

Reproduction of *Perna picta* (Mollusca: Bivalvia) from the Atlantic coast of Morocco

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ABSTRACT: The reproductive cycle of the mussel *Perna picta* (Born) on the Moroccan Atlantic coast near Rabat was studied by periodic observations of gonadal sections, dry tissue weights, biochemical composition and spatfall in a natural population. The sex ratio was 55:45 in favour of males; mussels attained sexual maturity at 22 mm shell length in both sexes. The general pattern of gametogenic activity of *P. picta* was comparable with that of *Mytilus* spp. reported from temperate regions. Gonad development began in October and the gonads were ripe in January or February. Spawning and reconstitution of gametes took place several times between February and May, and the gonads entered the resting stage or showed reduced activity in summer (June to September). Recruitment occurred between May and September. As in *Mytilus* spp. from temperate regions, there was an inverse relationship between carbohydrate and protein in the storage and utilisation cycles of these 2 components. While carbohydrate reserves accumulated in the tissues during periods of gonadal inactivity (summer and autumn), protein was stored during periods of gonad development (winter). Energy values calculated per g ash free dry tissue weight fluctuated between 22.3 and 24.4 kJ and energy content (kJ ind.⁻¹) was maximal in winter and minimal in summer

INTRODUCTION

Warm-water mussels belonging to the genus *Perna* have attracted considerable research interest by virtue of their economic importance. According to Siddall (1980), only 3 living species are represented in this genus, each having a specific geographical distribution: *P. viridis* L., in Asian waters, *P. canaliculus* Martyn from the coasts of New Zealand and *P. perna* on both coasts of Africa and on the eastern coast of South America. Mussels of the genus *Perna* distributed around the Mediterranean coast of Africa are usually reported to be *Perna perna* L. (Lubet 1973, Zaouali 1973, Abda-Boudjema & Mouëza 1981, Abda-Boudjema et al. 1984), thereby agreeing with the nomenclature proposed by Siddall (1980). On the other hand, Nordsieck (1969) and Buccheri & Palisano (1976) remarked that these mussels on Mediterranean and North African coasts present certain ecomorphological differences from *P. perna* and consequently they considered these as a new species, namely *Perna picta* (Born). This species name has been widely used in recent catalogues of Mediterranean molluscs (Piani 1980, Fisher et al. 1987).

Observations using histological sections of gonads on gametogenic and breeding activities of mussels of the

genus *Perna* from tropical regions are well documented (Lunetta 1969, Virabhadra Rao et al. 1975, Walter 1982). However, to date, reproductive studies of these mussels from warm temperate regions deal only with indirect observations such as the appearance of larvae in the plankton (Booth 1977), settlement of spat (Greenway 1969a, b, 1975, Zaouali 1973, Berry 1978, Abda-Boudjema & Mouëza 1981) and body condition index in relation to reproductive activities (Hickman & Illingworth 1980). Interpretation of these findings is difficult because these observations lack the precision possible from study of gonad histology. However, perusal of these data suggests that mussels *Perna* spp. in tropical or subtropical waters show prolonged activities of reproduction and spawning practically throughout the year while spawning tends to become seasonal at higher latitudes. The present work was undertaken in order to understand the reproductive biology of a warm temperate population of *P. picta* which is found along the Moroccan Atlantic and Mediterranean coasts and forms an important fishery in Morocco. Both indirect observations, such as spatfall and storage and utilisation of body reserves, and direct observation of gametogenesis using histological sections of the gonads were taken into consideration during the study to assess the reproductive cycle of *P. picta* in Temara (Rabat).

MATERIALS AND METHODS

Sampling site. Samples were taken from a mussel bed of *Perna picta* (Born) at Temara situated on the Moroccan Atlantic coast (Fig. 1), 15 km south of Rabat. Geomorphological characters of this site were described by Guilcher & Joly (1954) and Gantes (1967). The sampling station at Temara is bordered by quaternary calcareous rocks. The population of *P. picta* occurring in the upper infralittoral zone was investigated during this study. This zone is submerged by seawater most of the time and is exposed only during low spring tides. A rich flora and fauna occupy this zone. Another species of mussel, *Mytilus galloprovincialis*, occurs with *P. perna* and flora such as cystosiera, coralline algae, and rhodophytes occur in dense quantity in the mussel bed. Gastropods, ophiuroids, polychaetes, amphipods, cirripedes, decapods and isopods are also well represented in this zone.

Environmental parameters. Beginning in February 1983, temperature, salinity and chlorophyll *a* content of the seawater in the vicinity of the mussel population was measured at regular weekly intervals. Temperature was measured using a thermometer and salinity by silver nitrate titrations. Chlorophyll *a* was measured by filtering water samples through a Whatman GF/C glass fibre filter and dissolving the plant pigments in 90% acetone. Extinction values of this solution were measured at different wavelengths as recommended by SCOR/UNESCO equations.

Mussel sampling. Mussel samples were collected at fortnightly intervals from 1 February 1983 to 6 January

1984, during low spring tides from the upper level of the infralittoral zone where the mussel population was exposed to the air for an average 2 h d^{-1} . During every sampling period 10 to 15 samples were collected at random using a 150 cm^2 quadrat. The contents of each sample were sorted through 2 mm mesh sieves to collect all mussels measuring more than 3 mm shell length. *P. perna* was easily identified using characters previously described for its genus by Lubet (1973) and Siddall (1980). The number of spat measuring less than 9 mm was recorded separately for each quadrat and sampling period.

Examination of gonad development. Approximately 100 mussels of 15 to 80 mm shell length were taken at random from different quadrats. Each mussel was measured along its maximum anterior-posterior axis (length), opened and the reproductive condition observed macroscopically. This observation included: mantle and mesosoma colour, appearance of follicles in the mantle, texture of the mantle and the extent to which the mantle tissue was invaded by the genital tissue.

A further 10 to 20 individuals ranging in shell length from 50 to 70 mm were used for microscopical examination of gonads. The central portion of the right mantle lobe of each mussel was removed and fixed in Bouin's fluid for 1 to 2 wk. Tissues were embedded in wax (melting point = 58°C) after dehydration in alcohol. Sections of 5 to $7 \mu\text{m}$ were prepared and stained with Masson's Trichrome solutions (Martoja & Martoja 1967). Stained sections were then classified into different gametogenic stages as described by Wilson & Seed (1974) and Kennedy (1977). A gonad index

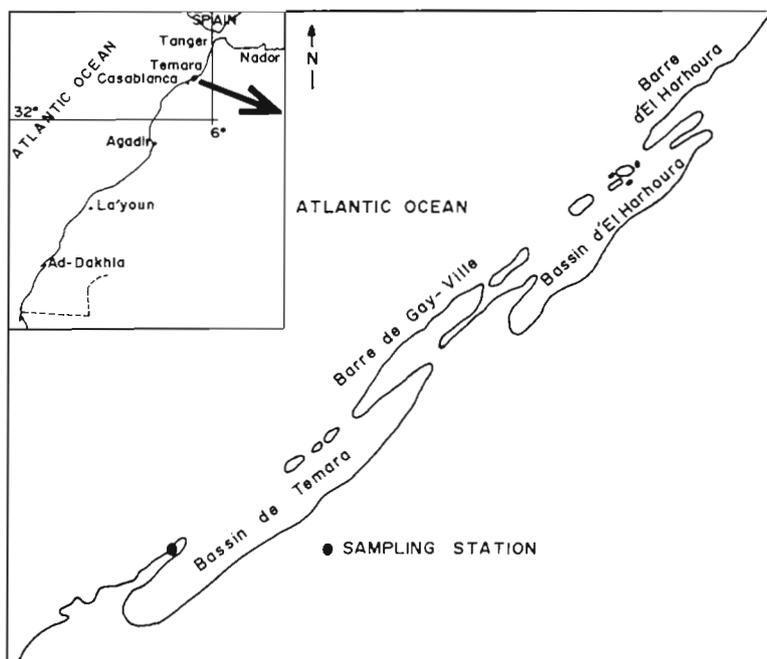


Fig. 1. Northwest coast of Morocco showing study site at Temara

was calculated for each sample by ranking the different gametogenic stages as follows:

Stage 0 (resting stage)	: 0
Stage 1 (early development)	: 1
Stage 2 (later development)	: 2
Stage 3A (morphologically ripe)	: 3
Stage 3B (spawning)	: 2
Stage 3C (redeveloping or redeveloped)	: 2
Stage 3D (recently spent)	: 1

For each sample, the number of mussels at each stage was multiplied by the numerical score of that stage. The products were summed and the result divided by the total number of mussels in the sample. Gametogenic development was indicated by an increase in the index while a decrease indicated that spawning was occurring. When 2 or more stages occurred simultaneously in a section, the stage recorded was based upon the condition of the majority of the section.

Tissue weight measurements. Two sets of 25 mussels of sizes ranging from 30 to 80 mm were taken from the samples collected. One set of mussels was analysed to derive the shell length vs whole dry body weight relationship, and the other set for the shell length vs dry mantle weight relationship. The tissues were dried at 60°C for 48 h. The following functional regression equation (Ricker 1973) was used to relate shell lengths to dry flesh weights for each sampling period:

$$\ln W = \ln a + b \ln L$$

where W = dry weight of the flesh (g) (either whole body without shell or mantle tissue); L = shell length (mm). From these regression equations, dry flesh weight of a standard mussel measuring 60 mm shell length was calculated for each sampling period.

Biochemical analyses. Dried tissues of the whole mussel without shell were combined and grouped in a mortar for further biochemical analyses. Protein was

estimated by the Kjeldahl method, lipid was extracted in petroleum ether for 24 h in a soxhlet apparatus and ash determined by burning the tissue at 450°C for 12 h. Carbohydrate was assumed to be the difference of the sum of the above 3 fractions from 100%. Energy value of the dry flesh was calculated using the conversion factors of its biochemical components: 17.2 kJ g⁻¹ for carbohydrate, 23.6 kJ g⁻¹ for protein (Brody 1945), 36.0 kJ g⁻¹ for lipid (Beukema & De Bruin 1979).

RESULTS

Environmental parameters

Salinity of the coastal waters in Temara varied between 33.2‰ and 35.93‰ during the period of this study. Lower values occurred during the rainy season (October to February) and higher values during the dry season (March to September). Water temperature showed considerable seasonal variation (Fig. 2) with extreme values of 23°C in summer (late June to September) and 14°C in winter. Seasonal variation in chlorophyll *a* at Temara resembled that in other temperate regions (Fig. 3) with spring (3.5 mg m⁻³) and autumn (2.12 mg m⁻³) peaks and lowest values in winter (0.12 to 0.25 mg m⁻³). Chlorophyll *a* content varied between 0.75 and 1.25 mg m⁻³ during summer.

Recruitment

Seasonal variation in the mean number of spat (2 to 9 mm shell length) collected during each sampling period is shown in Fig. 4. Though recruitment was continuous, peak periods occurred during spring (May and June). The density of spat per 0.150 m² decreased during summer to reach low values in winter.

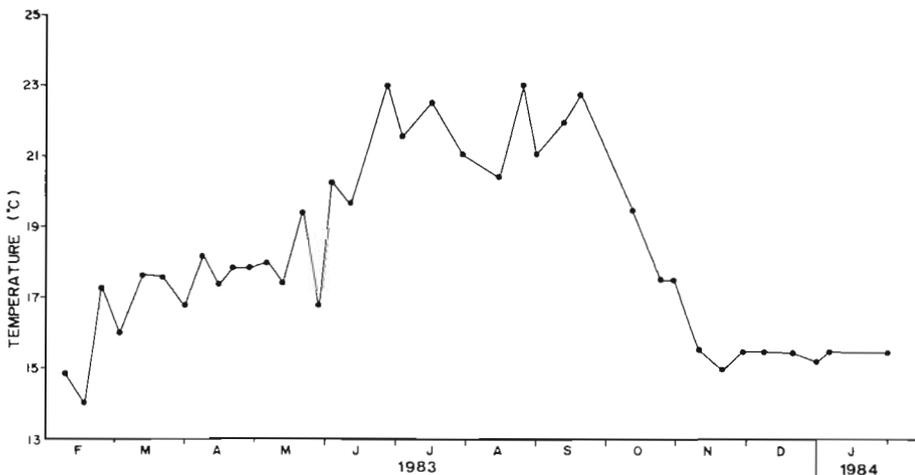


Fig. 2. Seasonal variation in seawater temperature at Temara

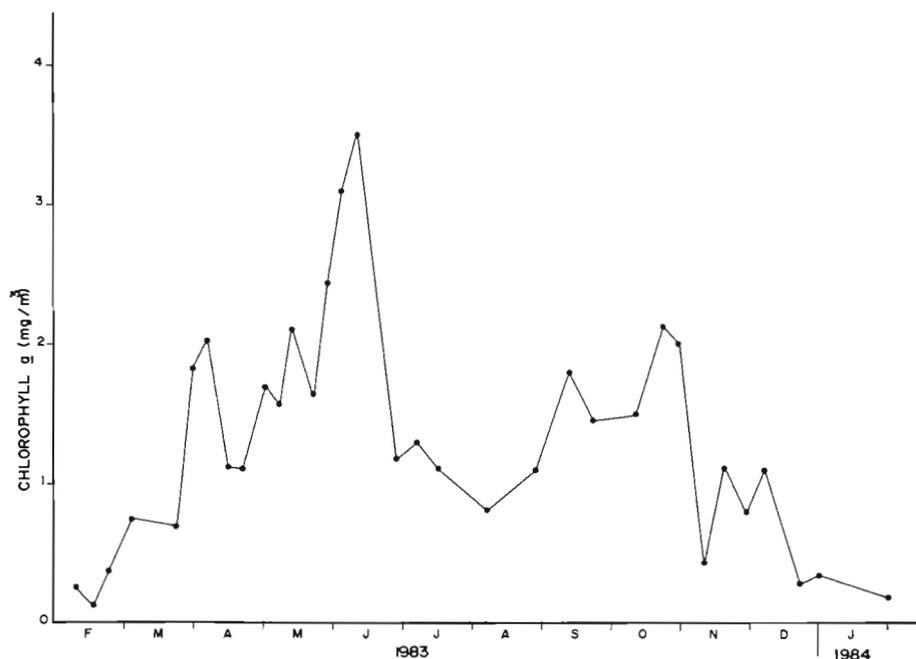


Fig. 3. Seasonal variation in chlorophyll a content of seawater at Temara

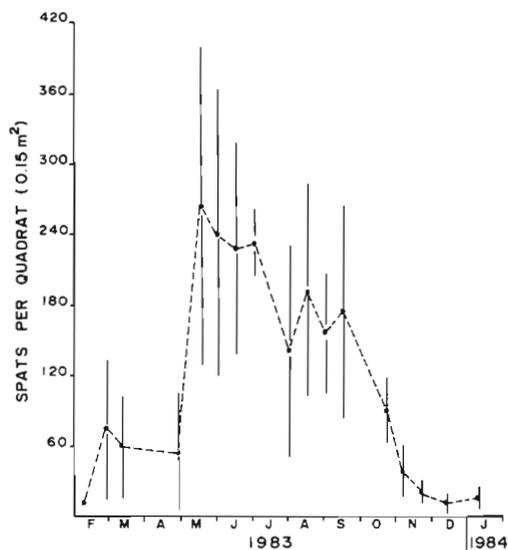


Fig. 4. *Perna picta*. Seasonal variation in the density of spats collected from the mussel population at Temara. Vertical lines indicate standard deviations from means

could not be determined by visual observations. Macroscopically it was difficult to differentiate spent stages from early developmental stages of the gonad. The mantles of mussels during both these periods were approximately the same colour (white or cream-yellow). During slightly more advanced stages of gametogenesis mantles of females were often white with red patches. Sex differences in terms of mantle colour were evident from late December to early March when the gonads were in an advanced stage of development. Visual observations of gonads made during this period showed that *Perna picta* could become mature at 22 mm length. Both males and females of this size had pigmented mantles with gonad proliferation. Eight sets of mussels, with 100 mussels in each set, observed visually during this period showed a sex ratio of 54.5% males to 45.5% females. The results of a 5×2 contingency table test for the above sets of data were: $\chi^2 = 0.78$, $p = 0.94$, $df = 7$.

Macroscopical examination of gonads

Visual observations of opened mussels in the shell showed that follicular development occurred in the mantle tissue during gametogenic activity. When the gonads were ripe they occupied virtually the whole of the mantle tissues; the mantle was white in males and red in females. After spawning, the mantle was filled with white or cream-yellow liquid and the sex

Microscopical examination of gonads

Different gametogenic stages observed during the period of study, and illustrated in Figs. 5 and 6, can be explained as follows:

Stage 0: Resting stage. In this stage, sex is indeterminate and no follicles can be observed in the mantle tissue. Genital canals are obscured by densely packed connective tissue.

- Stage 1: Early development. First signs of gametogenesis become apparent. Small groups of germinal cells are scattered in the mantle. Spermatogonia and oogonia line the follicle wall, but sex determination is sometimes difficult during the early phases of this stage.
- Stage 2: Later development. The follicles in both males and females occupy a large part of the mantle. In the male follicles, there is a wide centripetal band of spermatogonia, spermatocytes and spermatids, with some spermatozoa scattered among the larger cells. In the female, oocytes have begun to accumulate yolk and have grown considerably. Young oocytes are still attached to the follicular wall by a slender stalk of cytoplasm, but some mature oocytes are free in the lumen.
- Stage 3A: Morphologically ripe. The mantle is now filled with follicles occupying almost the entire area. In the male the follicles are packed with spermatozoa arranged in lamellae converging towards the centre of the lumen. A few residual spermatocytes and spermatids may still be present. In the female the majority of the oocytes have reached their maximum size and lie packed tightly together in the follicles. The pressure within these follicles compresses the oocytes into polygonal shapes.
- Stage 3B: Spawning. A large number of almost ripe oocytes is still present in the large expanded follicles, or dense bands of ripe spermatozoa surround a partially empty lumen but their arrangement in lamellae has now disappeared.
- Stage 3C: Redeveloping or redeveloped. Soon after Stage 3B, a new phase of renewed gametogenesis may occur. There is a rapid proliferation and growth of oocytes and a densely staining band of spermatids gives rise to new lamellae of spermatozoa. This stage can be confused with Stage 2, but when full redevelopment has occurred (the equivalent of Stage 3A) the packed follicles do not occupy all the available mantle area. Thus more connective tissue is evident than before initial spawning (3B).
- Stage 3D: Recently spent. Follicles collapse and degenerate. Amoebocytes attack unspawned gametes, often resulting in the lumen of follicles becoming filled with a mass of cellular debris. The mussel returns to the resting stage.

A detailed analysis of the gametogenic cycle is represented as the percentage distribution of different stages in Table 1. When sampling began on 1 February 1983, all mussels had ripe gonads. Though the major spawning occurred in early spring, several partial spawnings followed by redevelopment of gametes took place between February and May. Between June and September, the number of mussels in the spent or resting stages increased. However, during this period, certain gonads, although showing signs of redevelopment, never attained the fully ripe stage (3A). Mature gametes in some gonads were slowly reabsorbed by phagocytic cells. Gonad development began in autumn and more than 50 % of the population had ripe gonads by early January 1984. The gonad index (Table 1, Fig. 7) summarizes the decline from the morphologically ripe condition in winter to an inactive period from June to September and the recommencement of gametogenesis in autumn.

Dry tissue weight

Regression equations relating dry body weight/length and dry mantle weight/length were calculated for every sampling period. By utilising these regression equations, dry body weight and mantle weight of a standard mussel measuring 60 mm in shell length were calculated for every sampling period; results are presented in Fig. 7. Dry body weight was high in autumn and winter but declined immediately after spawning in spring. During late summer dry weight began to increase again reaching maximum value in autumn. Seasonal changes in mantle weight followed more or less the seasonal changes in gonad index values (Fig. 7). Maximum mantle weight was observed in winter before spawning while lowest values were recorded in spring and summer following spawning.

Biochemical composition

The percentages of protein, carbohydrate, lipid and ash in dry tissue are presented in Table 2, which also gives calculated energetic values for 1 g ash free dry tissue weight (AFDW). Protein and carbohydrate values showed marked seasonal variation and there is a clear inverse relationship between these 2 components. The protein fraction decreased from its maximal value (61 to 66 %) observed during the pre-spawning and spawning periods (December to May) to a lower value (51 to 60 %) during the remaining period (June to November). By contrast, the carbohydrate fraction attained its minimal value when the gonads were ripe in winter (9 to 12 %), started to increase after spawning

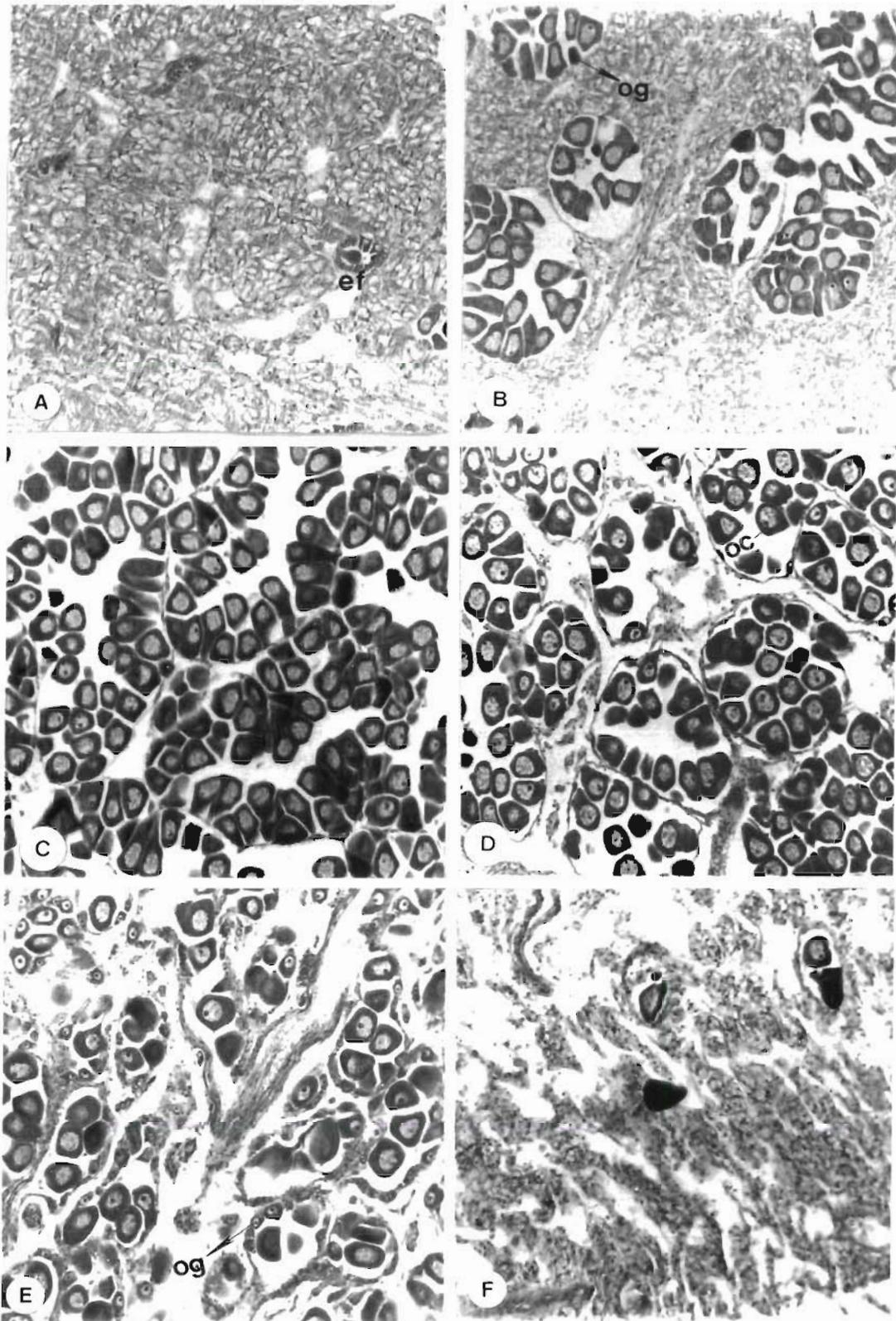


Fig 5 *Perna pincta* Different gametogenic stages observed in females at Temara (A) Stage 1, early development; (B) Stage 2, developing, (C) Stage 3A, ripe, (D) Stage 3B, spawning, (E) Stage 3C, redevelopment, (F) Stage 3D, spent. ef: early follicle; oc: oocyte; og: oogonia

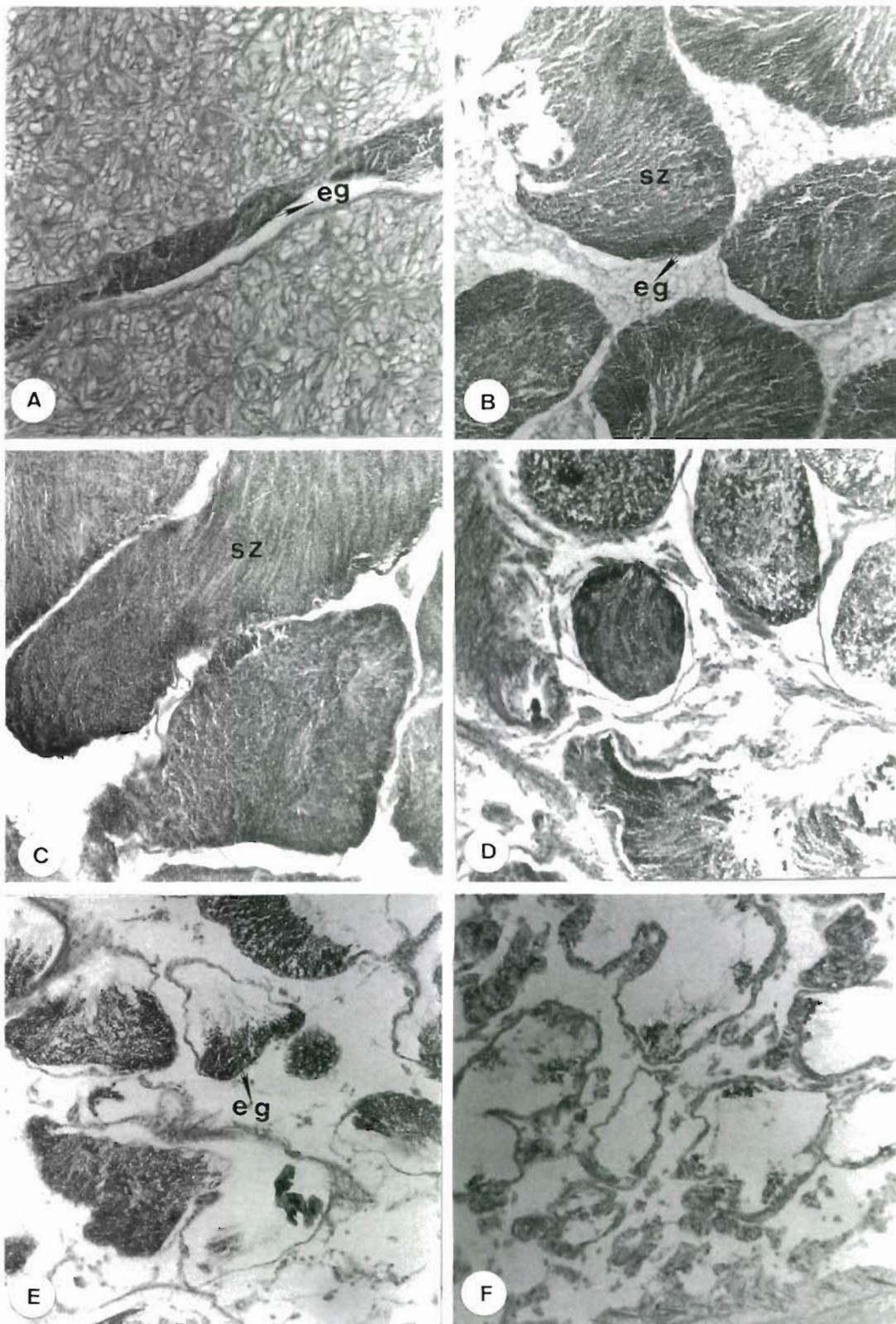


Fig. 6. *Perna picta*. Different gametogenic stages observed in males at Temara (A) Stage 1, early development; (B) Stage 2, developing; (C) Stage 3A, ripe; (D) Stage 3B, spawning, (E) Stage 3C, redevelopment, (F) Stage 3D, spent. eg early gametogenesis; sz spermatozoa

Table 1. *Perna picta*. Distribution of the stages (%) of gonad development in samples from Temara, Rabat, Morocco (*N*: no. of mussels in sample)

Date	Stage							<i>N</i>	Gonad index
	0	1	2	3A	3B	3C	3D		
1 Feb 1983	—	—	—	100	—	—	—	20	3
15 Feb 1983	—	—	—	56	38	6	—	16	2,5
2 Mar 1983	—	—	—	100	—	—	—	10	3
30 Mar 1983	—	—	—	—	36	50	14	14	1,9
15 Apr 1983	—	—	—	20	60	—	20	20	2,0
29 Apr 1983	—	—	—	—	30	60	10	20	1,9
12 May 1983	—	—	—	9	36	27	28	11	1,8
26 May 1983	—	—	—	—	40	10	50	20	1,5
9 Jun 1983	30	—	—	—	—	30	40	10	1,0
24 Jul 1983	60	—	—	—	—	20	20	20	0,6
7 Aug 1983	40	—	—	—	—	20	40	10	0,6
20 Aug 1983	40	—	—	—	—	—	60	10	0,6
8 Sep 1983	30	10	—	—	—	—	60	20	0,6
23 Sep 1983	10	20	10	—	—	—	60	20	0,7
8 Oct 1983	20	40	20	—	—	—	20	20	1,0
23 Oct 1983	20	50	70	—	—	—	—	10	1,1
7 Nov 1983	9	27	64	—	—	—	—	11	1,6
3 Dec 1983	—	18	36	46	—	—	—	11	2,3
6 Jan 1984	—	—	47	53	—	—	—	15	2,5

(15 to 22%), and attained maximal values during periods of gonadal inactivity (up to 31%). The percentages of lipid and of ash varied between 5 and 10% and between 10 and 18% respectively during the period of study, and both these components showed higher values just before the spawning period in winter.

Seasonal changes in the protein weight (Fig. 8) of a standard mussel followed very closely that for dry body weight. Protein weight was highest in winter, decreased gradually during spring (spawning periods) and attained its lowest values during summer. Protein reserves started

to accumulate in the tissues during autumn and attained their maximum values in winter. After depletion during the spawning periods (spring), lipid started to accumulate, a little earlier than protein, increasing gradually over the summer to its peak value in winter (Fig. 8). Carbohydrate accumulated in the tissues in summer soon after spawning and reached its maximum value in autumn just before the onset of gametogenesis. Depletion of carbohydrate occurred following the development of gametes, and reached a lower value during the pre-spawning and spawning periods (Fig. 8).

Calculated energy values for 1 g ash free dry tissue weight fluctuated between 22.3 and 24.4 kJ g⁻¹ AFDW (Table 2). Lower values were noted in summer and higher values in winter. Seasonal changes in total energy content of a standard mussel (Fig. 8) showed the same seasonal trend as that of dry body weight.

DISCUSSION

Seasonal activities of reproduction in *Perna picta* from the Moroccan Atlantic coast in Temara (Rabat) may be summarized as follows:

(1) A period of gonadal inactivity in summer and autumn when reserves in the form of carbohydrates and lipids may accumulate in the tissues. Late spawning may occur in summer and gametogenesis may start slowly in autumn.

(2) A period of rapid gonad proliferation in winter at the expense of stored carbohydrate reserves. Protein and lipid contents of the tissue increase.

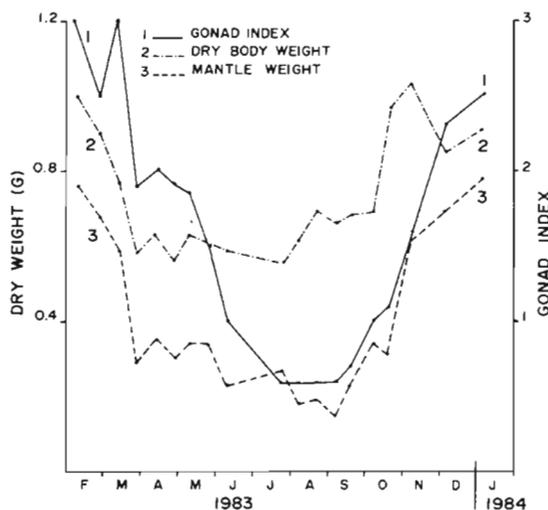


Fig. 7. *Perna picta*. Seasonal changes in the values of gonad index and dry tissue weights

Table 2. *Perna picta*. Biochemical components of specimens from Temara, Rabat, Morocco, expressed as percentages of dry tissue weight

Date	Protein	Lipid	Carbohydrate	Ash	Calculated energy content (kJ g ⁻¹ AFDW)
1 Feb 1983	64.01	7.93	10.70	17.36	23.98
15 Feb 1983	64.37	7.73	10.30	17.60	23.98
2 Mar 1983	66.14	9.78	8.64	15.44	24.40
30 Mar 1983	66.38	4.55	15.73	13.34	23.11
15 Apr 1983	65.16	5.60	15.59	13.65	23.27
29 Apr 1983	62.37	5.96	15.74	15.93	23.30
12 May 1983	64.10	5.55	17.44	12.91	23.13
26 May 1983	60.59	5.71	22.41	11.29	22.80
9 Jun 1983	59.22	5.33	24.53	10.92	22.60
24 Jul 1983	59.61	7.18	21.58	11.63	23.06
7 Aug 1983	58.08	8.43	23.11	10.38	23.13
20 Aug 1983	51.34	6.43	30.70	11.53	22.29
8 Sep 1983	60.81	6.26	20.26	12.67	23.01
23 Sep 1983	58.33	6.14	23.60	11.93	22.76
8 Oct 1983	57.56	6.04	24.27	12.13	22.74
23 Oct 1983	58.55	6.00	23.65	11.80	22.74
7 Nov 1983	59.80	6.78	22.75	10.67	22.92
3 Dec 1983	63.41	7.58	14.52	14.49	23.63
6 Jan 1984	65.23	7.71	11.86	15.20	23.85

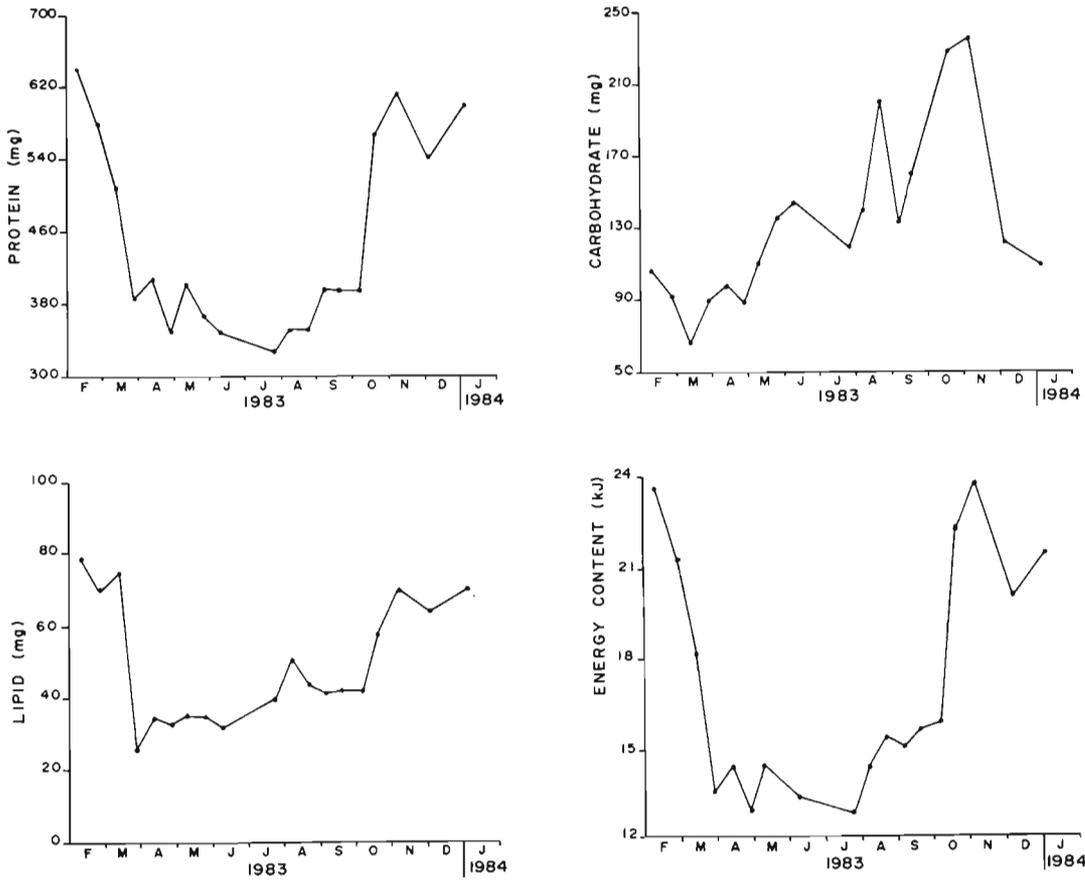


Fig. 8. *Perna picta*. Seasonal changes in biochemical composition of dried body tissue of standard mussel (measuring 60 mm in shell length)

(3) A period of spawning in spring when both emission and rapid redevelopment of gametes may take place simultaneously. Tissue shows minimal values in its protein reserves.

The annual cycle of reproduction in *Perna picta* thus broadly corresponds to that of *Mytilus* spp. from temperate waters (Seed 1975, 1976, Kennedy 1977) where most of the mussels are winter-spring breeders. Though its reproductive behaviour is similar to that of *Perna canaliculus* from temperate regions of the southern hemisphere in New Zealand (Greenway 1969a, b, Kennedy 1977), it differs from other representatives of this genus (*P. perna* and *P. viridis*) in tropical or subtropical regions where mussels may be ripe throughout much of the year (Lunetta 1969, Lubet 1981, Lee 1986). While in warm waters the mussels may show opportunistic behaviour of spawning in relation to sudden climatic changes, such as in water temperature, rain, or monsoon (Lubet 1981), in temperate regions gonad development and spawning become essentially seasonal, thereby showing conservative behaviour.

Gametogenesis and gonad proliferation in *Perna picta* start in autumn when water temperature begins to fall. Gonads become morphologically ripe during the cooler months when the water temperature decreases to 15°C. Practically all reproductive activities of spawning cease soon after spring when the water temperature rises above 18°C. In summer, some unspawned but ripe gametes may still remain tightly packed in certain follicles of some gonads. Later on (in late summer and in early autumn) these follicles are found to degenerate and resorption of gametes occurs by phagocytosis. Though reduction in the number of gametes in these unspawned follicles (equivalent to Stage 3B) was never noticed in summer, it is difficult to conclude whether summer spawning occurs in *P. picta* or not. After the spring spawning, mussels did not show completely ripe gonads (equivalent to Stage 3A) until the following winter. However, a major part of the population can be found in the resting stage during the warmer months with temperatures between 20 and 23°C.

The recruitment period (May to September) reported for *Perna picta* during this study is in close agreement with the observations of Abda-Boudjema & Mouëza (1981) on the Algerian coast. In contrast, Zaouali (1973) reported continuous recruitment throughout the year in Tunisia with peak spatfall in autumn. Observation of breeding activities based only on the presence or absence of spat settling within the population may not indicate precisely the exact spawning periods of mussels. Primary settlement of plantigrades may take place on a temporary substrate from which they may later invade the established population (Seed 1976). Therefore, the breeding season reported for *P. picta* from the

North African coast based on observations of spatfall alone must be considered with caution.

In addition to its reproductive cycle, *Perna picta* also closely resembles mussels of the genus *Mytilus* from temperate regions in the way it accumulates and utilises energy reserves. Due to a sufficient food supply in the form of phytoplankton during spring and autumn (Fig. 3), *P. picta* accumulates carbohydrate reserve starting from May–June up to October–November and utilises it in winter when available food is insufficient to meet gonadal activities. Protein and lipid are built up along with the gametes in late autumn and winter. Energy content of a standard mussel, therefore, shows higher values during these periods due to its higher protein content.

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