Characteristics of atmospheric circulation patterns over East Asia and their impacts on precipitation in summer

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ABSTRACT: We investigated 3 summer atmospheric circulation patterns over the mid-latitudes of East Asia — the monopole (MOP), East Asia–Pacific (EAP) and southeast–northwest out-of-phase dipole (EWD) — and their impacts on precipitation in eastern China. Our results show that an increase in the frequency of the positive MOP pattern enhances precipitation in northeastern China, while a longer persistence of this pattern induces above-average precipitation in the mid-to-lower reaches of the Yangtze River valley (MLRYR). For the negative MOP pattern, a higher frequency of this pattern leads to below-average precipitation in northeastern and southern China, while its persistence has insignificant influences on precipitation in eastern China. Increases in the frequency and persistence of the positive EAP pattern intensify precipitation in the MLRYR. For the negative EAP pattern, increases in the frequency and persistence of the pattern reduce precipitation in the MLRYR, and a higher frequency of this pattern markedly intensifies precipitation in northern China. Regarding the positive EWD pattern, an increase in its frequency favors below-average precipitation in northern China, and an increase in its persistence clearly intensifies precipitation in the MLRYR. Increases in the frequency and persistence of the negative EWD pattern produce below- (above-)average precipitation in the MLRYR (northeastern China), with a longer persistence of this pattern especially reducing precipitation in the MLRYR. These results indicate that the frequency and persistence of each pattern have different impacts on precipitation in eastern China.

KEY WORDS: Eastern China · Atmospheric circulation patterns · Summer precipitation

1. INTRODUCTION

Eastern China, which includes the 4 subregions of northeastern China — northern China, the mid-to-lower reaches of the Yangtze River valley (MLRYR) and southern China — is a typical monsoon area and an agricultural and economic center of national significance (Fig. 1). Highly frequent climatic disasters, especially wide-ranging drought and flooding, have caused serious economic losses after the late 1970s, which account for approximately 2.7% of the annual gross national product (Huang et al. 2006). Against the background of global warming since the 1980s, extreme weather and climate events have been occurring more frequently (Lin et al. 2004, Ren et al. 2004), resulting in even more serious economic losses. Two consecutive rainfall events in late June 2015 associated with an intensified western Pacific subtropical high (WPSH) led to widespread flooding in eastern China (Wang & Gu 2016). Since the 1950s, the north–south dipole pattern of annual precipitation in eastern China, referred to as the ‘southern

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flooding and northern drought pattern, has shown clear decadal variation (Yang et al. 2017), and a continuous decline in the mean precipitation has caused a shift from wet to dry conditions in northeastern and northern China (Ma & Fu 2006). Barriopedro et al. (2012) showed that the drought episode from May 2009 to April 2010 in northern China had serious effects on the water supply for human activities. Zhai et al. (2005) indicated that an increase in high-intensity summer precipitation events in the MLRYR resulted in more frequent flooding during the period of 1951–2000. Chen et al. (2017) proposed that summer precipitation in southern China clearly increased in the early 1990s. These studies demonstrated that precipitation in eastern China has obvious temporal and spatial variability.

Precipitation is strongly related to water vapor transport and its intensity, which are induced by atmospheric circulation and transient eddies, and atmospheric circulation plays an important role in water vapor transport (Pokam et al. 2012). The WPSH greatly influences the summer precipitation distribution in China because it directly dominates the water vapor transport from the South China Sea (SCS) and western Pacific to eastern China (Liu & Wu 2004). Moreover, the summer rainbelt moves from southern China, the Yangtze River valley and to northern China, and this northward migration of precipitation corresponds to the northward shifts of the WPSH (Tao & Xu 1962, Ding 1992). Liu et al. (2015) indicated that the North Atlantic Oscillation (NAO) controls the summer precipitation dipole oscillation in the Tibetan Plateau, mainly by modifying atmospheric circulation and then producing anomalous water vapor transport. Nitta (1987) found a north–south dipole pattern in summer over the western Pacific and named it the Pacific–Japan teleconnection pattern, and Huang & Li (1987) indicated a triple-pole teleconnection pattern over the East Asia–Pacific sector, and named it the East Asia–Pacific (EAP) teleconnection pattern. In fact, these 2 patterns point to the same phenomenon in that they are both excited by anomalous convection in the tropical western Pacific (hereafter referred to as the EAP pattern). A positive EAP pattern produces an anomalous anticyclone over the SCS and an anomalous cyclone in Japan, contributing to the anomalous moisture convergence that intensifies summer precipitation in the MLRYR (Huang 2004).

Anomalous atmospheric circulation patterns that last for consecutive months have dramatic effects on total precipitation amounts and, consequently, on subsequent drought or flooding risks (e.g. Ren et al. 2013, Screen & Simmonds 2014, Wise & Dannenberg 2014). The frequency and persistence of atmospheric circulation anomalies cause abnormal precipitation—for example, Petrow et al. (2009) demonstrated that significant increases in the frequency and persistence of circulation patterns associated with above-average precipitation contributed to flooding in Germany in winter. Swain et al. (2016) found that a robust increase in the persistence of a high ridge near the west coast of North America during the cold season resulted in an amplification of the background state. The Urals blocking was more persistent during 2000–2013 than during 1979–1999, causing frequent severe cold events over East Asian countries (Honda et al. 2009, Luo et al. 2016). Wang & Chen (2014) indicated that strong Urals blocking enhanced the East Asia winter monsoon during 2004–2012, which is associated with frequent cold winters over East Asia. The establishment and retreat of the Okhotsk high is closely linked to summer precipitation in eastern China (Zhang & Tao 1998). The occurrence of a double blocking high over the Urals and Sea of Okhotsk in summer is a typical precursor circulation pattern for extreme precipitation in central-eastern China (Chen & Zhai 2014). In January 2008, a persistent blocking high over Siberia favored the

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**Fig. 1.** Climatology of summer precipitation in eastern China, with the 4 subregions of northeastern China, northern China, the mid-to-lower reaches of the Yangtze River valley (MLRYR), and southern China marked.
southward expansion of northerly flows, which converged with the persistent southwesterly winds from the Bay of Bengal to southern China, leading to cold temperatures and anomalous snow cover in southern China (Zhou et al. 2009). Therefore, as these results indicate, it is necessary to investigate the impacts of the frequency and persistence of circulation patterns on summer precipitation in eastern China.

Previous studies have contributed to the investigation of atmospheric circulation patterns and their connections with surface meteorological conditions (e.g. Notaro et al. 2006, Diao et al. 2015, Zhang et al. 2016). Duckstein et al. (1993) investigated the relationship between large-scale circulation patterns and flooding in small- to moderate-sized river basins. Kysely (2007) described the atmospheric circulation patterns over Europe using the Hess–Brezowsky catalog, and investigated the impacts of changes in the mean persistence of different circulation patterns on the frequency and severity of warm and cold extremes over central Europe. Much effort has also been made to investigate atmospheric circulation patterns over East Asia (e.g. Sun et al. 2015, Xie & Bueh 2015, Li et al. 2016). Wang et al. (2016) applied empirical orthogonal function analysis to 30–60 d filtered and normalized 500 hPa geopotential height anomalies over the region (encompassed by 0–80° N, 100–160° E) during the boreal summer and found that the first leading mode is a well-organized tripole pattern but explains only 18% of the total variance. Wu (2002) indicated that the leading mode of the summer 200 hPa horizontal wind anomaly fields over 20–60° N, 30–170° E explains approximately 23% of the total variance. Although the leading mode of atmospheric circulation over East Asia can be well separated from the other modes, most of the circulation variability is not captured because of the complex spatial structures encompassing the tropics, subtropics and mid-latitudes.

In recent studies, the mid-latitude continents of the Northern Hemisphere have been divided into 7 regions (Screen & Simmonds 2014, Chen et al. 2016): western North America (35–60° N, 150–115° W), central North America (35–60° N, 115–80° W), eastern North America (35–60° N, 80–45° W), Europe (35–60° N, 15° W–25° E), western Asia (35–60° N, 25–65° E), central Asia (35–60° N, 65–105° E) and eastern Asia (35–60° N, 105–145° E). Horton et al. (2015) detected the atmospheric circulation patterns over these 7 mid-latitude regions of the Northern Hemisphere using self-organizing map cluster analysis. Furthermore, as frontal precipitation accounts for a large proportion of the summer precipitation in eastern China, the atmospheric circulation in the mid-latitudes, which can be characterized in terms of synoptic patterns, is indeed important for investigating summer precipitation in eastern China. Therefore, 35–60° N, 105–145° E is a compelling area in which to explore atmospheric circulation patterns of East Asia associated with regional precipitation. From this perspective, we investigated the summer atmospheric circulation patterns over the mid-latitudes of East Asia, and further clarified the impacts of the frequency and persistence of each pattern on precipitation in eastern China.

### 2. DATA AND METHODS

The daily and monthly geopotential height, surface pressure, horizontal winds and specific humidity data for 1961–2015 were obtained from the National Centers for Environmental Prediction/National Center for Atmospheric Research (NCEP/NCAR) and have a 2.5 × 2.5° horizontal resolution (Kalnay et al. 1996). Monthly precipitation data at 1493 stations (excluding stations with missing values) in China for the period 1961–2015 were obtained from the China Meteorological Administration, and were interpolated to a 0.5 × 0.5° horizontal resolution using Cressman’s method (Cressman 1959). The results of this study are based mainly on the period 1961–2015. Summer refers to June, July and August (JJA), and the summer mean refers to the average from JJA.

Trends of the geopotential height anomalies in the Northern Hemisphere due to global warming alter atmospheric circulation patterns; therefore, the conclusions in this study are based on the reanalysis and observational data after removing the linear trends. Statistical significance was assessed using a 2-tailed Student’s t-test. The monthly Arctic Oscillation (AO), NAO and East Atlantic–West Russia (EAWR) teleconnection pattern indices were obtained from the NOAA’s Climate Prediction Center. The monthly EAP (Huang 1992) pattern index was calculated according to the following equation, where Z represents the normalized monthly 500 hPa geopotential height anomalies:

\[
EAP = \frac{1}{3} Z(20° N, 120° E) - \frac{1}{3} Z(37.5° N, 120° E) + \frac{1}{3} Z(60° N, 120° E)
\]

The vertically integrated water vapor transport flux was calculated based on the following equation (Smirnov & Moore 1999), where g is gravity acceler-
The k-means clustering method is a common technique for categorizing multiple individual samples into several clusters (Spath 1985), and we calculated the centroid of each cluster through the squared Euclidian distance. Generally, the squared Euclidian distance of an \( n \times p \) matrix, \( X \), is defined as:

\[
d_{ij} = \left[ \sum_{k=1}^{p} (x_{ik} - x_{jk})^2 \right]^{1/2}
\]  

where \( n \) is the number of observations and \( p \) is the number of variables \((i = 1, 2, ..., n; j = 1, 2, ..., n)\). This equation stands for the distance between 2 \( p \)-dimensional points in Euclidian space. Additionally, the number of clusters needs to be determined in advance, and the sum of distances over all clusters from each point to its cluster centroid is minimized repetitively. To separate the clusters well, the points are moved between clusters until the sum cannot be decreased further.

The k-means clustering algorithm is suitable for huge amounts of data, and has been applied to different atmospheric data sets. In this study, the k-means clustering algorithm was applied to the daily 500 hPa geopotential height to categorize circulation patterns over the mid-latitudes of East Asia, and the atmospheric circulations were classified into 6 groups, which correspond to the positive and negative phases of the 3 circulation patterns. To investigate the features of the circulation patterns, we counted the total number of days on which each circulation pattern occurred (‘occurrence’; days), the total number of consecutive occurrences (‘frequency’; number) and the longest consecutive occurrence (‘maximum duration’; days). To clarify the different influences of the frequency and persistence of each pattern, the maximum duration, in some sense, is more suitable for representing the persistence of each pattern than is the mean duration (hereafter, the maximum duration is referred to as persistence).

3. SUMMER ATMOSPHERIC CIRCULATION PATTERNS AND THEIR FEATURES

The k-means clustering algorithm was applied to the daily standardized 500 hPa geopotential height over the mid-latitudes of East Asia during 1961–2015, and we categorized the summer atmospheric circulations into 6 groups (Fig. 2). Fig. 3 shows the composite maps of the daily geopotential height anomalies for these circulation patterns. Group 1 features a monopole (MOP) pattern of positive anomalies, which explains 30.1% of the total variance; its corresponding atmospheric circulation pattern is defined as the positive MOP pattern (Figs. 2a & 3a). Group 2, which accounts for 6.7% of the total variance, presents negative anomalies over the mid-latitudes of East Asia and is defined as the negative MOP pattern (Figs. 2b & 3b). Group 3 explains 9.5% of the total variance, and its spatial pattern is very similar to the positive EAP pattern (Figs. 2c & 3c). Moreover, group 4 explains 25.5% of the total variance and resembles the negative EAP pattern (Figs. 2d & 3d); therefore, we define groups 3 and 4 as the EAP pattern. Groups 5 and 6 feature a south-east–northwest out-of-phase dipole (EWD) pattern and are referred to as the positive and negative phase of the EWD pattern, respectively (Figs. 2e,f & 3e,f). The positive EWD pattern explains 14.7% of the total variance, while the negative EWD pattern accounts for 13.5%. Consequently, we categorized atmospheric circulations over the mid-latitudes of East Asia into 3 patterns—the MOP pattern, EAP pattern and EWD pattern.

To further investigate the spatial distribution of the 6 group circulation patterns on the climatological time scale, we projected the standardized summer 500 hPa geopotential height onto the 6 group circulation patterns and obtained their corresponding indices to describe the temporal variability. The atmospheric circulations associated with the group 1 and group 2 circulation pattern indices feature an anomalous center over East Asia (Fig. 4a,b), and are obviously different from the conventional teleconnection patterns in the Northern Hemisphere (Wallace & Gutzler 1981). The 500 hPa geopotential height anomaly fields associated with the group 3 and group 4 circulation indices obviously resemble the EAP pattern, and the correlation coefficients between their indices and the EAP pattern index are 0.79 and −0.78, respectively, which are significant at the 99% confidence level using a 2-tailed Student’s t-test. These results further verify that the group 3 and group 4 circulation patterns capture the features of the EAP pattern well (Fig. 4c,d). The 500 hPa geopotential height anomaly centers associated with the group 5 and group 6 circulation pattern indices are similar to those of the EAWR pattern (Fig. 4e,f). Moreover, the temporal correlation coefficients between these 2 group circulation pattern indices and the EAWR pattern index are significant at the 90%
Fig. 2. The \( k \)-means clustering algorithm-derived summer circulation patterns (standardized 500 hPa geopotential height, unitless) corresponding to the (a,c,e) positive and (b,d,f) negative phase of the 3 circulation patterns, respectively. (a,b) Monopole (MOP) pattern, (c,d) East Asia–Pacific (EAP) pattern, (e,f) southeast–northwest out-of-phase dipole (EWD) pattern. Numbers at the top indicate explained variance.

Fig. 3. Composite daily 500 hPa geopotential height anomalies (units: m) for the (a) positive Monopole (MOP), (b) negative MOP, (c) positive East Asia–Pacific (EAP), (d) negative EAP, (e) positive southeast–northwest out-of-phase dipole (EWD), and (f) negative EWD patterns. Shaded areas exceed the 95% confidence level using a 2-tailed Student’s \( t \)-test.
confidence level. These indicate that the EWD pattern is also referred to as the EAWR-like pattern. For convenience, hereafter, the 6 group circulation patterns are referred to as the positive/negative MOP, EAP and EWD patterns; the main abbreviations used in this study are listed in Table 1.

The occurrence, frequency and persistence of each pattern show remarkable interannual variability and obvious asymmetry (Fig. 5). The occurrence of the positive MOP pattern is much higher than that of the negative MOP pattern (Fig. 5a,b), while the occurrence of the negative EAP pattern is greater than that of the positive EAP pattern (Fig. 5c,d). There are no obvious differences between the positive and negative EWD pattern occurrences (Fig. 5e,f). Note that the higher occurrence of the negative EWD pattern mainly happened before the 1990s. According to the definition of the occurrence, frequency and persistence in Section 2, these 3 time series of each pattern are correlated with each other. The occurrence of each pattern is significantly correlated with its frequency and persistence at the 99% confidence level using a 2-tailed Student’s t-test (Table 2). The correlation coefficient between the frequency and persistence of each pattern is <0.6 or insignificant, indicating that the frequency and persistence of each pattern are relatively independent and reflect different features in some sense. A linear regression

![Fig. 4. Regression of summer 500 hPa geopotential height anomalies onto the 6 group circulation pattern indices: (a) Group 1, (b) Group 2, (c) Group 3, (d) Group 4, (e) Group 5 and (f) Group 6. Dotted areas indicate the 95% confidence level using a 2-tailed Student’s t-test](image)

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Pattern/region</th>
<th>Abbreviation</th>
<th>Pattern/region</th>
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<tbody>
<tr>
<td>MOP</td>
<td>Monopole</td>
<td>AO</td>
<td>Arctic Oscillation</td>
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<tr>
<td>EAP</td>
<td>East Asia–Pacific</td>
<td>NAO</td>
<td>North Atlantic Oscillation</td>
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<tr>
<td>EWD</td>
<td>Southeast–northwest out-of-phase dipole</td>
<td>MLRVR</td>
<td>Mid-to-lower reaches of the Yangtze River valley</td>
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<tr>
<td>EAWR</td>
<td>East Atlantic–West Russia</td>
<td>SCS</td>
<td>South China Sea</td>
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method was applied to identify the impacts of the frequency and persistence of each pattern on precipitation in eastern China in the following section.

4. IMPACTS OF ATMOSPHERIC CIRCULATION PATTERNS ON SUMMER PRECIPITATION

4.1. MOP pattern

We further investigated summer atmospheric circulations and their connections with precipitation in eastern China from the perspective of the frequency and persistence of each pattern. An increase in the frequency of the positive MOP pattern induces a significant positive anomaly center over the mid-latitudes of East Asia, which presents a southeast–northwest oriented feature (Fig. 6a). The longer persistence of this pattern produces a latitudinally oriented center over the mid-latitudes of East Asia (Fig. 6b). Obviously, the positive anomaly center associated with an increase in its persistence is stronger than that associated with an increase in its frequency. Regarding the negative MOP pattern, increases in the frequency and persistence of this pattern are linked to an obvious negative anomaly center over the mid-latitudes of East Asia (Fig. 6c,d). This negative anomaly center is much stronger when associated with the higher frequency of this pattern compared to that associated with its longer persistence.

For the positive MOP pattern, an anomalous anticyclonic circulation near Japan associated with its higher frequency enhances the easterly winds from the North Pacific, which then turn into southeasterly winds to northeastern China leading to above-

<p>| Table 2. Correlation coefficients between the occurrence, frequency and persistence of each circulation pattern. The values from left to right are for the monopole (MOP), East Asia–Pacific (EAP) and southeast–northwest out-of-phase dipole (EWD) patterns, respectively. <strong>Bold</strong> type denotes statistical significance at the 99% confidence level. |</p>
<table>
<thead>
<tr>
<th>Occurrence/Frequency/Persistence</th>
<th>MOP</th>
<th>EAP</th>
<th>EWD</th>
<th>MOP</th>
<th>EAP</th>
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<tr>
<td>Positive phase</td>
<td></td>
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<tr>
<td>Occurrence</td>
<td>0.473</td>
<td>0.828</td>
<td>0.695</td>
<td>0.674</td>
<td>0.805</td>
<td>0.697</td>
</tr>
<tr>
<td>Frequency</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td>0.043</td>
<td><strong>0.494</strong></td>
<td>0.200</td>
</tr>
<tr>
<td>Negative phase</td>
<td><strong>0.874</strong></td>
<td>0.515</td>
<td>0.908</td>
<td>0.800</td>
<td>0.732</td>
<td>0.775</td>
</tr>
<tr>
<td>Occurrence</td>
<td>–</td>
<td>–</td>
<td>–</td>
<td><strong>0.553</strong></td>
<td>0.045</td>
<td><strong>0.575</strong></td>
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<tr>
<td>Frequency</td>
<td>–</td>
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average precipitation in northeastern China (Figs. 7a & 8a). In association with an increase in the persistence of this pattern, the anomalous anticyclonic circulation over the mid-latitudes of East Asia is conducive to the southward expansion of northerly flows, and the significant anomalous easterly winds from the western tropical Pacific to the Indian Ocean weaken the southerly water vapor transport associated with the summer monsoon winds (Fig. 7b). These conditions result in significantly above-average precipitation in the MLRYR, with below-average precipitation in northeastern China (Fig. 8b).

The anomalous Philippine cyclonic circulation associated with an increase in the frequency of the negative MOP pattern reduces the southerly water vapor transport from the SCS and western Pacific (Fig. 7c). Meanwhile, the anomalous cyclone in northeastern China and the anomalous anticyclone in southern Japan obviously weaken the northerly winds from high latitudes. These circulation conditions contribute to significantly below-average precipitation in northeastern and southern China (Fig. 8c). The anomalous Philippine cyclonic circulation associated with an increase in the persistence of the negative MOP pattern is much weaker than that associated with an increase in the frequency of this pattern, inducing insignificant impacts on precipitation in eastern China (Figs. 7d & 8d). This indicates that below-average precipitation in northeastern and southern China is primarily attributable to an increase in the frequency of this pattern.

### 4.2. EAP pattern

The EAP pattern mainly reflects the configuration of the WPSH, Mei-yu trough and Okhotsk high (Huang & Li 1987, Huang 1992), and the location and strength of the 3 anomaly centers of the EAP pattern have considerable impacts on the persistent precipitation process in the Yangtze River valley (Li et al. 2018). For the positive EAP pattern, the 500 hPa geopotential height anomalies associated with an increase in its frequency feature a tripole pattern over East Asia, with significant positive anomalies over the Sea of Okhotsk and western subtropical Pacific and negative anomalies in Japan. Clearly, the positive anomaly center over the Sea of Okhotsk associated with the higher frequency of this pattern is stronger than that associated with its longer persistence (Fig. 9a,b). For the negative EAP pattern, the negative anomaly center over the Sea of Okhotsk is much stronger when associated with its higher frequency compared to that associated with its longer persistence (Fig. 9c,d). Moreover, the longer persistence of this pattern produces strengthened positive anomalies near Japan.
Fig. 7. As in Fig. 6, but for the vertically integrated water vapor transport flux and its corresponding magnitude (green shading). Contour interval is 5 kg (m s)$^{-1}$, and white areas indicate magnitude <10 kg (m s)$^{-1}$. Vectors in blue exceed the 95% confidence level using a 2-tailed Student’s t-test.
On a climatological time scale, the positive EAP pattern enhances summer precipitation in the MLRYR (Huang et al. 2012); more precipitation tended to occur in this region before the late 1980s (Zhang 2015). On a synoptic time scale, the location and strength of the 3 EAP anomaly centers are directly related to different types of precipitation (Chen & Zhai 2015). The southward movement of the EAP centers induces cold air to intrude in the lower latitudes and merge with southerly water vapor, leading to persistent precipitation in southern China (Li et al. 2018). Increases in the frequency and persistence of the positive EAP pattern produce an anticyclone–cyclone–anticyclone circulation pattern over East Asia (Fig. 10a,b). The Philippine anticyclonic circulation is conducive to southerly water vapor transport from the SCS and the western Pacific to the MLRYR, which then merges with northerly flows transferred from the anomalous cyclone over the North Pacific. These circulation conditions lead to above-average precipitation in the MLRYR (Fig. 11a,b), which is consistent with the leading mode of summer
Fig. 10. As in Fig. 9, but for the vertically integrated water vapor transport flux and its corresponding magnitude (green shading). The contour interval is 5 kg (m s)$^{-1}$, and white areas indicate magnitude <10 kg (m s)$^{-1}$. Vectors in blue exceed the 95% confidence level using a 2-tailed Student’s t-test.
4.3. EWD pattern

The 500 hPa geopotential height anomaly field features a wave train-like pattern over the mid-to-high latitudes of Eurasia, with 2 positive anomaly centers over Europe and northeastern Russia and 2 negative anomaly centers over the northern Atlantic and the Urals, when associated with increases in the frequency and persistence of the positive EWD pattern (Fig. 12a,b). In particular, the negative anomaly center over Japan associated with the higher frequency of the positive EWD pattern is much stronger than that associated with its longer persistence (Fig. 12a). Comparatively, increases in the frequency and persistence of the negative EWD pattern induce 2 positive anomaly centers over western Europe and the Urals and 2 negative anomaly centers over northern Europe and Mongolia (Fig. 12c,d). Moreover, the positive anomaly center in Japan associated with an increase in the negative EWD pattern persistence is stronger than that associated with an increase in the frequency of this pattern (Fig. 12d). These wave train-like patterns resemble the EAWR teleconnection pattern, which is characterized by 4 anomaly centers, and extends across the Eurasian mainland (Barnston & Livezey 1987, Wang et al. 2011). The impacts of the EAWR pattern on the climate reach the mid-latitudes of East Asia as a planetary-scale stationary wave pattern (Krichak et al. 2014), and the EAWR pattern is closely linked to summer precipitation over East Asia (Gao et al. 2017, Tan & Shao 2017).

Regarding the positive EWD pattern, an increase in its frequency leads to anomalous northerly flows prevailing in eastern China and significant anomalous easterly winds from the Bay of Bengal to the western Pacific, reducing the northward propagation of southerly water vapor transport from the tropics and leading to below-average precipitation in northern China (Figs. 13a & 14a). This result is consistent with that of Lin (2014), who reported that a positive EAWR pattern in summer causes an eastward retreat of the WPSH and then reduces precipitation in the subtropical East Asian rainy belt. In particular, an increase in the persistence of this pattern is favorable for above-average precipitation in the MLRYR, where the anomalous southerly winds along the southern flank of the Tibetan Plateau merge with the anomalous northerly flows from high latitudes (Figs. 13b & 14b).
Li et al: Summer atmospheric circulation in East Asia

In association with increases in the frequency and persistence of the negative EWD pattern, the large-scale anomalous anticyclonic circulation in eastern China enhances the southerly water vapor transport from the tropics, and the anomalous cyclonic circulation over Lake Baikal carries cold flows to northeastern China (Fig. 13c,d), resulting in above-average precipitation in northeastern China and below-average precipitation in the MLRYR (Fig. 14c,d). Compared to an increase in the persistence of the negative EWD pattern, an increase in the frequency of this pattern induces much less precipitation in the MLRYR due to the strengthened southerly winds in eastern China.

5. DISCUSSION AND CONCLUSIONS

Summer circulation patterns over the mid-latitudes of East Asia (namely, MOP, EAP and EWD patterns) were investigated in this study, and we found that the frequency and persistence of each pattern have different effects on summer precipitation in eastern China. Regarding the positive MOP pattern, an increase in its frequency induces the anomalous easterly water vapor transport from the North Pacific and then leads to above-average precipitation in northeastern China. The longer persistence of this pattern induces significantly above-average precipitation in the MLRYR, where the northerly flows from high latitudes converge with the southerly winds from the tropics. For the negative MOP pattern, an increase in its frequency contributes to significantly below-average precipitation in northeastern and southern China due to the anomalous Philippine cyclone and the anomalous anticyclone in Japan. Moreover, the higher frequency of the negative MOP pattern makes a greater contribution to below-average precipitation in northeastern and southern China compared to the longer persistence of this pattern.

For increases in the frequency and persistence of the positive EAP pattern, the anomalous cyclonic circulation in Japan enhances northerly cold flows from high latitudes, and the anomalous Philippine anticyclone increases southerly water vapor transport from the tropics, causing above-average precipitation in the MLRYR. Importantly, an anomalous increase in precipitation in the eastern region of the MLRYR is attributable to a longer persistence of this pattern. In contrast, increases in the frequency and persistence of the negative EAP pattern favor below-average precipitation in the MLRYR. The higher frequency of the negative EAP pattern intensifies precipitation in northern China, while its longer persistence obviously reduces precipitation in northeastern China.
Fig. 13. As in Fig. 12, but for the vertically integrated water vapor transport flux and its corresponding magnitude (green shading). The contour interval is 5 kg (m s$^{-1}$), and white areas indicate magnitude <10 kg (m s$^{-1}$). Vectors in blue exceed the 95% confidence level using a 2-tailed Student’s t-test.
An increase in the frequency of the positive EWD pattern produces the anomalous northerly winds in eastern China, leading to significantly below-average precipitation in northern China. The longer persistence of this pattern intensifies the southerly winds from the tropics, and therefore results in above-average precipitation in the MLRYR. In contrast, the anomalous southerly winds prevailing in eastern China, and the anomalous cyclonic circulation in Mongolia, are beneficial for below-average precipitation in the MLRYR and above-average precipitation in northeastern China when associated with increases in the frequency and persistence of the negative EWD pattern. A remarkable decrease in precipitation in the MLRYR is attributable to the intensified anomalous southerly winds associated with an increase in the frequency of this pattern.

We found that the spring NAO is significantly correlated with the frequency of the negative MOP pattern. Previous studies have made much effort to investigate the connections between the NAO and the climate over East Asia (e.g. Watanabe 2004, Bollasina & Messori 2018). The spring NAO imprints its signals on the North Atlantic summer sea surface temperature anomalies and then triggers a barotropic teleconnection pattern over the North Atlantic and Eurasia, which is closely linked to the East Asian summer monsoon (Zuo et al. 2013). Jin & Guan (2017) showed that the positive NAO induces an anomalous upper-level divergence in the Mediterranean, which excites the eastward propagation of the Rossby wave. We do not address the internal physical mechanisms between the spring NAO and MOP patterns any further in this study, and this might be a topic for future research.

The correlation coefficient between the May–July AO and the persistence of the positive EWD pattern was –0.45, which is statistically significant at the 95% confidence level. The AO is a primary mode of atmospheric variability over the extratropics of the Northern Hemisphere, and is significantly connected to the atmospheric circulations over the mid-to-lower latitudes (Park et al. 2011, Dai & Tan 2017). Chen et al. (2015) indicated that the influence of the spring AO on the following East Asian summer monsoon became obvious and significant during the mid-1970s to mid-1990s. The possible mechanisms linking the AO and EWD pattern deserve further investigation in the future.

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