Changes in buoyancy and chemical composition during growth of a coastal marine diatom: ecological and biogeochemical consequences

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ABSTRACT: Growth and sinking of the coastal marine diatom *Thalassiosira weissflogii* was studied during experiments in a 2.1 m tall water column. Under nutrient-replete conditions, *T. weissflogii* grew rapidly in the upper layer of the tank and cells exhibited nearly neutral buoyancy. Cells sank, however, after depletion of ambient nitrate. The growth and sinking of cells were well described by a simple model with nitrate-dependent growth and sinking terms. The best fit was obtained by describing the sinking response with a sigmoid function, where the time scale for increased sinking was 25 h after nitrate depletion. Smaller-scale batch culture experiments showed changes that were consistent with increased sinking upon depletion of nitrate: carbohydrate per ml of culture increased 2- to 5-fold over 3.5 d, while protein per ml did not change significantly. After re-introduction of nitrate into the medium, carbohydrate-protein ratios reverted to their original values. Calculations show that intracelular density and cell sinking rate should change substantially due to fluctuations in carbohydrate and that increased ballast of carbohydrate was sufficient to cause the sinking observed in the tank. Changes in the buoyancy of small (15 μm) diatoms such as *T. weissflogii* in response to changes in nutrient status have important ecological and biogeochemical implications. Nutrient-dependent changes in sinking rates can result in increased residence time of cells in the mixed layer of the ocean, and in enhanced transport of deep nutrients to the euphotic zone uncoupled from inputs of inorganic carbon.

KEY WORDS: Buoyancy, Chemical composition, *Thalassiosira*, Sinking, Carbohydrate, Protein

INTRODUCTION

Suspension and sinking of marine phytoplankton have received considerable attention in recent years due to increased interest in the flux of organic material to the deep sea (Michaels & Silver 1988, Jahnke 1990). Since an organism's vertical position in the water column will ultimately determine its overall primary productivity and growth, an understanding of mechanisms of suspension and sinking is critical to accurate descriptions of marine ecosystems (Smayda 1970, Walsby & Reynolds 1980).

Stokes' law is usually used to describe the sinking rate of phytoplankton cells (Smayda 1970, Vogel 1981, Oliver 1994):

$$ V = \frac{2gr^2(p - p')}{9 \mu \Phi} \quad (1) $$

where $V$ is the sinking rate of the cell (m s⁻¹) (positive in the downwards direction), $g$ is acceleration due to gravity (m s⁻²), $r$ is cell radius (m), $p$ is intracellular density (kg m⁻³), $p'$ is the density of sea water (kg m⁻³), $\mu$ is the dynamic viscosity of sea water (kg m⁻¹ s⁻¹) and $\Phi$ is a dimensionless coefficient of form resistance, which is the ratio of the velocity of an equivalent sphere to that of cells of similar density and volume (Heaney & Butterwick 1985). The $(p - p')$ term is known as excess density.

Motile phytoplankton are capable of directed swimming and can control their position in the water column (e.g. Cullen 1985), while the vertical position of non-motile phytoplankton is determined by interactions between the buoyancy of a cell and its physical
sinking cells had greater probability of being mixed back up to the surface. Prolonged cycles of sinking and resuspension meant that cells were 'shuttled' between nutrient-rich (deeper) waters and higher irradiance surface layers (Lande & Wood 1987).

In this study, we focus on the buoyancy of a relatively small coastal marine diatom and on the connection between cell buoyancy, nutrient status, and cellular chemical composition. Experiments performed in a 2.1 m tall laboratory water column showed that a population of nutrient-replete *Thalassiosira weissflogii* was almost neutrally buoyant, but once nutrients ran out the nearly neutral buoyancy was lost. To determine the mechanisms of sinking, we examined changes that occur in carbohydrate and protein during nutrient depletion and how changes in these constituents may affect cell sinking rates. Results are discussed in terms of the ecological advantages of buoyancy changes, both with respect to increased sinking rates upon nutrient depletion and decreased sinking rates when nutrient-replete. Finally, we discuss the potential biogeochemical consequences of buoyancy changes as a result of unbalanced growth.

**METHODS**

**Tank experiments.** Unialgal cultures of the marine diatom *Thalassiosira weissflogii* (Provasoli-Guillard Center for Culture of Marine Phytoplankton strain no. 1336) were grown in 10 l polycarbonate carboys which contained 8 l of sterile-filtered artificial sea water (ASW)-based 1/2 medium (Guillard 1972) with nitrate concentration adjusted to 440 μM. Sterile filtration was done using a 0.2 μm Culture Capsule filter (Gelman Sciences, Ann Arbor, MI, USA). Cells were grown at 20°C, on a 16 h light:8 h dark cycle. Illumination was from 7 Vita-Lite fluorescent lamps providing a quantum scalar irradiance of 150 μmol m⁻² s⁻¹ (photosynthetically active radiation, PAR) as measured by a Biospherical Instruments QSL-100 4π sensor placed just outside the culture containers.

Experiments were conducted in a 2.1 m tall, 0.29 m inner diameter (i.d.) opaque polyvinylchloride cylinder (Fig. 1; see Cullen & Horring 1981, Heaney & Epplie 1981). The bottom of the tank was surrounded by a barrel through which 9°C water was circulated to produce temperature stratification. The top portion of the tank was wrapped with an insulating blanket to conserve heat and to maintain a stable temperature gradient. Illumination was provided from above on a 12 h light:12 h dark cycle (lights on from 08:00 to 20:00 h) using a 250 W metal halide Grow Lamp (Applied Hydroponics, Inc., San Rafael, CA, USA) shining through a running-water heat filter made of clear
acrylic. Irradiance just below the surface water of the tank was approximately 150 μmol m⁻² s⁻¹ PAR as measured with a QSL-100 submersible sensor. Room temperature averaged 20°C, though variations (±3°C) occurred due to heating by the lamp during the day and cooling of the ambient air at night; variations in water temperature were minimized by the insulating blanket.

The tank was filled with 100 l of sterile-filtered ASW-based f/2 medium without nitrate and was inoculated with the 8 l culture of exponential phase *Thalassiosira weissflogii* described above. Nearly uniform vertical distribution of the culture was achieved by pumping the inoculum of *T. weissflogii* into the tank using a Masterflex peristaltic pump with 5 mm i.d. silicone tubing, while simultaneously mixing the tank by pulling the tube up and down. This resulted in an initial chlorophyll concentration of approximately 7 mg m⁻³, an initial nitrate concentration of 30 μM, and an initial temperature of 20°C. Once these conditions were established, the 9°C water was circulated through the barrel surrounding the bottom of the tank, and a sharp thermocline at about 150 cm depth was established within 12 h of inoculation. This thermocline remained nearly constant for the duration of the experiment (Fig. 2A). Cells were allowed to adjust to tank conditions for approximately 4 d, after which routine sampling began.

Vertical profiles were conducted using a double-tube profiling system much like that described by Cullen & Horrigan (1981) (refer to Fig. 1). Weighted silicone tubing (i.d. 1.6 mm) was lowered into the tank. One end of the tube ran from the tank, through a Masterflex peristaltic pump (flow rate approx. 30 ml min⁻¹) to the micro-flow-through cell of a Turner Designs Model 10-005R fluorometer. A return-flow tube carried this water to the depth from which it came, with little disruption of temperature stratification in the water column. Daily monitoring of 3(3,4-dichlorophenyl)-1, 1-dimethylurea (DCMU)-induced fluorescence ratios (Roy & Legendre 1979, Vincent 1980) indicated no deleterious effects of pumping to photosynthetic capacity of cells. A thermistor was attached near the intake tube which gave vertical profiles of temperature. Using this double-tube system, profiles of fluorescence and temperature were performed at depth intervals of 20 cm. Vertical profiles were done for 20 d, 6 times daily (at 01:00, 07:30, 11:00, 14:00, 17:00, and 20:00 h). Sampling times included one point at the end of the dark period (the 07:30 h profile) and one point at the end of the light period (20:00 h).

Samples for cell counts, chlorophyll, and nitrate concentration were removed from a T-connector in the return flow tube at 3 to 5 depths per profile. Depths chosen for sampling depended upon observed vertical distributions of fluorescence. Chlorophyll concentrations were determined by fluorescence after at least 24 h extraction in 90% acetone in the dark at −10°C (Strickland & Parsons 1972). Nitrate concentrations

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**Fig. 1.** Schematic of tank experiment apparatus. See ‘Methods’ for details.

**Fig. 2.** (A) Temperature profiles at 3 time points during the tank experiment: Day 1 (●), Day 4 (○), and Day 10 (♦). (B) Irradiance profiles measured with distilled water in the tank (no cells) (●) with exponential curve fit as solid line) and modeled curves for Day 5 (---) and Day 10 (···) of the experiment (see ‘Methods’ for details).
were determined by a Technicon Auto-Analyzer II, and cell counts were done with an inverted microscope on cells preserved with a 1% solution of paraformaldehyde and glutaraldehyde (1:1 by volume) to a final concentration of 0.01%. Fluorescence measurements were converted to chlorophyll concentration using a conversion factor calculated from determinations of chlorophyll at 3 to 5 depths in each profile, with intermediate values determined by linear interpolation of fluorescence-chlorophyll ratios. Specific rate of increase \( (k \text{ in } d^{-1}) \) of cells from the surface of the tank were determined by non-linear least squares regression analysis of an exponential growth curve, fit to the chlorophyll time series before depletion of ambient nitrate.

A profile of irradiance is shown in Fig. 2B. Due to the bulkiness of the light profiling apparatus, and its detrimental effects on thermal stratification in the tank, a light profile was determined only prior to the beginning of the experiment when the tank was filled with distilled water and there were no diatoms present. A rough approximation of the incremental attenuation of PAR due to increased chlorophyll throughout the experiment was modeled assuming a direct light path with attenuation due solely to absorption, with a specific absorption coefficient for phytoplankton of 0.015 m\(^2\) (mg chl\(^{-1}\))\(^{-1}\) (Kirk 1994) (Fig. 2B).

**Batch culture experiments.** For batch culture experiments, triplicate cultures of *Thalassiosira weissflogii* were grown in 10 l polycarbonate carboys which contained 7 l of ASW-based f/2 medium with nitrate concentration adjusted to near 30 µM. Cells were grown at 20°C on a 12 h light:12 h dark cycle, and were illuminated with Vita-Lite fluorescent lamps providing an irradiance of 150 µmol m\(^{-2}\) s\(^{-1}\) measured just outside culture containers. A time-course experiment was conducted during which triplicate samples from each culture were taken morning and evening (just before lights-on and lights-off) for analysis of chlorophyll, nitrate, protein, and carbohydrate. Chlorophyll and nitrate were analyzed as described for tank experiments, protein was analyzed by the Biuret-Folin method of Dorsey et al. (1978) using bovine serum albumin (BSA) as standard, and carbohydrate was measured as glucose equivalents by the phenol-sulphuric acid method of Dubois et al. (1956). Samples were taken before and after depletion of nitrate from the culture medium. Cells were allowed to go without nitrate for 3 d, after which 100 µM of NaN\(_3\) was added to observe recovery of cells and accompanying changes in the accumulation of cellular constituents. Specific growth rates \( (k \text{ in } d^{-1}) \) were determined by non-linear least-squares regression analysis of an exponential growth curve, fit to the chlorophyll time series obtained before depletion of ambient nitrate.

**RESULTS**

Nearly neutral buoyancy in nitrate-replete *Thalassiosira weissflogii* grown in the experimental water column

A total of 103 profiles were performed during the 20 d tank experiment. Under nitrate-replete conditions, *Thalassiosira weissflogii* had a specific rate of increase of 0.3 d\(^{-1}\) at the surface of the tank, reaching chlorophyll concentrations of 100 mg m\(^{-3}\) after 10 d (Fig. 3A). Cells exhibited nearly neutral buoyancy during this period. This assertion is based upon the follow-
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Chlorophyll profiles done at 20:00 h each day (Fig. 4) show increases near the surface with minimal accumulation at depth until after Day 10, at which time the profile changed dramatically showing accumulation at mid-depth (Fig. 4B), then deep in the tank (Fig. 4C). Cell counts (Fig. 5) confirm that cells disappeared from surface waters. Cell count data and surface chlorophyll data (Fig. 3A) showed that cells did not sink immediately upon depletion of nitrate from the medium. Qualitative examination of chlorophyll data shows a time lag of approximately 48 h; a slightly longer lag (60 h) is indicated by cell count data. The difference is consistent with a change in chlorophyll per cell after depletion of nitrate from culture medium (Fig. 5). A diel series of profiles taken between 01:00 and 20:00 h on a typical day before nitrate depletion shows rapid accumulation of chlorophyll between 11:00 and 14:00 h with profiles keeping their characteristic shape throughout the day (Fig. 6).

Fig. 4. Representative chlorophyll profiles done at 20:00 h daily during the tank experiment. (A) Profiles on Day 1 (initial), 6, 7, 8, and 9 (in order, left to right). (B) Days 15 ( ), 17 (O), and 18 ( ). (C) Days 19 ( ), 21 ( ), and 22 ( ). Error bars are ±SE of triplicate measurements. Symbols with error bars are true chlorophyll determinations; those without error bars are chlorophyll values converted from fluorescence profiles.

Fig. 5. Time-course of cell counts ( ) and chlorophyll per cell ( ) of Thalassiosira weissflogii taken from surface water of the experimental tank. Error bars are ±SE of triplicate measurements. Arrow indicates time at which nitrate was depleted from surface waters.

Fig. 6. Diel series of chlorophyll profiles done on a representative day (Day 8) before depletion of nitrate from surface waters of the tank. Profiles were done at 01:00 ( ), 07:30 ( ), 11:00 ( ), 14:00 ( ), 17:00 ( ), and 19:30 h ( ). The 07:30 profile is just before lights-on; 19:30 is just before lights-off. Error bars are ±SE of triplicate measurements.
Growth of cells and changes in carbohydrate and protein during batch culture experiments

Batch culture experiments examined changes in chlorophyll, protein, and carbohydrate during nitrate-replete and nitrate-depleted growth of *Thalassiosira weissflogii*. Initially, cells grew exponentially at a rate of $0.3 \pm 0.01$ d$^{-1}$ (mean $\pm$ SE of triplicate cultures) reaching chlorophyll levels of near 100 mg m$^{-3}$ after 6.3 d (Fig. 7A). By that time, ambient nitrate had disappeared (Fig. 7B), protein synthesis had slowed (Fig. 7C), but cells continued to synthesize carbohydrate in a period of unbalanced growth (Fig. 7D). As in tank experiments, there was a noticeable decrease of chlorophyll after nitrate was depleted from culture medium (Fig. 7A). Overall, carbohydrate per ml of culture increased between 2.3 and 5.2 times during the nitrate-depleted phase of the experiment. Accordingly, time-course measurements of carbohydrate:protein ratios showed increases from pre-depletion values of 0.1 to values of over 2.5. When nitrate was re-introduced after close to 3 d of nitrate depletion, however, cells recovered completely (Fig. 7C, D & E). Protein synthesis increased, carbohydrate levels declined rapidly, and carbohydrate:protein ratios returned to their original values within 2 d.

**DISCUSSION**

Daily profiles conducted during the growth of *Thalassiosira weissflogii* in the experimental water column showed that this diatom was almost neutrally buoyant under well-stratified conditions. Maintenance of buoyancy seemed closely tied to the nutrient status of the cells and changed after depletion of ambient nitrate. To quantify and examine this process, changes in chlorophyll and nitrate at the surface of the tank were described by an exponential growth equation modified by a Michaelis-Menten term for nitrate uptake and a loss term due to sinking:

$$\text{Chl}_t = \text{Chl}_{t-\Delta t} e^{-\left(p_{\max} \left(\frac{N}{N+K_s}\right) \cdot \Delta t\right)}$$

where $\text{Chl}_t$ and $\text{Chl}_{t-\Delta t}$ are chlorophyll concentrations (mg m$^{-3}$) on Day $t$ and $t-\Delta t$ respectively, $p_{\max}$ is the maximum specific growth rate (d$^{-1}$), $N$ is nitrate concentration (μM) on Day $t$, $K_s$ is the half saturation constant for nitrate (μM), $\Delta t$ is the time since the last time step in days, and $W$ is a loss term (d$^{-1}$), due to sinking. Some component of this loss term is also due to chlorophyll degradation, as will be discussed later. Changes in surface water concentrations of chlorophyll and nitrate were modeled as discrete changes...
from an initial chlorophyll concentration of 7 mg m$^{-3}$, an initial nitrate concentration of 30 $\mu$M (initial values during the tank experiment), and a nitrate:chlorophyll ratio of 0.3 $\mu$mol $\mu$g$^{-1}$. Generally, $W$ was modeled as:

$$W = \frac{w_s}{1 + 100 \cdot e^{-\frac{(t-t_d)}{T_s}}}$$

(3)

where $w_s$ is the maximum specific loss rate (d$^{-1}$), $t$ is time in days, $t_d$ is the time of nitrate depletion (d), and $T_s$ is a time scale for increased sinking (d). This formulation varies $W$ 100-fold, from 1 to 100% of the maximum specific loss rate, $w_s$, with a sigmoid function consistent with changes in chemical composition during unbalanced growth (Cullen & Lewis 1988); cells reach 10% of $w_s$ at approximately 2.5 $T_s$.

Parameters for Eqs. (2) & (3) were estimated by a least-squares non-linear curve fitting routine in Systat, version 5.2. The optimal combination of parameters was determined using a grid search method on a spreadsheet, where the aim was to minimize the sum of the squared deviations of the modeled vs measured chlorophyll.

Four possible time-courses were modeled by varying the form of $W$, the loss term. Chlorophyll and nitrate distributions were modeled for the case where there was no sinking of cells upon nitrate depletion, that is, if $W$ was set to zero through the entire time series (Fig. 8A), and for the case where $W$ remained constant with time and was set to $w_s$, the value of which was determined by the grid search method (Fig. 8B). Tank experiment data showed that sinking losses were not detectable before depletion of ambient nitrate. Therefore, modeled distributions shown in Fig. 8C & D have sinking initiated after nitrate depletion. Chlorophyll and nitrate distributions are shown if sinking of cells occurred immediately after ambient nitrate depletion (Fig. 8C). In this case, $T_s$ was set to the arbitrary low value of 0.0001 d. Finally, distributions are shown for the case where sinking of cells starts slowly after nitrate depletion, then accelerates (following a sigmoid function) to the maximum specific sinking rate (Fig. 8D). This was the best fit equation as determined by F-ratio test (Moore & McCabe 1993) (see Table 1). According to this chlorophyll-based model equation, the time scale for increased sinking after depletion of

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**Fig. 8.** Fits of model equations (---) to observed chlorophyll (●) and nitrate (○) data. (A) Fit of model equation with nitrate-dependent growth of cells but no sinking of biomass. (B) Fit of model equation with constant sinking rate. (C) Fit of model equation with no delay between depletion of ambient nitrate and initiation of sinking. (D) Fit of model equation with nitrate-dependent growth and nitrate-dependent sinking where cells reach 50% of their maximal sinking rate 115 h after depletion of ambient nitrate.
Table 1. F-ratio comparison of fits of 4 versions of Eq. (2) to observed surface chlorophyll distributions during growth of *Thalassiosira weissflogii* in the experimental tank. The 4 versions of Eq. (2) are: Model A = no sinking of biomass, Model B = constant sinking of biomass, Model C = immediate nitrate-dependent sinking, Model D = nitrate-dependent, sigmoid-shaped sinking function. We compare only the fit of Model D to the fits of the other 3 models. Values for sum of the squared deviations of modeled chlorophyll from observed values (SS dev modelobs) were determined by spreadsheet calculations. Degrees of freedom (df) are the number of parameters in each model. The F-statistic is determined according to the equation:

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F\text{-statistic} = \frac{(SS \text{ dev model } 1 - SS \text{ dev model } 2) \times (df \text{ model } 2 - df \text{ model } 1)}{(SS \text{ dev model } 2/\text{No. of obs} - df \text{ model } 2)}
\]

where model 1 and model 2 are designated such that model 1 has the higher sum of squared deviations of the model from the observed data. F-ratio analysis shows that the fit of Model D is significantly better than the fits of the other 3 models at \( p = 0.001 \), as the calculated F-statistics are all greater than the critical value of 56.18 (according to Table F, Moore & McCabe 1993).
tive of changes in overall biomass distribution. However, one clarification is necessary: the conversion from fluorescence profiles to chlorophyll profiles was done using 3 to 5 direct chlorophyll measurements as calibration points, while values between these points were determined by linear interpolation. There was not always a surface sample taken for each profile, so apparent decreases in chlorophyll near the surface (see Fig. 6, for example) may be artifacts of extrapolating outside the range of measurements.

*Thalassiosira weissflogii* sank under nutrient-depleted conditions. It could be argued that sinking might have occurred at some critical concentration of biomass even if cells were not depleted of nutrients (Jackson 1990); however, the timing of the sinking response was consistent with changes in chemical composition (discussed in the next section) and with results previously reported in the literature. Much attention has been paid to the effects of nutrient depletion on cell sinking rate, though results in the literature are often contradictory. Steele & Yentsch (1960) recognized early that nutrient status and cell buoyancy are closely related. Their experiments with *Skeletonema costatum* showed that sinking rates increased when nutrients were depleted from culture medium, but that sinking rates of nutrient-depleted cells decreased considerably when cells were re-enriched and placed in the dark. Later work that measured sinking rates of cells in relatively small columns (Bienfang 1981a) found that nitrate depletion caused either a decrease (Bienfang et al. 1982) or no significant change (Bienfang 1981b, Bienfang & Harrison 1984, Bienfang et al. 1986) in cell sinking rates, though sinking rate increases were seen in response to depletion of other nutrients like phosphate and silicate (e.g. Bienfang & Harrison 1984). More recent work on the dynamics of the sinking of spring blooms showed that termination and sinking of blooms occurred consistently at limiting nitrate concentrations (Waite et al. 1992a) and that *Thalassiosira* species were the most nutrient-sensitive, that is, their sinking rates increased most dramatically upon nitrate depletion (Waite et al. 1992b).

Some generalizations can be made between apparently contradictory evidence in the literature. Measurements which found no significant change in cell sinking rate with nitrate depletion were often done on natural populations which included a variety of phytoplankton types (e.g. Bienfang 1981b, Bienfang & Harrison 1984), and all phytoplankton do not necessarily respond to nitrate depletion in the same way. There seems to be at least genus-specific differences in sensitivity to nitrate exhaustion (Waite et al. 1992a, b) as well as variation in sinking rates due to the pre-conditioning nutrient history of the population (Bienfang 1981b) and growth phase (Bienfang 1981c), so it is not surprising that there could be no obvious overall changes in sinking rates due to nutrient depletion. Different cells may react differently to nitrate depletion, but no change in the sinking rate of the population would be observed if sinking rates of mixed populations are measured using bulk biomass (not taxon specific) estimates such as total chlorophyll.

The early work of Steele & Yentsch (1960) involved experiments with a monospecific culture (as was ours), while the later work of Waite et al. (1992a, b) dealt with blooms composed of only a few genera of diatoms (dominated by *Thalassiosira aestivalis*). Species-specific changes in cell sinking rates, therefore, should be more obvious for the case of monospecific populations than for more diverse assemblages of phytoplankton. Moreover, the termination of spring blooms due to nitrate exhaustion is similar to our ‘bloom’ and its termination in the tank.

The sinking of cells from surface waters of the tank occurred some time after the depletion of ambient nitrate. Chlorophyll data indicated that this sinking commenced approximately 24 to 48 h after ambient nitrate depletion. Cell count data, however, show that the time scale for increased sinking was closer to 60 h. The time scale is likely underestimated by the chlorophyll data, as results from batch culture experiments and measured chlorophyll per cell during the tank experiment both show evidence of chlorophyll degradation. The model using chlorophyll as the biomass parameter thus overestimates actual sinking losses, as discussed earlier. Batch culture experiments showed no significant relationship between ambient nutrient concentrations and sinking rates of heterogeneous phytoplankton populations. In direct contrast to our work, however, Waite et al. (1992a) found that initiation of sinking of a spring bloom occurred before complete exhaustion of ambient nitrate, at threshold levels between 1 and 2 µM. It is not clear to us why these results differ, though increased aggregation of cells under low nutrient conditions (Kierboe et al. 1990) may have played a role. We noticed no aggregation of *Thalassiosira weissflogii* during microscopic examination of surface samples taken from the tank.
**Increased intracellular density as a result of unbalanced growth**

It is instructive to ask why nutrient-depleted cells sank from surface waters of the tank. Changes in cellular carbohydrate and protein during batch culture experiments could be responsible for changes in cell buoyancy observed during the tank experiment, so we performed calculations using literature values to determine how changes in carbohydrate and protein affect intracellular density of a model cell. Initial values of carbohydrate and protein per cell were taken from Myklestad (1974) for nutrient-replete cultures of *Thalassiosira fluviatilis* and were converted to carbohydrate per μm³ cell volume and protein per μm³ cell volume using cell volume data of Conover (1974) for the same organism. Resulting concentrations were 2.0 × 10⁻⁷ μg μm⁻³ and 1.2 × 10⁻⁷ μg μm⁻³ for carbohydrate and protein, respectively.

Our model cell was composed only of carbohydrate, protein, and sea water. The total carbon pool of the cell, therefore, was determined by the total amount of carbon contained in carbohydrate and protein, assuming that carbohydrate (as laminarin) was 44.4% carbon and protein was 50% carbon by weight (West & Todd 1963). Starting from initial values stated above, the weight of a 1 μm³ volume was computed and expressed as density in units of kg m⁻³. For this calculation, the densities of carbohydrate and protein were assumed to be 1600 kg m⁻³ and 1300 kg m⁻³, respectively.

![Diagram](image)

Fig. 9. Model output of changes in sinking rate expected with concurrent changes in carbohydrate:protein ratio for a model cell of radius 7.5 μm (similar to the radius of *Thalassiosira weissflogii*). Solid line (---) shows expected sinking rate changes for a cell that keeps its total carbon content constant but shunts newly-acquired carbon into carbohydrate instead of protein (case 1). Dashed line (---) shows expected sinking rate changes if a cell increases its carbohydrate but keeps both its protein and cell volume constant (case 2). Dotted line (-----) shows expected sinking rate changes if a cell increases its carbohydrate, keeps its protein constant, but gradually increases its overall cell volume (case 3). See 'Discussion' for details.

Model calculations (Fig. 9) show that the smallest ballast-related changes in sinking speed would be experienced by a cell that keeps its total carbon content constant, and merely shunts carbon acquired under nitrogen-depleted conditions into carbohydrate rather than protein. The greatest changes in cell sinking rate would be experienced by a cell that changes its cellular content of carbohydrate but keeps both its volume and its cellular content of protein constant. Intermediate between these values is the cell that changes its cellular carbohydrate and volume, but keeps its protein content constant. Over the course of nutrient depletion, that is, from carbohydrate:protein ratios of 0.1 to those of slightly less than 3.0 (the maximum range of carbohydrate:protein ratios determined during batch culture experiments, refer to Fig. 7e), these cells could experience changes in cell sinking rates of up to 4.5 cm h⁻¹ or 1.1 m d⁻¹ (using Fig. 9). It would take approximately 60 h for these changes to occur, which agrees well with the range of time scales for increased sinking determined during the tank experiment. During batch culture experiments, reversal of carbohydrate:protein ratios was rapid. Within 24 h after nitrate was added back to the medium, carbohydrate:protein values decreased to 1.0 from a value...
close to 3.0 (using Fig. 7E), which could translate to a sinking rate decrease 2.8 cm h\(^{-1}\) or 0.7 m d\(^{-1}\) (using Fig. 9). Overall, these calculations indicate that increases in carbohydrate ballast alone could have caused the changes in cell buoyancy observed during growth of *Thalassiosira weissflogii* in the experimental water column.

Though batch culture experiments and modeling exercises showed that increases in intracellular carbohydrate due to nitrate depletion could have resulted in the changes in buoyancy observed during the tank experiment, our calculations assume that the cell is composed only of carbohydrate, protein, and water. As this is untrue, calculated density changes and calculated sinking rates should be considered only as relative changes. They do not represent absolute values for cell sinking rates. True sinking rate of the cell will depend on many other factors, including silicification, ionic content, lipid content, and morphological characteristics (see review by Smayda 1970). The model of density change which allowed cell volume to increase is the more ecologically relevant, since cell volume tends to increase with growth of *Thalassiosira weissflogii* until cell division (Conover 1974).

Changes in intracellular density were calculated based only upon the measurement of carbohydrate as glucose equivalents which are detected by the phenolsulphuric acid method. Any incorporation of carbohydrate into storage products other than β-1,3-glucan (such as mannitol) was not measured and was not considered in our analysis, though this incorporation is usually less than 2% (see Myklestad 1978). Even without accounting for other storage products there was a substantial increase in calculated intracellular density due to β-1,3-glucans alone.

**Ecological consequences and biogeochemical implications of buoyancy changes and changes in chemical composition during unbalanced growth**

We have shown that *Thalassiosira weissflogii* can be almost neutrally buoyant and that its sinking rate can change significantly (perhaps by as much as 1 m d\(^{-1}\)) as the result of accumulation of carbohydrate during unbalanced growth. We have also shown that the chemical composition of *T. weissflogii* can revert rapidly upon exposure to nitrogen. These observations may have important ecological consequences. The model of Lande & Wood (1987) showed that cells whose sinking rates slowed under nutrient-replete conditions spend a substantially longer total time in the surface mixed layer because of greater probability of re-entrainment back into the mixed layer. We did not show that the rates of cells sinking from the surface of the tank slowed once they reached the nutrient gradient. Data from batch cultures, however, showed clearly that the physiology of these cells is plastic enough to change intracellular density and thus permit fairly rapid buoyancy reversals. This would confer a distinct ecological advantage. According to the Lande & Wood (1987) model, nutrient-dependent buoyancy changes allow cells to be shuttled between the top of the nutrientcline (where there is low light but high nutrient concentrations) and shallower depths (where there is high light but low or no nutrients). Access to both high light and high concentrations of nutrients may result in greater overall levels of primary productivity and growth than if buoyancy changes were not possible.

The vertical movements of phytoplankton represent an input of nitrogen to the euphotic zone and are a form of new production as defined by Dugdale & Goering (1967). Because, in the dark, nitrate can be taken up without concurrent uptake of carbon (Terry 1982), cells will instead combine nutrients acquired at depth with carbon acquired in surface waters; that is, the processes of nutrient uptake and carbon uptake become uncoupled in space and time (Cullen 1985, Fraga et al. 1992). Thus, the input of nitrogen through vertical movements of cells is not coupled to the input of carbon in the Redfield ratio (Redfield 1958), as is the case for physically transported dissolved nutrients (see Eppley & Peterson 1979). Since photosynthesis occurring in surface waters requires a carbon source, and since stoichiometric equivalents of carbon are not brought to the surface by cells in coupled transport with nitrogen, new production resulting from buoyancy-assisted uptake of nutrients could result in the net removal of carbon from oceanic surface waters which, in turn, could affect the air-sea exchange of carbon dioxide.

A clear example of the uncoupled movements of carbon and nitrogen due to vertical movements of phytoplankton was shown by Fraga et al. (1992) through their measurements of Broecker's parameters (Broecker 1974). These parameters, known as 'NO', 'CO', and 'PO', are intended to be conservative properties that characterize water masses. If biochemical reactions in the water mass are occurring in Redfield proportions, each of Broecker's parameters will be constant with depth. During a red tide of the dinoflagellate *Gymnodinium catenatum*, however, Fraga et al. (1992) found distinct vertical differences in their measurements of Broecker's parameters indicating that biochemical reactions in the water mass were not occurring in Redfield ratios. They attributed these deviations to vertical migrations by the dinoflagellates, whereby carbohydrate synthesis at the surface and nutrient uptake at depth resulted in a carbon deficit near the surface and a nitrogen deficit below.
The ecological consequences of uncoupled carbon and nitrogen uptake have been outlined previously by Goldman et al. (1992). Similar to our observations during batch culture experiments with *Thalassiosira weissflogii*, Goldman et al. (1992) found uncoupling between photosynthesis and nutrient uptake in cultures of the diatom *Stephanopyxis palmeriana*. Carbon accumulation continued well into the stationary phase of the growth of this diatom, long after nutrients were depleted from the growth medium. Though C:N uptake ratios during exponential (nutrient-replete) growth were in Redfield proportions (approximately 6:1), large deviations from Redfield stoichiometry occurred during the nutrient-depleted period of carbon accumulation (to C:N ratios of 12:1). These observations are not restricted to laboratory experiments: removal of carbon from nutrient-depleted waters of the North Atlantic has been noted by Sambrotto et al. (1993) and Michaels et al. (1994). Goldman et al. (1992) point out the ecological consequences of unbalanced growth: the conventional definition of new production assumes that the flux of particulate organic carbon (POC) as new production can be calculated by multiplying new production as particulate organic nitrogen (PON) by the Redfield ratio of 6.6 (by atoms). It assumes a balance between the input of nutrients to the euphotic zone and the flux of organic matter to the deep ocean, even over short time scales. If, however, C:N ratios are higher due to excess carbon accumulation during unbalanced growth, then the conventional definition of new production must be revised. By failing to consider the continuation of photosynthesis by some phytoplankton species after nutrient depletion, estimates of new production could be grossly underestimated (Goldman et al. 1992).

Goldman et al. (1992) also recognized the potential contributions of excess carbon accumulation to increased sinking speed of cells. In their study, nutrient-depleted cells formed highly condensed gelatinous masses, probably as the result of cellular excretion of complex heteropolysaccharides. Aggregation of these cells into large masses, and their subsequently high sinking speeds, would lead to direct export of cells from the euphotic zone with minimal losses to grazing. The loss of 'photosynthetically heavy' cells from the euphotic zone, however, is not necessarily an irreversible process. As we have shown by our batch culture experiments with *Thalassiosira weissflogii*, cells that have been accumulating carbon during unbalanced growth have the capacity to respond rapidly to increased nutrients, even after fairly long periods of nutrient deficiency (in our case up to 3 d). Rather than considering unbalanced growth and sinking as a one-way process, then, perhaps the process should be viewed as a cycle. That is, carbon accumulation provides adequate ballast to increase sinking speed, but the recovery from nutrient deficiency (perhaps to return to a state of increased buoyancy) allows cells to more easily return to the well-lit waters of the euphotic zone. The observed recovery of cells from nutrient deficiency also lends support to the purported ability of cells to migrate vertically in nature (Villareal et al. 1993).

Thus, changes in cell buoyancy may be viewed as inherent consequences of cell physiology. The increase in cellular excess density provided by carbohydrate as the result of unbalanced growth followed by slowing of sinking rate due to uptake of nutrients and the use of stored carbohydrate is, in effect, a built-in buoyancy regulating mechanism. Rapid increases of cell sinking rate when cells are nutrient depleted and rapid returns to increased buoyancy when nutrient replete may represent an ecological adaptation to environments where light and nutrients are spatially separated.

Acknowledgements Thanks to A. J. Bowen, M.-E. Carr, J. S. Craigie, M. R. Lewis and 3 perspicacious and genial reviewers for helpful comments on the manuscript. Thanks also to A. M. Ciotti for help with sampling and to Wade Blanchard for statistical advice. This study was supported by a grant from the Natural Sciences and Engineering Research Council (Canada) to J.J.C. and an Eliza Ritchie Doctoral Scholarship to T.L.R.

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This article was submitted to the editor

Manuscript first received: February 22, 1995
Revised version accepted: May 16, 1995