

Effluent causes of the 'pigmented salmon syndrome' in wild adult Atlantic salmon *Salmo salar* from the River Don in Aberdeenshire

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ABSTRACT: The effluent cause of a noninfectious hyperbilirubinaemia, or jaundice, in wild Don salmon was determined by exposing adult captive North Esk fish to environmentally relevant single and combined exposures of Donside discharges with control river water *in situ*. Adult North Esk salmon were chosen as test animals because they were physiologically pertinent, of different genetic origin or stock to Don fish, from a 'clean' river and successfully used in previous *in situ* riverine experiments. Experiments were conducted using a control group with 3 test groups of salmon exposed to individual or sequentially-combined industrial stream and untreated paper mill effluent for a test period of 4 wk. Sequential exposure of industrial stream followed by paper mill effluent produced haematological 'clinical profiles', i.e. a hyperbilirubinaemia in test North Esk salmon that was indistinguishable from wild Don fish. A combination of 2 types of effluent therefore appeared to be responsible for the noninfectious hyperbilirubinaemia reported in adult wild Don salmon during the previous decade. Chemical characterisation of the isolated effluents and the river are discussed with respect to known haemolytic agents from the toxicological literature.

INTRODUCTION

The River Don, Aberdeenshire, comprises the sixth most extensive river system in Scotland and supports a modest Atlantic salmon, sea trout and resident brown trout fishery. In recent years the Atlantic salmon fishery has been threatened by an epidemic of a noninfectious hyperbilirubinaemia or jaundice in adult wild fish. The pathophysiological condition of salmon suffering from the haemolytic syndrome has been well documented (Groman & Miller, 1987).

Riverine isolation of potentially causative effluents was successful with *in situ* experiments using physiologically appropriate adult salmon taken from the North Esk (Everall et al. 1991). The field investigations (Everall et al. 1991) indicated that untreated paper mill and/or industrial stream effluents were the potential cause(s) of the noninfectious hyperbilirubinaemia in Don salmon. The present paper describes the results of

further ecotoxicological investigations to determine the specific raw effluent cause of hyperbilirubinaemia in Don salmon using captive adult North Esk salmon as test fish.

MATERIALS AND METHODS

Adult wild Atlantic salmon *Salmo salar* L. (length 62 to 88 cm, weight 2.5 to 5.0 kg) were obtained via commercial netmen from the River North Esk in Kincardineshire, Scotland, and transported to test sites on the River Don in Aberdeenshire. Staggered between February to April 1989, groups of salmon ($n = 5$) were held concurrently at control and industrial sites in a total of four 4 m³ tanks. Test salmon were exposed as independent groups for a period of ca 4 wk to either: River Don water at the non-polluted control site (C); a 1 in 400 dilution of an industrial stream effluent with carbon-filtered Aberdeen tap water (IB); a 1 in 200 dilution of paper mill discharge with non-polluted River Don water (PM); or a 50:50 sequential exposure

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of IB followed by PM (IB/PM). Sixty percent of control salmon received a 'sham' transportation after 2 wk to mimic any potential transport stress effects induced in fish moved between IB to PM sites during sequential effluent exposures. Adult salmon were maintained in 4 m³ fibreglass tanks which received approximately 15 l min⁻¹ of adjacent control river water, or in the case of IB-treated fish, ca 10 l min⁻¹ of carbon-filtered tap water. Chemical analyses of Aberdeen tap water revealed no significant differences in the composition of essential trace elements (e.g. Ca²⁺, Mg²⁺, K⁺, Na⁺ or other trace inorganics, or heavy metals such as Zn²⁺, Cu²⁺, Pb²⁺, Al₃⁺, Mn²⁺, Fe³⁺, Cd²⁺, Ni²⁺) from those found in reference River Don water (North East River Purification Board unpubl.)

After 4 wk at the *in situ* test sites on the River Don, the fish were killed and ca 15 ml of blood was removed immediately by caudal venipuncture using 5 ml syringes fitted with 18 gauge needles heparinised with a 30 unit ml⁻¹ solution of sodium heparin. All blood samples were placed in lithium heparinised vacutainers, thoroughly mixed and maintained at 4 °C prior to haematological determinations.

The majority of blood parameter measurements and plasma extractions were completed in the field at 4 °C. Haematocrit was calculated immediately in triplicate on a minicentrifuge. Live total blood cell counts and mean erythrocyte volumes were determined within 1 to 4 h of sample collection using a Coulter Counter Model ZM and Channelyser C256. Cell counts ($\times 10^6$ mm⁻³) were determined from triplicate samples with 10 μ l of whole blood added to 4.99 ml of sterile filtered (0.45 μ m) Cortland saline in a sterile bijoux maintained at 4 °C.

Whole blood haemoglobin content (g 100 ml⁻¹) was determined according to the quantitative colorimetric cyanomethaemoglobin assay (Blaxhall & Daisley 1973). Calibration curves were prepared using a Sigma haemoglobin standard and results were expressed as the mean of triplicate subsample determinations. For differential red blood cell counts, triplicate blood smears were fixed in methanol for ca 20 min, stained with combined May-Grunwald-Giemsa stain (Culling 1974) and examined under oil immersion on a Leitz photomicroscope. Results were recorded as the mean percentage of 3 counts and were expressed as the percentage of mature, immature, reticulocytic and pyknotic cells in a total count of 300.

Blood was centrifuged immediately at 1500 rpm for 5 min (ambient field temperature) at the low speed setting on a portable MSE Micro Centau Centrifuge. Plasma was then removed from the packed cells and stored at 4 °C prior to immediate analysis or further storage (-80 °C). Plasma from test salmon was subjected to Sequential Multiple Analysis via Computer

(Technicon SMAC II system) by the Department of Chemical Pathology at Aberdeen Royal Infirmary. The SMAC analyses determined plasma concentrations of albumin protein, alkaline phosphatase, glutamate oxaloacetate transaminase, calcium, bicarbonate, creatinine, lactate dehydrogenase, potassium, sodium, total bilirubin, total cholesterol, total protein, urea and uric acid. Methods for plasma determinations were identical to those used in Everall et al. (1991).

Samples of paper mill effluent, industrial burn, test tank and River Don water were taken at regular intervals for characterisation of trace organic components. The samples from the paper mill effluent and the industrial burn were composite samples taken over a 24 h period. These samples (n = 21) were collected using an Epic 1011T programmeable water sampler. Water samples (n = 21) from the test tank and river were collected in hand-held amber winchesters. All samples were frozen immediately (-20 °C) upon return to the laboratory. Following thawing, water samples were acidified (pH 2, conc. HCl) and a recovery standard of 9,10-dichlorostearic acid added prior to extraction with dichloromethane (3 \times 50 cm³). After drying (Na₂SO₄, 2 g), the solvent was evaporated (Buchi flask, 20 °C) and the total organic extract (TOE) transferred to a small amber vial (2 cm³) for storage at 4 °C.

TOEs were methylated with diazomethane using the apparatus and technique described by Fales et al. (1973). Following methylation, diethyl ether and methanol were removed (N₃ blow down, 10 °C) and 1 cm³ of a 2,2,4-trimethylpentane solution containing 2 internal standards (2,4-dichlorobenzylhexyl ether and 2,4-dichlorobenzylhexadecyl ether) was added and the solution analysed by gas chromatography (GC) and gas chromatography-mass spectrometry (GC-MS).

Gas chromatographic analyses of the methylated TOE were performed on a Varian 3700 gas chromatograph equipped with an on-column injector (modified SGE OCI-2) and a flame ionisation detector (held at 320 °C). The column phase was CPSIL8CB (50 m \times 0.22 mm i.d.; Chrompack Ltd., Holland) and the column oven temperature programmed as follows: 110 °C for 1 min; 110 to 300 °C at 4 °C min⁻¹; and held at 300 °C for 15 min. The carrier gas was hydrogen at a flow rate of 2 cm³ min⁻¹. Data was acquired with an Apple IIe microcomputer using an Adalab A/D interface card and modified 'Chromatchart' software. Individual resin acid methylesters (RAME) and other determinands were identified by comparison of their retention times with those of authentic standards. The quantitation of determinands was performed by comparison of the chromatographic peak areas of the determinands in the TOE with those of the authentic compounds.

Gas chromatographic-mass spectrometric analysis of the TOE was performed on a Finnigan 5100 GCMS.

The column phase was DB1 (50 m × 0.32 mm i.d.; J and W Scientific) and the column oven temperature programme was identical to that used for GC analyses. The carrier gas was helium at a flow rate of 2 cm³ min⁻¹. Data was acquired and processed using a super Incos 2300 data system. Chemical compounds in the TOE were identified by comparison of their mass spectra with those of authentic standards, library spectra and literature spectra.

Recovery experiments (× 5) were undertaken by spiking river water (2 l) with a standard containing 500 ppb of 2-(methylthio)benzothiazole and dehydroabiatic acid. The spiked solutions were extracted and analysed using the same procedure as for samples. Results indicated average recoveries to be 91 % for 2-(methylthio)benzothiazole and 78 % for dehydroabiatic acid.

RESULTS

Haematological measurements for experimental control (C), industrial stream (IB), untreated paper mill (PM) or sequentially combined IB/PM exposed salmon from the North Esk are shown in Table 1 as medians and ranges. Comparative data for wild hyperbilirubinaemic (yellow or jaundiced; Y) Don salmon are also shown in Table 1. Previous examination of haematological measurements for wild (Groman & Miller 1987) and experimental (Everall et al. 1991) salmon indicated non-parametric data sets. Box-and-whisker plots of the present experimental data also showed a similar skewed distribution of results. When required, non-parametric statistical analyses have therefore been applied to the present data sets.

A Kruskal-Wallis 1-way analysis of ranks was com-

Table 1. *Salmo salar*. Median (and range) of haematological parameters in experimental North Esk salmon (n = 5) and (Y) wild hyperbilirubinaemic Don salmon (n = 12). North Esk salmon exposed to: C, control; IB, industrial stream; PM, paper mill effluent; IB/PM, sequentially-combined industrial stream/paper mill effluents

Parameter	Units	C	IB	PM	IB/PM	Y
Haematocrit (Ht)	%	47 (36–50)	49.5 (31–64)	30* (27–41)	26* (22–34)	34.4* (9–46)
RBC count (RBC)	× 10 ⁶ mm ⁻³	1.364 (1.221–1.557)	1.078* (0.947–1.373)	0.881* (0.809–1.246)	0.631* (0.433–0.981)	0.78* (0.332–1.227)
Immature RBC count (I-RBC)	%	1 (0–1)	7.9* (5.4–7.9)	7.75* (1–16.8)	15* (3–19)	6.95* (0–58.1)
Whole blood haemoglobin (Hb)	gdl ⁻¹	12.8 (11.47–14.75)	10.44 (8.43–14.75)	7.16* (7.01–12.46)	5.96* (5.43–9.46)	7.62* (1.5–11.8)
Mean RBC volume (MCV)	fl	233.8 (227.4–246.5)	259.2* (242.6–281)	258.6* (218.3–276.1)	262.7* (255.2–317)	278.4* (260.4–349.5)
Plasma potassium (K)	mmol l ⁻¹	1.3 (1–2)	4* (1.2–5.9)	4.4* (2.6–5)	5.3* (4.6–15)	2.8* (0.4–6.8)
Plasma sodium (Na)	mmol l ⁻¹	143 (122–148)	128.5 (90–158)	138 (120–143)	130 (93–152)	151.5 (109–163)
Plasma LDH (LDH)	units l ⁻¹	440 (340–696)	1404 (93–2074)	1528 (233–3006)	3132* (797–3528)	1889* (875–16860)
Plasma GOT (GOT)	units l ⁻¹	876 (830–1430)	732 (468–1769)	1746 (414–4032)	3330 (306–5508)	1014 (240–2880)
Plasma AP (AP)	units l ⁻¹	269 (156–1051)	294.5 (188–900)	182 (119–239)	104 (35–474)	430.5 (32–2100)
Plasma cholesterol (CHOL)	mmol l ⁻¹	17.3 (10.2–18.5)	9.8 (8.1–16.7)	4.7* (3.3–8.6)	8.8* (3.2–13)	7.7* (1.1–13.2)
Plasma bilirubin (BIL)	µmol l ⁻¹	1 (1–5)	2 (1–23)	2.5 (1–10)	16* (9–200)	29* (4–98)

* Significant difference (p ≤ 0.05) from control (Kruskal-Wallis)

puted for each haematological variate and the significant differences between effluent-exposed North Esk and wild yellow Don salmon from the control group are indicated.

The haematological variates which most strongly differentiated between groups were haematocrit (Ht), red blood cell count (RBC), percentage immature red blood cell (IRBC), mean red blood cell volume (MCV), plasma potassium (K), lactate dehydrogenase (LDH), cholesterol (CHOL) and bilirubin (BIL). In all cases where significant differences were found, with the exception of plasma cholesterol, the largest difference in median values was between the control (C) and IB/PM exposed North Esk salmon or yellow (Y) Don salmon.

'Clinical profiles' for median haematological variates from effluent-exposed salmon were compared with yellow Don fish in Fig. 1. The values were expressed as a percentage of the measurement in control salmon which is set at 100%. Exposure to industrial stream effluent (IB) induced an erythropoietic effect in test salmon through elevated levels of immature erythrocytes. Raised haematocrit and erythrocyte swelling (MCV) in IB exposed salmon may have been precursive to slight haemolytic effects evident from RBC numbers or plasma potassium levels. Untreated paper mill effluent (PM) appeared to be responsible for the induction of a significant haemolytic anaemia or haemoglobinaemia in test salmon that was indistinguishable

from yellow Don fish. However, the overall condition of a significant hyperbilirubinaemia only occurred in IB/PM exposed North Esk salmon and wild yellow Don fish as shown in Fig. 1. IB/PM exposed salmon were indistinguishable from yellow Don fish in their significant haematological or 'clinical' profiles and 60% were identical in gross pathology (Everall et al. 1989). Gross pathology refers to bilirubin colouration of epithelial/subepithelial tissues and necrotic tissue changes, e.g. liver damage. Four week exposures to the individual effluent exposures failed to produce a hyperbilirubinaemia in test salmon and controls showed no deleterious changes.

Analysis of the methylated extract of the untreated paper mill effluent by GC-MS revealed the presence of several different types of trace organic compounds of which the major components were diterpenoid (or resin) acids. A full list of the compounds identified together with their calculated concentrations (in $\mu\text{g l}^{-1}$) are recorded in Table 2. Untreated paper mill effluent was shown to contain in excess of $100 \mu\text{g l}^{-1}$ total diterpenoid acids; composed mainly of dehydroabietic acid (I; see Fig. 2) and 4 other minor isomers, pimaric (II), isopimaric (III), sandaracopimaric acid (IV) and abietic acid (V). Diterpenoid acids are natural components of conifer resins and are released to the process waters in elevated concentrations during paper pulp processing. Diterpenoid acids also present, at a concentration of $20 \mu\text{g l}^{-1}$, in samples of river water collected

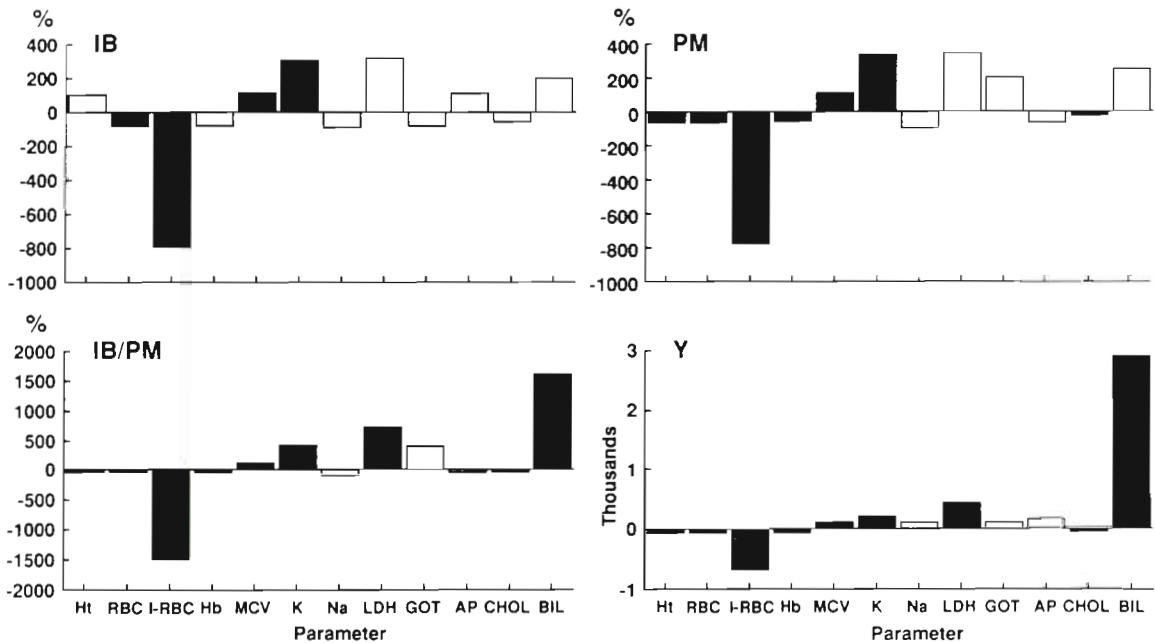


Fig. 1. *Salmo salar*. Haematological 'clinical profiles' in adult North Esk salmon exposed to industrial stream (IM), (PM) and sequentially-combined IB/PM effluents. Experimental groups are compared with results for adult yellow Don salmon (Y). All values are expressed as a percentage of the result for control salmon which is set at 100%. Solid bars indicate significance at $p \leq 0.05$ and open bars represent only a trend (Kruskal-Wallis)

Table 2. Concentrations ($\mu\text{g l}^{-1}$) of the major trace organic compounds identified in the untreated effluent of a paper mill* Roman numerals in parentheses refer to structures in Fig. 2. ND: concentration not determined

Compound	Concentration ($\mu\text{g l}^{-1}$)
2-(methylthio)benzothiazole	10.94
Stearic acid	12.94
Diterpenoid acids	
Pimaric acid (II)	2.51
Sandaracopimaric acid (IV)	7.38
Isopimaric acid (III)	15.85
Abietic acid (V)	11.80
Dehydroabietic acid (I)	159.93
Total	197.47
Trichlorofluoroethane	ND
Pentachlorophenol	ND
Carboxylic acids ($\text{C}_8\text{--C}_{24}$)	ND

* 24 h composite sample (2 l) collected on 11 Sep 1989

from a point 500 m downstream of the entry point of the paper mill effluent. The concentration of diterpenoid acids in the control river water, taken from a position above the mill, was below the detection limit of $0.1 \mu\text{g l}^{-1}$. Concentrations of $30 \mu\text{g l}^{-1}$ were recorded for diterpenoid acids in the test waters (PM and IB/PM). An examination of the primary effluents from other Don-side paper mills revealed concentrations of diterpenoid

acids in excess of $400 \mu\text{g l}^{-1}$. However, post-biological treatment of the primary effluent reduced the concentration of diterpenoid acids to less than $10 \mu\text{g l}^{-1}$ in the effluent entering the river. The other principle compounds identified in the paper mill effluent were benzothiazoles (VI) and low molecular weight chlorinated hydrocarbons, thought to be derived from biocides and cleaning solvents respectively.

Analysis of the industrial stream by GC-MS revealed the presence of petroleum-derived hydrocarbons, glycols, phthalates, alkyl-benzene sulphonamides and numerous other currently unidentified organic compounds. The petroleum hydrocarbons and glycols probably represent stormwater contamination of the industrial stream via airport run-off (aviation fuels, de-icers, etc.; Gay et al. 1987). Petroleum hydrocarbon contamination of the stream may also be derived from the activities (e.g. pipe cleansing) of numerous North Sea oil service companies located in this area. Of the other compounds identified in the stream, phthalate esters are used as plasticizers and are ubiquitous contaminants in water (Waldock 1983, Ritsema et al. 1989). Sources of the remaining contaminants are uncertain and investigations are continuing.

DISCUSSION

The artificial induction of a noninfectious hyperbilirubinaemia in test salmon identical to that reported in wild yellow fish from the River Don has enabled the isolation of the industrial effluents responsible for this syndrome. The majority of haematological disturbances recorded in PM or IB/PM effluent-exposed salmon and yellow Don fish are similar to those recorded in the literature for the effects of pulp and paper mill effluents on teleosts (Andersson 1987). However, previous studies were not reported to produce such gross haemolytic anaemia or hyperbilirubinaemia (i.e. jaundiced condition), as reported in the present study.

A severe haemoglobinaemia in PM and IB/PM effluent exposed salmon, and yellow Don fish was clear from significant reductions in total erythrocyte numbers and whole blood haemoglobin levels. Further evidence of haemolytic effects included an observed elevation of plasma potassium in IB, PM, IB/PM and yellow Don salmon which presumably resulted from leakage of intracellular potassium into surrounding body fluids through damaged cell membranes. Ionoregulatory mechanisms appeared incapable of compensating for this physiological disturbance. Plasma LDH also showed a marked elevation in IB/PM and yellow Don salmon when compared with control fish. LDH belongs to the non-plasma specific enzymes which are located within tissue cells and which have no

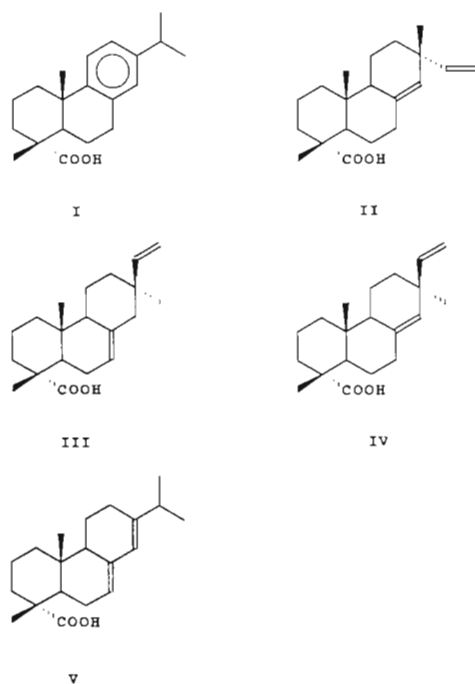


Fig. 2. Chemical structures of the diterpenoid acids identified in paper mill effluents

known physiological function in plasma (Tietz 1976). This enzyme is present in the plasma in only low concentrations as the intact membranes are impermeable to such enzymes when the cells are metabolising normally. Following cell damage the membranes become permeable leading to an increase in enzyme activities within the extracellular fluids.

Increased mean cell volume in erythrocytes was most marked in IB/PM and yellow Don salmon but evident in all effluent-treated fish. Such disturbances may result from chemical insults specific to the individual, and therefore combined effluent exposures, or via catecholamine-induced changes in erythrocyte ultrastructure of stressed fish (Soivio & Nikinmaa 1981). Cell swelling and raised haematocrit in IB salmon did not produce haemoglobinaemia but such changes may have been precursive to the haemolytic condition reported in IB/PM and yellow Don salmon, e.g. through intravascular lysis. The untreated paper mill effluent appeared therefore to contain agents capable of inducing haemolytic changes. Diterpenoid acids, present in the paper mill effluent in concentrations in excess of $400 \mu\text{g l}^{-1}$, have been proposed as 'active' haemolytic agents in previous studies on the toxicity of paper and pulp mill effluents (Andersson 1987, Härdig et al. 1988).

Previous investigations into bilirubinaemia induced by diterpenoid acids in sexually immature salmon (Kruzynski 1979) and rainbow trout (Matsoff & Oikari 1987, Matsoff & Nikinmaa 1988) suggested plasma bilirubin was mainly in the conjugated form. In the hyperbilirubinaemia observed in IB/PM and yellow Don salmon (Groman & Miller 1987) the converse was true, e.g. in an IB/PM exposed salmon with a plasma bilirubin of ca $200 \mu\text{mol l}^{-1}$ only ca $3 \mu\text{mol l}^{-1}$ was conjugated. An inability to conjugate and excrete bilirubin in River Don salmon suffering from hyperbilirubinaemia may have resulted from the liver necrosis observed in PM, IB/PM and yellow Don salmon (Everall et al. 1989, Scotchford 1989) or from the inhibition of bilirubin UDP-glucuronyl transferase present in IB-exposed fish per se (Everall et al. 1989). Elevated serum levels of glutamate-oxaloacetate transaminase in PM, IB/PM and yellow Don salmon provided further evidence of mitochondrial liver damage (Nemcsók et al. 1981).

Sexually mature, non-feeding and migrating adult wild Atlantic salmon have been reported to undergo a generalised cachexia in fresh water (Everall et al. 1991). A natural metabolically altered cessation of hepatobiliary functions in spawning salmon may further increase susceptibility, reduce tolerance and inhibit recovery from bilirubinaemia following a toxic insult. The marked lipid depletion (e.g. cholesterol levels in PM, IB/PM and yellow Don salmon; Scotchford 1989) in adult wild Atlantic salmon exposed to Donside effluents may also be of direct importance.

Biological magnification of lipid-soluble organic compounds (e.g. PM diterpenoid acids and IB petroleum hydrocarbons) in fish is well documented (Andersson 1987) and the toxicity of compounds like diterpenoid acids is often delayed until lipid reserves are utilised (Kruzynski 1979). Such a toxic action may be of key significance to migrating adult Don salmon which cease feeding upon entry into fresh water and rely upon lipid reserves as their major energy source. Storage of toxicants in cellular lipids may occur with resulting disruption of cell function and integrity once energy reserves have been utilised.

A sequential combination of industrial stream (petroleum hydrocarbons, glycols, etc.) and untreated paper mill (diterpenoid acids, benzothiazoles, etc.) effluents combined with the physiological status of adult wild Atlantic salmon produced the hyperbilirubinaemia in experimental fish which is associated with yellow Don salmon. Further chemical and biological characterisation tests are now required to determine the specific chemical agents causing this problem.

Post 1987, following the installation of primary effluent treatment plants at two thirds of the paper mills, there was a significant decrease in the annual numbers of wild hyperbilirubinaemic salmon in the River Don. This is probably related to the observation that the concentrations within paper mill effluents of diterpenoid acids, implicated as 'active' haemolytic agents in previous studies, were substantially reduced ($400 \mu\text{g l}^{-1}$ to $< 10 \mu\text{g l}^{-1}$) by biological treatment of the effluent. It is hoped that when the installation of an effluent treatment plant is shortly completed at the remaining paper mill, water quality in the River Don will have been returned to levels sufficient to further alleviate or eradicate this problem. However, to fully eradicate this environmental problem the subject of remedying industrial burn effluents also needs to be addressed by the appropriate organisations.

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