Physiological ecology of crabs from Saudi Arabian mangrove

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ABSTRACT: This paper presents the results of field studies on the physiology, ecology and behaviour of 2 species of crab from Avicennia marina mangrove near Jeddah, Saudi Arabia. One crab, the ocypodid Uca inversa inversa, occurs at the top of the eulittoral zone where it constructs burrows. Measurements of microclimate show that these burrows provide essential protection from environmental extremes. Burrow temperatures (air and sediment) were consistently lower and less variable than sediment surface temperatures or air temperatures just above the sediment. Crab body temperature closely followed burrow temperature. When out of the burrow, evaporative cooling maintained body temperature lower than that of the surrounding air. The relative humidity of burrow air was consistently higher than that outside and the burrows provided a necessary source of standing water. Crab heart rate was monitored in order to assess physiological stress. The grapsid Metopograpsus messor occurs throughout the mangrove and makes strategic use of the mangrove vegetation in order to minimize the effects of thermal stress, though some crabs opportunistically utilize burrows. M. messor appears to be more vulnerable to thermal stress than U. inversa.

KEY WORDS: Crabs Uca · Metopograpsus Physiology · Ecology · Behaviour Burrowing · Mangrove

INTRODUCTION

The littoral environments of the Red Sea are characterized by wide diel temperature fluctuations (Morley 1975, Eshky 1985). Depending on the time of day and the time of year, environmental temperatures may rise above the upper lethal limits of the littoral fauna; it seems unlikely that their lower lethal limits are ever reached. Crabs are conspicuous members of mangrove ecosystems (mangal) throughout the tropics (Verwey 1930, Macnae 1968) and, in the case of the mangroves areas visited, there are 2 species which, by behavioural and physiological means, were found to be able to survive extreme environmental conditions. These are the ocypodid crab Uca (Amphiuca) inversa inversa (Hoffmann) and the grapsid crab Metopograpsus messor (Forskål). Uca inversa and M. messor are both semiterrestrial; U. inversa is common in Red Sea mangrove areas and occupies burrows in the upper eulittoral zone (Edney 1961, Crane 1975, Lewinsohn 1977, Vannini & Valmori 1981b, Sheppard et al. 1992), whereas M. messor shelters amongst the mangrove trees (Avicennia marina). M. messor is a widely distributed eulittoral species (Barnard 1950, Banerjee 1960, Forest & Guinot 1961, Crosnier 1965) which characteristically occurs on rocky shores, but also in other shore environments such as mangrove areas (Fishelson 1971, Hartnoll 1975, Jones et al. 1987, Vannini & Valmori 1981a, Sheppard et al. 1992). At appropriate times of day, both species emerge from refuges to forage, but each employs a different feeding strategy.

Red Sea mangal is often poorly developed (Jones et al. 1987, Sheppard et al. 1992) and Jones et al. (1987) noted a progressive impoverishment of the mangrove fauna towards the north of the Red Sea. The mangrove plants at the study sites consisted of bush-like growths of Avicennia marina which rarely exceeded 3 m in height.

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In this paper, the behaviour and physiology of *Uca inversa* and *Metopograpsus messor* were examined with particular reference to environmental temperature changes.

**METHODS**

Most field work was carried out at an essentially island site at Ras Hatiba, immediately NW of Dah‘ban, Saudi Arabia. During summer, a narrow causeway linked the study area to the mainland, but for much of the year this causeway was inundated. Human disturbance was minimal and there were large populations of both crab species. The most comprehensive series of experiments was conducted over complete 24 h periods. Thermocouples (RS Components) were used to monitor temperature changes in various microhabitats occupied by the crabs and were also used to record crab body temperature. In the latter case, a thermometer was inserted through a small hole drilled in the carapace dorsal to the hepatopancreas. Thermocouples were attached to a battery-powered meter via a selector switch (RS Components). The physiological condition of selected crabs was assessed by measuring heart rate using impedance electrodes (Hoggarth & Trueman 1967, Taylor 1976) connected to an oscillographic recorder (Searle Bioscience). Relative humidity in crab microhabitats was monitored using a portable digital psychrometer (Theis Clima). The behaviour of crabs was also continuously assessed and related to environmental changes (diel and tidal). In the case of *Uca inversa*, further microclimate information, including 24 h of recordings, was obtained from crab habitats near Getthlah on the Farasan Islands in the southern Red Sea. Limited observations were also made at Midaya, near Jizan (southern Red Sea).

Some burrows of *Uca inversa* were cast with polyester resin in order to determine their structure. Measurements were taken to investigate relationships between crab size and burrow size, and between burrow depth and position on the shore.

Laboratory experimentation was carried out at the Obhur Marine Station of the Faculty of Marine Science, King Abdulaziz University, Jeddah, Saudi Arabia. Here, a simulated natural environment in a large, circular (2 m diameter) outdoor tank enabled further experiments on the effects of temperature on crabs to take place. Tanks contained 40 cm depth of sediment from *Uca inversa* habitat; a water table was present 30 cm below the sediment surface. The *U. inversa* used in these experiments were obtained from Ras Hatiba and from Midaya where crabs were more abundant (over 30 crabs m$^{-2}$ in some areas) than at Ras Hatiba and a larger size range was available. These crabs readily constructed burrows in the sediment of the laboratory tank. The creation of areas of shade and shallow pools of standing water also enabled the tank to be used for experiments with *Metopograpsus messor* on other occasions.

The main periods of field investigation were in July 1987 (Midaya), October and December 1987 (Ras Hatiba), and January (Farasan Islands), March (Ras Hatiba) and July 1989 (Farasan Islands). Laboratory work on respirometry and blood chemistry also took place, both at King Abdulaziz University and at Glasgow University, Scotland, UK, from 1987 to 1991, but the results of this work will be reported elsewhere.

**RESULTS**

**Distribution and behaviour**

*Uca inversa*

At Ras Hatiba, the burrows of *Uca inversa* occurred in a broad zone from the top of the eulittoral close to terrestrial halophytic shrub vegetation to amongst *Avicennia marina* in the mid-eulittoral zone. No other *Uca* species was present at the site. In October 1987, 2 areas, each of 1 m$^2$, were carefully observed at hourly intervals. Each contained a number of *U. inversa* burrows; one was near the top of the *U. inversa* zone, the other was lower down the shore in the mangrove. No crabs were seen in the lower quadrat and there was absolutely no sign of any new feeding pellets or of newly excavated sediment. In contrast, the upper shore quadrat showed signs of both and crabs were seen emerging from several of the burrows within the quadrat. This implies either that the midshore crabs do not emerge during neap tide cycles, or that the burrows in this zone are vacated burrows that were occupied either during the previous spring tide cycle or earlier in the year when the mean sea level was lower. Burrow longevity is unknown at present.

In the upper shore zone the burrows were often occupied, and here counts of burrows in each m$^2$ along a 30 m transect indicated a burrow density of 8.8 m$^{-2}$ (SD 5.6). Burrow occupancy along the transect was not determined. Within the 1 m$^2$ upper shore sample quadrat, however, only 4 out of 13 burrows appeared to be occupied. Towards the lower edge of the *Uca inversa* zone, a lateral 30 m$^2$ transect gave a burrow density of 2.7 m$^{-2}$ (SD 2.3). No *U. inversa* were seen in this area (see above), so burrow occupancy is unknown; the absence of tracks, feeding pellets, or signs of fresh excavation and burrow plugging suggested that few, if any, of these burrows were occupied at the time of observation.
The behaviour of *Uca inversa* was influenced by both tidal and diel environmental variables. One 24 h experiment commenced at 12:30 h on 1 October 1987, with full data collection from 15:30 h until 14:30 h the following day. Recordings and observations were made at hourly intervals, at 30 min past each hour. Sunset occurred at just before the 18:30 h observations and sunrise just after the 05:30 h observations, so that at these times observations took place in twilight. The tide was a neap tide (moon in last quarter), but appeared to be influenced by the southwesterly wind. The study site was on the eastern side of the island. Measurements indicated that high water occurred at around 16:30 h and 04:30 h, low water at around 23:30 h and 12:30 h. This asymmetry was because wind effects masked the tidal effects (the total rise and fall was just 62 mm). The top of the *U. inversa* zone was never covered by these tides and here the depth of the water table varied from 32.0 to 25.8 cm beneath the plane of the sediment surface. The lower part of the zone under investigation was just covered by water at high tide. The water table in these burrows was, therefore, only some 6 cm below the sediment surface at low tide during the period of observation, whereas it was around 30 cm below sediment surface at this time in the upper part of the zone. Most of the zone under observation was not covered by the rising tide, though the lower sections of burrows were inundated by rising ground water.

Throughout the afternoon and night, the crabs remained within their burrows (except for a single specimen that was seen on the mud surface at 15:30 h). Emergence occurred in the morning, after several hours of daylight. For the crabs in the lower part of the zone under observation, this corresponded with the time when their burrow openings were exposed to aerial conditions by the receding tide. However, the crabs higher on the shore did not appear to emerge earlier so there may be an environmental temperature effect. Control of emergence is likely to be endogenous (see Lehmann 1976, Webb 1983). Emergent crabs were initially inactive at their burrow openings. Some removed plugs of sediment in order to emerge, but most burrows were not plugged. Soon, deposit feeding commenced with male crabs also making small-amplitude waving movements with the folded major cheliped. Male crabs appeared to emerge from their burrows before the females; the first male crab was seen at 07:15 h, whereas the first female was not seen until 07:50 h. At 09:30 h, many crabs were feeding. The mean feeding rate observed for 4 male crabs was 96 small cheliped movements min$^{-1}$, while that observed for a female was 102 min$^{-1}$ (both chelipeds used). Feeding activity continued throughout the period of emergence, but periodically crabs would return to their burrows. The frequency of this activity was not noted, but it is a well-known behaviour pattern described for other *Uca* species (Wilkens & Fingerman 1965, Macintosh 1978). This burrow retreat behaviour is probably primarily related to the need for water replenishment, but will also have the effect of reducing body temperature (Macintosh 1978, Atkinson & Taylor 1988).

At around 10:30 h a change in crab behaviour was noted. Male crabs were seen to be engaged primarily in display. This involved an erect stance, with the extended walking legs lifting the body well clear of the substratum, and waving movements of the major cheliped. In several cases, males attempted to attract the attention of specific female crabs. The closest encounters involved male and female crabs orientated back-to-back whilst making lateral movements. No successful courtship encounters were observed; the females all eventually retreated to their own burrows without further activity by the males. Occasionally, males disputed over territory, burrow occupancy or the attention of females. It is likely that peak courtship behaviour will be during periods of spring tide as in many other *Uca* species (Zucker 1983).

At 12:30 h, the number of crabs active on the mud surface had decreased from around 20 to 6 in the ca 10 m$^2$ area most closely studied, and the activity level of those remaining was also less than it was previously. Crabs were still engaged in display and feeding, interspersed with periods of inactivity in their burrow openings. Some digging activity was observed, both sediment removal from the burrow and plug construction, though most crabs observed made no attempts to do either. At 13:30 h, only 1 crab (a male) remained on the sediment surface at its burrow opening. Several minutes later it withdrew into its burrow and no more surface activity was observed. The rising tide reached the lower part of the zone under observation at 14:30 h.

These results are shown in summary form in Fig. 1. The physiological recordings that accompanied these observations are given together with measurements of environmental variables in a subsequent section (see Figs. 3A, 5 & 6A). Burrows of *Uca inversa* are illustrated in Fig. 2(a to i). The main orientation of the burrows was vertical. The burrows of male crabs had a loose spiral configuration, whereas those of the females had no spiral component. This appeared to relate to the fact that, in males, only the limbs on the minor cheliped side were employed in excavation and sediment removal. Of 24 burrows cast with polyester resin and examined in detail (16 occupied by male, 8 occupied by female crabs), 4 (2 occupied by male, 2 by female crabs) were Y-shaped with 2 shafts to the surface (Fig. 2b, where 1 opening was closed at the time of casting, and Fig. 2d). The remaining burrows had only 1 shaft and therefore a single
Fig. 1 *Uca inversa* and *Metopograpsus messor*. Summary of observed activities of crabs on 1–2 October 1987 at the Ras Hatiba study site. Tidally modulated changes in water table depth were monitored in the upper part of the *U. inversa* zone.

**Metopograpsus**

**Uca**

![Diagram of Metopograpsus and Uca activities](image)

Opening. For these 24 burrows, significant correlations were found between burrow width and crab size ($p < 0.001$), and between burrow depth and the position on the shore ($p < 0.001$); burrows higher on the shore were deeper, reflecting the necessity to reach the water table. These burrows and all other burrows excavated when collecting crabs for experiments contained standing water. The mean maximum burrow depth was 29.2 cm (SD 9.8, $n = 24$). A feature not represented in the burrows cast, but often seen in the burrows of large male crabs, was that the terminal section of the burrow curved to become horizontal and, in some cases, curved back towards the surface for a short distance. This section was sometimes slightly wider than the rest of the burrow. The burrows of female crabs were vertical or near-vertical shafts (deviations from the vertical were often to negotiate obstructions) and were often slightly dilated at the base.

Mud excavated from the burrows was deposited near the openings and, in some cases, at the top of the shore at Ras Hatiba, was used to construct a low rim around the burrow or was piled up at one side of the burrow opening (usually the landward side). *Uca* species are known to construct a variety of structures at their burrow openings (Zucker 1974, Crane 1975), but these were not prominent for the *U. inversa* observed.
This species was common in the mangrove at Ras Hatiba. Crabs were observed throughout the Avicennia marina zone, but unlike Uca inversa, they did not occur beyond its inland margin. On 1–2 October 1987, crab behaviour was observed along a 50 m transect parallel to the shoreline at the high tide mark and along a 50 m transect that traversed the shore, down to the approximate position reached by the low tide.

The behaviour of this species (see Fig. 1) was quite different from that of Uca inversa since most specimens did not withdraw into burrows, but utilized the shade provided by the Avicennia marina plants during the warmest hours of the day. Some crabs, however, were seen to be active during all daytime observation periods, and their activity was probably related to foraging and occurred most in the shade of the mangrove. Detailed observations of feeding were made only on 2 occasions. During the first, at 16:30 h, crabs were seen to be rapidly conveying small particulate material from the sediment surface to their mouthparts, using their chelipeds. This material was probably derived from the mangrove plants since it is well known that various components of mangrove litter are consumed by crabs (Micheli et al. 1991). The second feeding observation was at 11:45 h, when a crab was seen to attack a male U. inversa. The grapsid seized the male’s major cheliped, which was then shed and carried away by the grapsid.

During the cooler hours of the day, Metopograpsus messor were seen moving across the mud plain amongst the Avicennia marina pneumatophores. This activity occurred both in shallow water when the crabs were either totally immersed or partially immersed, and when the crabs were exposed to the air by the ebb tide. The largest numbers of crabs were seen in conditions of aerial exposure and movements into water were often in response to human disturbance. As the temperature increased, crab activity decreased and most crabs moved into the shelter of the A. marina. At low tide, crabs remained around the bases of the trees and, as the tide flooded, they climbed up the trunks of the trees to remain just above the surface of the water. During the warmest part of the day, the water temperature over the mud flat reached 38.5°C. The air temperature in the shade did not exceed 34.6°C and relative humidity was always greater than 60.8%. An alternative strategy for some crabs was to occupy burrows. Some of these burrows were modified Uca inversa burrows (e.g. Fig. 2n), but many were of shallow construction and were apparently made by M. messor. This is supported by an observation of 1 specimen of M. messor removing sediment from a shallow burrow. Examples of these burrows are given in Fig. 2(j to m). It is possible that some of these burrows may have been the modified burrows of Macrophthalmus spp., but investigation failed to reveal any of these crabs at the site. M. messor were seen to occupy burrows whose openings were both immersed and emersed, but most were in the latter category.

Nocturnal observations were particularly interesting. During the part of the night when the flood tide covered the mud flat, Metopograpsus messor were seen to climb high into the Avicennia marina. Some were seen clinging to foliage in the upper half of the trees, while many clung to the main branches close to where they diverged from the trunk. These crabs appeared to be inactive. Others climbed above the water by bracing themselves between adjacent A. marina pneumatophores, the walking legs on one side clinging to one pneumatophore and those on the other side clinging to another. It may be significant that the water temperature dropped to 26.0°C during the night. The minimum air temperature was 27.4°C only on 2 occasions. During the first, at 16:30 h, crabs were seen to be rapidly conveying small particulate material from the sediment surface to their mouthparts. This material was probably derived from the mangrove plants since it is well known that various components of mangrove litter are consumed by crabs (Micheli et al. 1991). The second feeding observation was at 11:45 h, when a crab was seen to attack a male U. inversa. The grapsid seized the male’s major cheliped, which was then shed and carried away by the grapsid.

Further field observations were made from 11:30 to 21:30 h on 23 March 1989 at the same site. On this occasion, microclimatic data were collected around one of the largest mangrove trees near the top of the shore and the body temperatures of 2 crabs were monitored (see below). At the same time the behaviour of the small number of crabs occurring around this tree was noted. Only 4 crabs were noted at 13:30 h and these were all in the shade at the base of the trunk. At 15:30 h, 6 crabs were present in this region, some of which were making excursions on the mud surface. Thereafter, the numbers of crabs observed at hourly intervals fluctuated at between 4 and 8 crabs. Observations suggested that the variation in numbers reflected local immigration and emigration rather than emergence from cryptic locations which had been overlooked previously. Observations also indicated that as environmental temperatures declined, crabs became more active and moved over the sediment plain, resting in areas of shade, and that such ambulatory activity was greatest during darkness. As in the October observations, crabs appeared to avoid prolonged immersion, and at 21:30 h, when the tide reached the site, 1 crab was seen to climb up pneumatophores and others ascended the trunk of the tree to remain above the water level.
Environmental variables

Uca inversa habitat

Diel variations in temperature are shown in Fig. 3. Fig. 3A illustrates data obtained at Ras Hatiba on 1-2 October 1987; Fig. 3B illustrates data obtained at the Farasan Island site on 17-18 January 1989. Fig. 3A, B illustrates the close correspondence between crab body temperature and temperature within the burrow. In each case, this latter temperature was measured by a thermocouple cemented to the crab and positioned to measure temperature ca 2 mm above the carapace. This will be either air temperature or sediment temperature (when the dorsal carapace is in contact with the burrow wall); burrow air temperature is similar to the temperature of the surrounding sediment (see Table 2). Wired crabs did not emerge from their burrows (7 male crabs were used in these experiments; all behaved similarly). The temperature at the sediment surface during this period showed marked diel variation. At Ras Hatiba, it reached 52°C during the day and dropped to 28°C at night, a variation of 24°C. Corresponding values at the Farasan site were 44 and 25°C, a variation of 19°C. Air temperature close to the sediment at Farasan reached 37°C during the day and dropped to 23°C at night. A complete set of corresponding data is missing from Ras Hatiba because of a malfunctioning thermocouple, but such data as exist indicate that air temperatures above the sediment surface reached at least 36°C during the day and dropped to 27°C and possibly less during the night. These marked diel cycles contrast with much less variable conditions experienced by the crabs within their burrows.

Another series of temperature measurements was taken at the same site on 9-10 December 1987. On this occasion the diel variation in air temperature above the sediment surface was 11°C and the maximum temperature was only 31°C. Mud surface temperature reached 42°C. Crab body temperatures were more variable (18.0 to 28.1, 18.0 to 29.5, 18.0 to 29.0, 22.1 to 27.0°C) than in the October and January observations illustrated in Fig. 3. A thermocouple at a depth of ca 30 cm depth within a burrow revealed a diel variation of only 5°C, which suggests that the 3 crabs which showed larger diel variations than this remained mostly in the upper parts of their burrows where temperature variations were greater (see Tables 1 & 3). Their degree of movement was probably restricted by the thermocouple and impedance wires attached to them.

Temperature profiles were taken through the sediment on 2 October 1987 at 06:30 and at 12:30 h (Fig. 4).
The location was just beyond the landward edge of the mangrove amongst the burrows of *Uca inversa*, i.e. at the top of the zone occupied by these crabs.

At 06:30 h the tidally varying water table was 27 cm below the sediment surface; at 12:30 h the water table was at 30 cm below the sediment surface. Note that the highest deep burrow temperatures occurred at 06:30 h. The situation at 12:30 h was the inverse of this.

Another series of measurements was carried out at 2 h intervals from 12:00 to 10:00 h on 23 March 1989. These are shown in Table 1. These data indicate that the sediment acts as a heat reservoir and that the heat maxima at depth occur many hours after those at the sediment surface. Similar effects have been reported by Powers & Cole (1976). Air temperatures within burrows will closely follow those of the sediment (Eshky 1985). This was seen in measurements taken at both at and around an opening of the burrow of *Uca inversa*, and explains the diel variation in burrow air temperature profiles seen in Fig. 4. The Ras Hatiba data, obtained on 6 October 1987, are given in Table 2.

Mud surface temperature was 36°C, air temperature 30 cm above the sediment surface was 32°C, relative humidity 30 cm above the sediment surface varied between 67 and 71% and relative humidity 20 cm within the burrow was 79%. These data were determined in the late morning when the high sun appeared to be responsible for slight heating in the upper part of the *Uca inversa* burrow.

The data in Table 3 were obtained at the same site on 23 March 1987. From these data it is clear that air temperature variations in the burrow may be the inverse of those in the outside air, particularly in the deeper parts of the burrow. Here, temperatures appear to be determined by the temperature of the surrounding sediment. The burrow is therefore cooler by day and warmer by night than conditions outside.

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Table 1. Temperature profiles taken through the beach sediment at Ras Hatiba on 23 March 1989. Maximum temperature in the sediment column at each recording interval is emphasized in **bold** type

<table>
<thead>
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<th>Depth in sediment (cm)</th>
<th>12:00 h</th>
<th>14:00 h</th>
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Table 2. *Uca inversa*. Beach sediment and burrow air temperature profiles taken at Ras Hatiba on 6 October 1987

<table>
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<tr>
<th>Depth in sediment (cm)</th>
<th>Mud temp. (°C)</th>
<th>Burrow air temp. (°C)</th>
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Limited data were obtained at Midaya on 6–7 July 1987 and at the Farasan Island site on 20 July 1989. The Farasan data indicated that the air temperature at and around an opening of the burrow of *Uca inversa* declined from 40°C at 15:00 h to 35°C at 19:00 h; corresponding sediment surface temperatures declined from 50 to 38°C. Throughout this period the air temperature at 20 cm depth within a burrow was around 5°C lower than at the opening, but deeper measurements were not taken. At Midaya in July there was a 21.8°C diel variation in sediment surface temperature (52.4 to 30.6°C) and burrow temperatures were consistently lower and less variable (24 to 31°C) than sediment surface temperatures or air temperatures just above the sediment (30 to 44°C).

Despite the fact that the data set is not extensive, it is clear that, in summer, daytime surface temperatures may exceed the upper lethal limits of the crabs (43.4°C according to Edney 1961, between 40 and 45°C according to our data) and that the burrow provides essential protection. Our upper thermal limit data are limited in extent. In one experiment in saturated air, involving a total of 50 crabs, the LD50 (50% lethal dose) at 39, 40, 41, 42 and 43°C were at around 240, 30, 20, 6 and 2 min, respectively. In another experiment, in which the effect of temperature on heart rate was investigated, heart rates were recorded from several large crabs for several minutes at 45°C before their death at such a high temperature. Limited survival at such high temperatures has been shown for some other *Uca* species (Vernberg & Tashian 1959).

Relative humidity (RH) values were higher during the night than during the day. Fig. 5 illustrates data from Ras Hatiba on 1–2 Oct 1987; similar data were obtained from the same site in December 1987 and from the Farasan site in January.
Further field measurements at the Ras Hatiba site were made from 13:30 to 21:30 h on 23 March 1989. On this occasion, temperature and RH were measured in and around a mangrove tree utilized by *Metopograpsus messor* and notes made of the behaviour of unrestrained crabs. Using thermocouples, the body temperatures of 4 crabs were monitored in controlled conditions of sunlight and shade (see below). These crabs had local freedom of movement, but tethering of the thermocouple wires prevented them moving from selected conditions (e.g. they could be kept on the sediment surface or amongst vegetation, in either shade or open sun).

During the period of observation, the temperature of the sediment surface dropped from nearly 37°C at 13:30 h (in direct sunlight until 17:30 h) to around 21.5°C at 21:30 h (Fig. 5). Unfortunately, the sediment surface probe became partially buried, but showed that the temperature at around 1 cm below the surface of shaded sediment was relatively constant throughout this period, at around 25°C, varying by less than 2°C. Based on the evidence of Table 1, the temperature at the sediment surface will be several degrees warmer than this during daylight. Air temperatures just above the ground and at various heights above it adjacent to the trunk and amongst the foliage of the mangrove tree showed that temperatures here were very similar to each other and less severe than at the surface of unshaded sediment, declining from 31.4°C at 13:30 h to 23.9°C at 21:30 h. The water temperature at the edge of the rising tide also followed a similar trend, declining from 27°C at 16:00 h to 23°C at 21:30 h, with the water reaching the site at 21:30 h. Thus, the water temperature in the *Avicennia marina* zone was lower than in the October observations, this being due to the fact that the flat was not inundated until the evening.

Measurements of RH on 23 March showed that 2 to 3 cm above the sediment surface, amongst the pneumatophores of the mangroves, RH rose from 80% at 15:30 h (the first measurement) to 100% following sunset. Values were lower amongst the foliage, some 1.5 m above the ground, increasing from 65% at 15:30 h to around 75% after dusk (the last reading was at 21:30 h).

Thermocouples attached to crabs were used to simultaneously measure crab body temperature and the temperature just above the dorsal carapace. Fig. 6 illustrates representative results from 2 crabs, one maintained in the sun and the other in the shade (on moist sediment in each case). The advantages of remaining in shaded conditions are clear. Crab tem-
Temperature was intermediate between the initially unshaded sediment surface temperature and the air temperature measured by the thermocouples near the ground and amongst the vegetation. These thermocouples gave a temperature lower than those given by the air temperature thermocouple attached to each crab, but the records of crab body temperature were very similar to the temperatures recorded by the thermocouple reading air temperature just above the dorsal carapace. The most likely explanation for these air temperature differences is that, despite being in the shade provided by a mangrove tree, the dark bodied crab may have absorbed sufficient solar energy to slightly elevate its temperature relative to its surroundings during daytime.

**Physiological responses**

*Uca inversa*

It has been seen that, when the crab was within its burrow, its body temperature closely followed burrow environmental temperature (Fig. 3A, B). Both data sets show slight divergence between crab body temperature and burrow environment temperature. This could be a real effect: where the divergence occurs, the crab is usually slightly cooler than the burrow. A number of mechanisms enable crabs to keep cooler than their immediate environment (see Smith & Miller 1973); a major one is evaporative cooling. This could only work within the burrow if the relative humidity around the crab was less than 100%. Evaporative cooling may be suggested by the data illustrated in Fig. 3A where a very small divergence between crab body temperature and burrow environment temperature was only apparent during the day. Discounting a calibration error, a more likely explanation for the divergence in the data illustrated in Fig. 3B is that small differences between air and sediment temperature are reflected in the data, depending on whether or not the thermocouple on the carapace was in air or was against the burrow wall. The differences are, in any case, very small.

In order to investigate the ability of crabs to achieve body temperatures below those of the environment, several crabs were maintained on the sediment surface in direct sunlight and in the shade. Thermocouples were used to record body temperature and air temperature just above the dorsal carapace. The temperature data illustrated in Fig. 7 show a typical result for a crab moved into direct sunlight. This crab was able to keep its body temperature lower than that of the outside air (relative humidity was 80%). It is likely that this effect was mainly due to evaporative cooling (see Smith & Miller 1973). Most of these experiments were carried out in simulated natural environments in outside aquaria at the Obhur Marine Station. Here crabs deprived of access to their burrows had access to shallow (ca 1 cm deep) pools of water which they visited frequently. One field observation is pertinent. On this occasion, a crab became trapped on the sediment surface by its thermocouple wires. The crab survived for just 1 h and its death was presumably caused by the combined effects of high temperature (the mud surface temperature reached 47°C) and desiccation stress.
Similar lethal results of being trapped on the sediment surface away from water were seen in crabs in simulated natural conditions in outdoor aquaria. Under natural conditions, periodic visits to their burrows enabled crabs to take up water (water is essential for the floatation deposit feeding strategy as well as for gill irrigation and evaporative cooling).

The degree of physiological stress imposed by temperature changes can be assessed from an examination of corresponding changes in heart rate. Seven crabs were prepared for simultaneous recording of body temperature and heart rate and typical results are presented in Fig. 8A, B. In general terms, heart rate was positively correlated with environmental temperature. When Fig. 8A and 8B are compared, a seasonal difference in the temperature range experienced by the crabs is evident, but the trends are similar. Taking into account the temperature profiles presented in Fig. 4 and Tables 1 to 3, it should have been possible for crabs to maintain themselves in a narrower temperature range than that experienced (Fig. 8). The movement of experimental crabs within their burrows was probably impeded by trailing wires since they did not emerge during the day. Whether or not unrestrained crabs adjust their position within their burrows for thermal reasons remains unknown, but is an intriguing possibility.

Heart rates in the 7 crabs used in the field experiments varied from below 100 beats min\(^{-1}\) at around 20°C to over 300 beats min\(^{-1}\) at around 30°C. Smaller crabs had higher heart rates than larger crabs, which is a normal relationship (Eshky et al. 1988). Further information on the relationships between crab size, body temperature and heart rate will be published elsewhere, together with evidence that small *Uca inversa* are more vulnerable to high temperatures than large specimens.

In the outdoor tanks at the Obhur Marine Station, crabs wired for heart rate recordings occasionally moved in and out of their burrows (unlike the wired crabs observed in the field). These data showed a close relationship between temperature and heart rate and between heart rate and activity. Thus, the highest heart rates were recorded from active crabs on the sediment surface in sunlight and the lowest rates from inactive crabs within their burrows at night. For example, a 1.4 g male crab had a heart rate of around 300 beats min\(^{-1}\) when active on the sediment surface at 35°C, and this reached 368 beats min\(^{-1}\) at 40°C. Heart rate dropped to around 100 beats min\(^{-1}\) in the burrow at night.

### Metopograpsus messor

Experiments in simulated natural conditions in outdoor aquaria at the Obhur Marine Station indicated that this species is vulnerable to high temperature stress. With ready access to water, some crabs experiencing 20 min periods of exposure to sunlight were able to use evaporative cooling to achieve modest reductions in their body temperature relative to the temperature of the outside air (usually <1°C).
During the warmest part of the day, unshaded sediment surface temperatures exceeded the presumed upper lethal limits of both species of crab. Deprived of the ability to reduce their temperature by evaporative cooling, crabs trapped on the dry sediment surface died.

Metopograpsus messor, like other semiterrestrial grapsids, needs to have a film of water beneath its body in order to maintain a circulation of water between its branchial surfaces and certain external body surfaces where the water is reoxygenated (Alexander & Ewer 1969). These authors have shown that evaporative losses prevent such circulation from being maintained when crabs do not have contact with moist substrata. Uca inversa has extensively vascularized expanded epibranchial chambers which are analogous to lungs (Verwey 1930). These are air filled, but their surfaces need to be kept moist: water is periodically replenished from either moist substrata or standing water, the main source of which is within the burrow. The presence of epibranchial 'lungs' means that U. inversa does not need to reoxygenate branchial water by passing it over external body surfaces, so it does not require constant access to surface water. This respiratory difference is a further explanation for the observation that M. messor was seen to occupy shaded, damp locations during the day.

Although the observations and experiments reported here need to be extended, they do give an insight into the way that mangal decapods cope with the harshness of its environment. The present work builds on that of Edney (1961) and Crane (1975) for this species. U. inversa experiences more extreme conditions than most crabs of this genus and occurs higher on the shore than any other Red Sea species of Uca. The importance of a burrow in providing various crab species with protection from environmental extremes has been noted by a number of workers (e.g. Edney 1961, 1962, Powers & Cole 1976, Messana et al. 1977, McIntosh 1978, 1982, 1988); Atkinson & Taylor (1988) review much of this information. Burrows reportedly give protection from both high and low temperature extremes. Edney (1961) indicated that the lower lethal temperature for U. inversa from Inhaca Island (Mozambique) was between 7 and 8.5°C and he considered that such temperatures would rarely, if ever, be encountered (as is also likely for Red Sea beaches). Smith & Miller (1973) and Powers & Cole (1976) were able to show that both upper and lower lethal temper-
atures could be experienced by Uca spp. from Florida and Texas (USA) and the burrow provided essential protection from both. It is clear that upper and lower lethal temperatures for various Uca species can be correlated with their habitat temperature and that the geographical distribution of Uca species is influenced by their ability to cope with thermal extremes (Vernberg & Tashian 1959, Edney 1961, Vernberg & Vernberg 1967).

Burrows also give access to water. For Uca spp., a regular pattern of burrow retreat behaviour is well known (Wilkins & Fingerman 1965), though its primary function has been debated. The primary function of this burrow retreat behaviour is not thought to be thermoregulatory (as suggested by Wilkins & Fingerman (1965)), but to replace lost water (Smith & Miller 1973, Macintosh 1978, Little 1983). Macintosh (1978) considered that the main stimulus for this behaviour was feeding (the separation of organic material from sediment in the mouthparts requires water; Miller 1961), rather than the replacement of evaporative losses. Smith & Miller (1973) indicate that body surfaces remoistened within the burrow would result in evaporative cooling when a crab returned to the surface. Crabs will not only lose water from moistened surfaces, however, since the exoskeleton is not impervious (Herreid 1969a, b). High temperature and desiccation stresses are related and it seems likely to us that water loss is also an important stimulus for retreat to the burrow. The importance of the burrow, however, is not in question. Macintosh (1988) states that the burrows of crabs in SE Asian mangroves provide essential protection from temperature and salinity stress, desiccation and predation. This must also be true for Red Sea burrowing crabs like U. inversa.

Metopograpsus messor lacks a habitual burrowing strategy, although some crabs were observed to use burrows as refuges, and the grapsid mainly makes strategic use of the shade provided by the mangrove vegetation in order to escape from high environmental temperatures. Since some mangrove crabs have been shown to vary their use of refuges in response to seasonal differences in microhabitat climate (Wilson 1989), it would be interesting to further investigate the use of cover by M. messor.

For Uca inversa, it is now necessary to precisely determine lethal limits and compare them with the results of Edney (1961) who briefly worked on the same species at Inhaca Island. Water loss needs to be evaluated at different temperatures and humidities, as does rehydration success following desiccation, so that the stress tolerance of the species can be assessed. Such changes require information on osmoregulation, excretion and blood chemistry. Evaporative cooling not only involves water loss, but also the concentration of salts. There is a delicate balance to be achieved between evaporative cooling strategies and water and salt regulation (see Bliss 1968, Little 1983, Powers & Bliss 1983). All these aspects will need to be assessed before a comprehensive view of adaptation to environment can be formulated.

It must be remembered that the behavioural and physiological responses reported above relate to only short periods of field work. They need to be compared with field results at other tidal periods and at other times of year. For example, little burrowing activity was observed in Uca inversa. Was this because burrowing mainly occurs during periods of spring tide? How does the severity of the microclimate during spring tides compare with those during neap tides? Does environmental high temperature modify U. inversa behaviour during summer? What happens to the seemingly vulnerable Metopograpsus messor in summer? What is the physiological response of each species to low temperature? There are many such questions that further work may resolve.

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