ABSTRACT: The response of the Mediterranean seagrass *Posidonia oceanica* (L.) Delile to *in situ* light reduction was examined over a 4 mo period (May to August) in 1993 and 1995. Shoot density, leaf growth rate, shoot size, photosynthetic activity, carbohydrate reserves, epiphyte load and tissue nutrient concentrations were measured in replicated plots under the following light conditions: ambient (36% of surface irradiance [SI] control plots), moderately shaded plots (16.7% SI, MS plots) and severely shaded plots (10.4% SI, SS plots). By the end of the experimental period, all shoots under SS treatments had died, while 70 to 80% had survived under MS treatment; in control plots, shoot densities had remained almost constant. Leaf growth rate and biomass decrease with shading were evident 30 d after the beginning of the experiment; shoot density and number of leaves per shoot also fell with shading, but this was apparent only 60 to 90 d after the onset of the shading treatments. Epiphyte load was also considerably reduced by shading. Photosynthetic activity (*P* max) and dark respiration rates (*R*) of control plants showed a characteristic increase from spring (May) to the end of summer (August), resulting in higher saturation (*I* sat) and compensation (*I* c) points and lower photosynthetic efficiencies (*α*) at the end of the experimental period; however, photosynthetic parameters in shaded plants (MS treatment) first increased (as in control plots) from May to June, but decreased afterwards (from June to August), indicating photoacclimation of *P. oceanica* to low light conditions. Shading depressed carbohydrate storage in the rhizomes of shaded plants, in which starch concentrations were quickly reduced to 60% of those of control plants. The leaves of shaded shoots showed a significant increase in nutrient (specially nitrogen) concentrations. This was probably due to translocation from shed leaves and also to low utilisation rates for growth. We infer that minimum light requirements of *P. oceanica* are between 16 and 10%, of surface irradiance, values which are consistent with light availability at the deep limits of nearby meadows. One year after shades had been removed, shoot densities remained unchanged (relative to the moment of screen removal), indicating both the absence of cascading effects and a very low recovery capacity of this seagrass.

KEY WORDS: Shading · Seagrass decline · Photosynthesis · Carbohydrates
mortality) to increased water turbidity, and it has been suggested that the decrease in rhizome carbon reserves could be a reliable indicator of seagrass decline (Lee & Dunton 1997). However, this contention has never been experimentally tested, and the time-course of seagrass decline following light reduction (mortality, changes in morphological features, etc.) is only poorly understood.

In this study we examine the in situ response of the seagrass *Posidonia oceanica* to experimental light attenuation under field conditions during its growing season, and we evaluate the potential of this factor to cause seagrass mortality, both immediate (i.e. during the period of light reduction) and delayed, potentially due to carbon reserve depletion. To do so, we manipulated the light availability of an undisturbed *P. oceanica* meadow using shading screens, and the subsequent changes in a series of descriptors of plant vitality and meadow structure were measured. Shading was applied during spring-summer, which is the time of the year when the carbon balance is the most positive and when this species stores carbohydrate reserves that will be used for overwintering. To assess the long-term effect of shading, plant survival was monitored for 1 yr after the onset of experimental shading.

**METHODS**

Experiments were conducted in an apparently healthy, dense (i.e. 500 to 600 shoots m⁻²) *Posidonia oceanica* meadow (8 to 10 m deep) at Fraile Island, Aguilas (Murcia, Spain; Fig. 1), far from any known potential human impact. The site is partially protected against physical disturbances caused by prevailing winds (strong NE and SW storms). Variations in water temperature and underwater irradiance showed a characteristic seasonal pattern for Mediterranean coastal areas (Fig. 2).

Two shading levels (40 and 70 %) were applied to obtain nominally 60 and 30 % of incident light at the top of the canopy, relative to an equivalent, unshaded area. These are called hereafter moderate shading (MS) and severe shading (SS). A total of 6 MS and 6 SS screens were randomly placed in the meadow under study, separated 5 to 10 m from each other.

Screens (4 m²) were made of common plastic shade-cloth, with different net densities to obtain the desired shading levels. Shadecloth sheets were supported by a PVC frame which maintained the screens 0.5 m above the leaf canopy; screens were attached with ropes to steel bars anchored in the rhizome-sediment layer to minimize interference with water movements. Only 2 losses (immediately repaired) occurred over the experimental period. To prevent fouling and subsequent overshading, screens were cleaned every 2 to 3 d.
Ruiz & Romero: Effect of *in situ* experimental shading on *Posidonia oceanica*

To assess light conditions, *in situ* light measurements (400 to 700 nm, photosynthetic photon flux density, PPFD, µmol quanta m⁻²·s⁻¹) were performed using a 2π, cosine-corrected underwater PAR sensor (Li-Cor LI-192SA). To characterise the effect of experimental manipulations on ambient light conditions, variations in daily-integrated PPFD (mol quanta m⁻²·d⁻¹), the coefficient of light attenuation (k, m⁻¹) and the percentage of surface irradiance (% SI) above the meadow leaf canopy were estimated for each experimental condition in May, June and July. The daily-integrated PPFD above the meadow leaf canopy was estimated by integration of light curves obtained on clear sunny days (2 d mo⁻¹); these curves were constructed by measuring PPFD (mean of continuous measures recorded every second for 5 min) at 1 h intervals, from dawn to dusk. k and the percentage of surface light reaching the canopy were estimated from simultaneous measurements of instantaneous PPFD at the sea surface (Iₛ) and just above the meadow leaf canopy (Iₜ); the measurements were performed at noon (12:00 to 14:00 h) to minimise apparent effects of solar zenith angle (Moore et al. 1997); k was calculated from the Beer-Lambert expression (Iₜ = Iₛ · e⁻ᵏᶻ), where z represents depth at the experimental site (a mean of 9 m). Simultaneous measurements of Iₛ and Iₜ were obtained on 10 days randomly distributed over the experimental period.

Screens were emplaced in May and removed in August, a period which encompasses maximum growth and photosynthetic rates, and maximum carbon storage in rhizomes for *Posidonia oceanica* (Pirc 1986, Alcoverro et al. 1995). The first experiment was conducted in 1993 and partially reproduced (only with MS screens) in 1995. The 1995 experiment included the monitoring of shoot density 9 mo after screen removal.

Several plant descriptors were measured in shaded plots and in 3 randomly chosen control plots interspersed among the shaded ones. Shoot density was estimated monthly as the total number of living shoots within 0.0625 m² fixed quadrats placed in shaded and control plots. Leaf growth was estimated using a marking technique (Zieman 1974, Romero 1989, Alcoverro et al. 1995). Two holes were punched in all the leaves of the shoot, just above the ligula of the outermost, old-

---

**Fig. 1.** Study area at Fraile Island, Aguilas (Murcia, Spain). (★) Experimental site

**Fig. 2.** Annual variations in water sub-surface (~3 m) temperature (T, dotted line), surface irradiance (Iₛ, dashed line) and irradiance at the leaf canopy level (Iₜ, solid line) at the experimental site (control plots)
est leaf, with a hypodermic needle. At each sampling visit, 10 shoots were marked in each of 3 plots randomly selected from the 6 of each experimental condition and in the 3 control plots. The time between successive sampling events varied from 20 to 30 d, with a total of 3 sampling events in 1993 and 5 in 1995. Initial shoot densities of experimental plots were 300 to 400 shoots m⁻²; consequently, shoot removal due to sampling was (at the end of the experiment) always below 5% of initial shoot number. We consider thus that the sampling effect on the subpopulations was negligible. In the laboratory, leaves were separated from rhizomes and leaf elongation was measured as the displacement of holes relative to the ligula of the outermost leaf. For each shoot, leaf length and width were measured and the shoot leaf surface was calculated (cm² shoot⁻¹). Epiphytes were removed from the harvested shoots using a razor blade, which has been shown to remove most of the macroscopic and microscopic epiphytes (Kirchman et al. 1984), and ‘new’ (i.e. that present in the moment of collection between the reference level of the marks and the actual position of the holes) and ‘old’ (the rest) tissue were separated, dried (70°C for 12 h) and weighed. Epiphytes were also dried and weighed and epiphyte load in a shoot was determined as the epiphyte biomass per leaf surface unit (mg dw [dry weight] cm⁻²). Shoot size was estimated as total shoot leaf biomass (g dw shoot⁻¹). Leaf growth rate (mg dw shoot⁻¹ d⁻¹) was determined by dividing the weight of new tissue by the period (days) elapsed between successive sampling events.

Photosynthesis-irradiance (P-I) curves were obtained between 0 and 800 µmol quanta m⁻² s⁻¹ for shaded and control plants in July 1993 (i.e. after 2 mo of shading) and in June, July and August 1995 (after 20, 50 and 90 d of shading, respectively). For P-I incubations, 30 plants were randomly collected in the morning (08:00 to 09:00 h) from the different shaded and control plots and transported in aerated and refrigerated seawater to the laboratory within 2 h of collection. For incubations, 10 to 15 cm leaf segments were separated from the second youngest leaf of each shoot, where photosynthetic activity is highest in Posidonia oceanica (Alcoverro et al. 1998). Epiphyte cover is very low in this age class of tissue; however, whenever necessary, leaf segments were gently cleaned of epiphytes using a razor blade. Rhizomes were kept frozen for carbohydrate and nutrient analysis (see below).

Three leaf segments obtained from 3 different shoots were incubated for each irradiance level. Each leaf segment was placed in 250 to 300 ml glass bottles filled with seawater and placed in an incubator where temperature was kept constant at the value recorded at the time of collection. Light was provided by halogen lamps, and the different irradiances (0, 25, 50, 150, 250, 500 and 800 µmol quanta m⁻² s⁻¹) were obtained by inserting natural density filters. Bottle stirring was carried out using multisite magnetic stirrers (ca 200 rpm). After 2 h of incubation, the dissolved oxygen concentration inside the glass bottles was measured using an oxygen probe (Orbisphere, 27141), and values obtained in 4 control bottles (without plants; coefficient of variation among final oxygen concentration in control bottles: 0 to 1.2%) were subtracted. After incubation, plant material was dried at 100°C for 24 h and subsequently weighed. Net photosynthesis (or respiration) was expressed as the net oxygen release (or uptake) per unit weight and unit time (mg O₂ g⁻¹ dw h⁻¹). This method has proved to give reliable estimates of photosynthetic activity (Alcoverro et al.1998).

P-I curve results were fitted to the equation of Edwards & Walkers (1983) modified by Pérez & Romero (1992) to estimate photosynthetic parameters:

\[ P = P_{\text{max}} \cdot \frac{(I - I_c)}{(I_{\text{sat}} + (I - I_c))} \]

where \( P \) is the net oxygen release (mg O₂ g⁻¹ dw h⁻¹), \( I \) the irradiance (µmol quanta m⁻² s⁻¹), \( P_{\text{max}} \) the net oxygen release at saturating irradiance (mg O₂ g⁻¹ dw h⁻¹), \( I_c \) the compensating irradiance (µmol quanta m⁻² s⁻¹) and \( I_{\text{sat}} \) the saturating irradiance (µmol quanta m⁻² s⁻¹), as classically defined by most authors (e.g. Drew 1983, Lüning 1990). Experimental data were fitted to the above equation using the SIGMA PLOT non-linear curve fitter (Jandel Scientific© 1992). In the 1995 experiment, 2 independent P-I curves (using 2 independent subsets of shoots) were obtained, allowing thus 2 independent estimates (replicates) of each photosynthetic parameter. This was not the case for the 1993 experiment, in which only 1 P-I curve was obtained for each experimental condition.

For comparative purposes, rough estimates of leaf carbon balance in shaded and control plants were obtained from daily light curves and photosynthetic parameters (\( I_{\text{sat}}, P_{\text{max}} \)) corresponding to each month in the experimental period. We first estimated \( H_{\text{sat}}, i.e. \) the number of daily hours in which the plants receive a PPFD that exceeds \( I_{\text{sat}} \) (Dennison 1987). The net daily photosynthetic production of leaves was calculated by multiplying \( H_{\text{sat}} \) by the mean \( P_{\text{max}} \) corresponding to each experimental treatment and period. Oxygen production estimates were converted to carbon units (i.e. daily C net gain of leaves) by multiplying by 0.3, assuming a photosynthetic quotient of 1.25, which has been considered representative for seagrasses (Westlake 1963, McRoy & McMillan 1977, Dennison 1987).

In the 1995 experiments, starch and soluble carbohydrates in rhizomes were determined 20, 50 and 90 d after the beginning of the shading treatment. In order to assess the possibility of carbon reserves depletion in shaded plants during the unfavourable growth season,
at the end of the shading period starch was also measured at 2 additional times corresponding to 30 and 75 d after screen removal. Carbohydrate analysis was performed in ground, dried (100°C for 24 h) rhizome fragments (4 to 6 cm from rhizome apex) obtained from 5 shoots in each sample taken for leaf growth and biomass estimates (3 independent samples per treatment and sampling event; see above). Soluble carbohydrates were extracted from the sample in hot (80°C) ethanol and measured using the spectrophotometric resorcinol assay (Jensen 1962). Starch was extracted overnight from the ethanol-insoluble residue in 1 N KOH and determined spectrophotometrically using an anthrone assay standardised to sucrose (Jensen 1962).

Carbon and nutrient (N and P) concentrations were measured in independent triplicate samples (n = 6 shoots) of dried adult (i.e. those with differentiated ligulae) and young (i.e. the rest) leaves and rhizomes obtained from shaded and control plots 20, 50 and 90 d from the start of the shading experiments in 1995. C and N concentrations were determined using a Carlo-Erba CHN analyser and phosphorus by induced coupled plasma after acid digestion of the ground material (Mateo & Sabaté 1993).

We used 1-way repeated-measures ANOVA (Green 1993, Lesica & Steel 1997) to assess the statistical significance of the effect of shading (differences between treatments) on trends of the selected variables over the experimental period. Shading (3 levels: SS, MS and control) was the between-subject factor and time (i.e. sampling events) the repeated-measures (within-subject) factor. A paired sample t-test (n = 2) was used to determine significant differences in mean values of photosynthetic parameters between May and August, obtained in P-I curves in the 1995 experiments. Before statistical analyses, all data were checked for normality and homoscedasticity and, when necessary, they were properly transformed (Zar 1984). When significant effects were detected by ANOVA, a posteriori pairwise comparisons of means were performed using the Student-Neuman-Keuls (SNK) comparison test. All differences were considered significant at p < 0.05.

RESULTS

Light conditions

The effects of shading treatments (MS and SS) on ambient light conditions over the experimental period at the Fraile Island meadow are summarised in Table 1 and illustrated in Fig. 3. Daily PPFD in controls (unshaded plots) increased from 5.5 mol quanta m⁻² d⁻¹ in May to 13–14 mol quanta m⁻² d⁻¹ in summer months, which is close to the maximum annual irradiance values in the study area. Daily averaged PPFD was reduced 37 to 41% (relative to control) in MS screens and 62 to 66% in SS screens, which indicates that there was little deviation from the initial shading values throughout the period. While control plots received 35.8% of the surface irradiance (corresponding to an average coefficient of light attenuation of k = 0.11 m⁻¹), shaded plots received much less, 16.7 and 10.4% Iₛ in MS and SS, respectively; for this depth (10 m), the latter values are the PPFD that would be expected if k in water were 0.2 and 0.25 m⁻¹, respectively.

Shoot survival

Shading caused significant shoot mortality; the decrease in shoot density in shaded plots was evident in both 1993 and 1995 experiments (Fig. 4). Differences in the shoot number between treatments were highly significant (Table 2), and the time course of this variable also differed between shaded and unshaded plants.

---

Table 1. *Posidonia oceanica*. Effect of experimental shading treatments (MS and SS, moderate and severe shading, respectively) on ambient light conditions (i.e. control plots) at the top of the leaf canopy in the Fraile Island meadow. PPFD: photosynthetic photon flux density. k was computed as \((\ln Iₛ - \ln Iₐ)/z\), with Iₛ and Iₐ being the irradiance values at the surface and the canopy level (i.e. below the screens, where existing), respectively, and z the depth (i.e. 8 to 10 m).

<table>
<thead>
<tr>
<th>Month</th>
<th>Light conditions</th>
<th>Control</th>
<th>MS</th>
<th>SS</th>
</tr>
</thead>
<tbody>
<tr>
<td>May</td>
<td>PPFD (mol quanta m⁻² d⁻¹)</td>
<td>5.5 ± 0.3</td>
<td>3.5 ± 0.1</td>
<td>1.75 ± 0.15</td>
</tr>
<tr>
<td></td>
<td>light reduction (%)</td>
<td>0</td>
<td>41 ± 1</td>
<td>66.9 ± 0.5</td>
</tr>
<tr>
<td>Jun</td>
<td>PPFD (mol quanta m⁻² d⁻¹)</td>
<td>14.3 ± 0.35</td>
<td>9.2 ± 0.5</td>
<td>5.4 ± 0.5</td>
</tr>
<tr>
<td></td>
<td>light reduction (%)</td>
<td>0</td>
<td>37.2 ± 3.4</td>
<td>62.6 ± 3.4</td>
</tr>
<tr>
<td>Jul</td>
<td>PPFD (mol quanta m⁻² d⁻¹)</td>
<td>13.2 ± 0.05</td>
<td>8.2 ± 0.4</td>
<td>4.9 ± 0.5</td>
</tr>
<tr>
<td></td>
<td>light reduction (%)</td>
<td>0</td>
<td>37.3 ± 3.6</td>
<td>62.6 ± 3.6</td>
</tr>
<tr>
<td>% Iₛ</td>
<td></td>
<td>35.8 ± 1.02</td>
<td>16.7 ± 1.1</td>
<td>10.4 ± 0.64</td>
</tr>
<tr>
<td>k (m⁻¹)</td>
<td></td>
<td>0.11 ± 0.004</td>
<td>0.2 ± 0.004</td>
<td>0.25 ± 0.009</td>
</tr>
</tbody>
</table>
At the end of the shading period, surviving shoots in MS were 20 to 30% of initial values, and only 10% in SS, while shoot number in control plots did not change significantly. In the 1995 experiments, the number of shoots showed a very mild trend of further decline in shaded plots after screen removal, but this trend (reflected in the time × treatment interaction term) only marginally differed from that of controls.

Shoot characteristics

Shoot size and leaf growth rate were consistently lower in shaded than in control plots (Fig. 5, Table 2). Decreases in these variables depended on the shading treatment, being higher in SS plots (66 to 71% relative to control means) than in MS ones (33 to 43% relative to control means) at the end of the shading period. Differences between shading and control treatments were consistent from the beginning of the shading period (from May to July) and persisted (MS plots) or increased (SS plots) until the end of the period (September). In October (post-shading period), differences between shaded and control plots remained in leaf growth rates but not in shoot size (Fig. 5, Table 2). However, shaded and control plots did not show significant differences in time-trends for either variable in the post-shading period (shading [S] × time [T] interaction term, Table 2).

In the 1993 experiment, the number of leaves per shoot followed the same trend as shoot size and shoot growth. However, in 1995 experiment the number of leaves per shoot decreased markedly in shaded plots at the end of the shading period (Fig. 5, see significant S × T interaction term in Table 2). These differences between shaded and unshaded plots did not disappear in the post-shading period.

The epiphyte load variable was the most strongly affected by shading, as shown by the high variability explained by the treatment (88 to 98%, see Table 2). Epiphyte loads in shaded plots were substantially lower (by 60 to 80%) than in control plots throughout the shading period. There were no significant differences in epiphyte load among shading treatments (MS and SS; SNK, p > 0.05; Fig. 5). The time course of epiphyte load variations during the shading period was identical between shaded and control plots; in contrast, in the MS plots from the 1995 experiments, once the screens were removed, epiphyte load reattained the same values as those of control plots (Fig. 5, Table 2).
Ruiz & Romero: Effect of in situ experimental shading on Posidonia oceanica

Photosynthetic activity

Shading caused a decrease in $P_{\text{max}}$, $I_{\text{sat}}$, and $I_c$, and an increase in photosynthetic efficiency ($\alpha$, initial slope). In the 1993 experiment, this response was greatest in the most shaded (SS) plots (Table 3). $P_{\text{max}}$, $I_{\text{sat}}$, $I_c$ and dark respiration ($R$) changed through the experimental period in the 1995 experiments; in general terms they tended to increase from May (spring) to June and further increased in August (summer) in plants from unshaded plots, while they first increased (in June) and then decreased (in August) in plants from shaded plots (Fig. 6, Table 3). Conversely, photosynthetic efficiency ($\alpha$) showed a marked decrease in unshaded plots throughout the experimental period, while in the shaded plots this parameter first decreased and then increased (Table 3). As a consequence of changes in $I_{\text{sat}}$, $H_{\text{sat}}$ in shading treatments (MS and SS) was ca 2 h higher than in control plots (ca 10 h, Table 3). Daily C net gain of leaves calculated from $H_{\text{sat}}$ and $P_{\text{max}}$ values decreased as the severity of the shading treatment increased (Table 3); in the 1995 experiment, differences in $P_{\text{max}}$, $H_{\text{sat}}$ and the daily net carbon gains of leaves between shaded (MS) and control plots was also significant in August ($t$-test, $p < 0.05$; Table 3).

Rhizome carbohydrates

Starch concentration in rhizomes was substantially lower in shaded than in control plots (Fig. 7, Table 2). Starch concentrations in control plots increased by
but caused a significant increase in the nitrogen concentration of adult and young leaves over the experimental period (Fig. 8). Differences in nitrogen content between shaded and control leaves were significant after 50 d of shading (SNK, p < 0.05) and increased above 2% at the end of the experimental period (Fig. 8). Shading caused moderate increases in the phosphorus concentration of adult leaf tissues but not in young leaves and significant differences among shaded and control plots were seen after 20 d of shading. Neither time nor the interaction time × treatments significantly affected nitrogen and phosphorus concentrations in leaf tissues.

DISCUSSION

Response to shading

Growth, biomass and survival of Posidonia oceanica shoots are significantly affected by changes in light availability due to shading. The first effect of shading was to reduce leaf growth rates and biomass of P. oceanica shoots, and it was detected 30 d after the beginning of shading. Other effects followed, and were evident after 2 to 3 mo (e.g. shoot mortality and defoliation). All these effects are common seagrass responses to in situ experimental shading (Backman & Barilotti 1976, Dennison & Alberte 1982, Bulthuis 1983, Gordon et al. 1994, Fitzpatrick & Kirkman 1995, Lee & Dunton 1997). The rapid reduction of P. oceanica leaf productivity and biomass is, in general terms, consistent with results obtained in other seagrass species when shading is imposed during the favourable growing season; however, it seems to be delayed in the unfavourable one, presumably because leaf growth is supported by internal carbon reserves (Bulthuis 1983, Neverauskas 1988, Lee & Dunton 1997) or because leaf growth is minimum.

One reason to explain the reduction in plant growth and survival is the occurrence of imbalances in the carbon economy of the plant. Apart from the decrease in light reaching the seagrass canopy, the reduction in $P_{\text{max}}$ can further decrease carbon assimilation. However, some compensatory mechanisms appear to counteract such imbalances. In effect, shading caused variations not only in $P_{\text{max}}$ but also in other photosynthetic parameters ($I_{\text{sat}}$, $I_c$ and $\alpha$); such changes allowed an increase in photosynthetic efficiency ($\alpha$), a lengthening of the daily period at which seagrass photosynthesised at saturating irradiance (i.e. $H_{\text{sat}}$) and the reduction of the dark respiration in summer (Table 3), thus indicating some degree of photoacclimation.

Tissue nutrient content

Shading did not induce significant changes in carbon concentration in any of the plant parts considered, 37.5% in June (i.e. 50 d of shading) in relation to shaded plots, and these differences persisted over time, even in the post-shading period (November). Soluble carbohydrates of shaded plots were significantly lower than those of control in May (i.e. 20 d of shading) but further converged to control values at the end of the shading period (August, 90 d of shading). No significant differences in the time course of either starch or soluble carbohydrate concentrations were observed between shaded and control plots (see interaction term $S \times T$ in Table 2).
This adaptation is a well-known plant response, and in seagrasses it has been described in relation to different causes of light reduction such as seasonality (Dennison 1987, Pérez & Romero 1992, Alcoverro et al. 1998), depth (Dennison & Alberte 1986) and light extinction within leaf canopies (Mazzella & Alberte 1986, Carruthers & Walker 1997). The results of those studies, as well as those presented here, show that this photoacclimation tends to balance the carbon budget under low light conditions. Indeed, as shown in Table 3, leaf carbon gains calculated using photosynthetic parameters estimated for each shading treatment were above the values expected if photoacclimation did not take place (i.e. if $H_{sat}$ of shaded plants did not differ from controls).

Reduction of epiphyte biomass also contributes to compensate the shift in carbon balance due to shading. In the growing season of the seagrass, epiphytic communities are dominated by photophilic algal species (Romero 1988), which are severely affected by light reduction (Fitzpatrick & Kirkman 1995). A decrease in epiphyte biomass would increase light reaching the leaf surface; however, the quantitative importance of such an effect remains unknown, since epiphytes grow on old leaves, which are less important for the C budget than intermediate or young leaves (Alcoverro et al. 1998); moreover, defoliation decreases the leaf area index, as does shoot mortality, and then shelf-shading, which has been shown to exert an important influence on carbon gains in seagrasses (e.g. Pérez & Romero 1992). Unfortu-

---

**Table 3. Photosynthetic parameters (mean ± standard error) estimated from P-I curves obtained in June 1993 (after ca 60 d of shading) for MS and SS treatments and control plots, and in 1995 shading experiments (only control and MS treatment) after 20 (May), 50 (June) and 90 (August) d of shading.**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Control</th>
<th>1993 experiment (June, ca 60 d of shading)</th>
<th>MS</th>
<th>SS</th>
</tr>
</thead>
<tbody>
<tr>
<td>$P_{max}$</td>
<td>6.89 ± 1</td>
<td>4.54 ± 0.53</td>
<td>2.95 ± 0.15</td>
<td></td>
</tr>
<tr>
<td>$R$</td>
<td>1.57 ± 0.02</td>
<td>1.26 ± 0.07</td>
<td>1.2 ± 0.06</td>
<td></td>
</tr>
<tr>
<td>$P_{max}:R$</td>
<td>4.38</td>
<td>3.6</td>
<td>2.4</td>
<td></td>
</tr>
<tr>
<td>$I_{sat}$</td>
<td>72.5 ± 5.1</td>
<td>12.3 ± 3.2</td>
<td>2.45 ± 0.7</td>
<td></td>
</tr>
<tr>
<td>$I_c$</td>
<td>12.8 ± 1.7</td>
<td>1.97 ± 1.83</td>
<td>0.68 ± 0.42</td>
<td></td>
</tr>
<tr>
<td>$\alpha$</td>
<td>0.095 ± 0.01</td>
<td>0.45 ± 0.32</td>
<td>1.2 ± 0.74</td>
<td></td>
</tr>
<tr>
<td>$H_{sat}$</td>
<td>10.6 ± 0.23</td>
<td>12 ± 0.2</td>
<td>12.6 ± 0.22</td>
<td></td>
</tr>
<tr>
<td>Daily C net gain</td>
<td>21.9 ± 0.48</td>
<td>17.1 ± 0.33</td>
<td>11.1 ± 0.12</td>
<td></td>
</tr>
</tbody>
</table>

No photoacclimation:

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Control</th>
<th>1995 experiment</th>
</tr>
</thead>
<tbody>
<tr>
<td>$P_{max}$</td>
<td>6.89 ± 1</td>
<td>4.54 ± 0.53</td>
</tr>
<tr>
<td>$R$</td>
<td>1.57 ± 0.02</td>
<td>1.26 ± 0.07</td>
</tr>
<tr>
<td>$P_{max}:R$</td>
<td>4.38</td>
<td>3.6</td>
</tr>
<tr>
<td>$I_{sat}$</td>
<td>72.5 ± 5.1</td>
<td>12.3 ± 3.2</td>
</tr>
<tr>
<td>$I_c$</td>
<td>12.8 ± 1.7</td>
<td>1.97 ± 1.83</td>
</tr>
<tr>
<td>$\alpha$</td>
<td>0.095 ± 0.01</td>
<td>0.45 ± 0.32</td>
</tr>
<tr>
<td>$H_{sat}$</td>
<td>10.6 ± 0.23</td>
<td>12 ± 0.2</td>
</tr>
<tr>
<td>Daily C net gain</td>
<td>21.9 ± 0.48</td>
<td>17.1 ± 0.33</td>
</tr>
</tbody>
</table>

---

*Calculated from photosynthetic parameters of controls and daily light cycles corresponding to each shading treatment.**

*aCalculated from photosynthetic parameters of controls and daily light cycles corresponding to each shading treatment.

**Paired $t$-test. $p = 0.05$.
nately, at the present stage of our knowledge, it is far from possible to quantitatively evaluate the impact of such changes on the carbon budget of the plant.

Another significant shading effect was the increase in the nitrogen concentrations of the youngest *Posidonia oceanica* leaves, which can be probably an indirect effect of carbon imbalance. As reported in terrestrial plants, before leaf decay, nitrogen is retranslocated to more productive seagrass tissues (Chabot & Hicks 1982); since leaf abscission may be accelerated by shading, the sharp increase of nitrogen in young leaves of *P. oceanica* may be explained by this mechanism. However, as shown in other seagrass species, such as *Zostera capricorni* (Abal et al. 1994) and *Z. marina* (van Lent et al. 1995), leaf nutrient concentrations could increase in response to shading merely because they are not used for growth.

A final compensatory mechanism may be the reduction in the belowground biomass, as indicated by the frequent observation of a distinct necrosis of the distal parts of rhizomes in the shaded plots. This observation is not conclusive with regard to the shift in the aboveground:belowground ratio, but reduction in biomass of roots and/or rhizomes would alleviate the heavy carbon demand by these organs, and hence contribute to plant survival.

The observed mortality can also be explained by reasons unrelated to carbon balance. In effect, reduced photosynthetic activity and leaf biomass due to shading can prevent adequate oxygenation of belowground parts, increasing the daily period of root/rhizome anaerobiosis (Fourquarean & Zieman 1991, Zimmerman et al. 1991, 1995, Lee & Dunton 1997). Anoxia affects root metabolism (Smith et al. 1988), inhibits sucrose transport from source to sink tissues (Saglio 1985) and prevents the formation of the aerobic rhizosphere (Smith et al. 1984). Some authors suggest that in response to shading meadow collapse occurs when carbohydrate reserves are depleted by respiratory demands (Gordon et al. 1994, Lee & Dunton 1997); however, anoxia of the belowground organs may be more crucial. The necrosis of tissues in the basal parts of rhizomes in shaded plots (see above) may be the result of an inadequate oxygenation of belowground parts. The ability to tolerate root/rhizome anaerobiosis has been studied only in a

---

Fig. 6. *Posidonia oceanica*. P-I curves obtained in leaves from control plots (white circles, solid lines) and from MS treatment (black circles, dashed lines) in: May (after 20 d of shading), June (after 50 d of shading) and August (after 90 d of shading) in 1995. Vertical bars: standard error (SE)

Fig. 7. *Posidonia oceanica*. Concentration (a) of starch and (b) soluble sugars in rhizomes from control plots (solid lines) and from MS shades (dashed lines) in 1995. (,) Date when shading screens were removed. Vertical bars: standard error (SE)
few seagrass species (Penhale & Wetzel 1983, Pregnall et al. 1984), and never, as far as we are aware, in *Posidonia oceanica*; yet it may be a key factor in understanding the interspecific differences between seagrasses in low light environments.

Our results show that the plant is able to survive under moderate shading (i.e. MS plots), although with a lower shoot density, but cannot persist under severe shading. Leaf carbon gains in SS plots are extremely low, and do not meet the minimum requirements for growth and respiratory demands. The rapid shoot mortality shown by *Posidonia oceanica* in SS plots indicates a high sensitivity to persistent light reduction. The time-response of shoot mortality (4 mo) is the lowest reported for seagrasses (see, for example, *P. australis* [9 mo, Fitzpatrick & Kirkman 1995] or *Heteroziostera tasmanica* [14 mo, Bulthuis 1983]). This result is, in general terms, consistent with the hypothesis that larger seagrass species such as *Posidonia* or *Thalassia*, with massive belowground biomass, have higher light requirements and are, therefore, more sensitive to light reduction than smaller ones (e.g. *H. tasmanica*; Abal et al. 1994, Alcoverro et al. 1995).

Our results suggest that minimum light requirements for *Posidonia oceanica* are between 16.7 and 10.4% of surface irradiance ($I_s$). In the absence of other limiting factors (substrate, sediment composition, etc.), light determines the depth distribution and light availability at this depth represents a whole-plant, yearly averaged compensating irradiance (i.e. $I_c$; Dennison 1987). Our short-term experiment does not necessarily fully reproduce the situation at the deep limit of the seagrass meadow, and key issues such as the light variability (both seasonal and interannual) and biomass partitioning between aboveground and belowground part should be taken into account. However, considering a mean light attenuation coefficient for the study area of 0.1 m$^{-1}$ (Ruiz et al. 1993, pers. obs.) and the maximum depth attained by *P. oceanica* in nearby zones to be 25 m, average light reaching this depth is, in effect, about 8% of surface light, which is almost equivalent to the light under SS shading, under which all shoots had died at the end of the experiment. *P. oceanica* deep limits in other localities along the Western Mediterranean coast appear at similar light values (10 to 15% of $I_s$; Drew 1978, Pirc 1984). This consistency suggests that our results has some predictive value that can be use for management purposes.

### Long-term effects

It has been hypothesised that a drop in carbohydrate concentration in rhizomes during the most favourable season (e.g. summer for *Posidonia oceanica*) could be a reliable indicator of seagrass decline in the unfavourable growth season (Fitzpatrick & Kirkman 1995, Lee & Dunton 1997). Carbohydrate reserves in *P. oceanica* shoots in MS plots decreased up to 60% of those in control plots at the end of the experimental period, but little or no reduction in shoot densities was further observed in MS plots 1 yr after shades had been removed, indicating the absence of cascading effects. During this time shoots from shaded plots showed vigorous external features, and we were unable to find any morphological difference between them and neighbouring unshaded shoots. This suggests that, after shading, surviving shoots had enough reserves to persist until the next growing season, or, alternatively, that the compensatory mechanisms previously described (e.g. mortality of belowground parts, with a high respiratory demand) were enough to permit the plant to survive the unfavourable season. How-

---

**Fig. 8.** *Posidonia oceanica*. Carbon and nutrient (N and P) concentrations in young leaves, adult leaves and rhizomes measured in the 1995 experiment in samples from control plots (white bars) and MS shades (shaded bars) after 20, 50 and 90 d of shading. Partition of variance (% of variance, number in parentheses) and significance of the main effects (S: shading; T: time, S × T: interaction term) as derived from ANOVA are indicated in each case. ns = not significant; *p < 0.05; **p < 0.01; ***p < 0.001. Vertical bars: standard error (SE)
ever, no signs of recovery in shoot densities were observed. The inability of *P. oceanica* to recover abundance after a mortality event seems to be a common feature of the *Posidonia* genus (Gordon et al. 1994, Fitzpatrick & Kirkman 1995), but contrasts with other seagrass species such as *Z. marina* (Backman & Barilotti 1978). This could be due to the fact that *Posidonia* spp. have the largest belowground biomass and lowest rhizome elongation rates among seagrass species (Patirquin 1973, Hillman et al. 1989,PERGENT & PERGENT-Martini 1990, Alcoverro 1995, Duarte et al. 1997).

In addition, in *P. oceanica*, seeding is a very rare process (Caye & Meinesz 1984), and hence recolonization of disturbed areas is only possible through horizontal growth from nearby patches or through vegetative propagation from other meadows, which are very slow processes. Few or no signs of seagrass recolonization have been found in damaged *Posidonia* meadows affected by local human impact (bombs, mining) several decades before (Meinesz & Lelevre 1984, Shepherd et al. 1989). Thus, these results provide experimental evidence that shading, even in the short term (i.e. 3 mo) causes long-term effects on *P. oceanica* abundance. Therefore, the control and knowledge of the effects of human disturbance (e.g. dredging, sediment load, waste discharge, etc.) on light availability for seagrasses, must be of primary concern for managers if *P. oceanica* meadows are to be preserved.

Acknowledgements. Financial support for this study was in part provided by a grant from the University-Enterprise Foundation of Murcia and by grant CICYT MAR98-0356. Special thanks to Dr A. Marin for providing space and facilities during the study. We thanks the director and staff of the yachting harbour of Aguilas, as well as CULMAREX SA, for logistical support. N and P analyses were done at the ‘Serveis Científico-Tècnics de l’Universitat de Barcelona’. We thank Jose Miguel Gutiérrez and Ana Fernández for providing digitised maps of the study area.

LITERATURE CITED


Jensen WA (1962) Botanical histochemistry. WH Freeman and Company, San Francisco


Patriquin D (1973) Estimation of growth rate, production and age of the marine angiosperm *Thalassia testudinum* konig. Bellairs Research Institute of McGill University, Barbados, p 111–123


Ruiz JM, Marin A, Calvo JF, Ramírez-Díaz L (1993) Interactions between floodway and coastal constructions in Aiguas Bay (Southeastern Spain). Ocean Coast Manage 19:241–262

Saglio PH (1985) Effect of path or sink anoxia on sugar trans-

---