Prevalence of alopecia in gray seals *Halichoerus grypus atlantica* in Massachusetts, USA, 2004–2013

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ABSTRACT: There has been an increase in the presence of alopecia among gray seals *Halichoerus grypus atlantica* in Massachusetts, USA. To understand the prevalence and describe the presentation of this condition, data records and photographs of 10,070 gray seals from 2004–2013 were reviewed; there were sufficient data to confidently assess the presence or absence of alopecia in 2134 seals. Mild hair loss presented in multifocal patches with minimal to no skin lesions or erythema. In severe cases, alopecia was concentrated over the dorsal head, neck, and shoulders and extended down the ventrum, affecting >50% of the body. Associated skin lesions and erythema were often present. Alopecia was documented in 7.1% of the surveyed seals, and was centered in Nantucket. Alopecia was more prevalent in stranded/sighted animals in spring and summer, with 81% of cases documented from April to July. There was no sex bias, and weanlings were the most affected age class (38%). The etiology for alopecia in Massachusetts gray seals is unknown. Possible causes of alopecia in wildlife are infectious disease, nutritional deficiencies, endocrinopathies, or chronic physiologic stress. High population density around Nantucket may escalate intraspecific competition for resources, which may indirectly lead to stress-induced immunosuppression or nutritional deficiencies. Crowded haul-out sites increase the opportunity for disease transmission. The weanling age class may be prone to alopecia due to naïve immune systems and inexperienced foraging capabilities. Diagnostic sample collection from gray seals will be required to characterize the etiology, pathogenesis, and significance of alopecia in this population.

KEY WORDS: Hair loss · Phocid · Pinniped · New England

INTRODUCTION

Mammals are homeotherms, with most species relying on fur for thermoregulation. Fur is a major adaptation that provides insulation and reduces the flow of heat from the animal to its environment (Costa & Kooyman 1982, Watts et al. 1993). The functional morphology of fur varies among marine mammals; in some species fur is the primary insulator while others have developed secondary means of thermoregulation (Liwanag et al. 2012). Phocids are semi-aquatic and spend substantial time on shore to rest, breed, and pup. They rely on a thick blubber layer for insulation and the manipulation of the arteriovenous anastomoses of the skin for thermoregulation when in water. The importance of fur in total insulation while submerged is negligible (Liwanag et al. 2012). However, fur makes a considerable contribution to total insulation for phocids while exposed to air. Kvadsheim & Aarseth (2002) estimated that phocid fur contributes to 30% of thermal insulation in air and, with removal of this adaptation, individuals would require a 40% increase in metabolic rate to compensate for heat loss. The guard and under-hairs are shortened in phocids and lack the interlocking pattern exhibited by more thickly furred animals such as sea otters and fur seals, suggesting that phocid fur is utilized more for streamlining and drag reduction than for insulation while in water (Liwanag et al. 2012).

The loss of fur can have cumulative negative effects leading to many health problems. The decrease in thermoregulatory and drag reduction properties of the fur can lead to an increase in metabolic rate to compensate for heat loss, and a change in energy requirements. If an animal is not able to augment its diet in response to these changes, this can lead to an eventual decline in nutritional condition (Rosen et al. 2007). Poor nutritional condition can cause an individual to be more susceptible to infectious disease, leading to significant morbidity or mortality (Trites & Donnelly 2003, Bowen et al. 2015). Alternatively, the presence of alopecia can be an indicator of an underlying autoimmune or infectious disease process (Novak & Meyer 2009, Bowen et al. 2015).

Over the past decade, alopecia has been observed in gray seals Halichoerus grypus atlantica with increasing regularity along the coast of Massachusetts, which is the center of gray seal abundance in United States (US) waters (Waring et al. 2016). These seals are part of the Western North Atlantic (WNA) gray seal population observed year-round from New Jersey, US, north toward Labrador, Canada (Wood et al. 2011, Waring et al. 2016). By the mid-20th century, this population was almost completely extirpated from northeastern US waters when gray seals were hunted for a bounty in the US and culled in Canadian waters (Andrews & Mott 1967). With State and Federal protection in the US, in 1965 and 1972 respectively, and reduced culling in Canada during the 1980s, the number of gray seals in the Gulf of Maine has since grown significantly (Rough 1995, Lelli et al. 2009). There are 2 long-established, large breeding colonies in Canada: Sable Island, Halifax, Nova Scotia and in the Gulf of St. Lawrence on pack ice (Bowen et al. 2003). As recently as the 1990s, recolonization of the Canadian gray seal has occurred within the northeastern US (Wood et al. 2011, Waring et al. 2016), with the establishment of thriving pupping and breeding sites on South Monomoy Island and Muskeget Island off of Cape Cod, Massachusetts (Rough 1995, Waring et al. 2016). The pupping rate on Muskeget Island has increased exponentially over the past 2 decades, with 5 pups observed at this site in 1988 and 2095 pups observed during the 2007−2008 breeding season (Rough 1995, Waring et al. 2016). The most recent maximum count for gray seals in southeastern Massachusetts was 15756 in 2011, which suggests an estimated annual increase of 8.6% from 1999−2011, likely due to both natural population growth and immigration from Canada (Waring et al. 2016). From May to June, WNA gray seals undergo an annual molt, an energetically costly process in which seals shed their old fur as a new coat grows in its place (Murie & Lavigne 1992, Boily & Lavigne 1996). Exposure of bare skin is not expected during a successful molt. However, along the coastal northeastern US, many live gray seals have been observed throughout the year with complete hair loss at varying degrees of severity and no observable new hair growth. The etiology of alopecia in gray seals is currently unknown.

The goal of this study was to describe the clinical presentation and determine prevalence of alopecia in gray seals observed in Massachusetts. We analyzed data from marine mammal stranding organizations in combination with survey photos of known seal haul-out sites to estimate prevalence by demographic class as well as prevalence over spatial and temporal variation. Marine mammals are considered ecosystem sentinels, and the emergence of an alopecia syndrome may be an indicator of an ecological or biological disturbance in the marine environment, which is a highly valuable economic resource for the coastal states of the northeast US. Understanding the prevalence and significance of alopecia in gray seals observed in Massachusetts will hopefully lead to
further investigation into etiology of the condition, which may have implications for understanding seal population health.

MATERIALS AND METHODS

Stranded/sighted data

A total of 995 reports of both live and dead gray seals *Halichoerus grypus atlantica* observed along the shoreline of Massachusetts from 2004–2013 were examined. During the study period, there were no gaps in coverage for stranding response in the study area as personnel were available to respond to reports 24 h d⁻¹, 365 d yr⁻¹. Stranded animal records included confirmed unique reports of carcasses or living seals that were unable to return to their natural behavior or habitat and required human intervention. Sighted animal records included confirmed reports of living seals on shore that did not require human intervention and were only monitored by stranding network biologists until returning to the water. Body length and age data published in McLaren (1993) were used in combination with age and sexual maturity data published in Hammill & Glosselin (1995) to categorize animals by age class. For most cases, age class was assigned using measured or estimated body size in relation to the breeding/pupping season. For the cases that received a complete post-mortem exam, age class was confirmed through gross or histological examination of the reproductive organs. Gray seals in Massachusetts typically pup throughout the month of January (Wood et al. 2007). Maternally dependent pups are born with a full lanugo coat and do not shed this white coat until weaned (Kovacs & Lavigne 1986). Dependent pups with lanugo were not considered in our assessment. Individuals examined from February–October with an actual or estimated straight body length <125.0 cm were categorized as weanlings. Males with an actual or estimated straight body length >200.0 cm and females with an actual or estimated body length >175.0 cm were classified as reproductively mature. All others were categorized as immature. Sex was determined by visualization of sex differences in pelage pattern (Reeves et al. 2002).

Seal haul-out survey data

One of 4 established seasonal gray seal haul-out sites on Cape Cod, Massachusetts (Head of the Meadow, Truro; High Head, Truro; Chatham Harbor, Chatham; and South Monomoy, Chatham) was photographed on a single day between the 10th and 20th day of each month from May to October. A total of 23 surveys were conducted between 2008 and 2013. All surveys were completed between sunrise and sunset on either side of low tide to capture the greatest number of seals hauled out during the lowest point in the tide cycle. Survey effort varied minimally over the study period with the majority of the effort taking place between June and September, and conducted by the same staff. Any variations in effort were due to weather and sea conditions. The High Head haul-out site was the most frequently surveyed site (n = 12), followed by Chatham Harbor (n = 5), Head of the Meadow (n = 3), and South Monomoy (n = 3). Photographs at the Chatham sites were taken from a vessel while photographs at the Truro sites were taken from land approximately 45 m (150 feet) away from the haul-out using a Canon 5D or 7D digital camera and 100–400 mm zoom lens. Photographs of the entire haul-out site were taken during multiple passes by the site during a single survey effort. For each survey date, the single pass that documented the most number of seals with the best quality images was selected for analysis. Utilizing images from a single pass of 1 haul-out site mo⁻¹ decreased the possibility of double counting alopecia-positive individuals. Images of 9075 animals were reviewed.

Defining degree of alopecia

Data records (i.e. phone logs, health assessments, necropsy reports) and photographs were used to assess degree of alopecia. Hair loss due to scarring from healed human interaction (entanglements and vessel strikes) or natural wounds (conspecific, shark bites, and canid wounds) was not classified as alopecia for the purpose of this study. Mild alopecia was defined as one small/medium patch (<10.0 cm diameter) or a few smaller patches of complete hair loss that affected <10% of the animal (Fig. 1). Minimal associated irritation was rarely present. Moderate alopecia was defined as complete hair loss at one larger focal area or over multiple areas of the body that affected 10–50% of the animal (Fig. 2). Associated irritation or lesions were occasionally present. Severe alopecia was defined as complete hair loss over multiple areas of the body that affected >50% of the animal (Fig. 3). Associated irritation or lesions were usually present. If alopecia was mentioned on the necropsy report or health assessment sheet but
was not quantified, this was categorized as ‘Present/unspecified’. Animals that had photos showing 3 or more surfaces of the body (dorsum, ventrum, right flank, left flank, and head/neck) or had a complete external exam by marine mammal stranding biologists but lacked evidence of alopecia were categorized as ‘None’. If decomposition or scavenger damage to a dead animal prohibited a confident assessment or if photo documentation was not of sufficient quality, then alopecia was categorized as ‘Could not be determined’ or ‘CBD’. If a thorough exam was conducted on the animal (i.e. complete necropsy or health assessment by a biologist) and alopecia was not assessed (field left blank) then this was categorized as ‘Not determined’ or ‘ND’. Positive alopecia cases were plotted on a map constructed using ArcGIS software (ArcMap™ 10.3.1; ESRI) and data layers from both the Office of Geographic Information (MassGIS), Commonwealth of Massachusetts, and Natural Earth.
Statistical analysis

Demographic data for all individuals as well as report date, latitude–longitude, and animal disposition were compared for the presence or absence of alopecia. Given the proximity of the 2 haul-out sites in Truro and 2 sites in Chatham, data were grouped by town for statistical analysis involving the haul-out sites. Comparisons were tested with a $\chi^2$ test (Real Statistics Resource Pack software release 4.3; Zaiontz 2015).

RESULTS

Of the 995 stranded/sighted records and images of 9075 animals at haul-out sites reviewed, we were able to confidently assess the pelage of 2134 individuals (364 of 995 stranded/sighted and 1770 of 9075 haul-outs). Mature individuals made up the largest fraction (67%) of the data set, while immature and weanlings were less than a quarter each (18 and 14%, respectively). Sex was represented almost equally; 50.2% of individuals were male and 48.6% female, with the sex ratio equivalent across both the stranded/sighted and haul-out data sets. Sex was not determined in the remaining 1.2%. Weanlings comprised a majority of the stranded/sighted observations (72%), while haul-out data included mostly mature animals (79%).

Of the 2134 gray seals Halichoerus grypus atlantica with enough data to determine presence or absence of alopecia, 7.1% had some degree of hair loss. Severity of alopecia was similar across all categories, with 25% exhibiting mild, 32% moderate, 20% severe, and the remainder having alopecia but severity was not determined. For the moderate to severe cases, alopecia was most commonly appreciated around the shoulders and neck and extended toward the dorsal head. Alopecia was observed in 34% of the stranded/sighted records, and only 1.5% of the haul-out sightings ($\chi^2 = 93.9, p < 0.001$), with the majority of the observations (82%) documented in living seals. Weanlings were the most affected age class (38% affected), whereas 6% of immature and 1% of mature animals had alopecia ($\chi^2 = 513.9, p < 0.001$). Observations of alopecia in males and females occurred at a similar rate (7.4% of males vs 6.0% of females).

Alopecia was documented most commonly in stranded/sighted individuals around Nantucket, Massachusetts, and almost proportionately equal at both haul-out sites (1.5 and 1.65%; Fig. 4). The

![](image_url)
stranded/sighted data represent 10 consecutive years of observations throughout all months of the year, whereas the surveys at the haul-out sites took place over 6 consecutive years between the months of May and October. Due to this disparity in reporting, the data sets were examined separately when prevalence was evaluated on a temporal or seasonal scale. For the stranded/sighted data, the number of alopecia cases not only increased over time, but the percentage of stranded/sighted animals with alopecia per year increased as well (Fig. 5). Although hair loss was documented in stranded/sighted gray seals during all months of the year, the majority of cases (81%) were observed in the months April through July with a peak in May (n = 34; Fig. 6). Over the 6 yr that surveys at the haul-out sites took place (2008−2013), the average number of observed cases annually was 4.5, with a maximum of 13 in 2012. Most cases were observed in August (52%).

**DISCUSSION**

Alopecia appears to be an emerging health issue within the NWA gray seal *Halichoerus grypus atlantica* population, with 7.1% of the 2134 seals examined in Massachusetts showing signs of alopecia and the number of incidences increasing over time. Alopecia was more prevalent in living seals, suggesting this condition is not associated with imminent mortality. However, alopecia in a typically furred animal can lead not only to a decline in health of the individual, but the presence of alopecia can also be an indicator of an underlying autoimmune or infectious disease process (Novak & Meyer 2009, Bowen et al. 2015). It is important to understand the demographics of disease in order to effectively begin an investigation into etiology. Alopecia in gray seals did not appear to be sex-specific, but it did appear to affect weanlings more significantly than any other age group. Hair loss was observed throughout all months of the year; however, there appeared to be a seasonal link, with the majority of observations taking place from April–July. Observations of the condition centered in Nantucket and Chatham, which was expected due to the high density of gray seals in these areas.

**A factor of age class**

Weanlings were the most affected age class. Various degrees of alopecia severity observed in this age class could not be considered a disruption of a normal molt because gray seal pups do not enter their first true annual molt until the following year (Noren et al. 2008). The only form of hair loss this age class should experience is shedding of their natal lanugo following the abrupt cessation of nursing (Bowen et al. 2006, Noren et al. 2008). Gray seal pups are typically born in Massachusetts throughout January and exclusively nurse for about 3 wk postparturition (Bowen et al. 2006, Wood et al. 2007, Noren et al. 2008). Therefore, the number of <1 yr old gray seals observed with alopecia was highly unexpected.

It is possible that the naïve immune system of weanling seals increased their susceptibility to infectious diseases, some of which may have alopecia as a secondary sign (Duignan et al. 2014). Varying degrees of alopecia have been associated with infectious agents such as a retrovirus in California sea lions *Zalophus californianus* (Kennedy-Stoskopf et al. 1986) and morbillivirus in juvenile harp *Pagophilus groenlandicus* and hooded seals *Cystophora cristata* (Lip-
A seasonal association

Alopecia was most prevalent during the warm months of late spring and summer which were characterized by seasonal shifts in environmental temperature and gray seal group behavior dynamics. Pathogens, such as fungal, bacterial, parasitic, or viral agents often thrive in warmer environments (Poulin 2006, Burek et al. 2008, Tryland et al. 2009). In some pinniped species, the onset of alopecia and fungal dermatitis was attributed to abnormally warm water temperatures (Higgins 2000). During the late spring and summer there is an increase in gray seal population density and a mixing of age classes at haul-out sites. The combination of persistence of an infectious agent in a warmer environment and increased density at haul-out sites may create an optimal situation for disease transmission to a more susceptible age class (Lavigne & Schmitz 1990, Duignan et al. 1995).

Not only can overcrowding increase the opportunity for disease transmission, the seasonal increase in gray seal density may also lead to increased stress through intraspecific competition for space and food. Additionally, seals are not the only taxon that congregate in high numbers around Cape Cod during the spring and summer months. The human population grows exponentially as well, resulting in increased human activity close to haul-out sites and foraging areas causing limitations to where seals can carry out normal behavior (i.e. resting and feeding). Chronic stress has multiple negative effects on the overall health of many wild, domesticated, and laboratory animals (Novak & Meyer 2009, Novak et al. 2014) and was suspected to be a factor in the recent increase in observations of alopecia in polar bears (Bowen et al. 2015). The comparison of stress hormones in weanlings with and without hair loss throughout all season would help explain if seasonal peaks in environmental stressors are a contributor to the onset of alopecia.

Increase over time may correlate to changes in environment

The occurrence of alopecia in gray seals increased considerably over the 10 yr time frame of this study. During that same period, there have been notable changes within the immediate environment of the gray seals in Massachusetts. The Gulf of Maine was recently declared as the fastest warming body of water on the planet (Pershing et al. 2015, Saba et al. 2016). With warming water comes changes in marine

Retroviruses have yet to be identified in WNA gray seals. However, morbillivirus, particularly phocine distemper virus, is a pathogen that frequently circulates enzootically through this population as well as other WNA seal species (Duignan et al. 1995, 2014, Bogomolni et al. 2010, A. Bogomolni unpubl. data). Sample collection and analysis for morbillivirus exposure and infection specifically from gray seal weanlings with and without alopecia would be informative.

Seal lice (Echinophthiriridae) and mites (Demodecidae) are common in many pinniped species, and heavy burdens of these ectoparasites lead to skin irritation and eventually alopecia (Thompson et al. 1998, Izdebska & Rolbiecki 2010). Ectoparasite burdens can vary with age due to the differences in intraspecific behavior and stages of immune system development characteristic of each age class (Thompson et al. 1998). The prevalence of ectoparasites in gray seals in Massachusetts has yet to be assessed and would be an informative investigation toward understanding the cause of alopecia syndrome in this population.

Another age-related factor that might contribute to the high prevalence of alopecia among gray seal weanlings in Massachusetts is related to diet and diving abilities characteristic of this age class. Diet analysis of gray seals in US waters showed a significant disparity of prey items among the age groups, which suggests that seals gain foraging experience as they mature (Ampela 2009). Naive weanlings are not adequately developed physiologically to access foraging areas off-shore or at greater depths where older or larger animals may find the proper types and amounts of prey items (Burns 1999, Noren et al. 2005, Beck et al. 2007, Ampela 2009, Breed et al. 2009, Bennett et al. 2010). If proper nutrients are not obtained through diet, this can directly impact the body’s ability to sustain hair growth (Rushton 2002) or indirectly increase susceptibility to infectious disease (Trites & Donnelly 2003). Juvenile Australian fur seals Arctocephalus pusillus with partial alopecia had significantly lower concentrations of zinc and tyrosine in their fur compared to unaffected individuals (Lynch et al. 2012). The authors described breakage in the hair shaft and suggested reduced hair strength was caused by low zinc content. Investigation into variation in diet and foraging areas was suggested by Lynch et al. (2012). Similarly, investigation into the nutritional value of prey items and analysis of hair samples for amino acid and mineral composition in juvenile gray seals with and without alopecia is warranted.
chemistry, such as salinity and pH, which may indirectly impact gray seals through long-term shifts in prey availability (Learmonth et al. 2006, Burek et al. 2008, Nye et al. 2009) and subsequent changes in nutrition needed to sustain a healthy pelage. Climate change has also been linked to increased incidences of emerging or resurging infectious disease outbreaks among wildlife (Harvell et al. 1999, Daszak et al. 2001, Burek et al. 2008). In particular, warmer environments have been suspected to influence many infectious disease mass mortalities in pinnipeds globally (Lavigne & Schmitz 1990, Kuiken et al. 2006). The emerging enzootic alopecia disease observed in Massachusetts grays seals could be potentially instigated and sustained by the increase in environmental temperatures.

Over the past 3 decades, the northeast US experienced a significant increase in human population growth and land usage along coastal communities, with Massachusetts being one of the leading states in coastal population density (Crossett et al. 2004). Human encroachment on natural environments often has a detrimental effect on wildlife through habitat loss and industrial and agricultural contaminant runoff into marine ecosystems (McKee et al. 2004, Bradley & Altizer 2007, Veron et al. 2009). Exposure to contaminants, specifically endocrine disruptors, alters hair growth and cell signaling pathways that could impact the hair growth cycle and incite inflammatory responses (Bergman et al. 2003, Gregory & Cyr 2003, Novak & Meyer 2009). Observations of alopecia have been linked to contaminant-induced hyperadrenocorticism in Baltic gray seals (Bergman et al. 2003) and high levels of heavy metals and persistent organic pollutants in Australian fur seals (Lynch et al. 2012). On a more local level, high levels of perfluorocarboxylates (PFCs) have been measured from the liver of northwest Atlantic harbor seals (P. vitulina) with <1 yr olds having 2.5-fold higher concentration than adult females (Shaw et al. 2009). Gray seals were not included in that study nor was a correlation with alopecia made. However, overlap of habitat usage of the 2 pinniped species is evident throughout the Gulf of Maine. Therefore, it is possible that similar levels of PFCs could be found in northwest Atlantic gray seals. The parallel increase of human coastal usage in Massachusetts and the occurrence of alopecia in gray seals must be recognized and investigated.

The etiology of alopecia in gray seals in Massachusetts is currently unknown but is likely very complex, involving the interplay of multiple factors. It appears to be a significant emerging condition that could signal underlying health concerns of an individual and possibly the local population. Marine mammals are considered sentinels of the ocean (Moore 2008, Bossart 2011, Simeone et al. 2015), thus any emerging disease condition should be considered in parallel with ecosystem health. Being semi-aquatic, phocids are often the direct link between humans and oceans due to their overlap in habitat and resource use. The cause of alopecia within the gray seal population of Massachusetts could potentially pose concern to human health, particularly if the etiology is zoonotic in nature or attributed to endocrine disruptors found within environments or prey items utilized by humans. Continued documentation of alopecia prevalence among gray seals and methodical investigation into the etiology of the condition is warranted.

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**LITERATURE CITED**


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