Synoptic evolution of composite wet spells over northern Tanzania

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ABSTRACT: The synoptic-scale structure and evolution of wet spells over northern Tanzania are described. Pentad (5 d) ECMWF data for major convective events during November in the period 1986 to 1992 were averaged to form a sequential composite, and a seasonal reference mean is subtracted to produce anomalies. The composite results show that a NW-SE line of convergent moisture shifts southward from the NW Indian Ocean 2 pentads before the wet spell, while uplift occurs over the highlands to the north. A high-pressure cell intensifies in the SW Indian Ocean 1 pentad before the wet spell. During this time a low-level vorticity dipole is maintained in the west Indian Ocean, either side of the equator. The main flux of moisture is from the southern Indian Ocean. A southern subtropical, upper westerly trough amplifies during the onset phase. The results offer statistical guidance in medium-range weather forecasts that may assist agricultural management. Dynamical insights are also gained to improve knowledge of climate-weather teleconnections and tropical-subtropical interactions.

KEY WORDS: Intra-seasonal oscillations · Rainfall · Tanzania

1. INTRODUCTION AND BACKGROUND

Rainy spells over tropical east Africa are associated with the inter-tropical convergence zone (ITCZ) and embedded clusters of deep convective convection. The ITCZ advances across Tanzania (2–11° S, 30–38° E, Fig. 1) during November, resides south of the country in the austral summer, and retreats during April. The structure and intensity of ITCZ convection and its supporting circulation determine Tanzania’s hydroelectric potential and agricultural output, which constitutes over 50% of gross domestic product.

Cumulative rainfall exceeds 1000 mm annually throughout much of Tanzania. The distribution of seasonal rainfall is bimodal and is made up of isolated extreme events and quasi-periodic widespread wet spells, the latter more conducive to higher crop yields. Occasionally the rains fail, often in association with cooling of sea-surface temperatures in the equatorial western Indian Ocean and reduced monsoon moisture flux convergence (Cadet 1985, Hastenrath et al. 1993, Kabanda & Jury 1999). Smoothed daily rainfall time series, averaged over groups of adjacent stations, give evidence for intra-seasonal cyclicity, whereby multi-day periods of convective activity alternate with quiescent dry phases. This is particularly so in northern Tanzania during the October to December ‘short’ rainy season (Kabanda 1995).

Intra-seasonal oscillations in the atmosphere are generally defined as convective fluctuations with frequencies shorter than the seasonal cycle, of the order of 10 to 60 d. Little work has been done with respect to the Tanzanian intra-seasonal climate, and this study fills a gap in the understanding. Efforts to understand the near-monthly oscillation of summer weather over southern Africa were made by Levey (1993) and Makarau (1994). The rainy season there is typically comprised of 5 wet spells of 1 to 2 pentads duration, contributing 100 mm each. Circulation and thermodynamic mechanisms driving wet spells over southern Africa were inferred from composite pentad European Centre for Medium Range Weather Forecasts (ECMWF) anomalies.

Intra-seasonal oscillation studies which relate to tropical Africa and its adjacent oceans include that of Zhu

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& Wang (1993), who found a prominent centre of action in the central Indian Ocean for 30 to 60 d convective variability. Rui & Wang (1990) documented the development and dynamic structure of tropical intra-seasonal convection anomalies using pentad outgoing longwave radiation (OLR) and ECMWF-derived 200 and 850 hPa wind divergence. Murakami (1988), Anyamba (1992) and Matarira & Jury (1992) have discussed intra-seasonal variability in the African sector; however, the evolution of synoptic-scale forcing and its relationship to local convection have not been described.

Tanzanian wet spells are hypothesised to be related to moisture advection from the western Indian Ocean, enhanced upper westerly shear and in situ convection due to local instability and heating. To diagnose the mechanisms underlying intra-seasonal variability, ECMWF gridded meteorological field data for the period 1986 to 1992 were used to provide insight into the synoptic-scale processes responsible for the formation, development and maturity of sustained and intense wet spells.

2. DATA AND METHODS

The rainfall data used in this study consist of daily totals for the 9 stations in northern Tanzania (2–6°S, 32–40°E) identified in Fig. 1. The station rainfall data are representative of a varied geography (i.e. coast, highlands and lake basin); however, smoothed time series from different stations are significantly cross-correlated (r = 0.70, n = 18). Daily rainfall for the 9 stations, in the period of overlapping the ECMWF data, were averaged into pentads (5 d) (see Fig. 2 for selection of cases).

ECMWF gridded information used in this study was taken from the uninitialised, 2.5° resolution, standard-level data for 12 Z time (15:00 h local) and includes the following parameters: geopotential height, zonal and meridional wind components, vertical motion, relative humidity, and temperature. Derived variables include wind divergence and vorticity, precipitable water, water vapour flux and the velocity potential. The levels 850, 500 and 200 hPa are used for the presentation of meteorological fields. Derived parameters are based on vertical integrals (to 500 hPa) or horizontal differentials. ECMWF fields were averaged into calendar pentads for analysis. Data were extracted for the October to December season over a domain extending from 20°N to 40°S and 30°W to 100°E, including much of the South Atlantic Ocean, Africa and the Indian Ocean.

The ECMWF analysis system has been revised to improve operational forecasts. Changes made prior to 1989 have been discussed by Bengtsson & Shukla (1988), Hoskins et al. (1989) and Klinker (1991). The revisions include improved humidity analysis via satellite precipitable water estimates; the introduction of improved spatial resolution and vertical model levels and refined structure functions; and the improved analysis of divergent wind. In the time since 1989 the convective scheme and surface fluxes have been refined.

The analysis of intra-seasonal oscillations is based on a pentad time frame, which highlights the gradual evolution of weather systems. Rainfall and ECMWF data

Fig. 1. Map of east Africa showing the 9 rainfall stations (▲) in northern Tanzania used for composite selection
for the short rain season comprise 18 pentads, where the first pentad is 3 to 7 October and the last is 27 to 31 December. For case selection, pentad area-averaged rainfall had to exceed 25 mm during mid-season (e.g. November).

Following identification of the wet spell (defined as P0), the preceding pentads establish the precursor patterns in terms of onset (P1) and dry phases (P2). The composites are based on 5 major wet spells from all years except 1987, which was relatively dry. Seasonal means were determined by averaging all ECMWF data in the October to December period, comprising 552 days of input data. This reference mean was subtracted from the composite fields, constructed from 25 days, to produce anomalies. It is believed that a sequential analysis of anomaly maps consisting of 25 days’ input data is sufficient to explore the evolution of wet spells. Table 1 illustrates the cases selected to form pentad composites for analysis. Although rainfall data were considered for 8 consecutive years, wet spells met the criteria in only 5.

Composite meteorological patterns are expected to offer little guidance in medium-term weather forecasts as a result of the background circulation overwhelming the synoptic-scale signals. Skill would improve using statistical guidance from evolving anomaly patterns, hence our focus here.

## 3. RESULTS

Composite wet spell evolution is described in Section 3.2. We commence with an analysis of the intra-seasonal rainfall distribution during the case study period.

### 3.1. Rainfall

Fig. 2 shows the pentad area-averaged rainfall over the study period. The 1986 short rainy season was wet throughout, in contrast to 1987. Wet spells in 1988 peaked later in the season, whilst 1989 to 1992 had cyclic and intense wet spells with dry conditions early on. 1993 was another relatively dry season. October is generally dry and wet spells are irregular and of low intensity. The ITCZ is first noticeable usually in November, and rainfall rises to a peak then. A second wet spell occurs in December and often follows a rhythm and intensity established by the earlier wet spell. The wet spells appear modulated, in part, by eastward-moving convective troughs which penetrate the equatorial band from the southern subtropics, as determined by the Hovmoller plots of various ECMWF meteorological anomalies analysed by Levey (1993).

The seasonal mean, which is used to establish anomaly patterns, is characterised by southern subtropical highs and a ridge over the Arabian Sea in the low levels. Westward water vapour fluxes from the equatorial Indian Ocean converge onto the ITCZ over the region where uplift is vigorous. Upper westerly shear is imposed by long-wave troughs extending from the southern subtropics from Madagascar to Tanzania. Further discussion of the seasonal climatology is not included for brevity.

### 3.2. Evolution of wet spells

The evolution of wet spells is described using composite sequences, where P2 refers to the pentad 10 d before the wet spell, P1 is 5 d before and P0 is the period of most active convection. The 850 hPa geopotential height anomalies in Fig. 3a illustrate weak positive values in both hemispheres at P2. Negative anomalies (−25 gpm) lie along 40° S in a wavy pattern. At the upper level (200 hPa, Fig. 3b), a large negative anomaly is located southeast of Africa in the subtropics and extends northwards along the coast of east Africa. At the onset stage (P1) a positive anomaly (+25 gpm) grows at the 850 hPa level to the southeast of Madagascar. The geopotential increase is also reflected in the northern hemisphere at similar longitudes — 40 to 90° E — over the Indian Ocean. The 200 hPa patterns show strong positive anomalies in the southern subtropics, with a peak of +70 gpm at 40° S, 60° E and in the South Atlantic Ocean. Negative anomalies occur over the southwest Indian Ocean and northeast Africa.

During the maturity stage (P0), a ridge extends zonally over and southeast of southern Africa at lower levels. Also apparent is a positive anomaly over the Arabian Sea and India. The tropical region displays weak negative geopotential anomalies, whilst upper levels show generally positive anomalies. An upper ridge is noted southwest of Africa. The areas south of Madagascar and in the northern subtropics along 15° N are occupied by negative anomalies at 200 hPa. A significant feature of the low-level geopotential sequence is the building of a high-pressure cell over the southwest

<table>
<thead>
<tr>
<th>Dry phase (P2)</th>
<th>Onset phase (P1)</th>
<th>Wet phase (P0)</th>
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Fig. 2. Pentad area-averaged (2–6° S, 32–40° E) time series for the short rain season (October to December) for each year between 1986 and 1993.
Indian Ocean and to lesser extent over the Arabian
Sea.

Fig. 4a illustrates the water vapour flux (WVF) anom-
alties integrated from the surface to 500 hPa, and
Fig. 4b the 200 hPa wind anomalies. Together these
allow inferences to be drawn about the synoptic circu-
lation anomalies surrounding the wet spell. It is evi-
dent that northeasterly and southeasterly fluxes con-
verge onto the east African coast near the equator at
the formation stage (P2). The WVF anomalies are weak
owing to the disorganised structure of the subtropical
anticyclones at that stage. Upper wind anomalies
(200 hPa) at the formation stage (Fig. 4b) reveal a
strong anticyclonic circulation over Angola and a
cyclonic gyre over the Arabian Peninsula. Weak wester-
ly anomalies prevail along the equator of east Africa.
WVF anomalies of 100 g kg⁻¹ m s⁻¹ prevail over Tanza-
nia during the onset stage (P1) as the Mascarene anti-
cyclone strengthens over the southwest Indian Ocean.
Confluent moist flow shifts to east Africa during this
phase. During the maturity stage (P0), northeasterly
anomalies from the Arabian Sea dominate as southea-
sterlies weaken. Anomalous westerward fluxes from
each hemisphere maintain confluence along 5°S.

Fig. 3. Pentad anomalies for the composite wet spell sequence P2 (top), P1 (middle) and P0 (bottom) for geopotential height at
(a) 850 hPa and (b) 200 hPa. Contour interval is 5 gpm
Fig. 4. Pentad anomalies for the composite wet spell sequence for (a) water vapour flux and (b) 200 hPa winds. Longest vector is 100 g kg\(^{-1}\) m s\(^{-1}\) (a) and 10 m s\(^{-1}\) (b).
Upper wind anomalies during the development (P1) and maturity (P0) stages are from the west over tropical Africa, and sourced from the southwestern Sahel, northern Congo Basin, and the tropical east Atlantic Ocean. This finding is in agreement with the similar work of Mutai & Ward (1998).

The velocity potential of the WVF field is useful in identifying thermodynamic mechanisms underlying cumulus convection. Atmospheric energy sources and sinks can be assessed for intra-seasonal oscillations at regional scales (Chen & Tzeng 1990). Divergent WVF anomalies are illustrated in Fig. 5a with vector length proportional to the gradient of the velocity potential. At the formation stage (P2) a divergent center occurs southeast of Madagascar in the southwest Indian Ocean. A line of convergence occurs off the Somali coast, whilst convergence dominates over the Atlantic Ocean. At the onset stage (P1), divergence in the south Indian Ocean intensifies and shifts northward. Convergence over Tanzania is intensified as expected. Weak divergence east of South Africa, over the Atlantic Ocean and west Africa is in contrast with convergent moist fluxes over the Congo Basin and Angolan coast. The Indian Ocean divergent cell collapses at the maturity stage (P0) and is replaced by weak convergence. Convergence over Tanzania is conspicuous and contributes to a sharp increase in equivalent potential temperature in the surface layer. The main feature of the WVF divergent circulation anomalies is the southward shift of a line of anomalous confluence from the Arabian Sea to northern Tanzania from P2 to P0.

Fig. 6a illustrates the precipitable water (PW) anomalies in sequence. In the formation stage (P2), a thin NW-SE band of positive PW anomalies is located over equatorial east Africa and the western Indian Ocean. Most of southern Tanzania is covered by negative anomalies. At the onset stage (P1), the thin band of moisture expands into a larger cell of positive PW anomalies covering east Africa and extending offshore to 60°E. Near the equator, PW anomalies are >+3 mm. Negative values cover central and southern Africa and the rest of the Indian Ocean. A gradual merging of positive PW anomalies from the tropical Atlantic and Indian oceans occurs by P0. Negative anomalies are found in the Mozambique Channel, and across the central Indian Ocean and Sahara Desert region.

The vertical motion field (Fig. 6b) indicates areas of subsidence and ascent (negative) where diabatic heating anomalies are large. During the formation stage (P2) strong rising motions occur in a NW-SE band over the western Indian Ocean and extend over Kenya. In the onset stage (P1), centres of vertical uplift are displaced westward. Most of Tanzania is under rising motion, while sinking motion intensifies in the central and south Indian Ocean. Strong uplift anomalies occur over east Africa, Angola and the Congo Basin during the maturity stage (P0) as expected. Subsident motions intensify over India at this stage. Westward coalescence of the NW-SE band from the Indian Ocean with uplift over the mountains of northern Tanzania is the main feature of the vertical motion anomaly sequence.

4. DISCUSSION AND CONCLUSIONS

Economic development in Tanzania depends largely on the climate-driven agricultural sector, which is plagued by rainfall variability and forecast uncertainty. The rainfall distribution is bimodal, one season centered on April and the other on November. This paper has focused on the seasonal onset of ‘short’ rains in November, which experience a year-to-year standard deviation equivalent to the mean (~100 mm). Composite anomaly patterns for major wet spells illustrate the presence of a strengthened anticyclone over the southwest Indian Ocean and associated westward fluxes of moisture. Together with northeast fluxes from the Arabian Sea, a line of confluence is maintained so that uplift of moist unstable air is sustained over northern Tanzania. Compensating sinking motions occur over the south Indian Ocean before the event and over India during the wet spell. Convection is enhanced by an increase of upper westerlies in the equatorial band, which assists overturning and convective outflow. In both P2 and P0 patterns, the upper trough extends equatorward from a cyclonic circulation anomaly over Madagascar. The combined effect of the synoptic forcing is to produce an average of over 100 mm of rainfall within 10 d.

For predictive purposes water vapor flux anomalies, vertical motion and low-level geopotential patterns show distinctive features during formation and onset stages. By smoothing incoming gridded weather data and subtracting the reference mean, the intra-seasonal convective phase and its synoptic forcing can be determined. This will improve forecast guidance in interpreting medium-range output products, ideal for farming and strategic management.

Further work should include a detailed analysis of easterly confluence and recurvature, and its relationship to convective pulsing, as suggested by Kinuthia & Asnani (1982). The association between eastward-moving equatorial and subtropical waves and rainfall in east Africa could be investigated through Hovmoller analysis and vertical section composites. While this study has improved our understanding of intra-seasonal convective forcing in the short rainy season, similar diagnostic work could be done for the long rains after February.
Fig. 5. Pentad anomalies for the composite wet spell sequence for velocity potential of water vapour flux; expressed as divergent vectors perpendicular to the gradient with length proportional to its intensity. Longest vector is $40 \times 10^8$ kg s$^{-1}$. Vector is $20 \times 10^8$ kg s$^{-1}$. 
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