

Spatial and temporal limits of coral–macroalgal competition: the negative impacts of macroalgal density, proximity, and history of contact

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ABSTRACT: Tropical reefs are commonly transitioning from coral to macroalgal dominance, producing abrupt, and often lasting, shifts in community composition and ecosystem function. Although negative effects of macroalgae on corals are well documented, whether such effects vary with spatial scale or the density of macroalgae remains inadequately understood, as does the legacy of their impact on coral growth. Using adjacent coral- versus macroalgal-dominated areas, we tested effects of macroalgal competition on 2 common Indo-Pacific coral species. When corals were transplanted to areas of: (1) macroalgal dominance, (2) macroalgal dominance but with nearby macroalgae removed, or (3) coral dominance lacking macroalgae, coral growth was equivalently high in plots without macroalgae and low (62–90% less) in plots with macroalgae, regardless of location. In a separate experiment, we exposed corals to differing densities of the dominant macroalga *Sargassum polycystum*. Coral survivorship was high ($\geq 93\%$ after 3 mo) and did not differ among treatments, whereas the growth of both coral species decreased as a function of *Sargassum* density. When *Sargassum* was removed after 3 mo, there was no legacy effect of macroalgal density on coral growth over the next 6 mo; however, there was no compensation for previously depressed growth. In sum, macroalgal impacts were density-dependent, and occurred only if macroalgae were in close contact, and coral growth was resilient to prior macroalgal contact. The temporal and spatial constraints of these interactions suggest that corals may be surprisingly resilient to periodic macroalgal competition, which could have important implications for ecosystem trajectories that lead to reef decline or recovery.

KEY WORDS: Coral reef · Macroalgae · Coral–algal competition · Fiji

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INTRODUCTION

Local and global disturbances are negatively impacting foundation species and altering ecological communities in ways that reduce ecosystem function and services (Scheffer et al. 2001, Folke et al. 2004). These ecosystem shifts represent a fundamental change in the structure and function of these systems and, once established, many ecosystem shifts are dif-

ficult to reverse (Scheffer & Carpenter 2003, Folke et al. 2004). Conceptual models suggest that the stability of the different state arises from interactions among elements of the new state that form feedbacks, reinforcing and maintaining the state (Mumby & Steneck 2008, Hughes et al. 2010). Despite their potential importance, there is a critical gap in our knowledge of feedback mechanisms, how they build or erode the resilience of ecosystems, and the time

courses over which they establish or weaken. This understanding is required to predict, avoid, and reverse undesirable ecosystem shifts.

On tropical reefs, corals provide topographically complex habitat for hundreds of thousands of species (Fisher et al. 2015) and economic goods and services for millions of people (Moberg & Folke 1999). However, recent natural and human-induced stressors (Harvell et al. 2007, Hoegh-Guldberg et al. 2007, Hughes et al. 2017) have decimated these foundation species, with many reefs transitioning to structurally simplified systems with low coral cover and increased cover of macroalgae that compete with corals (Mumby & Steneck 2008, Hughes et al. 2010). As competitive interactions between corals and macroalgae increase, macroalgae are expected to hasten coral decline, limit coral recovery (Burkepile & Hay 2008, Mumby & Steneck 2008, Hughes et al. 2010), and enhance macroalgal resilience via positive feedbacks (Hoey & Bellwood 2011, Dell et al. 2016, van de Leemput et al. 2016). Macroalgae can harm corals via physical mechanisms such as shading, abrasion, and overgrowth (McCook et al. 2001), chemical mechanisms such as allelopathy (Rasher et al. 2011, Vieira et al. 2016), suppression of coral settlement (Kuffner et al. 2006, Paul et al. 2011, Dixson et al. 2014), or disruption of coral microbiomes that protect against coral pathogens (Nugues et al. 2004, Smith et al. 2006, Barott et al. 2012, Zaneveld et al. 2016). Macroalgae also alter coral interactions with corallivores (Wolf & Nugues 2013, Clements & Hay 2015, Brooker et al. 2016).

Despite evidence that macroalgal competition harms corals (McCook et al. 2001, Birrell et al. 2008), there are few field-based manipulative experiments investigating the consequences of macroalgal competition for coral fitness over extended periods of time (e.g. ≥ 6 mo; Box & Mumby 2007, Hughes et al. 2007, Ferrari et al. 2012a). Especially lacking are investigations of how the density of macroalgae and the proximity to natural, multispecies assemblages of macroalgae common to degraded reefs affect corals. Studies to date have focused primarily on the impacts of an individual macroalga on an individual coral, rather than how impacts vary with macroalgal density or when contacting single species (experimentally) versus the multispecies assemblages that occur in the field.

We conducted manipulative field experiments to investigate the effects of macroalgal competition on growth and survivorship of the corals *Acropora millepora* and *Porites cylindrica*, both common to Indo-Pacific reefs. We used a coral-dominated, no-take

marine protected area (MPA) and an adjacent macroalgal-dominated fished area to investigate (1) the effects of differing macroalgal cover on coral growth and survivorship over periods of 3–9 mo, (2) whether a history of macroalgal presence altered coral resistance or resilience to competition, (3) the effects of algal density on coral growth and survivorship, and (4) the resilience of coral growth following algal removal.

MATERIALS AND METHODS

Study site and organisms

This study was conducted within neighboring sections of shallow (1.5–2.5 m deep) lagoonal back reefs that were either coral-dominated (a no-take MPA) or macroalgal-dominated (a fished area) at Votua Village along the Coral Coast of Viti Levu, Fiji ($18^{\circ} 13.05' S$, $177^{\circ} 42.97' E$). Both areas are similar in depth and physical regimes, but differ in reef community assemblages, which diverged from a similar benthic state across the entire area when the MPA was established about ~11 yr before our experiment (Simpson 2010). Within the MPA, corals are now abundant (~55% cover) and macroalgae rare (<3%) on hard substrata, while the fished area supports few corals (~4% cover), few herbivorous fishes, and high cover of macroalgae (~91%; Rasher et al. 2013).

Our study consisted of 2 field-based manipulative experiments assessing the long-term (3–9 mo duration) effects of macroalgae on coral growth and survivorship. In each case, we used the corals *Acropora millepora* and *Porites cylindrica* (hereafter *Acropora* and *Porites*), which are common on reefs throughout the Indo-Pacific and are representative of coral families differing in growth rates (Darling et al. 2012) and tolerances to various stressors (e.g. macroalgal allelopathy, *Acanthaster* spp. predation, bleaching; Pratchett 2007, Rasher et al. 2011, Bonaldo & Hay 2014).

Influence of proximity to natural macroalgal assemblages on coral growth and survival

To determine the effect of natural macroalgal assemblages and environmental legacy effects on coral growth and survivorship, we conducted a reciprocal transplant experiment using corals from the macroalgal- versus coral-dominated areas. Corals collected from each area were reciprocally trans-

planted to benthic plots (0.5×0.5 m) in each area where macroalgae were either (1) naturally present (macroalgal-dominated area), (2) routinely removed at ~3 wk intervals (macroalgal-dominated area) or (3) naturally absent (coral-dominated area) (Fig. S1 in the Supplement at www.int-res.com/articles/suppl/m586p011_supp.pdf). In December 2013, 5 branches (6–8 cm in length) were collected from each of 20 colonies of *Acropora* and *Porites* within the coral-dominated MPA and macroalgal-dominated fished area at Votua Reef (100 branches species⁻¹ area⁻¹). Individual branches were affixed into the cut-off necks of inverted plastic bottles using epoxy (Emerkit) and the screw-off top of bottles was secured, inverted, to the substrate with a nail (see Video S1 at www.int-res.com/articles/suppl/m586p011_supp/ for an example of this experimental method). This procedure allowed us to easily transplant individuals to our benthic plots and to detach and reattach them for periodic weighing with minimal disturbance. Corals were initially interspersed on galvanized metal racks (~1.5 m water depth, and 0.75 m above the substratum) in their area of origin for ~1 mo to allow acclimation and recovery from fragmentation. During this time, we established a series of 20 benthic plots for each of the 3 treatments (i.e. macroalgae present, macroalgae removed, macroalgae naturally absent), each of which were interspersed haphazardly within a ~100 m stretch of reef at ~1.5 m depth and marked with flagging tape. Adjacent plots were separated by a minimum of ~4 m. Following the recovery period, one branch from each colony of each species (*Acropora* and *Porites*) and each area (coral- and macroalgal-dominated) was haphazardly selected and allocated to a plot within each treatment (4 branches plot⁻¹ treatment⁻¹). Corals were screwed into one of 4 bottle caps haphazardly embedded within the benthos near the center of their designated plot. Bottle caps, and hence corals, within each plot were separated by ~15–20 cm. This reciprocal transplantation allowed us to compare whether corals responded differently when grown in plots without macroalgae in the coral- and macroalgal-dominated areas and whether a coral's environmental legacy (i.e. originating in the coral- or macroalgal-dominated area) influenced its performance in different plots and/or areas.

Coral growth and survivorship were monitored at 5 intervals over the 36 wk between 22 January and 4 October 2014 (Fig. S2 in the Supplement). Corals were 'unscrewed' from the substratum and weighed in the field using an electronic scale (OHAUS Scout Pro) enclosed within a plastic container that was mounted to a tripod holding it above

the water surface. Between 24 and 48 h before weighing sessions, each coral's bottle-top/epoxy base was lightly brushed to remove fouling organisms. During weighing sessions, each coral was gently shaken 30 times to remove excess water, weighed, and then immediately placed back into the water and reattached to the substrate. At the end of the experiment, corals were separated from their epoxy base and each coral and base weighed separately. This allowed the relative change in coral mass (as a percentage of initial mass) to be determined for each sampling period.

Differences in growth (% change in mass) among surviving conspecifics of different locations (macroalgal- versus coral-dominated area), plots (macroalgae present versus absent), and origins (macroalgal- versus coral-dominated area) were assessed using the 'compareGrowthCurves' function in the R (version 3.3.2) package 'statmod'. p-values were adjusted for multiple pairwise comparisons using Hommel's method. Differences in total mortality among conspecifics of different locations, plots, and origins were compared using Fisher's exact tests, with p-values adjusted for multiple contrasts using the Bonferroni method.

During each assessment of coral mass, we simultaneously surveyed the percent cover and canopy height of macroalgae immediately surrounding corals within plots where macroalgae were not removed to document changes in the benthic community that might affect coral growth (for methods, see Text S1 in the Supplement), such as seasonal changes in abundance of macroalgal species like *Sargassum polycystum* (hereafter *Sargassum*) that dominate the fished area (Rasher et al. 2013, Dell et al. 2016).

Influence of *Sargassum* density on coral growth

To investigate the effect of macroalgal density on the growth and survivorship of corals, we exposed branches of *Acropora* and *Porites* to different densities of *Sargassum* for 3 mo. *Sargassum* is a canopy-forming macroalga that dominated macroalgal assemblages (71–94%) in our benthic plots and is abundant on degraded reefs in Fiji and also worldwide (e.g. Hughes 1994, Ledlie et al. 2007, Rasher et al. 2013, Chong-Seng et al. 2014). To create standardized units of *Sargassum*–coral contact, 6–8 cm length branches of *Acropora* and *Porites* corals were collected from colonies within both the macroalgal- and coral-dominated areas of Votua Reef (15 colonies species⁻¹ area⁻¹) and individually epoxied into the

cut-off necks of inverted plastic bottles during November 2013 (as described above). Each coral and its epoxy/bottle-top base was then screwed into a bottle cap embedded within a cement cone and interspersed on one of 4 galvanized metal racks (Fig. S1), positioned so that rack tops were about 50 cm above the reef substratum and at ~1 m depth during low tide. Racks were located in the area where the coral was collected (i.e. transplants were not reciprocal), but were elevated above the reef substrata to isolate corals from confounding factors associated with the benthos (e.g. sand scour, benthic predators). Corals were allowed to acclimate for ~1 mo, after which they were exposed to 1 of 4 algal treatments.

In December 2013, whole *Sargassum* thalli (length = 15–20 cm) were collected from the macroalgal-dominated area and either 0, 1, 3, or 6 thalli were inserted into a 3-stranded rope (length = 18–20 cm) that was slipped over two 4-cm nails embedded 180° apart on the upper surface of the cement cone (following Rasher & Hay 2010, see Fig. S3 in the Supplement). The base of each *Sargassum* thallus was held 2–4 cm from the coral, such that the thallus was lightly contacting the experimental corals. All racks were caged with 1 cm² grid galvanized metal mesh to exclude large herbivorous fishes, and all cages were brushed weekly to remove fouling organisms. During weekly maintenance, any *Sargassum* displaced from the ropes (e.g. because of wave action) was replaced. *Sargassum* density treatments were applied to corals for 3 mo (December 19–20, 2013 to March 15–16, 2014), and the mass of corals (including their epoxy/bottle-top base) were assessed after 1 mo (January 14–15), 2 mo (February 13–14) and 3 mo of contact. At the end of this 3 mo period, all algae were removed (as was the mesh caging), and the corals were maintained for a further 6 mo to evaluate any legacy effects of past macroalgal contact (Fig. S3). After 6 mo of further growth with no macroalgal contact, each coral was separated from its base, and the bases and corals were weighed separately to allow relative growth rates to be calculated.

To compare the effects of *Sargassum* density and coral origin (coral- and macroalgal-dominated area) on coral growth, differences in relative growth (as percentage of initial weight) at 3 mo (the algal density treatment) and 9 mo (6 mo following algal removal), as well as the total change in mass (g) for *Acropora* and *Porites* during the entire 9 mo experiment, were analyzed using generalized least square (GLS) models in R (v. 3.3.2) (R Core Team 2016) with the package nlme (Pinheiro et al. 2017). In each case, we used model selection to sequentially test nested

GLS models via likelihood ratio tests to obtain the optimal fixed structure for each model (following Zuur et al. 2009). When necessary, the varIdent argument was used to control for heteroscedasticity. Following model selection, the significance of remaining fixed terms was tested using likelihood ratio tests. Subsequent multiple comparisons of means were performed using the generalized linear hypothesis test (glht) and Tukey (HSD) test in the multcomp package (Hothorn et al. 2008).

RESULTS

Coral growth and survival in plots with versus without natural macroalgal assemblages

When transplanted to benthic plots, surviving *Acropora* increased in mass ~11.3–14.5-fold over the 36 wk period if they were not surrounded (≥ 15 cm) by macroalgae (i.e. macroalgae removed and macroalgae absent plots). By contrast, *Acropora* surrounded by natural macroalgal assemblages increased in mass only ~3.9–4.9-fold (a 57–72% reduction in growth). These patterns were unaffected by coral origin or location to which they were transplanted, so long as macroalgae had been removed within ~15 cm of the transplants (Fig. 1A). Similarly, surviving *Porites* in plots without macroalgae increased in mass ~4.0–7.0-fold, while those surrounded by macroalgae increased only ~1.6–1.9-fold (a 52–77% reduction; Fig. 1B). Interestingly, *Porites* from the macroalgal-dominated area that were transplanted to the coral-dominated area exhibited 1.6–2-fold greater growth than *Porites* in areas cleared of macroalgae or *Porites* collected from, and transplanted to, the coral-dominated area (Fig. 1B).

After 36 wk, the mortality of *Acropora* (45–75%, 9–15 of 20 individuals per treatment) was greater than that of *Porites* (10–25%, 2–5 of 20; $p < 0.001$; Fisher Exact test), but did not differ among treatments for either species (*Acropora*: $p = 1.000$ – 0.105 , *Porites*: $p = 1.000$ – 0.408 , Fisher Exact tests; Fig. 1C & D).

During our experiment, percent cover of macroalgae surrounding corals in the macroalgal-dominated area where we did not remove macroalgae ranged from 81–97%, with *Sargassum* accounting for ~71–94% of total cover (Fig. S4 in the Supplement). Macroalgal cover and canopy height were greatest when sampled in the Austral summer (January and March) and lowest during the Austral winter (May and August) (Fig. S4). Macroalgal cover or height in the coral-dominated area or in our removal treat-

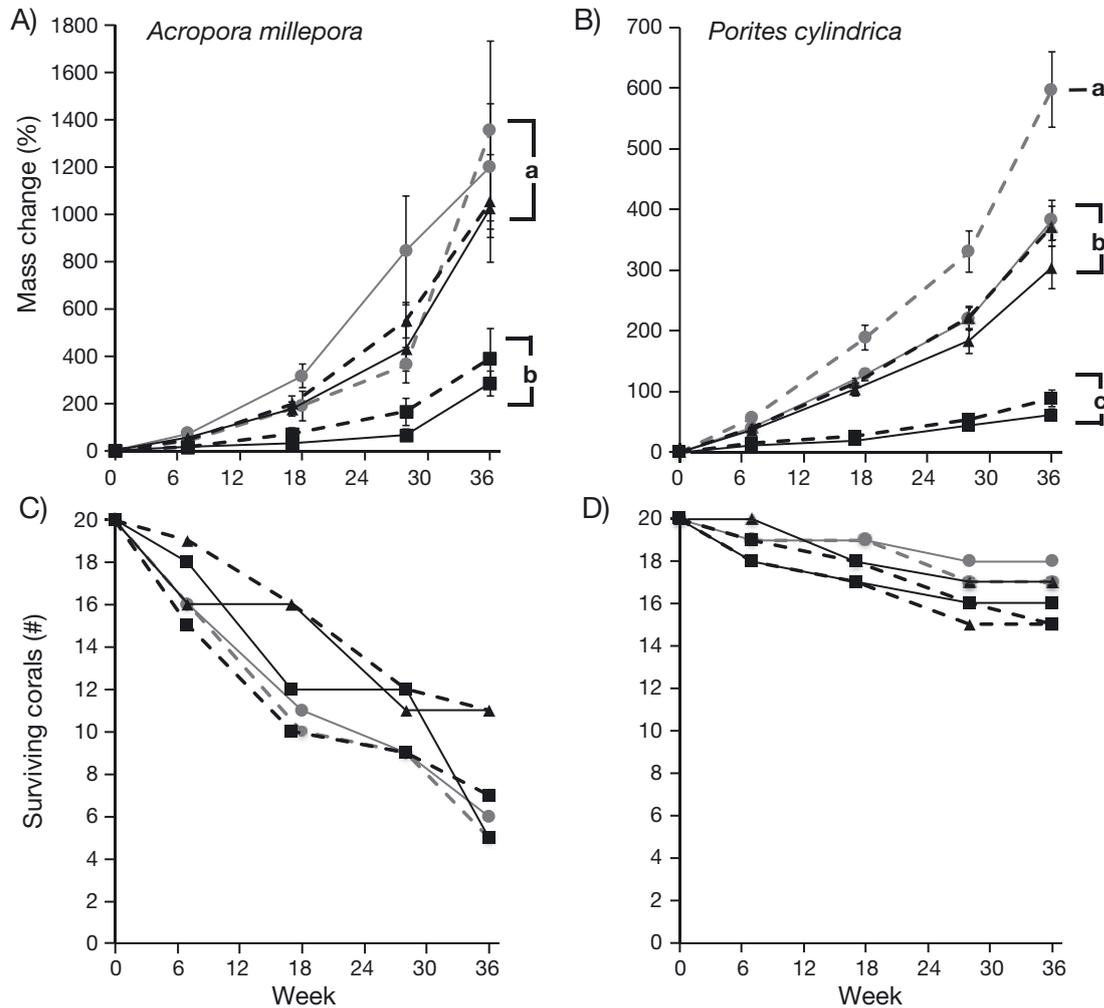


Fig. 1. (A,B) Percentage change in coral mass (mean ± SE) during a 36 wk period (January–October 2014) for (A) *Acropora millepora* and (B) *Porites cylindrica* originally from the coral- or macroalgal-dominated area that were embedded within coral- or macroalgal-dominated area plots (with natural algal assemblages either left in place or physically removed within the fished area location). Growth differences among conspecifics were analyzed using the 'compareGrowthCurves' function in the R package 'statmod.' Lowercase letters to the right of lines indicate significant groupings via Hommel's method ($p < 0.05$). (C,D) The number of (C) *Acropora* and (D) *Porites* that survived throughout the duration of the experiment. Survival did not differ significantly as a function of treatment for either species

ments was not measured because it was always minimal; we visually estimated cover and height in these areas as below 1% and 0.5 cm, respectively.

Influence of *Sargassum* density on coral growth

When surrounded by *Sargassum* on experimental racks, growth of *Acropora* and *Porites* strongly decreased with increasing *Sargassum* density ($p < 0.001$;

Fig. 2A & B); effects did not vary by coral origin (Log-likelihood ratio test statistic $L = 0.449$, $p = 0.503$ for *Acropora*; $L = 3.661$, $p = 0.056$ for *Porites*; Fig. 3A & B). The presence of a single *Sargassum* thalli reduced *Acropora* growth by ~48% compared to *Acropora* without macroalgae (Fig. 2A). Increasing the density of *Sargassum* to 3 and 6 thalli reduced growth by a further ~15% in each case (Fig. 2A). Growth of *Porites* adjacent to one *Sargassum* thalli was reduced by ~29% compared to

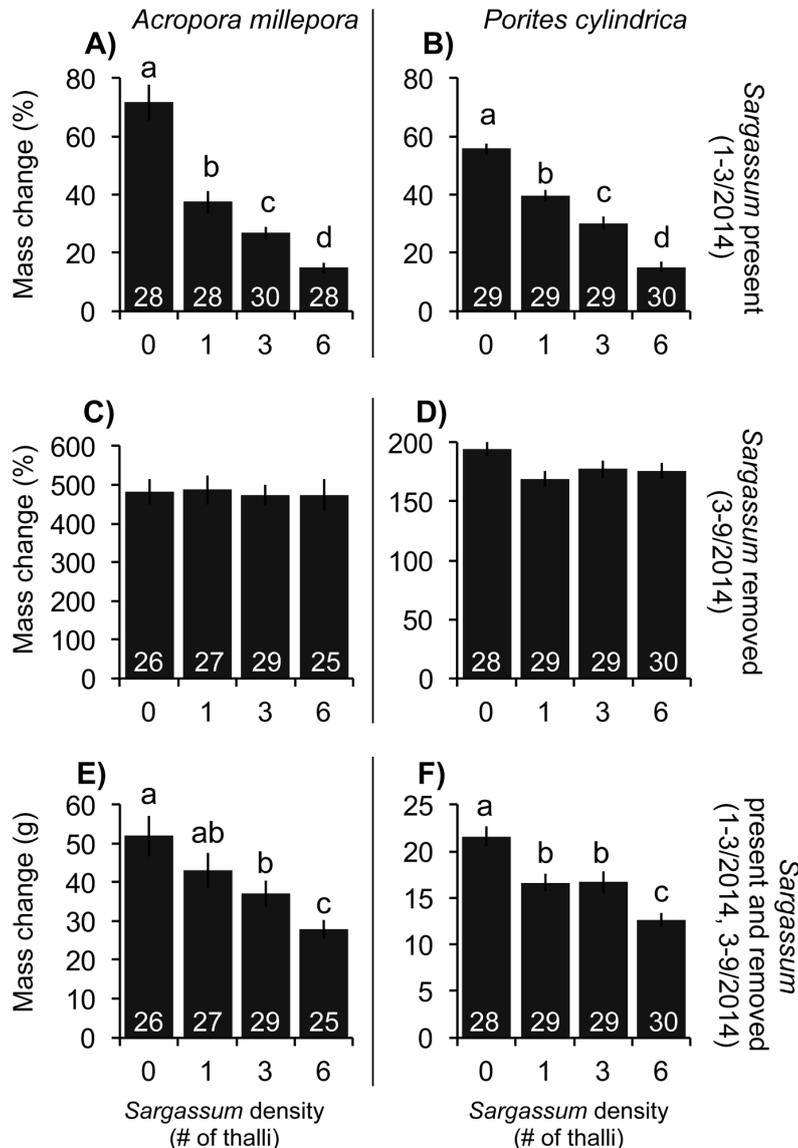


Fig. 2. (A,B) Percentage change in mass (mean \pm SE) for the corals *Acropora millepora* (A) and *Porites cylindrica* (B) over 2 mo (January–March 2014) of contact with differing densities of *Sargassum polycystum*. (C,D) Percentage change in mass (mean \pm SE) during March–September 2014 for *Acropora* (C) and *Porites* (D) previously exposed to different densities of surrounding *Sargassum*, but with no *Sargassum* present during this period of growth assessment. (E,F) Total mass change (mean \pm SE) during January–September 2014 for *Acropora* (E) and *Porites* (F) initially exposed to different densities of *Sargassum* for 3 mo (December–March 2014), but with *Sargassum* then removed and absent for the next 6 mo (March–September 2014). For all graphs, data for each species were analyzed using GLS models. Lowercase letters denote significant differences ($p < 0.05$) among algal density treatments via Tukey tests. Numbers within bars indicate sample size

Porites without *Sargassum*, while 3- and 6-fold increases in the density of *Sargassum* reduced growth by ~16 and 27%, respectively (Fig. 2B). Survivorship was high for both species; only 5% of *Acropora* and

2% of *Porites* died during this 3-month period (Fig. 2A & B).

Six mo after the removal of the *Sargassum* treatments, the absolute growth (g increase) of each species was still depressed as a function of past *Sargassum* density ($p < 0.001$; Fig. 2E & F), but did not vary by coral origin ($L = 0.282$, $p = 0.595$ for *Acropora*; $L = 0.146$, $p = 0.702$ for *Porites*; Fig. 3E & F), thus resembling patterns established during the first 3 mo when *Sargassum* was present. However, once the size of the corals at 3 mo was taken into account, the relative growth rates (% growth) after *Sargassum* was removed did not differ as a function of previous *Sargassum* density ($L = 0.844$, $p = 0.839$ for *Acropora*; $L = 7.650$, $p = 0.054$ for *Porites*; Fig. 2C & D) or coral origin ($L = 1.171$, $p = 0.279$ for *Acropora*; $L = 0.759$, $p = 0.384$ for *Porites*; Fig. 3C & D). On the racks, 89% of *Acropora* and 97% of *Porites* survived through the entire experimental period (Fig. 2E & F); this was considerably greater than the 25–55% survival of *Acropora* and the 75–90% survival of *Porites* on the natural substrate over this time period (Fig. 1C & D).

DISCUSSION

Resolving the temporal and spatial scales at which macroalgae can negatively impact corals is critical for predicting, avoiding, and reversing phase-shifts on reefs (Mumby & Steneck 2008, Hughes et al. 2010, Graham et al. 2013). We found (1) macroalgae had a dramatic effect on coral growth, irrespective of previous macroalgal exposure or whether corals were located within coral- or macroalgal-dominated reefs, (2) negative effects on coral growth increased with increasing macroalgal density, and (3) these effects were broadly consistent for the 2 taxonomically disparate corals we investigated; however, (4) negative growth effects were eliminated if macroalgae within about 15 cm were removed, and (5) the rate at which macroalgal effects on corals commenced and ceased were immediate. Together, these findings have implications for understanding the spatial and temporal scales at which feedbacks form and are broken.

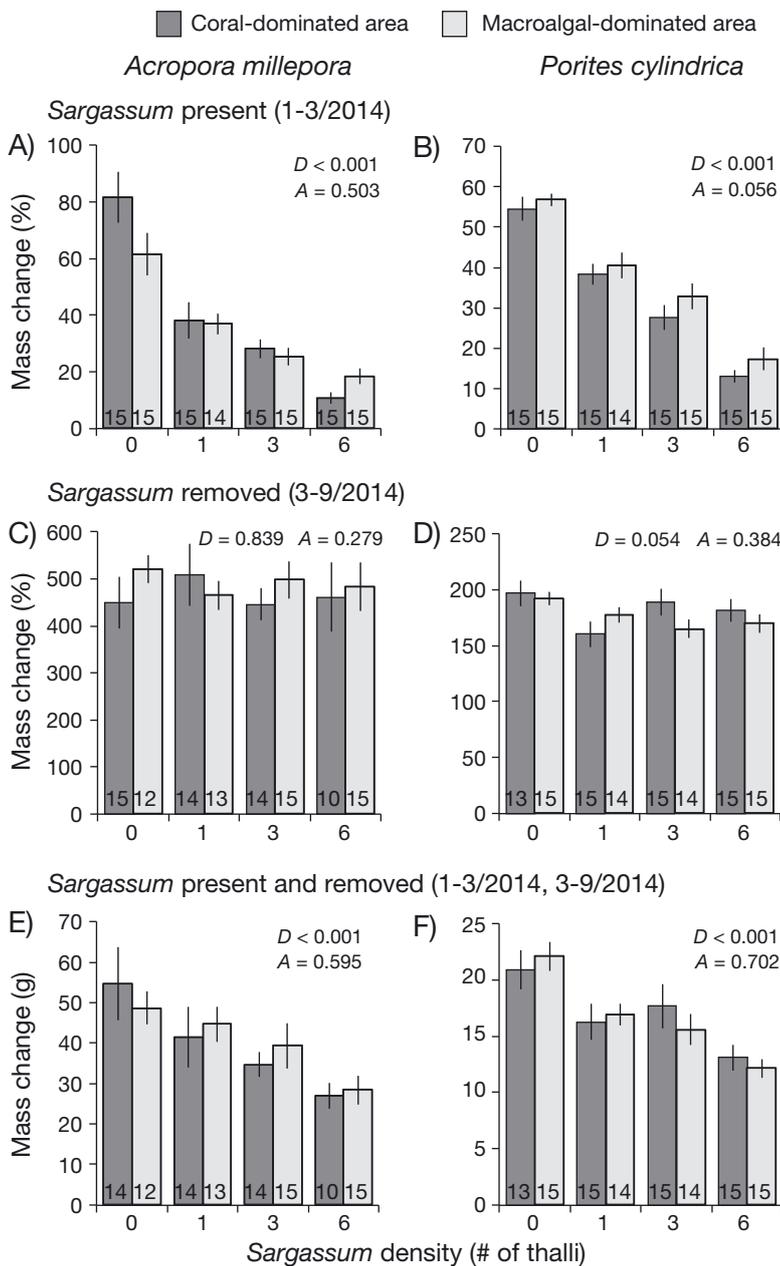


Fig. 3. (A,B) Percentage change in mass (mean \pm SE) for the corals *Acropora millepora* (A) and *Porites cylindrica* (B) over 2 mo (January–March 2014) of contact by differing densities of *Sargassum polycystum*. (C,D) Percentage change in mass (mean \pm SE) during March–September 2014 for *Acropora* (C) and *Porites* (D) previously exposed to different densities of surrounding *Sargassum*, but with no *Sargassum* present during this period of growth assessment. (E,F) Total mass change (mean \pm SE) during January–September 2014 for *Acropora* (E) and *Porites* (F) initially exposed to different densities of *Sargassum* for 2 mo (December–March 2014), but with *Sargassum* then removed and absent for the next 6 mo (March–September 2014). For all graphs, data for each species were analyzed by sequentially testing nested GLS models via likelihood ratio tests to obtain the optimal fixed structure for each model. p-values from these analyses are presented above each figure. D = inclusion of *Sargassum* density as a fixed term; A = inclusion of area (coral- or macroalgal-dominated area) as a fixed term. Numbers within bars indicate sample size

Reefs may shift from coral- to macroalgal-dominance and not return to their coral-dominated state due to alterations in the growth, mortality, and/or recruitment of corals, or a range of other processes (Mumby & Steneck 2008, Graham et al. 2015). Although we found coral growth to be suppressed by the presence and density of macroalgae, there were no legacy effects of prior macroalgal exposure on future coral growth. Our results show that the growth of corals within a degraded system can rapidly recover if close-proximity macroalgae are removed. Following 3 mo of contact by differing densities of *Sargassum*, all corals on our experimental racks immediately recovered growth rates that equaled those of control corals once *Sargassum* was removed. Thus, macroalgae did not produce a persistent negative feedback on coral growth following removal. We also found no negative effects of growing within a macroalgal-dominated habitat, as might be expected if macroalgal release of dissolved organic carbon (DOC) was affecting the general area by suppressing coral health via alterations of coral microbiomes or other critical processes (Barott & Rohwer 2012, Morrow et al. 2013). Both previous investigations finding that macroalgal dominance did not enhance reef-scale DOC concentrations (Dinsdale et al. 2008, Nelson et al. 2011) and our data suggest that if water-soluble macroalgal exudates are affecting corals, then impacts will be very localized, operating at scales of centimeters or less near the coral–macroalgal interface (Smith et al. 2006, Morrow et al. 2013, Jorissen et al. 2016).

We did not investigate the specific mechanisms by which close-proximity macroalgae reduced coral growth, but these may include a variety of physical (e.g. shading, abrasion, increased sedimentation) or small-scale (mm to cm) chemical or microbially mediated effects (McCook et al. 2001, River & Edmunds 2001, Rasher et al. 2011, Vieira et al. 2016, Zaneveld et al. 2016). Interestingly, the relationship between coral growth and *Sargassum* density appeared curve-linear, with the greatest relative reductions in growth realized following the addition of a

single *Sargassum* thallus. Further increases in the density of *Sargassum* led to smaller reductions in coral growth. Such relationships may provide some insights into the underlying mechanisms, however, the limited number of densities examined preclude generalizations, and one previous study demonstrated a more linear decrease in the growth of *Montipora* corals with increasing macroalgal density (Clements & Hay 2015). Further experiments will be necessary to determine whether our findings are broadly applicable to interactions between other species of coral and macroalgae, as well as whether algal effects vary with interaction duration and/or in combination with other stressors (Zaneveld et al. 2016).

While the presence or absence of macroalgae strongly influenced coral growth, survivorship was statistically indistinguishable for conspecific corals in our benthic plots whether macroalgae were present or absent. Corals elevated off of the benthos also exhibited comparable survivorship when surrounded by multiple densities of *Sargassum*, suggesting that competition with *Sargassum* may be costly for corals in terms of growth, but rarely results in whole colony mortality over the time periods we investigated. In contrast, other macroalgal species that are strongly allelopathic can cause mortality for some corals (including *Acropora millepora*) over periods of only days to 2 or 3 wk (Rasher et al. 2011). Other benthic disturbances, such as sand scouring, damage from dislodged coral heads during storms, and/or crown-of-thorns sea star predation were observed in several instances (C. S. Clements pers. obs.) and may have contributed to coral mortality on the natural benthos. Reef decline is commonly characterized by punctuated disturbance events (e.g. hurricanes, crown-of-thorns outbreaks, bleaching events) that reduce coral cover, followed by periods of relative stasis rather than coral recovery (Hughes 1994, Gardner et al. 2003, Graham et al. 2015). Our findings suggest that macroalgal competition may limit the re-growth of established corals and growth of new corals, and may also impose opportunity costs associated with delayed growth (e.g. increased mortality risk, and decreased competitive ability and fecundity; Hall & Hughes 1996, Zilberberg & Edmunds 2001, Edmunds & Gates 2004). Therefore, even low densities of macroalgae could inhibit recovery of corals between disturbance events, contributing to the 'ratcheting down' of coral reef ecosystems. However, if natural processes (e.g. herbivory, seasonality; Ferrari et al. 2012b, Duran et al. 2016) keep macroalgae in check, it appears that remaining corals should be able to rapidly recover their growth potential.

Other studies have documented evidence that canopy-forming macroalgae like *Sargassum* experience enhanced growth (Dell et al. 2016) and reduced herbivory (Hoey & Bellwood 2011, Dell et al. 2016) when growing in dense stands—constituting positive feedbacks that reinforce *Sargassum* dominance. Our data demonstrate that the density of *Sargassum* also impacts coral growth, which may increase *Sargassum*'s ability to monopolize space and further reinforce *Sargassum* dominance. Conversely, reductions in the density of *Sargassum* may promote proportional increases in growth and recovery of existing corals; increasing reef structural complexity and recruitment of herbivorous fishes (Mumby & Steneck 2008, Graham & Nash 2013) that could undermine *Sargassum* dominance (Hoey & Bellwood 2011, Rasher et al. 2013). Targeted reductions of direct interactions between macroalgae and corals may also help promote coral growth, recovery, and reproductive potential of corals currently inhabiting macroalgal-dominated reefs (Graham et al. 2013).

Our study highlights the negative impacts of macroalgae that are common to degraded reefs. However, our data also demonstrate that some corals may be resilient to macroalgal competition, depending on the temporal and spatial scales of these interactions and how they impact trajectories of benthic community structure on disturbed reefs. Our findings dovetail with evidence from previous studies, suggesting that preserving or restoring critical ecosystem processes such as herbivory can limit macroalgae and lead to enhanced coral persistence and recovery (Mumby & Harborne 2010, Gilmour et al. 2013). Understanding the context-dependencies inherent to common coral–algal interactions will be particularly important as global-scale disturbances continue to challenge management and conservation of vulnerable coral reef ecosystems.

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