

# Early interactions of *Flavobacterium psychrophilum* with macrophages of rainbow trout *Oncorhynchus mykiss*

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**ABSTRACT:** The early interactions of a low and a highly virulent *Flavobacterium psychrophilum* strain with head kidney and spleen macrophages of rainbow trout *Oncorhynchus mykiss* were characterized. The highly virulent strain was killed 5.8 to 11 times less frequently than the low virulent strain. The head kidney macrophages showed a microbicidal activity approximately twice as high as that of the spleen macrophages. A 2- to 3-fold higher production of reactive oxygen species (ROS) was induced by the highly virulent strain than by the low virulent one. The head kidney macrophages produced approximately twice as much ROS as the spleen macrophages. The low virulent strain was killed approximately 10 times more frequently by H<sub>2</sub>O<sub>2</sub> than was the highly virulent strain. In spleen macrophages, the highly virulent strain caused twice as much cytotoxic effects compared to the low virulent strain. In conclusion, virulence in *F. psychrophilum* appears to be correlated with higher *O. mykiss* macrophage cytotoxicity and resistance to ROS and, therefore, with enhanced resistance to bacterial killing. Moreover, due to lower ROS production, spleen macrophages have a lower antimicrobial action against *F. psychrophilum*, compared to head kidney macrophages and, thus, might form a 'safe site' in which bacteria can reside.

**KEY WORDS:** Rainbow trout · *Flavobacterium psychrophilum* · Macrophage · Cytotoxic · Reactive oxygen species

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## INTRODUCTION

*Flavobacterium psychrophilum* is a Gram-negative filamentous chromogenic rod shaped bacterium (Bernardet et al. 1996) which was formerly called *Cytophaga psychrophila* or *Flexibacter psychrophilus* (Borg 1960, Holt et al. 1993). This bacterium is the causal agent of bacterial cold water disease (BCWD), where the primary target group for the disease is adult salmonids, and rainbow trout fry syndrome (RTFS), a disease characterized by high mortality (up to 70%) of rainbow trout *Oncorhynchus mykiss* fry and fingerlings (Bruno 1992, Austin & Austin 1999, Nematollahi et al. 2003). *F. psychrophilum* was initially isolated from the kidney and external lesions of diseased juvenile coho salmon *Oncorhynchus kisutch* in the USA (Borg 1960), and the pathology of the disease

caused by this organism had been described earlier by Davis (1946) in rainbow trout.

In spite of the importance of *Flavobacterium psychrophilum* as a fish pathogen and the increasing significance of the disease, the data relating to its pathogenesis are still scarce. Several studies imply that macrophages play a major role in the pathogenesis of *F. psychrophilum* infections in rainbow trout. The presence of phagosomes and residual bodies within spleen phagocytes of naturally infected fry suggests extensive lysosomal activity (Rangdale et al. 1999). Lammens et al. (2000) proved that *F. psychrophilum* and their metabolites were able to induce the production of reactive oxygen species (ROS) in head kidney phagocytes. This group also demonstrated that spleen phagocytic cells of experimentally infected fry contained an increasing number of viable *F. psychro-*

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*philum* bacteria, but only on the highly virulent strain and in the course of time (Decostere et al. 2001). Based on these data, one might speculate that *F. psychrophilum* virulence is associated with interactions with the host macrophages. The present study aims at deciphering in greater depth the association between bacterial virulence and early interactions of *F. psychrophilum* with rainbow trout macrophages.

## MATERIALS AND METHODS

**Fish.** Thirty rainbow trout *Oncorhynchus mykiss* weighing between 500 and 800 g were obtained from a commercial fish farm (Dilbeek, Belgium), where *Flavobacterium psychrophilum* infections had never before been diagnosed. The fish were kept in a flow-through system (2000 l tank) containing aerated well water (12 to 14°C) for 3 wk prior to experimentation (pH 7.6; total hardness 100 ppm; NH<sub>3</sub> < 0.01 ppm; NO<sub>2</sub> < 0.01 ppm; dissolved oxygen 9 ppm). The fish were fed daily with a commercial diet (Trouvit Perle Response 2000, Trouw). All fish were evaluated clinically before inclusion in the experiments as described below. Samples were taken from the skin, fins and gills for evaluation of external parasitic infestation. Wet mount preparations were then made and examined microscopically. The fish were clinically healthy and found to be free of external parasite infestations. The presence of *F. psychrophilum* was assessed by streaking swabs from the skin and gills onto Shieh agar (Shieh 1980). Plates were incubated at 17°C for 5 d. *F. psychrophilum* was not isolated from any of the collected samples.

**Bacterial strains.** Two *Flavobacterium psychrophilum* strains were used: Dubois and 99/10A. Strain Dubois was isolated from the spleen of a fish from an RTFS outbreak in Belgium, which resulted in 70% mortality. Strain 99/10A was recovered in Denmark from the internal organs of healthy rainbow trout (Madsen & Dalsgaard 1998). In order to preserve virulent properties, both strains were stored virtually immediately following *in vivo* isolation in -70°C in lyophilization medium (LYM) containing 6 g glucose (Merck), 20 ml Brain Heart Infusion (BHI, Oxoid) and 60 ml sterile horse serum (Gibco). After intraperitoneal inoculation, Strain Dubois proved to be highly virulent whereas Strain 99/10A was found to be of low virulence (Madsen & Dalsgaard 1998, Decostere et al. 2001).

Stock suspensions of the 2 strains were stored at -70°C. After thawing, the bacteria were grown for 4 d in 4 ml of Shieh broth at 17°C. Subsequently, subcultures were incubated for 4 d at 17°C. The cultured broth was centrifuged (3000 × g, 10 min, 17°C) and the

resulting pellet and supernatant were separated. The pellet was re-suspended in Dulbecco's Modified Eagle Medium (DMEM, Gibco) without phenol red. The number of colony forming units (CFU) was determined by plating 10-fold serial dilutions on Shieh agar plates, and the bacterial suspension was diluted with DMEM to the desired concentration.

**Collection of macrophages from the head kidney and spleen of rainbow trout.** Head kidney and spleen macrophages were collected according to the procedures of Lammens et al. (2000) with some modifications. Briefly, fish were humanely killed using an overdose of a solution of benzocaine (ethylaminobenzoate) in ethanol (w/v 0.1 g ml<sup>-1</sup>). The spleen and head kidney were aseptically removed and pushed through a 150 µm nylon mesh (Solana) in DMEM medium containing 5% foetal calf serum (FCS, Jitegro, aaDiere), 1% non-essential amino acids (Gibco), 1% glutamine (Gibco), 100 IU ml<sup>-1</sup> penicillin (Gibco), 100 mg ml<sup>-1</sup> streptomycin (Gibco), 100 mg ml<sup>-1</sup> kanamycin sulphate (Gibco) and 10 IU ml<sup>-1</sup> heparin (Leo Pharmaceutical Products). The cell suspension was layered on top of a discontinuous 34 to 51% Percoll gradient (Pharmacia Biotech). After centrifugation (400 × g, 25 min, 4°C), the band of cells at the 34 to 51% interface was collected and washed once with sterile Hanks' balanced salt solution (HBSS) without Ca and Mg (Gibco).

Subsequently, the cells were re-suspended in DMEM medium. The cell population purity was checked using Haemacolor® staining (Merck) and the α-naphthyl butyrate esterase staining kit (Sigma Diagnostic). Esterase positive cells were classified as macrophages. The average percentage of esterase positive cells (macrophages) was more than 95% of the cells in suspension. The cells were counted using a Burkert counting chamber, and their viability was determined by exclusion of trypan blue. Loss of cell membrane permeability in damaged cells results in uptake of trypan blue, whereas in viable cells the dye is excluded. Macrophage viability exceeded 98%. The cell suspension was then adjusted to 10<sup>7</sup> macrophages ml<sup>-1</sup> and 100 µl volumes were cultivated in 96 well plates. After 24 h incubation, the wells were gently washed 3 times with HBSS at 17°C.

In order to assess whether spleen and head kidney macrophages adhered equally well to the 96 well plate, 20 µl of the cell suspension from either spleen or head kidney were suspended in 80 µl DMEM medium in wells of a 96 well plate with flat bottom (Iwaki Microplate, International Medical) and incubated for 24 h at 17°C with 5% CO<sub>2</sub>. After gently rinsing 3 times with HBSS at 17°C, the cells were harvested by adding 20 µl trypsin solution per well, based on 88 ml trypsin diluent (8 g NaCl, 0.2 g KCl, 0.12 g KH<sub>2</sub>PO<sub>4</sub>, 0.91 g

NaH<sub>2</sub>PO<sub>4</sub>, phenolred 0.5% and aqua dest 1000 ml), 10 ml trypsin stock (25 mg ml<sup>-1</sup>, Gibco) and 2 ml versenate [2 g ethylenediaminetetraacetic acid (EDTA) in 100 ml trypsin diluent]. After 10 min incubation at 37°C with 5% CO<sub>2</sub>, the cells were re-suspended in 100 µl DMEM and counted using a Burkert counting chamber. No differences in adhesive capacity were noticed between the 2 cell populations.

**Bactericidal activity of rainbow trout macrophages against *Flavobacterium psychrophilum*.** The bactericidal activity of spleen and head kidney macrophages against both *Flavobacterium psychrophilum* strains was evaluated. For this purpose, the macrophages were rinsed gently 3 times with HBSS after 24 h incubation at 17°C with 5% CO<sub>2</sub>. Then, 25 µl of the bacterial suspension containing 10<sup>7</sup> CFU of *F. psychrophilum* was added to the macrophages. Wells without macrophages were likewise inoculated and served as negative controls. The plates were centrifuged at 380 × *g* for 10 min at 17°C to bring the bacteria into contact with the cells. After 2 h of incubation at 17°C with 5% CO<sub>2</sub>, the macrophages were lysed by the addition of 200 µl of distilled water, pipetted 30 times and subsequently shaken for 10 min. Fifty µl of 10-fold serial dilutions were plated in triplicate on Shieh agar and incubated for 4 d at 17°C. In the negative control wells, the bacteria were enumerated before and after incubation. The bacterial numbers remained stable (approximately 10<sup>7</sup>). The experiment was conducted in triplicate and repeated 4 times. Data are presented using the following bacterial survival rate (BS):

$$BS = \frac{\text{Bacterial count at 2 h post inoculation}}{\text{Average of bacterial count of the negative control at 2 h post inoculation}} \times 100$$

In order to visualise the association of both *Flavobacterium psychrophilum* strains with the macrophages, spleen macrophages were seeded at a concentration of 10<sup>6</sup> cells on glass coverslips in a 24 well cell culture plate (Greiner) and inoculated with one of both bacterial strains as described above at an MOI (multiplicity of infection) of 100. After 2 h of incubation at 17°C and 5% CO<sub>2</sub>, the coverslips were rinsed with HBSS (17°C) 3 times and stained using Haemacolor® (Merck). The average number of flavobacteria associated per macrophage per bacterial strain was determined by counting the number of bacteria associated with 50 cells, using light microscopy at a magnification of 100×. This experiment was performed in duplicate on the macrophages from 2 fish.

**Production of reactive oxygen species by rainbow trout macrophages inoculated with *Flavobacterium psychrophilum*.** The generation of reactive oxygen species (ROS) by spleen and head kidney macrophages was determined using the chemiluminescence

assay (CL). The assays were performed in a microplate luminometer (Fluoroscan Ascent FI, Thermo Labsystems), using 96 well plates with clear bottoms (Greiner bio-one) at 17°C. Luminol (Sigma Biosciences) was used as luminescent probe. Luminol was dissolved in dimethyl sulfoxide (DMSO, Sigma Biosciences) to give a concentration of 104 mM and was stored in small aliquots at -70°C. Prior to use, the luminol stock was thawed and diluted in HBSS to a final concentration of 200 µM.

The cell culture medium was replaced by 100 µl HBSS and 25 µl of diluted luminol solution in HBSS, the plates were placed in the luminometer and the CL background value was recorded for 10 min. The data were collected at 2 min intervals and the CL response was recorded for 2 h. After stabilization of the background value, 50 µl of suspension containing 10<sup>7</sup> CFU of either of the bacterial strains were added per well. The addition of 50 µl of phorbol myristate acetate (PMA, Sigma), final concentration 70 µg ml<sup>-1</sup>, to non-infected macrophages was used as positive control. Negative control samples were included in each CL assay. Each CL assay was performed 8 times in duplicate or triplicate, depending on the macrophage yield. The production of ROS over the 2 h period is presented as 'area under the curve (AUC)'.

**Cytotoxicity of *Flavobacterium psychrophilum* to rainbow trout macrophages.** In order to measure cytotoxic effects of the low and highly virulent strain on head kidney and spleen macrophages, the release of lactate dehydrogenase (LDH, Roche) from infected macrophages was assessed according to the method of Korzeniewski & Callewaert (1983) with some modifications. Inoculation of the macrophages was performed as described previously. Uninoculated wells were used as negative controls. Positive control samples consisted of macrophages in 175 µl medium, lysed with 25 µl of 2% Triton X-100 for 15 min. Following centrifugation (250 × *g*, 10 min, 4°C), the LDH level of the supernatant was determined according to the manufacturer's instructions. The absorbency at 492 nm was recorded using an ELISA reader (Titertek). The percentage cytotoxicity was calculated using the following formula:

$$\text{Cytotoxicity} = \frac{\text{Absorbency} - \text{Average absorbency negative control}}{\text{Average absorbency positive control} - \text{Average absorbency negative control}} \times 100$$

**Sensitivity of *Flavobacterium psychrophilum* strains to H<sub>2</sub>O<sub>2</sub>.** The sensitivity of both the low and the highly virulent strain to H<sub>2</sub>O<sub>2</sub> was determined. Five ml of each of the bacterial suspensions containing 10<sup>7</sup> CFU ml<sup>-1</sup> were mixed with 5 ml of Shieh broth containing 40 mM H<sub>2</sub>O<sub>2</sub> and incubated at 17°C. After

30 min incubation, the number of CFU was counted by plating 10-fold serial dilutions on Shieh agar plates in triplicate. In order to detect catalase activity in both strains, a loopful of bacteria was suspended in a 3% H<sub>2</sub>O<sub>2</sub> solution and the formation of O<sub>2</sub> bubbles was determined.

**Statistical analysis.** We compared the results from the low and highly virulent strain and from the head kidney and spleen macrophages. For all comparisons, the paired *t*-test was used (computer program Sigma Stat, Analytical Software). A value of *p* < 0.05 was considered statistically significant.

## RESULTS

### Bactericidal activity of rainbow trout macrophages against *Flavobacterium psychrophilum*

The bactericidal activity of the spleen and head kidney macrophages exposed to strains Dubois and 99/10A is shown in Fig. 1. The bacterial cells of the highly virulent strain were killed 11.0 times less by head kidney macrophages than those of the low virulent strain, and 5.8 times less by spleen macrophages (*p* < 0.05). The head kidney macrophages demonstrated a bactericidal activity which was approximately twice as high as the spleen macrophages (*p* < 0.05). No difference in association with the macrophages was noticed between the 2 strains.

### Production of reactive oxygen species by rainbow trout macrophages inoculated with *Flavobacterium psychrophilum*

Results are summarized in Fig. 2. Both spleen and head kidney macrophages produced ROS upon stimulation with both strains. The level of ROS production induced by Strain Dubois was 2- to 3-fold higher than that induced by Strain 99/10A in both spleen and head kidney macrophages (*p* < 0.05). Approximately 2 to 3 times more ROS were produced by the head kidney macrophages than by the spleen macrophages (*p* < 0.05).

### Cytotoxicity of *Flavobacterium psychrophilum* strains for rainbow trout macrophages

Both *Flavobacterium psychrophilum* strains were cytotoxic for both spleen and head kidney macrophages (Fig. 3). In spleen macrophages but not in head kidney macrophages, the cytotoxic effect of the highly virulent strain was twice as high as that of the low virulent strain (*p* < 0.05).

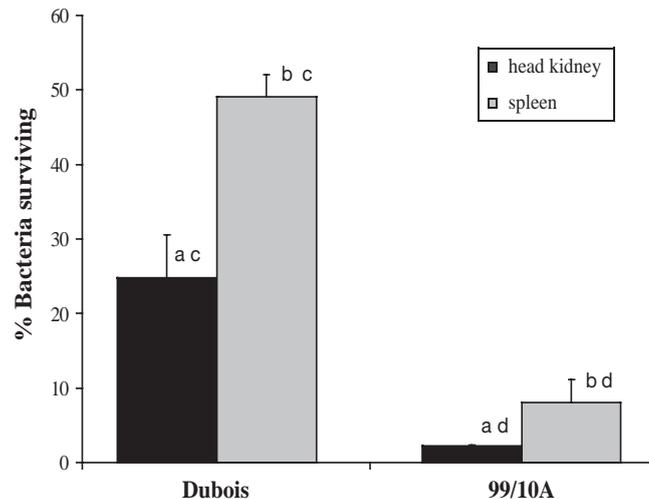


Fig. 1. *Oncorhynchus mykiss*. Average percentages of surviving bacteria + SE of a low (99/10A) and a highly (Dubois) virulent strain of *Flavobacterium psychrophilum* at 2 h post exposure to spleen and head kidney rainbow trout macrophages. Data represents the mean of 4 independent experiments (+SE). The same letter (a–d) refers to a statistically significant difference

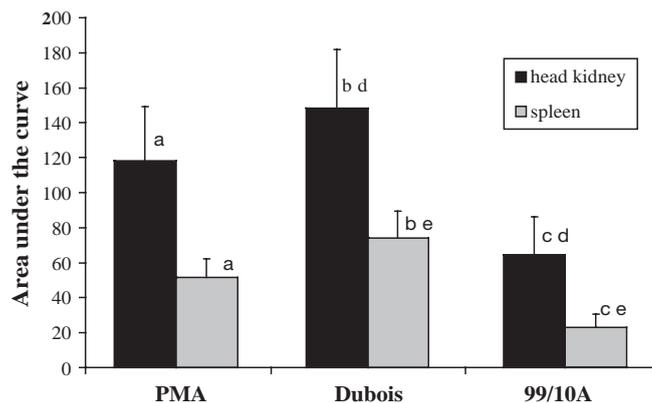


Fig. 2. *Oncorhynchus mykiss*. Mean ROS production + SE of spleen or head kidney macrophages from rainbow trout after exposure to phorbol myristate acetate (PMA) a low (99/10A) or a highly virulent (Dubois) strain of *Flavobacterium psychrophilum*. Data represents the mean of 8 independent experiments (+SE). The same letter (a–e) refers to a statistically significant difference

### Sensitivity of *Flavobacterium psychrophilum* strains to H<sub>2</sub>O<sub>2</sub>

Bacterial survival of *Flavobacterium psychrophilum* after exposure to H<sub>2</sub>O<sub>2</sub> is shown in Fig. 4. The low virulent strain was killed approximately 10 times more over the 30 min period than the highly virulent strain (*p* < 0.05). Weak catalase activity was found in both *F. psychrophilum* strains.

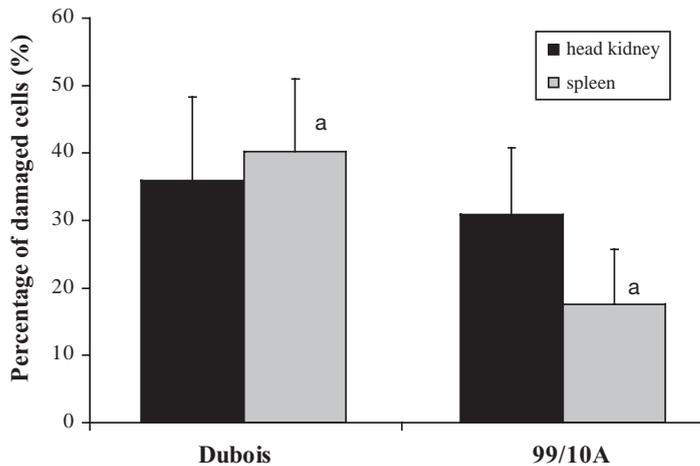


Fig. 3. *Oncorhynchus mykiss*. Cytotoxic effect of a low (99/10A) and a highly (Dubois) virulent strain of *Flavobacterium psychrophilum* on spleen or head kidney macrophages from rainbow trout. The data are presented as mean % of damaged cells + SE of 4 independent experiments. The same letter refers to a statistically significant difference

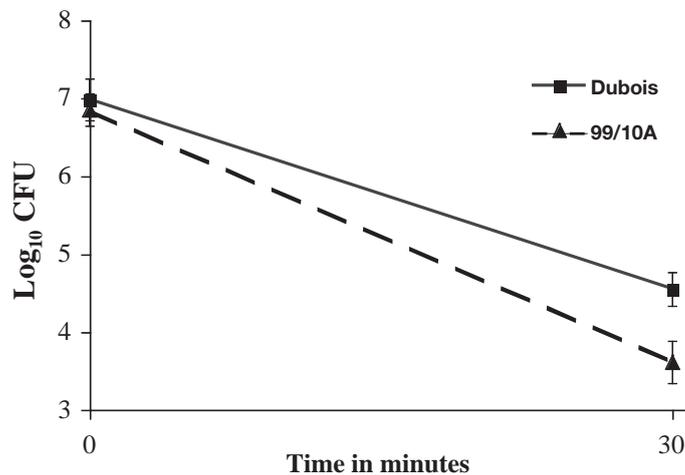


Fig. 4. *Oncorhynchus mykiss*. Survival of a low (99/10A) and a highly (Dubois) virulent strain of *Flavobacterium psychrophilum* after exposure to H<sub>2</sub>O<sub>2</sub>. The data are presented as the average log (10) decrease of the number of CFU between 0 and 30 min after exposure ± SE of 4 independent experiments

## DISCUSSION

In the present study, early interactions of a low and a highly virulent *Flavobacterium psychrophilum* strains with spleen and head kidney macrophages of rainbow trout were determined.

Both spleen and head kidney macrophages were able to kill at least a certain percentage of both *Flavobacterium psychrophilum* strains. Despite stronger induction of reactive oxygen species production (ROS)

by both spleen and head kidney macrophages, a higher proportion of the highly virulent strain survived. Wiklund & Dalsgaard (2003) found low virulent strains to be strongly associated with head kidney phagocytes. This strong association may result in a higher rate of killing as shown in this study. However, both strains used in our experiments adhered equally well to the macrophages. This finding suggests that the difference in bacterial survival between the 2 strains is due to a difference in resistance to killing by macrophages.

Likewise, our finding correlates well with the lower sensitivity of the highly virulent strain, as against the low virulent strain, to killing by H<sub>2</sub>O<sub>2</sub>, although both strains showed weak catalase activity. Several mechanisms that protect *Flavobacterium* spp. from ROS, such as superoxide dismutase (SOD) and catalase activity have been described previously (Sanchez-Moreno et al. 1989, Kawai et al. 2000, Nematollahi et al. 2003). The presence or enhanced expression of one of these mechanisms in the highly virulent strain may account for higher resistance to killing by ROS. Hence, resistance to bacterial killing by the host macrophages may constitute an important virulence factor of *F. psychrophilum*, thus confirming the results of Decostere et al. (2001). Circumventing of the macrophage's killing mechanisms has been described previously in other fish pathogens such as *Renibacterium salmoninarum* and *Aeromonas salmonicida* (Campos-Pérez et al. 1997, Barnes et al. 1999).

The head kidney macrophages produced more ROS and killed more bacteria than did the spleen macrophages. This finding suggests that spleen macrophages are more tolerant towards harbouring *Flavobacterium psychrophilum* bacteria and, hence, may constitute a safer niche in which the bacterium can reside. This hypothesis is supported by earlier *in vivo* studies, in which the spleen proved to be one of the target organs of the bacterium, as opposed to the head kidney (Chua 1991, Rangdale et al. 1999).

Interestingly, *Flavobacterium psychrophilum* proved to be cytotoxic for trout macrophages, resulting in fairly high losses of viable macrophages at 2 h post inoculation. These results are not in agreement with those of Wiklund & Dalsgaard (2003) who demonstrated only very limited cytotoxic effects. The reasons for this difference are not clear but different experimental protocols, bacterial strains and culture conditions may possibly play a role.

Several facultatively intracellular bacteria, for instance *Salmonella* spp., have been proven to induce cell death in infected macrophages (Van der Velden et al. 2000, Boise & Collins 2001, Knodler & Finlay 2001). In *Salmonella* spp., induction of macrophage cell death early after infection promotes intestinal inflammation

and attraction of new macrophages to the intestinal mucosa. Inside these macrophages, the bacteria are able to spread systemically, for example to the spleen. Inside the internal organs, macrophage cell death promotes spreading of the organism to other macrophages. A similar process might be important in the pathogenesis of *Flavobacterium psychrophilum* infections. The higher cytotoxicity of the highly virulent strain as against the low virulent strain for the spleen macrophages might result in the organism spreading more rapidly to and within the spleen *in vivo*.

In conclusion, high virulence in *Flavobacterium psychrophilum* appears to be correlated with higher macrophage cytotoxicity and resistance to ROS and, therefore, with enhanced resistance to bacterial killing by rainbow trout macrophages. Furthermore, due to their lower ROS production, spleen macrophages are less antimicrobially active against *F. psychrophilum* than head kidney macrophages and, thus, might form a 'safe site' where the bacteria can reside.

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