

Development of an enzyme-linked immunosorbent assay (ELISA) to estimate the quantity of *Flavobacterium branchiophilum* on the gills of rainbow trout *Oncorhynchus mykiss*

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ABSTRACT: An enzyme-linked immunosorbent assay (ELISA) was developed to estimate the quantity of *Flavobacterium branchiophilum* in crude gill extracts from rainbow trout *Oncorhynchus mykiss* following bath exposure to the bacterium. The assay utilized the avidin-biotin system and polyclonal antiserum raised against the LAB 4a strain of *F. branchiophilum*. The detection threshold was ca 1×10^3 bacteria ml^{-1} , and during routine use the mean intra-assay and inter-assay variations were 6.7% and 8.1%, respectively. The ELISA absorbance (405 nm) was proportional to the amount of *F. branchiophilum* present (within a range of antigen concentration of 0 to 80 000 cells ml^{-1}) whether whole bacterial cell preparations, gill preparations spiked with bacterial cells or extracts of infected gills were tested. In a comparison of whole cell preparations derived from the type strain of *F. branchiophilum* (American Type Culture Collection 35035), the LAB 4a strain and other common gill isolates (4 *Flavobacterium* sp., a *Flexibacter* sp. and *Aeromonas hydrophila*), the assay proved specific for *F. branchiophilum* antigen. Adaption for field-collected samples is feasible, but will require further examination of the antigenic specificity, and re-optimization of the tissue sample concentration if gills from other species are to be tested. The ELISA is an achievable means of estimating the quantity of *F. branchiophilum* on the gills of large numbers of fish, and represents an important tool for bacterial gill disease research.

KEY WORDS: *Flavobacterium branchiophilum* · Enzyme-linked immunosorbent assay · Bacterial gill disease · Gills

INTRODUCTION

Bacterial gill disease (BGD), one of the most common diseases of cultured salmonids in Ontario, Canada (Daoust & Ferguson 1983, Speare & Ferguson 1989), is caused by the Gram-negative filamentous organism *Flavobacterium branchiophilum* (Kimura et al. 1978, Wakabayashi et al. 1980, 1989, Farkas 1985, Heo et al. 1990, Ferguson et al. 1991, Ostland et al. 1994).

Recently, BGD was successfully reproduced in healthy rainbow trout *Oncorhynchus mykiss* fingerlings by bath exposure to *Flavobacterium branchiophilum* (Ferguson et al. 1991). The ability to reliably

reproduce BGD creates many opportunities to investigate the pathogenesis and treatment of the disease, but such studies often require a method to accurately enumerate *F. branchiophilum*. The common method to quantify this bacterium is by culturing serial dilutions of a gill tissue homogenate (Ostland et al. 1990). However, the fastidious nature of *F. branchiophilum* results in poor recovery and inconsistent counts (Heo et al. 1990, Ostland et al. 1994). Furthermore, when it is necessary to sample a large number of fish, bacterial quantitation by culture becomes very labour intensive. Other methods for the detection and quantitation of *F. branchiophilum* include the indirect fluorescent antibody technique (Heo et al. 1990) and the observation of typical filamentous organisms on gill tissue by electron microscopy (Speare et al. 1991a, b), light microscopy or gill tissue whole mounts. These methods

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all have the disadvantages of being inaccurate, slow, and subjective. Therefore, a better method to estimate the number of *F. branchiophilum* on the gills is required.

The enzyme-linked immunosorbent assay (ELISA) offers several potential advantages in the detection and quantitation of antigen on the gills of rainbow trout. The ELISA is simple, sensitive and rapid; it facilitates quantitation of antigen; and the use of microtitre plates allows for the testing of a large number of samples (Voller et al. 1976, Voller & Bidwell 1986, Arshkoosh & Kaattari 1990, Kemeny 1991). The ELISA is widely used for the identification of other fish pathogens, including *Aeromonas salmonicida* (Smith 1981, Austin et al. 1986, Adams & Thompson 1990), infectious pancreatic necrosis virus (Dixon & Hill 1983), piscine rhabdoviruses (Dixon & Hill 1984), *Yersinia ruckerii* (Austin et al. 1986), *Renibacterium salmoninarum* (Pascho & Mulcahy 1987), viral hemorrhagic septicemia (Way & Dixon 1988, Mourton et al. 1990, Sanz & Coll 1992), infectious hematopoietic necrosis virus (Way & Dixon 1988, Medina et al. 1992), and *Vibrio anguillarum* (Romestand et al. 1993). The numerous advantages and wide use of the assay in aquaculture prompted our attempt to develop an ELISA that could detect antigens of *Flavobacterium branchiophilum*.

This paper describes the development of an indirect ELISA which can be used to detect and enumerate *Flavobacterium branchiophilum* antigen on the gills of rainbow trout during experimental reproduction of BGD.

MATERIALS AND METHODS

In brief, *Flavobacterium branchiophilum* antigen was sought in samples of crude gill extract passively absorbed to a solid phase carrier (polystyrene microtitre plates). Antigen was detected by the sequential application of rabbit anti-*F. branchiophilum* serum, biotinylated goat anti-rabbit serum, enzyme-avidin conjugate (streptavidin peroxidase) and a chromogen [2,2' azino-(3 ethyl)-benzo-thiazoline-6-sulphonic acid]. The peroxidase-mediated color change was read on a spectrophotometric microplate reader when a standard reference sample obtained a fixed optical density (end point analysis).

Preparation of *Flavobacterium branchiophilum*. *F. branchiophilum* (LAB 4a) was used for production of antisera, bath exposure of rainbow trout, and for the preparation of samples of known bacterial concentration. The LAB 4a strain of *F. branchiophilum* originated in a naturally occurring outbreak of BGD in brook trout *Salvelinus fontinalis* (Ferguson et al. 1991),

and was subsequently identified on the basis of morphological, physiological, biochemical and antigenic properties (Ostland et al. 1994). A sample of the LAB 4a isolate (2nd passage) was stored in cytophaga broth (Anacker & Ordal 1959) with 15% glycerol at -70°C and served as the inoculum for subsequent cultures.

When required, the *Flavobacterium branchiophilum* (LAB 4a) stock was thawed at room temperature (RT), inoculated onto cytophaga agar and incubated aerobically at 18°C . After 7 d, 3 typical colonies were used to inoculate 100 ml of cytophaga broth which was incubated at 18°C on a rotary shaker (200 rpm) for 48 h. A volume of 10 ml of this culture was transferred to 1 l flasks of cytophaga broth which were incubated at 18°C on a rotary shaker for another 48 h. The bacteria were enumerated using a counting chamber (Collins & Lyne 1976) and by plate counts of serial dilutions (Ostland et al. 1994).

Preparation and specificity of antisera for detection of *Flavobacterium branchiophilum*. Polyclonal anti-*F. branchiophilum* serum was prepared using methods previously described (Ostland et al. 1994). Briefly, the antiserum was produced in New Zealand white rabbits against a whole cell antigen preparation of *F. branchiophilum* (LAB 4a). The bacterial antigen was prepared from a 48 h 2 l cytophaga broth culture of *F. branchiophilum* (LAB 4a) which was killed by the addition of 100 ml of 0.5% (v/v) formalinized phosphate buffered saline (PBS; pH 7.2). After overnight incubation at 10°C the cells were harvested by centrifugation and resuspended in 25 ml of formalinized PBS. Following this, the cells were homogenized with an equal volume of Freund's incomplete adjuvant. One ml of the homogenate was injected subcutaneously into the rabbits. Blood was collected following 4 antigen injections at 2 wk intervals, and the serum was separated following overnight clotting at 4°C . The serum was heat-inactivated (56°C for 30 min) and the titre (1:2048) was determined by whole-cell microtitre agglutination.

The antigenic specificity of the rabbit anti-*Flavobacterium branchiophilum* polyclonal serum was evaluated by comparing the ELISA cross reactivity of *F. branchiophilum* (LAB 4a) with *F. branchiophilum* recovered from BGD in salmonids in Japan (ATCC 35035; American Type Culture Collection, Rockville, MD, USA), *Aeromonas hydrophila* (ATCC 7966) and other common gill isolates. The other isolates were recovered from clinical cases of BGD submitted to the Fish Pathology Laboratory. These included 2 nonfilamentous *Flavobacterium* sp. recovered from separate cases of salmonid BGD (B102-87, B201-87 A1), a nonfilamentous *Flavobacterium* sp. recovered from goldfish *Carassias auratus* with BGD (B315-86), a nonfilamentous *Flavobacterium* sp. recovered from the same

BGD outbreak as the LAB 4a strain (B142-90), and a *Flexibacter* sp. recovered from a case of BGD in brook trout *Salvelinus fontinalis* (B201-87 A2). The bacterial isolates recovered from clinical cases were identified using the methods described by Ostland (1989). Whole-cell suspensions of the various isolates in PBS were enumerated using a counting chamber (Collins & Lyne 1976). The samples were then diluted in coating buffer to yield final dilutions ranging from 1×10^2 to 1×10^7 cells ml⁻¹, coated on a microtitre plate and processed for the ELISA as described below. Results were compared using bacterial concentrations of 1×10^6 cells ml⁻¹, as that dilution produced the highest ELISA optical density (OD).

Preparation of test samples for solid phase coating.

Infected gill samples, spiked gill samples and LAB 4a whole cell samples were used to develop the assay. In the case of infected gill samples, the diseased fish were killed with an overdose of MS 222 (tricaine methanesulfonate; Crescent Research Chemicals, Phoenix, AZ, USA). Immediately following euthanasia, the first 3 gill arches were removed from the right side of fish and were placed in preweighed vials containing 1 ml of distilled water plus 0.05% Tween 20. Vials were weighed to determine the quantity of gill tissue and then frozen at -70°C until further processing. At time of processing the samples were thawed at RT and placed on ice. Each sample was homogenized for 30 s (Pro 200 Homogenizer; Pro Scientific, Monroe, CT) and sonicated on ice for 30 s (Branson Sonifier 250; Branson Ultrasonic, Danbury, CT, USA). The sonicate was centrifuged at $13\,000 \times g$ for 5 min and the supernatant stored at -70°C until used to coat the solid phase. The tissue concentration of the samples is expressed in terms of the wet weight of gill tissue present. The gill samples processed as described above are hereafter referred to as crude gill extracts.

Whole cell samples were prepared from a 48 h cytophaga broth culture of *Flavobacterium branchiophilum* (LAB 4a) which was washed 3 times in distilled water containing 0.05% Tween 20 by 5 min centrifugation at $13\,000 \times g$, followed by resuspension of the cells in 10 ml of distilled water containing 0.05% Tween 20. Individual samples were prepared by dilution of an aliquot of the whole-cell preparation to the desired concentration in distilled water containing 0.05% Tween 20. The samples were then homogenized, sonicated and centrifuged in the same manner as infected gill tissue. These samples are subsequently referred to as the LAB 4a whole-cell sonicates.

Spiked gill samples were prepared using gill tissue collected from 19 normal rainbow trout (mean weight 75 g) which had no history of BGD, no evidence of filamentous bacteria on gill whole mounts and no histopathological lesions. The tissues were collected

and processed in a manner similar to that of infected gill tissue. Following homogenization, the samples were divided and mixed with various amounts of washed whole cell *Flavobacterium branchiophilum* (10^2 to 10^9 cells g⁻¹ gill tissue). The samples were then homogenized, sonicated and centrifuged in the same manner as infected gill tissue samples.

ELISA protocol. Polystyrene microtitre plates (Immulon IV MicroElisa plates; Dynatech Laboratories, Chantilly, VA, USA) were coated with either infected crude gill extract, spiked crude gill extract, or LAB 4a whole cell sonicate. Tissue samples were diluted to a concentration of 100 µg gill tissue ml⁻¹ in carbonate-bicarbonate coating buffer (pH 9.6; Voller & Bidwell 1986) and 100 µl was added to each well. The LAB 4a whole-cell sonicates were diluted to the desired concentration in the carbonate-bicarbonate coating buffer, and 100 µl was added to the appropriate wells. Controls on each plate included a strong (OD ~0.800), intermediate and weak positive (OD ~0.200) infected gill tissue sample, a normal gill tissue sample and a blank well (did not receive a tissue sample but received all other reagents). All samples were tested in duplicate or quadruplicate. The plates were incubated at 4°C overnight.

Plates were washed 5 times with PBS/Tween (PBS containing 0.05% Tween 20; 200 µl well⁻¹), blocked (3% bovine serum albumin in PBS containing 0.02% sodium azide; 120 µl well⁻¹), incubated at RT for 1 h and then rewashed with PBS/Tween. Similarly, rabbit anti-*Flavobacterium branchiophilum* (1:1750 in PBS/Tween; 90 µl well⁻¹), biotin conjugated goat-anti-rabbit (Calbiochem; San Diego, CA, USA; 1:500 in PBS/Tween) and streptavidin peroxidase (Kirkegard & Perry Laboratories, Gaithersburg, MD; 1:2000 in PBS/Tween) were added sequentially. Each step was separated by a 1 h RT incubation followed by a wash. Wells were developed with ABTS [2,2'-azino-(3-ethyl)-benzothiazoline-6-sulphonic acid, Kirkegard Perry Laboratories; 100 µl well⁻¹] and then read at 405 nm and 630 nm (Microplate Autoreader EL311, Bio-tek Instruments, Winooski, VT, USA). The dual wavelength reading was used in order to eliminate the effect of random light scattering and provide a more accurate measure of the absorbance of each well at 405 nm. The exact time of reading was determined by monitoring the development of a sample standard included on each plate, and reading the plate when the standard reached a fixed OD (0.800).

Development of the ELISA protocol. The ELISA protocol described above was developed by the systematic variation of each step. The optimal concentration of crude gill extract was established by checkerboard titration of various tissue concentrations of both infected and spiked gill samples against dilutions of

the rabbit anti-*Flavobacterium branchiophilum*. The well surfaces were coated with crude extracts of infected, spiked and normal gill samples diluted in carbonate-bicarbonate coating buffer to concentrations ranging from 10 mg to 1 µg of gill tissue ml⁻¹. The plates were processed for the ELISA using dilutions of rabbit anti-*F. branchiophilum* ranging from 1:50 to 1:2000. The optimum tissue concentration was chosen as that which produced the greatest contrast between negative and positive sample ODs, with a minimum of 0.800 for positive samples and a maximum of 0.100 for the negative samples (Voller & Bidwell 1986).

The preparation of the crude gill extract was also optimized with respect to the effect of the duration of tissue homogenization, sonication and clarification by centrifugation.

The optimal reagent dilutions were also determined by checkerboard titration. As described above, the rabbit anti-*Flavobacterium branchiophilum* dilution was optimized by titration of various dilutions against varying sample tissue concentrations. The dilution of goat anti-rabbit was determined by checkerboard titration against varying dilutions of streptavidin peroxidase. The range of the secondary antibody (biotinylated goat-anti-rabbit) and the enzyme conjugate (streptavidin peroxidase) titrations were 1:500 to 1:2000. A variety of blocking solutions, including 3% bovine serum albumin in PBS, 3% Tween 20 in PBS, 5% skim milk in PBS, and 0.05% Tween 20 in PBS, were also systematically compared. Again, the optimal dilution or reagent was chosen as that which produced the greatest contrast between negative and positive sample OD-values, with a minimum of 0.800 for positive samples and a maximum of 0.100 for the negative samples (Voller & Bidwell 1986).

Determination of quantitative ability and the detection threshold. The detection threshold and quantitative ability of the assay were determined using samples containing a known quantity of bacteria (*Flavobacterium branchiophilum* LAB 4a whole cell samples and spiked gill samples), as well as experimentally infected gill samples. Infected gill samples were also used to correlate ELISA absorbance with colony forming units per g of gill tissue (CFU g⁻¹). LAB 4a whole cell samples were prepared by diluting whole cell sonicates, prepared as described above, to various concentrations in coating buffer. The whole-cell samples were coated on the microtitre plate as described above. Spiked gill samples were prepared and coated on the plate as described above.

Infected gill tissues were from 2 sources. The first source was a 'laboratory pool' of infected gill samples. These tissues were collected during earlier experiments unrelated to the development of the ELISA. In those experiments rainbow trout were exposed

to *Flavobacterium branchiophilum* by bath challenge. Following the bath challenge, estimation of the number of *F. branchiophilum* on the gills was attempted by colony counts on serial dilutions of the gill tissue homogenate. The methods of bath challenge and gill tissue sampling were similar to those described in this paper. The methods of sample processing, plate culture and quantification of viable *F. branchiophilum* were as previously described (Ostland et al. 1990). From the pool of samples, 9 infected and 11 healthy gill samples were chosen to be processed for the ELISA. The choice of samples was based on the criteria of successful bacterial culture and the quantity of bacteria recovered. The widest possible range of bacterial recovery was sought. These samples were processed for the ELISA as described above.

The second source of infected gill tissue was obtained from a graded concentration bath challenge of rainbow trout. Twelve 1 l tanks were each stocked with fifteen 4 g rainbow trout. The flow rate in each tank was adjusted to 8 l h⁻¹ and the water temperature was maintained at 14 °C. The challenge was performed by adding different volumes of a 48 h cytophaga broth culture of *Flavobacterium branchiophilum* to each tank. Tanks 1 through 11 received 1, 5, 10, 50, 100, 150, 200, 250, 300, 400 and 475 ml of the broth culture, respectively (plus a volume of sterile broth sufficient to bring the total volume to 500 ml for each tank). The resulting bacterial concentrations in the baths ranged from 1.73 × 10³ to 1.64 × 10⁶ CFU ml⁻¹ of tank water. Tank 12 received 500 ml of sterile cytophaga broth. Water flow to each tank was turned off immediately prior to exposure, but aeration was maintained. After 1 h water flow was restored, and 1.5 h post-exposure the fish in each tank were killed with an overdose of MS222. Gill arches were taken from all fish in each tank and processed for the ELISA as described above.

In order to correlate ELISA absorbance with colony forming units per g of gill tissue (CFU g⁻¹), 9 fish were collected from each of 7 tanks for bacterial culture following the challenge. The tanks receiving 475, 300, 250, 200, 100, and 5 ml of the 48 h cytophaga broth culture of *Flavobacterium branchiophilum*, as well as the negative control tank, were sampled. For each fish the first 3 gill arches from the left side were aseptically removed, placed in preweighed vials containing 5 ml of sterile distilled water and immediately processed. The methods of processing, plate culture and quantitation of viable *F. branchiophilum* were as previously described (Ostland et al. 1990).

Precision, reproducibility and parallelism. The intra-assay variation (precision) of the *Flavobacterium branchiophilum* ELISA was determined by examining the variability of the results of repeated analyses (n = 4)

of individual infected gill samples ($n = 10$) in a single assay (McLaren et al. 1981, Kemeny 1991). The gill samples used were derived from the graded concentration bath challenge described above.

The inter-assay variation (reproducibility) of the *Flavobacterium branchiophilum* ELISA was measured as the agreement among the results of repeated analyses of 11 infected gill samples, ranging from negative to strongly positive, on 4 different test days (McLaren et al. 1981, Kemeny 1991). The gill samples used were also derived from the graded concentration bath challenge described above.

Four infected gill samples which produced high (1.0 to 1.5) ELISA absorbances (405 nm) at tissue concentrations of $100 \mu\text{g ml}^{-1}$ coating buffer were used to demonstrate parallelism. These samples were diluted 1:4 to 1:8 in coating buffer, coated on microtitre plates as described above, and processed for the *Flavobacterium branchiophilum* antigen detection ELISA.

RESULTS

Antigenic specificity

The polyclonal rabbit anti-*Flavobacterium branchiophilum* serum was specific, based on comparison of the ELISA absorbances of *F. branchiophilum* (LAB 4a), *F. branchiophilum* (ATCC 35035) and other bacteria commonly isolated from the gill (Table 1). Both strains of *F. branchiophilum* produced very high readings, while all but one of the other gill isolates produced negative readings. One nonfilamentous *Flavobacterium* sp. produced a low positive reading.

Table 1. *Flavobacterium branchiophilum*. Antigenic specificity of the antigen detection ELISA using polyclonal rabbit anti-*F. branchiophilum* (LAB 4a) serum. Specificity was evaluated by comparing the ELISA absorbance values (405 nm) obtained with whole-cell sonicates of the LAB 4a strain, the type strain (ATCC 35033), and 6 other common gill isolates. An absorbance > 0.088 is positive (twice mean OD of negative control). ATCC: American Type Culture Collection; FPL: Fish Pathology Laboratory isolate. Brook trout: *Salvelinus fontinalis*; Goldfish: *Carassias auratus*; rainbow trout: *Oncorhynchus mykiss*

Organism (10^6 cells ml^{-1})	Strain	Source	Absorbance
<i>F. branchiophilum</i>	LAB 4a	Brook trout	2.457
<i>F. branchiophilum</i>	ATCC 35035	ATCC	2.545
<i>Aeromonas hydrophila</i>	ATCC 7966	ATCC	0.038
<i>Flavobacterium</i> sp.	FPL B315-86	Goldfish	0.024
<i>Flavobacterium</i> sp.	FPL B102-87	Rainbow trout	0.173
<i>Flavobacterium</i> sp.	FPL B201-87 A1	Brook trout	0.013
<i>Flexibacter</i> sp.	FPL B201-87 A2	Brook trout	0.025
<i>Flavobacterium</i> sp.	FPL B142-90	Brook trout	0.041

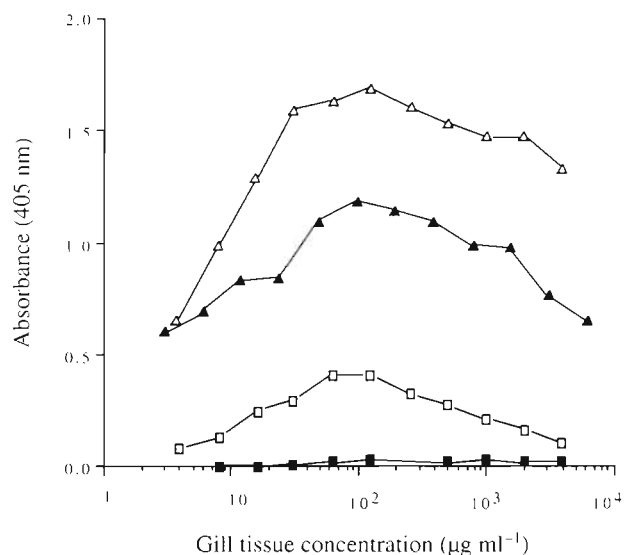


Fig. 1. *Flavobacterium branchiophilum*. Effect of gill tissue concentration on antigen detection using the ELISA. The ELISA absorbance of graded concentration of infected, spiked and normal gill extracts are compared. (Δ) Spiked gill 1 (10^5 cells $100 \mu\text{g}^{-1}$ gill tissue by direct microscopic count); (\square) spiked gill 2 (10^4 cells $100 \mu\text{g}^{-1}$ gill tissue by direct microscopic count); (\blacktriangle) infected gill (direct microscopic count not made); (\blacksquare) normal gill

Optimal antigen concentration, reagent dilutions and tissue processing technique

The maximum absorbance occurred when samples of gill tissue were diluted to approximately $100 \mu\text{g ml}^{-1}$ (Fig. 1). This effect was observed in both infected and spiked gill tissue, and was independent of the quantity of *Flavobacterium branchiophilum* present in the sample. Therefore, $100 \mu\text{g ml}^{-1}$ was chosen as the optimal tissue concentration for coating microtitre plate well surfaces.

The optimal reagent dilutions were chosen as those which produced the greatest contrast between positive and negative sample readings while still producing low background OD (i.e. negative sample < 0.100). The optimal dilutions for rabbit anti-*Flavobacterium branchiophilum* serum, biotinylated goat anti-rabbit, and streptavidin peroxidase were 1:1750, 1:500 and 1:2000, respectively. The optimal blocking solution, 3% BSA in PBS, was slightly preferable to the others tested. Homogenization and sonication of the tissue samples resulted in higher readings for positive samples without increasing the readings of negative samples. Clarification by centrifugation was found to moderately reduce the intra-assay and inter-assay variation.

Detection threshold

The cut-off OD for detection of a positive sample was established as twice the mean absorbance of negative samples. This cut-off value was chosen because the greater of either twice the mean absorbance of negative samples, or the mean absorbance of negative samples plus 3 standard deviations of the mean, represented a cut-off value with a 99% probability that a positive sample would yield a higher absorbance value (McLaren et al. 1981, Kemeny 1991, Medina et al. 1992). Analysis of gill extracts from 34 normal fish (Tables 2 & 3), as well as from 126 normal fish tested in subsequent experiments (D. MacPhee unpubl.), demonstrated that the SD values associated with the mean absorbance for normal gills was small. Because 3 times the SD value did not exceed the mean absorbance for normal gills, twice the mean absorbance for normal gills became the positive cut-off point. In order to reduce the possibility of inter-assay variation resulting in false positives or false negatives, the cut-off point was specific for each individual assay and was based on the OD of negative samples included each assay.

The limit of detection of the ELISA for whole cell *Flavobacterium branchiophilum* was ca 500 bacteria ml⁻¹ (i.e. 50 bacteria well⁻¹) (Table 2). Using spiked gill samples the detection limit was ca 1000 bacteria 100 µg⁻¹ of gill tissue (i.e. 100 bacteria well⁻¹) (Table 2).

The detection threshold of the ELISA was also compared to *Flavobacterium branchiophilum* detection by bacterial culture (Table 3). Of the 54 infected fish cultured following the graded concentration bath challenge, bacterial recovery was successful in 19. The range of the bacterial counts obtained was 2.68×10^4 to 1.76×10^7 CFU g⁻¹ of gill tissue. All fish produced positive ELISA readings except one which had a bacterial load (4.79×10^4 CFU g⁻¹) near the limit detectable by culture. However, the fish which had the lowest bacterial load (2.68×10^4 CFU g⁻¹) produced a positive ELISA reading (Table 3). Of the 9 fish chosen from the 'laboratory pool', the range of bacterial recovery was 4.97×10^6 to 26.5×10^6 CFU g⁻¹ gill tissue. The ELISA produced medium to strongly positive readings for all 9 fish examined (Table 3).

Quantitation of *Flavobacterium branchiophilum* antigen

Comparison of the ELISA absorbance with the number of *Flavobacterium branchiophilum* applied to the plate as a whole cell preparation produced a typical dose response curve (Fig. 2A) with a plateau at approximately 80 000 cells ml⁻¹. Spiked gill samples produced a similar dose response curve (Fig. 2B).

Comparison of the mean ELISA absorbance with the concentration of bacteria in the graded concentration bath challenge produced a linear relationship between exposure concentration and absorbance (Fig. 3). However, bacterial culture results for the challenge were

Table 2. *Flavobacterium branchiophilum*. Detection threshold of the antigen detection ELISA, evaluated using 3 whole-cell preparations of *F. branchiophilum* (Fb-1, -2, -3; 4 replicates) and 4 preparations of normal gill tissue spiked with known concentrations of the organisms (S-1, -2, -3, -4; 2 replicates). SD-R: SD of replicates of 1 sample; SD-S: SD of a number of different samples; P/N: positive/negative ratio; +: P/N ≥ 2

Preparation	Concentration (cells ml ⁻¹)	Mean OD	SD-R	SD-S	P/N	Detection
Fb-1	1 000 000	1.235	0.027		21.7	+
	100 000	1.229	0.032		21.6	+
	10 000	0.881	0.110		15.5	+
	1 000	0.141	0.041		2.5	+
	0	0.057	0.001		1.0	-
Fb-2	10 000	0.752	0.048		28.8	+
	5 000	0.561	0.007		22.4	+
	1 000	0.096	0.013		3.8	+
	500	0.052	0.016		2.1	+
	0	0.025	0.003		1.0	-
Fb-3	10 000	1.058	0.079		20.0	+
	5 000	0.926	0.015		8.4	+
	1 000	0.178	0.032		3.4	+
	500	0.108	0.008		2.1	+
	0	0.051	0.001		1.0	-
S-1	100 000	1.568	0.016		39.2	+
	10 000	0.460	0.047		11.5	+
	1 000	0.090	0.003		2.2	+
	100	0.070	0.008		1.7	-
	0	0.040		0.013 ^a	1.0	-
S-2	100 000	1.656	0.040		72.0	+
	10 000	0.410	0.006		17.8	+
	1 000	0.051	0.005		2.2	+
	100	0.025	0.004		1.1	-
	0	0.023	0.004		1.0	-
S-3	100 000	1.374	0.048		49.1	+
	10 000	0.450	0.066		16.1	+
	1 000	0.076	0.004		2.7	+
	100	0.033	0.001		1.2	-
	0	0.028	0.000		1.0	-
S-4	5000	0.250	0.144		4.8	+
	500	0.063	0.012		1.2	-
	50	0.055	0.055		1.1	-
	0	0.052		0.012 ^b	1.0	-

^a6 fish; ^b2 fish

Table 3. *Flavobacterium branchiophilum*. Comparison of the plate count estimation of bacteria on the gills to the mean ELISA absorbance of crude gill extract in experimentally infected fish (4 replicates). Samples A1 to A19 and 'Normal gill 1' were from the bath exposure of rainbow trout *Oncorhynchus mykiss* to graded concentrations of *F. branchiophilum*. Samples B1 to B9 and 'Normal gill 2' were selected from the 'laboratory pool' of gill samples. SD-R: SD of replicates of 1 sample; SD-S: of a number of different samples; P/N: positive/negative ratio; +: P/N ≥ 2

Sample	CFU $\times 10^5$ g ⁻¹	Mean OD	SD-R	SD-S	P/N	Detection
A1	0.268	0.807	0.076		3.5	+
A2	0.479	0.279	0.015		1.2	-
A3	0.893	0.526	0.062		2.3	+
A4	1.24	0.560	0.011		2.4	+
A5	3.1	0.902	0.010		3.9	+
A6	4.6	0.618	0.061		2.7	+
A7	5.4	0.606	0.064		2.6	+
A8	11.9	0.843	0.156		3.7	+
A9	15.5	0.902	0.010		3.9	+
A10	17.2	0.530	0.043		2.3	+
A11	17.8	0.731	0.010		3.2	+
A12	23.1	0.593	0.028		2.6	+
A13	23.6	1.227	0.004		5.3	+
A14	42.3	0.664	0.064		2.9	+
A15	46.3	0.865	0.001		3.8	+
A16	50.2	0.630	0.059		2.7	+
A17	55.3	0.780	0.021		3.4	+
A18	133.0	0.939	0.075		4.1	+
A19	176.0	1.071	0.004		4.7	+
Normal gill 1	0.0	0.230		0.022 ^a	1.0	-
B1	13.9	0.407	0.013		7.3	+
B2	30.9	0.586	0.058		10.5	+
B3	46.8	0.553	0.028		9.9	+
B4	48.2	0.371	0.044		6.6	+
B5	49.7	0.828	0.025		14.8	+
B6	122.8	0.399	0.059		7.1	+
B7	176.1	0.415	0.001		7.4	+
B8	231.7	0.508	0.012		9.1	+
B9	264.9	1.173	0.039		20.9	+
Normal gill 2	0.0	0.056		0.010 ^b	1	-

^a15 fish; ^b11 fish

inconsistent, and there was poor correlation between the concentration of *Flavobacterium branchiophilum* cells in the bath and the number of *F. branchiophilum* recovered from the gills (Fig. 4).

Precision, reproducibility and parallelism

Under routine assay conditions, the intra-assay variation (precision) was less than $\pm 10\%$ of the mean OD of replicates of an individual sample (Table 4). Expressed as the coefficient of variation (CV = SD/mean $\times 100$), there was a range from 1.9% for a strongly positive sample, up to 9.7% for a negative or weakly positive sample, with an mean of 6.7%.

Comparison of the mean OD of samples on different test days (11 samples performed in quadruplicate in each of 4 assays) demonstrated inter-assay variation (reproducibility) ranging from 3.8 to 11.3% (CV), with an overall mean of 8.1% (Table 5).

Dilutions of 4 infected gill samples which were strongly positive at the normal tissue concentration for solid phase coating ($100 \mu\text{g ml}^{-1}$) produced curves parallel to the standard curve when further diluted (1:4 to 1:8) in coating buffer and processed for the ELISA (Fig. 5).

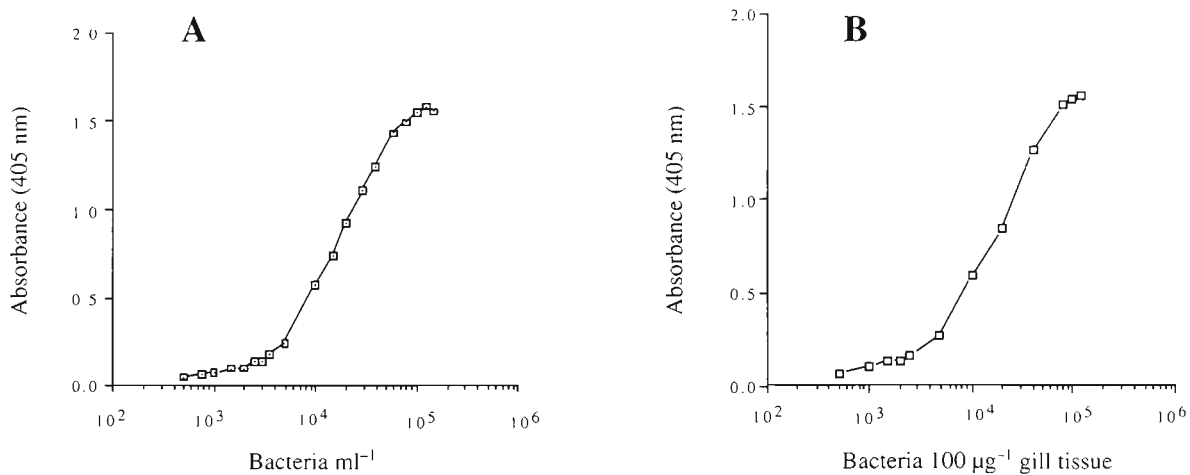


Fig. 2. *Flavobacterium branchiophilum*. Correlation between the amount of bacteria and the absorbance produced by the antigen detection ELISA. Whole-cell sonicates (A) and crude extracts of normal gills spiked with known quantities of *F. branchiophilum* (B) were tested. Semi-logarithmic plot

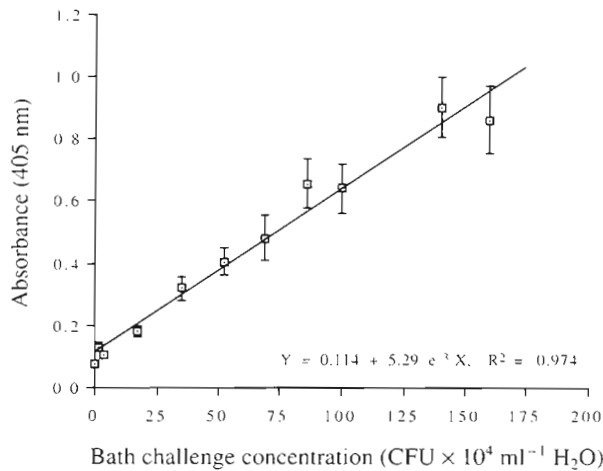


Fig. 3. *Flavobacterium branchiophilum*. Correlation between the concentration of bacteria in the bath used to challenge rainbow trout *Oncorhynchus mykiss* fingerling and the absorbance (405 nm \pm SE, $n = 15$) of crude gill extracts processed for *F. branchiophilum* antigen detection ELISA. Linear plot

DISCUSSION

One method by which an ELISA may be used to quantify antigen is to demonstrate that the absorbance is proportional to the amount of antigen present in the sample (end point analysis). Having done that, a set of standards must be prepared and included in each assay (Kemeny 1991). Our results demonstrated that graded concentrations of *Flavobacterium branchiophilum* cells, and graded concentrations of the bacterium mixed with normal gill tissue (spiked gill samples), each produced absorbances proportional

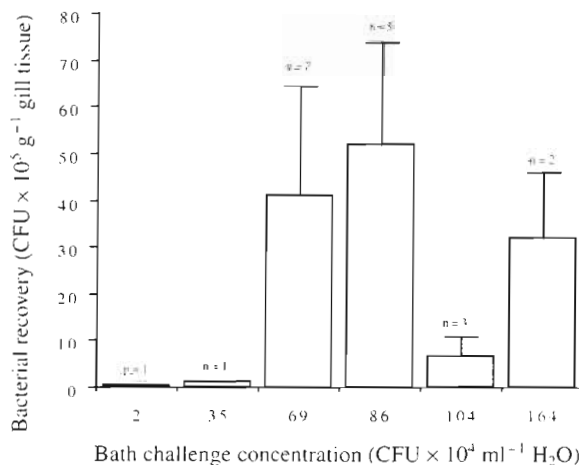


Fig. 4. *Flavobacterium branchiophilum*. Comparison of the plate count estimation of the number (\pm SE) of bacteria on gills to the concentration of bacteria in the bath used to challenge rainbow trout *Oncorhynchus mykiss* fingerlings. n : number of culture positive fish in each group

Table 4. *Flavobacterium branchiophilum*. The intra-assay variation of the antigen detection ELISA, determined by the mean coefficient of variation in absorbance (405 nm) among 4 replicates of individual infected gill samples in a single assay. Eleven gill samples varying from normal to strongly positive were compared

Sample	Minimum	Maximum	Mean	SD	CV
1	0.089	0.106	0.099	0.007	7.3
2	0.090	0.101	0.096	0.006	5.8
3	0.192	0.210	0.201	0.008	3.8
4	0.269	0.325	0.307	0.026	8.4
5	0.360	0.433	0.398	0.039	9.7
6	0.423	0.499	0.463	0.038	8.3
7	0.542	0.638	0.593	0.042	7.1
8	0.604	0.671	0.636	0.033	5.2
9	0.742	0.873	0.829	0.060	7.3
10	0.784	0.820	0.804	0.015	1.9
Normal gill	0.074	0.089	0.081	0.007	8.5
Overall mean CV:					6.7

to antigen quantity (Fig. 2). To ensure that this relationship also applied to infected gills, healthy fish were exposed to graded concentrations of the bacterium. The assumption was that bath exposure of healthy fish to different quantities of *F. branchiophilum* would result in bacterial attachment that was proportional to the concentration of the pathogen in the water. As anticipated, the ELISA results demonstrated a linear relationship between concentration of the bacterium in the bath and the OD (Fig. 3). Therefore, we concluded that the ELISA could be used as an end point assay to estimate the quantity of *F. branchiophilum* on the gills of rainbow trout, and that a reference curve could be constructed using either infected gills, spiked gills or whole-cell bacteria. However, other aspects of the test such as sample variation and its specificity also required consideration.

The units in which the estimation of bacterial quantity is expressed are important. An attempt was made to correlate colony counts of bacteria cultured from gills with the ELISA estimate of bacteria on the gills of fish exposed to graded bath challenges of *Flavobacterium branchiophilum*. Unfortunately, the poor success of bacterial culture (9 of 54 fish cultured), and the poor correlation between number of bacteria cultured and bacterial concentrations in the bath (Fig. 4), did not allow for successful comparisons. Similarly, the ELISA results with fish from the 'laboratory pool' of infected gill tissues (Table 3) were poorly correlated with colony counts of bacteria cultured from those samples. The disparity between bacterial culture and ELISA results may be attributed to the fastidious nature of the organism (Ostland et al. 1994), the detection of both viable and nonviable cells by the ELISA, or aggregation of cells of the bacterium which results

Table 5. *Flavobacterium branchiophilum*. The inter-assay variation of the antigen detection ELISA, determined by the mean coefficient of variation in absorbance of individual infected gill samples on different test days. Four replicates of each sample were performed on each test day. Eleven gill samples varying from normal to strongly positive were compared

Sample	Mean sample abs. on each test day				Mean	SE	CV
	1	2	3	4			
1	0.095	0.101	0.106	0.081	0.096	0.011	11.3
2	0.094	0.101	0.095	0.093	0.096	0.004	3.8
3	0.174	0.185	0.174	0.154	0.172	0.013	7.5
4	0.288	0.324	0.317	0.251	0.295	0.033	11.3
5	0.366	0.398	0.404	0.347	0.379	0.027	7.1
6	0.481	0.535	0.485	0.407	0.477	0.053	11.1
7	0.541	0.65	0.665	0.571	0.697	0.060	9.9
8	0.602	0.666	0.631	0.604	0.626	0.030	4.8
9	0.761	0.847	0.869	0.732	0.802	0.066	8.2
10	0.892	0.89	0.911	0.818	0.878	0.041	4.7
Negative	0.080	0.081	0.068	0.068	0.074	0.007	9.7
Overall mean CV:					8.1		

in the development of only 1 colony from a variable number of cells (Collins & Lyne 1976). Whatever the explanation we could not correlate the ELISA results to the colony counts on gill tissue from infected fish. Nevertheless, the antigen quantity could be expressed in relative terms such as the ratio of the OD of positive samples to the OD of negative samples (Medina et al. 1992); absolute units of absorbance (Voller et al. 1976);

as a percentage of the maximum absorbance (Kemeny 1991); or in arbitrary units derived from a reference curve (Calamel & Lambert 1988) such as the equivalent number of bacteria per well or the concentration of bacteria in the bath challenge.

An underlying assumption of a quantitative ELISA is that the results are comparable within and between assays. Therefore, the assay must be well standardized and sample variation must be minimal. In the *Flavobacterium branchiophilum* ELISA, mean intra-assay and inter-assay variation of approximately 6 to 8% (coefficient of variation) was achieved under routine assay conditions (Tables 4 & 5). This low level of variation ensured that estimations of bacterial quantity were comparable among assays.

The use of a quantitative reference curve for estimation of antigen mass also assumes that dilution of a strong positive sample will produce a curve which lies parallel to the reference curve (Kemeny 1991, Hamilton & Adkinson 1988). This characteristic of the *Flavobacterium branchiophilum* ELISA was demonstrated with infected gill samples (Fig. 5). If it is necessary to estimate the amount of antigen in a sample

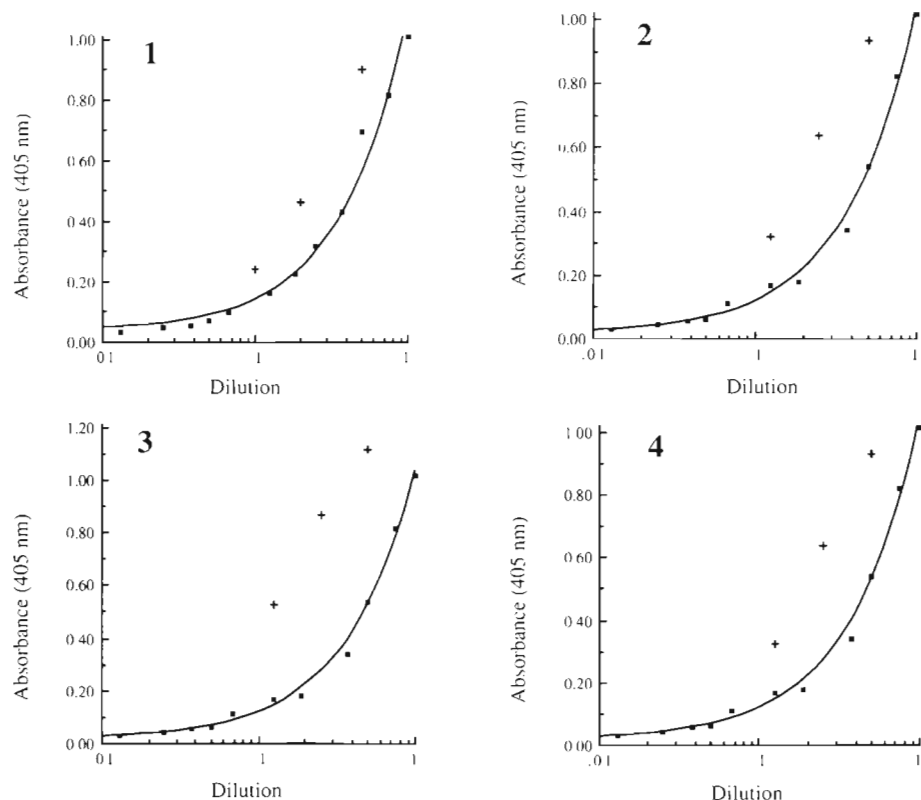


Fig. 5. *Flavobacterium branchiophilum*. Illustration of parallelism by the dilution of 4 strongly positive gill samples. At the standard gill tissue concentration of $100 \mu\text{g ml}^{-1}$ the samples produced ELISA absorbances which exceeded the upper limit of the standard curve. Dilution of the samples with coating buffer produced absorbance values parallel to the standard curve. Dilutions are of $100 \mu\text{g ml}^{-1}$ gill extract. (■) Standard curve: whole-cell *F. branchiophilum* (LAB 4A) (1 to $80000 \text{ cells ml}^{-1}$); (+) infected gill samples

that exceeds the upper limit of the reference curve, the sample is diluted, antigen mass is interpolated from the reference curve, and this is multiplied by the dilution factor to arrive at the final estimate of antigen quantity.

It was difficult to compare the detection threshold of the *Flavobacterium branchiophilum* ELISA to the detection threshold of bacterial culture, because *F. branchiophilum* recovery was inconsistent. Therefore the limit of detection of the *F. branchiophilum* ELISA, as compared to bacterial culture, could not be determined. However, the ELISA was strongly positive for all but one of the 28 gill samples which proved to be culture positive (Table 3). Furthermore, many fish exposed to baths of *F. branchiophilum* were culture negative, but positive by the *F. branchiophilum* ELISA (Figs. 3 & 4). Therefore, it appears that the detection threshold of the ELISA is probably at least as low as that of culture and that the ELISA is considerably more reliable. Should a lower detection threshold be required, purification of the rabbit anti-*F. branchiophilum* serum might prove satisfactory. Purification would allow the biotinylation of the antibody(-bodies), thereby facilitating the development of a sandwich ELISA, which is generally recognized as the most sensitive ELISA technique available (Amadeo et al. 1981, Voller & Bidwell 1986, Kemeny 1991).

The specificity of the assay was encouraging. There was no cross reaction with 5 other bacteria commonly isolated from the gills, minimal cross reaction with one nonfilamentous *Flavobacterium* sp. (Table 1) and low background readings for uninfected gill tissue. This degree of specificity is adequate in studies involving the detection of *F. branchiophilum* following experimental exposure of fish to the agent. However, in testing samples collected in the field, the array of potentially cross reacting organisms is far greater. Therefore, further testing against a broader range of common gill bacterial flora would be advisable before using the *F. branchiophilum* ELISA in field studies.

Although the use of unpurified polyclonal antibodies may result in the detection of a wider range of strains and antigenic variants of *Flavobacterium branchiophilum* (Xu et al. 1991), it also increases the likelihood of cross reaction with other bacteria. If antigenic specificity proves to be a problem in field work, affinity purification of the antibodies may be required as monoclonal antibodies are not available. In this connection, heat inactivation, absorption with host tissue and partial purification with ammonium sulphate (Harlow & Lane 1988) produced no improvement in antigenic specificity or the detection threshold (MacPhee unpubl.) Use of antisera raised against specific bacterial cell wall components, such as pili, might also improve the antigenic specificity of this ELISA but this

might reduce the sensitivity of the assay as there is considerable antigenic diversity among isolates of *F. branchiophilum* recovered from outbreaks of BGD in Ontario (Ostland et al. 1994). It is also important to recognize that species-specific tissue elements may also interfere with antigen adsorption to the solid phase (Viscidi et al. 1984) and/or cross react with the antibodies in the polyclonal antiserum. Therefore, the use of the assay on a species other than rainbow trout would require optimization of the concentration of gill tissue homogenates for coating the solid phase.

The ELISA to estimate the mass of *Flavobacterium branchiophilum* antigen on the gill is an important tool for the investigation of the pathogenesis, treatment and prevention of BGD. The *F. branchiophilum* ELISA offers sensitive, consistent and achievable results, and the testing of large numbers of samples with relative ease. Continuing research facilitated by this assay includes the assessment of the kinetics of bacterial colonization of the gills following exposure to the pathogen, the effect of chloramine-T treatment on colonization; and the effect of feeding on the development of BGD.

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