Tissue retraction in the scleractinian coral *Coeloseris mayeri*, its effect upon coral pigmentation, and preliminary implications for heat balance

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ABSTRACT: Extreme tissue retraction in the agariciid coral *Coeloseris mayeri* occurs during periods of sub-aerial exposure. The retraction response appears to involve independent movement of oral and aboral tissue layers to such an extent that skeletal septa are uncovered. Tissue retraction results in a significant paling in colony colour which does not involve any reduction in either zooxanthellae abundance or chlorophyll concentration. Adaptive benefits of the response include increased albedo, leading to a reduction in absorbed solar energy of 10% for wavelengths between 280 and 700 nm, and possible avoidance of photochemical damage or photoinhibition at high solar irradiance. The degree of retraction is governed by environmental conditions, including length of sub-aerial exposure, and intensity of solar irradiance.

KEY WORDS: Coral Tissue retraction Bleaching Solar radiation Heat balance

INTRODUCTION


While the existence of these behavioural responses has long been recognised, the extent to which a coral polyp may retract is not widely appreciated. The earliest account known to the authors of extreme tissue retraction was that of Moorhouse (1936) in which he describes tissue retraction in sub-aerially exposed *Porites* species that resulted in the exposure of skeletal spines to air during low spring tides. Moorhouse further describes the subsequent extension of polyp tissues over spines on resubmergence of the corals. Although tissue retraction is not mentioned by Fishelson (1973) a similar phenomenon may have been responsible for 'denuded' skeletal spines in mussid and faviid corals, observed on extreme low tides at Eilat, Red Sea. Such tissue responses are not only restricted to intertidal corals since recent work (Coyer et al. 1993) on subtidal *Balanophyllia elegans* has shown that chronic brushing of corals by macroalgae in water currents causes polyp retraction to such an extent that parts of the coral skeleton become directly exposed to seawater.

In this study extreme tissue retraction is described in the scleractinian coral *Coeloseris mayeri* which is sub-aerially exposed on low spring tides at Phuket, Thailand. Tissue retraction in this species results in marked paling of colour which has previously been interpreted as a bleaching response (Ditlev 1978). This paper describes the retraction and recovery of coral tissues over a tidal cycle, the resultant changes in colour of colonies, their relationship to pigment and zooxanthellae concentrations and the possible physiological benefits of such behaviour.
MATERIALS AND METHODS

Study location. The project was carried out at Phuket Marine Biological Centre, Thailand, during February 1992 to March 1993. The coral selected for the study, Coeloseris mayeri Vaughan, 1918, is found on sheltered intertidal reefs of the southeast corner of Ko Phuket where it is abundant on the mid-reef flat, its distribution extending to the outer reef edge and upper slope (Ditlev 1978).

Repeated photography of permanent belt transects on the intertidal reefs of southeast Phuket over the period 1979 to 1990 (described in Brown et al. 1990) indicated considerable temporal changes in colouration in a number of coral species; the most marked changes in colour occurring in the agariciid Coeloseris mayeri. In order to follow the changes more carefully a representative colony of C. mayeri was photographed at 10 min intervals over part of 5 tidal cycles in 1992, 4 in daylight (2 March, 15:00 to 16:30 h; 5 March, 15:30 to 17:35 h; 10 March, 06:00 to 08:30 h; 16 March, 13:30 to 17:30 h) and 1 during the night (3 March, 02:00 to 03:30 h). The sequences covered the period from when the colony was submerged, through its emergence and exposure to air, to its subsequent resubmergence by the flooding tide. In order to assist colour comparison, electronic flash and a Kodak colour separation guide (CAT 152 7654) were used.

Additionally, a small portion of the same colony was simultaneously photographed using macrophotography to record any tissue movements. Photographs were taken at 10 min intervals through the same parts of the tidal cycle as described above.

Chlorophyll concentration and zooxanthellae density. A pair of cores was drilled from 10 submerged and 10 sub-aerially exposed coral colonies, one core from each pair being used for chlorophyll analysis while the other was used for measurement of zooxanthellae density. Cores were extracted from the apex of colonies with an electronic drill fitted with a 25 mm diameter hole-saw (drill speed 1400 rpm). Extracted cores were approximately 22 mm diameter and 20 mm in length.

Cores extracted for analysis of zooxanthellae densities were fixed in 10% formalin in seawater while the remaining cores were placed in ice in a sealed, darkened container and returned to the laboratory within 30 min of collection for chlorophyll measurement. Prior to chlorophyll extraction the diameters of cores were measured with vernier callipers. Chlorophyll was extracted according to methods used by Jeffrey & Haxo (1968). Chlorophyll absorbances were read at 750, 665, 647 and 630 nm in a Whatman DC500 spectrophotometer and chlorophyll a (chl a) concentrations calculated using the equations described by Jeffrey & Humphrey (1975). Subtraction of chl a due to endolithic algae was carried out as in Jokiel & Coles (1974).

Zooxanthellae counts were made on fixed cores which were decalcified in a 1:1 mixture of 5% formic acid and 5% formalin over a 48 h period. Prior to decalcification, dimensions of cores were measured with vernier callipers to allow calculation of surface areas. The resultant solutions were centrifuged at 3000 × g for 10 min, the supernatant discarded and the resulting pellet resuspended in 5% formalin solution which was then homogenised for 12 min in a Polytron tissue homogeniser. Numbers of zooxanthellae were counted in subsamples of the resulting solution using an improved Neubauer haemocytometer.

Analysis of tissue/skeleton relationships. Since the removal of a coral colony from the reef could in itself result in tissue retraction, it was important to ensure that any sampling procedure caused minimal alteration to the position of the tissues. In order to do this cores were extracted 48 h prior to sampling for histological study and the behaviour of tissues compared in both field and laboratory procedures. Twenty coral cores were extracted from 10 colonies in the field (a pair of cores from each colony); pairs of cores from 5 colonies were placed in wire racks adjacent to Coeloseris mayeri colonies on the reef while pairs of cores from the remaining 5 colonies were transported to a running seawater aquarium at the laboratory. After 48 h cores were sampled before, during and after a natural tidal cycle in the field and at similar intervals for a simulated tide at the laboratory. Between core extraction and fixation all cores were carefully monitored for any signs of damage or stress caused by their collection. Although the edges of the cores exhibited obvious damage from the drilling process, no polyps from the centre of the cores showed any signs of stress; all exhibited 'normal' patterns of polyp expansion and contraction during both day and night, similar to those shown by undisturbed field colonies.

Sampled cores were anaesthetised in 1:1 0.36 M MgCl2·6H2O/seawater solution for 30 min before fixation in buffered glutaraldehyde (Le Tissier 1988). During anaesthetisation fixation the position of the tissues within each coralite was carefully noted in all cores; there was no apparent movement of tissues during preparation for histology. After fixation, 1 core from each sampled pair was used in the preparation of polished sections. These cores were washed in 0.1 M sodium cacodylate buffer, dehydrated in a graded series of acetone, and embedded in Epoxy resin. Longitudinal sections (1 mm thick) of the cores were cut from resin blocks on a Metals Research Microslice 2. The resulting sections were mounted onto glass slides, polished down to 80 μm thickness on a Logitech polishing machine, stained with toluidine blue and photographed on a Leitz photomicroscope.
The remaining core from each sampled pair was decalcified in 2% ascorbic acid in 0.3 M NaCl, with renewal of demineralising solution every 8 h until all skeleton had been removed. After dehydration and embedding as above, 1 μm sections were cut on an ultramicrotome, mounted onto glass slides and stained with toluidine blue.

**Reflectance of corals and solar irradiance.** Radiance measurements were taken from a circular area of view of 0.2 cm² on the surface of a Coeloseris mayeri colony and from an adjacent reflectance standard (Lab. Sphere Inc. NIST traceable), 1 and 60 min after sub-aerial exposure in bright sunlight using a Macam Photometrics SR 9910 double grating spectroradiometer (bandwidth 2 nm; stray light <2 × 10⁻⁶, wavelength accuracy ± 0.5 nm). The instrument was calibrated before use at 29°C against deuterium and tungsten lamps. Scans were made over the range 280 to 700 nm (step length 1 nm) using a reflex viewing telescope with quartz optics oriented perpendicular to the measured surface. Reflectance values were calculated from each pair of radiance scans. Comparative reflectance measurements were also taken from a dry C. mayeri skeleton from which all tissue had been removed after bleaching in sodium hypochlorite solution.

For measurement of solar irradiance on a flat surface, clear sky scans were recorded on 4 March 1993 at Phuket Marine Biological Center using the spectroradiometer fitted with a sealed teflon cosine corrected 2π collector oriented parallel to the earth's surface. Sea surface and subsurface irradiance measurements were made with the same instrumentation on 5 March 1993 for clear sky conditions in an 11 × 5 × 1.5 m deep tidal pool. Suspended sediment levels in the seawater were measured from four 500 ml water samples which were filtered through preweighed 0.45 μm Milipore filters, the filters and retained particulates were dried at 70°C and reweighed for estimation of particulate load.

**RESULTS**

**Colouration changes over the tidal cycle**

Photographs of the mid-reef flat at Ko Phuket at low spring tide, 2 h after aerial exposure revealed an extensive area of the reef flat occupied by almost white colonies of Coeloseris mayeri (Fig. 1). Selected photographs taken of a single coral colony at the time of sub-aerial exposure during the night (02:00 to 03:30 h) and during the day (15:30 to 17:00 h) indicate the change in colour displayed by the coral through part of the tidal cycle (Fig. 2). When submerged at high water the coral appeared green/brown in colour, as the tide receded during bright sunlight, the still-submerged coral began to show patchy paling of colour over its surface; almost immediately on sub-aerial exposure the coral whitened and finally, after 85 min exposure to air, the whole colony was almost white overall, apart from the centre of the calices (Fig. 2c, d). When the same coral was observed at equivalent times in the tidal cycle in the middle of the night (Fig. 2a, b) the colouration of the colony was considerably darker than that observed during bright sunlight.

When the colony was emergent for a very short time during a tidal cycle in the early morning (06:50 to 08:00 h), only that portion of the colony which was sub-aerially exposed actually changed colour from green/brown to almost white (Fig. 4). As the tide flooded back on to the coral, colouration was regained in areas which had formerly been exposed to air; by 08:00 h the coral was fully submerged although a portion of the colony still appeared almost white. Overall green/brown colouration of the whole colony was not achieved until at least 1 h after resubmergence. Observations in the field indicated that the time for full recovery of colouration was highly variable, depending both on the time of day that low tide occurred and also the period of sub-aerial exposure.

Close-up photography of coral polyps in the field showed that when submerged by water, coral tissues covered the skeleton with the tentacles clearly visible; 5 min after water had withdrawn from the coral surface the tissues appeared to retract although they still covered the skeletal surface (Fig. 3a, b). Approximately 85 min after initial sub-aerial exposure, the tissues appeared to have completely retracted off the skeleton with the fine granulations on the septa being clearly visible (Fig. 3c). The colony colour changed from green/brown (submerged) to almost white on sub-aerial exposure. Once the flooding tide covered the coral, the tissues expanded over the skeleton, colouration returned, and tentacles were once more visible (Fig. 3d). Mesenterial filaments were also apparent at the base of the corallites at this stage.
Figs. 1 to 3. *Coeloseris mayeri*. Fig. 1. View of intertidal reef flat 2 h after sub-aerial exposure showing extensive areas occupied by whitened *C. mayeri*. (a) Receding tide exposes upper part of coral during darkness (02:00 h, 3 Mar). (b) Coral after being fully exposed to air for 90 min during darkness (03:30 h, 3 Mar). (c) Receding tide exposes upper part of the coral during bright sunlight (13:30 h, 5 Mar). (d) Coral after being fully exposed to air in bright sunlight for 90 min (17:40 h, 5 Mar). Fig. 2. Close-up of 18 × 15 mm area of colony shown in Fig. 2 during part of the tidal cycle. 'X' identifies the same corallite in each photograph. Scale bar = 5 mm. (a) Before exposure to air. Note green colouration and tentacles (arrow) between septa. (b) Five minutes after exposure to air. Note white colouration and tentacles (shown by arrow) retracted into corallites; the corallites have a 'wet' appearance as a result of reflection of flash light from dorsal surfaces of the coral. (c) Approximately 85 min after exposure to air. Note white colouration, absence of tentacles between septa and 'dry' appearance of coral surface. (d) Ten minutes after resubmergence by flooding tide. Note the reappearance of tentacles between septa and presence of mesenterial filaments (arrow).

**Interpretation of histological detail**

Both polished sections and sections of decalcified material showed that similar processes occurred in low tide exposures under natural and simulated conditions in the field and laboratory respectively. During sub-aerial exposure both ectodermal and endodermal tissues were strongly retracted into the corallite with apices of the septa being uncovered by coral tissues (Fig. 6). *Coeloseris mayeri* has no coenosteum and very steep walled corallites; when the tissue retracts almost all colour is lost from the surface of the coral leaving a very pale appearance to the colony. Once the colony is resubmerged the tissues extend to reoccupy their former position and colour is regained by the coral.

Histological sections (Fig. 7) reveal a novel mechanism of tissue retraction down skeletal septa with oral tissue layers (i.e. ectoderm, mesoglea and oral endoderm) appearing to retract further down the sides of the septum than aboral tissue layers (aboral endoderm, mesoglea and calicoblastic ectoderm) which remain, during early stages of retraction, in close association with the skeleton. Oral and aboral tissues maintain a region of close contact with each other throughout retraction, thus maintaining the integrity of the gastrovascular space. Such independent movement of tissues appears to result from a separation of oral and aboral layers at the tip of the septa early in the retraction process. Before tissue retraction and during the recovery process oral tissues do not appear to join over the apex of the septum although they abut closely. While zooxanthellae are abundant in oral endoderm covering the septa of non-retracted corals, no zooxanthellae were observed in the aboral endoderm.

**Reflectance and irradiance measurements**

Reflectance measurements from *Coeloseris mayeri* immediately on exposure to air (when the coral was pale but still pigmented) and 1 h later (when the coral appeared maximally retracted and 'white') show an
increase in albedo as the pigmentation decreased due to tissue retraction (Fig. 8). Reflectances within specific wavebands indicate that both the 'pale' (partially retracted) and white (maximally retracted) corals absorbed all short wavelength ultraviolet radiation (UVR) (280 to 320 nm) compared with an average 5% reflectance from the chemically bleached skeleton (reflectance standard scans showed reflected UVR to be present down to 313 nm at the time the maximally retracted coral was scanned and at 303 nm during the scan of the partially retracted coral). For UVR between 320 and 400 nm the maximally retracted coral and the chemically bleached skeleton showed a very similar reflectance response (average 17% and 18% respectively) whilst the partially retracted coral reflected only 5% of the irradiance. In the photosynthetically active radiation (PAR) or visible range (400 to 700 nm) the chemically bleached skeleton reflected an average 42% of the irradiance, the maximally retracted coral 22% and the partially retracted coral 12%.

The clear sky irradiance scan for the beginning of a typical afternoon sub-aerial exposure period during March (14:30 h, sun altitude 59°) gave a value of total irradiance of 460 W m⁻² across the waveband 280 to 700 nm. In order to calculate the potential reduction in radiant energy absorption as a result of the albedo, the reflectance at each wavelength was multiplied by the corresponding solar irradiance and summed across the waveband (solar energy is not uniformly distributed across the spectrum). In the partially retracted state Coeloseris mayeri reflects 53 W m⁻² (11.5%) compared with 98 W m⁻² (21.3%) in the fully retracted state. On the assumption that a massive coral colony only absorbs or reflects radiant solar energy (no transmission) the increased albedo will thus result in a reduction in absorbed energy of 9.8%.

In addition to a reduced radiant energy absorption, tissue retraction during sub-aerial emergence also offers the potential for shading of selected structures from high solar irradiance. Our measurements of solar irradiance for clear sky conditions on 5 March 1993 just above the sea surface (13:18 h, sun altitude 73°) gave values of 2.68 W m⁻² for the waveband 280 to 320 nm and 497 W m⁻² for 400 to 700 nm. When the sensor was submerged (~2 cm) below a calm water surface (13:28 h, sun altitude 71°) the comparative values were 1.45 W m⁻² and 324 W m⁻² respectively. Seawater clarity in the tidal pool was typical for the sediment laden waters which are a feature of the intertidal reefs at Phuket [mean suspended sediment 2.85 ± 0.03 SD 10⁻² g l⁻¹, n = 4]. These irradiance values illustrate the considerable increase (85% between 280 and 320 nm; 53% between 400 and 700 nm) which occurs during the transition from very shallow submergence to sub-aerial exposure for the intertidal reefs at this location during the early afternoon spring tides.
DISCUSSION

Polyp retraction as a stress response has been extensively documented (Horridge 1957, Hubbard 1974, Jaap & Wheaton 1975, Bak & Elgershuizen 1976, Thompson et al. 1980, Neff & Anderson 1981). In the coral Coeloseris mayeri retraction behaviour in response to bright sunlight and sub-aerial exposure is particularly marked, producing not only withdrawal of tentacles, as observed in other species, but the complete retraction of tissue off parts of the skeleton. Such a dramatic behaviour is not restricted to C. mayeri.
alone. Extreme retraction of tissues has also been observed in *Porites lutea*, *Goniastrea aspera* and *Goniopora stokesii* under experimental conditions where the corals were exposed to high concentrations of iron in seawater and where tissue retracted off skeletal spines (Brown et al. 1991). Tissue retraction, in response to stress, was also proposed as a mechanism by which at least 8 species of intertidal corals, namely *Platygyra sinensis*, *Platygyra daedalea*, *Goniastrea aspera*, *Goniastrea pectinata*, *Favia pentagona*, *Porites lutea* and *Fungia fungites*, incorporated iron into their skeletons during periods of exposure to ore washings (Brown et al. 1991). Results from the present study pose the possibility that the deposition of iron may have resulted from a regular tissue retraction behaviour on low spring tides in these species which was coincident with discharge of ore washings rather than from exposure to high iron concentrations alone.

The degree of retraction noted in the present study appears to vary according to environmental conditions. For example corals sub-aerially exposed at night appeared less retracted than those exposed during the day; and maximum reduction in colour was observed during extended periods of sub-aerial exposure in bright sunlight. A number of factors may influence the degree of retraction including irradiance (both UVR and PAR), substrate and air temperatures, and humidity. In earlier work with symbiotic sea anemones, Pearse (1974) showed that anemones expanded in moderate light and contracted in intense light with striking uniformity. In the retracted state a large number of the polyp's zooxanthellae will be shaded (Lasker 1979) thus affording some protection from harmful irradiance. Our measurements of solar irradiance above sea surface compared to just below (-2 cm) show decreases of the order of 46% (UVR 280 to 320 nm) and 34% (PAR 400 to 700 nm) as a result of submergence. These values are comparable to that recorded by Weinberg (1976) for his 'apparent albedo' of the sea surface of a 35% reduction in irradiance (420 to 540 nm) for a solar altitude of 67° under a bright sky. The type of retraction shown by *Coeloseres mayeri* in its transition from shallow submergence to sub-aerial exposure could be a protective response against potentially damaging photochemical or radiant energy effects of this marked change in irradiance regime.

In terms of possible protection against photochemical damage, at shorter wavelength UVR (280 to 320 nm), where the quantum energy targets proteins, DNA and RNA (Coohill 1991), there are no obvious benefits from retraction behaviour, since total absorption occurs whatever the behavioural state of the tissues. It may be however that retraction permits more susceptible tissues, containing the zooxanthellae, to be positioned deeper into the coral calices below a layer of mucus which has been shown in other coral species to contain protective S32O-UVR-absorbing compounds (Drolet et al. 1993). Similarly at longer wavelengths of UVR (320 to 400 nm) where there is no difference in reflectance between the partially and maximally retracted state, there is also no obvious gain. In contrast, between 400 to 700 nm (PAR) where a major target for photochemical damage or photoinhibition would involve the zooxanthellae photosystems, the 10% gain in reflectivity gives added protection to that which might arise from the increased shielding of zooxanthellae by the coral skeleton, mucus and tissue layers.

Retraction may also offer some limited benefits in the thermal balance of an intertidal coral. In the case of radiant energy absorption, the overall saving in a retracted 'white' coral compared with a partially retracted 'pale' coral is in the order of 10% across the waveband 280 to 700 nm. This compares with studies in other intertidal invertebrates, in particular the blanching (whitening) response of the carapace of fiddler crabs *Uca rapax* and *U. pugilator* where an interaction between solar irradiance and blanching was found (Smith & Miller 1973). For *U. pugilator* mean reflectance over the waveband 400 to 1100 nm increased from 25 to 50% as a result of blanching. Earlier work by Wilkins & Fingerman (1965) on *U. pugilator* showed that blanching resulted in a reduction in body temperature of about 2°C under bright sunlight for an observed increase in reflectance measured in the waveband 400 to 700 nm from about 2.5 to 7%. Although Wilkins & Fingerman (1965) recorded much lower levels of reflectance than Smith & Miller (1973), the results are not wholly inconsistent since the reflectance values recorded in the latter work were dominated by high values recorded in the infrared (700 to 1000 nm).
Despite evidence for a reduction in absorbed radiant energy which increased albedo may confer, such benefits need to be viewed in the context of potential cooling due to evaporation of water from the coral surface and/or polyp. The increased reflectance of a fully retracted compared with a partially retracted coral reduces absorption by a typical 45 W m\(^{-2}\) or 2.7 \times 10^2 J m\(^{-2}\) min\(^{-1}\), compared with the potential heat loss by evaporation of 1 g (= 1 ml) of water of about 2.34 \times 10^3 J. Although no information is available for intertidal corals, evaporation has long been recognised as the most important source of heat loss in intertidal organisms (Newell 1979).

There is evidence that extreme retraction responses are widespread among a number of coral genera on the reef flat and, furthermore, that they are not restricted only to intertidal corals. Brushing by over-topping macroalgae caused extreme tissue retraction in subtidal Balanophyllia elegans (Coyer et al. 1993) while similar behaviour by cirri of barnacles resident in Goniatrea retiformis causes retraction in surrounding coral polyps (pers. obs.). In the present study submerged shallow water (<1 m water depth) colonies of Coeloseris mayeri also showed tissue retraction in bright sunlight which resulted in patchy paling of colour over the colony; such behaviour has also been observed on the apical surfaces of Leptoria phrygia, Goniatrea retiformis and Galaxea fascilaris in shallow, well-illuminated waters of the Maldives (unpubl. obs.). A possible factor in retraction behaviour in these latter examples is likely to be solar irradiation, with similar contraction in submerged symbiotic anemones occurring in response to high natural levels of ultraviolet radiation and hyperoxia (Dykens & Shick 1984; Shick & Dykens 1984).

Colouration of corals in the field is extremely difficult to quantify as a number of bleaching investigations have already highlighted (Gates 1990, Hayes & Bush 1992, Lang et al. 1992). Tissue movements during bright sunlight and aerial exposure in Coeloseris mayeri result in visible paling of the colour of colonies which does not involve loss of either zooxanthellae or the photosynthetic pigments, as noted in bleaching responses. In addition recent unpublished results indicate an almost 2-fold increase in chlorophyll concentrations in C. mayeri on a seasonal basis suggesting that seasonal photoacclimatisation as noted in anemones (Dykens & Shick 1984) and more recently in corals (Al-Sofyani & Davies in press) may also affect coral colouration throughout the year. Studies such as the present one indicate the need for better understanding of behavioural responses of both intertidal and shallow subtidal coral species if variations in colouration are to be correctly interpreted.

The extent, nature and significance of extreme tissue retraction in corals is worthy of further study for the phenomenon has the potential not only to affect apparent pigmentation of corals, but also the incorporation of chemicals into coral skeletons (Budd et al. 1993), local skeletal extension rates (Barnes & Lough 1993) and the scope for invasion of the skeleton by algae and other endolithic organisms (Moorhouse 1936).


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