and a conclusion is presented in Section 5.

2. GEOGRAPHY OF THE MAR

The MAR as defined for this assessment (Fig. 1) includes all of 5 states (Delaware, Maryland, Pennsylvania, Virginia, West Virginia), parts of 3 states (south-central New York, western and southern New Jersey, northeastern North Carolina), and the District of Columbia. In all, the MAR covers about 5% of the land area in the 48 contiguous US (Bureau of the Census 1997).

2.1. Physical geography

The MAR contains 358 counties intersecting 4 principal physiographic regions oriented along a northeast-southwest axis (Cuff et al. 1989). On the eastern edge, there is the relatively flat Coastal Plain, composed mostly of sedimentary rock and extending inland from the
Land use and land cover in the MAR are largely defined by forest and agricultural activities (EPA 1997). As shown in Table 1, these 2 categories account for about 90% of regional land cover. The highest concentrations of forest area are in and around West Virginia and north-central Pennsylvania. Agriculture is the predominant land use in the lowlands to the east.

The ecological health of MAR water bodies is in flux because local activities associated with economic development are generating pollution. For example, 2 significant sources of aquatic pollution (agriculture operations and roads located near streams) are found in many regional watersheds (EPA 1997). Among the ecologically important areas of the region are the nation’s 2 largest estuaries, the Chesapeake Bay and Albemarle-Pamlico Sound. For the Chesapeake Bay, two-thirds of its nutrient and sediment loading come from upstream, non-point pollution sources. This is of particular concern given the Bay’s 350 d flushing rate, one of the slowest for a water body in the US (NOAA 1998).

2.2. Human geography

Broad economic and demographic characteristics of the MAR are provided here, by physiographic sub-region for the year 1995 (Table 2) and for the region as a whole for the past 3 decades (Table 3). As indicated in Table 2, in 1995 the MAR had a population of 35.2 million people, 20 million of whom were employed, earning a collective income of $859 billion (NPA 1998a). These figures represent in each case about 15% of the respective US totals (Bureau of the Census 1998a), about 3 times the expected rate based on land area alone. Nearly 90% of the MAR population is under the age of 65. Close to two-thirds of the total working-age population, income and jobs are found in the eastern half of the region, i.e. the Coastal Plain and Piedmont. This eastern weighting translates into a markedly higher per capita income for these 2 sub-regions compared to the Ridge and Valley and Appalachian Plateau, and is associated with the relative prominence of urbanization and high value-added sectors there.

Table 1. Land use in the Mid-Atlantic Region (MAR), 1992.

<table>
<thead>
<tr>
<th>Land use category</th>
<th>Percentage of total land area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Forest</td>
<td>64.5</td>
</tr>
<tr>
<td>Agriculture</td>
<td>25.0</td>
</tr>
<tr>
<td>Wetlands</td>
<td>4.1</td>
</tr>
<tr>
<td>Commercial, industrial, and residential</td>
<td>3.6</td>
</tr>
<tr>
<td>Open water</td>
<td>1.6</td>
</tr>
<tr>
<td>All other land uses</td>
<td>1.2</td>
</tr>
</tbody>
</table>

Source: MARA (1999)
While large cities do not cover much of the MAR surface area, collectively they constitute one of the more important population concentrations in the country. Of the MAR urban areas, Philadelphia, Pittsburgh, Baltimore, Washington, DC, Richmond, and Norfolk are among the largest cities in the US. These cities alone have accounted for about one-half of the total MAR population since 1980 (Bureau of the Census 1998b, NPA 1998a).

The MAR population increased by approximately 20% between 1967 and 1995, a rate of about 0.7% yr\(^{-1}\) on average (Table 3). This trend is slightly less pronounced than for the nation as a whole, which grew by 33% at a rate of 1% yr\(^{-1}\) (Bureau of the Census 1998b). The MAR has experienced a steady increase (1.2% yr\(^{-1}\)) of working-age residents since the late 1960s, and a steady decrease (0.6% yr\(^{-1}\)) of people under the age of 20, although in recent years this latter trend has reversed. By contrast, the elderly population in the MAR grew by about 70% during the same period (2.6% yr\(^{-1}\)).

Aggregate income more than doubled over this period, and per capita income grew by 82% (Table 3). Income in the services sector recorded the largest growth over the period, over 300% (NPA 1998a). Total employment has increased by more than half since 1967, fueled largely by non-farm industries such as services, which more than doubled over the period (NPA 1998a). By contrast, farm-related employment declined by almost one-half. As such, from an economic perspective agriculture in the MAR is becoming progressively less important over time, reflecting the broader national trend (Shane et al. 1998). For a more detailed description of the MAR economy, see Rose et al. (2000, in this issue).

2.3. Coming decades

This human geography baseline is not complete without an assessment of future conditions in the absence of climate change. There are many ways to project future values of the economic and demographic variables, and the resulting values can differ substantially, depending on the projection methodology employed. One set of projections for 3 key measures of regional socio-economic structure (population, employment, income) to the year 2050 is presented in Fig. 2. These projections reflect a ‘baseline’ scenario (i.e. where current trends are assumed to persist), and ‘low’ and ‘high’ scenarios (i.e. where current trends diminish and increase, respectively, in the coming decades). These projections are driven primarily by assumptions regarding the net distribution of birth, death, immigration and internal (US) migration rates, per capita income, and overall economic activity. For more details on the assumptions underlying these particular projections, see NPA (1998b).

Given the link between anthropogenic pollution and ecosystem health, the future status of regional ecosystems—also in the absence of climate change—can be estimated based in part on these socio-economic projections. However, these estimated ecosystem impacts also depend on the parameterization of the various society-ecosystem relationships; see Rogers & McCarty (2000, in this issue) for an analysis of this topic. In the subsequent articles of this Special, the baseline socio-economic and ecological projections are modified to account for a given climate change (outlined in Section 4), and the resul-
tant differences are evaluated for significance. The significance of this climate change impact will be conditioned by the adaptability of regional societies and ecosystems, which is in turn a function of historical climate.

3. MAR CLIMATE

Over the period 1895 to 1997, the mean annual temperature of the MAR was approximately 11°C, while the mean monthly precipitation was about 87 mm (calculated from the data in Fig. 3). Temperature experienced a minor upward linear trend over the period ($y = 0.0024x + 10.828$), which amounts to an increase of approximately 0.5°C. A second-order polynomial fits the temperature data better than the linear trend line, however, and shows that there was an upward temperature trend in the first half of the data record but a downward temperature trend in the second half. Pre-
precipitation rose roughly 10% \((y = 0.0892x + 82.236)\); a linear trend fits the precipitation better than any low-order polynomial. Within these regional averages and trends, there were significant interannual and interdecadal variations, intra-regional trends, and counterintuitive changes in extremes.

### 3.1. Recent climate variation

There are clear relationships among the precipitation and temperature variations of the MAR (Fig. 4). In general, from the beginning of the record to about 1930, the climate was cool and dry. The early 1930s saw a couple of exceedingly hot, dry years associated with the Midwestern Dust Bowl. This short, sharp drought was followed by nearly 3 decades of relatively warm, moist climate. This period was in turn followed by a cool and very dry climate in the 1960s. In contrast, the 1970s were exceedingly wet, but varied between warm and cold. Since the late 1970s-early 1980s, precipitation and temperature have varied dramatically above and below the long-term mean.

The variations in MAR climate since World War II can be explained by changes in the atmospheric circulation. (Earlier periods lacked the upper-air data needed to make the following generalizations.) A zonal regime dominated the atmospheric flow over North America through the late 1940s and early 1950s (Yarnal & Leathers 1988). Such a regime produced normal to slightly above-normal temperatures and variable precipitation over the MAR. Then in the mid- to late 1950s, the circulation experienced a transition from zonal to meridional flow, becoming fully entrenched by the 1960s. During this decade, the MAR was influenced by an anomalous, deep trough of continental polar air and a storm track southeast of its long-term mean position, with precipitation often falling off the Atlantic coast. This regime promoted a relatively cool, dry climate. The early 1970s saw the continuation of this meridional regime, but the average position of the trough migrated westward, putting the storm track over the MAR. This change raised temperatures and caused a significant increase in precipitation. Finally, the mid- to late 1970s brought a large change in the atmospheric circulation. The period following this transformation -- which has extended to the present -- has been associated with unusually large variations in the shape and positioning of the month-to-month and year-to-year jet stream flow over North America. It is not possible to determine the direct causes of these intra- and inter-annual variations in circulation, but limited previous (e.g., Yarnal & Leathers 1988) and ongoing work (e.g., Cronin 1997, Cronin et al. 2000) suggests associations between the variations and global-scale circulation anomalies, such as the Pacific-North American pattern and the North Atlantic Oscillation. On decadal scales, major shifts in the planetary-scale circulation were observed in the mid- to late 1950s (e.g., Kalnicky 1974, Balling & Lawson 1982) and
in the mid-1970s (e.g., Trenberth 1990). Such major variations in circulation have produced a highly variable surface climate.

### 3.2. Extremes

An extreme weather or climate event is one that lies outside the normal range of weather or climate for a particular place and, therefore, is infrequent or rare. Determining the historical frequency of regional extreme events is crucial to a regional climate change impact analysis because severe storms, heat waves, droughts, arctic air outbreaks and other such events have the potential to cause human and ecosystem hardship. Unfortunately, finding trends in the occurrence of extreme events in the historical climate records is difficult because extreme event data are seldom collected systematically. However, it can be concluded a priori that if climate change results in more extreme weather and climate then the current estimates of climate change impacts (which typically exclude this dynamic) will prove to be too optimistic and will therefore require more costly adaptive measures (Francis & Hengeveld 1998).

Notwithstanding the lack of direct data on extreme events, it is possible to infer these events from daily climate data. The limited findings are at odds. For temperature, Baron (1995) found that the number of very hot summer days in the region appears to be decreasing. At the same time, he observed that the last frost of spring is coming progressively earlier and that there are fewer very cold winter days, i.e., winters are warming. Overall, he found the regional climate to be moderating. In contrast, using 13 stations in the Historical Climate Network (HCN) located in the MAR (Fig. 5), we discovered that from 1931 to 1997 the average number of days per year with maximum temperatures above 90°F (32.2°C) decreased linearly from roughly 23 to 16 (Fig. 6a). Over the same period, the average number of days per year with minimum temperatures less than 0°F (-17.8°C) had a slight linear increase from 2.6 to 3.0 (Fig. 6b). Thus, we did not find the overall moderation observed by Baron. Karl et al. (1996) found that extreme precipitation, expressed as the number of rainfall events exceeding 2 inches (5.08 cm) in 24 h, has increased in the MAR during the 20th century. Karl & Knight (1998), using another measure of extreme precipitation for the same century-long window, obtained similar results. These statistically significant findings mirror the overall increase in precipitation experienced in the region since 1895 (Fig. 4). However, using the 13 HCN stations in the MAR, we found no overall linear trend (Fig. 6c). This finding appears to be in agreement with Kunkel et al. (1999; see their Figs. 4 & 5), who also used data from 1931. Thus, the trend of extreme precipitation events in the region is unclear and requires further investigation.

Despite the ambiguity in the extreme short-duration temperature and precipitation findings, the region ap-
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pears to be experiencing increasing inter- and intra-
annual swings in climate (Fig. 4). For example, the 3
coldest winters in the record occurred successively in
while some of the warmest winters—all associated
with El Niño events—occurred in 1982-83, 1994-95,
and 1997-98. The region has experienced several
severe droughts in the last 2 decades, but the wettest
year in more than a century was 1996 and the second
wettest year was 1972. In most of the MAR, 3 of the
snowiest winters were 1992-93, 1993-94, and 1995-96,
while the El Niño winters of 1994-95 and 1997-98 were
2 of the least snowy winters on record.

The MAR climate has also exhibited extreme
variations within individual seasons and years. For
instance, December 1989, the coldest December on re-
cord, was followed by the warmest January-February
in the books. Interestingly, these extremes of opposite
sign canceled each other so that climatological winter
1989-90 was an average winter statistically. Precipita-
tion has behaved similarly. The first half of 1998 was
the wettest on record in many areas in the MAR and it
appeared that calendar year 1998 was going to beat
1996 easily for the all-time wettest year. In spite of that,
drought gripped the region during the second half of
1998, making it an average year statistically. Calendar
year 1999 was the driest year on record in much of the
MAR.

In sum, the limited record of weather and climate
extremes in the region produces a mixed signal. There
are conflicting indications of increasing moderation
and increasing extremes on daily time scales and of increasing extremes in seasonal and inter-
annual climate. More research is needed on this criti-
cal topic.

3.3. Intra-regional variation

Climatic transects across the region generally reflect
the influences of latitude, elevation, and physiography.
Temperatures decrease from the south (Fig. 7a,b),
where temperatures are highest because of the rela-
tively low latitude and the low elevations of the Pied-
mont physiographic province, to the north, where
temperatures are lowest because both latitude and ele-
vations are higher on the Appalachian Plateau. Tem-
peratures also decrease from east to west (Fig. 8a,b)
because elevations are lowest in the coastal plain and
highest in the mountains.

Regional precipitation patterns are more compli-
cated. The south-north transect (Fig. 7c) shows the in-
fluence of temperature and proximity to moisture when
comparing the 2 more southerly stations. In this case,
the station that is farther south and closer to the Atlantic
Ocean has higher precipitation totals. In contrast, the
third, northernmost station is cooler and removed from
the ocean, but receives considerable precipitation from
another mechanism—lake effect precipitation (Ellis &
Leathers 1997). The lake effect is weaker during zonal
flow regimes, but has higher inter-annual variability; it
is stronger with lower variability during meridional
regimes. The east-west transect (Fig. 8c) is even more
complex and is difficult to generalize.

Frequencies of extreme temperature events in the
MAR are a function of latitude and elevation. Southern
(northerly) stations have far more (far fewer) days
over 90°F (32.2°C), while northerly (southerly) stations
have far more (far fewer) days less than 0°F (–17.8°C)
(Fig. 9a,b, respectively). Similarly, low-elevation (east-
ern) stations have more very hot days and less very
cold days than high-elevation (western) stations

Fig. 6. Inter-annual variation in selected extreme events for
the MAR, 1931 to 1997: (a) days per year with temperatures
exceeding 90°F (32.2°C); (b) days per year with temperatures
less than 0°F (–17.8°C); and (c) days per year with precipita-
tion total exceeding 2.0 inches (5.08 cm) in 24 h. Data derived
from the Historical Climate Network daily data set (T. Karl
pers. comm.)
Although the trends are less evident for extreme precipitation events, the same south-north and lowland-highland gradients appear in these data (Figs. 9c & 10c, respectively).

**4. CLIMATE CHANGE SCENARIOS**

The second step in the 3-step process of climate change impact assessment involves applying prescribed climate changes to the baseline projections of socio-economic and ecological variables outlined in Section 2 and detailed further in the following articles of this Special. The prescribed climate changes are presented in this section.

The MAR climate change scenarios are derived from 2 transient numerical models of the global climate system. The Hadley Centre for Climate Prediction and Research developed one model to simulate the global climate from 1860 to 1990 and then to estimate the

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**Fig. 7.** A south-north transect in the MAR of (a) maximum temperature, (b) minimum temperature, and (c) total precipitation for various years starting in 1931 and concluding in 1997. The line shading here corresponds to the station shading shown in Fig. 5; the stations come from the Historical Climate Network daily data set (T. Karl pers. comm.)

**Fig. 8.** An east-west transect in the MAR of (a) maximum temperature, (b) minimum temperature, and (c) total precipitation for various years starting in 1931 and concluding in 1997. The line shading here corresponds to the station shading shown in Fig. 5; the stations come from the Historical Climate Network daily data set (T. Karl pers. comm.)
global climate change for the period 1990 to 2099. The climate change experiment includes the effects of both atmospheric greenhouse gases (which increase global surface temperatures) and sulfate aerosols (which reduce temperatures in regions with high aerosol loading). In this experiment, carbon dioxide (CO₂) content of the atmosphere is increased by 1% yr⁻¹ over the 1990 values. The second model used in this assessment is from the Canadian Climate Centre (CCC). The CCC model simulates the global climate from 1850 to 1990 and then estimates the global climate from 1990 to 2100, including aerosols and a 1% yr⁻¹ increase in CO₂. Detailed descriptions of both models can be found in a number of publications. See, for example, Boer et al. (1992) for a discussion of the CCC model, Cullen (1993) and Mitchell et al. (1995) for a description of the Hadley Centre model, and Doherty & Mearns (1999) for a comparison of the models.

Both models contain sophisticated representations of the physical processes that drive atmospheric dynamics,
and both simulations are carried out with similar greenhouse gas and aerosol scenarios. Despite these similarities, the models produce significantly different results over the MAR, which simply highlights the uncertainty involved in using global models to infer a regional response to changing climate. These differences are characterized in Fig. 11. Here results for each model over the MAR for the coming century are compared to the model results for the baseline period 1984 to 1993 for maximum temperature, minimum temperature, and precipitation. The CCC model becomes increasingly warmer and drier than the Hadley Centre model over the course of the 21st century. The CCC model lacks realistic looking climate variations, while the Hadley Centre model time series look more like observed climate variations (Fig. 4). Finally, the CCC model maximum temperatures rise more than minimum temperatures; Hadley Centre model minimum temperatures rise more than maximum temperatures. Global mean maximum temperature, minimum temperature, and precipitation for both models (not shown) are similar to the regional-scale generalizations.

In sum, the 2 model scenarios depict very different climatic paths for the MAR and should therefore generate distinct scenarios for associated impacts on ecosystems and societies. There is considerable uncertainty in the regional details of any global climate model and, in some respects, these 2 models can be regarded as spanning the range of possible climate change scenarios for the MAR. Additional modeling studies (see below) are more consistent with the Hadley Centre model results. Thus the Hadley Centre results are used in the following discussion of likely climate change scenarios.

In nearly all of the analyses performed in this Special, the decades 2025 to 2034 and 2090 to 2099 were extracted from the transient climate model runs to assess the impacts of potential climate change in the MAR. We estimate the spatial distribution of climate change over the MAR by interpolating the model results (‘future climate’) to a finer regional spatial resolution using the VEMAP grid (Kittel et al. 1995, Rosenbloom & Kittel 1999), and noting the differences between these results and a measure of present climate. For purposes of illustration, Fig. 12 shows the results of this procedure, for 1 model (Hadley Centre) and 1 time slice (2025 to 2034) only, compared to the region’s present climate, represented by the years 1984 to 1993.

![Figure 11](attachment:image1.png)

**Fig. 11.** (a) Hadley Centre and Canadian Climate Centre model departures from the 1984 to 1993 values derived by the models, averaged over the MAR for (a) mean annual maximum temperature (°C), (b) mean annual minimum temperature (°C), and (c) mean annual precipitation total (mm). Smoothed lines represent 9 yr running means.

In particular, estimated climate changes (January and July mean maximum and minimum temperatures, and mean precipitation totals) are shown in Fig. 12. This figure suggests that much of the change in maximum temperatures will occur in the summer, with the
Fig. 12. Difference between future (2025 to 2034) and present (1984 to 1993) January (left) and July (right) mean values for (a) maximum temperature, (b) minimum temperature, and (c) precipitation (using the Hadley Centre model)
greatest changes being in the southwest and central parts of the region. The minimum temperature maps reveal a somewhat different pattern. Higher summer temperatures occur in the south and east. In winter, increases in maximum temperatures are confined to the eastern edge of the region, while maximum temperatures are actually lowered in the west. This would imply slightly lower daytime temperatures in the western part of the region compared to the present. Minimum temperatures increase across the whole region in winter, with the greatest increase being to the north. Comparing the model results for precipitation in 1984 to 1993 and 2025 to 2034 shows a slight uniform increase in January. Precipitation also increases across the whole region in July, but with the greatest increases being in the southeast.

These results are broadly consistent with 2 earlier climate downscaling studies that covered portions of the MAR, but used the GENESIS global climate model. Both GENESIS experiments were equilibrium experiments in which the atmospheric CO$_2$ concentration is doubled and the climate model reaches an equilibrium climate state. The results of the doubled CO$_2$ model are then compared to the results of the same model using late 20th century atmospheric CO$_2$ values. The models did not include the effects of sulfates. One study used a numerical regional climate model in conjunction with GENESIS (Jenkins & Barron 1997). Similar to the Hadley Centre scenario, it produced an increase in annual precipitation, but the greater increase was in winter rather than summer. The second study employed a later version of GENESIS and used an empirical climate downscaling technique (Crane & Hewitson 1998). The results were very similar to the Hadley Centre scenario; it found a large increase in precipitation that was concentrated in the summer months and that had the largest changes occurring to the south (but over the southwestern mountains instead of the southeastern coastal plain).

5. CONCLUSIONS

A climate change impact assessment is defined in part by the baseline account of the area in question and by the prescribed climate changes to be imposed on the area. For the MAR, a distinct east-west landform gradient contributes to the character and distribution of socioeconomic and ecological variables potentially at risk to climate change. For example, the ecologically and economically valuable estuaries in the Coastal Plain are threatened by pollution from an upstream human population growing in size and income, on both aggregate and per capita bases. While there are important differences in climate within the region, the overall regional climate has become warmer and wetter over the past century. This trend is expected to continue, according to 2 general circulation models. Defining the significance of baseline variable changes in response to climate changes constitutes the final step of the climate change impacts assessment process. This step is addressed for the US MAR on a sector-specific basis in the remaining papers of this Special.

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