

NOTE

Prevalence of microscopic tubercular lesions in freshwater ornamental fish exhibiting clinical signs of non-specific chronic disease

Serafín Gómez*

Histología y Anatomía Patológica, Facultad de Veterinaria, Universidad de Murcia, 30100 Murcia, Spain

ABSTRACT: A histopathological study of tubercular lesions in ornamental freshwater fish showing clinical signs of chronic sporadic disease was carried out using conventional and acid-fast staining. A total of 200 individuals of 38 species were examined for granulomatous lesions related to the occurrence of acid-fast bacteria. Tubercular lesions were found in 24 species. Systematic histopathological examination was used to assess the incidence of fish tuberculosis in aquaria.

KEY WORDS: Fish tuberculosis · Mycobacteriosis · Histopathology

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INTRODUCTION

Mycobacteriosis or fish tuberculosis is a systemic infectious disease, usually characterized by a chronic course, caused by several species of *Mycobacterium*. The most frequently isolated mycobacterial species considered to be pathogenic for fish are *M. marinum*, *M. fortuitum* and *M. chelonae* (Belas et al. 1995, Decostere et al. 2004). Tuberculosis in fish was first described in a carp from a nodule localised in the abdominal wall (Bataillon et al. 1897). Following that report, the disease has been found in sea fish and freshwater fish species, both in the wild and in commercial establishments and aquaria (Sakanari et al. 1983, Daoust et al. 1989, Bragg et al. 1990, Conroy & Conroy 1999, Dos Santos et al. 2002, Gauthier et al. 2003, Prearo et al. 2004).

The treatment of fish tuberculosis is questionable. Studies carried out to demonstrate the efficacy of tuberculosis treatments in fish have shown controversial results with varying degrees of drug sensitivity exhibited by the mycobacteria (Santacana et al. 1982, Hedrick et al. 1987, Lawhavinit et al. 1988, Colorni 1992, Boos et al. 1995, Colorni et al. 1998, Conroy & Conroy 1999, Yanong et al. 2003).

Mycobacteria implicated in the development of chronic inflammatory lesions in fish are capable of

causing chronic infections in humans. *Mycobacterium marinum* infections are emerging infections related to the aquarium fish hobby (Aubry et al. 2002).

The aim of the present study was to investigate the occurrence of tubercular lesions in ornamental freshwater fishes with sporadic, non-specific chronic clinical signs of disease using a systematic histopathological analysis.

MATERIALS AND METHODS

The present histopathological study was conducted with 200 individuals of 38 freshwater aquarium fish taxa (Table 1), collected from pet shops and private owners. The selected fish showed signs of chronic disease (persistent skin and ocular lesions, poor body condition and abdominal swelling). Samples for the present histopathological study were fixed in Bouin's fluid or 10% neutral buffered formalin solution and embedded in paraffin using standard methods (Luna 1968). Sections were stained with haematoxylin-eosin (H&E). In accordance with the size of the fish, histopathological examination was performed on complete or partial tissue sections. When granulomatous lesions were found, further sections were stained with a modified Ziehl-Neelsen (ZN) method for acid-fast bacteria (Ellis

*Email: serafing@um.es

Table 1. Histopathological examination of ornamental freshwater fish. Positive reactions based on microscopic granulomatous inflammation in tissue sections and presence of acid-fast bacteria

	Fish positive	Fish examined
Family Cyprinidae		
Fathead minnow <i>Pimephales promelas</i>	1	5
White cloud mountain minnow <i>Tanichthys albonubes</i>	2	13
Family Characidae		
Blood fins tetra <i>Aphyocharax anisitsi</i>	1	1
Buenos Aires tetra <i>Hyphessobrycon anisitsi</i>	1	3
Red eye tetra <i>Moenkhausia sanctaefilomenae</i>	1	1
Piranha <i>Serrasalmus</i> sp.	1	1
Family Adrianichthyidae		
Medaka <i>Oryzias latipes</i>	8	32
Family Poeciliidae		
Guppy <i>Poecilia reticulata</i>	17	34
Swordtail <i>Xiphophorus hellerii</i>	4	8
Variegated platy <i>Xiphophorus variatus</i>	19	22
Family Cyprinodontidae		
American flagfish <i>Jordanella floridae</i>	6	6
Family Cichlidae		
Chanchito <i>Cichlasoma facetum</i>	1	1
Convict cichlid <i>Archocentrus nigrofasciatus</i>	2	2
Purple cichlid <i>Pelvicachromis pulcher</i>	1	2
Freshwater angelfish <i>Pterophyllum scalare</i>	1	1
African cichlid <i>Pseudotropheus</i> sp.	1	1
Discus fish <i>Symphysodon</i> sp.	3	7
Family Osphronemidae		
Siamese fighting fish <i>Betta splendens</i>	1	2
Striped gourami <i>Colisa fasciata</i>	1	1
Dwarf gourami <i>Colisa lalia</i>	2	4
Black paradise fish <i>Macropodus hongkongensis</i>	1	2
Paradise fish <i>Macropodus opercularis</i>	2	14
Pearl gourami <i>Trichogaster leeri</i>	1	1
Three spot gourami <i>Trichogaster trichopterus</i>	3	4

& Zabrowarny 1993). In all cases, a positive control was included. Sections were evaluated for granulomatous inflammation and associated acid-fast bacilli.

RESULTS

Granulomatous inflammation associated with acid-fast bacteria was confirmed histologically in 81 of 200 (40.5%) fish studied (Table 1). Histopathological examination of infected individuals revealed the presence of diffuse (Fig. 1) or nodular granulomatous inflammation in various severities of infection (Figs. 2 & 3) in skin (usually granulomatous dermatitis, ulcerative form), eye (granulomatous endophthalmitis, panophthalmitis and choroiditis), gills, muscle (usually granulomatous myositis, ulcerative form) and internal organs. Lesions were generally found in the digestive tract, peritoneum, pancreas, liver, spleen, heart, kidney, gonads, central nervous system, swimbladder and

pseudobranch. The non-necrotizing nodular granulomas consisted of aggregates of epithelioid macrophages. Secondary changes such as confluence, peripheral fibrosis and degree of necrosis were variable. Multinucleated giant cells and dystrophic calcification in granulomas were occasionally observed. The presence of acid-fast bacilli associated with tubercular lesions was confirmed by the ZN stain. In positive cases, varying numbers of beaded, non-filamentous, non-branching, intensely stained acid-fast bacilli were found either extracellularly or within macrophages (Fig. 4). The extent of tubercular infection based on the abundance and size of granulomas in internal organs was variable. In advanced cases, the entire parenchyma was virtually replaced by coalescing granulomas. The basic histological features of tubercular infection are similar in all fish species studied. The morphological variability of the granulomas could be related to the chronological development of the disease.

DISCUSSION

The results of the present histopathological study have shown that ca. 40% of the specimens examined had tubercular lesions in various degrees of development. The morphological patterns of the granulomatous

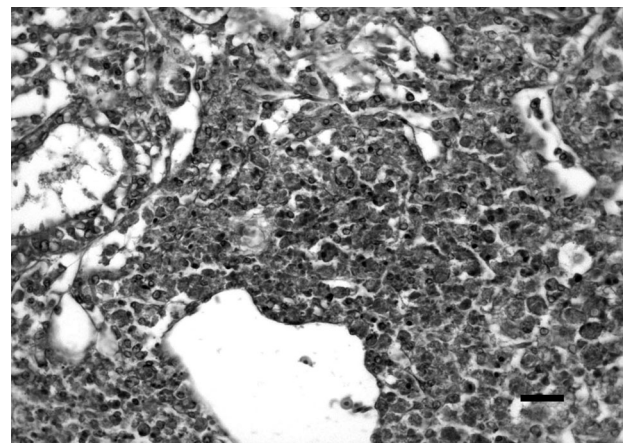


Fig. 1. *Macropodus opercularis*. Diffuse granulomatous infiltrate in kidney. Haematoxylin-eosin stain. Scale bar = 20 μ m

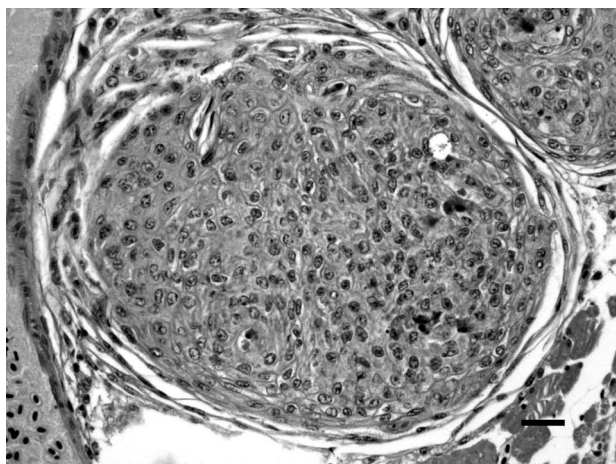


Fig. 2. *Aphyocharax anisitsi*. Non-necrotizing granuloma. Haematoxylin-eosin stain. Scale bar = 20 μ m

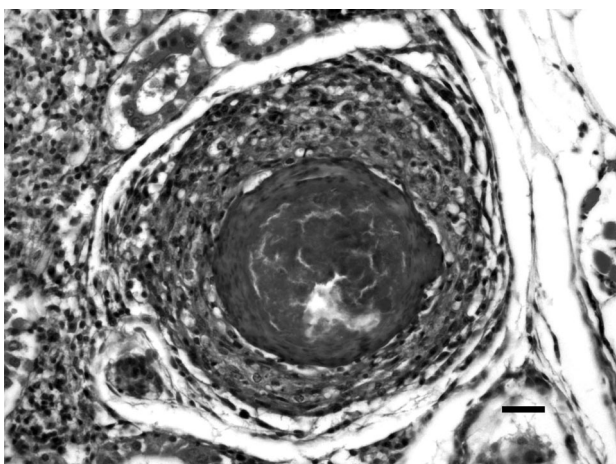


Fig. 3. *Poecilia reticulata*. Necrotizing granuloma in kidney. Haematoxylin-eosin stain. Scale bar = 20 μ m

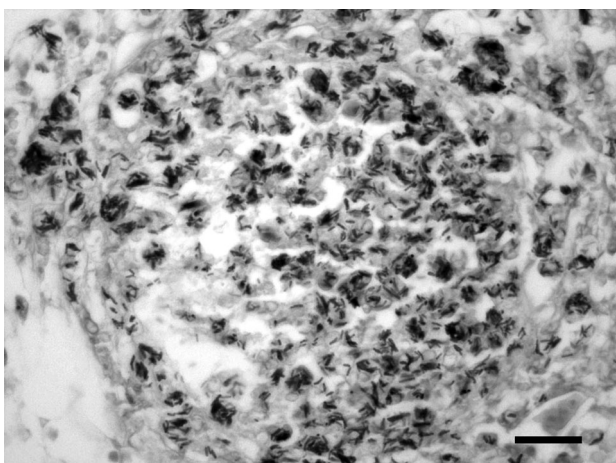


Fig. 4. *Macropodus opercularis*. Granuloma containing numerous acid-fast bacteria. Ziehl-Neelsen stain. Scale bar = 20 μ m

lesions are related to stages of infection as described in experimentally infected fish (Talaat et al. 1998, Gauthier et al. 2003) or after a spontaneous infection (Majeed et al. 1981, Colorni 1992). The different types of mycobacterial granulomas found in fish have been classified according to the presence or absence of central necrosis. In the spontaneous disease, the presence of both conditions, non-necrotizing (hard) and necrotizing (soft) granulomas, in the same individual would be related to the progress of the lesions and the tissue in which they are found. Non-necrotizing (epithelioid) granulomas are formed at an earlier stage of disease. Confluent granulomas with or without necrosis can be present in cases with severe involvement, replacing the normal tissue. The pathology of goldfish experimentally infected with *Mycobacterium marinum* was dependent on the inoculum dose and the time post-infection of animal sacrifice. The chronic disease is characterized by systemic granuloma formation (Talaat et al. 1998). Although described as a chronic process, the disease may evolve without gross lesions such as gray to white nodules in multiple organs or microscopic or histopathologic evidence of granulomatous disease that is generally associated with mycobacteriosis in fish (Talaat et al. 1998, Yanong et al. 2003). Under experimental conditions *M. marinum* causes a chronic, progressive disease of the zebrafish *Danio rerio* in a dose-dependent fashion. The extent and progression of *M. marinum* granulomatous disease is both time- and dose-dependent (Swaim et al. 2006). *M. marinum* establishes an acute or chronic infection in the medaka *Oryzias latipes* in a dose-dependent manner (Broussard & Ennis 2007).

In the present study granulomatous lesions were found in the skin, eye and internal organs, perhaps denoting the infection routes. Likewise, the finding of granulomas in the oral cavity of some individuals could be related to infections derived from the eroded mucosa. Mycobacterial infection in zebrafish is acquired primarily through the intestinal tract (Harriff et al. 2007). In ovoviviparous fishes, there is also the possibility of transovarian transmission of mycobacteria to embryos undergoing development (Conroy & Conroy 1999). The frequent occurrence of ovarian lesions that we found in ovoviviparous fishes explains the vertical transmission of the disease. In the oviparous Siamese fighting fish *Betta splendens*, the transmission of mycobacteria via transovarian lesions has been confirmed (Chinabut et al. 1994).

Fish tuberculosis is a disease which is considered to be linked to deficiencies in hygiene, overcrowding or malnutrition. However, outbreaks are known to have occurred in rearing premises where water quality values remained within optimal ranges (Teska et al. 1997). Most specimens examined in the present study

originated from aquaria in which ambient conditions were adequate. Once mycobacteriosis is endemic within an established colony, it is difficult to eradicate (Astrofsky et al. 2000). Atypical mycobacteria causing disease in fish are normal inhabitants of a wide variety of environmental aquatic reservoirs. It can be assumed that the incidence of mycobacterial infections in aquarium fish is primarily associated with mycobacterial contamination of the aquarium environment (Beran et al. 2006).

The present histopathological study shows that gross pathology, where nodules are assumed to be indicative of tubercular disease in fish, can be useful only when the state of disease is advanced and when the size of the fish allows a suitable necropsy. The isolation of mycobacteria does not necessarily mean that the disease is present. Cultures are not always obtained even when large numbers of bacilli are seen in lesions. Mycobacteria can be isolated from the skin, musculature, gills and internal organs of clinically healthy ornamental fish (Beran et al. 2006). In addition, attempts at isolating the aetiological agent often fail (Austin & Austin 1999). It is a process which, owing to its insidious pattern of development and the varying forms which it adopts, is only rarely diagnosed by aquarists. The clinical signs that suggest fish tuberculosis, however, are non-specific. Anorexia, emaciation, cachexia, lethargy, skin ulcers, protruding of the scales, unilateral or bilateral exophthalmos, keratitis, panophthalmitis, abdominal swelling, or spinal deformation were found in the present study. Likewise, symptoms of fish tuberculosis may consist of lesions that can only be detected microscopically. These characteristic lesions which contain large numbers of acid-fast bacilli are considered pathognomonic (Chinabut et al. 1990). For this reason, a systemic histopathological examination of suspected cases of fish tuberculosis is essential for a differential diagnostic and must become a routine analysis to assess the incidence of this disease in aquaria individuals.

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