

Effects of mercury on physiological condition and content of the biomarker ALA in the oyster *Ostrea edulis*

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ABSTRACT: *Ostrea edulis* (L.) exposed to mercury *in situ* at Cheminova in the western part of Nissum Bredning, Limfjord, Denmark, was compared to a non-exposed oyster sample from the uncontaminated eastern part of the area. A similar comparison was made for oysters, exposed and non-exposed to Hg, in the laboratory. Comparisons were based on stepwise multiple regression analysis, and MANOVA, using these variables: shell length, volume between shell valves, tissue dry weight, length and width of shell muscle scar, and infection by the parasite *Bonamia ostreae* (determined by ELISA). For the environmental as well as for the laboratory samples, no significant differences between exposed and non-exposed oysters were found. The content of the biomarker δ -aminolevulinic acid (ALA) was detected by ion-exchange chromatography in all samples. ALA content (related to amount of soluble protein) was significantly elevated in mercury-exposed oysters, in both the field and the laboratory. Similar differences were observed for environmental samples of cockles *Cerastoderma edule* (L.), mussels *Mytilus edulis* (L.) and periwinkles *Littorina littorea* (L.) from the Cheminova site and from uncontaminated samples. Possible cause-effect of the mercury-related increase of ALA in molluscs is discussed.

INTRODUCTION

To establish the hazard of a toxic metal (and other toxic substances) the classical approach is to determine its concentration in the environment and then compare that with concentrations that kill experimental animals under laboratory conditions. A contemporary ecotoxicological approach is necessary when studying sublethal effects of toxins. Preferably, methods should be chosen which correlate tissue concentrations of the toxic substance with a biomarker, e.g. physiological or biochemical changes in the animal studied, and subsequently establish causal relationships between exposure and the observed change [the term 'biomarker' is used in accordance with the following definition: biochemical compounds, processes, structures, or functions, that change due to the exposure of organisms to xenobiotics (National Research Council 1987)].

Healthy-appearing flat oysters with high mercury content were studied in accordance with the first step of the procedure outlined above. The European oyster

Ostrea edulis (L.) has inhabited Danish estuarine and coastal areas for about 8000 yr (E. Bondesen, Roskilde University Center, pers. comm.) and their shells dominate the large vestiges of early Mesolithic man termed 'Køkkenmøddinger' (kitchen middens). In the last century there were still rich oyster beds in the Limfjord (Collin 1872), hence the low abundance today cannot be ascribed to climatic changes. The oyster fishery has decreased during this century, and cultivation of the 'Limfjord oyster' (lately based on imported transplants) was abandoned in the 1980s.

It has not yet been established whether the present oyster scarcity is due to overfishing, anoxic conditions due to pollution with inorganic nutrients, anthropogenic release of toxins, or specific infections e.g. by the intracellular protozoan parasite *Bonamia ostreae* (Pichot et al. 1980) which has damaged cultures dramatically elsewhere. A study of the genetic variation in Scandinavian oysters (unfortunately not including the Limfjord oysters) shows that they are less variable than other European populations (Johannesson et al. 1989). This

could be the result of immigration of genetically homogeneous cultured stocks, or it could reflect selection for resistance to a parasite such as *B. ostreae* (Elston et al. 1987).

In the western part of the previously oyster-rich Nissum Bredning (see Fig. 1), there were substantial mercury discharges in the 1950s and 1960s by the pesticide-producing factory, Cheminova. In this mercury-contaminated environment, where lead and cadmium levels correspond to those found in other Danish coastal areas (Brock 1992), healthy-looking oysters containing about 2500 ng Hg g⁻¹ dry wt in the gills were collected for the study (Table 1).

Mercury is a non-essential metal that forms (1) toxic organic compounds which readily dissolve in lipids and traverse cell membranes, and (2) highly reactive inorganic salts which bind to thiol groups of proteins and peptides. By binding to enzymes (Thaker & Haritos 1989), mercury probably affects metabolism and it is therefore expected that mercury-contaminated organisms will exhibit reduced energy balance as compared to non-contaminated organisms. To test whether such a general impact occurs biometrics, including the condition index of *in situ* as well as of laboratory mercury-exposed oysters, were compared to those of non-exposed reference oysters. Further, to test whether a molecular biomarker might be used to assess non-lethal impacts of mercury, the specific effect of mercury on the porphyrin precursor δ -aminolevulinic acid (ALA) (Brock 1992) was studied in hepatopancreatic tissue of mercury-exposed and non-exposed, environmental and laboratory samples of oysters.

MATERIALS AND METHODS

Localities and populations. The mercury-contaminated area of the Limfjord south of Thyborøn, Denmark, (Fig. 1) is inhabited by the oyster *Ostrea*

Table 1. *Ostrea edulis*. Mean (SD) mercury content of tissues from oysters (n = 29) collected at Cheminova, Denmark

Tissue	Hg (ng g ⁻¹ dry wt)
Gill	2848 (1030)
Hepatopancreas	2049 (521)
Muscle	2154 (517)
Residual	1866 (497)

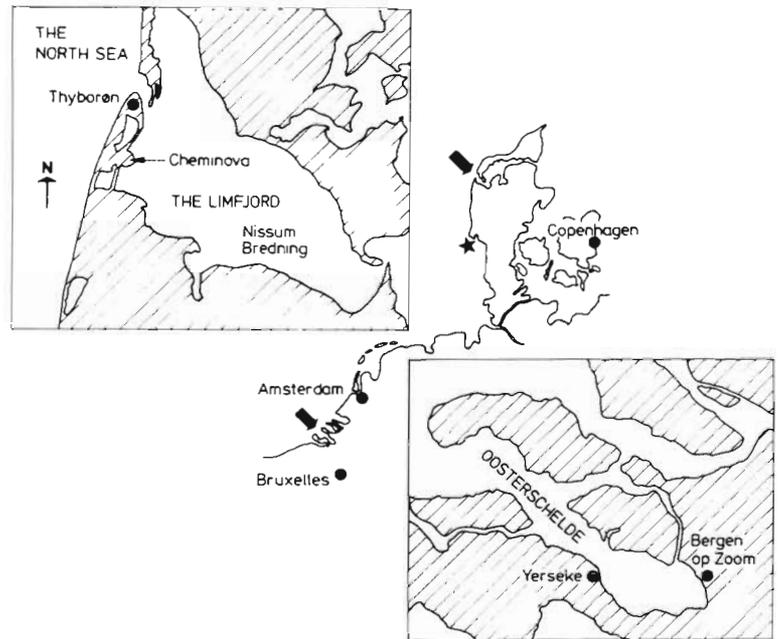


Fig. 1. Mollusc sampling sites in Denmark (upper) and Holland (lower). *Ostrea edulis*, *Littorina littorea*, *Mytilus edulis* and *Cerastoderma edule* were collected at Cheminova (Denmark), and also at the beach at Yerseke (Holland) except for *C. edule* which was sampled at Skallingen (★) in the Wadden Sea

edulis (L.), the blue mussel *Mytilus edulis*, the soft clam *Mya arenaria* (L.), the Baltic clam *Macoma balthica* (L.), the common cockles *Cerastoderma edule* (L.) and *C. lamarcki* (Reeve), and the periwinkle *Littorina littorea* (L.). Non-exposed oysters were sampled on 29 October 1990 in the eastern part of the area, where tissue mercury content was less than 100 ng g⁻¹ dry wt (length = 48 to 75 mm, n = 60), and in the mercury-contaminated Cheminova area on 11 November 1991, where gill mercury content was about 2850 ng g⁻¹ dry wt (length = 38 to 76 mm, n = 29) (the term 'content' is used instead of 'concentration' since the latter relates amount of substance to solution, e.g. μ g ALA per ml solution, whereas content relates one amount to another, e.g. μ g ALA per mg protein, or ng mercury per g tissue dry wt).

Ostrea edulis for aquaria experiments were sampled in the commercial oyster *Crassostrea gigas* (Thurnberg) tanks (ca 50 × 25 m) in Yerseke, Holland, on 20 September 1991 (length = 37 to 93 mm, n = 75) (Fig. 1). Blue mussels (length = 25 to 40 mm, n = 50), cockles (length = 16 to 36 mm, n = 30) and periwinkles (height = 11 to 18 mm, n = 50) for ALA analysis were sampled together with the oysters at Cheminova and at the shore at Skallingen and Yerseke (Fig. 1).

Mercury analyses. Mercury content was determined by cold vapour atomic absorption spectrometry (Beckmann Model 1248) as described by Sørensen &

Bjerregaard (1991) after the following preparation: 50 mg of the tissue was moistened by addition of 0.2 ml distilled water, and dissolved to clearness in 1 ml 65 % nitric acid at 55 °C for 2 h. After cooling to room temperature, 3 ml (0.5, 0.5, 1.0 and 1.0 ml successively) K_2MnO_4 (60 g l⁻¹) was added to the sample which was left in darkness for 30 min whereafter a 50 % H_2O_2 solution was added dropwise along the sides of the container to obtain a colorless, clear solution.

Biometry including physiological condition index.

Shell length was measured (to nearest 0.1 mm) as the longest distance between the ligament and the opposite shell edge. Dry weight of soft tissue was determined after freeze-drying and shell weight after drying at room temperature for at least 24 h. The physiological condition index (Walne 1970) was calculated as dry weight of soft parts \times 1000/volume between shells (volume of intact animal less volume of shells). Scar length was measured as the longest distance of the muscle scar of the right (flat) shell, and width perpendicular to the length measurement (nearest 0.1 mm).

Exposure experiments. Yerseke oysters were glued in natural position to removable plates with non-toxic aquarium glue. Half of the oysters were exposed to 100 ppb Hg administered as $HgCl_2$ and the other half kept for reference. The oysters were fed continuously for 30 min twice a day with a suspension of *Rhodomonas* sp., and the continuously aerated water (35 l, 15 °C, salinity = 26 ppt) was renewed once a day. Samples (n = 4) were removed from the mercury-exposed aquaria and from the reference aquaria on Days 1, 2, 4, 8, 16 and 32.

ELISA detection of *Bonamia ostreae*. Individual samples of oyster hemolymph, 200 μ l, were removed from the pericardium of freshly opened oysters, hemolyzed and stored at -18 °C for 1 to 2 mo. After thawing, the hemolymph was centrifuged (3000 \times g for 5 min) and the supernatant screened for antigens of the intracellular parasite *Bonamia ostreae* (Van Banning 1990) by an enzyme-linked immunosorbent assay (ELISA) using monoclonal-antibody-sensitized microtitration plates, and an alkaline phosphate conjugated monoclonal antibody (SONOFI Agro-Veterinaire, Paris, France). Antigen material delivered from the above mentioned company was used for positive control following procedures recommended by the manufacturer.

Determination of δ -aminolevulinic acid (ALA). Hepatopancreas from 4 to 5 individuals were dissected from thawing oysters, pooled and homogenized with half the amount of 100 mM phosphate buffer, pH 6.8, and centrifuged (3000 \times g for 10 min). The supernatant was frozen at -80 °C. All preparations were carried out on ice, and all procedures carried out without delays.

Prior to analysis thawed samples were ultrafuged (80 000 \times g). The determination of ALA concentration was based on the experimental procedure of Mauzerall & Granick (1956) as described by Brock (1992).

The concentration of soluble protein in the hepatopancreatic homogenates was determined using the Biuret method (Gornall et al. 1949), and the relative ALA content was expressed in μ mol ALA g⁻¹ soluble protein. All determinations were replicated (variation < 5 %).

Statistics. Comparisons between exposed and non-exposed natural populations of *Ostrea edulis* were performed by discriminant analysis and by multivariate analysis of variance (MANOVA). Unlike univariate analysis of variance (ANOVA) which compares means of a single dependent variable, the MANOVA procedure compares sets of dependent variables which are correlated (Bartlett's test of sphericity). Multivariate differences were estimated from Pillai's trace. Violations of assumptions (multivariate normal distribution and equal covariance matrices for all groups) were assessed from univariate distributions (normal probability plots), homogeneity-of-variance tests (Cochran's *C* and Bartlett-Box's *F*) for each variable individually, and from Box's *M*-test for multivariate homogeneity of the variance-covariance matrices.

In discriminant analysis, a linear combination of the independent variables serves as the basis for assigning cases to one group or another. Thus, information contained in multiple variables is summarized in a single index (discriminant score). In the linear discriminant equation $D = B_0 + B_1X_1 + B_2X_2 + \dots + B_nX_n$, the *B*'s are chosen so that the values of discriminant scores differ as much as possible between groups (i.e. $SS_{\text{between-groups}}$ relative to $SS_{\text{within-groups}}$ is a maximum). As is the case for the MANOVA procedure, a discriminant analysis assumes a multivariate normal distribution and equal covariance matrices for the 2 groups compared.

All analyses, including least-squares linear regression analysis used to compare exposed and non-exposed individuals in the laboratory experiments, were performed by SPSS software (SPSS, Inc., Chicago, IL, USA).

RESULTS

Determination of mercury content revealed high values (> 2000 ng g⁻¹ dry wt) in the different tissue types of *Ostrea edulis* from the Cheminova area (Table 1) while oysters from the eastern part of the fjord contained less than 100 ng g⁻¹ dry wt. Since hepatopancreatic tissue is relatively easy to identify and isolate, this tissue was chosen for the laboratory studies.

Mercury content of hepatopancreatic tissue samples increased to very high levels ($396 \mu\text{g g}^{-1}$ dry wt) during the exposure to high mercury-contaminated water concentrations in the laboratory (Fig. 2). These levels were 5 to 10 times higher than those recorded for field samples of the bivalve *Mya arenaria* (Fimreite et al. 1971). Since length correlates significantly ($p < 0.001$) to scar length ($r = 0.56$) and to scar width ($r = 0.31$), and since scar length and scar width are also correlated ($r = 0.31$), the data, including these metric parameters, were analyzed by a MANOVA model. The highly significant within-cells correlations which justify the application of MANOVA were confirmed by Bartlett's test of sphericity ($p < 0.0005$), but even the sensitive multivariate test (Pillai's trace) failed to disclose effects due to mercury exposure ($F = 1.20$, $p > 0.10$). Box's *M*-test for multivariate homogeneity showed no effect due to mercury exposure ($p > 0.01$).

Univariate analysis of variation demonstrates insignificant differences between exposed ($n = 29$) and non-exposed oysters ($n = 69$) considering the characters length, physiological index, scar length or scar width (Table 2). Physiological index was correlated neither to length, scar length nor scar width ($r < 0.18$).

To achieve an impression of the level of character overlap for the 2 groups, discriminant analysis was used. Discriminant functions based on length, relative body mass, scar length and scar width revealed substantial overlap between contaminated and non-contaminated oysters, and, therefore, failed to separate

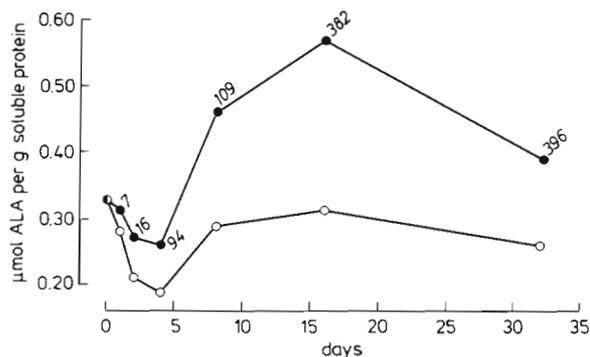


Fig. 2. *Ostrea edulis*. ALA content in oyster hepatopancreatic tissue (related to content of soluble protein) for bivalves exposed to 100 mg Hg l^{-1} (upper curve) and non-exposed (lower) oysters, in relation to days of exposure. Numbers along the upper curve give mercury concentration in $\mu\text{g g}^{-1}$ dry wt; all the non-exposed samples contained less than 100 ng g^{-1} dry wt. Data points are based on duplicate analyses (range: less than 5% variation) of pooled material from 4 to 5 individuals

Table 2. *Ostrea edulis*. Biometric data, including physiological index, from oysters in mercury-contaminated and uncontaminated environments. Values are means \pm standard deviations, and total range in parenthesis. Length, scar length and scar width are in mm

Character	Non-exposed (n = 69)	Exposed (n = 29)	F
Length	61.04 ± 5.97 (47–72)	61.72 ± 9.71 (38–76)	0.17 ns
Index	0.73 ± 0.22 (0.30–1.24)	0.64 ± 0.19 (0.30–1.05)	3.89 ns
Scar length	16.96 ± 1.64 (9–24)	16.69 ± 2.89 (10–22)	0.18 ns
Scar width	9.29 ± 1.64 (7–18)	9.07 ± 1.77 (5–13)	0.35 ns

the 2 groups. Based on this analysis, 26 of the 69 non-exposed individuals (38%), and 10 of the 29 exposed individuals (35%) were misclassified. Discriminant function coefficients were: $B_0 = -1.112$; B_1 (length) = -0.0768 ; B_2 (physiological index) = 42.54 ; B_3 (scar length) = 0.0981 ; B_4 (scar width) = 0.125 .

Assuming a linear relation between physiological condition index values and number of days exposed (d), no changes in index values were found for the Hg-exposed and the non-exposed oysters during 32 d of laboratory exposure experiments ($p = 0.77$, $p = 0.66$ respectively) [$\text{Index}_{\text{Hg-exposed}} = -0.0016 (\pm 0.0037)d + 0.47 (\pm 0.057)$; $\text{Index}_{\text{Non-exposed}} = 0.0009 (\pm 0.0031)d + 0.42 (\pm 0.039)$]. Analysis of variance of physiological condition between exposed and non-exposed groups failed to reveal differences between these (Table 3).

The ELISA applied to detect possible infection by *Bonamia ostreae* revealed no traces of the parasite in any of the studied oysters. This finding was in accordance with tissue inspection which did not show the gill damage due to infection that occurs with severe attacks (Bucke & Feist 1985).

ALA content (relative to protein) in environmental samples of *Ostrea edulis*, *Mytilus edulis*, *Cerastoderma edule* and *Littorina littorina* showed the same pattern of variation between polluted and control sites: environmentally mercury-exposed samples contained significantly higher amounts of ALA relative to protein than the corresponding non-exposed samples (Table 4).

The results of the laboratory exposure study showed elevated ALA content related to protein in all samples of mercury-exposed oysters as compared to corresponding

Table 3. *Ostrea edulis*. Physiological condition index of oysters. Comparisons of laboratory samples of mercury-exposed and non-exposed oysters were not significantly different. ANOVA, index by group

Source	Sum of squares	df	Mean square	F	p
Between groups	0.0059	1	0.0059	0.2218	0.64
Within groups	1.1487	43	0.0267		

Table 4. Content of δ -aminolevulinic acid (ALA) in relation to protein (variation <5%) for hepatopancreatic tissue in *Ostrea edulis* and other molluscs from mercury-contaminated (Cheminova) and uncontaminated (Yerseke or Wadden Sea) areas. The 35 to 74% increased ALA-values reflect metabolic disturbances due to environmental mercury contamination

Species	n	Location	Sampling period	$\mu\text{mol ALA g}^{-1}$ protein
<i>Ostrea edulis</i>	10	Cheminova	Oct 1991	0.50
<i>O. edulis</i>	10	Yerseke	Sep 1991	0.30
<i>Mytilus edulis</i>	50	Cheminova	Oct 1991	0.70
<i>M. edulis</i>	50	Yerseke	Sep 1991	0.52
<i>Littorina littorea</i>	50	Cheminova	Oct 1991	0.80
<i>L. littorea</i>	50	Yerseke	Sep 1991	0.46
<i>Cerastoderma edule</i>	30	Cheminova	Sep 1991	1.79
<i>C. edule</i>	50	Wadden Sea	Sep 1991	1.30

non-exposed oysters at any sampling time during the laboratory experiment (Fig. 2). There was no simple relation between the Hg-content in the tissue and the ALA content for the mercury-contaminated oysters. The initial drop and the drop after 32 d in ALA content for both groups suggest the influence of other stress factors.

DISCUSSION

Although according to Danish legislation only restricted amounts of chemicals from pesticide production can be released to the environment, there is no evidence that observed differences between the mercury-rich mollusc population and the reference population are not in fact an effect due to continuous release of low concentrations of such non-identified chemicals. In order to test whether some of the observed effects could be ascribed to mercury exposure, laboratory experiments were carried out. Since earlier studies of lead and cadmium levels in bivalves at the Cheminova site (Brock 1992) revealed low amounts of these trace metals, only mercury exposure was considered in this connection.

Inter-individual, within-population variation in content of a toxic substance and a corresponding biomarker is to be expected due simply to differences in reproductive stage, nutritional stages (Ruitz et al. 1992) and to some degree parasite infection (Van Banning 1990). These variables co-vary with sampling day. Inter-population variation of biomarkers is caused by environmental factors such as temperature, salinity (Denton & Burdon-Jones 1981), food availability and sediment structure (Depledge & Rainbow 1990). All these sources of 'natural' variability have to be accounted for when one matches populations in order to study possible effects of a toxin (Brock & Brock 1993a). In order to take these sources of inter-population variation into account, the oyster groups in the

environmental study were matched by sampling time (matching physiological condition, gonad maturity, temperature), sampling area (matching values of salinity and food), and size (as an alternative to age determination which is difficult in oysters). Further, it was observed that no individuals was infected by the parasite *Bonamia ostreae*, therefore both infection stress and possible effects of mercury on viability of the parasite could be ignored.

The lack of *Bonamia* antigen may be ascribed to the age of the oysters. As mentioned, age determination is difficult in oysters which form irregular shells that consist of a loose shell matrix; as an alternative to age matching, shell size was used to

match groups. The oyster samples from Nisum Bredning were all relatively small (length <76 mm) and therefore probably consisted mostly of males (direct sex-determination of the protandrous hermaphrodite was not carried out). According to Van Banning (1990), males are resistant to bonamiasis, and so the disease may possibly exist in older females in the area.

The results of the environmental study demonstrate that the actual level of mercury exposure at Cheminova does not stress these oysters to a degree which is reflected in their growth. Therefore, it is important to emphasize that environmental quality (and of course consumption safety) cannot be established by a demonstration of normal growth of *Ostrea edulis*, a species which otherwise is sensitive to habitat changes.

There is clearly no direct correspondence between the very high mercury tissue values recorded in the laboratory experiment and the ALA content. This is probably an effect of inactivation of bioavailable mercury by binding to metallothioneins. Roesijadi et al. (1989) characterized metallothioneins in the oyster *Crassostrea virginica* (Gmelin); similar substances may be responsible for inactivation of mercury ions, and the recorded very high bioaccumulation of mercury in *Ostrea edulis*.

The decline of ALA content towards the end of the experimental period in hepatopancreas in the mercury-exposed laboratory oysters may be caused by regulatory feed back mechanisms that counteract the initial response. In the field samples as well as in the laboratory experiments, however, ALA concentrations in matched groups were unambiguously found to be significantly higher in mercury-exposed than in non-exposed oysters. Inorganic mercury compounds readily react with the thiol groups of proteins and peptides (Bjerregaard & Vislie 1985) and, thus, probably inhibit enzyme activity. Accordingly an obvious explanation of the observed enhancement of ALA content in mercury-exposed oysters is that this non-essential

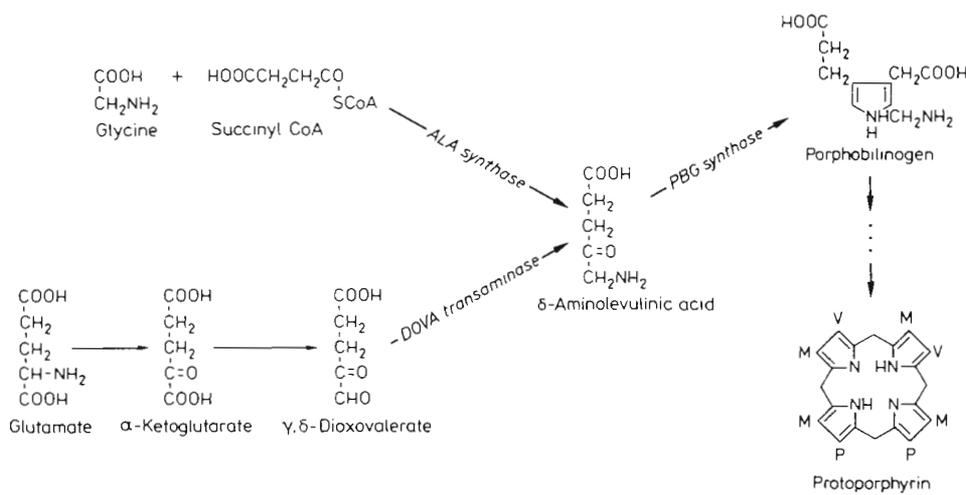


Fig. 3. Two possible pathways for δ-aminolevulinic acid (= 5-aminolevulinic acid, ALA) formation identified in the mitochondria of animal tissue (upper) and plant tissue (lower). Varticovski et al. (1980) have found indications of the 'glutamate' pathway in bovine hepatic tissue as well. According to present knowledge, the further condensation of 2 molecules of ALA to porphobilinogen (PBG) is catalyzed by the enzyme ALA-D (= PBG synthase), and protoporphyrin is formed after 5 further specific reactions. For a suggested alternative pathway, see 'Discussion'

metal inhibits ALA dehydratase (ALA-D) = porphobilinogen synthase (PBG), in the same way as lead does in mammalian blood cells (Haeger-Aronson et al. 1971), a reaction which is considered specific for lead (Peakall 1992). For all eucaryote species, cytochromes are essential in organizing the electron flow of the mitochondrial electrontransport chain. One would therefore expect that a constant blocking of the biosynthesis rate of porphyrins (Fig. 3) would lead to severe reduction in the energy metabolism of the oysters. This is obviously not the case, neither for the long-term environmental exposure, nor for the short-term, high-concentration laboratory exposure. Three possible explanations are suggested: (1) a reduced rate of cytochrome synthesis is still sufficient to satisfy the oysters' demands; (2) the oysters incorporate porphyrins from partly digested algae via the digestive tract; or (3) oyster porphyrin precursors are synthesized via an alternative, unknown pathway.

The elevated ALA content in field samples of mercury-exposed oysters, mussels, cockles and periwinkles reflects the occurrence of this xenobiotic. ALA is thus, according to the definition given above, a biomarker revealing sublethal toxic effects which do not in a detectable way affect the energy balance of the organism. Having established an as yet non-causal relationship between mercury contamination and ALA content, the next step (presently in progress) is to establish the causality of the observed effect. Studies of oyster ALA-D activity in native, 100 ppb mercury-, 100 ppb lead-, and 100 ppb cadmium-exposed groups have shown a lack of ALA-D in cockles (Brock & Brock 1993b). This finding supports Explanation 3 above. Although mercury-contaminated oysters apparently thrive as well as non-exposed ones, the elevated content of the biomarker ALA clearly demonstrates metabolic disorder.

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