Timing of diapause in relation to the onset of winter in the high-latitude copepods
Pseudocalanus acuspes and Acartia longiremis

M. Fredrika Norrbin*

The Norwegian College of Fishery Science, University of Tromsø, Breivika, N-9037 Tromsø, Norway

ABSTRACT: It is proposed that the timing of overwintering diapause in multivoltine, marine copepods is optimised as in insects and limnic copepods. Theoretical models state that resting should begin a period equivalent to 1 generation before the environment becomes unfavourable. Computer simulations and field studies have shown this to apply to insects and limnic copepods. The present paper tests and discusses the model predictions in relation to seasonal environmental changes and life history events for populations of Pseudocalanus acuspes (Giesbrecht, 1881) and Acartia longiremis Lilljeborg in North Norwegian fjords. These copepods switch from developing populations, with normally developing gonads, to resting populations, with immature gonads, within a few weeks in early fall. Phytoplankton abundance and primary production decline later in the fall.

KEY WORDS: Dormancy Overwintering Life history

INTRODUCTION

An important aspect of the adaptation of a multivoltine organism to a seasonal environment is the timing of the events of entering and coming out of a resting stage. Optimal timing can be achieved if the organism is able to respond to consistent environmental cues, i.e. proximate mechanisms, that trigger appropriate physiological or behavioural changes in its life history. These must be distinguished from the ultimate causes for selection (Mayr 1961) that have a direct influence on survival and reproduction. In a high-latitude pelagic system, winter represents a long period of food shortage. Optimal timing of life history events serves to minimise the impact of starvation on survival and fecundity of individuals.

In a variable environment, entering dormancy is a superior strategy when the expectancy of reproduction falls below the expectancy of survival for a dormant individual (Cohen 1970). Dormancy is essentially an alternative to dispersal (Levin et al. 1984) when local conditions become unfavourable; for plankton, however, migration is rarely an option. Taylor (1980) developed models for the optimisation of life histories in multivoltine species experiencing a seasonally occurring adverse period, or winter. The optimal strategy for a female would be to begin to produce resting eggs ca 1 generation before the predicted date of the catastrophe. Hairston & Munns (1984) found evidence for optimal timing of diapause in populations of Diaptomus sanguineus (a limnetic copepod) exposed to a seasonally occurring elevated predation rate. Computer simulations showed that the switch to diapause began earlier when the variability in catastrophe date was high (Hairston & Munns 1984, Hairston et al. 1985).

These models have not been used to explain seasonal patterns of marine copepods. In the marine pelagic environment, advection is believed to disrupt tendencies for adaptation on small geographical scales. Latitudinal differentiation in the response to day length as a trigger for resting egg production in Labidocera aestiva (Marcus 1984) demonstrates that this is not necessarily true. In North Norwegian fjords and the southern Barents Sea, copepod development and reproductive activity cease long before the autumn
decline in primary production (Tande & Hopkins 1981, Norrbin 1991, 1994). This could be triggered by rapidly changing day lengths in late summer. The aim of this paper is to test if these observations are consistent with the model of optimal timing of diapause outlined above.

For a stable strategy of diapause timing to persist, there must be a predictable onset of unfavourable conditions each year, differential survival of life history stages and a reliable environmental cue. These criteria are discussed in relation to literature reports and field data on environmental parameters. The models presented by Taylor (1980) and Hairston & Munns (1984) are tested using data on reproductive state and estimated development time for Pseudocalanus acuspes and Acartia longiremis from areas around Tromsø, northern Norway. The overwintering stages of P. acuspes consist of lipid-storing, copepodite Stages IV and V (and some Stage III) and in A. longiremis of fertilised females (Davis 1976). Both species overwinter in a state of 'active diapause' (sensu Elgmork 1980 and Naess & Nilssen 1992), still feeding to some extent but with a considerably reduced metabolism (Norrbin 1994, unpubl. data).

**METHODS**

**Description of the environment.** Håkøybotn (Nordbotn) is a semi-enclosed bay SW of Tromsø, northern Norway (69°40' N, 18°45' E; Fig. 1). Maximum depth of the bay is ca 55 m and the sill depth is 12 to 14 m (Holte & Knutzen 1991), although much of the surrounding area is shallower. Environmental assessment studies (Oug & Holte 1985, Holte & Knutzen 1991) have shown that sediments are predominantly silty and anoxic in the deeper regions, and model simulations have shown water exchange in Håkøybotn to be especially poor, compared to the surrounding sounds and fjords that are flushed by tidal currents (Audunson & Næsæ 1975).

The sea surface temperature in Håkøybotn and the Tromsø region reaches a maximum of ca 12°C in July or August, falls to 5 to 7°C by the middle of November, and drops to a minimum of 0 to 1°C in February (Oug & Holte 1985, Holte & Knutzen 1991, Normann 1991, 1993, present study). From mid-summer to late November day length decreases from 24 to 0 h, with the most rapid change in day length during the transitions from midnight sun to alternating day and night (ca 20 July), and to winter darkness (ca 20 November).

**Sampling.** Samples were collected weekly from late August 1989 to early November 1990 with a few exceptions, and from early August to late October in 1992 in the deepest part of Håkøybotn (Fig. 1). Zooplankton was caught using an 85 μm modified WP-2-net (UNESCO 1968, Nyta 15P mesh, diameter = 0.57 m, total length = 3.45 m, giving increased filtration area and flow through the mesh), towed vertically from bottom to surface at 0.25 m s⁻¹. Water for chlorophyll determinations and phytoplankton counts was collected at 0, 5, 10, 15, 25 and 40 m depth, using a 5 l Niskin bottle. Temperature was measured in the sample water immediately upon its arrival on deck. In 1992, water samples were taken for chlorophyll measurements and at 5, 15 and 40 m depth for analysis of particulate carbon and nitrogen.

**Laboratory treatment of samples.** Zooplankton samples were preserved immediately in formaldehyde and propylene glycol (4 and 10%, respectively). At least 100 copepods of each species were counted in subsamples under a Wild Heerbrug dissecting microscope. Ca 25 copepods of each stage and sex to be
analysed for gonad maturation were sorted out, stained in ethanolic borax carmine, dehydrated and placed in cedar oil (Norrbin 1991, 1994). Based on gonad maturation, Stage V copepodites of *Pseudocalanus acuspes* were recorded as immature or maturing individuals. In *P. acuspes* copepodites, immature gonads are visible only as narrow strips, while maturing gonads are larger, with clearly visible gonoducts. Several maturity stages can be distinguished in *Acartia longiremis* females (Norrbin 1994). In immature females, only the multiplication zone of the ovary is visible, but not the oviducts (I). During maturation, the ovary first develops, and extends somewhat anteriorly (II), followed by development of oocytes and oviducts (III). Reproductive females (IV) have a complete, differentiated reproductive system, mostly with mature eggs in the oviducts. Post-reproductive (V) is an intermediary stage between reproductive and senescent females (VI). In the latter stage, the distended oviducts remain visible, but diverticulae and ovaries have emptied and sometimes disintegrated. Fig. 2 shows the frequency distribution of maturity stages during the height of the productive season.

For chlorophyll analyses, triplicate subsamples of 100 to 250 ml were filtered onto 25 mm GF/C filters and stored in a cryofreezer at -70°C until analysis. Filters were extracted in methanol and the chlorophyll *a* (chl *a*) concentration was measured using a Turner Design fluorometer. Samples possibly damaged by a freezer malfunction (August 1990) have been excluded.

**Embryonic duration.** Estimates of hatching time were made during egg production measurements carried out in April 1991 (Norrbin 1992, unpubl. data). Adult females were collected in late March and fed a natural assemblage of food organisms. Water was collected below the surface and screened to remove eggs and small zooplankters. During the time of the incubations, *in situ* surface temperature varied from 3.5 to 4.1°C. From 13 to 17 April, a total of 131 eggs were collected in Nunclon dishes and incubated at 3.3 ± 0.1°C and 4.5 ± 0.15°C (mean ± standard deviation of daily temperature measurements). Eggs were transferred to fresh sea water and the dishes checked for hatched eggs daily for 10 d and then weekly for another month.

**Calculations of development time.** Bělehrádek's function,

\[
D_e = \alpha(T - a)^b
\]

has been extensively used to describe embryonic duration of species of *Pseudocalanus* (e.g. Corkett & McLaren 1978, McLaren 1978, McLaren et al. 1989) and *Acartia* (McLaren 1978) at conditions of adequate food. *D* *e* is time for embryonic duration, \(\alpha\) is related to the normal temperature regime for the species, and \(a\) is a population specific constant (Corkett & McLaren 1978). The slope of the line is described by \(b\), which is usually set to -2.05 for copepod species. With this parameter kept constant, measurements of embryonic duration must be made at a minimum of 2 temperatures in order to fit the function (Corkett & McLaren 1978, p. 109). The parameters determined experimentally at one location are generally adequate to describe the embryonic development rate and even generation times over the entire range of distribution of a species (Corkett & McLaren 1978, McLaren 1978). Development times to the various copepodite stages have been shown to be proportional to embryonic duration, provided there is adequate food (Corkett & McLaren 1978), and the same multiplication factor can be used for different species of a genus.

Initial age of eggs in the hatching measurements was set to 12 h. Hatching frequency was 82% for the higher temperature, and 84% for the lower temperature. Only eggs hatched within the first 10 d were included in the calculations. Embryonic duration was calculated as time for 50% hatch, and found to be 6.17 d at 3.3°C.
and 5.06 d at 4.5°C. These data points were fitted to Bělehrádek's function using Statgraphics non-linear regression analysis.

For total development time of *Acartia longiremis*, $D$ was set to $10.22D_E$ for embryonic duration (Landry 1975, McLaren 1978) and an additional $1.25D_E$ was added for time to first reproduction (Corkett & McLaren 1978, McLaren et al. 1989). For *Pseudocalanus acuspes*, the parameters determined by McLaren et al. (1989) for the development to first reproduction ($D_{gen}$) for this species in Halifax (Nova Scotia, Canada) was used,

$$D_{gen} = 22591 (T + 12.59)^{2.05}$$

(or $11.590D_E$; McLaren et al. 1989).

Calculations were made in Matlab for Windows version 4.2b, and the Signal Processing Toolbox for Matlab, version 3.0 (The Mathworks Inc., Natick, MA, USA). Figures were drawn using Excel or Matlab for Windows and finished in CorelDraw, version 4.0.

**RESULTS**

**Phytoplankton, carbon and nitrogen**

There was a decline in chl $a$ and phytoplankton cells from late summer to autumn in Hâkøybotn (Fig. 3A). Total cell numbers averaged for the upper 10 m dropped below $10^6$ cells l$^{-1}$ around 20 September and decreased to $10^5$ cells l$^{-1}$ during the first half of November. Diatom populations declined rapidly in late September (1990) or late October (1989) and small flagellates replaced them as the dominant component of the phytoplankton. However, diatom populations moved deeper in the water column already in early September and many cells seemed empty, indicating senescent populations. Chlorophyll values in the surface layer ($0$ to $10$ m) dropped below $0.5$ g chl $a$ l$^{-1}$ at the end of September or early October (Fig. 3B).

At 40 m depth, the concentrations of particulate carbon and nitrogen were relatively constant from early August to late October in 1992, at ca 200 $\mu$g C l$^{-1}$ and ca 50 $\mu$g N l$^{-1}$, respectively (Fig. 3C, D). In late summer, the concentrations of these elements were about twice as high at 5 m depth, but dropped to the deep water values around 1 October. Levels at 15 m depth were intermediate.

**Zooplankton**

A maximum total abundance of about $1.1 \times 10^5$ ind. m$^{-2}$ was reached in both species in late summer. In September, the population of *Pseudocalanus acuspes* became dominated by late copepodites but early copepodites persisted until mid-October (Fig. 4A). By this time, adults had almost disappeared from the population. The abundance at the end of October was 2 to $5 \times 10^4$ ind. m$^{-2}$. In *Acartia longiremis*, the
The parameters of Bélehraděk’s function for *Acartia longiremis* were estimated to \( a = 1008 \) and \( \alpha = -8.701 \). The resulting curve was close to that of *A. clausi* in Loch Striven, Scotland (\( a = 1442, \alpha = -10.49 \); McLaren 1978, based on data in Marshall 1949, Fig. 5).

**TIMING HYPOTHESIS**

Taylor’s (1980) model for the optimal timing of diapause says that the optimal time to begin diapause corresponds to a period equal to the time from the dia-
The onset of winter for an insect as described by Taylor (1980) was set to the first hard frost. For the limnic copepod Diaptomus sanguineus, the seasonal catastrophe was the onset of heavy predation by sunfish (Hastin & Munns 1984, Hastin et al. 1985). In high-latitude marine environments, the onset of winter is the time when the concentration and quality of available food items is insufficient to support reproduction and development. All herbivorous or omnivorous copepods in these areas cease reproduction during a period in winter (Tande & Hopkins 1981, Tande & Grenvik 1983, Norrbom 1991). The overwintering stages of small copepods experience a reduction in abundance of >90% of the population between November and March (Norrbin et al. 1990).

Although seasonal changes in the subarctic marine environment are abrupt, the time for the decline of available food in fall is not so simple to determine. Davis (1976) referred to a 'phytoplankton crash' in late October in Balsfjorden, Norway. A repeated pattern in North Norwegian fjords seems to be a rapid decline of diatoms in September, while solitary cells of Phaeocystis pouchetii and other flagellates still persist in high abundance (Gaarder 1938, Eilertsen et al. 1981, Bech 1982, Eilertsen 1983, Eilertsen & Taasen 1984). Total cell numbers drop, but heterotrophic flagellates may remain in the water column throughout winter. Particulate organic carbon stays above 200 μg C l⁻¹ throughout the year (Eilertsen & Taasen 1984), but the C:N ratio rises during October (Eilertsen & Taasen 1984, present study), and bacterial activity declines (Bech 1982). Several reports from areas around Tromsø have been summarised in Fig. 6, showing the decline in cell numbers, chl a, primary pro-

Determining catastrophe date

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duction and particulate nitrogen in October. Growth in the water column as a whole ceases when the day is too short for photosynthesis to balance respiration in phytoplankton. Field measurements (Eilertsen & Taasen 1984), P/I experiments (Eilertsen et al. 1989a, b, Hansen et al. 1990), and model studies (Eilertsen et al. 1993, Hansen et al. 1993) show that the lower limit of net (particular) photosynthesis is 0.8 to 2.6 μE m$^{-2}$ s$^{-1}$ (measured using a cosinus collector). A daily scalar irradiance of 1 MW m$^{-2}$ corresponds to 2.16 μE m$^{-2}$ s$^{-1}$ (conversion factors for energy units and between the spherical and planar collectors from H. C. Eilertsen pers. comm.). At sea level, this value is reached during the latter half of October and drops to zero irradiance ca 1 November (H. C. Eilertsen pers. comm.). Because nutritional requirements differ between copepod species, the exact catastrophe date may be species-specific. In this context, I operate with a single catastrophe date of 30 October, although possible deviations are considered in the 'Discussion'.

**Calculation of generation time**

Predicted dates for switching to diapause were estimated by calculating 1 generation backwards from selected catastrophe dates. Average temperature over the duration of a generation was used as input to Bélehrádek’s equation. To determine generation span more realistically, an estimate of the natural between-year variation in temperature was needed. Temperatures measured during the 3 yr of sampling were depth-integrated, averaged, and smoothed, using a zero-phase filter (Fig. 7). The 95% confidence interval of the mean temperatures for the 3 yr of sampling corresponded roughly to ±1°C. This range was added to the smoothed data set and used for calculations, so that the predicted switch date was actually a series of dates, ranging from minimum to maximum temperature conditions (Fig. 8).

**Predicted switching date**

The primary catastrophe date resulted in switching dates between 10 and 17 September for *Pseudocalanus acuspes* (Fig. 8A) and between 18 and 26 September for *Acartia longiremis* (Fig. 8B). As a comparison, the predicted switching date for *A. clausi* would have been 13–21 September, using parameters estimated for a population at Loch Striven (Fig. 5; McLaren 1978).

**Switching date in field populations**

The time when 50% of the analysed life history stages were observed with immature gonads was used to indicate switching to diapause. The transition from a developing state to resting took place over a period of a few weeks. The proportion of resting *Pseudocalanus acuspes* copepodite Stage V rose above 50% between 10 and 27 September during the 3 yr (Fig. 9A). The proportion of resting *Acartia longiremis* adult females increased in a less distinct pattern (Fig. 9B). The date when the immature population first rose above 50% was the last week in August 1990 and 1992, and ca 3 wk later in 1989. Each year, reproductive females lingered until late September (Fig. 9B), accompanied by a number of senescent females. A low number of *A. clausi* females found in the samples were persistently found to be reproductive when all *A. longiremis* were resting.

**DISCUSSION**

**Correspondence between predictions and observations**

The time lag between the observed switch date and the onset of winter as defined above corresponds reasonably well with the theoretical period of 1 generation for *Pseudocalanus acuspes* but is less accurate for *Acartia longiremis*. Possible reasons for the observed deviations fall into the following categories: (1) the choice of catastrophe date is wrong; (2) the estimated generation time is wrong; (3) there is considerable interannual variability in the onset of winter; (4) the
Acartia longiremis apparently made a slow switch to diapause, and a large part of the population continued reproducing for several more weeks. Because of the extended reproductive life span of A. longiremis females, the exact switching time is difficult to determine. Only recently moulted reproductive females are relevant to the estimation of switching time, but these cannot be easily separated from older reproductive females. Furthermore, the switch occurred almost a month earlier than predicted. It is likely that A. longiremis perceives the onset of winter to come earlier than 30 October, or to be less predictable, so that a more conservative switching strategy is in order.

An earlier catastrophe date, such as 30 September, better predicts the observed switching time for this species (Fig. 8B).

Effects of variability in seasonal changes of the environment

According to computer simulations, unique switching strategies are appropriate only in continuously reproducing populations and only when the variability in a seasonal catastrophe date is low (Hairston & Munns 1984). In contrast, populations with discrete generations cannot produce unique switching strategies of superior fitness. Also, if variability in the catastrophe date is high, copepods are forced to switch earlier to ensure long-term survival (Hairston & Munns 1984). The between-year temperature variation in the present data set produces a standard deviation in catastrophe date corresponding to 8–10% of the generation time. Note also that Bielehradek’s equation, extended to whole generations, applies only when food is abundant (e.g. Corkett & McLaren 1978). Thus, from the simulations of Hairston & Munns (1984), switching times might be expected to be consistently earlier than the mean calculated date in Fig. 8.

Any superior strategy is maintained by selection in response to an average situation, and may be modified or replaced if there is a long-term change in that situation. If climatic conditions improve over several years, competing diapause strategies may emerge, since their success depends solely on survival when they are tested, each winter.
Species-specific catastrophe dates and switching times

There are good reasons to believe that *Pseudocalanus acuspes* and *Acartia longiremis* perceive environmental quality differently, and therefore switch to diapause at different times. Their separate overwintering stages are related to storage capabilities and specific patterns of energy allocation during ontogeny. Young *A. longiremis* copepodites are smaller relative to the adults than the corresponding stages of *P. acuspes* (Norrbin 1994), and store much less fat (Norrbin et al. 1990). Species of *Acartia* seem to require a more nutritious phytoplankton medium than other copepods (Paffenhover & Stearns 1988), while *Pseudocalanus* spp. choose from a variety of living and detrital particles (Poulet 1976). The minimum carbon content required for completion of development is 100 μg C l⁻¹ for *Acartia* spp. and 50 μg C l⁻¹ for *Pseudocalanus* spp. (Vidal 1980, Klein Breteler et al. 1982, Berggreen et al. 1988). Small flagellates, and *Phaeocystis pouchetii*, which are common components of the phytoplankton in late autumn and winter in North Norwegian waters, are avoided by *Acartia* spp. (Parrish & Wilson 1978, Verity & Smayda 1989, Hansen et al. 1994), but not by *Pseudocalanus* spp. In the fjords around Tromsø, diatoms are replaced by small flagellates up to a month before the general collapse of primary production. This may explain the more conservative diapause switching date in *A. longiremis* compared to *P. acuspes*.

Trigger mechanisms (environmental cues) and sensitive stages

In both *Pseudocalanus acuspes* and *Acartia longiremis*, the trigger to prepare for diapause is likely to
occur in a developmental stage before that which performs the switch. Hairston & Munns (1984) pointed out that the best fitness is achieved for females that switch from producing subitaneous to diapausing eggs near the optimal switch date, i.e. the sensitive stage is the same as the one performing the switch. A. longiremis females do not have that option, since the overwintering stage consists of females in which maturation of the reproductive system has not yet taken place. Taylor's (1980) model indicates that when the sensitive stage is an earlier stage than the diapause stage, the predicted switching date is in reality the date when diapause induction takes place, or 1 generation plus the intervening period to a diapauseing stage. Assuming the sensitive stage is an early copepodite stage, induction occurs around 1 September in both species (Table 1). Unless we detect and analyse the switch directly in the sensitive stage, however, switching will still be observed in the diapause stage at approximately the same date as described in Fig. 8. The most widely acclaimed proximate cue for seasonal behavioural and physiological changes for a range of organisms, including insects and copepods, is photoperiod (Tauber & Tauber 1976, Marcus 1984, 1986). Day length has been shown to regulate the production of resting eggs (e.g. Marcus 1980, 1986, Ban 1992), but experiments with diapause induction in copepodites have not been conclusive (Miller & Grigg 1991). There is a rapid change in day length when the midnight sun period ends in late July in northern Norway. A photo-periodic response would be appropriate under these conditions.

Conclusions

This work has not conclusively determined diapause switching dates for Pseudocalanus acuspes and Acartia longiremis in North Norwegian fjords. However, the time frame of events makes an interpretation in terms of evolutionary stable strategies of diapause timing plausible. Winter is an undisputable ultimate cause, and 2 separate species of copepods switch swiftly to resting states 6 to 8 wk before the basis for primary production, day light, disappears. At the time necessary for induction of diapause, changes in day light provide a proximate cue that most organisms have the genetic potential to tune in to. There are no other theories that adequately explain the discrepancy between the primary productive season and copepod reproductive activity in fall.

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Table 1 Diapause induction (switching) dates, assuming different sensitive stages, and a catastrophic date of 30 October. Calculations have been made as described for Fig. 8, but only the earliest, most conservative, switching date has been used. Isochronal development has been assumed for copepodite Stages I to VI in Acartia longiremis (McLaren 1978). Relative development times for Pseudocalanus acuspes have been estimated from data on this species and P elongatus (Corkett & McLaren 1978, McLaren et al. 1989)

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<th>Species</th>
<th>Sensitive stage</th>
<th>Diapause stage</th>
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<td></td>
<td>C I</td>
<td>C III</td>
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<tr>
<td>P. acuspes</td>
<td>27 Aug</td>
<td>2 Sep</td>
</tr>
<tr>
<td>A. longiremis</td>
<td>2 Sep</td>
<td>8 Sep</td>
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<td>10 Sep</td>
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