

# Seasonal dynamics in an intertidal mudflat: the case of a complex trematode life cycle

A. Studer\*, R. Poulin

Department of Zoology, University of Otago, PO Box 56, Dunedin 9054, New Zealand

**ABSTRACT:** Seasonal fluctuations of host densities and environmental factors are common in many ecosystems and have consequences for biotic interactions, such as the transmission of parasites and pathogens. Here, we investigated seasonal patterns in all host stages associated with the complex life cycle of the intertidal trematode *Maritrema novaezealandensis* on a mudflat where this parasite's prevalence is known to be high (Lower Portobello Bay, Otago Harbour, New Zealand). The first intermediate snail host *Zeacumantus subcarinatus*, a key second intermediate crustacean host, the amphipod *Paracalliope novizealandiae*, and definitive bird hosts were included in the study. The density (snails, amphipods), abundance (birds), prevalence, i.e. percentage of infected individuals, and infection intensity (snails, amphipods) of the studied organisms were assessed. Furthermore, temperature was recorded in tide pools, where transmission mainly occurs, over a 1 yr period. Overall, the trematode prevalence in snail hosts was 64.5%, with 88.4% of infected snails harbouring *M. novaezealandensis*. There was a strong seasonal signal in prevalence and infection intensity in second intermediate amphipod hosts, with peaks for both parameters in summer (over 90% infected; infection intensity: 1 to 202 parasites per amphipod). This peak coincided with the highest abundance of definitive bird hosts and of small and still uninfected snails present on the mudflat. Our observations indicate that all of the transmission events necessary to complete the complex life cycle of this parasite primarily occur during warmer months.

**KEY WORDS:** Seasonality · Parasite transmission · Host–parasite interactions · Temperature · *Maritrema novaezealandensis* · *Paracalliope novizealandiae* · *Zeacumantus subcarinatus*

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## INTRODUCTION

Climatic and seasonal fluctuations in environmental factors govern many processes in nature, including patterns of diseases and parasitism (e.g. Mouritsen & Poulin 2002a, Cattadori et al. 2005, Kim et al. 2005, Altizer et al. 2006). The role of seasonality is comparatively well explored in terms of the dynamics of infectious diseases, with a multitude of environmental drivers, including temperature and host availability, capable of generating periodic changes in hosts and pathogens (e.g. Altizer et al. 2006). However, environmental changes caused by climate

change as well as natural climate oscillations (e.g. El Niño Southern Oscillation) are bound to alter seasonality in ways that will also influence the transmission of pathogens and parasites and, as a consequence, their impact on host populations (e.g. Harvell et al. 2002, Kutz et al. 2005). Therefore, a better understanding of the seasonal dynamics of host-parasite systems under current conditions may facilitate more realistic assessments of the potential consequences of predicted changes.

Temporal variations in parasite-related parameters appear to be particularly common in aquatic ecosystems exposed to seasonal variation (Shaw & Dobson

\*Email: studeranja@gmail.com

1995, Wilson et al. 2002). In intertidal ecosystems, the extent of environmental fluctuations is inherently pronounced. Trematode parasites are very common and highly influential components of these ecosystems and usually have complex life cycles involving several members of an intertidal community. Trematodes have been shown to play crucial roles in host population dynamics as well as community and food web structures (e.g. Lauckner 1984, Sousa 1991, Mouritsen & Poulin 2002b, Fredensborg et al. 2005, Thompson et al. 2005, Wood et al. 2007, Mouritsen & Poulin 2010), and they constitute a considerable and highly underestimated amount of biomass in natural systems (Kuris et al. 2008).

Infection levels of trematodes in intertidal host populations substantially differ not only spatially (e.g. Smith 2001, Kube et al. 2002a, Latham & Poulin 2003, Hechinger & Lafferty 2005, Byers et al. 2008) but also temporally (e.g. Hughes & Answer 1982, Lauckner 1987, Meißner & Bick 1997, Mouritsen et al. 1997, Al-Kandari et al. 2000, Kube et al. 2002b, Jensen et al. 2004, Al-Kandari et al. 2007). Many aspects of the transmission of trematodes are influenced by temperature, and thus, seasonal changes in temperature are bound to affect transmission dynamics (e.g. Sindermann & Farrin 1962, Mouritsen & Jensen 1997, Fingerut et al. 2003). Besides changes in environmental temperatures, changes regarding the hosts are also important. For example, reproduction, recruitment, parasite-induced mortality and/or increased predation pressure can influence the density of host populations, such as amphipods (e.g. Mouritsen et al. 1997). Several studies have aimed to link both spatial and temporal variation in the infection levels of intermediate hosts to the occurrence or abundance of the final host, in particular birds (e.g. Fredensborg et al. 2006, Smith 2007, Byers et al. 2008). Mouritsen et al. (1997) and Jensen et al. (2004) described the phenology of trematodes in both intermediate host populations (i.e. snail first intermediate and crustacean second intermediate hosts) and linked the temporal occurrence of migratory birds as final hosts to the patterns observed. However, no study has to our knowledge simultaneously assessed all of the host steps necessary to complete a complex trematode life cycle or coupled this assessment with an investigation of the relevant thermal microhabitat conditions to understand seasonal changes in both the host populations and the parasite population, which are exposed to a common fluctuating environment.

We used the intertidal microphallid trematode *Maritrema novaezealandensis* Martorelli et al., 2004

(Digenea, Microphallidae) and all of the transmission steps associated with its complex life cycle as a model system: the first intermediate host, the mudsnail *Zeacumantus subcarinatus* Sowerby, 1855 (Prosobranchia, Batillariidae); a second intermediate crustacean host, the amphipod *Paracalliope novizealandiae* Dana, 1853 (Amphipoda, Paracalliopiidae); and definitive bird hosts (confirmed and suspected species). *Z. subcarinatus* snails acquire infections by ingesting parasite eggs while foraging on the mudflats. Within a snail, miracidia hatch from eggs and develop into sporocysts. These structures replace the snail's gonads, eventually leading to the castration of the host and reducing the reproductive potential of an affected snail population. Within the sporocysts, large numbers of cercariae are produced asexually. In tide pools, these cercariae emerge from snails under optimal conditions for transmission. The cercariae are then directly exposed to and influenced by the environment during transmission to a second intermediate crustacean host. The transmission process from snails to, for example, amphipods is particularly sensitive to temperature: transmission pressure up to an optimum temperature level increases mainly due to larger numbers of cercariae being produced and emerging into the environment (Studer et al. 2010). Within a second intermediate crustacean host, the parasite (metacercaria) develops into a mature cyst stage, a process which is also highly temperature dependent (Studer et al. 2010). The final transmission event occurs when a crustacean harbouring mature cysts is ingested by a definitive bird host. Within the intestine of a bird, adult worms reproduce sexually. Parasite eggs pass into the environment with the bird's faeces, where the cycle is completed with snails acquiring infections by ingesting eggs during foraging.

The overall aim of the present study was to investigate the seasonal patterns related to all transmission steps in the life cycle of *Maritrema novaezealandensis* on a mudflat where the prevalence in first intermediate snail hosts is known to be high, as temporal patterns in terms of host and parasite phenologies are expected to be most obvious in such a locality. Our approach comprised 3 main parts: (1) The concomitant assessment of snail and amphipod density, prevalence (% of infected individuals) and infection intensity (for snails, as the proportion of parasite tissue within infected snails; for amphipods, as the number of metacercariae per infected individual) across all seasons; (2) An assessment of the total bird abundance on the mudflat over a 1 yr period; (3) A year-long temperature record in tide pools to provide

more detailed information on the thermal conditions experienced by organisms in the actual microhabitat where transmission takes place. Little seasonal variation in trematode prevalence was expected in *Zeacumantus subcarinatus* snails (Fredensborg et al. 2005). However, we hypothesised a strong seasonal pattern in prevalence and infection intensity in second intermediate amphipod hosts, based on the temperature sensitivity of the transmission from snails to amphipods (Studer et al. 2010). Importantly, maximum infection levels in second intermediate hosts should be synchronised such that there is an overlap with the highest availability of definitive bird hosts (e.g. Mouritsen et al. 1997). We therefore expected seasonal patterns not only with regard to host densities for snails and amphipods but also for the abundance of birds, all in accordance with an optimised potential of the parasite to complete its life cycle. Furthermore, the timing of parasite egg recruitment into the snail population may be less constrained by time, due to the persistence of eggs in the environment, but should be optimised to coincide with the presence of high numbers of uninfected, susceptible hosts at a maximum level of activity. The results presented here contribute important knowledge about the temporal dynamics of trematode parasitism in intertidal soft-sediment ecosystems.

## MATERIALS AND METHODS

### Study organisms

In *Zeacumantus subcarinatus* snails, reproduction is thought to take place from November to March (austral spring and summer) and occurs via crawl-away larvae that directly hatch from eggs, i.e. there is no or only minimal planktonic dispersal, and populations are maintained by local reproduction (Fredensborg et al. 2005). These snails have an estimated life span of at least 5 to 6 yr (Fredensborg et al. 2005) and once infected remain so for the remainder of their lives. Their size at maturity is related to the prevalence at a particular site and is 8.8 mm at our study site (Fredensborg & Poulin 2006). *Paracallioppe novizealandiae* amphipods are affected by intensity dependent mortality, with amphipods being capable of tolerating infections with few parasites but being strongly negatively affected by infections with many parasites (Fredensborg et al. 2004b, Bates et al. 2010). Due to the high abundance of *P. novizealandiae*, these amphipods are thought to be an important part of local food webs. They have an assumed life

span of ~9 mo with probably 2 generations per year: an overwintering and a summer generation (Fredensborg et al. 2004b, present study). As for the definitive bird hosts, only red-billed gulls *Chroicocephalus scopulinus* have been confirmed as definitive hosts of *Maritrema novaezealandensis* to date (Fredensborg et al. 2004a, Martorelli et al. 2004). However, due to the low host specificity of most trematodes for their definitive hosts, a range of shorebirds, in particular ducks, are also highly likely to serve as definitive hosts.

### Study site

Lower Portobello Bay (LPB) is an intertidal soft-sediment mudflat in the Otago Harbour (45° 50' S, 170° 40' E; South Island of New Zealand) that has been identified as a high prevalence area for trematode infections in *Zeacumantus subcarinatus*. Fredensborg et al. (2005) reported that 86.6% of the snails in this location were infected with trematodes, of which 61.5% were parasitised by *Maritrema novaezealandensis*. The abundance of birds has been linked to the particularly high prevalence of snail hosts on LPB (Fredensborg et al. 2006). The mudflat (~180 × 200 m; tidal range ~2 m) is a mosaic of shallow tide pools and exposed patches. Most of the bay is covered lightly, but some areas are densely vegetated with eelgrass *Zostera novaezealandensis* and/or other algae. The crustacean community in this locality has been well investigated with regard to its parasite fauna (see Koehler & Poulin 2010). *Paracallioppe novizealandiae* amphipods have never been found infected with any other species of parasite, and thus, *M. novaezealandensis* is the sole agent affecting the LPB population (Fredensborg et al. 2004b, Koehler & Poulin 2010, present study). Bates et al. (2010) reported intensity-dependent mortality of amphipods from this locality based on field experiments, with amphipods at high shore locations during summer months being most at risk from high infection levels and hence having a lower likelihood of survival.

### Sampling of snail and amphipod hosts

Samples were collected on 2 sampling trips per season (within a maximum of 3 wk of each other; 3 replicate samples per trip, i.e. 6 replicate tide pools per season) during low tide in haphazardly selected tide pools in the mid to upper shore area (exposure time per low tide: ~4 to 6 h; pools >0.5 m<sup>2</sup> and >3 cm

deep) using a 0.5 m<sup>2</sup> rectangular aluminium box. Sampling was done haphazardly because the nature of the system required the selection of tide pools of appropriate size and depth upon arrival. The sampling was done in the mid-upper shore area for the following reasons: (1) lower shore areas often have no defined tide pools, (2) the use of this area ensured enough time to complete the sampling and (3) amphipods at mid- and upper shore heights are most influenced by the parasite (Bates et al. 2010), and hence, transmission dynamics should be most pronounced in this area of the mudflat. Amphipods were sampled within the enclosed area using a dip-net with a 250 µm mesh size. Subsequently, snails were collected from within the enclosure by finger dredging. Both amphipods and snails were sampled as thoroughly as possible and stored in separate 3 l plastic containers for transport back to the laboratory. For all of the statistical analyses described in detail below, replicates from the 2 sampling trips were pooled to increase the sample size per season for a better indication of the variability within seasons compared to the variability among seasons.

#### First intermediate snail hosts

For density estimates, live snails from each sample were counted, and the shell lengths were measured using callipers. For the assessment of prevalence, snails were screened by incubation. This method is a non-destructive and conservative approach that only identifies mature infections and therefore underestimates true prevalence. To increase the accuracy of the method, snails collected in the field were first stored at relatively constant conditions in the laboratory for 1 wk, allowing time for the maturation of cercariae. Furthermore, snails from which no cercariae emerged during the first incubation were screened again after another week of storage in the laboratory to allow for a second round of maturation. For the incubations, snails were placed individually in wells (20 × 23 mm) of a 12-well plate containing 3 ml of seawater and exposed under constant illumination at 25°C for several hours. Cercariae were identified according to species descriptions of local parasites (Martorelli et al. 2004, 2006, 2008). Due to the high morphological similarity between the cercariae of *Maritrema novaezealandensis* and *Microphallus* sp. (prevalence of *Microphallus* sp. <2%; Martorelli et al. 2008), the 2 species were not distinguished, and the proportion of each was later calculated based on an estimated 1% of '*Maritrema*'-infected snails being

infected with *Microphallus* sp. (n = 100). After the screenings, the snails were returned to the mudflat. Arbitrarily, only snails ≥8 mm were considered in the analyses (see below) because the reliability of sampling smaller snails with the method of finger-dredging employed is limited.

As a measure of infection intensity, a minimum of 30 snails of similar size infected with *Maritrema novaezealandensis* (mean shell length ± standard error, 14.28 ± 0.12 mm) was used each season to assess the proportion of the overall wet weight of the snails actually consisting of parasite tissue (sporocysts). For this, snails were dried on a paper towel for ~15 min, and snail shell length was measured before weighing the snails (all weights recorded to the nearest 0.0001 g). The snails were cracked open and dissected in a drop of seawater. The parasite tissue was isolated, and the excess liquid was absorbed using a paper towel before weighing. For a subset of snails (n = 32), the soft tissue of the snail was also weighed to calculate the proportion of infected tissue from the total snail weight including and excluding shell weight.

For the statistical analysis, differences in the density of snails between seasons were analysed using a generalised linear model (GLM) fitted with a quasi-Poisson error structure. A GLM fitted with a binomial error structure was used to assess the effects of the season and size of snails on the infection status of snails. The effect of season on the proportion of parasite tissue from the total snail weight was analysed using a GLM fitted with a quasi-binomial error structure.

#### Second intermediate amphipod hosts

For density estimates, amphipods were either counted or their numbers estimated (counts in subsamples) in samples with many small individuals. When too few amphipods ≥2.25 mm (minimum size limit for sex determination) were collected during the sampling, additional amphipods were obtained by random sampling in various tide pools to ensure that an adequate number of amphipods was dissected per season. The amphipods were measured (body length; size classes: 2.5, 3.0, 3.5, 4.0, ≥4.5 ± 0.25 mm) and sexed prior to dissection. Upon dissection, the number and developmental stages of the metacercariae of *Maritrema novaezealandensis* within the amphipods were assessed. The developmental stages distinguished were early immature, late immature, early cyst and mature cyst stage (according to Keeney et al. 2007).

Differences in amphipod density between seasons were analysed using a GLM fitted with a quasi-Poisson error structure. Using the entire dataset for all amphipods  $\geq 2.25$  mm, the effects of the season and the sex and size of amphipods on their infection status were analysed using a GLM fitted with a binomial error structure. For all infected amphipods  $\geq 2.25$  mm, the effects of season, sex and size of amphipods on the number of infecting parasites (i.e. infection intensity) was analysed with a GLM fitted with a quasi-Poisson error structure.

### Definitive bird hosts

The mudflat was visited 12 to 14 times per season during low tide, and all birds present on the entire mudflat, including birds wading along the waterline, were counted (1 count per visit upon arrival based on spotting by eye and with binoculars). To date, only red-billed gulls have been confirmed as final hosts of *Maritrema novaezealandensis* (Fredensborg et al. 2004a). However, trematodes often show little specificity in definitive hosts, and therefore, the total number of birds present was counted regardless of species. The mean bird abundance per season was calculated, and the months when the most birds were present were identified.

### In situ temperature logging

To describe the thermal conditions in tide pools in which essentially all of the transmission steps of *Maritrema novaezealandensis* take place, 5 temperature loggers (DS 1921 Thermochron iButtons;  $\pm 0.5^\circ\text{C}$ ) were installed in haphazardly selected pools in the mid to upper shore area of the mudflat (the pools varied in size and degree of vegetation). The loggers, wrapped in a strip of Parafilm, were placed in white submersible housings (HOBO SUBC2-WH, 10  $\times$  6.5 cm), which were attached with cable ties to a 60 cm stainless steel pole anchored in the sediment. The main bodies of the housings were constantly submerged in water. The temperature was recorded in 30 min intervals. Logger data was downloaded monthly during the logging period (November 2009 to November 2010). Average data from 4 loggers are presented; readings from the fifth logger were omitted because its pool was covered with a thick layer of sludge for extended periods. To compare logger derived temperature data with actual conditions in the tide pools directly, additional measurements

were taken on several occasions with a digital thermometer. To compare the temperature data from the mudflat with the temperature from the main water body of the harbour, daily temperatures measured at the nearby Portobello Marine Laboratory were obtained.

The temperature data from the loggers was then used to calculate the time that the average temperature in tide pools exceeded 15 and 20°C, respectively, in each season. As a measure of transmission pressure, seasonal differences in total cercarial densities emerging from infected snails into the environment per 0.5 m<sup>2</sup> were calculated. This estimation was based on the average snail density and snail prevalence found in the present study (see 'Results') and known emergence rates of cercariae at these temperatures (average number of cercariae emerging per infected snail per hour being 1.2 at 15 to 16°C and 32.2 at  $\geq 20^\circ\text{C}$ ; Studer et al. 2010).

## RESULTS

### First intermediate snail hosts

#### Density

Snail density did not differ among seasons at the 5% significance level (GLM, quasi-Poisson;  $F_{3,20} = 2.94$ ,  $p = 0.058$ ). Nonetheless, the mean density was higher in summer and fall than in winter and spring (Table 1, Fig. 1), with an overall mean density of 161.3 snails (range: 1 to 1053) 0.5 m<sup>-2</sup>. The mean shell length ( $\pm 1$  SE) of snails ( $\geq 8$  mm) was  $13.67 \pm 0.04$  mm ( $n = 3043$ ) (winter:  $14.02 \pm 0.11$  mm,  $n = 257$ ; spring:  $14.47 \pm 0.11$  mm,  $n = 356$ ; summer:  $14.11 \pm 0.06$  mm,  $n = 1197$ ; fall:  $12.95 \pm 0.08$  mm,  $n = 1233$ ).

#### Prevalence

The overall trematode prevalence in snails was 64.5% ( $n = 3423$ ) for snails  $\geq 8$  mm. Of these infections 88.4% consisted of *Maritrema novaezealandensis*. Besides infections with *M. novaezealandensis*, infections with the following trematodes were found: *Philophthalmus* sp. (prevalence: 4.7%), *Acanthoparyphium* sp. (3.0%), *Galactosomum* sp. (0.8%), *Micropallus* sp. (0.1%) and double infections of *M. novaezealandensis* and *Philophthalmus* sp. (1.3%) or *M. novaezealandensis* and *Galactosomum* sp. (0.1%). The highest prevalences of *M. novaezealandensis* in snails were found in winter (71.6%) and spring

Table 1. *Maritrema novaezealandensis* and its hosts. Prevalence and infection intensity of snails *Zeacumantus subcarinatus* and amphipods *Paracalliope novizealandiae* from the Lower Portobello Bay mudflat across all 4 seasons. Prevalence (percentage of hosts infected; for snails: overall trematode prevalence and prevalence of *M. novaezealandensis* in brackets) and infection intensity (snails: percentage of snail weight due to parasite biomass; amphipods: number of metacercariae per host; all  $\pm 1$  SE) are reported. Results are based on organisms from 6 replicate samples per season (pooled from 2 sampling trips)

	Snails	n	Amphipods	n
<b>Prevalence</b>				
Winter	71.6 $\pm$ 0.03 (61.1)	257	3.3 $\pm$ 0.01	540
Spring	78.1 $\pm$ 0.02 (63.8)	356	60.6 $\pm$ 0.03	274
Summer	64.4 $\pm$ 0.01 (59.3)	1577	90.6 $\pm$ 0.02	320
Fall	59.2 $\pm$ 0.01 (51.2)	1233	68.4 $\pm$ 0.02	389
<b>Infection intensity</b>				
Winter	8.1 $\pm$ 0.5	32	1.1 $\pm$ 0.1	18
Spring	8.6 $\pm$ 0.4	30	6.7 $\pm$ 1.4	178
Summer	9.1 $\pm$ 0.5	31	11.4 $\pm$ 1.0	339
Fall	8.1 $\pm$ 0.4	32	5.2 $\pm$ 0.5	287

(78.1%) (Table 1), and the infection status of snails was significantly influenced by the season and size of snails (GLM, binomial; season:  $\chi^2 = 10.02$ , df = 3,  $p = 0.018$ ; size:  $\chi^2 = 289.12$ , df = 1,  $p < 0.001$ ). In fall, the high number of small snails collected led to the lowest prevalence observed (Table 1, Fig. 2). Infected snails (of all snails  $\geq 8$  mm) were generally larger than uninfected snails, with an average of  $14.21 \pm 0.05$  mm (max. 24 mm;  $n = 2028$ ) and  $12.59 \pm 0.08$  mm (max. 21 mm;  $n = 1015$ ) for infected and uninfected snails, respectively. The proportion of infected snails was lowest for small snails, increased for snails 11 to 16 mm and then roughly levelled off (the proportion was 100% for the largest snails, but note the very small sample sizes; Fig. 3). The double shedding approach used to assess infection status indicated that ~25% of those snails originally assessed as uninfected were subsequently identified as infected. An additional accuracy assessment also showed that 10% of snails identified as uninfected after 2 rounds of incubation were indeed infected (50 uninfected snails dissected; 2 infected by *Philophthalmus* sp. and 3 by *M. novaezealandensis*).

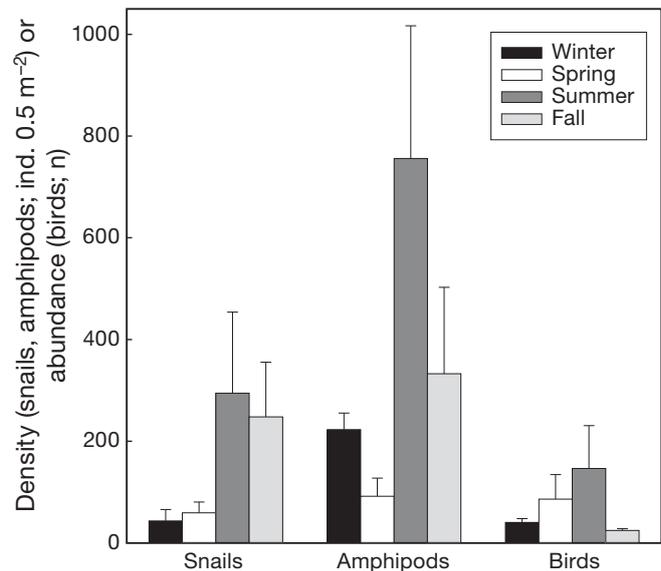


Fig. 1. Hosts of *Maritrema novaezealandensis*. Density of *Zeacumantus subcarinatus* snails and *Paracalliope novizealandiae* amphipods (per 0.5 m<sup>2</sup>) and abundance of birds on the Lower Portobello Bay mudflat across 4 seasons (mean  $\pm$  1 SE)

#### Infection intensity

On average,  $8.5 \pm 0.22\%$  ( $n = 125$ ) of the total *Zeacumantus subcarinatus* snail weight (including shell) and  $36.8 \pm 0.98\%$  of the soft tissue weight (excluding shell) was *Maritrema novaezealandensis* tissue. The

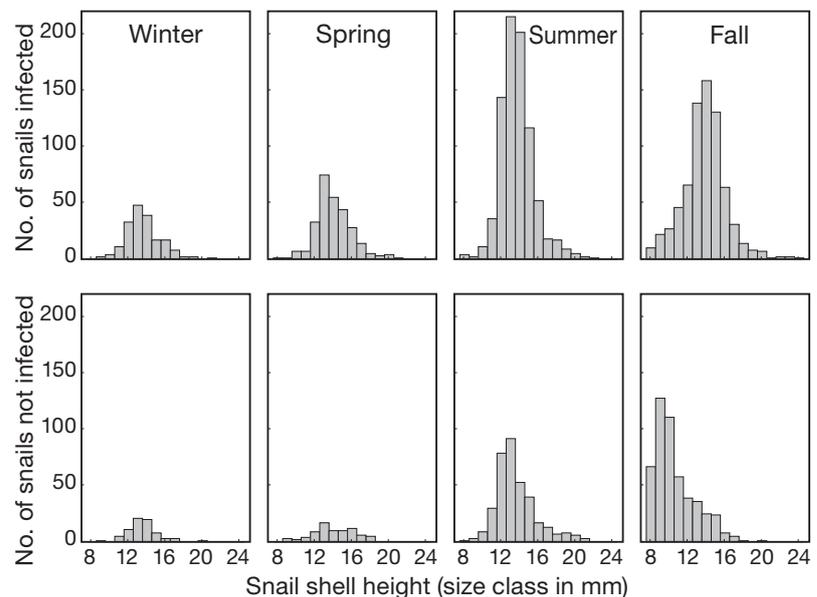


Fig. 2. *Zeacumantus subcarinatus*. Size frequency distributions (shell height in mm, grouped into size classes) of all snails infected with *Maritrema novaezealandensis* and all uninfected snails collected across 4 seasons

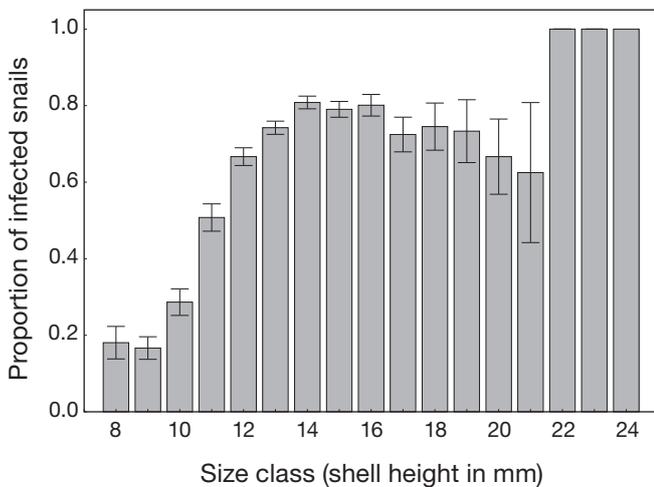


Fig. 3. *Zeacumantus subcarinatus*. Proportion of snail hosts ( $\pm 1$  SE) infected with *Maritrema novaezealandensis* per size class pooled across all seasons (shell height in mm) (for each size class from 8 to 24 mm: n = 83, 162, 171, 197, 414, 644, 563, 391, 201, 98, 51, 30, 24, 8, 3, 2, and 1; note small sample size for largest size classes)

mean weight of the parasite tissue in a snail was  $0.017 \pm 0.001$  g. The proportion of parasite tissue in snail hosts did not differ significantly between seasons (GLM, quasi-binomial;  $F_{3,121} = 1.16$ ,  $p = 0.329$ ) (Table 1).

**Second intermediate amphipod hosts**

**Density**

Amphipod density varied significantly between seasons (GLM, quasi-Poisson;  $F_{3,20} = 4.62$ ,  $p = 0.013$ ) and was by far the highest in summer and lowest during spring (Fig. 1). Overall, the average amphipod density was 350.0 (range 4 to 1926)  $0.5 \text{ m}^{-2}$ . For amphipods  $\geq 2.25$  mm, the size class distributions were relatively similar across seasons, except that amphipods  $\geq 4.25$  mm (i.e. males; adult males are larger than females, with maximum body lengths for females of 3.5 mm and 5.0 mm for males) were absent, and only few were present from the second largest size class ( $4.0 \pm 0.25$  mm) in summer (Fig. 4). Juvenile amphipods ( $< 2.25$  mm) were mostly collected in summer and fall. There was a positive correlation between amphipod and snail density within the sampled areas (Spearman's  $\rho = 0.46$ ,  $p = 0.002$ ), indicating that in enclosures where many snails were counted, comparatively many amphipods were also present.

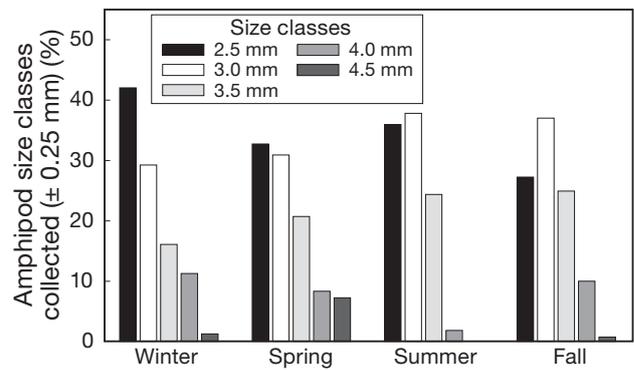


Fig. 4. *Paracalliope novizealandiae*. Percentage of size classes of amphipods (body length 2.5, 3.0, 3.5, 4.0 and  $\geq 4.5 \pm 0.25$  mm) collected across seasons

**Prevalence**

The proportion of infected amphipods showed a strong seasonal pattern, with the highest prevalence ( $> 90\%$ ) in summer (Table 1). Season and the sex and size of amphipods all had a significant effect on amphipod infection status (GLM, binomial; season:  $\chi^2 = 925.92$ ,  $df = 3$ ; sex:  $\chi^2 = 15.04$ ,  $df = 1$ ; size:  $\chi^2 = 131.11$ ,  $df = 4$ ;  $p < 0.001$  for all; Fig. 5), with larger amphipods and males having a higher prevalence. Within the same size class (comparing 2.5, 3.0 and 3.5  $\pm 0.25$  mm separately), the proportion of infected amphipods did not differ between sexes (Mann-Whitney  $U$ ,  $p > 0.05$  for all comparisons).

**Infection intensity**

There was also a seasonal pattern with regard to the number of metacercariae per infected amphipod. Mean infection intensity was lowest in winter (range

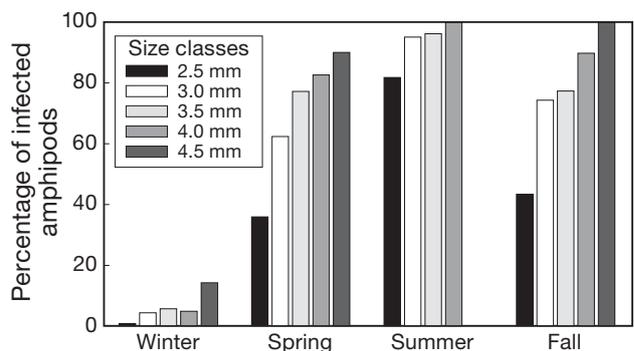


Fig. 5. *Paracalliope novizealandiae*. Percentage of amphipods infected with *Maritrema novaezealandensis* per size class (body length 2.5, 3.0, 3.5, 4.0 and  $\geq 4.5 \pm 0.25$  mm) across all seasons. Note: largest size class missing in summer

1 to 19) and highest in summer (range 1 to 202) (Table 1). The effects of season and the sex and size of amphipods on the number of parasites per amphipod were significant (GLM, quasi-Poisson; season:  $F_{3,733} = 24.27$ ; sex:  $F_{1,733} = 43.53$ ; size:  $F_{4,733} = 30.81$ ;  $p < 0.001$  for all). Males were on average more infected than females, and larger amphipods were more infected than smaller ones. The mean infection intensities varied from  $6.1 \pm 0.4$  (females) to  $11.3 \pm 1.1$  (males) and from  $4.6 \pm 0.5$  ( $2.5 \pm 0.25$  mm size class) to  $30.1 \pm 10.1$  metacercariae per amphipod ( $\geq 4.5 \pm 0.25$  mm size class). When comparing infection intensities in the same size class separately, there was a significant effect of sex, with males being more infected than females in the 3.0 and 3.5 mm size classes (Mann Whitney  $U$ , 3.0 mm:  $Z = -3.39$ ,  $p < 0.001$ ; 3.5 mm:  $Z = -2.64$ ,  $p = 0.01$ ) but not in the 2.5 mm size class. Developmental stages of the metacercariae also showed seasonal patterns (Fig. 6). Early immature metacercariae, indicating recent infection events, were mostly present in spring, summer and fall. As an indication of advanced development and hence the presence of infective metacercariae, early and mature cysts were most prevalent in summer and fall.

### Definitive bird hosts

A seasonal pattern was also observed for the abundance of birds, with highest numbers visiting the mudflat from October to January (austral spring and summer) (Fig. 1). The most common species observed were red-billed gulls *Chroicocephalus scopulinus*, black-backed gulls *Larus dominicanus*, oystercatchers (pied *Haematopus ostralegus finschi* and variable *H. unicolor*) and ducks (especially paradise shell ducks *Tadorna variegata* and mallards *Anas platyrhynchos platyrhynchos*). The large flocks visiting the mudflat during summer were mostly gulls (red-billed and black-backed), whereas the most consistent birds present on the mudflat throughout the year were ducks.

### Temperature

The mean temperature measured by the loggers was  $11.7^\circ\text{C}$ . The highest temperatures were recorded from the end of November 2009 to March 2010, whereas the coldest period was between June and

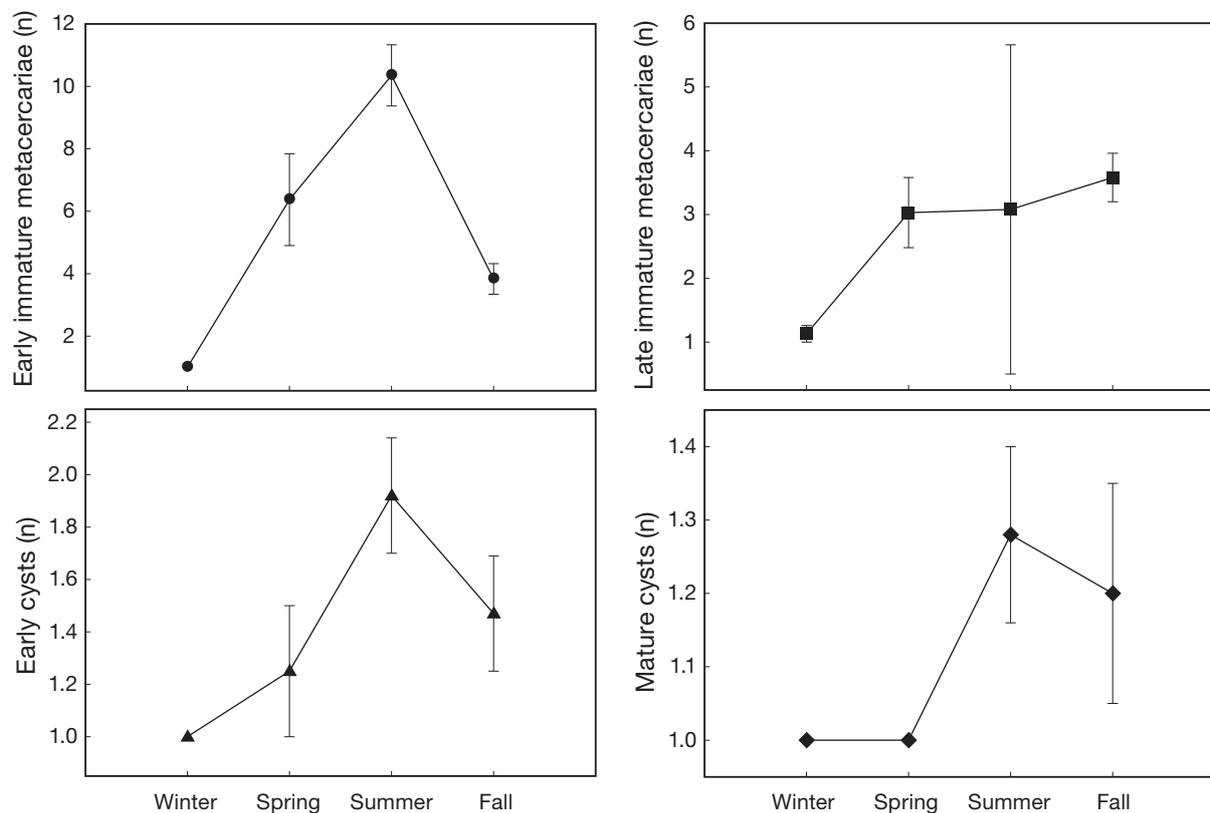


Fig. 6. *Maritrema novaezealandensis*. Mean ( $\pm 1$  SE) number of metacercariae at different developmental stages, i.e. early immature (●), late immature (■), early cyst (▲) and mature cyst stage (◆), in infected *Paracalliope novizealandiae* amphipods by season (see Keeney et al. 2007 for illustrations of the different stages)

July 2010 (max.: 26.5°C; min.: 3.0°C) (Fig. 7). The magnitude of daily fluctuation of temperature was greatest in summer (>10°C compared to 0.5°C in winter). Data measured daily from the main water body of the harbour at the nearby Portobello Marine Laboratory for the same period showed a mean temperature of 11.6°C, minimum of 6.5°C and maximum of 18.1°C. During warmer months, the temperatures measured on the mudflat were generally higher than

those measured from the main water body in the harbour, whereas during the colder months, they were lower (Fig. 7). Additional temperature measurements taken with a digital thermometer indicated that especially during warm periods, loggers underestimated the actual water temperature on average by ~2.4°C. With a digital thermometer, temperatures >30°C were measured in several tide pools on one occasion (2 February 2010).

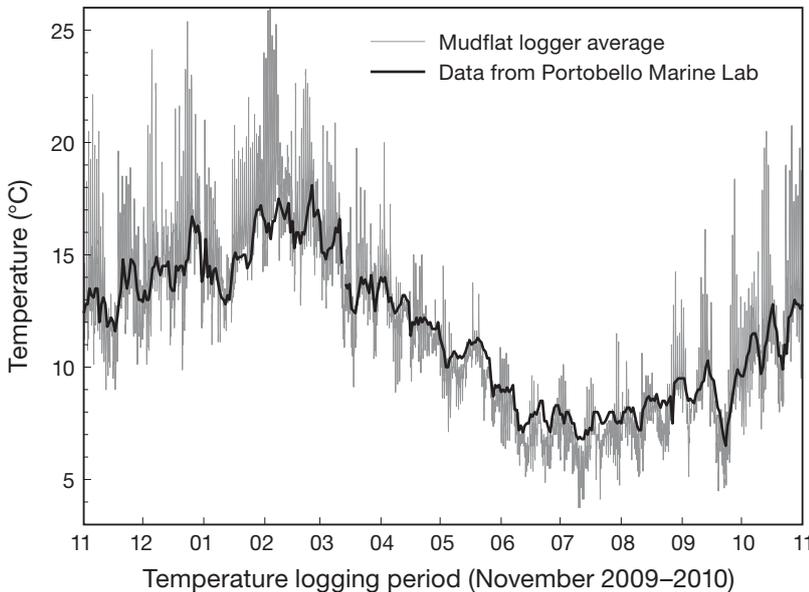


Fig. 7. Average temperature profile from 4 loggers deployed in tide pools on the Lower Portobello Bay mudflat from November 2009 to 2010 (grey line) and additional daily measurements obtained at the nearby Portobello Marine Lab from the main water body of the harbour during the same period (black line)

Table 2. *Maritrema novaezealandensis*. Seasonal differences in cercariae and metacercariae density on the Lower Portobello Bay mudflat. Estimation of cercarial density was based on the number of hours that temperature in tide pools exceeded 15°C and 20°C per season according to the logger data (Fig. 7), an average snail density of 161 per 0.5 m<sup>2</sup>, prevalence as stated in the results and an emergence rate of 1.2 and 32.2 cercariae h<sup>-1</sup> at 15 and ≥20°C, respectively (Studer et al. 2010). The density of metacercariae in infected amphipods per 0.5 m<sup>2</sup> and season is based on amphipod density, prevalence and infection intensity as stated in the results of the present study

Season	Emergence duration (h)		Cercariae (no. ind. 0.5 m <sup>-2</sup> )	Metacercariae (no. ind. 0.5 m <sup>-2</sup> )
	≥15°C	≥20°C		
Winter	0	0	0	8
Spring	197	7	47 584	373
Summer	1264	128	535 592	7808
Fall	249	4.5	36 432	1183

### Transmission pressure

The number of hours ≥15 and ≥20°C showed a strong seasonal pattern, with maxima in summer (Table 2). During winter, temperatures did not exceed 15°C. As a consequence, the estimated density of cercariae per 0.5 m<sup>2</sup> also showed a strong seasonal pattern, with maximum transmission pressure on second intermediate hosts during summer. The density of metacercariae in amphipods based on the results from the present study (calculated as the density of infected amphipods × infection intensity) followed the same seasonal pattern (Table 2).

### DISCUSSION

Seasonal fluctuations in the hosts involved in all stages of the complex life cycle of the intertidal trematode parasite *Maritrema novaezealandensis* were investigated to reveal patterns of host availability and population dynamics (density of snails and amphipods, abundance of birds), parasite population parameters (prevalence and intensity of infections in snails and amphipods) and thermal microhabitat conditions on a mudflat where infection levels are high. Although some aspects of the study remain largely descriptive and correlative at this point and despite the fact that the temporal resolution was only relatively low and the study was only conducted during one year, the findings presented here add important knowledge to our current understanding of trematode ecology in intertidal ecosystems and moreover allow a range of inferences to be made about the study system that may be relevant for comparable systems in other locations.

Seasonal differences were found in the amphipod host density, total bird abundance, prevalence in snails and amphipods and infection intensity in amphipods. Except for snail prevalence, which peaked in winter/spring, all of the parameters peaked in summer. In addition, the strong seasonal fluctuations of temperature in tide pools allowed estimations of the durations of cercarial emergence from infected snail hosts and thus seasonal differences of theoretical cercarial densities and hence transmission pressure on second intermediate crustacean hosts. In contrast to these pronounced seasonal patterns, no statistically significant effects of season could be found on snail density and infection intensity. Thus, as density- and parasite-related parameters in snail first intermediate hosts remained relatively stable, temperature-mediated parasite transmission from first to second intermediate hosts seems to be the likeliest main cause of the strong seasonal pattern observed for infection levels in amphipod hosts. The peaks in density, prevalence and infection intensity in amphipods and hence the highest density of metacercariae during warmer months further coincided with the highest abundance of bird hosts visiting the study location. Moreover, this also coincided with the highest number of small and still uninfected snails present in the system, allowing parasite recruitment into a new snail cohort. These results indicate that the entire life cycle of this parasite and all transmission steps are substantially accelerated during warmer compared to colder months.

#### First intermediate snail hosts

The density of *Zeacumantus subcarinatus* snails was not significantly different among seasons due to substantial variability among the samples. Nonetheless, the mean densities tended to be higher in summer and fall (Table 1, see also Fig. 2). The discrepancy between this observation and the statistical result was probably due, at least to some degree, to the size-selectivity of the sampling method and seasonal changes in snail activity on the mudflat affecting the probability of collection. Detection of seasonal population dynamics should be possible even in a location like LPB through the adaptive mechanism of early maturation, ensuring reproduction in snail populations where the prevalence of castrating trematodes is high (Fredensborg & Poulin 2006).

Our study confirmed that LPB is indeed a high prevalence location for *Maritrema novaezealand-*

*ensis* in first intermediate *Zeacumantus subcarinatus* snail hosts. Despite the expectation of a relatively stable prevalence across seasons in this relatively long-lived species (Fredensborg & Poulin 2006), the higher number of especially small and still uninfected snails collected in summer and fall lead to the prevalence in snails being significantly lower than in other seasons. This, however, should not affect the increased transmission pressure from infected snail hosts during warmer seasons because the density of infected snails was highest in summer and fall despite the lower prevalence (see 'Results' and below). Other studies have reported different seasonal patterns, with lows in prevalence during winter and spring and peaks in summer (e.g. Hughes & Answer 1982, Mouritsen et al. 1997, Kube et al. 2002b and references therein) or similar patterns of maximum levels in winter and spring (e.g. Al-Kandari et al. 2000). Seasonal changes in trematode prevalence in snail hosts have been attributed to the life history of the snail host, e.g. age structure, recruitment or mortality, seasonal changes in ambient temperatures or the biology of the final hosts, including abundance or behaviour (Kube et al. 2002b and references therein). Also, seasonal infection patterns in snail hosts have been linked to infection-status-specific winter migration toward low shore and subtidal areas (Sindermann 1960, Sindermann & Farrin 1962), a possibility that remains unexplored in the system studied here but that may account for some of the patterns observed.

Prevalence in our study was determined using a non-destructive method of sequential shedding coupled with allowing cercariae time to mature. Shedding of cercariae might considerably underestimate the true prevalence in a snail population (Curtis & Hubbard 1990). The approach chosen in our study aimed to be non-destructive while allowing a large number of snails to be assessed. The precautions taken to increase the accuracy of the method substantially increased the detection of infected snails. However, our results confirmed that even sequential shedding of cercariae from infected snails still leads to an underestimation of the true prevalence. Also, the approach did not allow detection of the potential seasonal changes in infection incidence, i.e. parasite recruitment into the snail population based on levels of immature infections in snails.

The proportions of infected snails per size class (i.e. shell height) indicated a sharp increase for small sizes  $\geq 8$  mm. For size classes  $\geq 12$  mm, the proportion of infected snails remained relatively high

(Fig. 3), not providing strong evidence for parasite-induced mortality among larger size classes. Increasing prevalence with shell height of snail hosts has also been shown in other studies (e.g. Hughes & Answer 1982, Al-Kandari et al. 2000, Kube et al. 2002a; but see e.g. Fredensborg et al. 2005, Al-Kandari et al. 2007) and is due to the fact that with increasing size and age of a snail, there is a higher probability of having become infected due to the longer period of exposure to parasite eggs. In addition, no indication of seasonal differences or size-dependent snail mortality was found based on the collection of empty but intact snail shells (A. Studer unpubl. data). Based on the different mortality of infected and uninfected snails in a range of snail-trematode system, in particular under exposure to physiological stress (e.g. McDaniel 1969, Tallmark & Norrgren 1976, Lafferty 1993; but see Sousa & Gleason 1989), and as shown for the snail-trematode system studied here (Fredensborg et al. 2005), an increased mortality in summer and fall may have been expected as a result of the increased physical damage caused by cercarial shedding at higher temperatures. The lack of evidence may be due to the fact that this difference in mortality is mitigated or offset by sufficient food availability in natural systems during warmer seasons (Fredensborg et al. 2005).

There was no significant seasonal pattern in trematode biomass in snails. This is in contrast to the seasonal difference described by Hechinger et al. (2009) for trematode biomass in *Cerithidea californica* snails. Parasite biomass in natural systems has only recently been recognised as substantial, in particular in the case of trophically transmitted parasites and parasitic castrators (Kuris et al. 2008, Hechinger et al. 2009). The trematode biomass for the area of the LPB mudflat from *Zeacumantus subcarinatus* snails alone was estimated to be  $\sim 35.3 \text{ kg ha}^{-1}$ . This is comparable to the results for trematodes in Kuris et al. (2008) but clearly exceeds the 1 to 10  $\text{kg ha}^{-1}$  specified for parasitic castrators and trophically transmitted parasite stages. Moreover, the percentage of soft-tissue weight of individual infected snails in the case of *Maritrema novaezealandensis* in *Z. subcarinatus* (36.8%) matches the upper range of what has been described for various trematode species infecting *C. californica* (6 to 49%) and is well above the 20 to 28% described in earlier studies of other castrating trematodes (Hechinger et al. 2009 and references therein). However, differences in the methodologies used in these studies limit a rigorous comparison.

### Second intermediate amphipod hosts

The amphipod host population of LPB showed strong and consistent seasonal patterns of density, prevalence and infection intensity. The density of amphipods was highest in summer and fall mainly due to the high number of juveniles. The proportion of gravid females showed a peak in summer, while the mean number of eggs per ovigerous female was highest in spring, marking the time of maximum reproductive output in the LPB amphipod population (A. Studer unpubl. data). The density of amphipods was lowest in spring, which in other systems has been attributed to mortality of the overwintering generation after reproduction in spring and/or mortality and drifting of juveniles (e.g. Meißner & Bick 1997). Infection-mediated subtidal migration during colder months and cold tolerance remain unexplored in this species of amphipod. Nonetheless, densities were considerably higher in winter than in spring, not providing strong evidence for either potential mechanism. In other studies, similar peaks in amphipod density were found in summer (e.g. Meißner & Bick 1997, Mouritsen et al. 1997). Patterns of amphipod or other crustacean second intermediate host populations usually reflect annual cycles of reproduction and recruitment (e.g. Jensen et al. 2004) but can be affected substantially by bird predation (Mouritsen et al. 1997) and may also show strong site and interannual variation (e.g. Jensen et al. 2004).

The seasonal pattern of density was accompanied by seasonal patterns of prevalence and infection intensities. Compared to winter, the substantially higher prevalence and infection intensity in spring indicated that even a few transmission events (based on temperature spikes in Fig. 7 and on the time exceeding 15 and 20°C in Table 2) can rapidly increase infection levels in amphipod hosts. In summer, all of the amphipod size classes were similarly affected in terms of prevalence (Fig. 5). The surprisingly high infection intensities in amphipods (well above 100 parasites per amphipod of the same early developmental stage) confirmed that 'bursts' of cercarial emergence occur (Fredensborg et al. 2004b, Keeney et al. 2007). Some of these heavily-infected amphipods were captured because sampling took place during optimal conditions for transmission, which presumably occurs during low tides when water temperatures in tide pools increase, exceeding the minimum temperature for cercarial production and emergence from snails (Mouritsen & Jensen 1997, Fingerut et al. 2003, Fredensborg et al. 2005, Al-Kan-

dari et al. 2007, Studer et al. 2010). Amphipods infected with a certain number of metacercariae beyond a lethal threshold are, however, unlikely to survive for long (Fredensborg et al. 2004b, Bates et al. 2010). Similar peaks of infection in second intermediate crustacean hosts have been reported for summer periods in other host-parasite systems (Mouritsen et al. 1997, Latham & Poulin 2003, Al-Kandari et al. 2007, Smith 2007). The study of Jensen et al. (2004), however, illustrates that peaks of infection in second intermediate hosts may also be reached in winter which has been linked to the fact that their study site is an important overwintering ground for a range of migrating birds that serve as definitive hosts.

### Definitive bird hosts

Although our assessment remains only descriptive at this stage, the large bird flocks and hence the peak in abundance of birds in the present study was consistent with the main breeding season of gulls in the area (see also McClatchie et al. 1991). During summer, the presence of large numbers of birds coincided with the highest density and infection levels in amphipods and hence the highest density of metacercariae, including mature cysts. This is in accordance with the expectation that to maximise transmission, the highest infection levels in second intermediate hosts should be synchronised with the highest number of definitive hosts available. Nonetheless, parasite transmission from amphipods to birds, such as ducks, may be possible all year round because these birds were present throughout the year, and mature cysts in amphipods were also found throughout the year, albeit in low numbers. Also, in longer-lived second intermediate crustacean hosts, such as crabs, mature cysts may be found year-round, allowing a constant supply of the parasite to final hosts (Al-Kandari et al. 2007).

The large numbers of birds in summer also coincided with the highest numbers of small, uninfected snails present. Assuming a 10 d life span of the adult worms in the intestine of the birds, as known for other microphallids (Ginetsinskaya 1988, Fredensborg & Poulin 2005, Mouritsen et al. 2005), recruitment of parasite eggs into the environment should also occur predominately during this period. Moreover, due to the temperature dependence of snail activity and thus foraging, it is also highly likely that most snails would acquire new infections through the ingestion of parasite eggs during this time. This further indicates that the continuation of the entire

*Maritrema novaezealandensis* life cycle is accelerated during warmer months and slowed if not halted during colder months. However, in addition to the various components of the life cycle studied, linking the presence of definitive hosts, effects of the parasite on birds, the fate of the parasite eggs expelled by the birds and parasite recruitment into the first intermediate snail population present major challenges for future investigations. Also, the range of bird species serving as definitive hosts for the parasite studied here remains to be identified.

### Temperature

Temperature is probably the most important abiotic factor affecting parasite transmission dynamics, including many aspects of the complex life cycle of *Maritrema novaezealandensis* (Studer et al. 2010). Detailed thermal conditions in a microhabitat, such as soft-sediment tide pools, over long periods of time have rarely been quantified and thus provide a highly valuable data set for general dynamics of thermal conditions on temperate mudflats. The estimated transmission pressure was highly seasonal, in accordance with expectations based on available knowledge of temperature effects (e.g. Mouritsen & Jensen 1997, Fingerut et al. 2003, Al-Kandari et al. 2007, Studer et al. 2010), and complemented the results found in the present study, clearly supporting the inferences made. Given the short lifespan of cercariae (<24 h), the timing of emergence is crucial and should be optimised to enhance the probability of successful transmission to the next host. The higher density of amphipods in summer also means that the more abundant cercariae are taken up by a larger number of suitable hosts, resulting in a substantial increase in metacercariae density (Table 2). Moreover, the higher temperatures during summer would also benefit the maturation of the metacercariae in crustacean hosts (Studer et al. 2010). This provides further support for the assumption of an accelerated completion of the life cycle of *M. novaezealandensis* during warmer months.

However, this also raises the issue of an increased risk of parasite-induced mortality for second intermediate crustacean hosts, in particular amphipods, under conditions where repeated massive releases of cercariae from first intermediate snail hosts occur. Infection-intensity-dependent mortality coupled with temperature-driven cercarial output can induce mortality in amphipod hosts, potentially reaching epizootic levels and increasing the risk of local extinc-

tion (e.g. Mouritsen & Jensen 1997). The potential of *Maritrema novaezealandensis* to induce intensity-dependent mortality in these amphipods has been shown experimentally and inferred from field data (Fredensborg et al. 2004b, Bates et al. 2010). Consistent with the results of Fredensborg et al. (2004b), prevalence and infection intensity both increased with increasing amphipod size. Moreover, larger size classes and thus reproductively active amphipods were absent from summer samples in our study. Large amphipods are therefore considered to be most at risk of parasite-induced mortality because they accumulate parasites throughout their life time, and repeated bursts of cercariae during warmer seasons are most likely to cause mortality because they eventually surpass the tolerable infection threshold (see also Bates et al. 2010). Despite these high infection levels, the density of amphipods was still highest during summer and hence did not indicate any substantial impact of the parasite, or of predation by bird definitive hosts or other organisms, on the amphipod population. Under normal conditions, *M. novaezealandensis* is not expected to exert a strong influence on amphipod population dynamics, and thus, induced mortality is considered compensatory, i.e. larger amphipods would die regardless of the increased impact of the parasite (Fredensborg et al. 2004b). However, massive infection events (i.e. unusually high cercarial densities) under exceptional circumstances, such as heat waves, are likely and may lead to unusual mortalities. The additional direct negative effect of high temperatures on amphipod survival (Studer et al. 2010) may also contribute to such mortality events.

This risk is particularly pronounced for amphipods inhabiting mid- to upper shore areas (Bates et al. 2010). Amphipods at low shore heights, not considered in the present study, should have a much lower risk and thus may function as a source for the upper shore component of the population of a particular mudflat. Such within-mudflat dynamics, however, remain to be investigated. Similarly, for mudflats with lower levels of infection in their snail population or very low density of infected snails, this risk is likely much less pronounced. Such small- and large-scale spatial variations are of major importance for the local consequences of the interactive effects between parasitism and environmental conditions on affected host populations. Thus, identifying areas with high infection levels is crucial for identifying areas at risk of parasite-induced mortality events, especially in second intermediate invertebrate host populations (e.g. Jensen & Mouritsen 1992, Thieltges

2006). This may be the case for any comparable host-parasite system in intertidal habitats because many potential host species may already live close to their thermal tolerance limits (Helmuth et al. 2006, Hofmann & Todgham 2010).

In conclusion, seasonal patterns were described for all of the hosts involved in the complex life cycle of the intertidal trematode *Maritrema novaezealandensis*. The observed patterns suggested that all of the transmission processes of *M. novaezealandensis* take place mainly during warmer months, especially the transmission from first to second intermediate hosts. The results described here provide important insights into the temporal variation of parasitism in a natural host community, providing data on first, second intermediate and definitive hosts as well as on thermal conditions experienced in the actual microhabitat where transmission occurs. It must be emphasised that areas with a high prevalence in first intermediate hosts should be considered high-risk areas for intensity-dependent mortality in second intermediate hosts. This is of great concern in the context of on-going and predicted global warming.

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