INTRODUCTION

Ribonucleic acid (RNA) content and RNA:DNA ratios have been used for several decades to monitor nutritional condition and to estimate growth rates of a variety of terrestrial and marine organisms at all trophic levels. The technique has been applied to phytoplankton (Berdal & Dortch 1991), zooplankton (e.g. Sutcliffe 1965, Båmstedt 1983), larval fish (e.g. Buckley 1984, Caldarone & Buckley 1991, Clemmesen 1993), and to juvenile and adult fish tissues (Thorpe et al. 1982, Goolish et al. 1984). RNA concentration and nucleic acid ratios have also been used to study growth and nutrition of larval, juvenile, and adult stages of several benthic invertebrates: oysters (Wright & Hetzel 1985), the sea urchin Paracentrotus lividus (Frantzis et al. 1992), postlarvae of the lobster Homarus americanus (Juinio et al. 1992), and several crab species (Sulkin et al. 1975, Anger & Hirche 1990, Mayrand et al. 1998).

In the past few years there has been renewed interest in ribonucleic acid (RNA) content or RNA:DNA ratios as indices of growth rates or reproductive capacity of marine copepods. Such an index would simplify the measurement of growth and egg production and would allow more extensive sampling in the field by eliminating the need for incubation of animals or re-

ABSTRACT: We examined the effects of food concentration and temperature on nucleic acids and protein content of *Calanus finmarchicus* in order to evaluate the use of RNA as a growth rate index for this species. We measured RNA, DNA, and protein content of copepods reared from egg to adult stage in 5 combinations of food and temperature conditions (25 to 500 µg C l⁻¹, 4 to 12°C). At 8°C, DNA, RNA and protein content and RNA:DNA differed among food treatments during Stages N6 through to adult female. Protein:DNA ratios and RNA:protein ratios were significantly different among food levels for only 3 of the 8 stages examined. At excess food, DNA, RNA, and protein content and RNA:DNA ratios were inversely related to temperature for most stages from C1 onward, but the effect of temperature was relatively small over the range of temperatures investigated. The RNA:DNA and protein:DNA ratios increased with developmental stage whereas the RNA:protein ratio and growth rates (measured in terms of protein, nitrogen, DNA, and carbon content) declined with increasing stage. Although the relationship of RNA:DNA to growth rates was stage-specific, the two were related when standardized for temperature and developmental stage. RNA:protein ratios were directly related to growth rates regardless of stage, and the slope of the relationship increased with increasing temperature in a nonlinear fashion. Our results emphasize the importance of temperature and developmental stage for the relationship of growth rates to RNA concentration and RNA:DNA ratios. We propose 2 ways to estimate *in situ* growth rates of *C. finmarchicus* from RNA:DNA or RNA:protein ratios and environmental temperature.

KEY WORDS: Copepod · Growth · Nucleic acids · RNA:DNA · Zooplankton · *Calanus*
peated sampling of cohorts. The earliest studies on the topic suggested that growth rates are related to RNA concentration in several species of copepods and other crustaceans (e.g. Sutcliffe 1965, 1969, Dagg & Littlepage 1972, Båmstedt & Skjoldal 1976, 1980), but no widely used technique emerged from that work. In recent work, RNA:DNA ratios were related to egg production rates of *Paracalanus* sp. (Nakata et al. 1994) and *Acartia granii* (Saiz et al. 1998). RNA:DNA ratios have also been shown to reflect the nutritional status of *Calanus finmarchicus* in the laboratory and may be useful in monitoring their physiological state in the field (Wagner et al. 1998). There is some evidence that the relationship of RNA to growth is species-specific (Dagg & Littlepage 1972), but the apparent differences between species might result from the variety of analytical methods used by different laboratories. Buckley et al. (1999) recommended intercalibration among techniques and laboratories in order to standardize the various nucleic acid techniques used for fish larvae.

The effect of temperature on nucleic acids has been well studied in larval fish, but has received less attention in copepods. The increased rate of chemical reactions at higher temperatures means that a higher growth rate can be achieved with the same or lower RNA concentration, and also that the RNA concentration associated with maximal growth rates declines with increasing temperature (e.g. Buckley 1984). Two studies have addressed the effect of temperature on nucleic acids of copepods. Ota & Landry (1984) found that RNA:DNA ratios of *Calanus pacificus* were higher at 8°C than at 15°C, but they did not attempt to quantify the effect of temperature on RNA and its relation to growth rates. Saiz et al. (1998) reported that temperature increased the slope of the linear relationship between egg production and RNA:DNA, and they called for consideration of 3 or 4 temperatures in order to refine the technique.

The present work was part of an experiment examining the effects of food and temperature on development and growth rates of *Calanus finmarchicus* over its entire life cycle (Campbell et al. 2001, this issue). *C. finmarchicus* is the dominant copepod species of the subarctic North Atlantic Ocean. In the western North Atlantic, its range extends as far south as the Gulf of Maine-Georges Bank system, where it is the dominant copepod in terms of biomass during the late winter and spring. Because this species has recently been a target organism of the US GLOBEC Northwest Atlantic Georges Bank Study (GLOBEC 1992) and the Trans-Atlantic Study of *Calanus finmarchicus* (TASC), there has been tremendous effort to understand its population dynamics and to measure its growth and reproductive rates in various locations and in the laboratory.

This effort has provided an excellent opportunity to investigate the relationship of nucleic acids and growth in this species.

The 3 main objectives of this work were: (1) to examine the effects of food concentration on several potential biochemical condition indices (RNA:DNA, protein:DNA, and RNA:protein); (2) to quantify the effect of temperature on these indices in order to compare individuals living at different temperatures; and (3) to develop models for estimating growth rates of *Calanus finmarchicus* from the biochemical indices. We also examined the effects of food and temperature on body size as estimated by protein content and DNA content.

**METHODS**

**Rearing Calanus finmarchicus.** The experiment took place from July to October 1996. A brief summary of the culture techniques is given here; further details can be found in Campbell et al. (2001). *Calanus finmarchicus* were reared in the laboratory in 100 l plastic tanks, with 2 replicate tanks maintained in each of 5 experimental treatments. Three food treatments with nominal concentrations of 500 µg carbon (C) per liter (high food), 50 µg C l–1 (medium food) and 25 µg C l–1 (low food) were kept at 8°C. The high food treatment was intended to be far in excess of the limiting concentration in this species, which we expected could be as low as 100 to 150 µg C l–1 based on previous work with *Calanus* spp. (Paffenhofer & Harris 1979 [their Fig. 8], Vidal 1980). Two additional temperature treatments, 4 and 12°C, were fed at the high food concentration. Cultures were begun by placing 7500 eggs into each tank with 15 l filtered seawater. In an effort to maintain uniform grazing rates over time, the density of copepods in the tanks was decreased as they developed by removal of individuals and by dilution to larger culture volumes.

The copepods were fed a mixture of cultured phytoplankton containing 3 parts (based on carbon content) *Gymnodinium sanguineum*, 3 parts *Heterocapsa triqueta*, 3 parts *Tetraselmis* sp., and 1 part *Oxyrrhis marina*. Although the food in the experimental tanks was adjusted twice daily to the nominal phytoplankton concentrations, the average food concentrations dur-
ing the entire experiment differed from the nominal values, especially in the high and medium food treatments. Mean food concentrations were calculated for each 12 h interval between feedings (Campbell et al. 2001), and averaged 333 to 390 µg C l\(^{-1}\) in the high food tanks, 39 to 40 µg C l\(^{-1}\) in the medium food tanks and 24 to 28 µg C l\(^{-1}\) in the low food tanks over the duration of the experiment. As a rule, the mean food concentration was lower than the nominal concentration. The food concentration in one of the low food tanks stayed as high as 80 µg C l\(^{-1}\) for several days, causing the mean for this treatment to be higher than the nominal concentration.

**Sampling.** The copepods in the tanks were sampled several times daily for development rates, and approximately once per stage for carbon and nitrogen content (CN) and biochemical measurements. Details of the development rate and CN determinations are presented by Campbell et al. (2001).

We sampled Stages N3, N6, and C1 through C6. Although we attempted to sample each stage when nearly 100% of the copepods were in that stage, this was only achieved for the high food treatments. Since the stage distribution of the medium and low food treatments spread out over time, up to 5 stages were present simultaneously. In these cases we sampled at N3, then again when most of the individuals were N6 or C1, and approximately weekly thereafter. We sampled all stages that we estimated to contribute 10% or more to the total biomass of the sample.

After an appropriate volume was removed from each tank with a plastic beaker, the copepods were concentrated on a sieve (60 to 200 µm mesh size) then anesthetized with MS-222 diluted in filtered seawater (Finquel brand, Argent Chemical, 0.58 g l\(^{-1}\)). The copepods were rinsed with MS-222 solution into a petri dish and were then sorted by stage. During sorting, each individual was placed in a drop of MS-222 solution on a depression slide and a video image was recorded. The video images were later used to measure the prosome length of each copepod by using image-analysis software. After videotaping, the copepods were placed in polypropylene microcentrifuge tubes and were stored at −80°C. The copepods were not rinsed, but were manipulated in such a way as to minimize transfer of seawater to the sample vials.

The number of individuals per vial varied with stage, since a large number of nauplii were needed to obtain a reliable signal, while copepodite stages could be analyzed individually. Nauplii were pooled in groups of 20 (N3), 10 (N4 and N5) or 5 (N6) nauplii per sample vial, and copepodite stages were sampled individually. We collected 3 replicate samples for N3 to N5, 5 replicates for N6, and 25 individuals for copepodites.

The copepod samples were analyzed for DNA and RNA concentration by the microplate fluorescent assay (MFA) described by Wagner et al. (1998). Nucleic acids were extracted by using a 1% sarcosyl (N-lauroylsarcosine) solution (Caldarone & Buckley 1991) and were then quantified fluorometrically by using ethidium bromide and ribonuclease A (RNase). We measured total protein in the same sample homogenates by using the Bicinchoninic Acid (BCA) Protein Assay Kit (Sigma, St. Louis, MO) adapted for 96-well microplates. In order to achieve a stable endpoint and to increase sensitivity to low protein concentrations, the incubation step was modified from 30 min at 37°C to 60 min at 60°C (Smith et al. 1985).

**Analyzing the data.** In the high food treatments at 4, 8 and 12°C, where the stage composition of the cohorts remained relatively narrow, calculating mean values of the various biochemical variables by stage and by time was simple because each sample contained nearly 100% of one stage and each stage was sampled only once. The sole exception was Stage C5 in the 4°C high food treatment, where the stage was prolonged and individuals in this stage were sampled over several weeks. In this case the copepods that remained in Stage C5 the longest seemed to have empty guts despite the high food concentration and to have large lipid stores. Also, the mean RNA:DNA ratio declined over time to levels similar to those observed by Wagner et al. (1998) in dormant Stage C5, suggesting that the copepods in the 4°C treatment may have been entering a resting stage. In this treatment only the first sample was counted as C5.

For the medium and low food treatments where several stages were often present together, and where the same stage was usually sampled on more than 1 day, mean values of each variable were calculated using all data for a stage, although they may have been collected on different days. To obtain daily means of DNA, RNA, and protein, we calculated weighted means, since the stage composition of samples taken for nucleic acid analysis sometimes differed slightly from that of the cohort. The ratios were then calculated from the daily mean DNA, RNA, and protein values.

Protein- and DNA-specific growth rates were calculated from the difference in mean protein or DNA content from one sample date to the next, as was done by Campbell et al. (2001) for carbon and nitrogen. The exponential growth rate, \(g\), was determined from the relationship

\[
g = \frac{\ln B_2 - B_1}{t_2 - t_1}
\]

where \(B_1\) and \(B_2\) are the protein or DNA content at the beginning and end of each interval and \(t_1\) and \(t_2\) are the initial and final age. Except where noted, all
growth rates presented in this work are forecast; that is, the growth rate for a sample refers to growth between that sample and the next, rather than growth in the interval before sampling. Since the N3 samples were collected very early in the stage and comprised first-feeding individuals and since we did not observe any differences in size or biochemical ratios among the food levels at this stage, N3 was not included in any regressions of growth or development rates against RNA.

All statistical calculations were done by using PC-SAS Version 6.12 (SAS Institute Inc, Cary, NC). The effect of food on each biochemical variable was examined over the life cycle by analysis of variance (ANOVA). Because of unequal sample sizes, the tests were done by using the ‘general linear models’ (GLM) procedure of PC-SAS rather than the ANOVA procedure.

The data for each variable were first analyzed by 2-way ANOVA to test for interactions between food level and stage. This interaction was usually significant, since the pattern of change over the stages was different among the food treatments, so the simple effects of food at each stage were analyzed by 1-way ANOVA with Tukey HSD tests to compare the food levels. Because the nauplii were pooled and the copepodite stages were sampled individually, 2 different ANOVA models were used for naupliar stages and copepodite stages. For nauplii the data unit was the tank mean for each stage, whereas for the copepodite stages the basic data unit was the individual copepod, and a nested ANOVA model was used so that the variance among individuals could be assessed while using the variance among tanks as the error term for the food effect.

Late in the development of the low food cohorts, the average food level in one of the 2 tanks increased for several days to nearly 80 µg C l⁻¹, exceeding that of the medium food treatment. This affected Stages C3, C4, and C5, increasing their growth rates and RNA content. For this reason the 2 low food cohorts were not true replicates, and data for the ‘runaway’ tank during this period were not included in the analysis for food-level effects, but are included in subsequent analyses.

RESULTS

Effects of food concentration on biochemical variables of Calanus finmarchicus at 8°C

The mean DNA, RNA, and protein content for each stage grown at the three food concentrations at 8°C are summarized in Fig. 1 (A to C). DNA, RNA, and protein content increased with increasing stage, reflecting the increasing size of the copepods. Copepods in the higher food treatments tended to have significantly higher DNA, RNA, and protein content (Tukey HSD tests, p < 0.05), but the stage at which the difference became apparent varied from N3 (RNA, Fig. 1B), to N6 (protein, Fig. 1C), to C1 (DNA, Fig. 1A). The DNA and

![Fig. 1. Calanus finmarchicus. Biochemical measurements and ratios of 8 developmental stages in the 3 food treatments at 8°C. Data for replicate tanks are plotted as separate series. : stages for which all 3 treatments were significantly different; *: stages for which high food treatment was significantly higher than the others (Tukey HSD tests, p < 0.05)](image-url)
protein contents of copepods in the different food treatments were not significantly different at N3, as the copepods had only very recently begun to feed.

Mean RNA:DNA, protein:DNA, and RNA:protein ratios of each stage are presented in Fig. 1 (D to F). RNA:DNA and protein:DNA ratios increased with stage whereas RNA:protein ratios declined as the copepods developed. RNA:DNA and RNA:protein ratios increased sharply between C5 and C6 (Fig. 1D,F); this change is most likely to have been associated with egg production by the adult females.

RNA:DNA ratio generally differed among food treatments; from N6 onward it was usually significantly higher in the high food treatment, and sometimes differed among the 3 food levels (Fig. 1D). Protein:DNA and RNA:protein ratios were quite variable among tanks and among individuals. During most stages both of these ratios were a bit higher in the high food treatment, but significant food effects were only detected during 3 stages for each variable (Fig. 1E,F).

**Effects of temperature on biochemical variables at excess food concentrations**

In general, all the biochemical variables appeared to some extent to be inversely related to temperature, but the relationships and significance varied with stage (Fig. 2). Regression models for each variable as a function of temperature during each stage are shown in Table 1. DNA content, RNA content, and RNA:DNA ratios were inversely related to temperature, but the trend was not significant until C1 or C2 (p < 0.05). The effect of temperature on protein content was less clear; significant inverse relationships were observed for C2 and C3, but not for C4, C5, or C6F. Despite the lack of a significant functional relationship between protein and temperature for Stages C4 to adult, the protein content in one temperature treatment was often somewhat higher or lower than the others (Fig. 2C). During C4, the 4°C treatment had significantly higher protein content than the 8 and 12°C treatments, which were similar (1-way ANOVA with Tukey test, p < 0.05). During C5, however, the 12°C treatment appeared to be lower than the other temperatures, but the difference was not significant (p > 0.05). Adult females also appeared to show an inverse trend due to temperature, but the trend was not significant because of high variability among the two 4°C treatment tanks.

The protein:DNA, and RNA:protein ratios also tended to decline with increasing temperature (Table 1) but were significantly related to temperature for only 2 of the stages (C1 and C3, and C3 and C5, respectively).

**Growth rates**

The increase in mean protein and DNA content over time in each treatment tank, starting with the
N3 sample, is shown in Fig. 3. All treatments followed a sigmoidal pattern of size increase whereby growth rates declined over time from maximal rates in the naupliar and early copepodite stages to minimal rates at C5. At excess food concentrations, protein and DNA content increased nearly exponentially during naupliar development and the first few copepodite stages, but began to slow down at about C3 (Fig. 3B,D). At the limiting food concentrations, the pattern was similar, but with slightly lower slopes (Fig. 3A,C).

Protein- and DNA-specific growth rates over time in the 3 temperature treatments are shown in Fig. 5. Table 1. Calanus finmarchicus. Simple linear regression of each biochemical variable against temperature for several developmental stages cultured at 4, 8, and 12°C with excess food. *Significant p-values. Model: RNA:DNA = aT + b. n = 6 for all stages.
Fig. 3. *Calanus finmarchicus*. Mean (A,B) protein content and (C,D) DNA content as a function of age for Stages N3 through to adult. Left panels: effect of the 3 food treatments at 8°C; right panels: effect of temperature with excess food. Lines show sigmoidal Chapman-Richards equations fit to the protein-age and DNA-age data for each treatment: \( W = W_{\text{max}} (1 + Be^{kt})^{-m} \), where \( W \) is the mean protein or DNA content at time \( t \), the asymptote value \( W_{\text{max}} \) represents the size at maturity, \( B \) represents the initial size, and \( k \) and \( m \) define the slope and inflection point of the curve respectively (after Vidal 1980).

Fig. 4. *Calanus finmarchicus*. Growth rates in terms of protein and DNA in the 3 food treatments at 8°C. Symbols show growth rates estimated between each sample and the next using Eq. (1). Stages that dominated the biomass of each sample are indicated on each panel.
Relationship of growth rates to biochemical ratios

Growth rates and RNA:DNA

Because RNA:DNA ratios increased with increasing stage while growth rates declined (Figs 1D & 4), it is clear that any relationship between the two is stage-specific and must be calibrated for each stage. Because our growth rates were measured on the whole population rather than on separate stages, we could not undertake this type of calibration. In fact, with populations of mixed stages it is only possible to obtain stage-specific growth rates by subsampling and incubation of individual stages.

We examined the relationship between growth rates and RNA:DNA ratios by normalizing for the effect of stage on both variables. Carbon and protein growth rates of Stages N6 through C5 from the 3 food treatments at 8°C were expressed relative to the average growth rate of each stage or combination of stages at high food ($G_{\text{max}}$). A relative RNA:DNA index (RRD) was calculated for each sample in a similar manner, using the mean RNA:DNA ratios of each stage in the high food treatment as $RD_{\text{max}}$. The RRD index was a good predictor of relative carbon and protein growth, accounting for ca 70% of the variance in growth rates (Fig. 6). In this case ‘hindcast’ growth rates (i.e. those associated with the interval before sampling) were better correlated with relative RNA:DNA than were growth rates associated with the interval after sampling. Relative RNA:DNA values and relative growth rates exceeded 100% in the high food treatment because they were standardized to the mean of the 2 tanks in the high food treatment rather than to the absolute maximum values observed. Since the lowest RRD values observed in the high food treatment were

**Fig. 5. Calanus finmarchicus.** Growth rates in terms of protein and DNA in the 3 temperature treatments with excess food. Symbols show growth rates estimated between each sample and the next using Eq. (1). Stages that dominated the biomass of each sample are indicated on each panel.

**Fig. 6. Calanus finmarchicus.** Relationship between relative growth rates and relative RNA:DNA in Stages N6 through to C5 reared at 8°C at 3 food concentrations. Dashed lines indicate the threshold between excess-food and food-limited growth.
88 to 90%, the division between food-limited and maximum growth occurred at a RRD of about 90%. When food levels in the medium and low food treatments deviated from the target concentrations (up to 80 µg C l⁻¹), RNA:DNA and protein and carbon growth rates increased to values approaching those in the high food treatment (Fig. 6).

Growth rates and RNA:protein.

Except during the interval from N6 to C1, the trend of RNA:protein over the life cycle was in the same direction as that of growth, suggesting that this parameter would be useful as a growth rate index across stages, for all stages but N6 (Figs 1F & 5; Campbell et al. 2001, their Fig. 11). Within one temperature (8°C), growth rates of Stages C1 to C5 were significantly related to RNA:protein (p = 0.0001, Fig. 7). The trend was mainly ontogenetic, with earlier stages having higher growth rates and higher RNA:protein and older stages having lower values of both parameters. Analysis of covariance (ANCOVA) revealed that for protein, nitrogen, and DNA growth, food concentration did not significantly alter the slopes or intercepts of the growth-RNA:protein regressions (p > 0.05, Fig. 7). This indicates that the linear relationship of growth rate to RNA:protein was similar in all 3 food treatments. Instead, the data points from the food-limited treatments shifted closer to the origin. For example, the growth rates and RNA:protein ratios of Stage C1 in the low food treatment were similar to those of C3 in excess food conditions, and the growth rates and RNA:protein ratios of C3 in the low food treatment were similar to C4 or C5 in excess food conditions. For carbon growth, however, the slope and intercept of the relationship of growth rate to RNA:protein was significantly different among the food treatments (ANCOVA, p < 0.05, Fig. 7).

In Stages C1 to C5 reared at high food concentrations, the effect of temperature on the relationship of growth rates to RNA:protein was nonlinear (Fig. 8). Temperature altered the slope of the growth rate-RNA:protein relationship so that at higher temperatures greater specific growth rates were associated with a given RNA:protein ratio. The increase was greater between 8 and 12°C than between 4 and 8°C. This nonlinear effect of temperature was modeled by including a term for the interaction of RNA:protein and temperature in a multiple regression model:

\[ g = a(RNA:protein) + b(RNA:protein \times T) + c \]  

where \( g \) is the growth rate (d⁻¹) in terms of protein, carbon, nitrogen, or DNA. Results of fits of this model to the data for the 4 methods of estimating growth are presented in Table 2. The effects of both RNA:protein and the RNA:protein \( \times T \) (temperature) interaction were significant (p < 0.05), and the multiple regression models explained 75 to 91% of the variance in growth rates.

**DISCUSSION**

**Effects of temperature and food on biochemical composition of *Calanus finmarchicus***

In this experiment, temperature inversely affected protein and DNA content per individual from C2 onward. This result agrees with previous field work which found inverse relationships of length or weight to environmental temperature in many species of
copepods (e.g. Deevey 1960, McLaren 1965, Durbin & Durbin 1978). We estimate that the total protein content of copepodite stages was 26 to 50% greater and the DNA content 13 to 29% greater at 4°C than at 12°C. Miller et al. (1977) suggested that the inverse relationship of body size with temperature results from differential effects of temperature on growth rates and molting rates, so that growth can be regulated to remain more constant than molting over the range of temperatures encountered by a species. Since one would expect protein growth to follow this pattern, the difference in structural weight (protein) of *Calanus finmarchicus* with temperature in the present study is no surprise.

Food limitation had a dramatic effect on protein and DNA content of *Calanus finmarchicus*. This effect was apparent beginning with Stage N6 and was especially strong for C5 and C6 females (Fig. 1A,C). The protein content of Stages C1 to C4 was 44 to 85% higher in the excess food treatment than in the lowest food treatment, and the protein content of Stages C5 and C6F was 165 and 248% greater in excess food, respectively. The DNA content of adult females was nearly doubled in excess food conditions. Since the cumulative effect of low food concentrations on the structural weight was so much larger than the effect of temperature, these observations support the suggestion of Klein Breteler & Gonzalez (1982) that food can be more important than temperature in determining body size and that the apparent relationship of body size to temperature in nature may be due to the confounding effect of lower food concentrations occurring with higher temperatures.

### DNA content as an index of cell number

DNA content is considered to be an index of cell number (Bulow 1987), as all cells are assumed to contain the same amount of DNA (the nuclear and mitochondrial genomes). Based on this assumption, which has also been applied to work with other crustaceans (e.g. Anger & Hirche 1990, Juinio et al. 1992), variable DNA content among treatments in the present study implies differences in total cell number. However in copepods it may be the cell number rather than the cellular DNA content that is constant. McLaren & Marcogliese (1983) found that the number of cell nuclei per copepod in newly hatched N1 and newly molted C1 of several copepod species (including 3 *Calanus* species) was similar among individuals and among species. Determinate cell number has also been observed at some stages of development in *Artemia salina* (Olson & Clegg 1978), but knowledge is lacking as to the effects of food limitation and rearing temperature on the cell number and cellular DNA content of these organisms.

**Table 2.** *Calanus finmarchicus*. Multiple regression of growth rates against RNA:protein and temperature for copepodite stages reared at 3 temperatures with excess food. Regression parameters are given along with their standard errors. All parameters were statistically significant from 0 (p < 0.05).

<table>
<thead>
<tr>
<th>Growth measure</th>
<th>p</th>
<th>r²</th>
<th>a (±SE)</th>
<th>b (±SE)</th>
<th>c (±SE)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Protein</td>
<td>0.0001</td>
<td>0.858</td>
<td>0.956 ± 0.197</td>
<td>0.110 ± 0.012</td>
<td>−0.111 ± 0.024</td>
</tr>
<tr>
<td>DNA</td>
<td>0.0001</td>
<td>0.750</td>
<td>0.488 ± 0.121</td>
<td>0.044 ± 0.008</td>
<td>−0.051 ± 0.015</td>
</tr>
<tr>
<td>Nitrogen</td>
<td>0.0001</td>
<td>0.857</td>
<td>1.208 ± 0.240</td>
<td>0.131 ± 0.016</td>
<td>−0.155 ± 0.030</td>
</tr>
<tr>
<td>Carbon</td>
<td>0.0001</td>
<td>0.902</td>
<td>1.549 ± 0.227</td>
<td>0.145 ± 0.015</td>
<td>−0.189 ± 0.028</td>
</tr>
</tbody>
</table>

Fig. 8. *Calanus finmarchicus*. Growth rates as a function of RNA:protein for Stages C1 through C5 reared in the 3 temperature treatments with excess food. Growth rates were estimated from exponential increase in mean content of (A) protein, (B) nitrogen, (C) DNA, or (D) carbon between samples. Lines show the relationship of growth rates to RNA:protein at each temperature.
If cell number is in fact determinate in *Calanus finmarchicus*, the differences in DNA content among copepods in the different food and temperature treatments of the present study must result from differences in the nuclear DNA content rather than the total number of nuclei. The observed differences may possibly be due to timing of sampling within the molt cycle, as cell number increases throughout each stage (McLaren & Marcogliese 1983). However, it is unlikely that the trend of higher DNA content in all stages at higher food concentrations and cooler temperatures results from sample timing, as this would mean that the treatment tanks that produced copepods with higher DNA content were consistently sampled later in the molt cycle. In their paper describing the DNA content per nucleus of adult females of 7 *Calanus* species, McLaren et al. (1988) noted that the DNA content of *C. finmarchicus* per cell was approximately 13 pg, but could vary significantly among females and with season or treatment. This suggests that caution is required when DNA content is to be interpreted as a cell-number index. At this time it is unclear to us to what extent differences in cell number or cellular DNA content are responsible for our observed differences in DNA content.

The uncertainty about whether DNA content is truly an index of cell number has implications for the interpretation of biochemical ratios. As such, the RNA:DNA and protein:DNA ratios may not reflect the true RNA or protein content per cell, but could underestimate the disparity among treatments in cell size or condition. In other words, increased DNA per cell means that RNA:DNA ratio is less than the true RNA content per cell. Nevertheless, the fact that in the present study the RNA:DNA ratio was strongly related to food concentration and temperature suggests that its application is not likely to be impaired by any confusion surrounding the use of DNA as a cell-number index.

Since temperature had a strong positive effect on growth rates, but a weaker inverse effect (or no effect at all) on RNA:DNA and RNA:protein ratios, temperature effects must clearly be considered in any model for estimating growth from RNA concentration. This is likely to be true for any biochemical growth rate-index; increased chemical reaction rates at higher temperatures mean that lower enzyme or RNA concentrations can be associated with higher growth rates.

Based on its strong response to reduced food conditions (Fig. 1D), RNA:DNA ratio seems to be the most sensitive growth-rate index. Although stage-specific models for estimating growth rates directly from RNA:DNA ratio could not be constructed from the data presented here, the results from the present work demonstrate that RNA:DNA ratio is a useful index of nutritional condition and relative growth rates. Standardizing for the effects of temperature and developmental stage on RNA:DNA ratio and growth rates offers a useful tool for estimating relative growth rates in the field. At 8°C, the relative RNA:DNA index (RRD) was strongly related to relative carbon and protein growth rates (Fig. 6). Although one should be cautious when working with copepods living at other temperatures, the relationships shown in Fig. 6 should apply to temperatures other than 8°C, since reduced RNA:DNA ratios are likely to be associated with reduced growth rates at any temperature. RRD can be calculated for *Calanus finmarchicus* in the field by the following formula:

$$
\text{RRD} = \frac{\text{RNA : DNA}_{\text{field}}}{\text{RNA : DNA}_{\text{ST}} \times 100}
$$

where RNA:DNA_{ST} is the average RNA:DNA ratio expected under excess food conditions at the *in situ* temperature and is calculated from the regression models for RNA:DNA as a function of temperature (Table 1). Relative growth rates (protein or carbon) can then be estimated by the regressions shown in Fig. 6. Relative growth rates provide direct comparison to maximal rates for a given stage and temperature, and can be converted back to specific growth rates. However because temperature has such a profound effect on growth rates, accurate estimates of the temperature environment experienced by the copepods are essential.

In this experiment, RNA:protein ratio was not significantly different among food levels in most cases, but did reflect growth rates during the copepodite stages. Food level did not significantly affect the relationship of growth rate of structural components (protein, N, DNA) to RNA:protein ratio, but the slope of the relationship of carbon growth to RNA:protein ratio was reduced in the food-limited treatments (Fig. 7). This is evidence that storage growth was reduced rela-
Our models for growth rates as a function of RNA:protein ratio and temperature (Fig. 8, Table 2) were identical in form to the model developed by Saiz et al. (1998) for egg production rates of female *Acartia grani* as a function of RNA:DNA ratios and temperature. In both cases, increasing the temperature dramatically increased the growth rate or egg production rate achieved at a given RNA concentration, especially in copepods with the highest ratios.

RNA:protein ratios were good predictors of structural growth rates, especially when used together with temperature, and offer another way of estimating growth rates of natural populations of *Calanus finmarchicus*. The models presented in Table 2 for growth rates as a function of RNA:protein ratio and temperature in the high food treatments could be used to estimate growth rates under food-limited conditions. There was no effect of food on the relationship of protein, nitrogen, or DNA growth rates to RNA:protein ratio at 8°C (Fig. 7), and it is likely that there is no effect at other temperatures so that growth rates can be directly estimated from RNA:protein ratio and temperature without regard for developmental stage or food conditions.

RNA concentration offers 2 useful techniques for estimating growth rates of *Calanus finmarchicus* in the field; each method has strengths and limitations. The RNA:DNA ratio is stage-specific; however with compensation for developmental stage and temperature the RRD shows a strong relationship to relative growth rates under different food conditions. Since standardizing to the maxima for each stage removes differential effects on RNA and growth rate of each stage, the RRD can be used to estimate carbon growth rates and is useful for Stage N6. Although in this study the relative RNA:DNA index was only calibrated for Stages N6 to C5, it should be useful for the earlier naupliar stages as well, if maximal RNA:DNA ratios and growth rates are measured for those stages in the future.

The relationship of RNA:protein ratio to growth rates is not stage-specific, and therefore shows promise as a population-level growth rate index for *Calanus finmarchicus*, since it provides a direct estimate of growth rate from RNA:protein ratio and temperature. However, in copepods which store large quantities of lipid, the RNA:protein ratio is a reliable index of structural growth only, and in this study its relation to growth rate under food-limited conditions was weaker than that of relative RNA:DNA index ($r^2 = 0.49$ to 0.66 vs 0.66 to 0.73). Since the relationship between growth rate and RNA:protein differs during N6 from that during other stages, this method has been calibrated for copepodite stages only. With additional calibration, the RNA:protein method could likely be applied to the earlier naupliar stages, but should not be used to estimate growth rates during the N6-C1 interval.

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